



# SANDRA S R

REGISTERED NURSE

## CONTACT

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Sandra Bhavanam,  
Maru South, Alumkadavu PO,  
Karunagappally, Kollam, Kerala

## EDUCATION

2018-2023

VNSS COLLEGE OF NURSING

• Bsc NURSING

2018

OACHIRA GOVERNMENT

HIGHER SECONDARY SCHOOL

• Higher Secondary

2016

HS FOR GIRLS

KARUNAGAPPALLY

• SSLC

## SKILLS

- Compassion
- Adaptability
- Resilience
- Time Management
- Precision
- Collaboration
- Critical Thinking

## LANGUAGES

- English (Fluent)
- Malayalam (Fluent)
- Hindi (Basics)

## PROFILE

Dedicated registered nurse with 8 months of experience providing exceptional patient care in diverse hospitals. Skilled in assessing patient needs, administering medications, and implementing evidence-based care plans. Adept at collaborating with interdisciplinary teams to ensure optimal patient outcomes. Known for a compassionate bedside manner, strong critical thinking abilities, and a commitment to patient advocacy and safety. Proficient in EMR systems, wound care, or specialized treatments.

## WORK EXPERIENCE

- **MEDITRINA HOSPITALS Pvt. Ltd.** 13-05-2024 TO PRESENT  
STAFF NURSE
  - Provided critical care to acutely ill patients in a high-pressure Medical ICU setting, ensuring accurate monitoring and management of vital signs, ventilators, and infusion pumps.
  - Administered medications, intravenous therapies, and emergency interventions in accordance with physician orders and established protocols.
  - Ensured compliance with infection control standards, safety protocols, and quality care benchmarks in the ICU.
- **RAJAGIRI HOSPITAL, ALUVA** 08-01-2024 TO 15-04-2024  
TRAINEE NURSE
  - Gained expertise in electronic medical records (EMR) systems, accurately documenting patient data, treatments, and progress to support seamless care coordination.
  - Developed strong interpersonal skills by effectively communicating with patients, addressing their concerns, and fostering a compassionate and supportive environment.

## CLINICAL EXPOSURE

- SANKARS HOSPITAL, KOLLAM
- DISTRICT HOSPITAL, KOLLAM
- MENTAL HEALTH CENTER, TRIVANDRUM
- FAMILY CENTER, PALATHARA
- VICTORIA HOSPITAL, KOLLAM

## REFERENCE

Vijayan V

VNSS College of Nursing/ Principal

Phone: 9495834178

Email: vnssntmm@gmail.com

Sareesh Kumar

Meditrina Hospitals/ Nursing Superintendent

Phone: 9562021131

Email: info@meditrinahospital.com