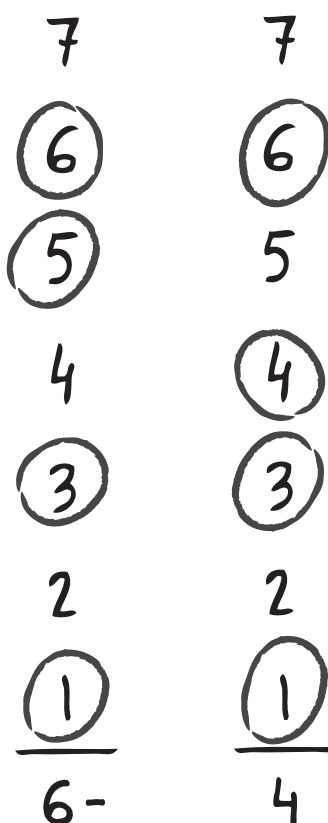


## Chords 6- and 4 (smooth jazz)

This is another jam track with note 6 acting as the tonal center. This time the 6- chord alternates with the 4 chord in a smooth jazz style:



This progression is another one in which both chords share many notes:



Notice that notes 1, 3 and 6 are in both chords. The only note that changes when we move from the 6- chord to the 4 chord is note 5, which moves down to note 4 in the 4 chord. So this is another jam track in which the chord notes remain mostly constant, but you'll notice how the two different chords change the overall mood of the music, providing a rich backdrop for your improvising.

## Practice tips

This is one of those magical chord progressions in which every single note of the scale sounds absolutely gorgeous in both chords. If you're not sure how to get started, try choosing any note at random on your tonal map and just play it loud, with lots of confidence. Hold the note and enjoy how beautiful it sounds over both the 6- chord and the 4 chord.

From there, you might find that your greatest inspiration comes from focusing on rhythm. The style of this jam track invites us to be very playful rhythmically. So this is the perfect jam track to enjoy just hanging out on a couple of notes and seeing what kinds of rhythms you fall into.

Don't worry if you don't think that your rhythmic ideas are interesting or sophisticated enough. Try not to make it an intellectual thing. Rhythm is the most natural aspect of music and it's the area where we do ourselves the most harm by overthinking. Just have fun! Imagine yourself to be one of the backing members of the band instead of carrying the responsibility of a soloist, and just enjoy jamming on little riffs that you make up in the background.

Once you've found your groove and your confidence, you can keep building up the energy until you really are playing a solo, but a solo that's more inspired by rhythm and phrasing than by harmony and melody.

## Note about transposing for wind instruments

Remember that not all instruments use the same names for the notes. In the tracks, the key listed for each jam track always refers to the concert key. If you play an instrument that is not in concert key, remember to transpose this key name to the corresponding key on your instrument. (If you're not sure how to do this for your instrument, a quick Google search will lead you to many clear explanations.)