



spinalinjurysupportmobileal.org

SPINAL INJURY SUPPORT GROUP – MOBILE, ALABAMA

Sponsored by



About Us

We are a community-based support group for individuals living with spinal cord injuries, their families, and caregivers. Our mission is to provide support, share resources, and connect people with the services they need to live fuller, independent lives.

Meeting on the 4th Monday of every month during 1:00 PM – 2:30 PM at The Independent Living Center of Mobile.

Light refreshments will be served.

For Accommodations or Information Contact

Independent living specialist and nursing home transition:
Lesia Wright-Dailey
Phone: ☎ (251) 525-9638 ext. 202

Email:
lesiad@ilcmobile.org

Independent living specialist and youth transition:
Cyneria Austin

Phone: ☎ (251) 525-9623
Email: cyneriaa@ilcmobile.org

or

Group Coordinator:
Jerry Cochran Sr.
Phone: ☎ (251) 391-6307

*** Meeting times and dates are subject to change. ***

What We Offer

Peer-to-peer
support meetings

Resource guides
(financial aid,
equipment,
housing,
transportation)

Advocacy and
policy awareness

Community events
and outreach

**THE INDEPENDENT
LIVING CENTER OF
MOBILE**

**6750 HOWELLS FERRY
ROAD
MOBILE, AL 36618**