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The psychological foundations and consequences of moral conviction Linda J Skitka¹, Anthony N Washburn and Timothy S Carsel

Moral conviction refers to a meta-cognitive belief that a given position is based on one's core moral beliefs and convictions. Attitudes that are high in moral conviction ('moral mandates') differ from equally strong but non-moral attitudes in a host of ways. Among other things, stronger moral convictions are associated with (a) believing that one's attitude is more universally applicable and objectively true, (b) greater political engagement (e.g., voting, political activism), (c) greater preferred social and physical distance from those who disagree, (d) increase resistance to compromise, (e) inoculation from the usual pressures to obey authorities and the law, and (f) increased acceptance of violent solutions to conflict. Implications are discussed.

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Current Opinion in Psychology 2015, 6:41-44

This review comes from a themed issue on Morality and ethics

Edited by Francesca Gino and Shaul Shalvi

http://dx.doi.org/10.1016/j.copsyc.2015.03.025

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Attitudes are positive or negative evaluations of people, places, things, events, or ideas. Moral conviction refers to a meta-cognition that people may have about a given attitude, that is, that the attitude is grounded in core beliefs about fundamental right and wrong [1]. Building on concepts and ideas from social domain theory [2-4], and moral philosophy [5-7], theorists have proposed several major ways that attitudes high in moral conviction (also referred to as 'moral mandates') are different from non-moral attitudes, such as attitudes rooted in prefer-

ence or normative convention [1]. Personal preferences represent attitudes that people see as based on individual discretion or taste. For example, one person's position on recycling might be based on a preference to not take the time to sort her trash. Another person's attitude about recycling could be based more on the norms in hercommunity; because almost everyone in her community recycles, she does as well. A third person, however, might

be morally committed to recycling: Recycling for him represents an absolute good. The degree to which one perceives an attitude as rooted in one's core moral beliefs and convictions has a number of implications for people's issue-related thoughts, feelings, and behavior, including

(a) perceptions of objectivism and universalism, (b) political engagement, (c) intolerance of attitude dissimilarity, (d) authority and peer independence, (e) difficulty in generating procedural solutions to conflict, (f) resistance to compromise, and (g) acceptance of vigilantism and violence to achieve a moral end, something we review in more detail below.

Objectivism and universalism

One way that moral mandates psychologically differ from preferences and convention is the degree to which they are seen as universally applicable and objectively true. Unlike attitudes rooted preference of convention, people do not accept or expect that their moral convic- tions are or should be contextually contingent or situa- tionally variable, and tend to be offended by the idea that morality can be relative. For example, people morally convicted that abortion is wrong are likely to believe it is objectively and universally wrong. Consistent with people rate self-nominated moral convictions as equal in universal applicability and objective truth value as self-nominated scientific facts, but higher in universal applicability and objective truth value than their strong preferences results that were independent of reported attitude strength [8]. In other words, the degree to which someone's attitude about abortion reflects a moral con- viction also predicts the degree to which they think this practice should be universally banned (or permitted), as well as the degree to which they think this position is as objectively true as the idea that 2 + 2 = 4. In addition, simply priming a given attitude domain, for example, by having participants read an essay about a policy, is asso-ciated with an increase from pre-prime to post-prime commitments to a universalistic moral philosophy when people's attitude about the issue is high (but not low) in moral conviction [8]. In further support of the idea that people experience their moral convictions much as they do facts, there is an implicit association between objec- tivity and moral conviction on an implicit associations test (or IAT) [9]. Taken together, people experience their moral convictions as if they were readily observable, objective truths about the world that universally general- ize across contexts factors that might explain why moral mandates have the psychological consequences they do.

Political engagement

Stronger moral convictions about salient issues and/or political candidates predict intentions to vote and actual voting behavior — results that have replicated across three presidential election cycles in the U.S., and that hold even when controlling for strength of candidate

preference or partisanship [10°]. People with stronger moral convictions about a given issue are also more likely to engage in cause-related activism or collective action, results that have replicated across a range of issues including physician-assisted suicide and the Iraq War [11], unionization efforts [12], gender equality [13°], tuition increases and genetically modified food [14], social inequality [16], and abortion [15°]. Moreover, moral conviction is an equal opportunity motivator of political engagement for those on the right and left [10°,17°].

Intolerance of attitude dissimilarity

People are more socially intolerant, that is, they do not want to work with, live near, shop at a store owned by, or even sit too near to someone who does not share their position on issues when their attitude on that issue is morally mandated — an effect that holds even when controlling for a variety of indices of attitude strength

[1'',18,19'']. This moral intolerance also extends to a greater willingness to behaviorally discriminate [19''].

Authority independence

Legitimacy typically creates a duty and obligation to obey authority as an imperative that replaces personal interests as a guide or motivation [20]. However, when people's morally convicted attitudes are at stake, people's acceptance of even legitimate authorities' decisions (e.g., the

U.S. Supreme Court) depends on whether authorities yield decisions consistent with observers' morally pre-ferred conclusions [21,22,23,24]. People do not only react negatively to decisions with which they morally disagree; the morally convicted do not trust legitimate

authorities to make the right decision in the first place [25...].

Peer independence

Moral conviction not only inoculates people from authority influence, it inoculates them from peer influence as well. People typically conform when faced with the choice to accept or reject a majority opinion, in part because they want to avoid ridicule or exclusion [26] or because they are unsure about the appropriate way to behave, and they assume the majority is correct [27]. Moral conviction decreases these pressures because people want to distance themselves from those with whom they morally disagree [1] and because they believe they know the correct answer [9]. For example, moral conviction is associated with even stronger intentions to engage in cause-relevant activism when people believe they are in the opinion minority, rather than majority (an example of counter-conformity) [28 ,29]. Moral conviction is also

associated with immunity from majority group influence in a computerized version of the Asch paradigm [30]. In summary, moral conviction not only inoculates people from authority dictates or the rule of law, it also inoculates them from the very powerful effects of majority influence.

Unwillingness to compromise

Moral convictions are experienced as absolute and first order goods; to compromise a moral belief is therefore unthinkable. Consistent with this idea, people who moralize their political attitudes are more opposed to the general idea of political compromise, and people who moralize specific issues resist bargains and compromise on those same issues [31]. Moreover, moral conviction predicts opposition to political candidates who are willing to negotiate with political opponents, results that did not reduce to various indices of attitude strength, such as attitude importance or certainty. People similarly cannot agree to procedural solutions for conflicts when competing sides both have strong moral convictions about their desired outcomes [11].

Violence

There is also evidence that people are willing to accept violent solutions to conflict when doing so yields morally preferred ends. For example, people who had strong moral convictions that either the guilty be convicted or that the innocent be acquitted rated the death of a defendant as equally just or unjust (respectively) regardless of whether he died in an act of vigilantism or was legally executed. Participants only rated due process as fairer than vigilante justice when they did not have a moral conviction about defendant guilt or innocence [32]. Similarly, people with stronger moral conviction about gender pay equity reported greater support for forms of illegal protest, including sabotage and violence [17]. Although stronger moral convictions were associated with greater desires for peace among Israeli Doves, stronger moral convictions among Israeli Hawks dicted greater desires to punish Palestinians, and stronger endorsements of bombing Palestinian missile sites even if there would be considerable civilian collateral damage in the 2009-2010 Gaza War [33]. In short, people are willing to tolerate even high levels of violence if it serves a morally convicted end.

In summary, people sometimes experience attitudes as held with moral conviction, that is, as reflecting their beliefs about fundamental questions of right and wrong, if not good and evil. Attitudes held with moral conviction differ from most non-moral attitudes in the degree to which they are experienced as universally and objectively true. People's strength of moral conviction about specific issues is related to issue-specific political engagement, inoculation against the usual pressures to obey authorities and the law about that issue, and greater acceptance of violent solutions to achieve their morally vested ends.

The normative implications of these and other findings are both reassuring and potentially terrifying. Moral mandates clearly provide people with the courage they need to stand up in the name of their beliefs, sometimes even at great cost. It is difficult to imagine any fight for justice in entrenched authority systems without moral conviction. That said, moral mandates are also associated with the rejection of the rule of law, and could provide a motivational foundation for violent protest and acts of terrorism. In short, moral mandates are double-edged swords: They seem equally likely to serve as the motiva- tional foundations for normative forms of both great good and potential evil.

Morality is in the eye of the beholder

Researchers often treat certain issues (e.g., abortion) and dilemmas (e.g., trolley problems) as if everyone were certain to recognize and agree on the moral essence or fundamental character of the issue or dilemma. Assessing the degree to which people see any given issue as rooted in moral conviction predicts a host of important conse- quences. There is emerging evidence that knowing whether a judgment something qualitatively different from an attitude — reflects people's moral conviction matters as well. For example, when participants were asked the extent to which their choice in the 'bystander at the switch' version of the trolley problem was related to their core moral beliefs and convictions, only slightly more than half responded above the midpoint of the scale [34].

Moreover, variance in the degree to which people saw the dilemma in a moral light predicted whether they nega- tively reacted to someone who made the 'wrong' choicein

the dilemma [35,36]. To make scientific claims

morality — whether those claims are about moral attitudes, judgments, or goals — therefore appears to require empirically establishing, rather than assuming, that peo-ple's sense of morality is in fact active in that situation

References and recommended reading

Papers of particular interest, published within the period of review, have been highlighted as:

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- of outstanding interest
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Soc Psychol 2005, 88:895-917.
Stronger moral conviction was associated with (a) greater preferred social and physical distance from attitudinally dissimilar others, across both intimate(e.g., friend) and distant(e.g., store owner) relationships; (b) lower levels of good will and cooperativeness in attitudinally heterogeneous groups, and (c) a greater inability to generate procedural solutions to resolve conflict.

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- 10. Skitka LJ, Morgan GS, Wisneski DC: Political orientation and moral conviction: a conservative advantage or an equal opportunity motivator of political engagement? In Social Psychology and Politics. Edited by Forgas J, Crano W, Fiedler K. Psychology Press; 2015.

A meta-analysis of 23 samples and across 42 issues revealed liberals reported stronger moral convictions than conservatives on the issues of climate change, the environment, gender equality, income inequality, healthcare reform, and education Conservatives report stronger moral convictions about abortion, immigration, states' rights, gun control, physician-assisted suicide, the budget deficit, and the Federal budget No differences emerged across 29 other political issues, and strength of moral convictions predicted intentions to vote, voting, and activism equally strongly for those on the political right and left.

11. Skitka LJ, Wisneski DC: Moral conviction and emotion. Emotion

Moral conviction about physician-assisted suicide (PAS) predicted greater willingness to engage in cause-relevant collective action, an association that was partially mediated by negative and positive affect related to the issue. Morally convicted supporters of PAS felt more positive emotions and morally convicted opposers felt more negative emotions about PAS, which in turn were positively associated with activistintentions.

- 12. Morgan GS: Toward a model of morally motivated behavior: investigating mediators of the moral conviction-action link (Doctoral dissertation).. University of Illinois at Chicago; 2011.
- 13. Zaal MP, Van Laar C, Ståhl T, Ellemers N, Derks B: By any means necessary: the effects of regulatory focus and moral conviction on hostile and benevolent forms of collective action. Br J Soc Psychol 2011, 50:670-689.

Regulatory focus interacted with moral conviction to predict support for peaceful and violent collective action to support beliefs about gender equality. For those high (but not low) in prevention orientation, support for both peaceful and violent forms of collective action increased as people's moral conviction about the target issue increased. Strength of promotion orientation, however, was unrelated to willingness to engage in collective

14. van Zomeren M, Postmes T, Spears R: On conviction's collective consequences: integrating moral conviction with the social identity model of collective action. *Br J Soc Psychol* 2012, 51:52-71.

Two studies found that moral conviction about various causes (e.g., tuition increases) predicted both intended and actual willingness to engage in cause-related collective action, an association that was mediated through politicized identification, group-based anger, and perceived group efficacy.

van Zomeren M, Postmes T, Spears R, Bettache K: Can moral convictions motivate the advantaged to challenge social inequality? Extending the social identity model of collective action. *Group Process Interg* 2011, 14:735-753.

Two studies found that advantaged group members' strength of moral

conviction about societal disadvantage predicted willingness to engage in collective action to support social equality, an association that was mediated by higher levels of group-based anger, perceived efficacy, and identification with the disadvantaged.

16. Effron DA, Miller DT: How the moralization of issues grants social legitimacy to act on one's attitudes. Pers Soc Psychol B 2012, 38:690-701.

Moral conviction provided greater perceived psychological standing to advocate and act on behalf of those convictions, even in the absence of any material stake in an issue (Studies 1 and 2), and crime victims were perceived as more entitled to special redress when the crime violated their moral values (Studies 3 and 4).

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 Ryan TJ: Reconsidering moral issues in politics. J Polit 2014, 76:380-397.

Moral conviction associated with both economic (e.g., social security) and social (e.g., same-sex marriage) issues were strongest among party extremists (but equally strong for Republicans and Democrats), and predicted increased punitive feelings toward issue opponents and engagement in politics, effects that did not reduce to religiosity. Individual differences in moral conviction — not so much whether an issue is normatively moral — predicted relevant political variables.

 Skitka LJ, Liu JH, Yang Y, Chen H, Liu L, Xu L: Exploring the cross-cultural generalizability and scope of morally motivated intolerance. Soc Psychol Pers Sci 2013, 4:324-331.

Moral conviction predicted social intolerance of attitude dissimilarity in both mainland Chinese and American samples (i.e., they did not want someone with a different attitude as a friend, or to move into their neighborhood) but only predicted political intolerance in the Chinese sample (i.e., willingness to restrict political freedoms).

 Wright JC, Cullum J, Schwab N: The cognitive and affective dimensions of moral conviction: implications for attitudinal and behavioral measures of interpersonal tolerance. Pers Soc Psychol B 2008, 34:1461-1476.

Identifying an attitude as moral (as compared to being non-moral) was associated with greater intolerance of, less sharing with, and greater physical distancing from people who do not share that attitude, effects that were respectively stronger when participants also reported that moral attitudes were high rather than low in emotional intensity.

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- Bauman CW, Skitka LJ: Moral disagreement and procedural justice: moral mandates as constraints to voice effects. Aust J Psychol 2009, 61:40-49.

People high in moral conviction, compared to low, were more likely to base their fairness judgments on whether a process yielded the 'right' outcome, than whether the process that yielded it was fair or unfair. Moral conviction represents a boundary condition on the usual effects of procedural justice.

 Skitka LJ: Do the means always justify the ends or do the ends sometimes justify the means? A value protection model of justice reasoning. Pers Soc Psychol B 2002, 28:588-597.
 Strength of moral mandate, and not pre-threat judgments of procedural

Strength of moral mandate, and not pre-threat judgments of procedural fairness of the Supreme Court or a state referendum, predicted perceived procedural fairness, outcome fairness, decision acceptance, and other indices of moral outrage when either the Supreme Court or a state referendum posed a possible threat to perceivers' moral mandates.

 Skitka LJ, Mullen E: Understanding judgments of fairness in a real-world political context: a test of the value protection model of justice reasoning. Pers Soc Psychol B 2002, 28:1419-1429.

People's strength of moral convictions about how a controversial child custody and immigration case should be resolved predicted people's willingness to accept the decision as final and whether the procedure and outcome were fair once it was made. Pre-outcome perceptions of procedural fairness, however, was unrelated to decision acceptance and perceived outcome fairness.

24. Skitka LJ, Bauman CW, Lytle BL: The limits of legitimacy: moral and religious convictions as constraints on deference to authority. *J Pers Soc Psychol* 2009, 97:567-578.

This study tested compliance with and reactions to a U.S. Supreme Court decision about physician-assisted suicide (PAS). The fairness of the Court's decision, its legitimacy, and decision acceptance was enhanced or eroded as a function of whether the Court's decision was consistent or inconsistent with perceivers' morally held policy preferences (controlling for religiosity). Religiosity independently predicted outcome fairness, but did not predict changes in the perceived legitimacy of the Court or decision acceptance from pre-to-post ruling.

Wisneski DC, Lytle BL, Skitka LJ: Gut reactions: moral conviction, religiosity, and trust in authority. *Psychol Sci* 2009, 20:1050-1063

A study with a nationally representative sample found that stronger moral convictions about physician-assisted suicide were associated with greater distrust of the Supreme Court to decide this issue, whereas religiosity was associated with equally strong trust in the Supreme Court to do so. Moreover, as moral conviction and religiosity increased, so too did the speed with which participants reported their respective distrust or trust of the Court.

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People's behavioral intentions conform more to majority opinion in their private behavior when their attitudes are low rather than high in moral conviction. In contrast, people's behavioral intentions non-conform privately and counter-conform publicly to group norms when their attitudes are high (but not low) in moral conviction.

 Hornsey MJ, Smith JR, Begg DI: Effects of norms among those with moral conviction: counter-conformity emerges on intentions but not behaviors. Social Influence 2007, 2:244-268.

People were more likely to intend and to actually 'speak out' in the name of their beliefs when they were high rather than low in moral conviction. The effect of moral conviction was even stronger on people's behavioral intentions (but not their behavior) when participants were in the opinion minority, rather than majority.

 Aramovich NP, Lytle BL, Skitka LJ: Opposing torture: moral conviction and resistance to majority influence. Social Influence 2012, 7:21-34.

In an Asch-like paradigm, people whose opposition to the use of torture in interrogations was high in moral conviction resisted majority influence more than those whose opposition was low in moral conviction. Resistance to conformity persisted even when group members were no longer present. This study solidified moral convictions as resistant to social influence.

- 31. Ryan TJ: No compromise: political consequences of moralized attitudes. Paper presented at the Annual Meeting of the American Political Science Association; Chicago, IL: 2013. Available at SSRN: http://ssrn.com/abstract=2303272.
- Skitka LJ, Houston DA: When due process is of no consequence: moral mandates and presumed defendant guilt or innocence. Soc Justice Res 2001, 14:305-326.

People have a moral conviction that the guilty must be punished, and the innocent go free. Moreover, a guilty defendant's death was perceived as equally fair, and an innocent defendant's death equally unfair, regardless of how it occurred — as a consequence of due process of law, or an act of vigilantism. How the death occurred only mattered when people did not have moral clarity (i.e., defendant guilt was ambiguous).

Reifen Tagar M, Morgan GS, Halperin E, Skitka LJ: When ideology matters: moral conviction and the association between ideology and policy preferences in the Israeli-Palestinian conflict. Eur J Soc Psychol 2013, 44:117-125.
 A survey of Jewish-Israelis after the Gaza War in late 2009 and early

A survey of Jewish-Israelis after the Gaza War in late 2009 and early 2010 found that the political left and right had polarized reactions (e.g., acceptance of 'collateral damage,' support for retribution, and/or compromise) only when their positions were high, and not low in moral conviction, results that were partially mediated by the presence or absence of guilt about harm to Palestinians.

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In one study examining the psychological realism of trolley problems (sacrificial dilemmas designed to put different moral considerations in conflict), perceived realism of the scenario moderated the effect of moral conviction on preferred social distance from attitudinally dissimilar others. At high levels of perceived realism, moral conviction predicted greater social distance. However, at low levels of perceived realism (typical of most trolley problems), moral conviction was not related to social distance.

36. Liu BS, Ditto PH: What dilemma? Moral evaluation shapes factual belief. Soc Psychol Pers Sci 2013, 4:316-323.

People aligned their factual beliefs about the consequences of acts (e.g., capital punishment) with their perceptions of its immorality, especially when their feelings about the issue were high rather than low in moral conviction. Results replicated across both artificial and real-worlddilemmas.