

# Arteriosclerosis, Thrombosis, and Vascular Biology

## ATVB IN FOCUS:

### Nontraditional Risk Factors for Peripheral Arterial Disease: The Evidence and Underlying Mechanisms

Series Editors: Matthew Allison, Jonathan Golledge, and Janet Powell

## Peripheral Vascular Calcification

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**ABSTRACT:** Peripheral artery disease commonly refers to diffuse atherothrombotic disease of the arteries supplying the legs. Peripheral artery disease has been relatively understudied and has not been subject to the same intensive scrutiny and research that characterizes coronary artery disease. Moreover, the diagnosis of peripheral artery disease can be complicated by the presence of arterial calcification. Here, we provide a brief report on the current understanding of peripheral vascular calcification to include the following sections: basic mechanisms, anatomic distribution of arterial calcification, manifestations, risk factors, measurement of peripheral calcification, nonsurgical treatments, and surgical interventions.



**Key Words:** arteries ■ coronary artery disease ■ peripheral arterial disease ■ risk factors ■ vascular calcification

**G**lobally, lower extremity peripheral artery disease (PAD) affects  $\approx 113$  million adults over the age of 45 years and is associated with considerable functional limitations,<sup>1</sup> as well as future cardiovascular disease morbidity and mortality.<sup>2</sup> This condition is typically diagnosed using the ankle-brachial index (ABI), which is the ratio of the highest systolic blood pressure at the ankle divided by the highest brachial artery pressure. A limitation of the ABI is artificially elevated systolic pressures at the ankle due to arterial calcification, which can result in normal values despite the presence of significant flow-limiting disease. In this report, we provide a concise overview of the current gaps in understanding the fundamental mechanisms and therapeutic strategies related to peripheral arterial calcification, focusing on the abdominal aorta and distal vasculature.

### BASIC MECHANISMS

Clinical and experimental research have revealed that vascular calcification is an actively regulated biological process.<sup>3</sup> Osteochondrogenic reprogramming of vascular cells, particularly vascular smooth muscle cells

(VSMC), which dedifferentiate and transition into bone-like cells, is recognized as a major contributor to vascular calcification. Metabolic disorders, imbalanced mineral metabolisms, mitochondrial dysfunction,<sup>4</sup> and impaired DNA repair,<sup>5</sup> commonly associated with aging, diabetes, and chronic kidney disease (CKD), have been shown to promote vascular calcification via multifaceted cellular mechanisms, including loss of inhibitory factors for mineralization, oxidative stress, inflammation, cellular senescence, autophagy, and apoptosis.<sup>6</sup>

Excessive intracellular levels of reactive oxygen species, arising from impaired mitochondrial oxidative phosphorylation, reduced ATP production, and accumulation of mitochondrial DNA damage, lead to oxidative stress: a major inducer of vascular calcification. Oxidative stress decreases VSMC contractility and increases osteogenic transdifferentiation.<sup>3,7</sup> For example, we and others have shown that hydrogen peroxide ( $H_2O_2$ ) directly promotes osteogenic differentiation and calcification of VSMC by activating protein kinase B/AKT signaling pathways, which induces the expression of Runx2 (Runt-related transcription factor 2), a master osteogenic transcription factor.<sup>8</sup>  $H_2O_2$  also inhibits the phagocytosis of

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## Nonstandard Abbreviations and Acronyms

<b>ABI</b>	ankle-brachial index
<b>ALP</b>	alkaline phosphatase
<b>ARIC</b>	Atherosclerosis Risk in Communities
<b>CKD</b>	chronic kidney disease
<b>CT</b>	computed tomography
<b>Disrupt PAD III</b>	Shockwave Medical Peripheral Lithoplasty System Study for PAD
<b>ENPP1</b>	ectonucleotide pyrophosphatase/phosphodiesterase 1
<b>IC</b>	intermittent claudication
<b>INTACT</b>	International Nifedipine Trial on Anti-Atherosclerotic Therapy
<b>MAC</b>	medial artery calcification
<b>NF-κB</b>	nuclear factor-κB
<b>PAD</b>	peripheral artery disease
<b>Runx2</b>	Runt-related transcription factor 2
<b>VSMC</b>	vascular smooth muscle cells

extracellular vesicles, increasing calcification nodule formation.<sup>9</sup> Moreover, oxidative stress is linked to aging-associated epigenetic modifications, such as DNA methylation and histone acetylation, which induce VSMC phenotypic switching and calcification.<sup>6</sup> Autophagy, regulated by oxidative stress, is also implicated in calcification through its role in maintaining cellular proteostasis.<sup>10</sup>

Impaired calcium and phosphate homeostasis, as manifested by hyperphosphatemia and hypercalcemia, promotes vascular calcification in CKD, which is associated with increased oxidative stress and decreased calcification inhibitors, such as fetuin-A and pyrophosphates.<sup>11</sup> Elevated serum calcium and phosphate levels are associated with vascular calcification and a higher risk of cardiovascular events and mortality in the general population and CKD patients.<sup>12–14</sup> In this regard, higher levels of serum phosphorus were found to independently predict the incidence and prevalence of vascular calcification, comparable to traditional cardiovascular disease risk factors.<sup>15</sup> At the cellular level, extracellularly added calcium comparable to the levels observed in hypercalcemic subjects, with or without the addition of high phosphate, induced VSMC calcification.<sup>16,17</sup> Extracellular phosphorus led to intracellular phosphorus influx and VSMC calcification in culture.<sup>18</sup> Calcium and phosphorus induced VSMC calcification and vascular calcification *in vivo* were mediated by the osteogenic transcription factor Runx2, Msx2, and osterix.<sup>16,18</sup> In addition, increased oxidative stress, systematically or locally in aortic arteries, is a key feature of the uremic state in CKD patients and uremic rats,<sup>19</sup> which promoted vascular calcification and Runx2 upregulation. Consistent with the essential role

## Highlights

- Peripheral arterial calcification arises from coordinated mechanisms involving vascular smooth muscle cell transdifferentiation, disrupted mineral metabolism, and chronic inflammation.
- The heterogeneity of peripheral calcification is shaped by anatomic, mechanical, and cellular factors, underscoring the need for a tailored approach to peripheral artery calcification diagnosis and treatment.
- Current therapies for peripheral vascular calcification are primarily supportive or disease-modifying, emphasizing the unmet need for interventions that directly prevent or reverse calcification.

of Runx2 in VSMC calcification,<sup>7</sup> smooth muscle cell-specific Runx2 deletion attenuated vascular calcification in a mouse model of CKD.<sup>20</sup>

Dysmetabolic processes in diabetes and CKD activate multiple signaling pathways (eg, protein kinase B/AKT, protein kinase C $\delta$ , and extracellular signal-regulated kinase/mitogen-activated protein kinase),<sup>21</sup> which are known to converge on Runx2 upregulation via phosphorylation-dependent posttranslational modifications. These pathways enhance Runx2 transcriptional activity, a crucial step in the osteogenic transdifferentiation of VSMC and subsequent vascular calcification.

Other posttranslational modifications on Runx2 regulate its stability and transcriptional activity. For example, bone morphogenetic protein-2 induces Runx2 acetylation that enhances its activity,<sup>22</sup> whereas Smurf1/2 E3 ligase-mediated ubiquitination contributes to Runx2 degradation or functional alterations.<sup>23</sup> In addition, increased O-GlcNAcylation of Runx2 is associated with enhanced stability and transcriptional activation, promoting VSMC calcification.<sup>24</sup> Recently, PTM by carbonylation at Runx2 lysine residue 176 was discovered to stabilize Runx2, thereby increasing Runx2 protein levels and its transcriptional activity, and accelerating vascular calcification in CKD.<sup>25</sup>

Decreased calcification inhibitors, such as fetuin-A and pyrophosphate, often found in serum from CKD patients, may result in loss of inhibition on calcium and phosphate-induced signals.<sup>26</sup> Fetuin-A, a serum glycoprotein that binds to calcium and forms stable colloidal calciprotein particles, serves as a systemic inhibitor of mineralization,<sup>27</sup> whereas pyrophosphate binds to hydroxyapatite and counteracts the crystalline complex formation of phosphate with calcium to form hydroxyapatite.<sup>28</sup> Mechanistically, fetuin-A can be taken up by VSMC and secreted via release of matrix vesicles, thereby inhibiting matrix vesicle-initiated nucleation of calcium phosphate that leads to the development of vascular calcification.<sup>29</sup> Consistently, fetuin-A deficiency in

mice resulted in vascular calcification and multiple organ morbidity, although it is worth noting that calcification observed in these mice began as microcrystals on the endothelial layer as opposed to medial calcification seen in tibial artery disease in PAD.<sup>30</sup>

Pyrophosphate inhibited high inorganic phosphate-induced VSMC calcification, possibly via reducing the formation of hydroxyapatite nanocrystals.<sup>31</sup> Mice deficient in ENPP1 (ectonucleotide pyrophosphatase phosphodiesterase 1), an enzyme that synthesizes extracellular pyrophosphate, exhibited low plasma pyrophosphate concentrations that led to rapid development of severe aortic calcification.<sup>28</sup> A recent study found that oral pyrophosphate protects *Abcc6*<sup>-/-</sup> mice against vascular calcification induced by CKD.<sup>32</sup> Of note, the beneficial effects of bisphosphonates, nonhydrolysable analogs of pyrophosphates, on vascular calcification in humans seem to be limited to disease status and study populations.<sup>11</sup>

Early vascular aging, characterized by premature arterial stiffening and medial vascular calcification, is often seen as a distinctive pathological process in CKD.<sup>33,34</sup> Multiple molecular pathways associated with early vascular aging have also been linked to Runx2 upregulation in VSMC. For instance, elevated oxidative stress and inflammation during vascular aging can enhance Runx2 activity through NF- $\kappa$ B (nuclear factor- $\kappa$ B), BMP2, and Wnt/ $\beta$ -catenin signaling cascades.<sup>35–37</sup> The senescence-associated secretory phenotype of senescent VSMC, a hallmark of vascular aging, releases proinflammatory cytokines, such as IL (interleukin)-6 and IL-8, along with matrix metalloproteinases, which further stimulate Runx2 expression and extracellular matrix remodeling.<sup>37</sup> Concurrently, VSMC exposed to vascular aging release procalcific, medin-enriched extracellular vesicles that promote extracellular matrix reorganization and vascular calcification.<sup>6,38,39</sup>

Beyond the role of VSMCs, several circulating and residential vascular cells have been shown to exhibit calcifying potential, including adventitial myofibroblasts, valvular interstitial cells, endothelial cells (via mesenchymal transition), pericytes, and vascular progenitor cells.<sup>40–42</sup> Upregulation of Runx2 is associated with calcification of multiple vascular cells.<sup>8</sup> In addition, adaptive cellular events and intercellular crosstalk may accelerate vascular calcification. For instance, angiogenesis has been postulated to promote vascular calcification by serving as a conduit for circulating progenitor cells or pericytes and producing endothelial cells-derived cytokines, inflammatory, and angiogenic factors that directly and indirectly affect osteogenesis of vascular cells.<sup>42</sup> Furthermore, the crosstalk between immune cells and vascular cells has also been documented in vascular calcification.<sup>43</sup> Monocytes/macrophages promote VSMC calcification in a coculture system,<sup>44,45</sup> whereas calcifying VSMC induces migration and differentiation of

macrophage/monocyte differentiation into osteoclasts, which may further contribute to vascular calcification in atherosclerosis.<sup>46</sup>

## RISK FACTORS

Atherosclerosis is the predominant cause of PAD and is associated with traditional risk factors, including hypertension, hyperlipidemia, diabetes, and smoking.<sup>47</sup> In particular, metabolic risk factors, such as impaired glucose tolerance and impaired fasting glucose, are associated with increased incidence of cardiovascular disease, where affected patients are more likely to have subclinical coronary atherosclerosis,<sup>48</sup> as well as worse clinical outcomes after lower extremity interventions.<sup>49</sup>

Medial artery calcification (MAC) is most commonly associated with increasing age, diabetes, and CKD.<sup>50</sup> These risk factors reflect the underlying mechanisms that occur in MAC, including hyperphosphatemia seen in CKD, hyperglycemia, and the production of advanced glycation end products present in diabetes, and age-related increase in oxidative stress and DNA damage; all of which drive VSMC osteogenic phenotype switch, calcium phosphate deposition, and extracellular matrix remodeling seen in vascular calcification.<sup>51</sup>

A major traditional risk factor underlying both intimal and medial arterial calcification (MAC) is hypertension. At a mechanistic level, increased pressure in the arterial wall due to hypertension increases VSMC growth in large vessels while causing a cascade of abnormalities in small vessels, including volume dysregulation and enhanced vasoconstriction, leading to adaptive changes in ion transport and electrolyte metabolism at the cellular level that enhance VSMC proliferation and hypertrophy.<sup>52</sup> Furthermore, hypertension-related vascular remodeling results in arteriosclerosis with the renin-angiotensin system driving the VSMC osteogenic phenotype switch as demonstrated in preclinical models.

Efforts to improve cardiovascular disease risk assessment have included the evaluation of nontraditional risk factors in risk assessment models. CKD patients in particular have an elevated risk for PAD, as demonstrated in the ARIC (Atherosclerosis Risk in Communities) study that found an 82% higher age-, sex-, and race-adjusted risk for PAD in CKD patients, compared with those with normal kidney function.<sup>53</sup> Among patients with CKD, those with increased inflammatory markers, including C-reactive protein, white blood cell count, fibrinogen, myeloperoxidase, and increased calcification markers, including ALP (alkaline phosphatase), had an elevated risk for incident PAD.<sup>54</sup> These biomarkers reflect the osteogenic changes that occur to the vasculature in hyperphosphatemia, where calcium deposition in the vasculature can induce inflammation that, in turn, can trigger the upregulation of osteogenic transcription factors in VSMCs, underlying the vicious cycle of vascular

calcification that is a hallmark of patients with CKD.<sup>55</sup> Furthermore, calciprotein particles, which are circulating calcium and phosphate nanoparticles associated with CKD, are internalized by VSMCs and evoke transdifferentiation into osteogenic phenotype via mechanisms including inflammatory signaling and oxidative stress.<sup>56</sup> These particles induce the expression and secretion of proinflammatory cytokines, including IL-1 $\beta$ , IL-6, IL-8, and TNF- $\alpha$  (tumor necrosis factor- $\alpha$ ), thus demonstrating a direct link between calcification and elevated circulating inflammatory markers. However, studies have yet to show direct *in vivo* imaging or tracing of labeled calciprotein particles in the arterial wall. Such evidence would have significant implications for calciprotein particles being procalcific cargo carriers rather than passive precipitates of calcium-phosphate imbalance in CKD, thereby shifting the calcification model from that of pure extracellular mineral nucleation to a combined intra/extracellular model.

Similarly, diabetes accelerates vascular calcification in PAD through a complex interplay of metabolic, inflammatory, and cellular dysfunction. Advanced glycation end products are well-established byproducts of chronic hyperglycemia that bind to receptors on VSMCs to promote oxidative stress and inflammation, as well as calcification signaling.<sup>57,58</sup> Diabetes induces a proinflammatory state that includes inflammatory cytokines (IL-6 and TNF $\alpha$ ) and reactive oxygen species to promote osteogenic differentiation of VSMCs.<sup>59</sup> More recently, hyperglycemia has been shown to disrupt extracellular pyrophosphate metabolism by decreasing ENPP1 activity and promoting the breakdown of ATP to inorganic phosphate instead of pyrophosphate, thereby decreasing the pyrophosphate to phosphate ratio and leading to increased calcification.<sup>60</sup> The novel connection between impaired pyrophosphate metabolism and VSMC calcification in diabetes underscores shared mechanisms driving vascular calcification across diverse etiologies.

## GENETIC DISORDERS OF VASCULAR CALCIFICATION

Beyond the aforementioned risk factors, genetic factors may confer an increased risk for developing premature vascular calcification, including Mendelian disorders, such as generalized arterial calcification of infancy and arterial calcification due to deficiency of CD73. These are rare monogenic disorders of severe vascular calcification associated with genetic mutations that result in dysfunction of enzymes in the extracellular ATP-adenosine conversion pathway. In generalized arterial calcification of infancy, mutations in ENPP1 result in extensive calcification of large- and medium-sized vessels, including the lower extremities, and have a 55% mortality rate before 6 months of age due to strokes and cardiac events.<sup>61</sup>

ENPP1 encodes an enzyme that hydrolyzes ATP to AMP and inorganic pyrophosphate, both of which are endogenous inhibitors of calcification.<sup>62</sup> ENPP1's role in vascular calcification is underscored by its identification as a locus in the largest multiancestry genome-wide association study meta-analysis of CAC to date.<sup>63</sup> ENPP1 polymorphisms are also found in diabetes, cardiovascular disease, and stroke<sup>64</sup> further implicating ENPP1 as an important regulator of vascular calcification.

Arterial calcification due to deficiency of CD73 is a rare adult-onset disorder of vascular calcification, where mutations in CD73 result in dysfunction of an enzyme that converts AMP to adenosine and inorganic phosphate. The reduction in extracellular adenosine levels leads to increased alkaline phosphatase activity (ALPL), which degrades pyrophosphate and consequently increases calcification.<sup>65</sup> Patients with arterial calcification due to deficiency of CD73 develop lower extremity claudication with diffuse circumferential calcification often seen in the femoral-popliteal arteries.<sup>66</sup> Interestingly, calcific femoral-popliteal arteries from patients without arterial calcification due to deficiency of CD73 also exhibit decreased CD73 compared with noncalcific arteries, highlighting the significance of CD73 as a potential therapeutic target in PAD.<sup>66</sup>

## ANATOMIC DISTRIBUTION OF CALCIFICATION

In patients with PAD, the anatomic distribution of lower extremity arterial disease is typically segmented into the aortoiliac, femoral-popliteal, and tibial arteries. These patients often present with fibrocalcific plaque of atherosclerosis.<sup>67</sup> Fibrocalcific plaque formation shows a predilection for bifurcation sites and tortuous vessels.

Intimal calcification, which is associated with atherosclerosis, is characterized by lipid accumulation, inflammation, fibrosis, and development of focal plaques, whereas medial calcification is associated with hydroxyapatite deposition, which directly increases arterial stiffness and is commonly seen in patients with diabetes and ESRD. Although intimal calcification typically occurs in advanced atherosclerotic lesions, often promoted by localizing biomechanical factors,<sup>68</sup> MAC occurs early in the course of the disease along elastic lamellae. Medial calcification is hypothesized to be the major contributor of arterial calcification and stiffness in PAD.<sup>69</sup>

The hemodynamic effects on plaque formation are evidenced by the high incidence of athero-calcific plaque in the superficial femoral artery in the adductor canal region and the popliteal artery above the knee.<sup>70</sup> In the adductor canal, the superficial femoral artery is surrounded by tight muscles before it curves to cross the sharp border of the aponeurosis and dives into surrounding soft, fatty tissue.<sup>71</sup> Similarly, the location of the popliteal artery

at the knee flexure may cause repeated trauma to the vessel, inducing structural change in the arterial wall. By contrast, tibial vessels, which have the highest incidence of vascular calcification in the lower extremities (33%), more commonly demonstrate MAC.<sup>72</sup> MAC is characterized by calcium phosphate deposition in the medial layer of the vessel wall and is frequently seen in patients with increased age, diabetes, or CKD.

The anatomic distribution of vascular calcification is also categorized based on the size of the affected vessels. Microvascular calcification (ie, vessel diameter of  $\approx 100 \mu\text{m}$ ) is a hallmark of calciphylaxis, which is a rare and highly morbid disease of accelerated arteriolar calcification.<sup>73</sup> Calciphylaxis is commonly found in patients with CKD but is also associated with diabetes, hyperparathyroidism, vitamin D or K deficiencies, and female sex. Calciphylaxis lesions predominantly appear in the abdomen and lower extremities, with 1 single-center study reporting up to 80% of lesions occurring in the lower extremities.<sup>74</sup>

## MEASUREMENT OF PERIPHERAL CALCIFICATION

The cornerstone of diagnosing PAD is the physical examination, with attention to diminished or absent pulses, trophic skin changes, and ulceration. The ABI and toe-brachial index are commonly used to quantify the potential degree of obstructive disease, with the systolic pressure at the ankle or toe, respectively, divided by the higher of the 2 brachial systolic pressures used to quantify the reduction in blood flow to the lower extremities. However, studies have shown the limitations of the ABI. In one study, 43% of patients with PAD who presented with symptoms and exhibited  $\geq 50\%$  stenosis on duplex ultrasound received normal or inconclusive resting ABIs.<sup>75</sup> Moreover, patients with diabetes, CKD, coronary artery disease, or tissue loss have been observed to have vessel incompressibility, which can lead to the artificial elevation of the ABI, and thus a missed diagnosis.<sup>75</sup> Pulse volume recordings and duplex ultrasound offer additional insight into hemodynamic significance and anatomic location of stenoses or occlusions, with ultrasound able to visualize plaque morphology and detect calcification to a limited extent.

Certain patterns of calcification can help distinguish medial from intimal calcification. In surface ultrasound, MAC is recognized on longitudinal views by echogenic abluminal bands and typically smooth endothelial interfaces. An x-ray railroad parallel track appearance is pathognomonic of MAC versus eccentric plaque-related calcium. Computed tomography (CT) detects calcium as high-density signals, but conventional CT cannot differentiate between MAC and intimal calcification. Newer CT techniques such as

dual-energy CT and micro-CT may be able to differentiate the 2, whereas invasive methods of intravascular ultrasound or optical coherence tomography can distinguish between the 2 types of calcification.<sup>76</sup>

Peripheral arterial calcification scoring is a method to evaluate PAD and overcome the limitations of vessel incompressibility. These scoring systems are applied through the use of imaging modalities such as X-ray and CT, ultrasound, magnetic resonance imaging, magnetic resonance angiography, and catheter angiography.<sup>77</sup> Intravascular imaging, including intravascular ultrasound, can identify intimal versus medial calcification,<sup>50</sup> but it is invasive. Magnetic resonance imaging has been noted to be less sensitive for evaluating arterial calcification,<sup>78</sup> whereas CT imaging also does not show microcalcification or distinguish between medial versus intimal calcification.

Current calcification scoring systems include the MAC score and adaptations of the Agatston score for CT imaging of lower limbs.<sup>79</sup> The MAC score, applied via foot radiographs, assigns 1 point per vascular segment with calcification exceeding 2 cm in the dorsalis pedis, plantar, and metatarsal arteries, or  $>1$  cm in the hallux and nonhallux digital arteries, up to a maximum of 5.<sup>80</sup> Pedal MAC scores have similarly been used in patients with chronic limb-threatening ischemia.<sup>81</sup> CT-based approaches extend Agatston scoring to lower limb arteries, including the aortoiliac, femoral-popliteal, and tibial segments.<sup>82-84</sup> Vessel-by-vessel calcium scoring has also been done via CT imaging of the femoral-popliteal, anterior tibial, tibioperoneal trunk, posterior tibial, and peroneal arteries.<sup>85</sup>

Current national guidelines<sup>69</sup> recommend duplex ultrasound, CT angiography, magnetic resonance angiography, and catheter angiography. Duplex ultrasound is listed as a modality with the least risk, if trained technical and medical personnel are present. CT angiography and magnetic resonance angiography were mentioned to provide greater detail though there are risks of radiation or contrast exposure. Catheter angiography was mentioned to have a higher level of risk and was only to be restricted to more severe cases of PAD.

## MANIFESTATIONS

PAD can be clinically categorized into 2 levels of increasing severity: (1) intermittent claudication, where patients experience cramping lower extremity pain with activity and (2) chronic limb-threatening ischemia, where patients experience rest pain in their foot, tissue loss, or gangrene.

Based on the symptoms of patients with PAD, the presence of flow-limiting lesions can be localized. For instance, in the aortoiliac system, which comprises the infrarenal aorta as well as the common iliac, external, and

internal iliac arteries, patients may present with buttock or lower extremity claudication, impotence, and absence of femoral pulses (ie, Lerche syndrome). Similarly, stenosis in the femoral-popliteal arteries or the tibial and pedal arteries manifests as ischemic symptoms in the calf or foot just distal to the location of a hemodynamically significant lesion.

Arterial calcification reduces vessel compliance, causes arterial wall stiffness, and alters blood flow dynamics.<sup>86</sup> In larger arteries, medial arterial stiffness increases pulse pressure and cardiac afterload, both of which have been associated with left ventricular hypertrophy and heart failure. In smaller arteries, arterial calcification has been associated with stasis and a diminished autoregulatory response, which may lead to reduced perfusion.<sup>87</sup> Moreover, calcified arteries exhibit poor arterial compliance, decreased vasodilatory response, and an impaired ability to recover from ischemic events.<sup>88</sup>

## NONSURGICAL TREATMENTS

Several mechanism-driven therapeutic strategies have been tested in preclinical models to evaluate their potential to alleviate vascular calcification. For instance, antioxidant therapies such as resveratrol have shown efficacy in mitigating oxidative stress-induced Runx2 activation and vascular calcification.<sup>89</sup> Inhibiting Wnt signaling, exemplified by the use of niclosamide, has been shown to effectively suppress the expression of osteogenic genes, including *Runx2*, and reduce vascular calcification.<sup>90</sup> Glucose-lowering agents like sodium-glucose cotransporter-2 inhibitors not only exhibit high efficacy in glycemic control but also directly attenuate vascular calcification by promoting Runx2 proteasomal degradation,<sup>91</sup> supporting the use of sodium-glucose cotransporter-2 inhibitors as a compelling therapeutic option in diabetes-associated vascular calcification.

Calcium channel blockers are antihypertensive agents that inhibit voltage-dependent calcium channels in the plasma membrane and thus decrease intracellular calcium content. Preclinical studies have demonstrated a reduction in vascular calcification in animal models that received calcium channel blockers. However, clinical trials studying other calcium channel blockers have failed to demonstrate a beneficial effect on vascular calcification.<sup>92,93</sup> For example, the INTACT trial (International Nifedipine Trial on Anti-Atherosclerotic Therapy) investigated the effect of nifedipine on CAC progression and found no effect on the progression of existing lesions.<sup>94</sup>

In a vitamin D model of calcification in rabbits, calcified arteries demonstrated an upregulation in angiotensin 1 receptor, whereas treatment with angiotensin receptor blockers prevented vascular calcification.<sup>95</sup> Similarly, a vitamin D model of vascular calcification in rats demonstrated an association between increased arterial calcification and increased levels of angiotensin II and

aldosterone in the tissue, where treatment with captopril and spironolactone decreased calcification.<sup>96</sup> Notably, pharmacological inhibition of the renin-angiotensin axis in preclinical studies has demonstrated a decrease in the osteogenic phenotype switch of VSMCs in vitro and in vivo, although clinical trials in humans have yet to demonstrate a consistent improvement in vascular calcification.

Given the similarities in the underlying mechanism of vascular calcification with that of bone formation, bisphosphonates have been evaluated as a potential therapy. Preclinical studies have demonstrated a dose-dependent response to bisphosphonates in the reduction of vascular calcification in a rabbit model of atherosclerosis.<sup>97</sup> Large human studies have demonstrated that bisphosphonate use in elderly women is associated with decreased vascular calcification.<sup>98</sup> However, the majority of clinical studies report a lack of anti-calcifying effects of bisphosphonates in conventional doses.<sup>99</sup> SNF472, the hexasodium salt of phytic acid, is a novel calcification inhibitor that binds to hydroxyapatite crystals to prevent further calcium deposition in the arterial wall.<sup>100</sup> Clinical trials have demonstrated a reduction in calciphylaxis-related events and a survival benefit of SNF472 administration in patients with calciphylaxis.<sup>101</sup>

Although numerous mechanism-driven therapies have demonstrated promise in preclinical models for attenuating vascular calcification, their translation into effective, targeted treatments in clinical settings remains limited. Many of these interventions exert indirect effects on vascular calcification by influencing upstream molecular pathways or systemic metabolic states. Moreover, agents like calcium channel blockers and bisphosphonates, despite showing efficacy in animal models, have yielded inconsistent or negligible results in clinical trials, often failing to halt the progression of existing calcific lesions. Novel compounds such as SNF472 show potential in acute, high-risk contexts like calciphylaxis, yet their applicability to more common, progressive forms of vascular calcification is not well established. As such, current therapies remain largely supportive or disease-modifying rather than directly calcification-targeting, underscoring the need for strategies capable of reversing or preventing chronic, progressive vascular calcification.

## SURGICAL INTERVENTIONS

Calcification presents a major barrier to the success of endovascular interventions in PAD, as it impairs vessel compliance, hinders device delivery, and increases the risk of procedural complications. Several advanced techniques have been proposed to address this challenge, including subintimal recanalization, retrograde tibial or pedal access, direct puncture of calcified plaque, and the direct extravascular calcium interruption procedure.<sup>102-104</sup> Intravenous lithotripsy (IVL) is considered the gold standard for heavily calcified lesions, which utilizes a balloon

**Table. Summary of Diagnostics and Clinical Management of Peripheral Artery Calcification**

Domain	Key concepts	Evidence-based guidelines
Risk factors	Diabetes	Diabetes, CKD, and aging are the strongest predictors of medial arterial calcification in peripheral arteries. <sup>108</sup>
	CKD	
	Aging	
	Hyperphosphatemia, hypercalcemia	
	Inflammation and oxidative stress	
	Genetic predisposition	
Clinical manifestation	Associated with limb ischemia, impaired wound healing, and amputation risk	Higher medial artery calcification has been shown to correlate with lower toe pressures and higher WIfI scores, indicating more severe ischemia and poor wound healing. <sup>109</sup>
	Increased arterial stiffness and pulse pressure	
Diagnostic approaches	ABI >1.40 (non-compressible arteries) + TBI <0.7 demonstrating decreased perfusion	TBI <0.70 suggests PAD in patients with high ABI. CT calcium scoring is being investigated for prognostic value in PAD and awaits further validation through large-scale prospective studies.
	WIfI scores	
	Plain X-ray: Linear vessel wall calcification	
	Duplex ultrasound: Acoustic shadowing from calcified segments	
	CT scan/CTA: Quantitative calcium scoring	
Management strategies	No specific therapy to reverse calcification	Emphasis on prevention and modulation of progression. SNF472 (calcification inhibitor) in phase II trials. <sup>100</sup>
	Risk factor control: Optimize diabetes, phosphate balance, PTH levels in CKD	
	Statins: Limited effect on calcification progression	
	Sodium thiosulfate, SNF472, etidronate under investigation for calcification inhibition	
Revascularization considerations	Calcification may limit success of endovascular interventions (eg, poor balloon expansion, stent underdeployment)	Device choice is critical in severe PAC. Preprocedural imaging (CT) often needed for planning.
	Use of IVL or atherectomy may be required	
Prognosis and outcomes	Peripheral artery calcification is associated with worse limb outcomes (eg, nonhealing ulcers, amputations) and cardiovascular events	Peripheral calcification is an independent predictor of major adverse limb and cardiovascular events. <sup>50,110</sup>
	Higher mortality in patients with coexisting medial calcification and PAD	

ABI indicates ankle-brachial index; CKD, chronic kidney disease; CT, computed tomography; CTA, computed tomography angiography; IVL, intravascular lithotripsy; PAD, peripheral artery disease; TBI, toe-brachial index; and WIfI, wound, ischemia, and foot infection.

catheter with integrated sonic pressure wave generators to fracture calcium deposits, enabling better vessel expansion. The Disrupt PAD III trial (Shockwave Medical Peripheral Lithoplasty System Study for PAD) demonstrated that IVL followed by drug-coated balloon angioplasty significantly outperformed standard percutaneous transluminal angioplasty in patients with severely calcified femoropopliteal lesions, showing higher procedural success and primary patency at 1 year, with fewer major dissections and reduced need for provisional stenting.<sup>105</sup> Similarly, a meta-analysis of 9 studies involving 681 patients found that IVL reduced diameter stenosis by over 59% with a low incidence of complications, confirming its efficacy across a broad patient population.<sup>106</sup>

Atherectomy, which physically removes plaque using specialized cutting or rotational devices, has also shown benefit in treating dense, calcified lesions. In pooled patient-level analyses, directional atherectomy achieved substantial acute luminal gain and reduced residual stenosis, though it may carry a higher embolic risk compared with IVL.<sup>107</sup> In addition, cutting and scoring balloons have been used to facilitate controlled plaque modification by creating linear fractures in the calcified lesion, improving the efficacy of subsequent balloon angioplasty. These devices are particularly useful when calcium is eccentric or superficial and may be used in conjunction with IVL or atherectomy in hybrid strategies.

In practice, the selection of technique depends on lesion morphology, distribution of calcium, and operator expertise, but evidence increasingly supports the use of IVL and atherectomy-alone or in combination for optimizing outcomes in the most challenging calcified PAD cases (Table).

## CONCLUSIONS

Arterial calcification in the lower extremities among patients with significant obstructive disease creates diagnostic and therapeutic challenges. Because calcification typically occurs in those with diabetes or CKD, these patients are particularly vulnerable to worse clinical outcomes such as tissue loss, gangrene, and subsequent repetitive amputation. As such, there is a dire need to further elucidate the mechanisms of peripheral vascular calcification, as well as the traditional and nontraditional risk factors, to optimize risk stratification and treatment strategies for these patients.

## ARTICLE INFORMATION

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## Disclosures

None.

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