



Home Physiotherapy

Physio Home

Home
Service
Products
Contact
Login

Home Page

Welcome to Physio Home - Home physiotherapy and Personal Massage Therapy

We are fully trained and licenced physiotherapists and Personal Massage Therapists (PMT). We know and understand that if you are in need of physiotherapy or personal massage therapy, it isn't easy for you to get around - let alone get in and out of a car to go to a clinic. That is why we come to you! Currently we are serving Brant, Halimand, Brantford, Cambridge, Hamilton, Kitchener and surrounding areas, and continuing to expand.

Our staff of home care physiotherapists have advanced training in specialized fields including orthopedic, neurologic and cancer physiotherapy. We are NOT a virtual business or 'online marketplace' for independent service providers. Each of our home physiotherapists were hand-selected, and are long-term and valued members of our staff.

Our services may be covered under employee extended health insurance benefits or motor vehicle accident insurance. Our receipts also qualify as a tax deductible medical expense on your tax return. Some of our patients do not pay out-of-pocket for therapy. This is because Home Physio is an approved provider for Extended Health Insurance, and Ontario Auto Insurers (Motor Vehicle Accidents). Not sure if you're covered? Give us a call and we will direct you to the appropriate resources to find out.

We have been helping people build their strength and gain mobility back since 2011!

Benefits of Physio Home

- Physio and massage therapy in the comfort of your own home.
- No need to try and get in and out of a car.
- No need to go out in bad weather.
- Schedule a time that is convenient for you!
- Friendly and courteous therapists
- We show you exercises that you can do on your own as part of your therapy
- We offer products that you can use to help with your rehabilitation.

[Call or Email](#) for more information.

[519-512-1212](tel:519-512-1212)

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Home Physiotherapy

Physio
Home

Home
Service
Products
Contact
Login

Services Page

Services

Sports Physiotherapy for Recreational and Competitive Athletes

We have been providing Sports Physiotherapy to individuals of all athletic levels since we opened our doors. From recreational athletes and weekend warriors, to competitive athletes and high level runners. Sports Physiotherapy can be thought of as a sub-specialization of traditional Orthopedic Physiotherapy, one that focuses on the unique injuries of athletes, and their sport-specific recovery and injury prevention needs.

Cancer Rehabilitation

Toronto Physiotherapy specializes in providing cancer rehabilitation services to help manage the common side effects of cancer and cancer treatment. Our integrated approach to rehabilitation addresses an important need for cancer care services in Toronto. While your physicians have the resources and expertise to treat your cancer, we have the tools and techniques to help you manage the short and long term side effects of surgery, radiation and chemotherapy. Managing side effects during and after cancer treatment can significantly improve your quality of life, long-term survival, and help you get back to doing what you love.

Massage Therapy

We offer Registered Massage Therapy for relaxation or rehabilitation. Massage therapy at Home Physio is covered by most Extended Health Care Plans. Have a Registered Massage Therapist (RMT) treat you in the comfort of your home!

Chronic Pain Treatment

Our goal is to help you permanently relieve your pain, or help you develop a self-management strategy that enables you to fully reengage in life. An enormous variety of health care products, pharmaceuticals, treatments and health care professionals make claims about treating pain and chronic pain, and most of these will provide temporary relief of pain for patients suffering from a wide range of underlying health conditions. The challenge is finding a permanent solution to your pain, or an effective self-management strategy that relieves your day-to-day impairment and that doesn't rely on unsustainable practices such as pharmaceutical-based management or expensive ongoing "maintenance" care. What will work for you?

Treatment for Chronic Pain - You may be experiencing persistent pain from an unhealed injury, an unmanaged physical condition or disease, residual pain from an already healed injury, or pain that arises spontaneously. You may have received a diagnosis of Fibromyalgia or Complex Regional Pain Syndrome. Effective treatment requires that we understand the source of your pain, and then apply the corresponding evidence-based strategies to treat it, or to help you better manage it.

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Physio
Home

Home
Service
Products
Contact
Login

Products Page

Products

Orthopedic Supports and Braces

Wrist Braces	From \$17.99
Ankle Braces	From \$19.99
Back Braces	From \$15.99
Knee Braces	From \$24.99
Shoulder Support	From \$19.99
Crutches	From \$24.99

Small Exercise Products

Resistance Bands	From \$2.99
Exercise Balls	From \$4.99
Exercise Mats	From \$6.99
Cuff Weights	From \$9.99
Dumbbells	From \$14.99
Medicine Balls	From \$17.99

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Physio
Home

Home

Service

Products

Contact

Login

Contact Page

Contact Us

Please feel free to contact us if you have any questions, comments, or would like to schedule a home visit.

- ☐ [follow us on facebook](#)
- ☐ [follow us on Instagram.](#)
- ☐ [Follow us on linkedIn.](#)

Required information is marked with an asterisk(*).

* Name:

* Password:

Questions or comments:

Send

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Home Physiotherapy

Physio
Home

- Home
- Service
- Products
- Contact
- Login

Login Page
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Password:

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User Name: "username"
Password: "password"

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