



Steven Condra <stevencondra1971@gmail.com>

Request for Steven's meal preferences.

2 messages

Trish Beechey <p_murphy20@yahoo.co.uk>

10 January 2025 at 12:47

Reply-To: Trish Beechey <p_murphy20@yahoo.co.uk>

To: "Josephine.Oconnor@depaulcharity.net" <Josephine.Oconnor@depaulcharity.net>

Cc: Steve C <stevencondra1971@gmail.com>

Good afternoon Jo,

Thank you for meeting with myself and Steven yesterday. Following on from this meeting I have outlined Steven's meal preferences as discussed to help ensure his dietary needs are met.

1. General Preferences:

- Please avoid using onions, peppers, or any spicy ingredients in Steven's meals.
- Stews and casseroles are not suitable for him.

2. Vegetables:

- Steven prefers vegetables such as frozen peas (ensure they are not mushy), carrots, and occasionally turnip.

3. Meat:

- All types of meat are acceptable, except for southern fried chicken or any meat coated in spices.
- Meat prepared with oil, herbs, or garlic is acceptable.

4. Fish:

- Steven does not like fish, with the exception of smoked cod.

5. Sides:

- Steven enjoys potatoes or pasta but does not like rice.
- Please ensure that potatoes or chips are served without the skin.

6. Overall Taste:

- Steven prefers simple, traditional meals and does not wish to try new or unfamiliar cuisines.

Thank you for ensuring Steven's preferences are respected and for your understanding in providing meals that suit his tastes.

Kindest regards

Trish Beechey

Josephine O'Connor <josephine.oconnor@depaulcharity.net>

10 January 2025 at 13:43

To: Trish Beechey <p_murphy20@yahoo.co.uk>

Cc: Steve C <stevencondra1971@gmail.com>

Hi Trish,

Many thanks for your email. I will respond to you as soon as possible.

Kind regards,

[Quoted text hidden]

--

Josephine O'Connor

Case Worker

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