# Qianziwen (Thousand Character Classic) — Print Pack

A quick guide for families: one page for kids, one for parents. Keep it short, friendly, and consistent.

### Kids' Guide — How to Read

- Look at the Chinese line and try the pinyin slowly.
- Listen to the meaning in simple English.
- **Spot** one picture in your mind (sky, river, seasons, heroes...).
- Do one thing from the Parent Note (moon phase journal, kindness action, "soar time").
- Ask one question: "What does this look like in my life?"
- Two lines a day is plenty small steps make big learning.

#### Parents' Guide — How to Lead

- Keep it short. 5-10 minutes wins consistency.
- Connect to today. Nature patterns, chores, friendships, gratitude, calm.
- Reflect, don't lecture. Ask open questions; let kids notice.
- Model virtues. Fair sharing, careful words, quiet starts, finishing well.
- Celebrate small wins. Keep a simple "family wins" list on the fridge.
- Routine: Mon–Fri read 2 lines · Sat do 1 activity · Sun tell 1 story matching a verse.

#### **Favorite Mini**■ Activities

- Moon Journal (Ch.1): draw the moon for 7 nights.
- Focus Bell (Ch.7 & 13): 15 minute quiet reading/drawing.
- Values Poster (Ch.1): pick 3 family words and decorate.
- Kindness in Secret (Ch.5): do one hidden good deed.
- Soar Time (Ch.7): screens off, wonder on.
- Posture Practice (Ch.15–16): walk like in a library.

## **Helpful Terms (for Western readers)**

- Dao / Way: a path of right living.
- Virtue: inner strength for doing good.
- Filial piety: kind respect for parents & elders.
- Rites: thoughtful habits that keep peace at home.

More online: Children's Corner  $\rightarrow$  Qianziwen Index  $\rightarrow$  Chapter pages with pinyin, English meaning, and Parent notes.