



# WEAR YOUR OWN CROWN

~ Morris The Connector

# Focus & Believing

## Become a **Champion** in Life

I now connect with people and by doing that, I show them how to connect to themselves. I believe that once you have connected to your inner self, then anything you want in life is possible. In other words, you just need to conceive, believe, then you will achieve. Fundamentally, it is all about you..... and only you. We are our worst enemies at times, because we are always fighting with inner selves. As the saying goes "if there is no enemy inside, then the people outside can do us no wrong".

Maybe you know a little about me already from the talks or seminars that I've delivered, but if not, let me tell you a little bit about myself.

For most of my life, I never knew myself. You might find that strange, but what I really mean is that I never knew what I wanted to do with my life. I lacked purpose. I lacked drive. I lacked ambition.

I was born and raised in London by my Mum with 5 other siblings. My Mum and Dad sadly split up when I was 7 years old. My Mum wasn't a good lady. Due to her illness, we



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never had much as a family. She couldn't work, so she wasn't able to buy us what most children had, but we had each other.

We just played together using things that we made from what we could find around the house. A brush became a rifle. My brother and I would use this to pretend we had guns, just like John Wayne in the western movies of the time.

I left school at 16 and, as many kids do, I started to hang about more with my friends than my family. My mum was always telling me to get a job and make something of myself, but I was actually enjoying not working. I loved the freedom that came with it. It was a whole new world for me.

As fun as it was, hanging with my mates didn't make me any money. I started to sell drugs and eventually got in all sorts of trouble. Looking back I can see I was in the wrong environment at the time, but when you're that age, it's not so easy.

Inevitably, I was soon getting in trouble with the police and, as you would expect, I ended up in prison. Another environment that was less than ideal. For the next twelve years or so, I was so lost.

I was so fed up and stressed out with everything. I had become a father which started to give me purpose. Sadly, my son passed away at just 18 months. All sorts of things were happening in my life. Too many to list here, but suffice to say I felt life was coming at me from all sides. I didn't know where to turn, where to go or who to be.

I decided that there was one thing I could actually control, and that was me, by changing my environment. I started to work and, little by little, I started to find out who I was. I would say Adversity introduces a man or woman to themselves it certainly did that for me

A steady upward progression started to take place. I started to feel good about what I was doing, about myself and those people I met along the way. It wasn't an accident. This does not mean things will change by magic or just because you want to. You have to have the right mindset which I started to have. It's about changing the bad habits that we pick up on our journey and turning them into positive ones.

Things were starting to go very well for me, but life had other plans.

In 2007, my beloved sister passed away. She was only 48 years old. In 2010, my Mum died at the age of 70 and my Dad followed her just a year later.

My Common Law wife and mother of my two amazing boys died in 2015. We had lived

together for 35 years at that point. If that wasn't bad enough, in 2018, another son passed away. His name was Ashley .

I think you'll agree, for anyone, that's a lot of death to deal with in a relatively short period of time, but life is a journey. We cannot stop what is going to happen in our lives, but we can change our reaction towards it. That's when I realized that it's all about the mindset. If you want to change your life, you have to change your mind.

We have to go through the pain in the gym to become a champion. It is the same thing with life.

I am a champion now because I know how to cope with the pain and use it to gain what I need in life.

### **WEAR YOUR OWN CROWN.**

Now I have found my gift and my purpose in life. I am happy every minute of the day like they say you become what you think about. I always think about how I can serve in a better way with the gift that I have been blessed with from God. I want to show everyone how I am able to make people change their habits which will change the way that they think about life. Everything that we need is within us,, your inner world controls your outer world .Its lack of direction not like of time that is the problem.

I followed my gut instinct and passion. Achieved so many things with my belief and focus and I continue to Evolve by doing things that people do not do in order to have what people do not have. I have a Focus and Believing Programme that will change the way people look at things in their life, sometimes we get stuck, and just need to speak to someone to open us up to new perspectives in our life and then make us more aware of things that are around us including opportunities, i looked at things in a different way many years ago. I now know that everything is possible, not impossible.

It hurts to grow. Your present circumstances don't determine where you can go, they merely determine where you start your life. He who says he can and he who says he can't are usually right.

Bruce Lee said, "Knowledge will give you power, but character will give you respect by knowing who you are". Do you know who you are? I want to help you to change your mindsets and start to think outside of the box and not follow the matrix which was created over the years.

**This is how people normally focus.**



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They are upset about something and they think about what happened over and over again, getting more and more emotionally upset. Thoughts and feelings are aligned. So, if you focus on something in the past or something in the present that is upsetting you, how do you conquer it?

By going to a place we've all been in our minds. Imagine if you were able to turn those thoughts around and think differently and because you think differently you feel differently. You have to build a callous, against the thoughts that have held you back. No matter what someone has said to you, or how many times, you have to build up a callous attitude. What is callous? Expressed here means an uncaring feeling about the situation that it doesn't affect you emotionally and so affects you mentally. You are somebody and you count! You are breathing just like the next person. When you were born you weren't born with a NOT GOOD ENOUGH sticker on your forehead or a negative label. People say things to hurt and they don't think about your feelings. Sometimes it's because they want to place what they think of themselves on you.

Don't do things to please other people, JUST DO YOU. Where do you want to be in life? Focus on what that would feel like? To have your first job. To be a good role model. Whatever it is, focus on it. **BELIEVE**

When my son died, I looked at my life and started to see myself in a different way. Why couldn't things be different or better? When you have focused on something you start to believe it because you feel a sense of wanting what you are focusing on. Bad thoughts will intervene and if you discuss it with family or friends, they may have something negative to say. Keep focussing and believing. Write down pointers in a notepad especially for what you are focussed on.

Things will always change. Nothing remains the same but right now, it's about you and only you. They say adversity introduces a man to himself and I know that to be true.

Fast forward to today and I am ready to show you what I'm made of and coach you on how to become anything that you want to be. We're all made of the same things, so let's see how much we can all achieve.

I believe that by focusing on what you want, instead of what you do not want, you can change your mindset and habits. You can cope with the fight that we all have in life. No pain no gain, right?

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I am now a successful businessman. I have been to 10 Downing Street, I built my own Chauffeur business from scratch and worked with some of the biggest celebrities in the world. Like Justin Bieber, Beyonce, Whitney Houston, and many more.

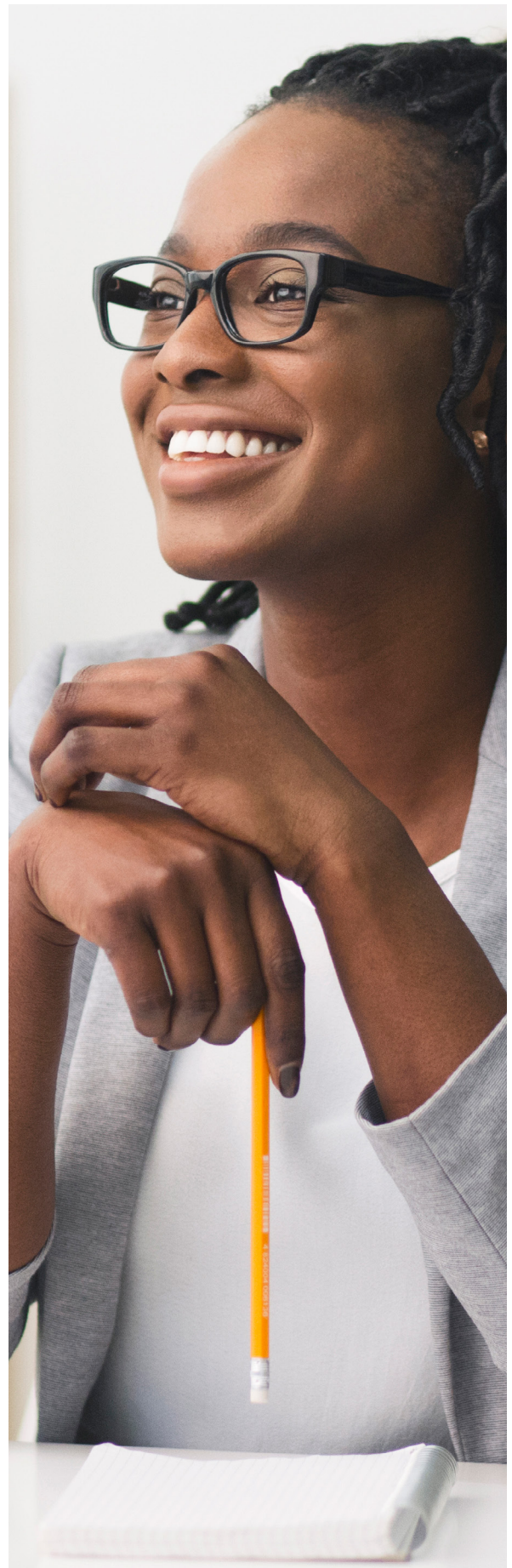
When I left school, my teacher said that I would become nothing in life. I wish he could see me now doing the things that I do. I take what I have learned and help others to achieve. I go to schools to tell my story and inspire young people. I go to prisons to help inmates reevaluate their lives, I speak at corporate events to motivate teams to be more and I can help you too.

Over the coming weeks, months and years, I want to continue my journey and I want you to be a part of it. There will be more blogs, more resources for you, more courses, more keynote speeches and more ways to connect with you and me.

If you want to find out more about how I changed my life around to become who I am now just, connect with me using the link below.

[Morristheconnector.com](http://Morristheconnector.com)

- Now to do the hard work. You make a plan and you stick to it. If
- you fall, you pick yourself up and carry on and don't wait until
- Monday comes around to do it. That moment, that time! Pick



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- yourself up. Command your mind. You are in control of your
  - thoughts. Don't let your thoughts control you.

We all need to find what we love and feel happy doing it. Then we will start to feel good within ourselves and eventually find our purpose along the way. Most people don't live their dreams because they give up. Life is a journey and the path is not always straight and easy to walk. We need to stay committed and discipline with ourselves and just do it, do it and keep doing it, because IT WILL HAPPEN.

Keep on keeping on. Everyone can reach their purpose but not every path is going to be the same. Two people can be doing the same thing but reach their aim at different times.

Your time is a precious commodity. Don't waste it. You can't take back your words of yesterday or your actions. You can change your behavior today, right now at this moment. Redefine who you are. What time are you going to allocate to do what you need to do? Drive yourself. Be the master of your ship. When the storm comes, ride through it, but don't waste time.

You control your own destiny. You hold the pen to change your story. Now change the writing on the wall. People will hurt you, disappoint you and those around you will turn their backs on you. Loneliness will set in. Keeping it real is not supposed to be sweet. Nothing can stop you. There is a power inside of you that you can discover when you are in that place of LONELINESS. Time for you to reflect and think. Let go of the people you don't need in your life and stop chasing those who don't appreciate you. Tell people who you are with the way you behave. You're somebody and you have always been somebody – *A CHAMPION! WEAR YOUR OWN CROWN*

### **WHAT IS SUCCESS?**

Owning a nice car?

Having a big house?

Having lots of money?

Material things do not make people happy for long. That short lived happy feeling is temporary. A false sense of mental assurance. Soon they will be looking for the next thing to make them feel good.

What I call success is when someone finds the right idea and is doing what they love to

do, for example, a school teacher or a nurse that dreamed about becoming a school teacher or a nurse from childhood and then fulfilled it by studying and then eventually succeeding in that field.

*“With no focus there is no direction!”*

Seven things which you need in your life to become happy and successful.

1. Focus on what you want to do with your life.
2. Be honest with yourself about what you really want to do.
3. Have no fear of failing.
4. Manage your time with positive things that you do.
5. Speak up for yourself and know what you want in life and form a progressive idea.
6. Have confidence which you will build when believing in what you do.
7. Listen to constructive people, and learn.

**“IF YOU DO WHAT IS EASY YOUR LIFE WILL  
BE HARD, BUT IF YOU DO WHAT IS HARD  
YOUR LIFE WILL BE EASY”**

Adversity is what introduces a person to themselves. Resilience is what you learn from a young age to be able to cope with adversities when you're older. Hard work gives the underdog a shot at the crown. No Retreat No Surrender. Any rejection is redirection, so it's about being focused and never giving up. Dedication and Determination. These need to take place in your life. Commitment and Discipline is needed so you do not go off track, they make you stay focused on your goals.

There are many challenges in life but if you have the right philosophy it will become much easier for you to evolve. It does not matter how you got here, it's about what you're going to do now to make the difference to change your life for the better. It hurts to grow. No Pain No Gain.



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# C-H-A-M-P-I-O-N

**Connecting** to our inner self is most important [Purpose/Mission] People get lost because they have no sense of direction.

Sometimes we don't know what is most important to us until we either lose it or come close to losing it.

This may be something external like a person or an object, but it may also be a part of us like being a member of a club or a sports team. Some are fortunate enough to learn that lesson from seeing someone else lose something or someone that is very dear to them.

From this observation we recognise the need to make a stronger connection to the things and people that matter most to us. This part of the exercise starts off by examining yourself and what you are connected to at the surface level and then go deeper and deeper until you get to your core and see who and what you are connected to from your core.

This will drive your mission and purpose. It is vital to be able to connect with yourself on all levels so that you can find the Purpose of your being and the mission of your existence. Connecting to yourself will open the way to defining where you want your life to be and what you want to achieve.

This part is called connecting. Having clarity, seeing the light and having that vision in connecting to see where you want to go.

We need vision as that is our direction, if we had no direction and we were driving a car we would get lost, so this is most important for us to succeed, once we have that then everything will start to take shape.

Laser like focus is then needed to go full steam ahead, with what we want in life.

THE SOURCE OF CONFIDENCE IS NEEDED THESE ARE 7 THINGS YOU NEED.

1. Knowledge of one's purpose
2. Knowledge of one's potential
3. Knowledge of one's resources
4. Knowledge of one's source
5. Knowledge of one's value
6. Knowledge of one's ability
7. Knowledge of one's uniqueness

Knowing where you are and where you are going is most important.

Our inner world creates our outer world.

The way to get rich is to think of a worthy Progressive idea to focus on, the sun does not burn unless it focuses.

There is no secret to success, it is within all of us, it's about believing that you can be someone.

Someone that says they can and someone that says they cannot, they are both right it is about which one you choose to be at that present moment.

You need to become fearless then your life will become limitless fear is false evidence appearing to be real.

**Heart** we need to lead with our heart [identity]

There is no failure once you learn to connect with yourself. You will be able to understand what you are going through, which is a learning curve.

Once we have connected with what matters most to us, who matters most us, and all the parts of us and our existence (our habits, our values, our beliefs, our links, our experiences, etc) that matter to us and that we want to keep, the next step is within reach to be achieved. Leading with our heart in a way enables us to carry out the process to



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form a complete picture and gives us a fuller understanding of all of the parts that we are and that we want to be. This process creates a space for us to become a complete identity and be fully aware and accepting of all the parts.. *The heart allows us to listen to what really matters most.* In this process, we learn to lead our decision making with our heart, as the champion in a negotiation with our gut and our mind. If we learn to follow that voice, we start to live fully congruent and fulfilled lives doing and being who we are happiest and most complete. This formation completes our identity.

**Attitude** this is what's needed to achieve things.[values and beliefs]

Our values and beliefs shape and colour and fuel our attitude. Having the attitude will take us to the right altitude. Believing something is the first part of making it a reality. Believing that something different is possible is the first step to making a change. Our attitude to something largely determines if we are going to have success. This process looks to further shine the light on our values and beliefs. We get to step out of ourselves and look at this from the outside so that we can better see the things we don't when we are too busy fighting to make it happen. The attitude for success forms as a result of scrutinising ourselves from the 2nd, 3rd 4th and 5th perspectives of truth. This process defines our winning Attitude

**Mind** we have to have the right mindset. Listen to the mind, separate yourself from your thoughts , let your thoughts pass by, YOU WILL BECOME WHAT YOU THINK ABOUT DO NOT BRING BAD THINGS TO LIFE BY FOCUSING ON THE WRONG THINGS

Think in the now, be happy about now by focusing on happy things, we can change anything that we want by focusing on the right things everything around you is in the now, your present moment is what you are, be in the present moment.

The mind is the centre of your soul. "Conceive, Believe then you will achieve." The soul is the mediator of the mind and the spirit of the body.

Old Habits have to change. Changing habits changes you. It's not what you get out of life, it's who you become. It doesn't matter when you are getting there, It matters what you are doing to get there.

You have to put different things in place, put the new in place of the old. If you believe, so can you achieve. This is about learning the methods to keep the end in mind and the goal in the front of your every choice so that you can keep your mind focused on what will bring you the results that you need to get to the winning position.

The sun doesn't burn unless it's focused. Once you have formed the right mindset and the tools that work best for you and your style of fight, you can work on the skills and capabilities you need to build and develop to step up in what you can do and where you can get to. With the right mind set defined and outlined, there can be a full vision of your skills and capabilities that need to be built to get you to the next step.

We have this war in our minds on thinking about different things that creep into our minds. Try to gain control of things that come to tempt us, to know right from wrong. Once we connect with ourselves, then we gain knowledge of who we really are. Start reading and listening to things that make us evolve.

**Purpose** once we find our purpose, we will feel better.

Having reached this far, you are now fully set to solidify the reasons and motives behind your actions. This process will take you through the exercises that will teach you how to remember your purpose whenever you don't have complete determination to do what you need to do to be the champion of your own life and your destiny. The source of confidence stems from a deep rooted purpose. The vision will form through your purpose you will start to gain Clarity and start to see a clear picture in your mind of what you really want to achieve. They say with no vision people perish, and that is because lack of direction not lack of time is the problem, when you know where you know the address of your destination then you also gain confidence in knowing which is very important

**Inspire** Impact and Empower

we will inspire people now that we know. "Each one would teach" [Environment pt1]

Having set on your way, with everything that you need to truly rise and make strong gains, the time has come to expand on your champion form even further by enriching the lives of others. When you experience what it's like to make someone's life better, your life becomes so much better as a result. This part of the process takes you through the best fit approach to making a difference in the world and being the change you want to see.

- In order to be someone you have to be someone you have never been before
- We do not have to be great to get started. You have to get started to get great.
- Good things are supposed to happen to all of us.
- There is no secret to success, there is only hard work and learning from your failures.
- Make it ok to fail. We either win or we learn from our experience.



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The courage to come back from the things that don't work out makes us learn who we really are.

**Opportunity** we are ready now for everything

"The service we give here is the rent we pay for being here"

"The solution is in the Environment"

With everything that lies beneath the surface now aligned for your success to achieve what you want, you are now ready to welcome opportunities and thrive in the progress of your fight to become the champion of your life.

Don't wait for Opportunity Create it, good things are suppose to happen to everyone of you.

We must do what it takes by being extraordinary, you must demand it from yourself.

**Navigate** We will soon arrive at our destination. "Don't Say why me, say Try me"

Life throws all kinds of challenges and setbacks, problems and issues we don't expect or plan for. My Programme takes you through the steps and practices to get you ready to face anything.

You will have the tools and capabilities you need to overcome it.

God gave us the same will as he has it is about having the right mindset, sometimes we need to reset, by doing things that we are accustomed to doing in a different way.

Everyone has the power to become Successful ITS ABOUT HARD WORK AND DEDICATION. We now need to have a winning mindset it is a reward for the hard work that you put into anything you are doing.

We're here to win! I want to say to every one of you, the secret about getting ahead is getting started today.! I hope and pray that some one of you can take something from what I said today and take it away and add it to your life. Because you're all here for a reason you're unique. They're waiting for your gift to give to others. And I'm setting up a school in London to teach the kids. Life empowerment, a life skill that I didn't have when I was a kid. And one in Ethiopia as well. I found my gift. I found my purpose. I'm happy every day, every day, I'm at the right attitude, because I've shown the right gratitude to God for thanking him for life. And if you are alive, everyone, there's a reason for it. Like Marty said, "Get up, stand up and stand up for your rights". I'm telling every one of you. I'm saying you are special. You are unique. You have something different, a different hampered footprint blueprint. So go ahead everyone. Again, my name is Morris the Connector . I

love life. I live life. And I want you to realize and understand that there's no difference between me and anyone else. We feel as though your life will become limitless because fear is a world proclaiming to be real. And that's my story. That's my glory . Thank you everyone for taking this time to buy my EBOOK .



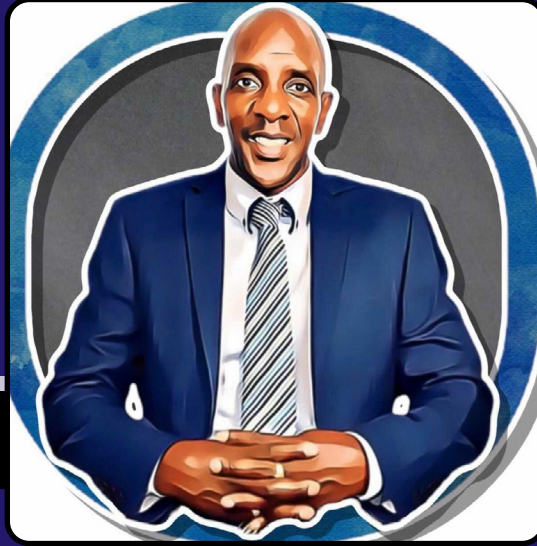
My name is Morris The Connector.

I am here to Impact, Inspire, and Empower people to wear their Crown.

I am a former Gang member. But now I am a Game Changer. I want to show you how my sons' death saved my life so I am now able to save Millions of lives. My light has been switched on. I now have the ability to manifest the fire in everyone's lives so then they are able to wear their crown.

## About Author

### **Morris The Connector**



I am a Transformation Coach and International Inspirational Speaker that can show people how to get the best out of themselves with my Focus and Believing mindset Program called the incredible You, which will show you how to get unstuck and connect with your inner self.

We are all born Leaders . Kings and Queens, it's about finding your gift then that becomes your purpose

Through all the pain I was able to set up a Chauffeur business that has driven some of the biggest pop stars in the world, Clients like Justin Bieber, Beyonce, Whitney Houston, And many more.

I have had my fair share of hard knocks. I have found my true purpose and gift in life and believe that we are all in this world to show Compassion love and serve with our Gift, which then becomes our purpose. My brother was stabbed to death when I was 14 years old he was 19 years old, that was the first death in my family that I can remember.

I then lost my son who was 18 Months old 30 years ago then my sister in 2007, Mother in 2010. Father 2011, Wife 2015. And another Son in 2018. The pain that I suffered has made me a resilient person that now knows how to transmit that pain into a gift which has now become my purpose, by showing people how they too can overcome Adversity in their life, and then use it as a gift in the way that I have done.

Life happens for you not to you , it's about who we become through the pain.



I used to say WHY ME when I was in my darkest hour, Now I Say

TRY ME, Because I know what's within me.....

I have had my fair share of hard knocks. I have found my true purpose and gift in life and believe that we are all in this world to show Compassion love and serve with our Gift.

***The secret about getting ahead in life is getting started.***

***you can get started right now by signing up to a free discovery session by clicking on the link below to schedule an appointment.***

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