Living Room

TV

Don’t leave devices on standby

Lamp

Turn unneeded lights off. Use energy saving bulbs

Kitchen

Oven/Microwave

Some appliances can cook the same food using less energy

Cook with lids on pots

Dirty dishes/ dishwasher

Dish washers use less water

Kettle:

Only boil the water you need

Bathroom+Kitchen

Taps:

Dripping taps waste water

Washer/Dryer

Use a colder wash cycle

Only wash with full loads

Avoid using a tumble dryer

Use Eco settings

Bathroom

Toilet

Water saving?

Shower/Bath

Using less water

Bedroom

Bed

Seasonal bedding?

Side table

Unplug unused chargers.

Loft/Attic

Insulation

Solar Power/Heating

Others:

Double glazing

Lower the thermostat

Smart devices/Meters?

Close curtains to retain heat

Switch to a green energy supplier