

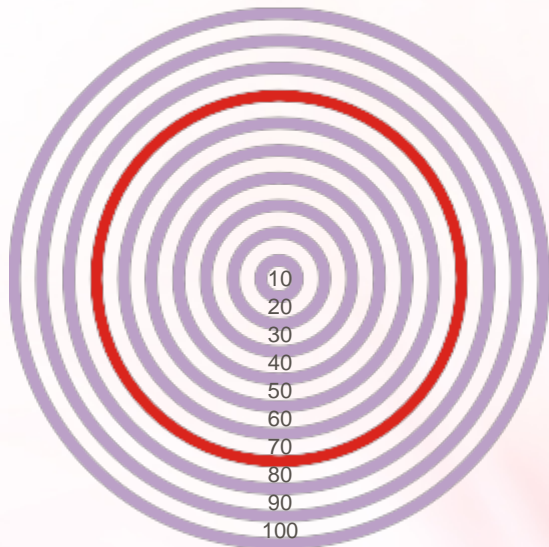
# *Aura Chakra Report*

*Neelā Singhal's*

RUDRAKSHA  RATNA  
SCIENCE  THERAPY



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Your Aura Size is 64

## YOUR AURA SIZE

The red circle indicates the **size of your aura** and is an important indicator of how much energy you radiate around you.

### Large, Wide Aura

Large, Wide Aura (75-100) indicates a strong and powerful radiance. Other people can feel your strong aura. Use your charisma and aura power to achieve your goals and dreams.

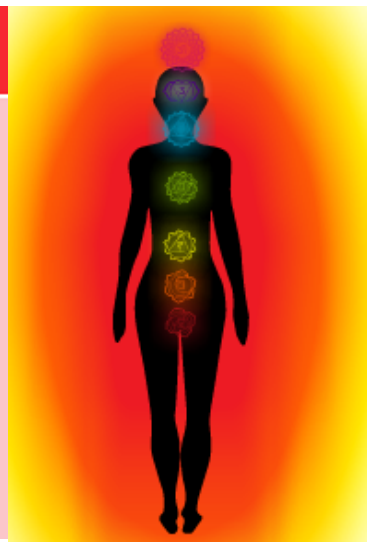
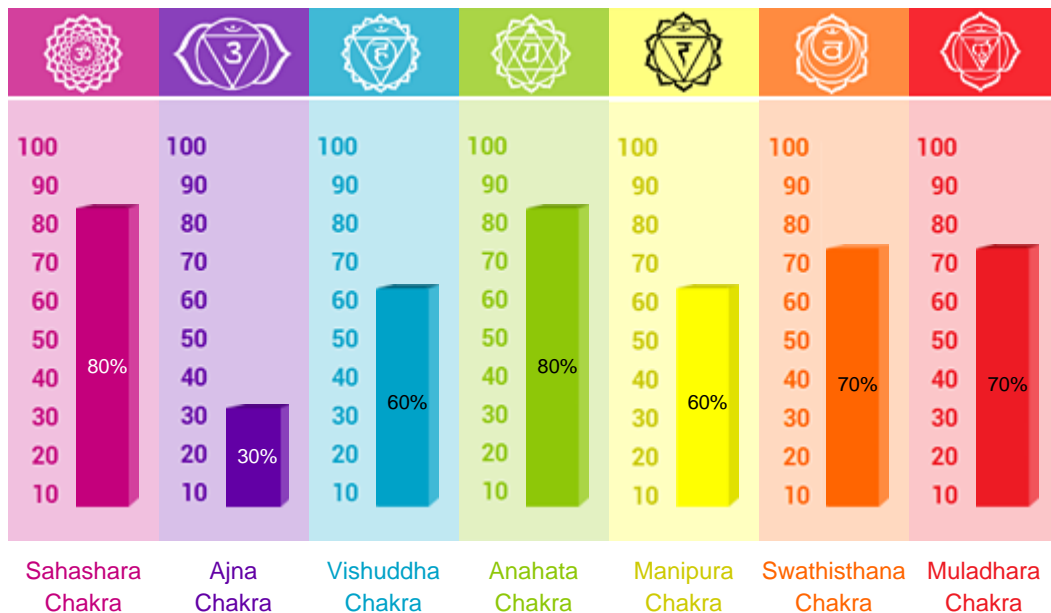
### Middle, Average Aura

Middle, Average Aura (40-75). You can achieve your goals by increasing your aura even more and focusing on your goals. You are already on the path of self transformation through inner discovery.

### Small Aura

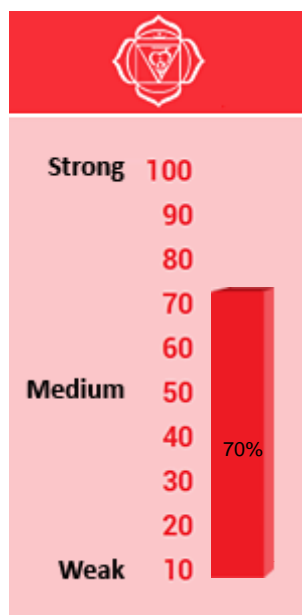
Small Aura (0-40) indicates low energy level both physically and emotionally. You tend to attract negative situations and people. Others may perceive you as someone who can be easily misled and taken advantage of.

## Chakra Activity



\* All Numbers in percentage ( % )

## 1 : Muladhara



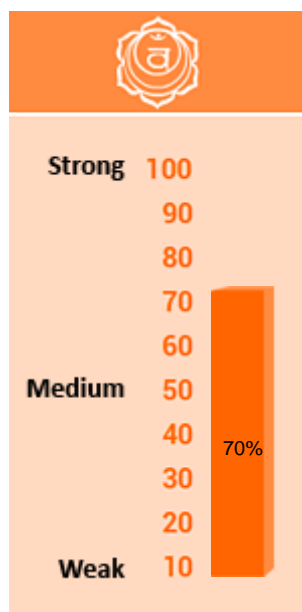
This chakra is located at the base of the spine and corresponds to birth issues, survival patterns, generational patterns, money, food, health issues and grounding.

**Organs :** Base of spine, legs, bones, feet and excretory system.

You feel you have to constantly struggle to survive and achieve stability in life. You are emotionally needy and always looking for safety and security in groups. There is never enough money, you hate your body and feel you are not good enough the way you are.

You need to strengthen your Muladhara chakra which is at base of spine and governs your Birth issues, survival patterns, generational patterns and issues with money, food and health. Imbalance causes feeling of instability, restlessness, isolation and person may suffer from lethargy, leg/knee/hip/ankle pains and weight issues. Opening of this chakra helps person to become grounded and focused and get stability in life and generate money and assets.

## 2 : Swathisthana



This chakra is located below the navel and corresponds to Sexuality, the nature of your relationships, freedom, from guilt, pleasure and nurturance, sensation and creativity.

**Organs :** Lower abdomen to navel, sexual organs, intestines, kidneys, uterus, lower vertebrae, pelvis, appendix, bladder, and hip area.

Fears and insecurities plague you and constantly you feel the need to defend yourself. You feel abused, hurt, and confused and don't trust that you can be loved for being you. You are afraid to take risks in life and often end up in debts/fights/law suits.

You need to strengthen Swathisthana chakra which governs your Sexuality, the nature of your relationships, sense of being nurtured/cherished, sense of being appreciated by others and freedom from guilt. Imbalance causes fears, insecurities, dullness, lower back pain, low self worth, body pains or constipation. Once chakra is opened, you become fearless, powerful and creative.



### 3 : Manipura Chakra



**Strong** 100

90

80

70

60

**Medium**

50

40

30

20

**Weak**

10



This chakra is located at the solar plexus and corresponds to your personal power, self-esteem, social interactions, freedom from shame, personal thoughts and image of yourself.

**Organs** : Abdomen, stomach, liver, gallbladder, pancreas, adrenal glands, spleen, middle spine behind the solar plexus.

You feel like a victim in the world and often feel powerless relative to other people and circumstances. You will be overly concerned with what people think about you. You worry often and suffer from low self-esteem, self-confidence and self-respect. You give your power away to others as you feel this is necessary to keep peace in relationships. If this chakra is overactive you will have tendency to be aggressive and the need to be in control at all times.

You need to strengthen your Manipura chakra located on your Navel which governs your personal power, self-esteem, freedom from shame, personal thoughts and image of yourself. This causes stress, worries, anger issues, indigestion, low confidence and feeling of being victimized. Once opened you are blessed with power, fame and good health.

### 4 : Anahata Chakra



**Strong** 100

90

80

70

60

**Medium**

50

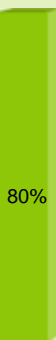
40

30

20

**Weak**

10



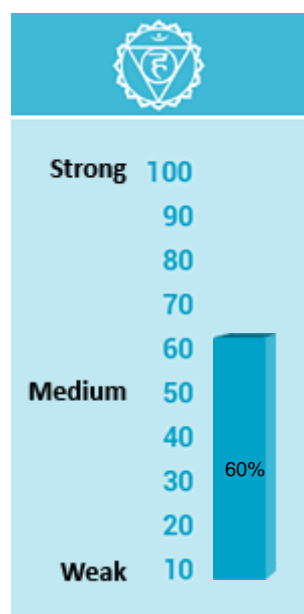
This chakra is located at the centre of the Chest and corresponds to unconditional love, Compassion, love, touch, devotion, emotional zone, self-acceptance, masculine/feminine of the self and forgiveness.

**Organs** : Heart, lower lungs, chest, circulation.

You are afraid of commitment and feel like you have to please others to be loved. You fear expecting from life because you feel that your desires will not be met. You have been hurt by others many times in relationships and now you feel like you have to guard yourself from being hurt again.

You need to strengthen your Heart chakra which governs compassion, love, your emotional zone, self-acceptance and forgiveness. Imbalance causes grief, allergies and fever, depression or heart ailments. Once opened you are blessed with good health, peace, fulfillment of desires and good relationships.

## 5 : Vishuddha



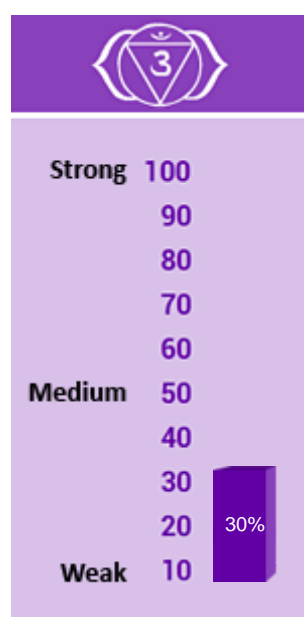
This chakra is located at the hollow of Throat and corresponds to Speaking you truth, listening and being heard, communication and finding you true voice and expressing it fully.

**Organs :** Throat, thyroid, trachea, neck, vertebrae, mouth, teeth, gums, jaw, oesophagus, parathyroid, hypothalamus, ears and upper lungs.

You are afraid to speak up and say what you want or feel; going along with others so you don't upset anyone. You compare yourself with others and feel you get less than your due.

You need to strengthen your Throat chakra which governs speaking your own truth, listening and being heard, communication and finding your true voice. Blockage causes communication problems, sleeping disorders, frequent cold/cough, neck/shoulder pains and low confidence. Once opened you become an excellent speaker, creative and intelligent.

## 6 : Ajna Chakra



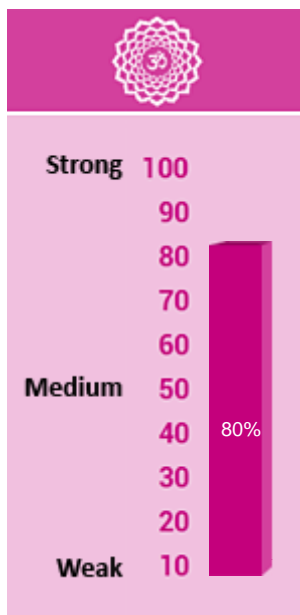
This chakra is located between the eye brows and corresponds to Intuition & psychic talents, self-reflection, visualization, judgment and analysis.

**Organs :** The brain, nervous system, eyes, ears, nose, pineal gland, and pituitary gland.

You feel disconnected from your intuition, or don't feel like you have any. You feel inner resistance when you need to be around people/situations different than what you expect them to be. You want your life and routine to remain in a set pattern and are afraid to change it otherwise. You get headaches and feel tension in your brow area often.

You need to strengthen your Ajna chakra which governs your Intuition & psychic talents, self-reflection, visualization and discretion. Blockage causes rigidity, perfectionism and may lead to headache, sinus and vision problems. Once opened you become intuitive, an excellent decision maker and get power of command and attitude of abundance.

## 7 : Sahashara



This chakra is located on top of the head and corresponds to clarity, connection to God and spirit, divinity, belief systems, revelation, divine consciousness.

**Organs :** Brain Muscular system and skin.

You feel no connection or guidance from a higher power. You feel unworthy of spiritual help and are angry that your higher power has abandoned you. You suffer from migraines or skin diseases.

You need to strengthen your Crown chakra which governs clarity of mind, connection to God and spirit and your belief systems. Imbalance causes depression, obsession thinking, confusions and you may suffer from dizziness/migraines or brain/nervous disorders. Once balanced you get divine connection and manifest wealth.