Title

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Abstract

This is the abstract text that introduces your paper. It should not be indented. But should be 12 point font and double spaced.

# Header 1

## Header 2

### Header 3

#### Header 4

##### Header 5

This document is a .docx template for journal submissions for journals that only accept word docs. Here you can change the formatting of certain elements such as footnotes.[[1]](#footnote-1)

Here is some fixed width text.

This is an R Markdown document. Markdown is a simple formatting syntax for authoring HTML, PDF, and MS Word documents. For more details on using R Markdown see <http://rmarkdown.rstudio.com>.

When you click the **Knit** button a document will be generated that includes both content as well as the output of any embedded R code chunks within the document. You can embed an R code chunk like this:

summary(cars)

## speed dist   
## Min. : 4.0 Min. : 2.00   
## 1st Qu.:12.0 1st Qu.: 26.00   
## Median :15.0 Median : 36.00   
## Mean :15.4 Mean : 42.98   
## 3rd Qu.:19.0 3rd Qu.: 56.00   
## Max. :25.0 Max. :120.00

## Including Plots

You can also embed plots, for example:



Note that the echo = FALSE parameter was added to the code chunk to prevent printing of the R code that generated the plot.

1. Journals that only accept word documents are real dopes. [↑](#footnote-ref-1)