

TEST, Paula DOB: 11/10/1970 (53 yo F) Acc No. 17525 DOS: 08/09/2016

Progress Notes

Patient: TEST, Paula

Account Number: 17525

DOB: 11/10/1970 **Age:** 45 Y **Sex:** Female

Phone: 555-555-5555

Address: 820 Fletcher Pike, S Charleston, OH-45368

Pcp: Jennifer M ZDyer

Provider: UGO NWOKORO, MD

Date: 08/09/2016

Subjective:

Chief Complaints:

1. Sore throat. 2. Sprained ankle.

ROS:

FEMALE PHYSICAL:

GENERAL no fevers/chills, no fatigue/weakness, no weight loss. HEENT

no visual changes, no hearing loss, no sneezing, no congestion/runny nose, no sore throat

. SKIN no rash or itching. CARDIO no chest pain, no chest pressure or chest discomfort, admits palpitations, no edema. RESPIRATORY no shortness of breath, no cough, no sputum. GASTRO no nausea or vomiting, no constipation, no diarrhea, no abdominal pain, no blood in stool. GENITOURINARY no urinary frequency, no burning, no urgency. MUSCULOSKELETAL no joint pain. PSYCHIATRIC no depression, no anxiety, no suicidal/homicidal thoughts.

Medical History: Hypertension.

Surgical History: Denies Past Surgical History.

Hospitalization/Major Diagnostic Procedure: broken ankle .

Family History: Non-Contributory.

Social History:

Drugs/Alcohol:

Alcohol Screen (Audit-C)

Did you have a drink containing alcohol in the past year? Yes

How often did you have a drink containing alcohol in the past year? 2 to 4 times a month (2 points)

How many drinks did you have on a typical day when you were drinking in the past year? 3 or 4 drinks

(1 point)

How often did you have 6 or more drinks on one occasion in the past year? Less than monthly (1 point)

Points 4

Interpretation Positive

Medications: Taking Atenolol , Taking Tylenol 8 Hour Arthritis Pain 650 MG Tablet Extended Release 2 tablets as needed Orally every 8 hrs , Medication List reviewed and reconciled with the patient

Objective:

Vitals:

Temp: 98.6 F, Wt: 150 lbs, BMI: 21.52 Index, Ht: 70 in, Ht-cm: 177.8 cm, Wt-kg: 68.04 kg.

Examination:

General Examination:

GENERAL APPEARANCE: in no acute distress, well developed, well nourished.

EYES: pupils equal, round, reactive to light and accommodation.

EARS: tympanic membrane intact.

ORAL CAVITY: mucosa moist.

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THROAT: no erythema, no exudate.

NECK/THYROID: no cervical lymphadenopathy, no thyromegaly.

SKIN: no suspicious lesions.

HEART: no murmurs, regular rate and rhythm.

LUNGS: clear to auscultation bilaterally, no wheezes, rales, rhonchi.

BREASTS: no dimpling, no nipple discharge, no masses palpable bilaterally, no rash, no axillary adenopathy.

ABDOMEN: bowel sounds present, no hepatosplenomegaly, soft, nontender, no palpable masses.

FEMALE GENITOURINARY: no genital lesions, no abnormal color, no discharge

PAP SMEAR: done, no cervical tenderness, no polyps, no lesions, no atrophy, no adenexal masses or tenderness.

EXTREMITIES: no edema.

PERIPHERAL PULSES: 2+ dorsalis pedis.

PSYCH: cooperative with exam, good eye contact, judgement and insight good.

Assessment:

Assessment:

1. Type 2 diabetes mellitus without complications - E11.9 (Primary)
2. Essential hypertension - I10
3. Encounter for screening mammogram for malignant neoplasm of breast - Z12.31

Plan:

Treatment:

1. Type 2 diabetes mellitus without complications

Notes: Learning About Diabetes Food Guidelines material was printed

2. Essential hypertension

Start Norvasc Tablet, 10 MG, 1 tablet, Orally, Once a day, 30 day(s), 30 .

LAB: 17-Hydroxycorticosteroids, Ur

LAB: 17-alpha-Hydroxyprogesterone

LAB: 11-Dehydro Thromboxane B2/Crt.

LAB: 11-Desoxycortisol (Ordered for 08/09/2016).

3. Encounter for screening mammogram for malignant neoplasm of breast

Imaging: Mammogram

Immunizations:

Flu vaccine no Preserv 3 and > : .5 mg (Dose No:1) given by BRIDGET ZBURIG on Left Arm

Procedure Codes: 90656 Flu vaccine no Preserv 3 and >

Preventive Medicine:

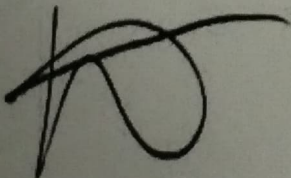
Patient educated regarding healthy diet, daily exercise, and skin cancer prevention. Recommend Dental exam every 6 months.

Follow Up: 4 Weeks

Care Plan Details

Patient Education Notes

Learning About Diabetes Food Guidelines material was printed 08/09/2016 10:37:40 AM



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