1 Network overview

1.1 Access networks

Digital subscriber line (DSL) uses existing telephone lines to transmit data at high frequencies, and voice at low frequencies. These two frequency ranges are separated using a DSL access multiplexer (DSLAM), with the voice frequencies going to the telephone network while the data goes to the internet.

Cable based access uses frequency division multiplexing (FDM) to allow many channels to transmit simultaneously by assigning each a frequency band. It can use TV lines, or dedicated internet lines. Shared wireless access networks connect end systems to routers via an access point or base station.

Wireless local area network (WLAN) typically connect in or around a building (100ft range) with an up to 10 Gbps transmission rate. A wide area cellular access network is provided by a mobile service provider, with ranges in the 10s of kilometres and lower transmission rates (100 Mbps for 4G, 1 Gbps for 5G). An enterprise network consists of a mix of wired and wireless access points.

1.2 Physical media

Twisted pair - a pair of insulated copper wires twisted together, which reduces electromagnetic interference. Cat5 and Cat6 cables use a number of twisted pairs, reaching 100 Mbps-1 Gbps and 10 Gbps speeds respectively.

Coaxial cables consist of an central copper wire, a layer of insulation, another layer of copper, and an outer sheath. This allows data to be bidirectionally transmitted, one way on each layer. Broadband cables are coax, with multiple frequency channels on each cable and can reach a speed of 100 Mbps per channel.

A **fibreoptic cable** contains a glass fibre carrying light pulses, with each pulse being a bit. They are extremely high bandwidth, with transmission rates up in the 10-100+ Gbps range, have a low error rate as they are immune to EM interference, but are expensive and inflexible.

Wireless radio - instead of using a cable, radio/microwaves are used to carry signals, which propagate across the environment. This removes the need to physically connect devices to the network, but comes at the cost of variable signal strengths, interference, and obstruction by non-radio-transparent objects. Types include: terrestrial microwave (up to 45 Mbps), wireless LAN (up to 1 Gbps), wide area (up to 1 Gbps), and satellite (up to 45 Mbps, has ei- Overall delay ther high latency for geosynchronous orbits or higher cost/complexity for low-earth-orbit satel-

1.3 Internet structure

The internet is assembled from a collection of ISPs of different scales:

A small number of large networks: **Tier-1** commercial ISPs (e.g. BT, Virgin Media, Sprint, AT&T) which provide national and international coverage, and content provider networks (CDNs) (e.g., Google, Facebook) - private networks for connecting data centres to the internet, bypassing tier-1 and regional ISPs.

A large number of small networks: various lower tier ISPs, which resell access to some tier 1 ISP hardware or using their own regional networks. ISPs connect to each other at IXPs (internet exchange points)

1.4 Delays

Processing delay

When a packet arrives at a node, the header is examined and used to determine where the packet should be directed - this takes some time and is **processing delay**. Processing delays in modern high-speed routers are usually microseconds or less.

Oueuing delay

After a packet is processed, it is added to gueue to wait for its transmission link to become available. This is dependent on how many packets have arrived before it that are still waiting to be transmitted, if no packets have arrived recently then it will be close to 0, but if traffic is heavy then there may be a long delay. In practice, queuing delays are between microseconds and milliseconds.

Transmission delay

A link between routers will have a transmission rate in (R bits per second). If a packet is of size L bits, then it will take L/R seconds to transmit one full packet. Transmission delays tend to be between microseconds and milliseconds in practice.

Propagation delay

Once a bit is pushed into a link, it must propagate down it to the next router. This is governed by the propagation speed (the speed that the signal can move within the link's medium, e.g. speed of light ($3 * 10^8$ m/s) in fibre lines or the speed of electricity ($2 * 10^8$ m/s) in copper). Propagation delay can be milliseconds in large networks, or nearly negligible in local ones.

If we let d_{proc} , d_{queue} , d_{trans} , d_{prop} be the processing, queuing, transmission, and propagation delays respectively, then the total nodal de-

$$d_{nodal} = d_{proc} + d_{queue} + d_{trans} + d_{prop}$$

Oueuing delay in more detail

Queuing delay is the most complex part of nodal delay, as it varies packet by packet. This means that we can't discuss absolute values but instead statistical measures of mean/median delays and their distributions, or in probabilities. If we have R = transmission rate, $\alpha = \text{packets}$ per second, and L =packet size, then we can calculate the traffic intensity:

Traffic intensity
$$=\frac{La}{R}$$

If $\frac{La}{a} > 1$ then the average rate of bits arriving at the queue exceeds the rate at which they can be transmitted, resulting in the gueue increasing forever and the queuing delay approaching infinity. In the case $\frac{L\alpha}{R} \leq 1$ the nature of arriving traffic impacts the queuing delay. E.g. if one packet arrives exactly every $\frac{L}{R}$ seconds then each packet will arrive to an empty queue and the will be no queuing delay. If the packets arrive in periodic bursts, e.g. N packets every $\frac{NL}{R}$ seconds, then the first packet will have no queuing delay, the second an $\frac{L}{R}$ second delay, third a $\frac{2L}{R}$ delay, and so on with the *n*th packet having a $\frac{(n-1)L}{R}$ delay.

2 Protocol lavers

Application: works with messages. Is where applications and their protocols exist. Examples include HTTP, SMTP, FTP, and DNS.

Transport: works with segments. Transports application layer messages between specific applications on different hosts. Examples include TCP and UDP.

Network: works with datagrams. Transports segments from one host to another. Examples include IP and ICMP.

Link: works with frames. Transports datagrams between neighbouring network elements. Examples include Ethernet and WiFi.

Physical: works with bits. The physical medium connecting neighbouring network elements. Examples include copper cable, fibre optics, and radio waves.

2.1 Application layer

An application is identified by a 32 bit IP address and 16-bit port number. The IP address identifies the host, and the port number identifies the application on that host.

2.1.1 The Web and HTTP

HTTP is a stateless protocol which determines how web clients (such as browsers) interact with web servers. HTTP uses TCP, and either establishes one persistent session across many requests, which removes the expensive setup time for each request, or establishes a new session for each request, which prevents the client and server from needing to store information about a session that is not currently in use. When non-persistent sessions are used, each request takes approximately 2 · round trip time + file transmission time, while with persistent sessions once a connection is established, each request takes approximately round trip time + file transmission time.

An HTTP request has this format:

GET /somedir/page.html HTTP/1.1

Host: www.someschool.edu

Connection: close User-agent: Mozilla/5.0

Accept-language: fr

Common request methods are: **GET** (request an object from the server), **POST** (send some data and the server should reply with a response object). **HEAD** (request an object. but the server only responds with the HTTP header, used for debugging), PUT (upload an object). **DELETE** (delete an object from the server). **GET** can also send data to the server, by appending queries to the URL, e.g. somesite.com/search?search=a+search+string. An **HTTP response** has this format:

HTTP/1.1 200 OK Connection: close

Date: Tue, 18 Aug 2015 15:44:04 GMT

Server: Apache/2.2.3 (CentOS) Last-Modified: Tue. 18 Aug 2015 15:11:03 GMT

Content-Length: 6821 Content-Type: text/html

data goes here

Common response codes are: **200 OK** (request succeeded), 301 Moved Permanently (requested object has been moved, the client will automatically request the new URL), 400 Bad

Request (message not understood by server). **404 Not Found** (requested document not found), 505 HTTP Version Not Supported (server does not support the HTTP protocol version used in the request).

Sessions can be tracked using cookies by setting the **Set-Cookie** header in the response, and the client will send the cookie back in the request. Cookies can be used to store session 2.1.3 DNS information, user preferences, and shopping cart contents, or they can be IDs that are used to index a cookie database on the server.

HTTP/2 is a new version of HTTP that is binary instead of textual, fully multiplexed, uses one connection for parallelism, uses header compression, and allows servers to push responses proactively into client caches. Web caches satisfy HTTP requests on behalf of a server. A browser must be configured to request from a cache, and then if the page is already in the cache it can respond faster than the server could have. Web caches use conditional GETs to check if the page has been updated since the last time it was cached, by setting the If-Modified-Since header line.

2.1.2 Email and SMTP

Email systems consist of user agents, mail servers, and the simple mail transfer protocol (STMP). When an email is sent, the user agent sends the email to the user's mail server, which then sends the email to the recipient's mail server, which then stores the email until the recipient's user agent requests it. STMP uses TCP with persistent connections, and pushes the email to the recipient's mail server, unlike HTTP which pulls objects from a server. An email header looks like this:

From: alice@aServer.com To: bob@anotherServer.com

Subject: Hello

POP3 is a protocol used by the recipient's mail client to retrieve the email from the server. A user logs in with user <username> and pass <password>, then can list emails with list, retrieve an email with retr, and delete an email with dele. Once the user has finished, all their actions are applied at the same time with quit.

IMAP is a protocol used by the recipient's mail client to retrieve the email from the server. It is more powerful than POP3, as it allows the user to create, delete, and rename mailboxes, and allows the user to search for emails.

Today, most email clients are sent using a web browser, so emails are requested from servers using HTTP.

The **Domain Name System** is responsible for translating application layer hostnames to network laver IP addresses. It is a distributed database implemented in a hierarchy of DNS servers. When a request is made, the DNS client calls a local DNS server, which then calls a root DNS server, which then calls a top-level domain DNS server, which then calls an authoritative DNS server. The authoritative DNS server then sends the IP address back to the client. The local server will cache the IP address of the response, but will also cache the addresses of the various servers, meaning that the root servers are very rarely contacted. DNS resolution uses both recursive requests (the client asks the server to resolve the request) and iterative requests (the client asks the server to tell it the next server to contact). A hostname may map to many IP addresses, in which case the server responds with them in a random order. As the client usually picks the first one, this acts as a simple load balancing system.



And has the record format <name, value, type, ttl>. The **type** states what the record is. A means name is a hostname and value is the corresponding IP address, NS means name is a domain and value is the server knows the next step in resolving that domain, CNAME means name is an alias for value. MX means name is a domain and value is the mail server for that domain. The **TTL** is the time the record can be cached for.

2.1.4 P2P and BitTorrent

Peer-to-peer applications communicate directly with other peers without requiring a central server. P2P applications are used for file distribution, streaming, and telephony, as they are well suited to sharing large files.

If we have a system with N hosts wishing to download an F bit file, peer[i] having an upload rate of u_i and a download rate of d_i , along with a server with an upload rate of u_s , then for a client server architecture the time for all clients to download the file is bounded by

$$D_{CS} \ge \max\left\{\frac{NF}{u_s}, \frac{F}{d_{\min}}\right\}$$

In a P2P system, each peer who gets a part of the file can distribute it onwards, and the download time is bounded by

$$D_{P2P} \ge \max \left\{ \frac{F}{u_s}, \frac{F}{d_{\min}}, \frac{NF}{u_s + \sum_{i=1}^{N} u_i} \right\}$$

 D_{P2P} equals that only when the server sends bits one at a time to each client.

BitTorrent is a popular P2P file distribution protocol. A file is broken into chunks, typically 256 KB each, and all peers for a file form a torrent. Each torrent has a tracker, which keeps a list of all active peers. When a new peer (we'll call Alice) joins a torrent, it contacts the tracker, which selects a random subset of peers and sends their IPs to Alice who attempts to open concurrent TCP connections with all the IPs it received. Each successful connection is counted as a "neighbouring peer", and over time some of those peers will leave while others join and establish connections, leading to Alice's neighbouring peers fluctuating over time. Every neighbour will have a different subset of chunks of the file, so Alice will periodically reguest a list of the chunks each of its neighbours has. Alice then determines which chunks are held by fewest of her neighbours and requests them first (rarest-first), this means that each chunk of a file should end up roughly equally distributed.

Alice will also receive requests for chunks for each of her neighbours, and she selects the four that are sending her the highest rate of bits, and reciprocates by sending them their requested chunks - these neighbours are known as un**choked**. She recalculates the top four every 10 seconds. Every 30 seconds, she also selects one random neighbour (in this case Bob) and sends it chunks - this neighbour is optimistically unchoked. If Alice makes it into Bob's top

four uploaders and he will reciprocate, and may also make it into Alice's top four. This means that peers will gradually match up with other peers that are capable of uploading at comparable rates, and that a new peer will get chunks that it can trade with its neighbours. All other neighbouring peers receive nothing from Alice, and are choked.

2.1.5 QUIC

OUIC is an application layer protocol built on top of UDP, and provides error and congestion control, along with security. Integrating all of these allow it to set up reliability and authentication in 1 RTT, instead of requiring 2 RTTs that are required for TCP + TLS. In addition, OUIC can multiplex multiple streams over a single connection.

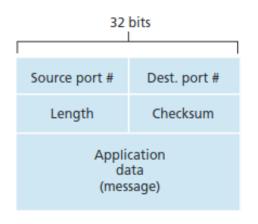
2.2 Transport layer

Multiplexing is the process of taking data from multiple applications and sending it over a single link. UDP uses a tuple of (destination IP, destination port) to identify which application the data is for, while TCP uses a tuple of

(source IP, source port, destination IP, destination port)

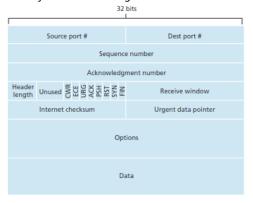
2.2.1 UDP

User Datagram Protocol is a connectionless protocol that simply packages a bytestream into segments and sends it to the destination. It provides no guarantees of delivery, order, or duplicate packets. It performs simple error checking, and is used for applications that can tolerate some loss, such as streaming media, DNS, and SNMP. A UDP segment has this format:



2.2.2 TCP

Transmission Control Protocol provides a delivery service that guarantees that a byte stream sent using it will arrive in order with no duplicate packets. It is a connection oriented service, meaning that the client and server exchange transport layer level control information before the application layer messages start to flow. TCP creates a segment up to the maximum segment size (MSS) which is determined so that the TCP segment when encapsulated in an IP datagram can fit within the largest link-layer frame that can be sent by the sending host. Ethernet has a maximum transmission unit (MTU) of 1500 bytes, and the TCP+IP headers are usually 40 bytes, so the MSS is typically 1460 bytes. A TCP segment has this format:



The **receive window** is the amount of data that the receiver is willing to accept, and is used to prevent the sender from overwhelming the receiver. The **options field** is usually empty, but can be used to negotiate a window scaling factor for high speed use cases or for timestamping. The 4 bit **header length** is the length of the header in 32 bit words, usually when there are no options it is 5. The flags CWR and ECE are for congestion notification. URG is used if there is an urgent pointer in the urgent data **pointer** field, though this is rarely used, **ACK** is set if the segment is an acknowledgement for a successfully received segment, **PSH** is used to push data to the application layer immediately, again rarely used, **RST** is used to reset the connection. **SYN** is used to establish a connection. and **FIN** is used to terminate a connection.

Sequence and acknowledgement numbers: TCP uses cumulative acknowledgement, so the acknowledgement number is the next byte the receiver expects to receive. The sequence number is the byte number of the first byte in the segment. TCP usually, but isn't required to, cache data that is received after a gap in the sequence numbers, and only deliver it to the application layer once the gap is filled.

Retransmission timers: TCP uses a retransmission timer with a variable timeout period. The period is calculated using a sample RTT based off of one currently transmitted but not yet ACKed segment, resulting in a new value approximately once every RTT. This is used to calculate an estimated RTT, using an exponential weighted moving average (EWMA) using the following formula:

EstimatedRTT =
$$(1-\alpha) \cdot \text{EstimatedRTT}$$

+ $\alpha \cdot \text{SampleRTT}$

The recommended, but not required, value for α is 0.125. The variability of the sample RTT is also calculated, using:

$$\begin{aligned} \mathsf{DevRTT} &= (1 - \beta) \cdot \mathsf{DevRTT} \\ &+ \beta \cdot |\mathsf{SampleRTT} - \mathsf{EstimatedRTT}| \end{aligned}$$

If there is little variation of sample RTT values, then DevRTT will be small, while if there is a lot of variability it will be large. The recommended value of β is 0.25.

The timeout value is then set using both these values:

 $TimeoutInterval = EstimatedRTT + 4 \cdot DevRTT$

This means that the timeout stays close to the estimated RTT, but if DevRTT grows then so does the timeout period. An initial TimeoutInterval of 1 second is recommended.

and if a timeout occurs then the timeout is doubled until a segment is received, after which the timeout is recalculated using the above equation.

every time an ACK is received. If a loss event occurs, cwnd is set back to 1 MSS and the process repeats, except TCP also maintains a variable ssthresh (slow-start threshold), which

Flow control prevents the sender from overflowing the receive buffer of the receiver. The receiver advertises a **receive window** in each segment, which is the amount of data it is willing to accept. Each time the receiver sends a segment, it includes the current amount of space it has in its receive buffer. The sender uses this value to ensure that the number of unacknowledged bytes in transit is never more than the receive window, ensuring that the receiving buffer never overflows. In the case that the receiver's buffer is full, and it gives the sender a window size of 0, and the receiver has no segments it wants to send, the sender will continue to send 1 data byte segments to the receiver until the receiving application starts reading from the buffer again and the recipient will start responding with non-zero window

Connection setup: The three-way hand**shake** is used to establish a connection. The client sends a segment with the SYN flag set and a randomly chosen initial client sequence number client_isn to the server, this is the SYN message. The server responds with a segment with the SYN and ACK bits set, a random initial server sequence number server_isn, and the acknowledgement number set to client_isn+1, this is the SYN-ACK message. The client then sends a segment with the ACK bit set, the sequence number set to client_isn+1, and the acknowledgement number set to server isn+1, this is the ACK message. The connection is now established, and data transfer can begin.

Connection teardown: either party can end the connection at any point by sending a segment with the FIN bit set. The other party responds with an ACK, then its own FIN, which the first party responds to with an ACK. The connection is now closed.

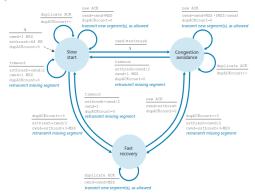
Congestion control: TCP performs congestion control by maintaining a congestion window cwnd alongside the receive window rwnd ant the maximum amount of data in flight at any time is min(cwnd, rwnd). A loss event occurs when either a timeout occurs or 3 duplicate ACKs are received. If rwnd is large enough it can be ignored, so we will focus only on cwnd. The TCP congestion control algorithm consists of 3 parts:

1. **Slow start**: initially, TCP ramps up cwnd, starting from 1 MSS, and increases it by 1 MSS

every time an ACK is received. If a loss event occurs, cwnd is set back to 1 MSS and the process repeats, except TCP also maintains a variable ssthresh (slow-start threshold), which is set to half the cwnd value at the time the loss event occurred. Once cwnd reaches ssthresh, slow start ends and enters congestion avoidance mode.

- 2. **Congestion avoidance**: now, cwnd is around half the value at which congestion last occurred, so TCP must be more careful. Therefore, cwnd is increased by 1 MSS every RTT, usually by increasing the window by *MSS*/number of bytes in flight for each ACK. If a timeout occurs, the response is the same as in slow start, ssthresh is set to half of cwnd, cwnd is set to 1 MSS, and slow start mode is reentered. If 3 duplicate ACKs are received, then ssthresh is set to cwnd, and cwnd is halved (+3 MSS for the duplicate ACKs received), and it enters fast recovery mode.
- 3. **Fast recovery**: in this mode, cwnd is increased by 1 MSS for every duplicate ACK received for the missing segment that caused fast recovery to start. Once that segment is ACKed, TCP returns to congestion avoidance with cwnd set to ssthresh, returning to the state it was in.

The state machine for TCP congestion control is as follows:



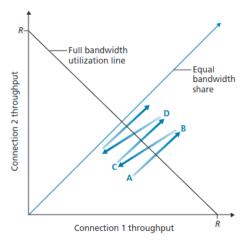
TCP uses additive increase, multiplicative decrease (AIMD) for congestion control.

If a router is experiencing congestion, it may set the ECN bit in TCP ACKs passing through it, which causes the receiver to halve its cwnd.

TCP throughput: if *w* is the window size, and when a loss event occurs the window halves to get *W*, then the throughput of a TCP connection is given by:

Average throughput of a connection = $\frac{0.75 \cdot W}{RTT}$

Fairness: if multiple TCP connections pass through the same bottleneck link, they tend to share the bandwidth fairly if they both have the same RTT. If they don't the connection with the smallest RTT will claim a larger portion of the available connection. This is the mechanism by which it converges on fairness:



2.3 Network layer

The network layer routes packets between hosts. It runs on every host and router on a network. The network layer consists of two components: the **control plane** determines the best routes across the network, and the **data plane** forwards packets based on those routes. The internet's network layer is the **Internet Protocol (IP)**, which provides only a "best effort service", with no guarantees of packets being delivered.

2.3.1 Data plane

2.4 Link layer