

Arlo's Bedtime Checklist

☐ Brush teeth

☐ Pyjamas on

☐ One story

☐ Lights out

☐ cat



☐ Grandod

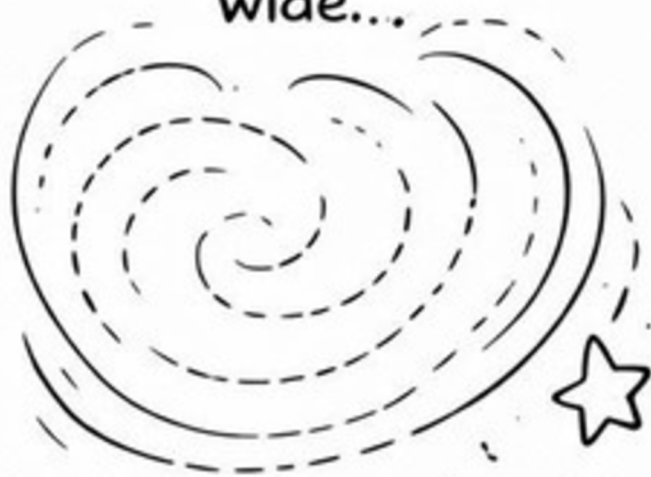
☐ bed



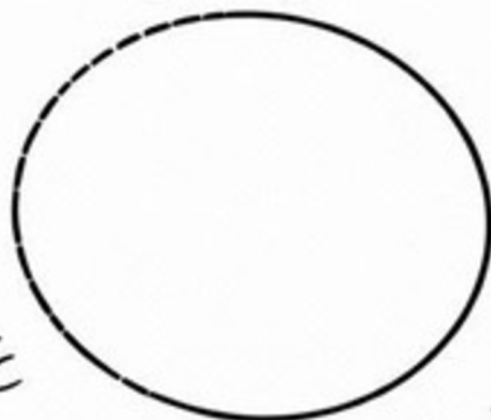
☐ sea

Yawn Challenge!

Try to yawn without
opening your mouth
wide...



Make your yawn face!



My idea: _____