

①

Cap. 1.2.

1) a) $R = m \times g = 90 \times 9,8 = 882 \text{ N}$



b) $R = 90 \times 9,8 = 882 \text{ N}$

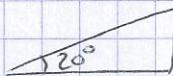
c) $a = 3 \text{ m/s}^2$

$$R = 882 + 90 \times 3 = 1152 \text{ N}$$

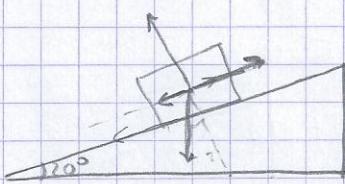
d) $R = 882 - 90 \times 3 = 612 \text{ N}$

e) $R = 0 \text{ N}$

2) $m = 1000 \text{ kg}$



a)



$$\begin{cases} R - mg \cos 20^\circ = 0 \\ F - mg \sin 20^\circ = 0 \end{cases} \Leftrightarrow \left\{ \begin{array}{l} F = 1000 \times 9,8 \times \sin 20^\circ = 3352 \text{ N} \\ R = 1000 \times 9,8 \times \cos 20^\circ = 9209 \text{ N} \end{array} \right.$$

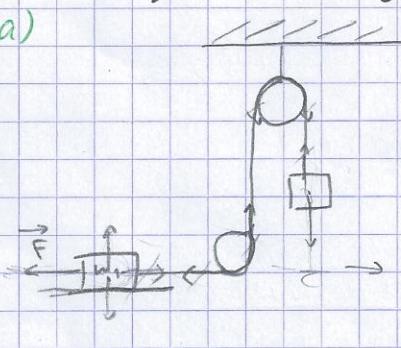
b) $F = ma + mg \sin 20^\circ = 1000 \times 0,2 + 3352 = 3552 \text{ N}$

c) a) $R = mg \cos 20^\circ = 1000 \times 9,8 \times \cos 20^\circ = 9209 \text{ N}$

b) $F_a = 3352 \text{ N} ; F_b = 3552 \text{ N}$

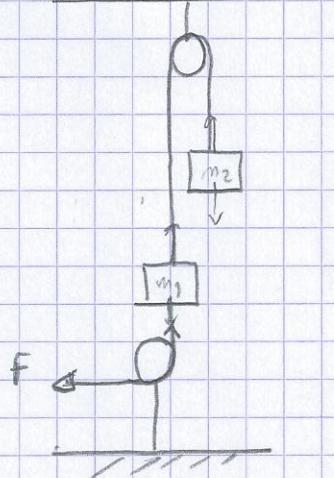
3) $m_1 = 50 \text{ g} \quad m_2 = 80 \text{ g} \quad F = 1 \text{ N} \quad F = 120 \times 10^{-3} \text{ a}$

a)



$$\begin{cases} T = m_2(g+a) \\ F = m_1 a + T \end{cases} \Leftrightarrow \left\{ \begin{array}{l} T = 80 \times 10^{-3} (9,8 + a) \\ 1 = 50 \times 10^{-3} a + 784 \times 10^{-3} + 80 \times 10^{-3} a \end{array} \right. \begin{array}{l} T = 0,92 \text{ N} \\ a = 1,66 \text{ m/s}^2 \end{array}$$

b)

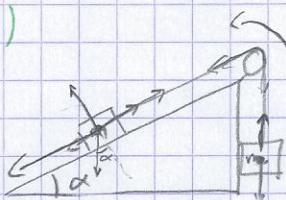


$$\left\{ \begin{array}{l} T = m_2(g+a) \\ F + m_1g = T + m_1a \end{array} \right.$$

$$\left\{ \begin{array}{l} T = 0,08(9,8+a) \\ 1 + 0,05 \cdot 9,8 = 0,784 + 0,08a + 0,05a \end{array} \right. \quad (2)$$

$$(2) \quad \left\{ \begin{array}{l} 1,49 = 0,784 + 0,13a \\ 1,49 - 0,784 = 0,13a \end{array} \right. \quad (2) \quad a = \frac{0,706}{0,13} \quad (2) \quad \left\{ \begin{array}{l} T = 1,22 \text{ N} \\ a = 5,43 \text{ m/s}^2 \end{array} \right.$$

4) a)



$$\left\{ \begin{array}{l} m_1 g \sin \alpha = T + m_1 a \\ T = m_2(g+a) \end{array} \right.$$

$$(2) \quad \left\{ \begin{array}{l} T = m_1 g \sin \alpha - m_1 a \\ m_1 g \sin \alpha - m_1 a = m_2 g + m_2 a \end{array} \right. \quad (2)$$

$$(2) \quad \left\{ \begin{array}{l} m_1 a + m_2 a = m_1 g \sin \alpha - m_2 g \end{array} \right. \quad (2)$$

$$(2) \quad \left\{ \begin{array}{l} a(m_1 + m_2) = (m_1 g \sin \alpha - m_2 g) \end{array} \right. \quad (2)$$

$$(2) \quad \left\{ \begin{array}{l} T = m_1 g \sin \alpha - m_1 \times \frac{m_1 g \sin \alpha - m_2}{m_1 + m_2} g \\ a = \frac{m_1 g \sin \alpha - m_2}{m_1 + m_2} g \end{array} \right.$$

②

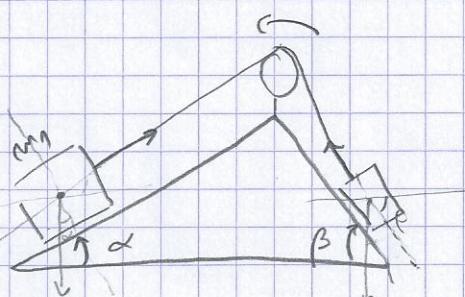
$$T = m_1 g \left[\sin \alpha - \frac{m_1 \sin \alpha - m_2}{m_1 + m_2} \right]$$

$$T = m_1 g \left[\frac{m_1 \sin \alpha + m_2 \sin \alpha - m_1 \sin \alpha + m_2}{m_1 + m_2} \right]$$

$$T = m_1 g \times \frac{m_1 \sin \alpha + m_2}{m_1 + m_2}$$

$$T = m_1 m_2 g \times \frac{\sin \alpha + 1}{m_1 + m_2}$$

b)



$$\begin{cases} m_1 a + T = m_1 g \sin \alpha \\ m_2 (g \sin \beta + a) = T \end{cases}$$

$$\begin{cases} T = m_1 (g \sin \alpha - a) \\ m_2 (g \sin \beta + a) = m_1 (g \sin \alpha - a) \end{cases}$$

$$\begin{cases} (m_2 + m_1) a = (m_1 \sin \alpha - m_2 \sin \beta) g \end{cases}$$

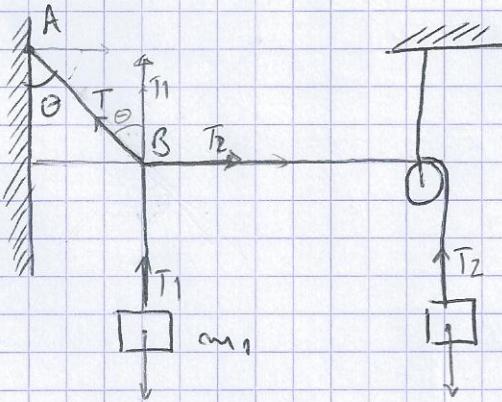
$$\begin{cases} a = \frac{m_1 \sin \alpha - m_2 \sin \beta}{m_1 + m_2} g \end{cases}$$

$$T = m_1 g \sin \alpha - m_1 \times \frac{m_1 \sin \alpha - m_2 \sin \beta}{m_1 + m_2} g$$

$$\begin{cases} \longrightarrow \\ T = m_1 g \frac{m_1 \sin \alpha + m_2 \sin \alpha - m_1 \sin \alpha + m_2 \sin \beta}{m_1 + m_2} \end{cases}$$

$$\begin{cases} \longrightarrow \\ T = m_1 m_2 \frac{\sin \alpha + \sin \beta}{m_1 + m_2} g \end{cases}$$

5



$$\begin{cases} T_2 = m_2 g \\ T_1 = m_1 g \\ T \cos \theta = T_1 \\ T \sin \theta = T_2 \end{cases} \quad \begin{cases} T_2 = 39,2 \\ T_1 = 29,4 \\ T \cos \theta = 29,4 \\ T \sin \theta = 39,2 \end{cases} \quad \begin{cases} \Rightarrow \\ \therefore \tan \theta = \frac{39,2}{29,4} \Rightarrow \theta \approx 53,1^\circ \end{cases}$$

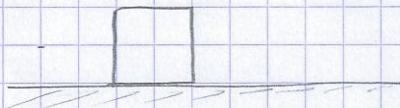
loge,

$$T \cos(53,1) = 29,4 \Leftrightarrow$$

$$\Leftrightarrow T = 49 \text{ N}$$

6) $m = 10 \text{ kg}$

$$\vec{F} = (4t^2 - t) \hat{i}$$



a) $I(t) = \int (4t^2 - t) dt = \frac{4t^3}{3} - \frac{t^2}{2} \text{ kg m/s}$

b) $I(4) = 77,3 \text{ kg m/s}$

c) $I = \Delta p = 77,3 \text{ kg m/s}$

kg m/s

d) $p = mv \Leftrightarrow v = \frac{p}{m} = \frac{77,3}{10} = 7,73 \text{ m/s}$

e) $v = \frac{p}{m} = \frac{4t^3}{30} - \frac{t^2}{20} = \frac{2t^3}{15} - \frac{t^2}{20} \text{ m/s}$

f) $x(t) = \frac{2t^4}{15 \times 4} - \frac{t^3}{20 \times 3} = \frac{t^4}{30} - \frac{t^3}{60} \text{ cm}$

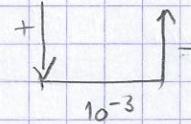
3)

$$7) |v| = 10 \text{ m/s}$$

$$|v| = 8 \text{ m/s}$$

$$F = 180 \text{ N}$$

$$t = 10^{-3} \text{ s}$$



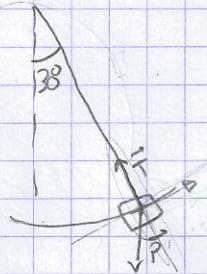
$$a = \left| \frac{+8 + 10}{10^{-3}} \right| = 18 \times 10^3 \text{ m/s}^2$$

$$F = m \cdot a \quad (\Rightarrow) \quad 180 = m \cdot 18 \times 10^3$$

$$\Rightarrow m = \frac{180}{18 \times 10^3} \quad (\Rightarrow) \quad m = 10 \times 10^{-3} \text{ kg} \Rightarrow m = 10 \text{ g}$$

8)

$$\sqrt{30^2} = 2 \text{ m/s}$$



$$a_n = \frac{v^2}{R} = \frac{4}{1} = 4 \text{ m/s}^2$$

$$\left. \begin{array}{l} T = m a_n + P \cos 30^\circ \\ P \sin 30^\circ = m a_t \end{array} \right\} \quad (\Rightarrow)$$

$$\Rightarrow a_t = \frac{P \sin 30^\circ}{m} = \frac{1 \times 9,8 \times \frac{1}{2}}{1} = 4,9 \text{ m/s}^2$$

b)

$$\vec{a} = \vec{a}_t + \vec{a}_n$$

$$\vec{a} = 4,9 \vec{u}_t + 4 \vec{u}_n$$

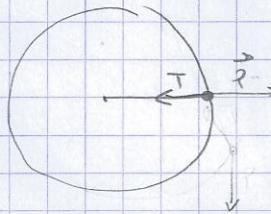
$$|\vec{a}| = \sqrt{4,9^2 + 4^2} = 6,33 \text{ m/s}^2$$

$$\tan \theta = \frac{4}{4,9} \quad (\Rightarrow) \quad \theta = 39,23^\circ$$

$$9) m = 0,4 \text{ kg}$$

$$l = 0,8 \text{ m}$$

$$\omega = 80 \text{ rad/min}$$



$$80 \text{ rad/min} \rightarrow 1,33 \text{ rad/s}$$

$$r = 2\pi \times l = 5,03 \text{ m}$$

$$\frac{80 \times 5,03}{60} = 6,7 \text{ m/s}$$

$$a) T = m a_c$$

$$T = m \times \frac{v^2}{L} = 0,4 \times \frac{6,7^2}{0,8} = 22,4 \text{ N}$$

$$b) \begin{aligned} 1 \text{ kgf} &= 9,8 \text{ N} \\ 50 \text{ kgf} &= 490 \text{ N} \end{aligned}$$

$$490 = 0,81 \times \frac{v^2}{0,8} \quad (\Rightarrow) \quad v = \sqrt{490} \approx 31,3 \text{ m/s}$$

$$\omega = \frac{v}{L} = \frac{31,3}{0,8} = 39,13 \text{ rad/s}$$

$$10) v = 63 \text{ km/h} \quad r = 300 \text{ m} \quad v = \frac{63 \times 10^3}{3600} = 17,5 \text{ m/s}$$

$$0) F = m \cdot \frac{17,5^2}{300}$$

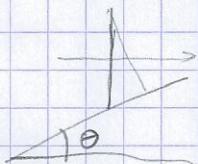


$$\left. \begin{array}{l} N \cos \theta = mg \\ N \sin \theta = F \end{array} \right\} \Rightarrow$$

$$\rightarrow \tan \theta = \frac{F}{mg} = \frac{\frac{17,5^2}{300}}{9,8} = 0,104$$

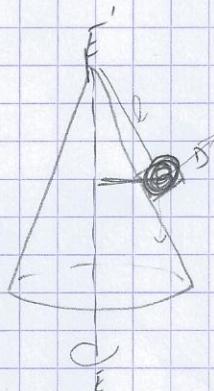
$$\Rightarrow \theta = 5,94^\circ$$

5)



$$\theta = 5,94^\circ$$

11)



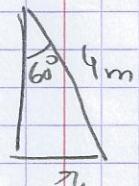
(En los datos: Superficie $\alpha = 30^\circ$)

$$a) m = 6 \text{ kg}$$

$$v = w r$$

$$= \frac{10}{60} \times 2\pi \times 4 \sin 60^\circ$$

$$= 3,63 \text{ m/s}$$



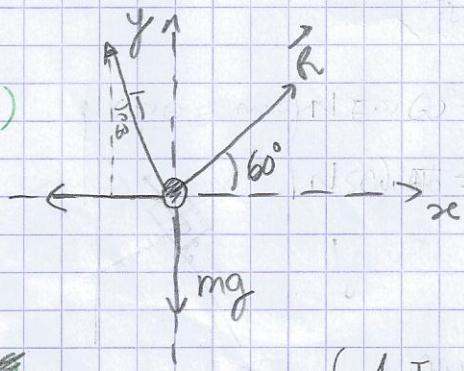
$$\sin 60^\circ = \frac{r}{4}$$

$$r = 4 \sin 60^\circ$$

$$r = 4 \times \frac{\sqrt{3}}{2}$$

$$r = 2\sqrt{3}$$

b)



$$\left. \begin{array}{l} T \cos 60^\circ + R \sin 60^\circ = mg \\ T \sin 60^\circ - R \cos 60^\circ = mv^2/R \end{array} \right\}$$

$$\left. \begin{array}{l} \frac{1}{2}T + \frac{\sqrt{3}}{2}R = 6 \times 9,8 \\ \frac{\sqrt{3}}{2}T - \frac{1}{2}R = \frac{6 \times 3,63^2}{2\sqrt{3}} \end{array} \right\}$$

$$\left. \begin{array}{l} T + \sqrt{3}R = 117,6 \\ \sqrt{3}T - R = 45,6 \end{array} \right\}$$

$$\left. \begin{array}{l} T = 117,6 - \sqrt{3}R \\ \sqrt{3} \times 117,6 - 3R - R = 45,6 \end{array} \right\}$$

$$\left. \begin{array}{l} \\ \end{array} \right\}$$

$$R \approx 39,5 \text{ N}$$

$$\left. \begin{array}{l} d) R = 0 \\ T = 117,6 \\ \frac{\sqrt{3}}{2}T = \frac{6 \times \sqrt{2}}{2\sqrt{3}} \end{array} \right\}$$

$$c) T = 117,6 - \sqrt{3}R = 49,2 \text{ N} \quad \left. \begin{array}{l} \\ T = 2\sqrt{2} \end{array} \right\} \Rightarrow \left. \begin{array}{l} v = 7,67 \text{ m/s} \end{array} \right\}$$

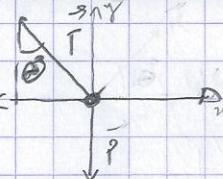
$$\cancel{d) v = V = wR \Rightarrow w = \frac{V}{R} \Rightarrow w = 2,28 \text{ rad/s}}$$

4

$$12) m = 1,2 \text{ kg}$$

$$L = 1,16 \text{ m}$$

$$\omega = 30 \text{ rad/s}$$



$$V = 30 \times 1,16 \text{ m/s} \quad (\Rightarrow)$$

$$= 34,8 \text{ m/s}$$

Pendulo

$$\left\{ \begin{array}{l} T \cos \theta = mg \\ T \sin \theta = \frac{mv^2}{r} \end{array} \right.$$

(\Rightarrow)

$$\Rightarrow \tan \theta = \frac{mv^2}{rg} = \frac{34,8^2}{1,16 \cdot 9,8} = \frac{1257,44}{11,328} = 111,6 \quad (\Rightarrow)$$

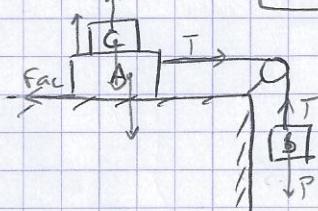
$$\Rightarrow \tan \theta = \frac{v^2}{gR} \quad (\Rightarrow) \quad \tan \theta = \frac{(34,8)^2}{9,8 \cdot 1,16} = \frac{1190,24}{11,328} = 104,6 \quad (\Rightarrow)$$

$$(\Rightarrow) \quad \tan \theta = \frac{\omega^2 R}{g} \quad (\Rightarrow) \quad \frac{\sin \theta}{\cos \theta} = \frac{30^2 \times 1,16}{9,8} \quad (\Rightarrow) \quad \cos \theta = 0,009 \Rightarrow$$

$$\Rightarrow \theta = 89,5^\circ \quad (\checkmark)$$

$$\text{e } T \cos(89,5) = 1,2 \times 9,8 \quad (\Rightarrow) \quad T = 130 \text{ N}$$

13)



$$m_A = 10 \text{ kg} \quad m_B = 5 \text{ kg}$$

$$\mu_c = \mu_c = 0,20$$

$$a) \quad T = m_B g \quad (\Rightarrow) \quad T = 5 \times 9,8 \quad (\Rightarrow) \quad T = 49 \text{ N}$$

$$T = F_{Ac} \quad (\Rightarrow) \quad T = \mu_c \cdot N$$

$$(\Rightarrow) \quad 49 = 0,20 \cdot (10 + m_C) \cdot 9,8$$

$$(\Rightarrow) \quad 10 + m_C = 25 \quad (\Rightarrow) \quad m_C = 15 \text{ kg}$$

$$N = (m_A + m_C) g$$

$$b) \quad T - F_{Ac} = m_a \quad (\Rightarrow) \quad m_B g - \mu_c m_A g = (m_A + m_B) \cdot a$$

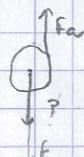
$$(\Rightarrow) \quad 5 \times 9,8 - 0,20 \times 10 \times 9,8 = 15 \cdot a$$

$$(\Rightarrow) \quad a = 1,96 \text{ m/s}^2$$

14) $f_a = ?$

$$m = 0,4 \text{ kg}$$

$$a = 9,0 \text{ m/s}^2$$



$$P - f_a = F$$

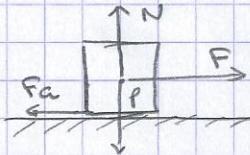
$$(\Rightarrow) \quad 0,4 \times 9,8 - f_a = 0,4 \times 9$$

$$(\Rightarrow) \quad f_a = 0,32 \text{ N}$$

$$15) \quad m = 4 \text{ kg}$$

$$F < 0,8 \text{ kgf}$$

$$\mu_2 = ?$$



$$F - F_a = 0 \quad (\Rightarrow) \quad F - \mu_c N = 0$$

$$\Rightarrow 9,8 - \mu_c \cdot mg = 0$$

$$\Leftrightarrow 0,8 - \mu c. \ 4 \times 9,8 = 0$$

$$\hookrightarrow \mu_c = 0, 0.2$$

16)



$$F = 0$$

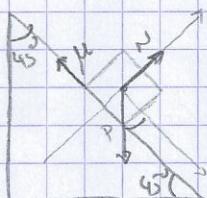
$$\left\{ \begin{array}{l} P \cos 60^\circ = F_a \\ N = P \sin 60^\circ \end{array} \right.$$

$$(\Rightarrow) \quad \left\{ \begin{array}{l} mg \cos 60^\circ = \mu_s N \\ \hline \end{array} \right.$$

$$\cancel{mg \cos 60^\circ} = \mu_e \cdot \cancel{mg} \cdot \sin 60^\circ \Leftrightarrow$$

$$\Leftrightarrow \mu_C = \cotg 60^\circ \Leftrightarrow \mu_C = 0,58$$

17)



$$P \cos 45^\circ - F_{ax} = F$$

$$P \cos 45^\circ - M \cdot P \sin 45^\circ = cm \times a$$

$$g \frac{\sqrt{2}}{2} - \mu g \frac{\sqrt{2}}{2} = a \Rightarrow g \frac{\sqrt{2}}{2} - \mu' g \frac{\sqrt{2}}{2} = a'$$

$$\text{Bew} : \quad v = \frac{\Delta x}{\Delta t}$$

$$d^1 t^1 = 2at$$

$$v_2 = \frac{\Delta x}{\Delta t} \Rightarrow v_2 = 2v \quad \text{log} \quad c(t) = 2at \Leftrightarrow a = 4a$$

$$g\sqrt{\frac{E}{2}} - \mu' g\sqrt{\frac{E}{2}} = 4g\sqrt{\frac{E}{2}} - 4\mu' g\sqrt{\frac{E}{2}}$$

$$1 - \mu^2 = 4 - 4\mu$$

$$-\mu' = 3 - 4\mu$$

$$\mu' = 4\mu - 3$$

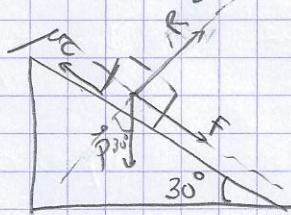
(5)

(18)

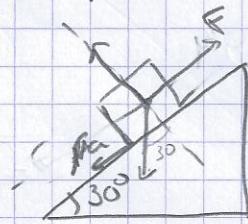
$$m = 0,8 \text{ kg}$$

$$\Theta = 30^\circ$$

$$\mu_c = 0,3$$



cm



a) $a = 0$

$$\begin{cases} F = P \sin 30^\circ + F_{ac} \\ R = P \cos 30^\circ \end{cases}$$

$$F_{ac} = \mu_c R$$

~~$F = 0,3 \times 0,8 \times 9,8 \cos 30^\circ + 0,8 \times 9,8 \sin 30^\circ$~~
 $= 5,96 \text{ N}$

b) $a = 0$

$$\begin{cases} F = P \sin 30^\circ - F_a \\ R = P \cos 30^\circ \end{cases}$$

$$\begin{aligned} F &= 0,8 \times 9,8 \times \sin 30^\circ - 0,3 \times 0,8 \times 9,8 \times \cos 30^\circ \\ &= 1,88 \text{ N} \end{aligned}$$

c) $a = 0,10 \text{ m/s}^2$

$$F - P \sin 30^\circ - F_a = ma \quad \Leftrightarrow$$

$$\Leftrightarrow F = 0,8 \times 0,10 + 0,8 \times 9,8 \times \sin 30^\circ + 0,3 \times 0,8 \times 9,8 \cos 30^\circ$$

$$\Leftrightarrow F = 6,04 \text{ N}$$

d) $a = 0,10 \text{ m/s}^2$

$$+ P \sin 30^\circ - F_a = ma + F \quad (\Rightarrow)$$

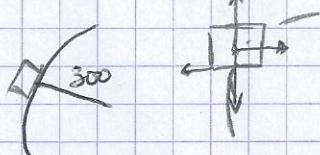
$$\Leftrightarrow -F = 0,8 \times 0,10 - 0,8 \times 9,8 \times \sin 30^\circ + 0,3 \times 0,8 \times 9,8 \times \cos 30^\circ$$

$$\Leftrightarrow F = 1,88 \text{ N}$$

$$a = \frac{v^2}{r} \quad (\Rightarrow) v = \sqrt{ar}$$

19) $x = 300 \text{ m}$

$$F = F_a$$



$$\Rightarrow F = \mu_c N$$

$$\Rightarrow m a = \mu_c m g \quad (\Rightarrow) a = \mu_c g$$

bomache $\mu_c = 0,75$

$$\Leftrightarrow \frac{v^2}{r} = \mu_c g \quad (\Rightarrow) v = \sqrt{r \mu_c g}$$

$$\Rightarrow v = \sqrt{2940 / \mu_c}$$

molheado $\mu_c = 0,5$

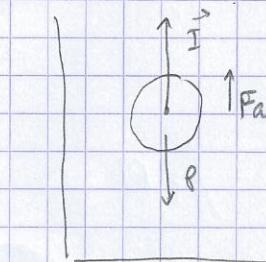
solo $\mu_c = 0,25$

$$\Rightarrow \begin{cases} B \rightarrow v = 46,96 \text{ m/s} \\ H \rightarrow v = 38,34 \text{ m/s} \\ S \rightarrow v = 27,11 \text{ m/s} \end{cases}$$

$$70) \quad r = 2 \text{ cm} - \quad \rho_g = 1,26 \text{ g/cm}^3 \quad \mu = 833 \times 10^{-3} \text{ Pa}\cdot\text{s}$$

$$\rho_{\text{air}} = 1,50 \text{ g/cm}^3 \quad a_e = 1,00 \text{ m/s}^2 \quad b = 6\pi \mu R$$

Aufgabe



$$\rho = \frac{m}{V}$$

$$m = \rho V$$

$$\vec{F}_a = -b v \vec{v}$$

$$b = 6\pi \mu r$$

$$P - I - F_a = m a$$

$$m = \rho V \Rightarrow a = 0 \text{ m/s}^2$$

$$\rho_e \sqrt{e} g - \rho_g \sqrt{e} g + b v = 0 \quad (1)$$

$$\begin{aligned} P &= \rho_e \sqrt{e} g = \frac{1,50 \times 10^{-3}}{10^{-6}} \times \frac{4}{3} \pi \times 0,02^3 \times 9,8 \\ &= 0,49 \text{ N} \end{aligned}$$

$$\begin{aligned} I &= \rho_g \sqrt{e} g = 1260 \times \frac{4}{3} \pi \times 0,02^3 \times 9,8 \\ &= 0,41 \text{ N} \end{aligned}$$

$$\begin{aligned} F_a &= b v = 6\pi \mu r v \\ &= 6\pi \times 833 \times 10^{-3} \times 0,02 \times v \\ &= 0,31 v \end{aligned}$$

Subst. (1)

$$0,49 - 0,41 - 0,31 v = 0 \Leftrightarrow$$

$$v = 0,26 \text{ m/s}$$

$$\text{Se } a = 1,00 \text{ m/s}^2$$

$$P - I - F_a = m \cdot a$$

$$0,49 - 0,41 - 0,31 v = \rho_e V$$

$$0,49 - 0,31 v = 1500 \times \frac{4}{3} \pi \times 0,02^3 - 0,08$$

$$v = 0,10 \text{ m/s}$$

⑥

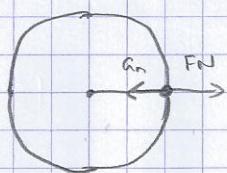
②) $m_2 = 200g$

$$F_g = LN \Rightarrow \Delta x = 1 \text{ cm}$$

$$l = 50 \text{ cm}$$

m. u. circular

a)

(lei de Hooke $F = -k(x-x_0)$)

$$1 = -k \times 0,01 \Rightarrow k = -100 \text{ N/m}$$

$$\omega = \frac{1}{2} \times 2\pi = \pi \text{ rad/s}$$

$$v = \omega r = \pi \times 0,5 = 1,57 \text{ m/s}$$

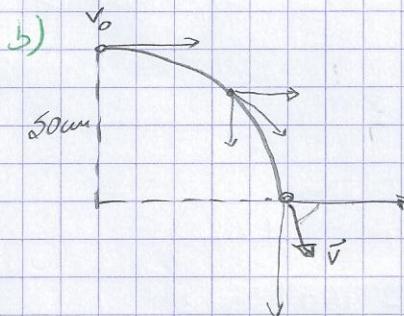
$$a_N = \frac{v^2}{r} = \frac{1,57^2}{0,5} = 4,93 \text{ m/s}^2$$

$$F_N = m a_N = 200 \times 10^{-3} \times 4,93 = 0,986 \text{ N}$$

Pela lei de Hooke:

$$0,986 = -(-100) \times (x - 0,50)$$

$$x = 0,51 \text{ cm} \quad (51 \text{ cm})$$



$$y = y_0 + v_{0y} t - \frac{1}{2} g t^2$$

$$0,5 = 0,5 + 0 - 4,9 t^2$$

$$t = 0,32 \text{ s}$$

$$v_y = v_{0y} + g t \quad (\Rightarrow v_y = 9,8 \times 0,32)$$

$$= 3,14 \text{ m/s}$$

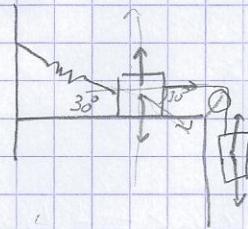
$$\vec{v} = 1,57 \hat{i} + 3,14 \hat{j}$$

$$\text{Nurk } |\vec{v}| = \sqrt{1,57^2 + 3,14^2} = 3,51 \text{ m/s}$$

$$\tan \theta = \frac{1,57}{3,14} \Rightarrow \theta \approx 63^\circ$$

$$(22) \quad k = 400 \text{ N/m}$$

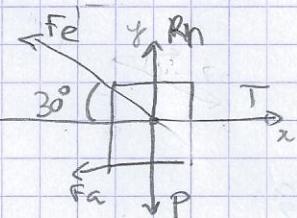
a)



$$F = k(x - x_0)$$

$$F = 400l$$

$$F_e$$



$$\begin{cases} T = m_2 g \\ F_e \cos 30^\circ = T \\ F_e \sin 30^\circ + R_n = P \end{cases}$$

$$T = 4 \times 9,8 = 39,2 \text{ N} \Rightarrow 400l \cos 30^\circ = 39,2 \Rightarrow l = 0,113 \text{ m}$$

11,3 cm ✓

$$b) F_a = \mu N = 0,4 \times R_n$$

$$\begin{cases} T = m_2 g \\ F_e \cos 30^\circ = T - F_a \\ F_e \sin 30^\circ + R_n = P \end{cases} \quad \begin{cases} T = 39,2 \text{ N} \\ 400l \cos 30^\circ = 39,2 - 0,4 R_n \\ R_n = 5 \times 9,8 - 400l \sin 30^\circ \end{cases}$$

$$\text{dopo} \quad 400l \cos 30^\circ = 39,2 - 0,4(49 - 200l)$$

$$346,4l = 39,2 - 19,6 = 80l$$

$$266,4l = 19,6$$

$$l = 0,074 \text{ cm} \Rightarrow 7,4 \text{ cm}$$