

Five Attributes of a Responsible Bottom

Identity

- What do I like/ want to get out of a scene?
- What are my known triggers?
- What are my hard limits?
- What else should my top know before playing with me?

Agency

- Do I take responsibility for my role in the scene?
- Do I understand the difference between not enjoying and not consenting?
- Am I willing and able to care for myself emotionally/physically if something unwanted occurs?

Knowledge/Awareness

- Do I understand the risks involved in this play?
- Have I talked to people about their experiences?
- Have I sought education?

RACK

Honesty

- Do I feel like I owe this top something?
- Am I willing to be honest even if it hurts someone's feelings?
- Am I willing to communicate/safe word during a scene if something I don't like is happening?

Communication Skills

- Can I negotiate clearly and effectively?
- What are my preferred ways of communicating during a scene? What do my safe words mean?
- Do I understand what the top wants/is expecting?

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