

Action Ideas

- Talk to a friend, classmate, or peer about racial and/or discrimination issues.
- Learn more about one or more of the groups of people who suffer discrimination in your school, community and/or country, and confront your biases and stereotypes about these groups.
- Try a new ethnic food.
- Attend or watch on television a performance featuring dance, music or theater from another culture.
- Talk with adults in your family, school and/or the community about their perceptions and experiences on race, culture, and identity.
- Invite someone of a different race, ethnicity or religion to a meal or social event.
- Talk with a teacher or librarian about ways they can more effectively use diverse books and materials.
- Intervene when negative remarks are made about anyone because they are different from you.
- Always seek to find your own unique way to work with others for a more tolerant and humane society.