Let k be a positive integer. For each nonnegative integer n, let $f(n)$ be the number of solutions $(x_1, \ldots, x_k) \in \mathbb{Z}^k$ of the inequality $|x_1| + ... + |x_k| \leq n$. Prove that for every $n \geq 1$, we have $f(n-1)f(n+1) \leq f(n)^2$.