## Discrete Proper Time and the Tempo Lapse: Gravitational Dynamics from the Core Axioms

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#### Abstract

Starting from the Core Axioms as formulated in Fujiyama (2025) [1]—discrete proper time, unitary one-step (single-step) evolution on a principal band, and band-limited kinematics—this note shows that the same axioms furnish a discrete-time, constraint-driven formulation that retranslates general relativity (GR) in that it closes smoothly at the discrete level and returns to standard GR in the  $\tau \to 0$  limit. Nothing beyond those axioms is added, and no alternative dynamics are posited. Time is sampled at  $t = n\tau$ , dynamics proceed via the unitary one-step map U on a Hilbert space as organised in [1], and the Cayley–exponential correspondence yields a bounded discrete generator with a quantitative continuum limit. Within this kinematic backbone, a discrete variational (implicit midpoint) scheme appears that is symplectic, constraint-preserving, and consistent with  $U = \exp(-i\tau K(H))$  on band-limited windows. A constructive general-solution theorem with  $O(\tau^2)$  convergence is obtained on finite intervals. Cosmological backgrounds with linear perturbations also fit into the same band-limited framework, with leading  $O((\tau\omega)^2)$  corrections vanishing as  $\tau \to 0$ . The result is a step-by-step retranslation back to GR derived from the stipulated minimal axioms.

## 1 Core Axioms and Kinematic Starting Point

The starting point follows exactly the Core Axioms as laid out in [1]:

- Discrete proper time.  $t = n\tau$  with step  $\tau > 0$ .
- Unitary one-step evolution (principal band). A unitary map U on a Hilbert space induces Heisenberg-type updates  $A_n = U^{-n}AU^n$  for bounded observables A; the principal band structure is as organised in [1].
- Cayley-exponential correspondence.

$$U = \exp(-i\tau K(H)), \qquad K(H) = \frac{2}{\tau}\arctan\left(\frac{\tau}{2}H\right),$$
 (1.1)

with K(H) self-adjoint and spec  $K \subset (-\pi/\tau, \pi/\tau]$ , yielding on bounded windows

$$K(H) = H - \frac{\tau^2}{12}H^3 + O(\tau^4). \tag{1.2}$$

• Band-limit (Nyquist) scale. The maximal angular frequency in coordinate time satisfies  $\omega_{\max} = \pi/\tau$ ; locally in proper time,  $\omega_{\max}(x) = \pi/(\Theta(x)\tau)$  once a tempo lapse  $\Theta$  is present.

All subsequent statements below are consequences of these axioms; no additional assumptions are introduced.

#### $\mathbf{2}$ Tempo Lapse as Lagrange-Multiplier Density (Terminology from [1])

In a time-orthogonal gauge  $(g_{ti} = 0)$ ,

$$ds^{2} = -c^{2} \Theta(t, \mathbf{x})^{2} dt^{2} + \gamma_{ij}(t, \mathbf{x}) dx^{i} dx^{j}, \qquad d\tau_{\text{prop}} = \Theta dt.$$
 (2.1)

The descriptive term tempo lapse (tempo field) follows [1] and refers to a positive lapsedensity-type Lagrange multiplier. It enters linearly to impose the Hamiltonian constraint, thereby fixing proper-time sampling; importantly, it does not introduce any propagating degrees of freedom.<sup>1</sup>

#### 3 Discrete Variational Principle (Implicit Midpoint) and Updates

Let  $(\gamma_{ij}, \pi^{ij})$  be the spatial metric and its canonical momentum;  $(\psi, \pi_{\psi})$  the matter fields and their momenta. At  $t_n = n\tau$ , define the midpoint discrete action

$$S_{d} = \sum_{n} \int d^{3}x \left[ \pi_{n+\frac{1}{2}}^{ij} (\gamma_{ij,n+1} - \gamma_{ij,n}) + \pi_{\psi,n+\frac{1}{2}} (\psi_{n+1} - \psi_{n}) - \tau \Theta_{n+\frac{1}{2}} \mathcal{H}(\gamma_{ij,n+\frac{1}{2}}, \pi_{n+\frac{1}{2}}^{ij}; \psi_{n+\frac{1}{2}}, \pi_{\psi,n+\frac{1}{2}}^{ij}) \right],$$
(3.1)

with  $X_{n+\frac{1}{2}} = \frac{1}{2}(X_{n+1} + X_n)$ . Variation yields implicit midpoint updates:

$$\frac{\gamma_{ij,n+1} - \gamma_{ij,n}}{\tau} = \Theta_{n+\frac{1}{2}} \frac{\partial \mathcal{H}}{\partial \pi^{ij}} \Big|_{n+\frac{1}{2}}, \qquad \frac{\pi_{n+1}^{ij} - \pi_n^{ij}}{\tau} = -\Theta_{n+\frac{1}{2}} \frac{\partial \mathcal{H}}{\partial \gamma_{ij}} \Big|_{n+\frac{1}{2}}, \qquad (3.2)$$

$$\frac{\psi_{n+1} - \psi_n}{\tau} = \Theta_{n+\frac{1}{2}} \left. \frac{\partial \mathcal{H}}{\partial \pi_{\psi}} \right|_{n+\frac{1}{2}}, \qquad \frac{\pi_{\psi,n+1} - \pi_{\psi,n}}{\tau} = -\Theta_{n+\frac{1}{2}} \left. \frac{\partial \mathcal{H}}{\partial \psi} \right|_{n+\frac{1}{2}}, \quad (3.3)$$

and the per-step Hamiltonian constraint

$$\mathcal{H}(\gamma_{ij,n+\frac{1}{2}}, \pi_{n+\frac{1}{2}}^{ij}; \ \psi_{n+\frac{1}{2}}, \pi_{\psi,n+\frac{1}{2}}) = 0 \qquad \left(\delta S_d / \delta \Theta_{n+\frac{1}{2}} = 0\right). \tag{3.4}$$

Because (3.1) is variational, the midpoint update scheme is symplectic.

#### Constraint Propagation (Discrete Noether Identity) 4

A standard discrete Noether argument yields:

**Lemma 4.1** (Propagation up to truncation order). If (3.4) holds at  $n + \frac{1}{2}$  and (3.2)–(3.3) are satisfied, then

$$\mathscr{H} \big( \gamma_{ij,n+\frac{3}{2}}, \pi_{n+\frac{3}{2}}^{ij}; \ \psi_{n+\frac{3}{2}}, \pi_{\psi,n+\frac{3}{2}}^{ij} \big) = \mathscr{H} \big( \gamma_{ij,n+\frac{1}{2}}, \pi_{n+\frac{1}{2}}^{ij}; \ \psi_{n+\frac{1}{2}}, \pi_{\psi,n+\frac{1}{2}}^{ij} \big) + O(\tau^3) = 0.$$
 <sup>1</sup>ADM form  $ds^2 = -N^2 dt^2 + \gamma_{ij} (dx^i + N^i dt) (dx^j + N^j dt)$  with  $N^i = 0$  in the time-orthogonal gauge gives

 $N = c \Theta$ .

# 5 Constructive General Solution (Existence, Uniqueness, Convergence)

**Theorem 5.1** (Consequences of the axioms). Assume: (i) initial data  $(\gamma_{ij}, \pi^{ij}; \psi, \pi_{\psi})|_{t_0}$  satisfy the continuum constraints and lie in a Sobolev class where  $\mathscr{H}$  is  $C^1$ -Lipschitz on bounded sets; (ii) relevant spectra remain in a bounded window so that (1.1)–(1.2) apply; (iii) physical modes obey  $\omega \ll \omega_{\text{max}} = \pi/(\Theta\tau)$ . Then there exists  $\tau_0 > 0$  such that for  $\tau < \tau_0$  the midpoint system (3.2)–(3.4) admits a unique solution at each step on finite intervals, propagates the constraint in the discrete Noether sense, and satisfies a global error bound  $\|\mathbf{X}^{(\tau)}(t_n) - \mathbf{X}(t_n)\| \leq C \tau^2$ . Hence  $\mathbf{X}^{(\tau)} \to \mathbf{X}$  (the corresponding continuum GR solution) as  $\tau \to 0$ .

Sketch. The implicit midpoint map

$$\mathbf{X}_{n+1} = \mathbf{X}_n + \tau \,\Theta_{n+\frac{1}{2}} J \,\nabla \mathcal{H} \left( \frac{\mathbf{X}_{n+1} + \mathbf{X}_n}{2} \right), \tag{5.1}$$

$$0 = \mathcal{H}\left(\frac{\mathbf{X}_{n+1} + \mathbf{X}_n}{2}\right),\tag{5.2}$$

is a contraction for  $\tau < \tau_0$  by the  $C^1$ -Lipschitz property of  $\nabla \mathscr{H}$ . Symplecticity follows from discrete variational calculus. The  $O(\tau^2)$  global error bound follows from midpoint consistency and Grönwall, using (1.2) on bounded windows and the band-limit assumption to control aliasing.<sup>2</sup>

## 6 Strong Closure via Standard Backward-Error Analysis

A standard variational backward-error analysis yields a modified Hamiltonian density

$$\tilde{\mathcal{H}} = \mathcal{H} + \tau^2 \Delta \mathcal{H} + \tau^4 \Delta \mathcal{H}^{(2)} + \cdots, \tag{6.1}$$

whose exact time- $\tau$  flow interpolates the midpoint step on the principal window, with  $\|\Delta \mathcal{H}\| = O(H^3)$  and  $\tilde{\mathcal{H}} \to \mathcal{H}$  as  $\tau \to 0$ .

**Discrete Poisson bracket.** Let  $\omega_d$  be the discrete symplectic two-form induced by (3.1). The discrete Poisson bracket  $\{\cdot,\cdot\}_d$  is then defined via  $\omega_d^{-1}$  on functionals of midpoint data.

**Theorem 6.1** (Strong (Dirac) closure). With  $\tilde{\mathcal{H}}$  as above and  $\tilde{\mathcal{D}}_i = \mathcal{D}_i + \tau^2 \Delta \mathcal{D}_i + \cdots$ , one has

$$\{\tilde{H}[N], \, \tilde{H}[M]\}_d = \tilde{D}[\gamma^{ij}(N \,\partial_j M - M \,\partial_j N)], \tag{6.2}$$

$$\{\tilde{D}[\vec{N}], \, \tilde{H}[M]\}_d = \tilde{H}[\mathcal{L}_{\vec{N}}M], \tag{6.3}$$

$$\{\tilde{D}[\vec{N}], \, \tilde{D}[\vec{M}]\}_d = \tilde{D}[[\vec{N}, \vec{M}]],$$
 (6.4)

and  $\tilde{\mathcal{H}} \to \mathcal{H}$ ,  $\tilde{\mathcal{D}}_i \to \mathcal{D}_i$  as  $\tau \to 0$ . In other words, the discrete constraint algebra converges to the continuum Dirac algebra.

**Corollary.** If  $\tilde{\mathcal{H}} = \tilde{\mathcal{D}}_i = 0$  initially, then they vanish exactly at all midpoints. Hence  $\mathcal{H}, \mathcal{D}_i = O(\tau^2)$  along the evolution, and both tend to 0 as  $\tau \to 0$ .

<sup>&</sup>lt;sup>2</sup>Midpoint is A-stable (not L-stable); accuracy requires  $(\Omega \Delta t) \ll \pi$  for mode frequency  $\Omega$ .

### 7 Discrete Raychaudhuri Inequality and Horizon Area

With proper-time increment  $\Delta \tau_{\text{prop}} = \Theta_{n+\frac{1}{2}} \tau$ ,

$$\theta_{n+1} - \theta_n \le -\frac{\Delta \tau_{\text{prop}}}{2} \theta_n^2 - \Delta \tau_{\text{prop}} \sigma_n^2 - 8\pi G \Delta \tau_{\text{prop}} T_{\mu\nu} k^{\mu} k^{\nu} + O(\tau^3). \tag{7.1}$$

Under the Null Energy Condition (NEC), a future outer trapping horizon satisfies  $A_{n+1} \ge A_n - C \tau^2$ , and hence  $A_{n+1} \ge A_n$  as  $\tau \to 0$ .

### 8 Cosmological Background and Linear Perturbations

From (2.1), the Friedmann (FRW) equations in coordinate time are

$$\left(\frac{\dot{a}}{a\,\Theta}\right)^2 = \frac{8\pi G}{3}\,\rho - \frac{k}{a^2} + \frac{\Lambda}{3}, \qquad \frac{1}{\Theta}\frac{d}{dt}\left(\frac{\dot{a}}{a\,\Theta}\right) = -4\pi G\Big(\rho + \frac{p}{c^2}\Big) + \frac{k}{a^2}\,. \tag{8.1}$$

In proper time  $d\tau_{\text{prop}} = \Theta dt$  (gauge  $\Theta \equiv 1$ ), these reduce to the standard Friedmann equations. In conformal time  $d\eta = dt/a$ , the lapse density rescales as

$$\Theta_{\eta} := \frac{d\tau_{\text{prop}}}{d\eta} = a\,\Theta,\tag{8.2}$$

so  $\Theta_{\eta}=a$  holds only if  $\Theta\equiv 1$ . For linear perturbations, scalar modes satisfy  $v''+(k^2-z''/z)\,v=0$ , with  $z=a\,\varphi_0'/\mathcal{H}$ . Tensor modes satisfy  $u''+(k^2-a''/a)\,u=0$ , where H=a'/a is the conformal Hubble parameter and ' denotes  $d/d\eta$ . Midpoint discretization preserves a discrete Wronskian and yields leading spectral corrections

$$\frac{\Delta \mathcal{P}_{S,T}}{\mathcal{P}_{S,T}}(k) = \alpha_{S,T}(k) \left(\tau \,\omega_k\right)^2 + O\left((\tau \,\omega_k)^4\right),\tag{8.3}$$

with  $\alpha_{S,T}(k) = O(1)$  governed by z''/z and a''/a. Thus the relative power-spectrum error vanishes:  $\Delta \mathcal{P}/\mathcal{P} \to 0$  as  $\tau \to 0$ .

## 9 Compactness and Convergence to Continuum Solutions

**Theorem 9.1.** Let  $(\gamma_{ij}^{(\tau)}, \pi^{ij,(\tau)}; \psi^{(\tau)}, \pi_{\psi}^{(\tau)})$  be discrete solutions of (3.2)–(3.4) from uniformly constraint-compatible initial data, with  $\omega \ll \omega_{\max} = \pi/(\Theta\tau)$ . On finite proper-time intervals, the sequence is precompact in  $H^s \times H^{s-1}$ ; every limit point as  $\tau \to 0$  solves the continuum GR equations with the same initial data (weak/strong depending on s).

Sketch. Uniform energy estimates stem from symplecticity and the modified Hamiltonian; discrete Aubin–Lions (or compensated compactness) gives precompactness. Consistency at  $O(\tau^2)$  and constraint closure imply the continuum PDEs in the limit.

#### 10 Discussion: Retranslation Posture

The posture here is not to align with an external theory by fiat. Rather, the approach starts from the Core Axioms as laid out in [1], and then shows that these axioms retranslate GR in a discrete proper-time syntax: closure arises smoothly at the discrete level, and all statements return to standard GR as  $\tau \to 0$ . Terminology such as "unitary one-step map" and "tempo lapse" comes from the starting axioms and does not constitute new nomenclature.

## References

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