Let $f:(-1,1)\to\mathbb{R}$ be a twice differentiable function such that

$$2f'(x) + xf''(x) \ge 1$$
 for $x \in (-1, 1)$.

Prove that

$$\int_{-1}^{1} x f(x) \, \mathrm{d}x \ge \frac{1}{3}.$$