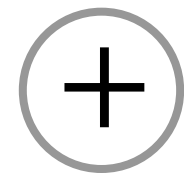


UNSPOKEN

A safe place that welcomes sharing of
experiences of difficulty and of healing.

enter

50% of college students
struggle with mental health.



share



view

Share your story.

first name

last name

year in school

major

filter >

title

story

trigger warnings ⓘ

submit

maybe later

Share your story.

first name

last name

year in school

major

filter ▾

experience

healing/recovery

anxiety disorder

mood disorder

schizophrenia/psychotic disorder

eating disorder

title

story

trigger warnings ⓘ

submit

maybe later

You are not alone.

filter >



filter >



Title

by Anonymous, 2nd year, Psychology major

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About

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Resources

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General

UCD Health & Counseling Services

website
phone
location
details

Anxiety

UCD Health & Counseling Services

website
phone
location
details

Mood

UCD Health & Counseling Services

website
phone
location
details

Schizophrenia/Psychotic

UCD Health & Counseling Services

website
phone
location
details

Eating

UCD Health & Counseling Services

website
phone
location
details