

## SQL Adding in a DB from a bak file

in list [Breakouts](#)

### Description

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### How to Import NorthWind

[Delete.](#)

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- ☐ 1) Download the .bak file here: <http://blog.regencysoftware.com/post/2014/11/16/download-sql-server-northwind-database-bak-file>
- ☐ 2) In SSMS right click on your Databases folder
- ☐ 3) Select Restore Database...
- ☐ 4) Select back-up from Device
- ☐ 5) Next to device click on the box with three periods [...]
- ☐ 6) In the new pop up click add
- ☐ 7) Navigate to where your .bak file is stored
- ☐ 8) Hit okay on each window. Does it work? If yes you're done! If no, debug and try again. Does your database already exist?

### Activity

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