

Sunrise Health Medical Center

Patient Information:

- **Full Name:** Isabella Patel
- **Date of Birth:** July 26, 1975
- **Gender:** Female
- **Address:** 91011 Valley Lane, Lake City, IA, 56789
- **Contact Information:** (555) 123-4567

Medical History:

- **Known Allergies:** Iodine
- **Past Medical History:**
 - Hypothyroidism
- **Family History of Diseases:**
 - Diabetes (Mother)

Current Medical Assessment:

- **Reason for Visit:** Follow-up for hypothyroidism management.
- **Symptoms Presented:** Feeling more tired than usual.
- **Vital Signs:**
 - Blood Pressure: 130/80 mmHg
 - Pulse: 72 beats per minute
 - Temperature: 36.8°C (98.2°F)

Examination Findings:

- **Physical Examination Results:** Mild weight gain noted since last visit.

Diagnostic Results:

- **Laboratory Tests:**
 - Thyroid Function Tests: Elevated TSH, low T3 and T4

Diagnosis:

- **Primary Diagnosis:** Hypothyroidism, requires adjustment in management

Treatment Plan:

- **Medications Prescribed:**

- Adjustment of levothyroxine dosage
- **Referrals to Specialists:** Endocrinologist review recommended
- **Physiotherapy or Other Rehabilitative Services:** None

Prognosis:

- **Expected Outcome of the Treatment:** Improvement in symptoms with adjusted medication.

Follow-Up:

- **Schedule for Follow-Up Visits:**
 - Blood work in 6 weeks to reassess thyroid function
 - Endocrinology follow-up in 3 months

Doctor's and Healthcare Provider's Information:

- **Name:** Dr. Emily Stanton
- **Qualifications:** MD, Endocrinology
- **Contact Details:** estanton@sunrisehealth.com