

Championship 2014

Last update: 30/12/2014



	February													
М	Tu	W	F	Sa	Su									
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3	4	5	6	7	8	9								
10	11	12	13	14	15	16								
17	18	19	20	21	22	23								
24	25	26	27	28										

	March											
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31												

	April												
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	May												
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	June												
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23	24 25		26	27	28	29							
30													



	Wombwell 5 Sunday, 16/2/2014	Denis Stitt Memorial Thursday, 14/8/2014
	3 Norton 9 Sunday, 2/3/2014	Penistone Hill Race Sunday, 28/9/2014
	4 Silkstone Shuffle Saturday, 29/3/2014	Cop Hill Fell Race Sunday, 2/11/2014
	5 Castleton Fell Race Friday, 6/6/2014	Saturday, 29/11/2014
٦	6 Oughtibridge Chase Wednesday, 18/6/2014	Denby Dale Travellers 6 Sunday, 21/12/2014
Notes:	The Penistone Hill Race was added to the champ	ionship due to the cancellation of the Wentworth Castle race.
	The date of the DDT6 has now been confirmed. T	he race will start this year at 1pm.

18 19 20 21 22 23 24 25 26 27 28 29 30 31

July

M Tu W Th F Sa Su

7 8 9 10 11 12 13

14 15 <mark>16</mark> 17 18 19 20

21 22 23 24 25 26 27

August M Tu W Th F Sa Su

4 5 6 7 8 9 10 11 12 13 <mark>14</mark> 15 16 17

1 2 3

28 29 30 31

1 2 3 4 5 6

September												
М	Tu	W	Th	F	Sa	Su						
1	2	3	4	5	6	7						
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15	16	17	18	19	20	21						
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29	30											

October												
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6	7	8	9	10	11	12						
13	14	15	16	17	18	19						
20	21	22	23	24	25	26						
27	28	29	30	31								

November												
М	Tu	Sa	Su									
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3	4	5	6	7	8	9						
10	11	12	13	14	15	16						
17	18	19	20	21	22	23						
24	25	26	27	28	29	30						

	С)ec	en	ηbe	er	
М	Tu	W	Th	F	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Titles and trophies as they are decided...

Men's overall champion

Richard Mackie

Ray Brown

Bob Innes

1st M70

2nd M60

Richard scored 464 points from his best 8 races

Ladies' overall champion

Lesley Latchem

Lesley scored 379 points from her best 8 races

Challenge champion **Steve Sanders**

Steve scored 684 points from all 12 races

	Road	XC	Fell		Road	XC	Fell		
Richard Mackie	Champion	2nd M40	1st M40	Lesley Latchem	Champion	Champion			
Andy Swift		Champion	Champion Sarah Jones-Morris		rris		Champion		
Martin Cooper	1st M45	1st M45		Rachel Fox	1st Senior	1st Senior			
Jon Waller		2nd Senior		Heather Atkinson			1st Senior		
Steve Sanders	2nd M40	1st M40	2nd M40	Helen Goulding	2nd Senior				
Mark Riordan	1st M35			Jane Cockerton		1st L50	1st L50		
lan Charlesworth		1st M50	1st M50	Sophie Pogorzelec		2nd Senior	2nd Senior		
Martin Booth	1st M50	2nd M50		Annie Lightowler	1st L40	1st L40	2nd L40		
Pete Stanley			1st M55	Sue Higham	1st L60	1st L60			
Alan Knox	1st M60	1st M60	1st M60	Bernice Nixon		1st L55			
Steve Dickinson	2nd M45	2nd M45	1st M45	Denise Pozorski	1st L45				
Brent Lindsay			2nd M50	Jill Davis		2nd L60			
Stuart Woodhead		1st M55	2nd M55						
Nick Whittingham	1st M55								
Dave Needham	1st M65	1st M65		TING					
Geoff Dimelow	2nd M55	2nd M55							
Paul Fryers			2nd M45	\$00m					
Ian Wragg	2nd M50			Tuesdays at 6:30pm					
Dave Foster			2nd M60						

Training evenings

www.pfrac.co.uk

Penistone Church Football Club

Best wishes to all our readers!



Final championship positions

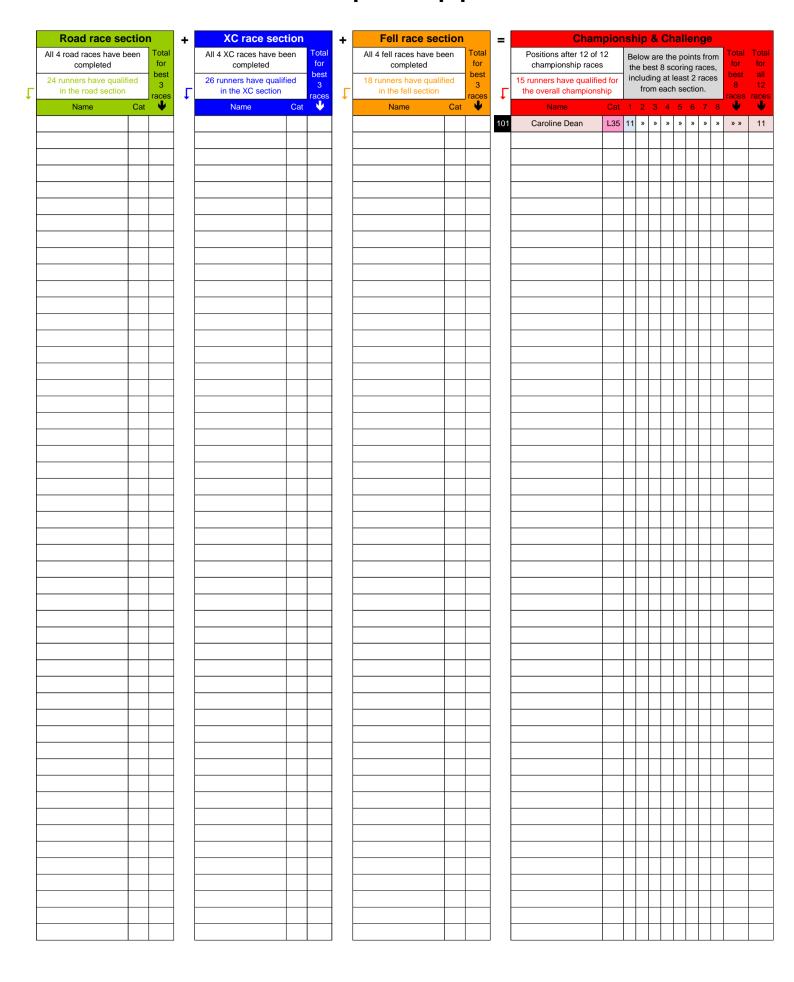


/	Road race se	ctior	า	+	XC race sec	tion		+	Fell race sec	ction		=	Cham	pio	nship	& Ch	alle	nge			
Ε.	All 4 road races have b	een	Total		All 4 XC races have be	een	Total		All 4 fell races have b	een	Total		Positions after 12 of	12	Belov	v are th	e poin	ts fro	om	Total	Total
	completed		for		completed		for		completed		for		championship races	6	the b	est 8 so	coring	race	es,	for	for all
	24 runners have qualif	fied	best 3	_	26 runners have qualit	fied	best 3		18 runners have quali	fied	best 3	_	15 runners have qualifie			ding at I om eacl			es	best 8	12
	in the road section		races	Ţ	in the XC section		races	Ţ	in the fell section		races	Ţ	the overall champions							races	races
L	Name	Cat	Ψ		Name	Cat	Ψ		Name	Cat	•		Name			3 4		_		Ψ	•
	Richard Mackie	M40		1	Andy Swift	М	180	1	Andy Swift	М	180	1	Richard Mackie			58 58		_		464	521
	Martin Cooper	M45	170	2	Jon Waller	М	174	2	Richard Mackie	M40	174	2	Steve Sanders			58 58		_		462	684
L	Steve Sanders	M40	170	3	Steve Sanders	M40	174	3	Steve Sanders	M40	174	3	Martin Cooper	M45	57 57	56 55	53 52	52	49	431	431
	Tim Brooke	M40	165	4	Richard Mackie	M40	172	4	lan Charlesworth	M50	171	4	Steve Dickinson	M45	56 54	53 53	53 51	50	50	420	507
	Mark Riordan	M35	161	5	Ian Charlesworth	M50	163	5	Pete Stanley	M55	166	5	Alan Knox	M60	52 52	52 52	51 51	51	45	406	593
	Martin Booth	M50	160	6	Martin Booth	M50	159	6	Steve Dickinson	M45	163	6	Lesley Latchem	L35	53 53	51 49	47 46	3 44	36	379	379
	Alan Knox	M60	156	7	Jim Bell	M50	157	7	Brent Lindsay	M50	159	7	Geoff Dimelow	M55	49 48	48 47	47 47	42	40	368	513
	Steve Dickinson	M45	154	8	Gary Dean	M40	156	8	Stuart Woodhead	M55	155	8	Nick Whittingham	M55	50 49	49 48	46 45	37	36	360	404
Г	Lesley Latchem	L35	146	9	Martin Cooper	M45	154	9	Alan Knox	M60	152	9	Paul Fryers	M45	46 45	45 45	45 44	44	35	349	421
	Dean Allcroft	M40	144	10	Steve Dickinson	M45	149	10	Sarah Jones-Morris	L40	146	10	Rachel Fox	L	47 46	45 45	41 40	40	39	343	370
	Nick Whittingham	M55	144	11	Alan Knox	M60	140	11	Nick Whittingham	M55	143	11	Dave Needham	M65	51 49	46 43	42 39	38	31	339	367
	Dave Needham	M65	143	12	Stuart Woodhead	M55	132	12	Geoff Dimelow	M55	142	12	Sophie Pogorzelec	L	43 42	41 38	37 36	32	27	296	344
Г	Paul Fryers	M45	135	13	Lesley Latchem	L35	127	13	Paul Fryers	M45	134	13	Annie Lightowler	L40	39 39	39 38	37 35	35	23	285	390
H	Geoff Dimelow	M55	131	14	Geoff Dimelow	M55	127	14	Heather Atkinson	L	133	14	Ray Brown	M70	42 40	39 39	36 33	3 29	21	279	279
H	Rachel Fox	L	131	15	Paul Fryers	M45	114	15	Dave Foster	M60	128	15	John Spencer	M55	38 38	36 34	30 26	21	21	244	260
	lan Wragg	M50	127	16	Rachel Fox	L	114	16	Jane Cockerton	L50	121	16	Andy Swift	М	60 60	60 60	60 60) »	»	» »	420
H	Helen Goulding	L	123	17	Dave Needham	M65	105	17	Sophie Pogorzelec	L	116	17	Brent Lindsay	M50			48 46	_	»	» »	345
H	Heather Atkinson	L	122	18	Bob Innes	M60	99	18	Annie Lightowler	L40	115	18	lan Charlesworth			56 56		-		» »	334
	Ray Brown	M70	111	19	Sophie Pogorzelec	L	96	19	John Howsham	M45	109	19	Martin Booth			53 53		-	\vdash	» »	368
┝	Sophie Pogorzelec	L	110	20	Bernice Nixon	L55	92	20	Martin Cooper	M45	107	20	Gary Dean			54 53		-		» »	308
	Annie Lightowler	L40	106	21	Jane Cockerton	L50	92	21		L35	107	21	Stuart Woodhead			51 50		-		» »	372
┡									Lesley Latchem											» »	
H	Sue Higham	L60	100	22	Ray Brown	M70	89	22	Trish Mellor	L50	95	22	Heather Atkinson	L		43 43					283
┡	Denise Pozorski	L45	96	23	Annie Lightowler	L40	84	23	Bernice Nixon	L55	87	23	Sarah Jones-Morris	L40		48 47			\vdash	» »	278
	John Spencer	M55	90	24	Sue Higham	L60	78	24	Rachel Fox	L	86	24	Tim Brooke			55 55		»		» »	272
	Andrew Heppenstall	М	120	25	John Spencer	M55	78	25	Bob Innes	M60	85	25	Dave Foster			43 42				» »	269
	Phil Hinchliffe	M40	118	26	Jill Davis	L60	70	26	Dave Needham	M65	80	26	Trish Mellor	L50	49 48	46 45	42 38	3 »	»	» »	268
	Gary Dean	M40	111	27	Robin Clough	M40	113	27	Ray Brown	M70	79	27	Jane Cockerton	L50	41 41	41 39	38 37	26	»	» »	308
	Paul Gee	M45	101	28	Phil Hinchliffe	M40	112	28	John Spencer	M55	76	28	Mark Riordan	M35	54 54	54 53	47 »	»	»	» »	262
	Trish Mellor	L50	93	29	Matthew Marsh	М	102	29	Daniel Hague	М	59	29	Bob Innes	M60	44 42	41 41	33 24	ł 24	»	» »	249
	Matt Goulding	М	87	30	Mark Riordan	M35	101	30	Damian Kilpin	M35	59	30	Jon Waller	М	60 59	59 56	» »	»	»	» »	234
	Sue Charlesworth	L50	74	31	Julian Williams	M45	100	31	Mike Egner	M55	58	31	Sue Higham	L60	40 38	37 33	29 29	24	»	» »	247
	Dave Foster	M60	68	32	Peter Claydon	M45	97	32	James Pierce	M35	56	31	Phil Hinchliffe	M40	59 59	58 54	» »	»	»	» »	230
	Jon Waller	М	60	33	Chris Deacon	M45	89	33	Tim Brooke	M40	55	33	Dean Allcroft	M40	50 48	47 47	35 »	»	»	» »	227
	Shaun Dimelow	M40	60	34	Brent Lindsay	M50	88	34	Kelvin Bowskill	M60	51	34	Bernice Nixon	L55	47 43	40 34	33 25	5 »	»	» »	222
	Jill Davis	L60	59	35	Dean Allcroft	M40	83	35	Wayne Parkinson	M50	49	35	Pete Stanley	M55	57 55	54 46	» »	»	»	» »	212
l	Robin Clough	M40	59	36	Trish Mellor	L50	80	36	Emma Stead	L35	46	36	Robin Clough	M40	59 57	56 »	» »	»	»	» »	17:
T	Tony Wright	M45	58	37	Chris Charlesworth	M35	79	37	Colin Porteous	M50	46	37	John Howsham	M45	55 54	49 »	» »	»	»	» »	15
r	Mark Law	M45		38	Dave Foster	M60	73	38	Sue Charlesworth	L50	43	38	lan Wragg	M50	44 43	40 30	» »	»	»	» »	15
H	Jan Pozorski	M70		39	Nick Whittingham	M55	73	39	Heather Parkin	L35	42	38	Jim Bell		55 51		» »	»	»	» »	15
H	Peter Claydon	M45		40	Barbara Haigh	L65	71	40	Barbara Haigh	L65	40	40	Peter Claydon		55 50		» »	»	»	» »	15
H	Chris Charlesworth	M35		41	Daniel Hague	M	60	41	Sue Higham	L60	40	41	Sue Charlesworth	L50		36 30		»		» »	14
┢	Jane Foster	L60	49	42	Richard Sunman	M45	59	42	Karen Schofield	L50	36	42	Helen Goulding	L		37 23		+		» »	14
┝	Tim Webster	M35		43	Martin Ball	M40	58	-72	Taron Contineia	230	50	42	Barbara Haigh	L65		35 31		-	H	» »	14
H				43			55					44	Paul Gee				_	+	-	<i>» »</i>	14
H	Brent Lindsay	M50			Mick Quinn	M50									51 50			-			
L	Sarah Jones-Morris	L40	47	45		M40	52					45	Denise Pozorski			27 25		-		» »	14
L	David Lindop	M55		46	Simon Pike	M	51					46	Jill Davis			28 20		-		» »	12
L	Bernice Nixon	L55	43	47	John Howsham	M45	49					46	Chris Charlesworth		50 40		» »	+	-	» »	12
L	Alison Nockels	L45	42	48	Jane Foster	L60	47					48	Matt Goulding	М	47 40		» »	-		» »	120
L	Valentina Wright	L40	41	49	Pete Stanley	M55	46					48	Andrew Heppenstall	М	60 60		» »	»		» »	120
	Bob Innes	M60	41	50	Brian Bradder	M35	45					50	Daniel Hague	М	60 59	» »	» »	»	»	» »	119

Final championship positions

ı	Road race se	ction	1	+	XC race sec	tion		۱.	Fell race section		=	Cham	nion	shi	n & (Ch	alle	nge		
-	All 4 road races have b		Total	Т.	All 4 XC races have b		Total	_	All 4 fell races have been	Total	_	Positions after 12 of	_		ow are				Tota	al Total
	completed		for		completed		for		completed	for		championship races			best 8				, for	for
_[24 runners have qualif	fied	best 3	_	26 runners have quali		best 3	l _	18 runners have qualified	best 3		15 runners have qualifie			uding from e				s bes	t all 12
Ţ	in the road section	Cat	races	Ţ	in the XC section	Cat	races	Ţ	in the fell section Name Cat	races	Ţ	the overall champions Name	Cat	1 :			5 6		race	s races
51	Jane Cockerton	L50	38	51	Paul Gee	M45	43		Name Cat		51	Matthew Marsh		_	8 »	»	» »		» »»	_
52	David Lockwood	M40	37	52	Charles Halstead	M40	42	ł			52	Julian Williams	M45	-	+	»	» »	++	» »»	
53	Sarah Mann	L45	36	53	Sarah Jones-Morris	L40	41	1			53			_	5 24	_	» »	+	» »»	
54	Barbara Haigh	L65	35	54	Samantha Shaw	L	39	1			54	Chris Deacon		45 4		»	» »	»	» »»	
55	Sarah Sykes	L40	34	55	Heather Parkin	L35	38	1			55		L35	42 3		»	» »	»	» »»	
56	Ann Lindop	L50	31	56	Wayne Blackburn	M40	37	1			56	Alison Nockels	L45	42 3	4 »	»	» »	»	» »»	76
57	Sarah Clough	L40	30	57	Mel Lofts	L	36	1			57	Jan Pozorski	M70	30 2	.6 18	»	» »	»	» »»	74
58	Andy Plummer	M55	28	58	Sarah Sykes	L40	35	Ī			58	Sarah Sykes	L40	35 3	4 »	»	» »	»	» »»	69
59	Anne Smythe	L60	27	59	Alison Nockels	L45	34	İ			59	Sarah Mann	L45	36 2	.7 »	»	» »	»	» »»	63
60	Paul Parkin	M70	23	60	Matt Goulding	М	33	1			60	Shaun Dimelow	M40	60	» »	»	» »	»	» »»	60
				61	Keith Gordon	M65	32				61	Richard Sunman	M45	59	» »	»	» »	»	» »»	59
Ī				62	Sarah Halstead	L45	32	Ī			61	Damian Kilpin	M35	59	» »	»	» »	»	» »»	59
Ī				63	Alison Cooper	L40	31	Ī			63	Tony Wright	M45	58	» »	»	» »	»	» »»	58
				64	Julie Moxon	L40	30	1			63	Mike Egner	M55	58	» »	»	» »	»	» »»	58
				65	Sue Charlesworth	L50	30				63	Martin Ball	M40	58	» »	»	» »	»	» »»	58
				66	lan Wragg	M50	30				66	Mark Law	M45	57	» »	»	» »	»	» »»	57
				67	Shaun Walker	M45	29				67	James Pierce	M35	56	» »	»	» »	»	» »»	56
				68	Joanne Shelbourne	L40	28				68	Mick Quinn	M50	55	» »	»	» »	»	» »»	55
				69	Heather Atkinson	L	28				68	Sarah Clough	L40	30 2	.5 »	»	» »	»	» »»	55
				70	Sarah Mann	L45	27				70	Kelvin Bowskill	M60	51	» »	»	» »	»	» »»	51
				71	Maxine Deacon	L45	26				70	Simon Pike	М	51	» »	»	» »	»	» »»	51
				72	Sarah Clough	L40	25				72	Wayne Parkinson	M50	49	» »	»	» »	»	» »»	49
				73	Helen Goulding	L	23				73	Tim Webster	M35		» »	»	» »	»	» »»	48
				74	Jackie Armitage	L45	22]			74	Emma Stead	L35		» »	»	» »	»	» »»	
				75	Karen Feetham	L40	22				74	Colin Porteous	M50		» »	»	» »		» »»	
				76	Denise Pozorski	L45	19	<u> </u>			76	Brian Bradder	M35	_	» »	_	» »		» »»	
				77	Martyn Cartwright	M65	18				76	David Lindop			» »	»	» »	+	» »»	
				78	Jan Pozorski	M70	18				78	Charles Halstead			» »	»	» »	+	» »»	
				79	May Williams	L	14	1			79	Valentina Wright			» »	»	» »	»	» »»	
				80	Gareth Darby	M	12	-			80		L M40	-	» »	»	» »	»	» »»	
}				81	Caroline Dean	L35	11	1			81	Wayne Blackburn		_	» »	»	» »	»	» »»	
}								1			81	David Lockwood Karen Schofield	M40 L50	_	+	»	+	+	» »»	
								1			83			36	+	»	-	+	_	
ŀ								1			83 85		M65	_	+	»	+	+	» »»	
ŀ								1			85		L45		+	-+	» »	+	» »»	
}								1			87	Alison Cooper	L43		+	-	» »	+	» »»	
-								1			87	Ann Lindop		31		-	» »	+	» »»	
ŀ								1			89		L40		+	_	» »	+	» »»	
ł											90		M45		+	-	» »	+	» »»	
ŀ											91	Joanne Shelbourne	L40		+	»	» »	»	» »»	
ŀ								1			91	Andy Plummer	M55		+	»	» »	»	» »»	28
ŀ								1			93	-	L60	27	» »	»	» »	»	» »»	_
Ì								1			94	Maxine Deacon	L45	26	» »	»	» »	»	» »»	26
ļ								1			95	Paul Parkin	M70	23	» »	»	» »	»	» »»	23
ļ								1			96	Jackie Armitage	L45	22	» »	»	» »	»	» »»	22
ļ								1			96	Karen Feetham	L40	22	» »	»	» »	»	» »»	22
ļ											98	Martyn Cartwright	M65	18	» »	»	» »	»	» »»	18
İ											99	May Williams	L	14	» »	»	» »	»	» »»	14
Ī											100	Gareth Darby	М	12	» »	»	» »	»	» »»	12
-																				

Final championship positions





26/01/2014

Road section

02/03/2014

16/02/2014



21/12/2014

	Meltha	am	10	K		Woml	bwe	ell	5		Nor	ton	9			Denby Dale	Tra	ave	eller	s 6
1st	Colin Walker	Pude	sev/F	Bramley	37:37	Jack Martin	9	Stock	nort	25:00	Chris Miller		larro	nate	51:10	David Turnbull	-	Holmfi	irth	35:50
1st	Fiona Davies		ingst		40:45	Stephanie Burns			rham	28:32	Fiona Davies	-	ingst		55:52	Hannah Oldroyd	1		unner	40:28
	Name		-	Time	Û	Name	Cat			Û	Name			Time	Û	Name			Time	Û
1	Andrew Heppenstall	М	60	40:24	107%	Jon Waller	М	60	30:05	120%	Andrew Heppenstall	М	60	56:17	110%	Shaun Dimelow	M40	60	39:06	109%
2	Richard Mackie	M40	59	40:41	108%	Phil Hinchliffe	M40	59	30:36	122%	Phil Hinchliffe	M40	59	57:40	113%	Robin Clough	M40	59	39:14	109%
3	Steve Sanders	M40	58	43:00	114%	Tony Wright	M45	58	30:44	123%	Richard Mackie	M40	58	58:12	114%	Richard Mackie	M40	58	39:53	111%
4	Mark Law	M45	57	43:08	115%	Martin Cooper	M45	57	31:11	125%	Martin Cooper	M45	57	58:24	114%	Gary Dean	M40	57	41:23	115%
5	Martin Cooper	M45	56	43:10	115%	Steve Sanders	M40	56	31:39	127%	Steve Sanders	M40	56	60:28	118%	Steve Sanders	M40	56	41:58	117%
6	Tim Brooke	M40	55	43:21	115%	Tim Brooke	M40	55	32:59	132%	Tim Brooke	M40	55	60:52	119%	Peter Claydon	M45	55	44:13	123%
7	Mark Riordan	M35	54	45:45	122%	Gary Dean	M40	54	33:04	132%	Martin Booth	M50	54	62:42	123%	Mark Riordan	M35	54	45:21	127%
8	Martin Booth	M50	53	46:04	122%	Martin Booth	M50	53	33:10	133%	Mark Riordan	M35	53	64:22	126%	Steve Dickinson	M45	53	46:06	129%
9	Alan Knox	M60	52	46:32	124%	Alan Knox	M60	52	34:04	136%	Alan Knox	M60	52	64:50	127%	Alan Knox	M60	52	46:15	129%
10	Paul Gee	M45	51	47:03	125%	Steve Dickinson	M45	51	34:55	140%	Dave Needham	M65	51	68:39	134%	Lesley Latchem	L35	51	47:02	116%
11	Steve Dickinson	M45	50	47:53	127%	Paul Gee	M45	50	35:23	142%	Dean Allcroft	M40	50	70:16	137%	Chris Charlesworth	M35	50	47:12	132%
12	Lesley Latchem	L35	49	50:15	123%	Dave Needham	M65	49	36:49	147%	Nick Whittingham	M55	49	71:16	139%	Nick Whittingham	M55	49	48:12	135%
13	Trish Mellor	L50	48	50:38	124%	Tim Webster	M35	48	36:53	148%	Geoff Dimelow	M55	48	71:48	140%	Brent Lindsay	M50	48	48:41	136%
14	Dean Allcroft	M40	47	51:12	136%	Dean Allcroft	M40	47	36:55	148%	Matt Goulding	М	47	73:04	143%	Sarah Jones-Morris	L40	47	48:55	121%
15	Nick Whittingham	M55	46	51:21	137%	Lesley Latchem	L35	46	37:04	130%	Paul Fryers	M45	46	73:32	144%	Rachel Fox	L	46	49:34	122%
16	Paul Fryers	M45	45	52:13	139%	Trish Mellor	L50	45	37:25	131%	Rachel Fox	L	45	73:42	132%	David Lindop	M55	45	50:38	141%
17	Ian Wragg	M50	44	52:30	140%	Nick Whittingham	M55		37:46	151%	Helen Goulding	L	44	74:25	133%	Paul Fryers	M45	44	51:02	142%
18	Dave Needham	M65	43	53:00	141%	Heather Atkinson	L	43	37:50	133%	Ian Wragg	M50	43	76:10	149%	Bernice Nixon	L55	43	51:18	127%
19	Helen Goulding	L	42	53:18	131%	Geoff Dimelow	M55		38:19	153%	Ray Brown	M70		77:26	151%	Alison Nockels	L45	42	51:34	127%
20	Geoff Dimelow	M55	41	53:27	142%	Valentina Wright	L40	41	38:32	135%	Sophie Pogorzelec	L	41	80:10	143%	Bob Innes	M60	41	53:18	149%
21	Rachel Fox	L	40	53:47	132%	Matt Goulding	M	40	38:43	155%	Heather Atkinson	L	40	81:05	145%	lan Wragg	M50	40	54:21	152%
22	Heather Atkinson	L	39	53:59	132%	Rachel Fox	L	39	38:45	136%	Annie Lightowler	L40	39	81:07	145%	Dave Needham	M65	39	54:32	152%
23	Sue Charlesworth	L50	38	56:44	139%	Paul Fryers	M45		39:08	157%	Sue Higham	L60	38	84:08	151%	Jane Cockerton	L50	38	54:33	135%
24	Sophie Pogorzelec	L M70	37	57:51	142%	Helen Goulding	L	37	39:22	138%	Denise Pozorski	L45	37	97:57	175%	David Lockwood	M40	37	55:10	154%
25 26	Ray Brown Annie Lightowler	L40	36 35	59:03 59:12	157% 145%	Sue Charlesworth Dave Foster	L50 M60		39:48 40:04	139%						Sarah Mann Barbara Haigh	L45 L65	36 35	55:55 57:10	138%
27	John Spencer	M55	34	59:16	158%	Sarah Sykes	L40	34	40:36	142%						Geoff Dimelow	M55	34	57:16	160%
28	Sue Higham	L60	33	64:31	158%	Ray Brown	M70		42:18	169%						Dave Foster	M60	33	58:16	163%
29	Denise Pozorski	L45	32	69:16	170%	Sophie Pogorzelec	L	32	42:30	149%						Annie Lightowler	L40	32	59:05	146%
30	Jill Davis	L60	31	69:57	172%	Annie Lightowler	L40	31	43:25	152%						Ann Lindop	L50	31	59:06	146%
31	Jan Pozorski	M70	30	72:59	194%	John Spencer	M55		44:12	177%						Sarah Clough	L40	30	59:29	147%
32						Sue Higham	L60	29	45:00	158%						Sue Higham	L60	29	62:17	154%
33						Jill Davis	L60	28	50:31	177%						Andy Plummer	M55	28	62:48	175%
34						Denise Pozorski	L45		51:03	179%						Anne Smythe	L60	27	67:30	167%
35						Jan Pozorski	M70	26	52:14	209%						John Spencer	M55	26	67:38	189%
36						Jane Foster	L60	25	55:09	193%						Denise Pozorski	L45	25	68:15	169%
37																Jane Foster	L60	24	75:22	186%
38																Paul Parkin	M70	23	75:22	210%
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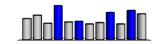


29/03/2014

Cross Country section

28/09/2014

18/06/2014



	Silkston	e S	hu	ıffle		Oughtibri	dae	e C	has	е	Penistone	е Н	ill	Race)	Silkstone Shuffle						
							J`															
1st	Darren Newbould	Ha	allam	shire	26:05	Andy Swift	F	enis	tone	21:00	Clive Fitzpatrick	5	Stock	port	43:52	Andy Swift	Р	enist	one	26:23		
1st	Pauline Griffin	Mar	nches	ster Tri	30:49	Bev Sutton	٧	alley	/ Hill	28:47	Caitlin Rice	Gl	osso	pdale	49:14	Helen Beck	Wa	akefie	eld H	30:40		
	Name	Cat	Pts	Time	Û	Name	Cat	Pts	Time	Û	Name	Cat	Pts	Time	Û	Name	Cat	Pts	Time	Û		
1	Daniel Hague	М	60	27:33	106%	Andy Swift	М	60	21:00	100%	Andy Swift	М	60	46:00	105%	Andy Swift	М	60	26:23	100%		
2	Richard Sunman	M45	59	28:12	108%	Jon Waller	М	59	24:19	116%	Steve Sanders	M40	59	49:58	114%	Jon Waller	М	59	28:21	107%		
3	Phil Hinchliffe	M40	58	28:35	110%	Steve Sanders	M40	58	24:35	117%	Martin Ball	M40	58	51:14	117%	Richard Mackie	M40	58	28:31	108%		
4	Richard Mackie	M40	57	28:39	110%	Richard Mackie	M40	57	25:06	120%	Robin Clough	M40	57	51:32	117%	Steve Sanders	M40	57	28:41	109%		
5	Jon Waller	М	56	28:43	110%	Martin Booth	M50	56	26:11	125%	lan Charlesworth	M50	56	51:49	118%	Robin Clough	M40	56	28:50	109%		
6	Mick Quinn	M50		28:46	110%	Gary Dean	M40		26:42	127%	Jim Bell	M50		52:18	119%	Ian Charlesworth	M50	55	30:06	114%		
7	Steve Sanders	M40	54	28:52	111%	Mark Riordan	M35		26:49	128%	Matthew Marsh	М	54	53:42	122%	Phil Hinchliffe	M40	54	30:22	115%		
8	Martin Cooper	M45		29:51	114%	Steve Dickinson	M45		27:32	131%	Martin Booth	M50	53	54:35	124%	Gary Dean	M40	53	31:17	119%		
9	Ian Charlesworth	M50		30:40	118%	Martin Cooper	M45		29:07	139%	Julian Williams	M45	52	55:08	126%	Tim Brooke	M40	52	31:26	119%		
10	Jim Bell	M50		31:04	119%	Alan Knox	M60		29:18	140%	Simon Pike	М	51	56:04	128%	Jim Bell	M50	51	31:51	121%		
11	Peter Claydon	M45		31:16	120%	Stuart Woodhead	M55		29:49	142%	Steve Dickinson	M45		56:13	128%	Martin Booth	M50	50	31:54	121%		
12	Martin Booth	M50	49	31:23	120%	Geoff Dimelow	M55		30:04	143%	John Howsham	M45	49	56:34	129%	Martin Cooper	M45	49	32:31	123%		
13	Julian Williams	M45		31:30	121%	Dean Allcroft	M40		30:36	146%	Gary Dean	M40	48	56:59	130%	Matthew Marsh	М	48	32:40	124%		
14	Mark Riordan	M35		32:32	125%	Rachel Fox	L	47	32:03	111%	Lesley Latchem	L35	47	57:19	116%	Peter Claydon	M45	47	32:46	124%		
15	Steve Dickinson	M45	46	32:43	125%	Dave Needham	M65	46	32:05	153%	Brent Lindsay	M50	46	59:13	135%	Pete Stanley	M55	46	33:12	126%		
16	Alan Knox	M60	45	33:00	127%	Paul Fryers	M45	45	33:16	158%	Brian Bradder	M35	45	59:27	136%	Chris Deacon	M45	45	33:24	127%		
17	Chris Deacon	M45	44	33:02	127%	Dave Foster	M60	44	33:24	159%	Alan Knox	M60	44	60:07	137%	Lesley Latchem	L35	44	33:57	111%		
18	Paul Gee	M45	43	33:05	127%	Sophie Pogorzelec	L	43	33:33	117%	Stuart Woodhead	M55	43	60:35	138%	Alan Knox	M60	43	34:33	131%		
19	Brent Lindsay	M50	42	33:12	127%	Bob Innes	M60	42	33:58	162%	Trish Mellor	L50	42	62:18	127%	Charles Halstead	M40	42	34:52	132%		
20	Gary Dean	M40	41	34:07	131%	Jane Cockerton	L50	41	34:01	118%	Sarah Jones-Morris	L40	41	62:49	128%	Steve Dickinson	M45	41	35:00	133%		
21	Geoff Dimelow	M55	40	34:44	133%	Barbara Haigh	L65	40	34:18	119%	Rachel Fox	L	40	63:09	128%	Chris Charlesworth	M35	40	35:09	133%		
22	Stuart Woodhead	M55	39	35:28	136%	Ray Brown	M70	39	35:26	169%	Chris Charlesworth	M35	39	63:19	144%	Samantha Shaw	L	39	35:27	116%		
23	Trish Mellor	L50	38	35:44	116%	Annie Lightowler	L40	38	36:45	128%	Geoff Dimelow	M55	38	63:33	145%	Heather Parkin	L35	38	35:36	116%		
24	Wayne Blackburn	M40	37	35:51	137%	Sue Higham	L60	37	38:22	133%	Nick Whittingham	M55	37	64:04	146%	Stuart Woodhead	M55	37	37:03	140%		
25	Lesley Latchem	L35	36	36:09	117%	John Spencer	M55	36	39:00	186%	Mel Lofts	L	36	64:59	132%	Nick Whittingham	M55	36	37:10	141%		
26	Dean Allcroft	M40	35	36:13	139%	Jill Davis	L60	35	41:31	144%	Sarah Sykes	L40	35	65:13	132%	Paul Fryers	M45	35	37:11	141%		
27	Paul Fryers	M45	34	36:33	140%	Jane Foster	L60	34	50:04	174%	Bernice Nixon	L55	34	66:59	136%	Alison Nockels	L45	34	37:48	123%		
28	Matt Goulding	М	33	36:51	141%						Bob Innes	M60	33	68:23	156%	Bernice Nixon	L55	33	37:50	123%		
29	Keith Gordon	M65	32	37:18	143%						Sarah Halstead	L45	32	68:33	139%	Geoff Dimelow	M55	32	37:53	144%		
30	Dave Needham	M65	31	37:20	143%						Barbara Haigh	L65	31	68:52	140%	Alison Cooper	L40	31	38:15	125%		
31	Julie Moxon	L40	30	38:07	124%						Sue Charlesworth	L50	30	70:39	144%	Ian Wragg	M50	30	38:24	146%		
32	Dave Foster	M60	29	38:19	147%						Ray Brown	M70	29	71:02	162%	Shaun Walker	M45	29	39:02	148%		
33	Joanne Shelbourne	L40	28	38:23	125%						Heather Atkinson	L	28	71:21	145%	Dave Needham	M65	28	39:45	151%		
34	Sarah Mann	L45		38:53	126%						Sophie Pogorzelec	L	27	72:09	147%	Rachel Fox	L	27	40:22	132%		
35	Maxine Deacon	L45		39:04	127%						Jane Cockerton	L50	26	73:04	148%	Sophie Pogorzelec	L	26	40:44	133%		
36	Bernice Nixon	L55		39:34	128%						Sarah Clough	L40	25	73:45	150%	Jane Cockerton	L50	25	41:08	134%		
37	Bob Innes	M60		39:43	152%						Sue Higham	L60	24	77:37	158%	Bob Innes	M60	24	45:43	173%		
38	Helen Goulding	L	23	40:00	130%						Annie Lightowler	L40	23	78:21	159%	Annie Lightowler	L40	23	46:08			
39	Sophie Pogorzelec	L	22	40:23	131%						Jackie Armitage	L45	22	85:23	173%	Karen Feetham	L40	22	46:19	151%		
40	Ray Brown	M70	21	41:21	159%						John Spencer	M55	21	88:25	202%	John Spencer	M55	21	48:38	184%		
41	Jane Cockerton	L50	20	42:04	137%											Jill Davis	L60	20	48:40	159%		
42	Annie Lightowler	L40	19	42:41	139%					Ш						Denise Pozorski	L45	19	50:02	163%		
43	Martyn Cartwright	M65	18	44:30	171%					Ш						Jan Pozorski	M70	18	52:14	198%		
44	Sue Higham	L60	17	44:48	145%																	
45	John Spencer	M55	16	46:59	180%																	
46	Jill Davis	L60	15	48:04	156%					Ш												
47	May Williams	L	14	51:07	166%																	
48	Jane Foster	L60	13	56:13	182%	2%																
49	Gareth Darby	М	12	56:53	218%																	
50	Caroline Dean	aroline Dean L35 11 61:13 19		199%																		



Fell section



	06/06	6/2014											1/2014							
	Castleton	Fe	ell	Race	ace Bamford Denis Stitt Memorial Cop Hill Fe										Fel	II F	lace			
1st	William Gardner		SHU	ОС	43:06	Aidan Smith	H	allam	shire	30:11	Andy Swift	P	enis	tone	30:42	David Watson	ı	Holm	firth	38:35
1st	Becky Penty	High	gate	Harriers	52:15	Zathe Wray	Н	allam	shire	35:26	Helen Berry	H	Holm	firth	33:41	Caitlin Rice	GI	osso	pdale	44:28
	Name	Cat	Pts	Time	Û	Name	Cat	Pts	Time	Û	Name	Cat	Pts	Time	Û	Name	Cat	Pts	Time	Û
1	Andy Swift	М	60	44:06	102%	Andy Swift	М	60	31:15	104%	Andy Swift	М	60	30:42	100%	Andy Swift	М	60	39:35	103%
2	Daniel Hague	М	59	49:37	115%	Damian Kilpin	M35	59	33:04	110%	Steve Sanders	M40	59	36:18	118%	Richard Mackie	M40	59	43:38	113%
3	Mike Egner	M55	58	50:16	117%	Richard Mackie	M40	58	34:33	114%	Ian Charlesworth	M50	58	36:40	119%	Steve Sanders	M40	58	44:33	115%
4	Richard Mackie	M40	57	51:44	120%	Steve Sanders	M40	57	36:12	120%	Pete Stanley	M55	57	39:12	128%	Ian Charlesworth	M50	57	45:31	118%
5	Steve Sanders	M40		52:47	122%	Ian Charlesworth	M50		36:17	120%	Steve Dickinson	M45	56	39:31	129%	James Pierce	M35		46:25	120%
6	Pete Stanley	M55		57:17	133%	Martin Cooper	M45		38:22	127%	John Howsham	M45	55	40:16	131%	Tim Brooke	M40		47:40	124%
7	Steve Dickinson	M45		58:24	135%	John Howsham	M45		39:35	131%	Brent Lindsay	M50	54	40:33	132%	Pete Stanley	M55		50:48	132%
8	Brent Lindsay	M50		61:44	143%	Steve Dickinson	M45		40:12	133%	Lesley Latchem	L35	53	42:38	127%	Lesley Latchem	L35		52:44	119%
9	Martin Cooper	M45		61:16	142%	Brent Lindsay	M50		41:09	136%	Stuart Woodhead	M55	52	43:31	142%	Stuart Woodhead	M55		54:20	141%
10	Kelvin Bowskill Alan Knox	M60 M60		61:49 65:00	143% 151%	Stuart Woodhead	M55 M60		42:02	139%	Alan Knox	M60 M55	51	44:03	143%	Alan Knox	M60 M50		55:02	143%
11	Sarah Jones-Morris	L40	49	65:05	125%	Alan Knox Wayne Parkinson	M50		43:20 43:21	144%	Nick Whittingham Sarah Jones-Morris	L40	50 49	44:13 44:45	133%	Brent Lindsay Trish Mellor	L50	50 49	55:23 56:21	127%
13	Stuart Woodhead	M55		65:34	152%	Sarah Jones-Morris	L40	48	43:32	123%	Geoff Dimelow	M55	48	45:47	149%	Nick Whittingham	M55		56:30	146%
14	Geoff Dimelow	M55		66:17	154%	Geoff Dimelow	M55		44:40	148%	Bernice Nixon	L55	47	46:16	137%	Geoff Dimelow	M55		57:06	148%
15	Emma Stead	L35	46	67:00	128%	Heather Atkinson	L	46	45:12	128%	Trish Mellor	L50	46	46:33	138%	Colin Porteous	M50		58:29	152%
16	Nick Whittingham	M55	45	67:52	157%	Paul Fryers	M45		45:46	152%	Paul Fryers	M45	45	46:41	152%	Rachel Fox	L	45	58:48	132%
17	Paul Fryers	M45	44	69:23	161%	Bob Innes	M60	44	45:55	152%	Heather Atkinson	L	44	46:48	139%	Sarah Jones-Morris	L40	44	61:36	139%
18	Heather Atkinson	L	43	70:56	136%	Dave Foster	M60	43	47:01	156%	Dave Foster	M60	43	47:11	154%	Sue Charlesworth	L50	43	62:30	141%
19	Dave Foster	M60	42	72:29	168%	Sophie Pogorzelec	L	42	48:26	137%	Heather Parkin	L35	42	47:50	142%	Dave Needham	M65	42	63:53	166%
20	Rachel Fox	L	41	73:39	141%	Jane Cockerton	L50	41	50:04	141%	Bob Innes	M60	41	48:02	156%	Jane Cockerton	L50	41	65:50	148%
21	Bernice Nixon	L55	40	74:06	142%	Ray Brown	M70	40	50:25	167%	Barbara Haigh	L65	40	48:20	143%	Sue Higham	L60	40	70:18	158%
22	Ray Brown	M70	39	75:21	175%	Annie Lightowler	L40	39	54:55	155%	Jane Cockerton	L50	39	50:37	150%	Annie Lightowler	L40	39	70:21	158%
23	Dave Needham	M65	38	76:31	178%	John Spencer	M55	38	58:38	194%	Sophie Pogorzelec	L	38	50:56	151%	John Spencer	M55	38	77:47	202%
24	Jane Cockerton	L50	37	76:56	147%						Annie Lightowler	L40	37	51:30	153%					
25	Sophie Pogorzelec	L	36	79:36	152%						Karen Schofield	L50	36	59:25	176%					
26	Annie Lightowler	L40	35	81:04	155%															
27																				
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Analysis of race results



		Meltham 10K	Wombwell 5	Cilicatoria Chriffia		Oughtibridge Chase	Bam	Mer	Penistone Hill Race	ne Sh	Denby Dale Travellers 6		races) from the best 3 races) from the best 3 races)	Fell races showing the total from the best 3 races)		Average percentage of winner's time (and consistency quotient)
												otal		2 3 4 Total		% (± %)
Richard Mackie	M40	59		_	7 57					9 58		521		58 57 174	$\Rightarrow \Rightarrow$	113% (±7%)
Steve Sanders	M40			_	_			59 5	59 5	8 57		684		58 57 56 174	$\Rightarrow \Rightarrow$	117% (±10%)
Martin Cooper	M45		57 5	_						49		131		5 52 107	$\Rightarrow \Rightarrow$	125% (±17%)
Steve Dickinson	M45	50		_	6 54							507		54 53 163	$\Rightarrow \Rightarrow$	131% (±9%)
Alan Knox	M60		52 5			51				1 43		593		51 50 50 152	$\Rightarrow \Rightarrow$	136% (±15%)
Lesley Latchem	L35	49	46	3	6			53 4	47 5	3 44	51 3	379	49 47 46 44 36 379 51 49 46 146 47 44 36 127 53	106	$\Rightarrow \Rightarrow$	120% (±10%)
Geoff Dimelow	M55	41	42 4	8 4	0 47	49	47	48 3	38 4	7 32	34 5	513	47 47 42 40 368 48 42 41 34 131 49 40 38 32 127 48	3 <mark>47 47 47</mark> 142	$\Rightarrow \Rightarrow$	147% (±13%)
Nick Whittingham	M55	46	44 4	9	45	5		50 3	37 4	8 36	49 4	104	48 46 45 37 36 360 49 49 46 44 144 37 36 73 50	48 45 143	$\Rightarrow \Rightarrow$	144% (±13%)
Paul Fryers	M45	45	38 4	6 3	4 44	45	45	45		35	44 4	121	45 45 44 44 35 349 46 45 44 38 135 45 35 34 114 45	45 44 134	$\Rightarrow \Rightarrow$	149% (±12%)
Rachel Fox	L	40	39 4	5	41	47		4	40 4	5 27	46 3	370	45 41 40 40 39 343 46 45 40 39 131 47 40 27 114 45	86	$\Rightarrow \Rightarrow$	130% (±18%)
Dave Needham	M65	43	49 5	1 3	1 38	46			4	2 28	39 3	367	43 42 39 38 31 339 51 49 43 39 143 46 31 28 105 42	2 38 80	$\Rightarrow \Rightarrow$	152% (±26%)
Sophie Pogorzelec	L	37	32 4	1 2	2 36	43	42	38 2	27	26	3	344	38 37 36 32 27 296 41 37 32 110 43 27 26 22 96 42	2 38 36 116	$\Rightarrow \Rightarrow$	140% (±24%)
Annie Lightowler	L40	35	31 3	9 1	9 35	38	39	37 2	23 3	9 23	32 3	390	38 <mark>37 35 35</mark> 23 285 39 35 32 31 106 38 23 23 19 84 39	39 37 35 115	⇒ ⇒	149% (±21%)
Ray Brown	M70	36	33 4	2 2	1 39	39	40	2	29		2	279	39 36 33 29 21 279 42 36 33 111 39 29 21 89 40	39 79	⇒⇒	164% (±12%)
John Spencer	M55	34	30	1	6	36	38	2	21 3	8 21	26 2	260	34 30 26 21 21 244 34 30 26 90 36 21 21 16 78 38	38 76	⇒⇒	186% (±28%)
Andy Swift	М				60	60	60	60 6	60 6	0 60	4	120	60 60 60 360 60 60 180 60	60 60 60 180	⇒⇒	102% (±3%)
Brent Lindsay	M50			4	2 53			54 4				345		53 52 50 159	⇒⇒	136% (±9%)
Ian Charlesworth	M50			_	2			_	_	7 55		334		3 57 56 171	⇒ ⇒	118% (±4%)
Martin Booth	M50	53	53 5	_	_	56			53	50		368	53 53 50 319 54 53 53 160 56 53 50 49 159		⇒ ⇒	124% (±9%)
Gary Dean	M40		54	4	_	55			48	53		308	53 48 41 308 57 54 111 55 53 48 41 156		→ →	126% (±10%)
•			34	_			- 4							50 54 40 455		` '
Stuart Woodhead	M55	00	40 4	_				_		2 37		372		52 51 48 155		141% (±11%)
Heather Atkinson	L	39	43 4	0	43		46	_	28			283		133	$\Rightarrow \Rightarrow$	137% (±9%)
Sarah Jones-Morris	L40				49)	48	49 4				278		49 48 44 146	$\Rightarrow \Rightarrow$	128% (±11%)
Tim Brooke	M40		55 5						5	5 52		272	55 52 272 55 55 55 165 52 52 52		$\Rightarrow \Rightarrow$	122% (±10%)
Dave Foster	M60		35	_	9 42	44						269		128	$\Rightarrow \Rightarrow$	158% (±11%)
Trish Mellor	L50	48	45	_	8			46 4				268		95	$\Rightarrow \Rightarrow$	127% (±11%)
Jane Cockerton	L50			_		41	41	39 2	26 4	1 25	38 3	308		41 39 37 121	$\Rightarrow \Rightarrow$	140% (±22%)
Mark Riordan	M35	54	5	3 4	7	54					54 2	262	53 47 262 54 54 53 161 54 47 101		$\Rightarrow \Rightarrow$	125% (±4%)
Bob Innes	M60				4	42	44	41 3	33	24	41 2	249		41 85	$\Rightarrow \Rightarrow$	157% (±16%)
Jon Waller	М		60	5	6	59				59	2	234	56 234 60 60 59 59 56 174		$\Rightarrow \Rightarrow$	113% (±7%)
Sue Higham	L60	33	29 3	8 1	7	37		2	24 4	0	29 2	247	33 29 29 24 230 38 33 29 29 100	40	$\Rightarrow \Rightarrow$	152% (±19%)
Phil Hinchliffe	M40		59 5	9 5	8					54	2	230	54 230 59 59 118 58 54 112		⇒⇒	115% (±7%)
Dean Allcroft	M40	47	47 5	0 3	5	48			T		2	227	47 35 227 50 47 47 144 48 35 83		$\Rightarrow \Rightarrow$	141% (±7%)
Bernice Nixon	L55			2	5 40)		47 3	34	33	43 2	222	34 33 25 222 43 43 34 33 25 92 4 7	40 87	$\Rightarrow \Rightarrow$	132% (±10%)
Pete Stanley	M55			T	55	5	П	57	5	4 46	2	212	46 212 46 46 57	7 55 54 166	⇒⇒	130% (±4%)
Robin Clough	M40		\sqcap	t				5	57	56	59 1	172	172 59 59 57 56 113		⇒⇒	112% (±5%)
John Howsham	M45		\top	t	\dagger	Ħ	54	55 4	19		1	158	158 49 49 55	5 54 109	⇒⇒	130% (±1%)
lan Wragg	M50	44	4	3						30		157	30 157 44 43 40 127 30 30		⇒⇒	146% (±7%)
Jim Bell	M50			5	1	H		Ę	55	51		157	157 55 51 51 157	 	⇒⇒	120% (±1%)
Peter Claydon	M45		+	_	0	H	\vdash	+			_	152	152 55 55 47 97		→ →	122% (±3%)
Sue Charlesworth	L50	38	36	+	+	H	H	-	30 4			147	30 147 38 36 74 30 30 43	3 43	→ → ⇒	141% (±3%)
			37 4	1 0	12	H	H		JU 4	5	_	147		43	→ →	` '
Helen Goulding	L	42	31 4	4 2	.3	40		10	24					10		133% (±5%)
Barbara Haigh	L65	_	5.0	+		40	Н	40 3	51			146	31 146 35 35 40 31 71 40	40		136% (±17%)
Paul Gee	M45	51		_	3	Н		\downarrow				144	144 51 50 101 43 43	+++-	⇒ ⇒	131% (±10%)
Denise Pozorski	L45		27 3					4	_				25 19 140 37 32 27 25 96 19 19		$\Rightarrow \Rightarrow$	171% (±8%)
Jill Davis	L60	31	28	1	5	35				20		129	20 15 129 31 28 59 35 20 15 70		$\Rightarrow \Rightarrow$	162% (±17%)
Chris Charlesworth	M35			1				3	39	40	50 1	129	129 50 50 40 39 79		$\Rightarrow \Rightarrow$	136% (±8%)
Matt Goulding	М		40 4	7 3	3						1	120	120 47 40 87 33 33		$\Rightarrow \Rightarrow$	146% (±9%)
Andrew Heppenstall	М	60	6	0	L						1	120	120 60 60 120		\Rightarrow	
Daniel Hague	М	1		6	59)		Π			1	119	119 60 60 59	59	\Rightarrow	

Analysis of race results

		Meltham 10K	Wombwell 5	Norton 9	Silkstone Shuffle Castleton Fell Race	Oughtibridge Chase	Bamford	Denis Stitt Memorial		Silkstone Shuffle	Denby Dale Travellers 6		(show	ving		tota	qualify al from es)	the	best 8	(sh	om th ra	g the ne be ces)	e total est 3	(sh	owin om th ra	g the ne be ces)			howir rom t ra	he b	e total est 3			Average percentage of winner's time (and consistency quotient)
												Total	1 2	_	4	5	6 7	8	Total	1	2 3	4	Total		2 3	4		1	2 3	3 4	Total			% (± %)
Matthew Marsh	М								54	48		102	54 48	_					102					54	_		102					\Rightarrow		
Julian Williams	M45				48				52			100	52 48	-					100					52			100					\Rightarrow		
Jane Foster	L60		25		13	34					24		34 25		13				96	25 2	24		49	34			47					\Rightarrow	\Rightarrow	184% (±10%)
Chris Deacon	M45				44					45	_	89	45 44						89					45	14		89					\Rightarrow		
Heather Parkin	L35							42		38		80	42 38						80					38			38	42			42	\Rightarrow		
Alison Nockels	L45										42		42 34						76	42			42	34			34					\Rightarrow		
Jan Pozorski	M70		26							18		74	30 26	_					74	30 2	26		56	18	_	_	18			-		\Rightarrow	\Rightarrow	200% (±9%)
Sarah Sykes	L40		34						35			69	35 34	_					69	34	_		34	35			35		4			\Rightarrow		
Sarah Mann	L45				27						36		36 27	_					63	36			36	27			27		4			\Rightarrow		
Shaun Dimelow	M40										60		60						60	60			60	Ш					4					
Richard Sunman	M45				59							59	59						59					59			59							
Damian Kilpin	M35						59					59	59						59									59			59			
Tony Wright	M45		58									58	58						58	58			58											
Mike Egner	M55				58	3						58	58						58									58			58			
Martin Ball	M40								58			58	58						58					58			58							
Mark Law	M45	57										57	57						57	57			57											
James Pierce	M35								5	66		56	56						56									56			56			
Mick Quinn	M50				55							55	55						55					55			55							
Sarah Clough	L40								25		30	55	30 25	5					55	30			30	25			25					\Rightarrow		
Kelvin Bowskill	M60				51							51	51						51									51			51			
Simon Pike	М								51			51	51						51					51			51							
Wayne Parkinson	M50						49					49	49						49									49			49			
Tim Webster	M35		48									48	48						48	48			48											
Emma Stead	L35				46	6						46	46						46									46			46			
Colin Porteous	M50								4	16		46	46						46									46			46			
Brian Bradder	M35								45			45	45						45					45			45							
David Lindop	M55										45	45	45						45	45			45											
Charles Halstead	M40									42	:	42	42						42					42			42							
Valentina Wright	L40		41									41	41						41	41			41											
Samantha Shaw	L									39	•	39	39						39					39			39							
Wayne Blackburn	M40				37							37	37						37					37			37							
David Lockwood	M40										37	37	37						37	37			37											
Karen Schofield	L50							36				36	36						36									36			36			
Mel Lofts	L								36			36	36						36					36			36					ĺ		
Keith Gordon	M65				32	L				╧	L	32	32		L				32		\int			32			32		$oldsymbol{\mathbb{I}}$					
Sarah Halstead	L45								32			32	32	L					32					32			32					ĺ		
Alison Cooper	L40									31	L	31	31	L	L				31					31			31					ĺ		
Ann Lindop	L50										31	31	31	L					31	31			31											
Julie Moxon	L40			:	30							30	30						30					30			30							
Shaun Walker	M45									29		29	29	L					29					29			29					ĺ		
Joanne Shelbourne	L40	L			28	L			\prod	╧	L	28	28	Ĺ	L	L			28		╧	L		28	╧	L	28		\prod	\perp		ĺ		
Andy Plummer	M55										28	28	28						28	28			28									ĺ		
Anne Smythe	L60										27	27	27						27	27			27											
Maxine Deacon	L45				26							26	26						26					26			26					ĺ		
Paul Parkin	M70								\prod	╧	23	23	23						23	23	\prod		23		\prod				\prod					
Jackie Armitage	L45					L			22	╝	L	22	22						22			L		22		L	22			\int		ĺ		
Karen Feetham	L40									22		22	22						22					22			22					ĺ		
Martyn Cartwright	M65				18						Ĺ	18	18						18					18			18							
May Williams	L				14							14	14						14					14			14					ĺ		
Gareth Darby	М				12							12	12						12					12			12							
																																-		<u>-</u>