Let $a_1 = 1$, $a_n = \frac{1}{n} \sum_{k=1}^{n-1} a_k a_{n-k}$ for $n \ge 2$. Show that

(i)
$$\limsup_{n\to\infty} |a_n|^{1/n} < 2^{-1/2}$$
;

(ii)
$$\limsup_{n \to \infty} |a_n|^{1/n} > 2/3$$
.