

## The Fifth Harmonic Environment

The fifth harmonic environment is also very similar to the first but with a slightly darker sound. You'll recognize this classic sound from blues, funk and early rock and roll music.

5 • 6 • 7 1 • 2 • 3 4 • | 5

### Practice tips

Just as we saw with the fourth harmonic environment, the fifth harmonic environment is also very similar to the first. So this is another one that's great to practice back to back with the first harmonic environment so you can notice what's different between the two.

Start by improvising for a while over a jam track in the first harmonic environment since you already know these sounds very well. Then switch to a jam track in the fifth harmonic environment and notice how your music takes on a slightly darker tone that evokes the sounds of blues and rock music.

### Using the jam tracks

In the accompanying mp3 jam tracks, the filename tells you where to locate note 5 on your instrument. (Remember to transpose this note for your instrument if you play a transposing instrument.)

For example, the jam track in the key of A indicates that note 5 = E for this track. So you just need to go to the note E on your instrument and imagine this to be your note 5. Then use the tonal map drawing above to construct the rest of the scale.

The jam tracks in this collection let you experience the sounds of each harmonic environment in three very different ways:

**Meditative.** This is the best place to start. The meditative tracks give you lots of space for deep contemplation of the sounds. These tracks are ideal for learning the musical lessons contained in each harmonic environment. Play slowly and listen deeply to each note you play. Think of this activity as your opportunity to get to know the raw materials of your art. Later in the other tracks you can focus on creating music with these sounds. But first you should take the time to really get to know

each sound, and the meditative tracks are perfect for that.

**Modern.** The modern tracks allow you to hear each harmonic environment in a style that will be more familiar to you. These tracks will help you discover the beautiful melodic possibilities that each harmonic environment offers you. Use these tracks to practice creating your own music, and embrace the creative challenge of finding your own musical voice within these diverse styles.

**Jazz.** The jazz tracks give you an opportunity to really stretch out and follow your imagination. These tracks provide the ideal supporting environment for more intellectual or abstract modal playing. Use these tracks to push the limits of your playing, both creatively and physically.

## Note about transposing for wind instruments

Remember that not all instruments use the same names for the notes. In the tracks, the key listed for each jam track always refers to the concert key. If you play an instrument that is not in concert key, remember to transpose this key name to the corresponding key on your instrument. (If you're not sure how to do this for your instrument, a quick Google search will lead you to many clear explanations.)