

	F-Y2 Only	Y3-Y4 Only	Total
	(n = 78)	(n = 63)	(n = 248)
All the time (about 4-5 times per week)	35%	35%	32%
Often (2-3 times per week)	45%	46%	47%
Sometimes (once per week)	19%	17%	19%
Rarely (once per month)	1%	2%	2%
Never	0%	0%	0%
Total	100%	100%	100%