

PRODUCT	QUANTITY	DOSAGE	TIMING OF DOSE	APPLICATION	INDICATION
2-Methoxyestradiol					
Capsules	3mL	100mcg daily	Before bed	Suppository	Cancer
3-Desoxy DHEA					
Capsules	100mg (30 capsules)	1 capsule daily	Patient preference	Oral	Aromatase inhibitor
5-amino-1MQ					
Injection	10ml at 300mg/ml	150mcg (.5ml) daily for 20 days	30 minutes after oral administration of NAD+ precursor	Subcutaneous injection	Weight Loss and Performance
Amlexanox					
Capsules	40mg (90 capsules)	1 capsule TID	Patient preference	Oral	Insulin sensitivity, weight loss
Ammonium Tetrathiomolybdate					
Capsules	40mg (90 capsules)	1 capsule TID	Patient preference	Oral	Cancer
Aniracetam					
Capsules	375mg (60 capsules)	2 capsules daily	Patient preference	Oral	AMPA receptor modulator (Neurogenic)
AOD-9604					
Cream	30mL at 600mcg/mL	4 clicks (1mL) daily	Patient preference	Rubbed between inner forearms	Repair
Injection	5mL at 1200mcg/mL	0.25mL daily	Patient preference	Subcutaneous Injection	Repair
Injection with HA	AOD 1000mcg/mL + HA10mg/mL	0.5mL-0.75mL weekly for 4 weeks	Done by physician	Intra-articular	Repair hyaline cartilage
Argireline/Leuphasyl					
Cream	0.5%/0.5% cream in 30ml TopiClick	1ml applied daily	Patient preference	Topical	Reduce wrinkle depth and fine lines
Argireline/GHK-Cu/Leuphasyl					

Cream	0.5%/0.2%/0.5% cream in 30ml TopiClick	1ml applied daily	Patient preference	Topical	Reduce wrinkle depth and fine lines
BPC-157					
Injection	3mL at 2000mcg/mL	0.15mL daily	Patient preference	Subcutaneous injection into site of injury	Repair tendon + ligaments
Injection	5mL at 2000mcg/mL	0.15mL daily	Patient preference	Subcutaneous injection into site of injury	Repair tendon + ligaments
Capsules	500mcg (30 capsules)	1 capsule daily	Patient preference	Oral	Repair bowel/gut
Cerebrolysin					
Injection	4x10 mL at 215mg/mL	1mL daily	Patient preference	Subcutaneous injection	Neurogenic
CJC 1295					
Injection	2mL at 2000mcg/mL	0.10mL 5 nights a week	Nightly, on an empty stomach before bed	Subcutaneous injection	GHRH
Injection	5mL at 2000mcg/mL	0.10mL 5 nights a week	Nightly, on an empty stomach before bed	Subcutaneous injection	GHRH
CJC 1295/lpamorelin					
Injection	2mL (or 5ml) at 1000mcg/1000mcg/mL	0.10mL 5 nights a week	Nightly, on an empty stomach before bed	Subcutaneous injection	GHRH, weight loss
Injection	2mL (or 5ml) at 2000mcg/1000mcg/mL	0.10mL 5 nights a week	Nightly, on an empty stomach before bed	Subcutaneous injection	GHRH, weight loss
Injection	2mL (or 5ml) at 2000mcg/2000mcg/mL	0.10mL 5 nights a week	Nightly, on an empty stomach before bed	Subcutaneous injection	GHRH, weight loss
DHH-B					
Capsules	30 7.5mg capsules	Take 1-2 capsules as needed	Patient Preference	Oral	Anti-Anxiety
DIHEXA					
Capsules	5mg (30	1-2 capsules	Patient	Oral	Neurological

	capsules)	daily	preference		function/repair
Cream	30mL at 20mg/mL	4 clicks (1mL) daily	Patient preference	Transdermal	Neurological function/repair
DSIP					
Injection	3mL at 1000mcg/mL	0.1mL daily, 2-3 times a week	Patient preference	Subcutaneous injection	Endocrine regulation, sleep
Enclomiphene					
Capsules	25mg (30 capsules)	1 capsule daily	Patient preference	Oral	Aromatase inhibitor (Reproductive system)
Epicatechin					
Injection	100mg/ml	100mg (1ml) daily	Patient preference	Subcutaneous injection into the abdomen	Sarcopenia, Muscle gain
Epitalon					
Injection	5mL at 3000mcg/mL	0.1mL daily	In the morning	Subcutaneous injection into the abdomen	Hormone regulation, telomere extension
Fat Loss Cream (Aminophylline/Glycrrhetic Acid)					
Cream	60mL at 0.5% aminophylline/ glycrrhetic acid 2.5%	2 pumps (1mL) twice daily	Patient preference	Transdermal	Fat reduction
FGL(I)					
Injection	5mL at 10mg/mL	0.25mL daily	Patient preference	Subcutaneous injection into the abdomen	Neurogenic/ neurorestorative
FOXO4-DRI					
Injection	10ml vial at 10mg/ml	300mcg/kg	3 doses every other day over 5 days	Intravenous	Clear senescent cells
GHK-Cu					
Injection	5mL at 10mg/mL	0.2mL daily	Patient preference	Subcutaneous injection	Skin elasticity
Foam	50mL at 5mg/mL	2 pumps (1mL) daily	Patient preference	Foam (for scalp application)	Hair loss

IGF-1						
Injection	Two 6.2mL vials at 620mcg/mL	0.4mL-0.8ml daily	Patient preference	Subcutaneous injection into the abdomen	Muscle building, weight loss	
IGF-1 LR3						
Injection	6.2mL at 100mcg/mL	0.4-0.8mL daily	Post workout if applicable	Subcutaneous injection into the abdomen	Weight loss, muscle building, autocrine + paracrine hormone signaling	
Ipamorelin						
Injection	5mL at 2000mcg/mL	0.1mL daily, 5 days a week	Patient preference	Subcutaneous injection	GHRH, weight loss	
iRGD						
Injection	10mL at 2.5mg/mL	40mcg/kg daily	Dose alongside concurrent therapy	Subcutaneous injection	Cancer	
Kisspeptin-10						
Injection	5mL at 100mcg/mL	0.1mL daily	Patient preference	Subcutaneous injection into abdomen	LH increase	
KPV						
Topical	30ml TopiClick at 15mg/ml	0.5ml applied twice daily	Patient preference	Transdermal Cream	Psoriasis	
Liraglutide						
Injection	5mL at 3600mcg/mL	Varies	Varies	Subcutaneous injection	Insulin resistance, weight loss	
LL-37						
Injection	5mL at 2000mcg/mL	Varies with indication and patient	Physician preference	Subcutaneous injection	Antimicrobial	
Melanotan I						
Injection	5mL at 2000mcg/mL	0.15mL daily with UVB light exposure	Patient preference	Subcutaneous injection into the abdomen	Vitiligo	
Melanotan II						
Injection	5mL at 2000mcg/mL	0.15mL daily for 1-2 weeks	Patient preference	Subcutaneous injection into	Libido, tanning, weight loss	

		then 0.25mL weekly for maintenance		the abdomen	
Met-Enkephalin					
Injection	10mg Lyophilized vial	10mg IV once weekly	N/A	Intravenous	Cancer
MK-677					
Capsules	25 mg (30 capsules)	1 capsule daily	Patient preference on empty stomach	Oral	Growth hormone IGF-1 increase
MOTS-c					
Injection	4mL at 10mg/mL	1mL once weekly	Patient preference	Subcutaneous injection into the abdomen	Energy, weight loss
Myristyl					
Injection	5ml vial at 6mg/ml	100mcg/kg once weekly intravenously	N/A	Intravenous	Cholesterol Reduction
NMN					
Injection	10ml vial at 200mg/ml	200mg (1ml) BID subcutaneous -ly	Patient preference	Oral	Anti-aging/ Weight loss
Capsule	30 capsules at 500mg	1 capsule daily	Patient preference	Oral	Anti-aging/ Weight loss
PEG-MGF					
Injection	5mL at 2000mcg/mL	0.1mL daily, 5 days a week	Patient preference	Subcutaneous injection into the abdomen	Building muscle
Pentosan Polysulfate (PPS)					
Injection	10mL at 250mg/mL	250mg	N/A	Intramuscular	Osteoarthritis
PNC-27					
Injection	5mL at 1000mcg/mL	2.5mg-5mg daily	Patient preference	Subcutaneous injection	Cancer
PT-141 (Bremelanotide)					
Injection	2mL at 10mg/mL	0.2mL (female) as needed	1-5 hours before sexual activity (first	Subcutaneous injection into abdomen	Erectile dysfunction, libido

			dose will establish timing)		
Injection	2mL at 10mg/mL	0.1mL (male) as needed	1-5 hours before sexual activity (first dose will establish timing)	Subcutaneous injection into abdomen	Erectile dysfunction, libido
PTD-DBM					
Cream	5mL at 0.5% spray	Spray a sufficient amount to cover area	Applied after microneedling	Transdermal	Hair loss
RG3					
Nasal	15mL	One spray into each nostril 2-4 times daily	Patient preference	Nasal	Neurogenic/neurorestorative
Nasal	30mL	One spray into each nostril 2-4 times daily	Patient preference	Nasal	Neurogenic/neurorestorative
RG3/Methylcobalamin/NAD+					
Nasal	15mL	One spray into each nostril 2-4 times daily	Patient preference	Nasal	Neurogenic/neurorestorative
Nasal	30mL	One spray into each nostril 2-4 times daily	Patient preference	Nasal	Neurogenic/neurorestorative
SARMS LGD-4033					
Capsules	0.5mg (30 capsules)	1 month on, 1 month off rotation	Patient preference	Oral	Muscle Building
Selank					
Injection	5mL at 1000mcg/1mL	0.1mL daily	Patient preference	Subcutaneous injection into the abdomen	Neurorestorative
Nasal	3mL at 7500mcg/mL	One spray into each nostril once daily	Patient preference	Nasal	Neurogenic
Semax					

Injection	5mL at 1000mcg/1mL	0.1mL daily	Patient preference	Subcutaneous injection into the abdomen	Neurorestorative
Nasal	3mL at 7500mcg/mL	One spray into each nostril once daily	Patient preference	Nasal	Neurogenic
Tesamorelin					
Injection	24 vials (lyophilized) at 1mg/vial	1 (1mg) vial 6 days a week	Before bed, 90 minutes after last food intake	Subcutaneous injection into the abdomen	Muscle building, weight loss
Tesofensine					
Capsules	500mcg (30 capsules)	1 capsule daily	In the morning	Patient preference	Weight loss
Thymosin Alpha-1					
Injection	5mL at 3000mcg/mL	0.15mL daily or 1.5mg twice a week	Patient preference	Subcutaneous injection into the abdomen	Immune modulation
Thymosin Beta-4					
Injection	5mL at 3000mcg/mL	0.25mL daily for 20 days	Patient preference	Subcutaneous injection into the abdomen	Repair soft tissue
TMB					
Capsules	40mg (30 capsules)	40mg twice daily	Patient preference	Oral	Cancer
TTA/Amlexanox					
Capsules	200mg/40mg (30 capsules)	1 capsule 3 times daily	Breakfast, lunch, dinner	Oral	Insulin resistance, weight loss
VIP					
Nasal	12mL at 50mcg/mL	One spray into each nostril up to 4 times daily	Patient preference	Nasal	Mold toxicity
Zinc Thymulin					
Foam	30mL at 50 mcg/mL	2 pumps (1mL) daily	Applied right before bed	Foam (for scalp application)	Hair loss