

Evaluating Human Electromagnetic Exposure in a Unmanned Aerial Vehicle (UAV)-aided Network

Thomas Detemmerman

Supervisor(s): Wout Joseph, Luc Martens, Luc Martens, German Dario Castellanos Tache

Abstract—Society relies more than ever on the availability of the wireless networks but is at the same time also concerned about the potential health effects of the electromagnetic radiation caused by these networks. The government has enforced strict legislations to which mobile devices and base stations have to satisfy.

This research investigates the specific absorption rate caused by these electromagnetic waves by taking all mobile devices and base stations into account. To accomplish this goal, the deployment tool developed by the WAVES research group at Ghent University will be used. This tool simulates an entire network where transmission towers are represented by femtocell base stations attached to drones. This research also investigates how these drones can be guided in order to reach certain goals like minimizing power consumption or electromagnetic exposure.

It looks from the results that ... (todo)

Keywords—LTE, Electromagnetic Radiation, power consumption, drones, femtocell, microstrip patch antenna, radiation pattern, specific absorption rate (SAR)

I. Introduction

SOCIETY is constantly getting more and more dependent on wireless communication. On any given moment, in any given location, an electronic device can request to connect to the bigger network. Devices need more than ever to be connected, starting from small Internet of Things (IoT) up to self-driving cars which all need to be supported by the existing infrastructure.

Also in exceptional and possibly life-threatening situations, the public relies on the cellular network. One solution for a fast temporarily deployable network is with the usage of a UAV. A base station can be attached to these flying UAVs to support the damaged network over a limited area. This approach is also useful in case of an unexpected increase in traffic. For example during the terrorist attacks at Brussels Airport, mobile network operators saw all telecommunications drastically increasing causing moments of contention. Some operators even decided to temporarily exceed the exposure limits in order to handle all connections [?]. Electromagnetic exposure can however not be neglected. Research shows how excessive electromagnetic radiation can cause diverse biological side effects [?], [?]. It becomes clear that electromagnetic exposure is a key value when designing a UAV-aided network and should definitely not surpass the limits predefined by the government.

UAV-aided networks can, thanks to their mobility, easily be repositioned towards a certain goal. Several papers explain how a network can be optimized towards different goals like power consumption. However, very limited research has been done where a UAV-aided network is optimized towards electromagnetic exposure. While several

publications exist, discussing how the electromagnetic exposure can be calculated. Most of them only consider a limited number of sources like only base stations or only mobile phones. Papers who cover electromagnetic exposure from all the different sources and convert it into a single value are rather limited.

This research proposes a method to optimize the network towards electromagnetic exposure and power consumption when considering all four sources of radiation in a telecommunications network, being: the user's own phone, the base station that is serving this user, all devices from other users in the network and all other active base stations that are not serving this user. In this way, the contribution of each source towards the total electromagnetic exposure can easily be identified.

The behaviour of the electromagnetic exposure and power consumption of the network will be analysed by applying the tool in different scenarios like different types of antennae and various flying height and population densities. Values like Specific Absorption Rate (SAR), electromagnetic exposure and power consumption will give insight in how the network behaves so the network could be optimized accordingly.

To make this research possible, an existing capacity based deployment tool developed by the WAVES research group at Ghent University is used. This planning tool describes a fully configured UAV-network which is a suitable starting point for this research.

II. State of the Art

A. Electromagnetic exposure

Users in a telecommunication network are exposed to various sources of electromagnetic radiation, expressed in V/m . Once this exposure is absorbed by the human body we speak of specific absorption rate (SAR) and is expressed in W/kg . All these values are subjected to limitations enforced by the government. This research is done in Ghent, a Flemish city in Belgium, where in the 2.6 GHz frequency band, an individual antenna cannot exceed 4.5 V/m and the cumulative sum of all fixed sources has its maximum at 31 V/m [?], [?]. The maximum SAR-values for the whole body over a 10 g tissue (SAR_{10g}) is $2W/kg$ [?].

Several papers calculate exposure originating from certain sources [?], [?], [?], [?]. where some convert the uplink (UL) radiation into localized specific absorption rates [?], [?]. With the advent of 5G, paper [?] describes how the localized SAR-values are achieved from different sources. Fi-

nally, [?] describes how both UL and downlink (DL) traffic can be converted into a single whole body SAR value.

In a realistic network, some users are calling while others are using other types of telecommunication services like browsing the web. Therefore, all absorbed electromagnetic exposure should be expressed in whole body SAR while still covering all sources.

B. Optimized UAV-aided networks

A UAV knows several applications. It was originally mainly used to support the military for surveillance and remote attacks without endangering pilots [?]. However, UAVs have recently become more accessible by the general public due to decreasing costs. This allowed UAVs to be researched for various applications.

A UAV equipped with a femtocell base station antenna will be called a Unmanned Arial Base Station (UABS) which brings several advantages like like mobility and rapid deployment. However, it brings also challenges like limited weight of the payload and sparse power supply.

Kawamoto et al. introduced in [?] a WiFi network with the support of UAVs while considering resource allocation and antenna directivity. Gangula et al. illustrates in [?] how UAVs can be used as a relay for LTE. Zeng et al. proposes in [?] a tutorial in 5G-and-beyond wireless systems where challenges like energy consumption, mobility and antenna direction are discussed.

Mozaffari et al. provides in [?] guidelines on how to optimize and analyse UAVs equipped for wireless communication equipment. One path that has been excessively researched are location optimization solutions where the network is designed in such a way that certain goals like minimal power consumption are achieved [?], [?], [?], [?]. These optimizations can be achieved through different implementation methods like exact algorithms or machine learning [?], [?].

Research where network is optimized towards electromagnetic exposure is rather limited. Deruyck et al. discusses in [?] how a terrestrial network can be optimized towards either a minimal exposure or minimal power consumption of the entire network. However, to the best of the author knowledge, no research has been done where a UABS-network have been optimized towards electromagnetic exposure.

C. Technologies

For the deployment of the network, the more robust UAVs from [?] will be used and will be operating in the 2.6 Ghz bandwidth. Since the users are assumed to experience a constant electromagnetic exposure without interruptions, frequency division duplex is used.

The onboard antenna of the UAV will act as the gateway between the UE and the backhaul network. However, determining which antenna to use and how to position it, can be challenging. The radiation pattern from the antenna can be influenced by the UAV [?]. Also the fact that the UAV will hover above the user makes traditional

2D modelling insufficient. A 3D-model which accounts for both elevation and azimuth directivity will be required [?].

The easiest radiation pattern is a hypothetical isotropic radiator which radiates equally in all directions. Antennae that radiate equal quantities for a certain plane are called omnidirectional antennae [?] and several types have been investigated for UAV usage like monopoles, dipoles and wing antennae have been considered [?], [?], [?], [?]. Another type of antennae are directional antennae. One type that has excessively been researched in various array-configurations are microstrip patch antenna [?], [?], [?]. They provide several advantages compared to traditional antennae [?], [?] like lightweightness, low in cost and thin causing them to be more aerodynamic.

A basic microstrip antenna like consists of a ground plane and a radiating patch, both separated with a dielectric substrate. Several variations exist like microstrip patch antenna, microstrip slot antenna and printed dipole antenna which all have similar characteristics [?], [?]. They are all thin, support dual frequency operation and they all have the disadvantage that they will transmit at frequencies outside the aimed band which is also known as spurious radiation. The microstrip patch and slot antenna support both linear and circular polarization while the printed dipole only supports linear polarization. Further is the fabrication of a microstrip patch antenna considered to be the easiest of the considered patch antennae [?].

III. Scenario's

The default configuration is given below and is always applicable unless mentioned otherwise.

| Broadband cellular network | |
|-------------------------------|-----------------------------|
| technology | LTE |
| frequency | 2.6 GHz |
| Carrier | |
| carrier power | 13.0 A |
| average carrier speed | 12.0 m/s |
| average carrier power usage | 17.33 Ah |
| carrier battery voltage | 22.2 V |
| Femtocell antenna | |
| maximum P_{tx} | 33 dBm |
| antenna direction | downwards (az: 0°; el: 90°) |
| gain | 4 dBm |
| feeder loss | 2 dBm |
| implementation loss | 0 dBm |
| radiation pattern | EIRP or microstrip patch |
| height | 100m |
| UE Antenna | |
| height | 1.5m from the floor |
| gain | 0 dBm |
| feeder loss | 0 dBm |
| radiation pattern | EIRP |
| number present in the network | 224 |

TABLE I
Overview of default configuration values.

Four possible configurations will be investigated in different scenarios. There are two possible antennae, namely EIRP and microstrip patch antenna which can both be applied in a power consumption optimized network or an exposure optimized network.

| Antenna type | | Optimization strategy | |
|--------------|-------------------------------|-----------------------|-----------------------------|
| | | Exposure optimized | Power consumption optimized |
| | Equivalent isotropic radiator | EIRP, Exp opt | EIRP, PwrC opt |
| | Microstrip patch antenna | Microstrip, Exp opt | Microstrip, PwrC opt |

Fig. 1. Matrix with the four possible configurations

Three main scenarios will be investigated. First, only one user with one drone will be present in the network. SAR, electromagnetic exposure, power consumption and antenna transmission power are investigated at different flying heights.

In a second scenario, the network is expanded for multiple users but with still only one drone available. The scenario is divided into two cases. One with a variable flying height but with a fixed number of 224 users which is an average day at 5 p.m. in Ghent. In the other case, the number of users varies but the flying height is set to 100. **Todo: bronnen 100m and 224 users.** The power consumption, electromagnetic exposure and specific absorption rate are investigated in the four different configurations.

The third scenario is quite similar then the previous scenario. It has the same two cases with each it's four configurations. The only exception is that an unlimited number of UABSs are available.

IV. Methodology

A. Electromagnetic Exposure

The total whole body SAR ($SAR_{10g}^{wb,total}$) (expressed in W/kg) of a user can be calculated by a simple sum of individual SAR values from the different sources and is based on [?] where SAR values are used that are induced into the head. Using SAR_{10g}^{head} would however result into incorrect conclusions since the position of the phone relative to the user is unknown. The position of the phone can be next to the head but also in front of the user. The induced electromagnetic radiation will therefore be expressed in function of the entire body.

$$SAR_{10g}^{wb,total} = SAR_{10g}^{wb,my_UE} + SAR_{10g}^{wb,my_UABS} + SAR_{10g}^{wb,other_UE} + SAR_{10g}^{wb,other_UABSs} \quad (1)$$

The first parameter, SAR_{10g}^{wb,my_UE} , indicates the absorbed electromagnetic radiation by the whole body originating from the user's own device. However that the UL radiation is destined for the serving UABS, a portion of that radiation is directly absorbed by its user, due to the omnidirectional nature of the mobile's antenna. The second parameter, SAR_{10g}^{wb,my_UABS} , represents the DL radiation caused by the UABS who is serving the user. As the third parameter, we have the $SAR_{10g}^{wb,other_UE}$ which is radiation caused by other people their device. The radiation of these devices is once again destined for a specific UABS but again, a portion of that UL radiation will also be absorbed by our user. Finally, $SAR_{10g}^{wb,other_UABSs}$ represents the DL radiation by the other UABSs to which our user is exposed to but not served by. An illustration is given in figure 2 where the green arrow is a type near field radiation while the others represent far field radiation.

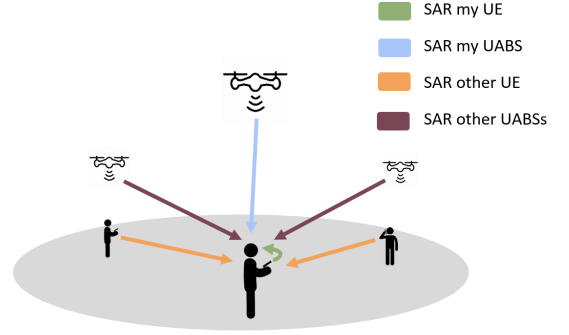


Fig. 2. Illustration of the network that shows how the average user (here shown in the center) is influenced by different type of sources.

B. Electromagnetic Exposure Caused by Far-Field Radiation

B.1 Electromagnetic Radiation from a Single Source

Calculating far field exposure needs to be done for all UABSs and UE that does not belong to the user. To determine the total exposure E (expressed in V/m) of this single user u from a single radiator i can be calculated as follows.

$$E_i(u)[V/m] = 10^{\frac{RRP(u)[dBm] - 43.15 + 20 \cdot \log(f[Mhz]) - PL(u)[dB]}{20}} \quad (2)$$

Calculating the real radiation power (RRP) for a certain user u , requires first the EIRP-value to be calculated [?], [?]. This is achieved by adding the transmit power P_t to the transmitter gain G_t and thereafter subtracting the feeder loss L_t . This formula needs to be expended to also account for attenuation. This value depends on the angle between

this user and the antenna's main beam. This leads to the following formula.

$$RRP[dBm] = P_t[dBm] + G_t[dBi] - L_t[dB] - \text{attenuation}(u)[dB] \quad (3)$$

The used frequency in formula 2 is denoted as f and is expressed in MHz. Since LTE is used, this value will be 2600 MHz.

At last, formula 3 requires the path loss (in dB). In order to calculate this, an appropriate propagation model -of which several exist- is required. The Walfish-Ikegami model is used since it performs well for femtocell networks in urban areas [?].

B.2 Combining Exposure

The electromagnetic exposure, in a certain spot, originating from different sources can be calculated with formula 4. E_i stands for the electromagnetic exposure from source i and n stands for all far-field radiators of a certain category which will either be UABSs or UE from other people. E_{tot} will be calculated for each location where a user is positioned.

$$E_{tot}[V/m] = \sqrt{\sum_{i=1}^n (E_i[V/m])^2} \quad (4)$$

B.3 Converting electromagnetic radiation into SAR-values

Formula 1 expects that the radiation is expressed in whole body SAR. To make this calculation possible, a distinction has to be made between near field SAR $SAR^{wb,nf}$ and far field SAR $SAR^{wb,ff}$.

Converting the electromagnetic radiation is done with a conversion factor which is based on Duke from the Virtual Family. Duke is a 34-year old male with a weight of 72 kg, a height of 1.74 m and body mass index of 23.1 kg/m [?]. Research shows that the conversion factor for WiFi in the far field is $0.0028 \frac{W/kg}{W/m^2}$ and for $0.0070 \frac{W/kg}{W}$ [?] in the near field.

Since WiFi, at a frequency of 2400 MHz, is very close to LTE, at 2600 MHz, it is assumed in [?] that this value is also applicable for Long-Term Evolution (LTE).

Calculating SAR from far field radiation is done as follows:

$$S[W/m^2] = \frac{(E_{tot}[V/m])^2}{337} \quad (5)$$

$$SAR_{10g}^{wb,ff}[W/kg] = S[W/m^2] * 0.0028 \left[\frac{W/kg}{W/m^2} \right] \quad (6)$$

The constant in 6 converts the power flux density S to the required $SAR_{10g}^{ff,wb}$. To make this possible, the electromagnetic radiation from formula 4 should first be converted to the power flux density with formula 5.

The SAR caused by near field radiation is calculated by multiplying the constant with the used transmission power of the User Equipment (UE) (eq. 7) als follows:

$$SAR_{10g}^{wb,nf} \left[\frac{W}{kg} \right] = 0.0070 \left[\frac{W/kg}{W} \right] * P_{tx}[W] \quad (7)$$

C. Microstrip Patch antenna

A microstrip patch antenna is chosen because it allows easy production but more important, it has a low weight and has a thin profile causing it to be very aerodynamic which is useful when attaching it to a drone [?].

The dimensions of the antenna depend on the frequency it is operating at and the characteristics of the used substrate. The antenna will be radiating at a center frequency f_0 of 2.6 GHz. Each substrate has a dielectric constant ϵ_r representing the permittivity of the substrate and depends on the used material. Substrates with a high dielectric constant and low height reduce the dimensions of the antenna while a lower dielectric constant with a high height improves antenna performance. In this document, a substrate like glass is chosen because of the higher dielectric constant of $\epsilon_r = 4.4$ compared to materials like teflon with only a dielectric constant of $\epsilon_r = 2.2$ [?]. Doing this in combination with an antenna height of 2.87 mm will decrease the dimensions of the entire antenna surface. This comes in handy since drones only have limited space available.

| description | symbol | value |
|-------------------------|--------------|-----------|
| center frequency | f_0 | 2600 Hz |
| dielectric constant | ϵ_r | 4.4 |
| height of the substrate | h | 0.00287 m |

TABLE II

Overview of configuration parameters.

The dimensions of the radiating patch can be calculated with the formulas from [?], [?]. Doing so result in a radiating patch of 35.09 mm by 26.55 mm and a groundplane of at least 52.40 mm by 43.80 mm. The microstrip patch antenna as illustrated in fig. 3 will result in the radiation pattern of fig. 4.

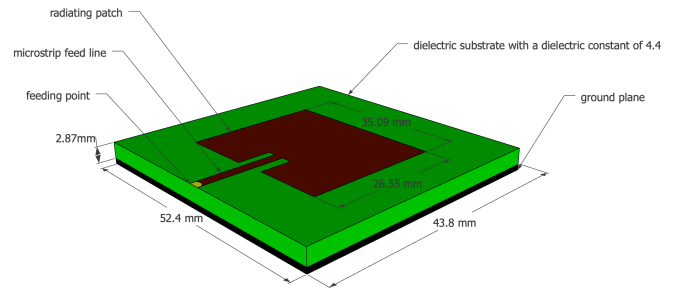


Fig. 3. Design of the microstrip patch antenna.

D. Optimizing the network

Margot et al. discusses in [?] how a terrestrial telecommunication network either can be optimized towards electromagnetic exposure of an individual or towards power

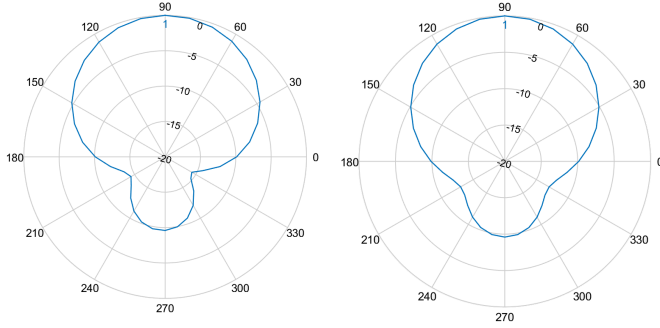


Fig. 4. Radiation pattern 1: On the left a 3D model of the entire pattern with the configuration as described above. In the middle a 2D radiation pattern of the E-plane and at the right a 2D model of the H-plane.

consumption of the entire network. However an increasing transmission power of an antenna comes with an increasing electromagnetic exposure. This is not the case considering both values for an entire network. In fact, the authors from prove that both become inversely equivalent. The reason the network behaves like this is because it is often cheaper to increase the exposure of an already active base station then activating a new one. This lead to the following fitness function which is based on [?].

$$f = w * \left(1 - \frac{E_m}{E_{max}}\right) + (1 - w) * \left(1 - \frac{P}{P_{max}}\right) * 100 \quad (8)$$

Formula 8 returns a fitness value which represents the performance of the entire network. w is the importance factor of electromagnetic exposure ranging from 0 to 1, boundaries included. A w set to zero means that electromagnetic exposure is not important. Such a network will therefore be called a power consumption optimized network. Likewise, a w set to one means that minimizing exposure is top priority and will result in an exposure optimized network. P_{max} is the power consumption of all UABSs, both active and inactive, when radiating at the highest possible level while P is the effective power used by the current designed network. This will be the power required for the flying drones themselves and their antenna. E_m will be the weighted exposure of the average user for the current designed network and E_{max} the weighted average electromagnetic exposure when all antennae are at their highest power level.

When optimizing the network, it is not only important to consider the average exposure of all users, but also to limit high extremes [?]. A weighted average will be used not only considering the median but also the 95 percentile from all users' DL exposure using formula 9. Since both values are considered to have equal importance, the weight factors w_1 and w_2 will both have an equal importance of 50%.

$$E_m = \frac{w_1 * E_{50} + w_2 * E_{95}}{w_1 + w_2} \quad (9)$$

V. Resultaten

todo

VI. Conclusie

todo

VII. Acknowledgement

Special thanks to the WAVES research group at Ghent University for providing access to their capacity based deployment tool and therefore making this research possible.

A. References

todo

References

- [1] Bart Lannoo, Didier Colle, Mario Pickavet, Piet Demeester, Optical Switching Architecture to Implement Moveable Cells in a Multimedia Train Environment, Proc. of ECOC 2004, 30th European Conf. on Optical Communication, vol. 3, pp. 344-345, Stockholm, Sweden, 5-9 Sep. 2004.
- [2] Michael Neufeld, Ashish Jain, Dirk Grunwald, Nsclick:: bridging network simulation and deployment, <http://systems.cs.colorado.edu/Networking/nsclick/>
- [3] The Click Modular Router Project, <http://www.read.cs.ucla.edu/click/>
- [4] NS - Network Simulator, <http://nnsam.isi.edu/nnsam/>