Elements  
Macro  
  
In the case of NaFCM , the phase evolution upon electrochemical process is responsible for such a competitive rate performance , which will be discussed later .   
  
Mg-free NaFC exhibits a large initial discharge capacity of 138.6 mA h g-1 at 0.1 C , but suffers from apparent capacity fading upon cycling owing to Fe4+ Jahn-Teller distortion and migration of Fe ions .