

# Abroad (adv.)

With travelling around the world being no longer an unattainable goal in this era of rapid globalization, whether or not making a journey **abroad** is beneficial has become a controversial issue worldwide.

---

# Element (n.)



I strongly believe that travelling abroad does more good than harm to young people if they are able to consider themselves more than tourists and successfully integrate new **elements** into their otherwise ordinary lives.

---



---

## **Enriched** (adj.)

When it comes to learning about foreign cultures, youngsters benefit the most from travelling, as their life experiences have yet to be fully **enriched**.

## **Era** (n.)

With travelling around the world being no longer an unattainable goal in this **era** of rapid globalization, whether or not making a journey abroad is beneficial has become a controversial issue worldwide.

---

# Engagement (n.)

Although some consider travelling worthless or even self-indulgent when people behave as tourists with no engagement with meaningful activities overseas, this argument has its weaknesses.



---

## **Integrate** (v.)

I strongly believe that travelling abroad does more good than harm to young people if they are able to consider themselves more than tourists and successfully **integrate** new elements into their otherwise ordinary lives.

# **Unattainable** (adj.)

With travelling around the world being no longer an **unattainable** goal in this era of rapid globalization, whether or not making a journey abroad is beneficial has become a controversial issue worldwide.

## **Yield (v.)**

On the other hand, others maintain that travelling is a huge drain of time and monetary resources **yielding** few, if not zero, returns.



# **Mundane** (adj.)

Very often, constantly overwhelmed with pressure at work or school, young people are in desperate need of vacation time in order to break free from their **mundane** routines and have their mental batteries recharged.

---

# Prevalence (n.)

Nevertheless, given the prevalence of travelling nowadays, I will examine how travelling promotes cultural exchange and relieves people's stress.