



TimeToEat

*Make a Plan
Eat it Up*





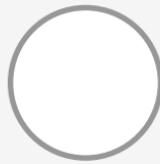


TIME TO EAT

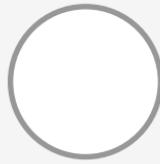
now



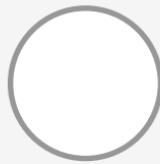
Breakfast
8am



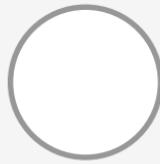
Breakfast
10:30am



Breakfast
1 pm



Breakfast
3:30 pm



Breakfast
6 pm



Add Snack



Water



9:41

Tuesday, September 13



TIME TO EAT

now

Press for more

Press home to unlock



TIME TO EAT



Midmorning Snack @ 10:30am
Pistacios, banana, 1 cup almond milk...

Mark Eaten

[View Snack Details](#)



9:41 AM

100%



TimeToEat

*Make a Plan
Eat it Up*



Login with Facebook



Login with Phone

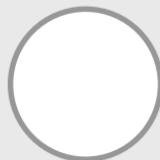


User Profile & Settings

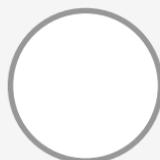
Go here

*Tuesday, March 28*

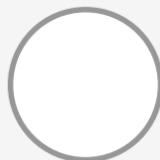
Ongoing (1 of 5)



Breakfast
8am



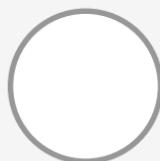
Breakfast
10:30am



Breakfast
1 pm



Breakfast
3:30 pm



Breakfast
6 pm



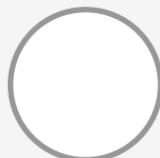
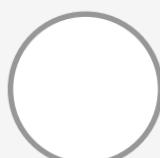
Add Snack



Water

*Tuesday, March 28*

Ongoing (1 of 5)

Breakfast
8amBreakfast
10:30amBreakfast
1 pmBreakfast
3:30 pmBreakfast
6 pm

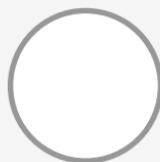
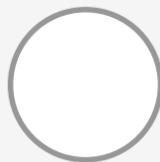
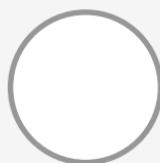
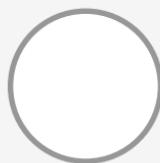
Add Snack



Water

*Tuesday, March 28*

Ongoing (1 of 5)

Breakfast
8amBreakfast
10:30amBreakfast
1 pmBreakfast
3:30 pmBreakfast
6 pm

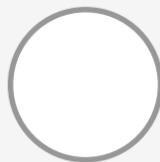
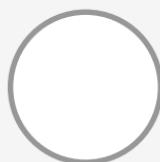
Add Snack



Water

*Tuesday, March 28*

Ongoing (1 of 5)

Breakfast
8amBreakfast
10:30amBreakfast
1 pmBreakfast
3:30 pmBreakfast
6 pm

Add Snack



Water

*Tuesday, March 28*

Ongoing (1 of 5)

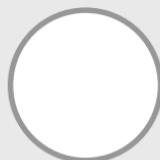


Breakfast

8am

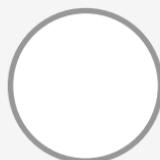


Off Plan Snack



Midmorning Snack

10:30am



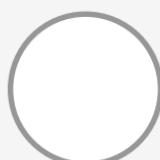
Breakfast

1 pm



Breakfast

3:30 pm



Breakfast

6 pm



Add Snack



Water



Dashboard Goes Here



Breakfast

8 am



Fresh Fruit

1/2 Bagel

Cream Cheese





Breakfast

11 am

Done

8

9

10

11 00 AM

12 15 PM

1

30

2

4 5



Fresh Fruit

1/2 Bagel

Cream Cheese



Breakfast

Done

(+) Fr|

Fruit

Frisee

French Toast

Recent Snack Items

Q W E R T Y U I O P

A S D F G H J K L

↑ Z X C V B N M ⌂

123



space

return

Breakfast

Done



Recent Snack Items

Eggs

Bacon

Bell Peppers

Tomato

Red Onion

Q W E R T Y U I O P

A S D F G H J K L

↑ Z X C V B N M ⌂

123



space

return



Breakfast

8 am



Fresh Fruit

1/2 Bagel

Delete

Cream Cheese



Breakfast

8 am



Fresh Fruit

Cream Cheese



Save Snack

Cancel

Off Plan Snack

Done



Recent Snack Items

Q W E R T Y U I O P

A S D F G H J K L

↑ Z X C V B N M ⌂

123



space

return

Off Plan Snack

Done

(+) Eg|

Eggs

Eggplant

Eggs Benedict

Eggs Benedict

Eggs Benedict

Recent Snack Items

Q W E R T Y U I O P

A S D F G H J K L

↑ Z X C V B N M ⌂

123



space

return

Off Plan Snack

Done



Recent Snack Items

Eggs

Bacon

Bell Peppers

Tomato

Red Onion

Q W E R T Y U I O P

A S D F G H J K L

↑ Z X C V B N M ⌂

123



space

return

Off Plan Snack

8 am

Eggs



Save Off Plan Snack

Cancel

Off Plan Snack

11 am

Done

8

9

10

11 00 AM

12 15 PM

1

30

2

4 5

Eggs



Cancel

