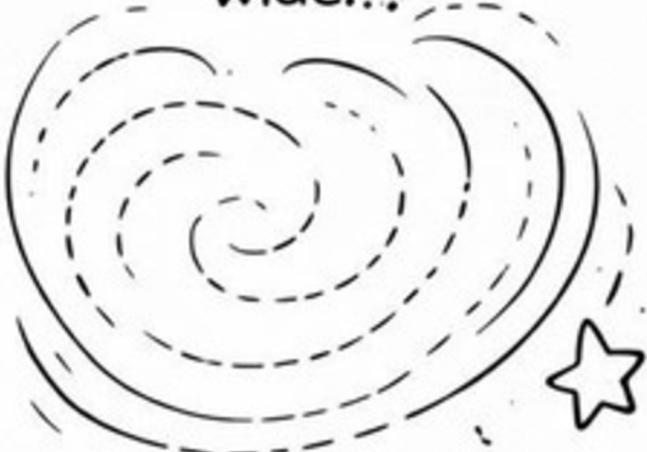


# Arlo's Bedtime Checklist

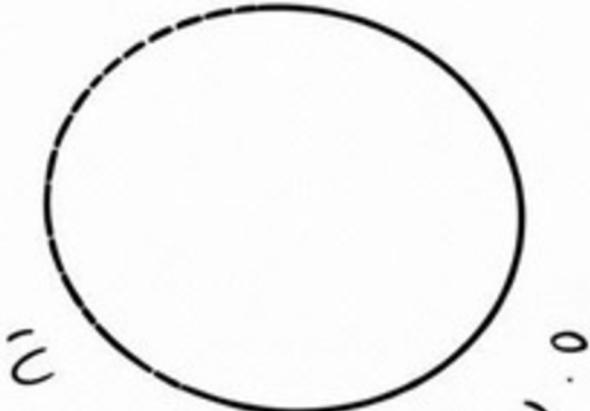
- Brush teeth
- Pyjamas on
- One story
- Lights out
- cat 
- Grandad
- bed 
- sea

## Yawn Challenge!

Try to yawn without opening your mouth wide...



Make your yawn face!



My idea: \_\_\_\_\_