# Test 4 Review

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November 2, 2024

## 1 Cancer

#### 1.1 9 Hallmarks

Making more cells isn't enough for cancer to proliferate. These cells start by overdividing; but they will quickly get killed by the various regulatory checkpoints in our body, such as immune system or apoptosis. Thus they need to satisfy all the hallmarks.

1. Proto-oncogens mutate and become hyperactive: proto-oncogenes are genes that can turn into a cancer gene (AKA an oncogene). They usually help the cell go through cell cycle. An example is rtk, a protein associated with a proto-oncegene. (recall that it is the stick thing that has 3 branches, which combine to form a dimer when they receive a growth signal). Once the proto-oncogene becomes mutated, rtk will keep telling the cell to divide.

See the sheet for more details on this process.

- 2. Anti-oncagenes mutate and become inhibited: For example, prb and p53 genes, which are master breaks of the cell cycle, stop working.
- 3. Apoptotic genes mutate. This blocks apoptosis and fail to trigger it. Example would be bcl-21 proteins block apoptosis, when they activate the cells no longer suicide.
- 4. Telomerase genes become active and extend telomeres to help cells bypass hayflick limit and make them immortal
- 5. Cells must acquire the ability to produce VEGF and other growth factors that stimulate growth of blood vessels to nourish tumor (a process sustained angiogenesis)
- 6. Metastatis: cancer cells separate from their intercellular junctions and invade other tissues.
- 7. Changes to metabolism. Some cells do anaerobic glyclyosis even in presence of oxygen.

- 8. Avoiding immune destruction. Straightforward.
- 9. Phenotypic plasticity: Cancer cells de-differentiate and return to a more stem-cell like state.

#### 1.2 Causes of mutation

- 1. Random mutations due to replication errors
- 2. Ionizing radiation
- 3. Mutagenic materials, such as arsenic in water
- 4. Viral infections promote proto-oncogenjes or deactivate tumor suppressor genes. HPV.

### 1.3 Cancer in old age

most peopole have cancer in old age because the longer you live, the more likely there is for a mutation to occur. It's a chance game.

## 1.4 Early cancer

- 1. inheritance of mutated proto-oncogenes (thus present in all cells!)
- 2. Inheritance of dfective DNA repair genes
- 3. different versions of detoxifying enzymes that can make more/less harmful molecules from original molecules, or work faster/slower
- 4. Impaired immune system
- 5. Exposure to carcinogens
- 6. disease

**Definition 1** (Carcinogens). Covalent bonds between carcigones and DNA cause mutations