//返回上一目录

cd ..

//cd 文件名 进入这个文件

//初始化文件 只有初始化了才能传

git init

//文件是否被添加进git里

git status 查看文件状态

//添加目录下的所有文件

git add .

//文件的描述

git commit -m “描述”

//提交的远程仓库重命名

git remote add origin “https://github.com/TianzeJ9/TianZe”

//删除对应的重命名

git remote rm origin

//查看重命名

git remote -v

//提交到远程仓库

git push origin master

一些问题

! [rejected] master -> master (fetch first)

error: failed to push some refs to 'https://github.com/TianzeJ9/TianZe'

hint: Updates were rejected because the remote contains work that you do

hint: not have locally. This is usually caused by another repository pushing

hint: to the same ref. You may want to first integrate the remote changes

hint: (e.g., 'git pull ...') before pushing again.

hint: See the 'Note about fast-forwards' in 'git push --help' for details.

解决办法是：先pull再重新push  
 （1）git pull --rebase origin master

（2）git push -u origin master