

## **FORMULA 5: How often do you do X?**

*How often do you read books?*

*How often do visitors come to your home?*

*How often do you go out to dinner with friends?*

1. Say how frequently you the activity.
2. Explain why you do it that frequently.

### **How often do you socialize with friends?**

I used to go out to dinner with my friends all the time, but I'm in my last year of school now and I'm really busy- I don't often have the chance to take a break and spend time with my friends. Once in a blue moon I'll have someone over for coffee, or I'll go to a friend's house and hang out. I hope I'll have more time to socialize after I graduate!

### **How often do you read books?**

To be honest, I'm always reading books; I'm a complete bookworm! I usually read novels, but sometimes I mix it up slightly and read books about history or nature. I prefer reading novels because they are a great way to relax and escape from daily life, but I also enjoy history and nature books because they help me learn more about the world we live in. From time to time I might read some poetry, but I have to be in the right mood.