How to Make Privacy Policies both GDPR-Compliant *and* Usable

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Abstract—It is important for organisations to ensure that their privacy policies are General Data Protection Regulation (GDPR) compliant, and this has to be done by the May 2018 deadline. However, it is also important for these policies to be designed with the needs of the human recipient in mind. We carried out an investigation to find out how best to achieve this.

We commenced by synthesising the GDPR requirements into a checklist-type format. We then derived a list of usability design guidelines for privacy notifications from the research literature.

We augmented the recommendations with other findings reported in the research literature, in order to confirm the guidelines. We conclude by providing a usable and GDPRcompliant privacy policy template for the benefit of policy writers.

I. INTRODUCTION

It is non-trivial to design effective privacy policies [1]. Policies should be operable, robust, perceivable, and understandable [2], as per the The Web Content Accessibility Guidelines¹ and the coming GDPR regulation [3]. The evidence from investigations into privacy policy instantiations suggests that many do not demonstrate these qualities [4], [5]. This diminishes the efficacy of policy notifications, and leaves users vulnerable to unknowingly carrying out actions that will compromise their privacy.

The advent of GDPR adds another level of complexity to the design of privacy policies by requiring the inclusion of essential information that policy writers were not previously required to include. Guidance provided by the Information Commissioner's Office [6] stresses the importance of communicating the necessary privacy information to stakeholders, and raising awareness as to the impact of how the organisation implements GDPR requirements.

GDPR regulation mandates that web surfers have to be informed about what personal data websites collect. The legislation's aim is full transparency: redressing the balance between those whose data is collected and those who monetise their information. Thus far, the balance of power has been heavily weighted in favour of the latter [7]. To ensure that GDPR's transparency is achieved, there are three requirements: (1) the policy should include all the mandated information, (2) the policy has to be written in such a way that users

of all backgrounds and educational levels can comprehend the content and know their rights, and (3) web users should read the policy. The first two requirements are encapsulated in GDPR regulation.

Obar and Oeldorf-Hirsch [8] found that 74% of the 543 people in their study did not even read the privacy policy. Where websites force users to read and agree to their policies (e.g. Google), they often become discouraged and overwhelmed because the text is overly long or incomprehensible [4]. Computer users often receive too many privacy advisements [9], [10], [11], and sometimes do not know what actions to take as a consequence of policy information [12]. In other words, requirements (2) and (3) mentioned previously are not satisfied, with reading avoidance likely being caused by the incomprehensibility of many of the pre-GDPR policies.

Usability methods seek to enhance understandability by making policies look less like legal documents, ensuring that the man and woman in the street is able to understand them. Legalese prevents computer users being given fair notice due to poor understandability [5]. Clear and unambiguous communication is, in essence, the *raison dêtre* of privacy policies, and the incoming GDPR regulation.

Traditional usability guidelines, in their current format, may not be applicable in the privacy context. When interacting with a device, privacy is rarely the primary task of the end-user [13], [14] whereas usability testing generally relates to primary task completion. It has to be acknowledged that when a privacy policy is displayed, it can interrupt the user's pursuit of their primary goal and is thus often perceived to be a nuisance [15]. We need bespoke guidelines to inform policy design in the privacy context.

Waldman [5, p. 8] reports that their review of 191 privacy policies convinced them that "today's privacy policies are not designed with readability, comprehension, and access in mind". This confirms the need for explicit usability guidelines to be provided to web privacy policy writers.

The research published in this paper builds on work previously carried out by authors into the design of security and privacy notifications in web browsers [16].

Our work seeks to inform policy writers, with guidance that is specifically tailored towards browser-based privacy policies that are both usable and GDPR-compliant. We first detail the context of our investigations in Section II then summarise the GDPR legislation requirements in Section III. We carried out a systematic literature review of design guidelines for designing usable privacy policies (Section IV). By collating these guidelines, the paper provides a template pattern for a policy that is both usable and GDPR compliant (Section V), before concluding in Sections VI and VII

II. PREAMBLE

Policy items are warnings, and can be classified as a type of risk communication [17]. As such, warnings have two purposes: to reduce risky behaviours, and to communicate information [18]. In order to achieve these goals, policies must be designed carefully.

Researchers have modelled the ways in which humans process communications. The C-HIP model, developed by Wogalter, DeJoy, and Laughery [19], builds on communication models developed by Shannon [20] and Lasswell [21], and is placed within the context of warning research.

The C-HIP model [19] can be considered unrealistic because it does not include a noise component, as Shannon's [20] does. Cranor [22] proposed a human-in-the-loop framework which is more comprehensive, reflecting factors impacting communications in the context of *security* notifications.

Security and privacy are deemed to be fundamentally different concepts. Gritzalis & Lambrinoudakis [23], and Bambauer [24] concur with this. As an example, they refer to a company that collects customer information and stores it in an encrypted format. This ensures that the information is secured. Yet the same company may sell the information to another company, thereby violating the owner's privacy. Because privacy and security are distinctly separate concepts, they require different design guidelines. In the absence of a published privacy communication model, we plan to use the GDPR legislation to structure our privacy policy design guidelines.

III. GDPR LEGISLATION

The introduction of the GDPR is said to be "the most important change in data privacy regulation in 20 years" [3]. The legislation will come into force on the 25th May 2018, and replaces the existing Data Protection Directive 95/46/EC. Organisations that fail to comply will be subject to significant fines. The main GDPR requirements are that customers must be informed about (numbering is ours):

GDPR1: Specify Data Being Collected: Customers should be aware of the information that is collected about them. Furthermore, businesses should document the information that is collected, which links into the accountability required by GDPR [6].

GDPR2: Justification For Data Collection: Organisations must explain their rights to collect data [6], but they should also justify to themselves exactly why they need to collect such information [25].

GDPR3: How Data Will Be Processed: The organisation must inform the customer of the lawful rights it has to process personal data [6].

GDPR outlines the ways in which processing is deemed legal (one of the following must apply): the customer has given consent for this to be done for a specific purpose, it is used to form a contract with a customer, the data controller is complying with a legal obligation, it is used to protect the interests of a person, it is required for a task involving the public interest, it is required for a legitimate purpose by the controller (provided rights and freedoms are not violated) [26]. Moreover, the person has the right to opt out of processing of his data by an algorithm, or any other profiling.

Under Article 9 of the legislation, there is a special category of data, deemed 'sensitive data' which requires further protection. This information can include details of an individual's health, political views, religion, etc. A lawful basis for processing such information must be given (these have been outlined in a previous paragraph), and a separate basis must be provided for processing special category data [27]. Examples of reasons for processing such data include: it may be necessary for reasons of public health, or it may be necessary for the progression of legal claims [27].

GDPR4: How Long Data Will Be Retained: GDPR dictates that data should be held for the minimum amount of time, and organisations must state how long data is retained [6] [28].

GDPR5: Who Can Be Contacted to Have Data Removed or Produced: People have the right for all their data, both provided to the company, and observed by their systems: (1) to be forgotten, and (2) to be provided to them. To facilitate this, contact details must be provided in the policy [29], [30]. Within the organisation, someone must take responsibility for the stored and processed data. Customers should also be informed who the Data Protection Officer (controller) is, and how to get in touch with them, should they have an access request [6]. Customers should also be provided with a timescale in terms of how subject access requests will be handled by the organisation [6].

GDPR6: Communication of Privacy Information: Documentation on the legislation notes that it "requires the information to be provided in concise, easy to understand and clear language" [6].

We now present a GDPR-compliant policy template in Figure 1.

A. Assessing Current State of Play

To take a snapshot of the current situation, roughly three months before the GDPR deadline, we proceeded to assess the privacy policies of some UK-based websites. We carried out this assessment on the 25th January 2018.

In order to choose the UK websites to assess, we consulted Alexa to obtain the top 10 most-used websites in the UK².

The **first** step is to be able easily to locate the policy. Langhorne [31] reported, in 2014, that many organisations did

²https://www.alexa.com/topsites/countries/GB Alexa uses web traffic analysis to produce lists of the most popular websites in countries worldwide

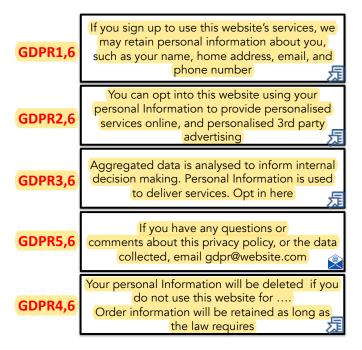


Fig. 1. GDPR-Compliant Policy Template. Each section provides a link to more comprehensive information

not provide a handy link to their privacy policies from the landing page. It is likely that the upcoming GDPR legislation will mandate provision of such links. All of the websites we examined did indeed include a link to their privacy policy from their main page, which was a positive development.

Secondly, we checked the extent to which the websites' privacy policies satisfied GDPR requirements. To provide a measure of understanding (GDPR6), we used the Gunning Fog Index score³. This index is an indication of the number of years of schooling someone would need to be able to understand the text. If someone needs more than a high school education to understand the policy (more than 13 years), we conclude that it fails GDPR6 in terms of understandability. Table I presents our findings.

We also provide the number of words in total, as well as the number of complicated words (with 3 or more syllables) to give an idea of the effort a user would have to expend if they wanted to read and understand the entire policy. The data is depicted in Figure 2.

Only one of these policies met the requirements of the GDPR legislation on the 28th January 2018. There is still time left for the others to revise their policies and they will probably do so, most being large companies with substantial web development resources at their disposal. Yet smaller companies would probably benefit from some guidance in this respect.

In the next section we consider what the research literature says about how to design privacy policies.

GDPR Num- ber	1	2	3	4	5	6		
oci						GFI	Words	3+
						Ol1	words	Syllable
								Words
Google.co.uk	•	•	•	\otimes	\otimes	15.21	2831	487
YouTube	•	•	•	\otimes	\otimes			
Google.com	•	•	•	\otimes	\otimes			
Facebook	•	•	•	\otimes	\otimes	13.71	2697	416
Reddit	•	•	•	\otimes	\otimes	13.86	2680	423
Amazon.co.uk	•	•	•	\otimes	•	12.21	3059	581
BBC	•	•	•	•	•	11.34	5187	608
Wikipedia	•	•	•	•	\otimes	13.74	445	91
eBay	•	•	•	\otimes	\otimes	17.97	5260	994
Twitter	•	•	•	\otimes	\otimes	13.51	3793	586
	TABLE I							

TOP ALEXA WEBSITES AND GDPR REQUIREMENTS. STARRED WEBSITES ARE GDPR COMPLIANT.

(GFI=GUNNING FOG INDEX: ●=SATISFIES; ⊗=DOES NOT SATISFY)

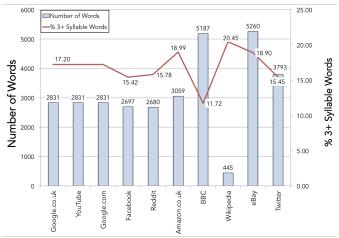


Fig. 2. Word Lengths and % of Complicated Words (3+ syllables)

IV. USABILITY GUIDELINES

Our research focus on web-based privacy policies because of the popularity of web applications [32], [33]. Browser-based video streaming is also very popular [34]. Browsers run on all devices, such as desktops, tablets, and phones. We thus felt that privacy policy guidelines could be useful to developers if we focused on guidelines for browser application policy writers. In order to explore existing guidelines, a systematic literature review was performed.

A. Systematic Literature Review

A systematic literature review was carried out in January 2018 as follows:

Databases searched: ACM, Springer, Web of Science, Scopus, IEEE, and then Google Scholar to identify publications that did not appear in the databases.

Keywords: 'design guidelines' and 'browser' and 'privacy' and ('feedback' or 'warnings' or 'notification' or 'alert'). A separate search was conducted using the phrase 'privacy policy design'.

Time Range: 2007—2017

³http://gunning-fog-index.com/

Exclusion Criteria: Patents, citations, non-peer reviewed, not English or unobtainable.

Database	Returned	Excluded	Analysed
Scopus	0	0	0
ACM	3	2	1
Springer	145	139	6
Web of Science	0	0	0
Google Scholar	61	42	19
IEEE	73	70	3
Total			29

TABLE II
PAPERS FROM THE LITERATURE SEARCH

The search extended previous work by Shepherd and Renaud [16]. Guidelines were analysed via the use of Thematic Analysis, which allowed emerging themes to be identified, recorded, and examined [35]. After reviewing the papers, we generated, and collated codes, before defining and naming them. Finally, we assigned them to the applicable GDPR category, as detailed in Section III.

B. Results

GDPR1: Ensure that the sensitivity of the data is communicated to the user [36]. This need is confirmed by [37].

GDPR2: Some researchers advise that providing justifications for privacy policies potentially reduces the end-user's trust in the system [38], [39], [40], [41]. Volkamer *et al.* [42] advise that the potential consequences of a risk be conveyed to the user, along with potential recommendations. GDPR mandates that this information be provided so we should focus on fostering trust in the presence of such justifications.

GDPR3: — GDPR4: —

GDPR5: It is important to ensure that the user can contact someone in the organisation [43], [44]. Contact details should be conspicuously placed [45].

GDPR6: In this section we first present the themes that emerged from our analysis. We then cite supporting research from other publications. The themes fell naturally into two meta categories: (1) content of the policies, and (2) delivery of the policies. These are reported separately.

Content Guidelines:

The overarching admonition should be that human attention is a finite resource [46], [44] that should not be taken for granted or squandered, and privacy policies "should empower users to make informed decisions about their online behavior" [47].

(a) **Modality** — It has been suggested that users prefer pictures, as it is easier for a message to be communicated via this medium [48], [49], [50] Others have advocated visualising privacy policy statements, making them more usable [44]. Goldberg [43] suggests an alternative theory, that text should be used exclusively to maximise accessibility. Anderson *et al.* [51], [52] suggests the use of polymorphism in warning notifications to reduce habituation.

Supporting Research: Other researchers argue for the power of a multi-modality image and text message in enhancing communication [53], [54], [55], [56].

(b) Make it Personal — Privacy policy information should help users understand how it applies to them, by giving them "space for interpretation" [57].

The personalisation of policies should be considered [50], [58], [59], [60].

<u>Supporting Research</u>: Elman *et al.* [61] argue that personalisation, by whatever means, is extremely important in enhancing understanding. Schaub *et al.* [62] says privacy policy notices should be "relevant" to the person. Needham [63] also argues for the importance of personalisation. Yet policy display is somewhat different from other kinds of personalisation opportunities: people view the policy *before* they have divulged any information that could be used to personalising a generic document, such as a policy, especially in helping people to see that it applies to them, could be by using personal pronouns like "you" and "your". This should help people to consider the personal ramifications of the policy.

Another way is to provide examples that people can identify with [64], but this will take up valuable space and needs detailed investigation to assess viability.

(c) Give Control to the User — The user should retain some level of control [45], [57], [65]. One way in which this can be achieved is by allowing the user to control disclosure [46]. Work by Schaub et al. [66] highlights three levels of user control. These are blocking, non-blocking and decoupled. A designer has to decide whether the user has to acknowledge the policy notification (blocking) or not (non-blocking), whether they can defer their response (decoupled), or whether the option's actions will expire [48].

Users should be provided with the option to respond to a risk they have been notified about, and helped to visualise potential consequences [58], [67].

<u>Supporting Research</u>: Other research emphasises the need to allow people to control disclosure [37], [62]. Yet Waldman [5] reports that, of the 191 policies they surveyed in 2016, only 9 provided users with noticeable opt-out buttons. Moreover, they discovered that a little more than half of these only allowed users to opt out of marketing, but not out of profiling. GDPR mandates that users should be allowed to opt out of the latter. Yet Adjerid *et al.* [68] point out that merely allowing people to opt out, without carefully considering the way the information about such consent is presented to the user i.e. is framed, does not necessarily help them to make better privacy choices.

(d) **Trust** — Trust should be deliberately built and maintained [48], [5]. This can be achieved by careful framing within the privacy policy [39]. Indeed, when people read privacy policies, it impacts on their trust of the website [69], so it is important to get it right.

It is crucial for people to trust a website if they are to make use of it [70]. Broutsou and Fitsilis [71] review the literature on trust and report a number of studies that show that the

level of trust is positively related to the intention to carry out an online transaction.

Supporting Research: Other research suggests that users require reassurance that information is kept securely [37], [44] and recommend including a Privacy Seal [72], [29], [30], [70]. Policy writers should also provide a telephone number (not only an email address) and make other channels of communication clear [29], [30]. Finally, the policy should explain how these privacy assurances will be enforced [73], [74].

(e) Overview & Link — Lin [75] suggests highlighting the most important information. Only essential details about the risk should be presented [58], [59], with links to more information should they want it [42]. In providing policy-based notifications, a balance must be found between brevity and comprehensiveness [13].

Supporting Research: Researchers confirm the need to provide an overview first and then links to more information [30], [72]

(f) Maximise Understandability — This is emphasised by a number of researchers [14], [48], [49], [76], [67], [77], [5] as well as the importance of consistency [2], [48].

If notifications are unclear, users may ignore them, so policy writers should ensure the words used are unambiguous [58]. Specific, simple explanations should be given [78], [79],[75], devoid of jargon, acronyms, and complex grammatical structures [13], [14], [76], [80], [57], [81], [82], [83], [84].

Users may process information in different ways e.g. some users have higher numeracy skills than others. To overcome this issue, additional methods for communication should be used. However, it should be noted that if graphics are used, a shared understanding of the presented visuals cannot be assumed [58].

<u>Supporting Research</u>: Other authors confirm the importance of maximising ease of use [70], [85], [62].

In terms of understandability, it must be noted that existing work confirms that shorter notifications are most effective at communicating with users. The challenge, in providing enough information to foster understanding, while being brief, is highlighted [86].

Delivery Guidelines:

(i) Timing & Location — Many of the recommendations that fall into this category are related to the delivery of pop-up type alerts and notifications, both in terms of time and space. There is a focus on displaying these only when they merit interrupting the user's task [49], [87], avoid irritating [42] and prevent habituation [48], [87]. Privacy policies, unlike these kinds of alerts, are either viewed when the person deliberately clicks on a link, or is forced to read the policy and consent to the user of their information. Hence time and space are less applicable in the privacy policy context.

(iii) Appearance — In terms of appearance, Kelley [14] discusses recommendations. Work suggests notifications are demarcated with a box, and that a headline title is utilised,

helping the user to recognise the content. It is important to be careful with colour use so as not to disadvantage those with colour deficiencies [43]. A neutral grey colour can be used for the background of notifications, as it is unlikely to annoy the user [42].

C. Reprise

It is clear from the previous discussion that much attention has been given to guidelines to ensure that GDPR6 is satisfied. GDPR3 and GDPR4 requirements were not addressed in the literature we gathered, while GDPR1 and GDPR5 did not receive much attention. GDPR2 is an area ripe for focused attention, because many of the current guidelines conflict with the GDPR requirements.

Designers have difficulty benefiting from guidelines presented as a flat list [88], [89]. Therefore, we have produced a template with the aim of highlighting the impact of content-related guidelines. Waldman [5] discovered that a demarcated structure for policies made them more palatable to users.

V. USABLE AND GDPR-COMPLIANT PRIVACY POLICY TEMPLATE

In this section we consider how to implement the content guidelines from the literature, as described in the previous section.

The delivery guidelines will not be considered because they have a great deal to do with the context and nature of the website and cannot be provided in a context-neutral fashion.

In providing an example GDPR-compliant template, we formulated text to deliver the content for a fictional Company X, as advised by the GDPR requirements and content guidelines. We measured the understandability of the text by using the Gunning Fog Index test.

Some of the content guidelines are relatively easy to satisfy, more or less in a binary fashion i.e. overview and link. Guidelines (d) (trust) and (f) understandability, require a more nuanced approach.

GDPR6(d) Trust: To address trust issues we decided to include an image to foster and inspire trust. We decided to propose the use of a Privacy Seal for this purpose, especially since this has been widely advised [72], [29], [30], [70]. Moreover, we include icons in each subsection to demarcate them and improve accessibility.

GDPR6(f) Maximise Understandability: To maximise the understandability required by GDPR6, we simplified the text to require less than a high school education to understand, and included a small icon to bookmark different sections.

The years of compulsory schooling a person receives depends on the country they are from. For example, in the UK, children attend school from the ages of 5 to 18. Some leave at the age of 16, meaning they can receive between 11 and 13 years of schooling. In contrast, Swedish children start school at the age of 7, and can leave at 16, meaning they may only receive 9 years of schooling.

Research presented in this paper was conducted by an English-speaking, UK-based institution, therefore the assumption was made that people typically have between 11 and 13

years of schooling. Table III provides the GFI of the text provided to address all the GDPR requirements as understandably as possible.

Guideline	GFI	Text Used			
GDPR1	8.457	If you sign up to use this website's services, we may keep personal information about you . This will			
		include your name, home address, email, and phone number			
GDPR2,	6.105	We would like to use your information to provide			
GDPR6(c)		better services to you, and adverts from 3rd parties.			
		Opt in here			
GDPR3	5.822	We would like to collect all order information to help			
		us to predict global trends. Opt in here			
GDPR4	11.47	Order information is kept to meet legal requirements.			
		Your personal Information will be deleted if you do			
		not use this website for a month			
GDPR5	11.40	If you have any questions or comments about this			
		privacy policy, or the data collected, email			
GDPR6(d)	11.67	Your data is stored safely and securely. If we do			
		lose your data we will be fined by the Information			
		Commissioner			
TABLE III					

TEMPLATE TEXT GUNNING FOG INDEX

An exemplar GDPR-compliant and usable privacy policy was derived from the template shown in Figure 1 and is shown in Figure 3. Company X, the company this privacy policy was tailored for, only uses their customers' information to detect global trends, and this is reflected in the middle box. This box, in particular, would reflect the purposes any particular organisation intends to use the customer's data for. The box on the right would also reflect a specific company's deletion policy; Company X only keeps data for 1 month — others may keep it for 2 years. It is important that the actual policy is included, so that the policy satisfies GDPR requirements.

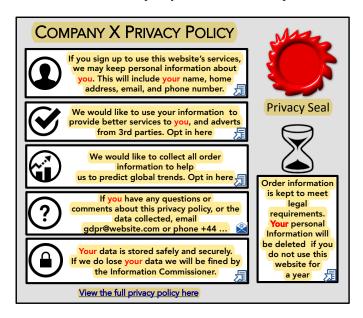


Fig. 3. Usable GDPR-Compliant Privacy Policy Example

VI. FUTURE WORK

The incoming GDPR legislation requires websites to obtain consent from their customers/users for any data collection to take place. This will inevitably lead to a veritable avalanche of consent requests as the GDPR deadline approaches. It is possible, as Schermer *et al.* [90] argue, that people will become desensitised by all these requests and will start consenting without being fully aware of what they are consenting to. Adjerid *et al.* [39] also argue that a myopic focus on transparency enhancement will not necessarily lead to improved and informed consent, especially when sites frame information differently. It would be very interesting to explore these apparent conundrums.

We proposed the use of a privacy seal to foster trust. A more detailed investigation is required in order to determine whether this is the most effective image to use. Some researchers found that privacy seals did enhance trust [91] but there is also evidence that users often misinterpret their message [92].

VII. CONCLUSION

We publish this work to provide guidance to designers and developers who need to incorporate privacy policies into their systems. Our final template draws on the GDPR legislation and the research literature on usable design. We welcome feedback, particularly from those working in industry, to help us to refine and improve this template, to help it deliver maximum value.

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