insert文

insert into profiles values (1,'田中実','012-345-6789',30,'1994-02-01');
insert into profiles values (2,'鈴木茂','090-1122-3344',37,'1987-08-12');
insert into profiles values (3,'鈴木実','080-5566-7788',24,'2000-12-24');
insert into profiles values (4,'佐藤清','012-987-6543',19,'2005-08-01');
insert into profiles values (5,'高橋清','090-9900-1234',24,'2000-12-24');