

<i>JH Blank</i>		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
8:55	P1						
9:45							
9:45 9:50		Nutrition Break					
9:50	P2				#PLC Junior High		
10:44							
10:46	P3						
11:40							
11:40 12:23		Lunch					
12:28	P4						
1:22							
1:24	P5						
2:18							
2:20	P6						
03:17							

Timetable Summary

Minutes Per Day	316
Minutes Per 6 Days	1896

Minimum Subject Requirements

Grades 1-2 Subjects	%	Min. Per 6 Days
L.A.	30	566
Math	15	285
Science	10	190
S.S.	10	190
Fine Arts	10	190
P.E. / Health	10	190
Religion	10	190
Other	5	95
Total	100%	1896

Grades 3-6 Subjects	%	Min. Per 6 Days
L.A.	25	471
Math	15	285
Science	15	285
S.S.	10	190
Fine Arts	10	190
P.E. / Health	10	190
Religion	10	190
French 4/6	5	95
Total	100%	1896

Your Class Breakdown	Your Minutes Per 6 Days
L.A.	
Math	
Science	
S.S.	
Fine Arts	
P.E. / Health	
Religion	
Total	
TFFI:	

Elementary		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	
8:55	9:30	L.A	MATH	L.A	MATH	MUSIC	MATH	35 mins
9:30	10:00	L.A	MUSIC	RELIGION	RELIGION	RELIGION	SCIENCE	30 mins
10:00	10:30	MATH	SCIENCE	MATH	RELIGION	MATH	SCIENCE	30 mins
10:30	11:00	MATH	SCIENCE	MATH	SCIENCE	MATH	SOCIAL	30 mins
11:00	11:30	ART	RELIGION	F.ART	SCIENCE	RELIGION WELLNESS	RELIGION	30 mins
11:30	11:40	L.A	SCIENCE	P.E(11:12 - 1:22)	SCIENCE	L.A	SCIENCE	10 mins
Lunch (11:40 -12:20) (12:20-12:25 - return to class)								
12:25	1:05	SOCIAL STUDIES	F.ART	SOCIAL STUDIES	P.E(12:25- 1:05)	FRENCH	FRENCH	40 mins
1:05	1:45	SOCIAL STUDIES	F.ART	F.ART	P.E(12:25- 1:22)	SOCIAL	ART	40 mins
PM Recess (13:45 - 14:00)								15 mins
2:00	2:30	SCIENCE	L.A	FRENCH WELLNESS	L.A	L.A	L.A	30 mins
2:30	3:17	SCIENCE	L.A	L.A	L.A	L.A	L.A	47 mins

Timetable Summary

Minutes Per Day	316
Minutes Per 6 Days	1896

Minimum Subject Requirements

Grades 1-2 Subjects	%	Min. Per 6 Days
L.A.	30	566
Math	15	285
Science	10	190
S.S.	10	190
Fine Arts	10	190
P.E. / Health	10	190
Religion	10	190
Other	5	95
Total	100%	1896

Grades 3-6 Subjects	%	Min. Per 6 Days
L.A.	25	471
Math	15	285
Science	15	285
S.S.	10	190
Fine Arts	10	190
P.E. / Health	10	190
Religion	10	190
French 4/6	5	95
Total	100%	1896

Your Class Breakdown	Your Minutes Per 6 Days
L.A.	475
Math	285
Science	287
S.S.	190
Fine Arts	190
P.E. / Health	120
Religion	195
FSL/Music	160
Total	1902
TFFI:	

Main Gym		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6		
8:55	P1								
9:45									
9:50	P2	PE	Rec. Leadership	PE	#PLC	Rec. Leadership	PE	Elementary PE	
10:44		9C/9M	Main Gym	7Me/8G	Junior High	Main Gym	9C/9M	JH PE	
10:46	P3	PE	PE 5 10:44-11:12	PE 6 (10:44-11:12)	PE 5 10:44-11:12	PE	PE 6 (10:44-11:12)	Rec. Leadership	
11:40		7A/8Sen	PE 3 11:12-11:40	PE 4/5-4 (11:12-11:40)	PE 3 11:12-11:40	7Me/8G	PE 4/5-4 (11:12-11:40)		
11:40 12:23		Lunch							
12:28	P4		PE	PE 2 12:25-12:53	PE 6 12:25-12:53	PE 5 12:25-12:53	PE 2 12:25-12:53		
1:22			7Ma/8Si	PE 3S 12:53-1:22	PE 4/5-4 12:53-1:22	PE 3 12:53-1:22	PE 3S 12:53-1:22		
1:24	P5	PE	PE	PE	PE	PE	PE		
2:18		7Me/8G	9B/8A	9C/9M	7Ma/8Sim	7A/8Sen	9B/8A		
2:20	P6	PE	PE		PE 2 2:18-2:42		PE		
03:17		9B/8A	7A/8Sen		PE 3S 2:42-3:17		7Ma/8Sim		

Aux Gym		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	
8:55	P1						PE 1W (8:55-9:22)	Mills
9:45							PE 1P (9:22-9:50)	
9:50	P2	Kinder 10-10:30	Hymn Sing		Kinder 10-10:31	Hymn Sing	Dance 7	Medeiros
10:44			Div 1			Div 2		Benneweis
10:46	P3							Bettenson
11:40		PE 1W 11:12-11:40	PE 1P 11:12-11:39	PE 1H 11:10-11:40	PE 1P 11:12-11:39	PE 1H 11:10-11:40		
11:40 12:23		Lunch						
12:28	P4	Dance 9	PE 1W 12:25 - 12:55	Dance 8	Dance 8			
1:22			PE 1H 12:55 - 1:24					
1:24	P5			Dance 7				
2:18					Kinder 1:45-2:15		Kinder 1:45-2:15	
2:20	P6					Dance 9		
03:17								

Cfyttracek		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	
8:55	P1	Religion/Health	Religion/Health	Religion/Health	Religion/Health	Religion/Health	Religion/Health	Alone
9:45								Mills
9:50	P2	PE	Rec. Leadership	PE	#PLC	Rec. Leadership	PE	Matthys
10:44		9C/9M	Main Gym	7Me/8G	Junior High	Main Gym	9C/9M	Chan
10:46	P3	PE	PE 5 10:44-11:12	PE 6 10:44-11:12	PE 5 10:44-11:12	PE	PE 6 10:44-11:12	Bahl
11:40		7A/8Sen	PE 3 11:12-11:40	PE 4/5-4 11:12-11:40	PE 3 11:12-11:40	7Me/8G	PE 4/5-4 11:12-11:40	Desrochers
11:40 12:23		Lunch						
12:28	P4		PE	PE 2 12:25-12:53	PE 6 12:25-12:53	PE 5 12:25-12:53	PE 2 12:25-12:53	
1:22			7Ma/8Si	PE 3S 12:53-1:22	PE 4/5-4 12:53-1:22	PE 3 12:53-1:22	PE 3S 12:53-1:22	
1:24	P5	PE	PE	PE	PE	PE	PE	
2:18		7Me/8G	9B/8A	9C/9M	7Ma/8Sim	7A/8Sen	9B/8A	
2:20	P6	PE	PE		PE 2 2:18-2:42		PE	
03:17		9B/8A	7A/8Sen		PE 3S 2:42-3:17		7Ma/8Sim	

Mills		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
8:55	P1	fs	fs	fs	fs	fs	PE 1W (8:55-9:22)
9:45							PE 1P (9:22-9:50)
9:50	P2	fs	fs	fs	fs	fs	LOC
10:44							
10:46	P3						LOC
11:40		PE 1W 11:12-11:40	PE 1P 11:12-11:39	PE 1H 11:10-11:40	PE 1P 11:12-11:39	PE 1H 11:10-11:40	
11:40 12:23		Lunch					
12:28	P4		PE 1W 12:25 - 12:55	PE 2 12:25-12:53		LOC	PE 2 12:25-12:53
1:22			PE 1H 12:55 - 1:24				
1:24	P5	LOC	LOC	LOC	LOC	LOC	LOC
2:18							
2:20	P6	LOC	LOC	LOC	LOC		LoC
03:17							

CHAN		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6		
8:55	9:30	Grade 2B	Grade 4	Grade 3P		Grade 5/4		35 mins	
9:30	10:00	Grade 2D	Grade 5/4	Grade 3A	Grade 1H (9:15-9:45)	Grade 2D	Kinder	30 mins	
10:00	10:30	Grade 3A		Kinder	PLC 9:50-10:44)	Grade 2B	Grade 1H	30 mins	
10:30	11:00	Grade 3P	Band 6S (10:46-11:40)	MATH 8 10:46-11:40		Grade 3S		30 mins	
11:00	11:30	Grade 3S			MATH 8 10:46-11:40	Grade 4	MATH 8 10:46-11:40	30 mins	
11:30	11:40							10 mins	
Lunch (11:40 -12:20) (12:20-12:25 - return to class)									
12:25	1:05	MATH 8 12:28-1:22	Band 6L (12:25-1:22)	Grade 1P	PE 6 12:25-12:53	Grade 1P	Band 6S	40 mins	
1:05	1:45			Grade 1W	PE 4/5-4 12:53-1:22	Grade 1W	Band 6L	40 mins	
1:45	2:15	Kinder			JH PE (7Ma/8Sim)	Kinder		30 mins	
2:15	2:45	Band 6 (2:15-3:17)	MATH 8 2:20-3:17	Grade 5M (2:18-2:47)	PE 2 2:18-2:42	MATH 8 2:20-3:17	Grade 5M (2:00-2:39)	30 mins	
2:45	3:17	(Sectional)		Grade 5N (2:47-3:17)			Grade 5N (2:39-3:17)	32 mins	

1st Floor

Music room unavaialble

With Chy all pm

Copy of LOC Schedules 2022-2023

Music Room		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
8:55	P1 (50 mins)	Elementary		Elementary		Elementary	
9:45							
9:50	P2 (55 mins)				Elementary		
10:44		Elementary					
10:46	P3 (55 mins)						
11:40							
11:40 12:23							
12:28	P4 (55 mins)	Band 9	Elementary	Band 8	Band 8		Elementary
1:22							
1:24	P5 (55 mins)	Elementary 1:45-3:17	Band 7				
2:18							
2:20	P6 (55 mins)		Elementary			Band 9	
03:17							

Κ	2022-2023	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
1	08:55						
	09:30						
2	09:30						Music
	10:00						
3	10:00	PE		Music	PE		
	10:30						
4	10:30						
	11:00						
5	11:00						
	11:36						
		Lunch					
1	12:31						
	01:15						
2	01:15						
	01:45						
3	01:45	Music			PE	Music	PE
	02:15						
4	02:15						
	02:45						
5	02:45						
	03:17						

PE in Aux Gym

You teach your PE

Copy of LOC Schedules 2022-2023

1 Pass		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	
8:55	9:30							35 mins
9:30	10:00						PE 1P (9:22-9:50)	30 mins
10:00	10:30							30 mins
10:30	11:00							30 mins
11:00	11:30							30 mins
11:30	11:40		PE 1P 11:12-11:38		PE 1P 11:12-11:39			10 mins
Lunch (11:40 -12:20) (12:20-12:25 - return to class)								40 mins
12:25	1:05			Music		Music		40 mins
1:05	1:45							40 mins
PM Recess (13:45 - 14:00)								15 mins
2:00	2:30							30 mins
2:30	3:17							47 mins

Copy of LOC Schedules 2022-2023

1 ^W		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	
8:55	9:30						PE 1W (8:55-9:22)	35 mins
9:30	10:00							30 mins
10:00	10:30							30 mins
10:30	11:00							30 mins
11:00	11:30	PE 1W 11:12-11:40						30 mins
11:30	11:40							10 mins
Lunch (11:40 -12:20) (12:20-12:25 - return to class)								40 mins
12:25	1:05		PE 1W 12:25 - 12:55					40 mins
1:05	1:45			Music		Music		40 mins
PM Recess (13:45 - 14:00)								15 mins
2:00	2:30							30 mins
2:30	3:17							47 mins

Copy of LOC Schedules 2022-2023

<i>1st</i>		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	
8:55	9:30							35 mins
9:30	10:00				Music (9:15-9:45)			30 mins
10:00	10:30						Music	30 mins
10:30	11:00							30 mins
11:00	11:30							30 mins
11:30	11:40			PE 1H 11:10-11:40		PE 1H 11:10-11:41		10 mins
Lunch (11:40 -12:20) (12:20-12:25 - return to class)								40 mins
12:25	1:05							40 mins
1:05	1:45		PE 1H 12:55 - 1:25					40 mins
PM Recess (13:45 - 14:00)								15 mins
2:00	2:30							30 mins
2:30	3:17							47 mins

PE Main Gym

2A		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	
8:55	9:30	Music						35 mins
9:30	10:00							30 mins
10:00	10:30					Music		30 mins
10:30	11:00							30 mins
11:00	11:30							30 mins
11:30	11:40							10 mins
Lunch (11:40 -12:20) (12:20-12:25 - return to class)								40 mins
12:25	1:05			PE 2 12:25-12:53			PE 2 12:25-12:53	40 mins
1:05	1:45							40 mins
PM Recess (13:45 - 14:00)								15 mins
2:00	2:30				PE 2 2:18-2:42			30 mins
2:30	3:17							47 mins

PE Main Gym

2D		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	
8:55	9:30							35 mins
9:30	10:00	Music				Music		30 mins
10:00	10:30							30 mins
10:30	11:00							30 mins
11:00	11:30							30 mins
11:30	11:40							10 mins
Lunch (11:40 -12:20) (12:20-12:25 - return to class)								40 mins
12:25	1:05			PE 2 12:25-12:53			PE 2 12:25-12:53	40 mins
1:05	1:45							40 mins
PM Recess (13:45 - 14:00)								15 mins
2:00	2:30				PE 2 2:18-2:42			30 mins
2:30	3:17							47 mins

3A		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	
8:55	9:30							35 mins
9:30	10:00			Music				30 mins
10:00	10:30	Music						30 mins
10:30	11:00							30 mins
11:00	11:30							30 mins
11:30	11:40		PE 3 11:12-11:40		PE 3 11:12-11:40			10 mins
Lunch (11:40 -12:20) (12:20-12:25 - return to class)								40 mins
12:25	1:05							40 mins
1:05	1:45					PE 3 12:53-1:22		40 mins
PM Recess (13:45 - 14:00)								15 mins
2:00	2:30							30 mins
2:30	3:17							47 mins

PE Main Gym

Copy of LOC Schedules 2022-2023

3P		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	
8:55	9:30			Music				35 mins
9:30	10:00							30 mins
10:00	10:30							30 mins
10:30	11:00							30 mins
11:00	11:30	Music						30 mins
11:30	11:40		PE 3 11:12-11:40		PE 3 11:12-11:40			10 mins
Lunch (11:40 -12:20) (12:20-12:25 - return to class)								40 mins
12:25	1:05							40 mins
1:05	1:45					PE 3 12:53-1:22		40 mins
PM Recess (13:45 - 14:00)								15 mins
2:00	2:30							30 mins
2:30	3:17							47 mins

PE Main Gym

Copy of LOC Schedules 2022-2023

3S		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	
8:55	9:30							35 mins
9:30	10:00							30 mins
10:00	10:30							30 mins
10:30	11:00					Music		30 mins
11:00	11:30							30 mins
11:30	11:40	Music						10 mins
Lunch (11:40 -12:20) (12:20-12:25 - return to class)								40 mins
12:25	1:05							40 mins
1:05	1:45			PE 3S 12:53-1:22			PE 3S 12:53-1:22	40 mins
PM Recess (13:45 - 14:00)								15 mins
2:00	2:30							30 mins
2:30	3:17				PE 3S 2:42-3:17			47 mins

PE Main Gym

4L		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6		
8:55	9:30		Music					35 mins	
9:30	10:00							30 mins	
10:00	10:30							30 mins	
10:30	11:00							30 mins	
11:00	11:30					Music		30 mins	
11:30	11:40			PE (11:12-11:40)			PE (11:12-11:40)	10 mins	
Lunch (11:40 -12:20) (12:20-12:25 - return to class)									40 mins
12:25	1:05							40 mins	
1:05	1:45				PE (12:53-1:22)			40 mins	
				PM Recess (13:45 - 14:00)					15 mins
2:00	2:30							30 mins	
2:30	3:17							47 mins	

PE Main Gym

5/4		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	
8:55	9:30					Music		35 mins
9:30	10:00		Music					30 mins
10:00	10:30							30 mins
10:30	11:00							30 mins
11:00	11:30							30 mins
11:30	11:40			PE (11:12-11:40)			PE (11:12-11:40)	10 mins
Lunch (11:40 -12:20) (12:20-12:25 - return to class)								40 mins
12:25	1:05							40 mins
1:05	1:45				PE (12:53-1:22)			40 mins
PM Recess (13:45 - 14:00)								15 mins
2:00	2:30							30 mins
2:30	3:17							47 mins

PE Main Gym

Copy of LOC Schedules 2022-2023

5M		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	
8:55	9:30							35 mins
9:30	10:00							30 mins
10:00	10:30							30 mins
10:30	11:00							30 mins
11:00	11:30		PE 5 10:44-11:12		PE 5 10:44-11:12			30 mins
11:30	11:40							10 mins
Lunch (11:40 -12:20) (12:20-12:25 - return to class)								40 mins
12:25	1:05					PE 5 12:25-12:53		40 mins
1:05	1:45							40 mins
PM Recess (13:45 - 14:00)								15 mins
2:00	2:30			Music (2:18-2:47)			Music (2:00-2:39)	30 mins
2:30	3:17							47 mins

PE Main Gym

5		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	
8:55	9:30							35 mins
9:30	10:00							30 mins
10:00	10:30							30 mins
10:30	11:00							30 mins
11:00	11:30		PE 5 10:44-11:12		PE 5 10:44-11:12			30 mins
11:30	11:40							10 mins
Lunch (11:40 -12:20) (12:20-12:25 - return to class)								40 mins
12:25	1:05					PE 5 12:25-12:53		40 mins
1:05	1:45							40 mins
PM Recess (13:45 - 14:00)								15 mins
2:00	2:30							30 mins
2:30	3:17			Music (2:47-3:17)			Music (2:39-3:17)	47 mins

PE Main Gym

Copy of LOC Schedules 2022-2023

6 ^L		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	
8:55	9:30							35 mins
9:30	10:00							30 mins
10:00	10:30							30 mins
10:30	11:00							30 mins
11:00	11:30			PE 6 10:44-11:12			PE 6 10:44-11:12	30 mins
11:30	11:40							10 mins
Lunch (11:40 -12:20) (12:20-12:25 - return to class)								40 mins
12:25	1:05		Band (12:25-1:22)		PE 6 12:25-12:53			40 mins
1:05	1:45						Band (1:05-1:45)	40 mins
PM Recess (13:45 - 14:00)								15 mins
2:00	2:30							30 mins
2:30	3:17							47 mins

PE Main Gym

Music - Sectional on Day 1 after pm recess

Copy of LOC Schedules 2022-2023

6 ⁵		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	
8:55	9:30							35 mins
9:30	10:00							30 mins
10:00	10:30							30 mins
10:30	11:00							30 mins
11:00	11:30			PE 6 10:44-11:12			PE 6 10:44-11:12	30 mins
11:30	11:40		Band (10:46-11:40)					10 mins
Lunch (11:40 -12:20) (12:20-12:25 - return to class)								40 mins
12:25	1:05				PE 6 12:25-12:53		Band (12:25- 1:05)	40 mins
1:05	1:45							40 mins
PM Recess (13:45 - 14:00)								15 mins
2:00	2:30							30 mins
2:30	3:17							47 mins

PE Main Gym

Music - Sectional on Day 1 after pm recess