

POOJA ROHTAGI

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SUMMARY OF QUALIFICATIONS

- Strong educational background in psychology with reputed institutes of Delhi University
- Adept understanding of assessment techniques like Wisconsin card sorting test, Rorschach Inkblot technique, Raven's progressive matrices, Wechsler's Adult Intelligence Scale and Wechsler intelligence scale for children, Draw a person test, and Stroop.
- Good understanding of qualitative techniques of analysis like grounded theory, content analysis and thematic analysis.
- Dedicated, hard working individual with the interpersonal and communications skills to work and educate personnel at all levels of the organization.
- Excellent individual with a lot of practical experience in hospitals and NGO and ability to efficiently mix theoretical knowledge with practical experience
- Innovative problem solver with a high degree of research acumen and ability to manage multiple functions simultaneously.

EDUCATION

FACULTY OF ARTS, NORTH CAMPUS, I.P COLLEGE FOR WOMEN, DELHI UNIVERSITY

May 2011

Master of Arts (Psychology)

Result: 1st Division

DAULAT RAM COLLEGE, DELHI UNIVERSITY

May 2009

Bachelor of Arts (Honours) in Psychology

Result: 1st Division, 1st rank in college



only for
self

WORK EXPERIENCE

1) G.B.PANT HOSPITAL, NEW DELHI, INDIA

attestation

Intern

May 2010 – Present

- Assisting a neurologist and a clinical psychologist in the Neurobehaviour clinic which does assessments and therapy on diverse Range of patients.
- Learnt and used assessment techniques like Dyslexia Screening Test, Colour progressive matrices, Wisconsin card sorting test, MMSE, Frontal Assessment Battery and practicing other neuropsychological assessment techniques.
- Practiced cognitive behavior therapy on a case of Psychogenic Dystonia.
- Done more than 10 protocols of Weschler's Adult Intelligence scale for children, Colour progressive matrices
- Working on a project based on patients suffering from Progressive Supranuclear palsy

2) FORTIS HOSPITAL, New Delhi, India.

May 2009

Intern

- Worked on a project given to the hospital by The Municipal Cooperation of Delhi, issued by the High court to carry out the psychiatric assessments of the employees working in the Municipal Cooperation of Delhi.
- Assessed 20 employees on various constructs using tests like- Ravens progressive matrices, Draw a person test, Colour trail test, MMSE.

3) Worked with a dance movement therapist at a school for disabled children named Muskaan. July 2007

4) Rural internship program with the organization called iVolunteer for 6 weeks where I observed and did projects in an organization called Vidyamandir in Udaipur in the education sector for the villages for that state.

May- July 2008

WORKSHOPS ATTENDED:

- Course on Diagnostics at Max Healthcare, 2007
- Course on Projective Testing at Max Healthcare, 2008.

- Course on HTTP (House, Tree, Person Test) with Dr. Priyanka of Ganga Ram Hospital, New Delhi – learnt administration and assessed 8 protocols
- Attended Narcotics Anonymous meetings as an observer.
- Course on Rorschach Inkblot technique, 2010.

RESEARCH WORK & PROJECTS UNDERTAKEN

- **M.A. Dissertation:** The dissertation is going to be a cross-sectional study assessing cognitive impairment of elderly population living in an Old age home (still working on).
- **M.A. projects:**
 - **Valentine's Day: Why and How. An exploratory study on perceptions of Valentine's Day** which was focused on studying the perceptions on Valentine's Day; Searching for differences on the basis of gender and relationship status.
 - **An analysis of the gender differences in expression of Aggression.** The present study analysed the gender differences in expression of aggression on several dimensions.
 - **The role of the father in shaping the emotional intelligence of the child.** As the title suggests it was focused on studying the role of the father on the emotional intelligence of the child with respect to different age groups and genders.
 - **The social representation of an "Indian" among four major zones of the country.** A qualitative study aimed at an in-depth understanding of the how "an Indian" is stereotyped by people belonging to different parts of the country.
- **B.A. (hons) Dissertation** – The dissertation entitled *"The Power of written emotional expression on psychophysiological health"* proposed to understand how writing about an emotional vs neutral event would produce any benefits, if at all. The study intends to systematically assess the ongoing psychological (affect, intrusive thoughts and the narrative content) and physiological changes (heart rate, blood pressure, physical symptoms and health), to evaluate immediate and long term benefit on health.
- **B.A. (hons) project on social psychology** titled *"Comparative study amongst the genders towards Premarital sex"* which focused on analyzing the differences in the attitudes of college students towards premarital sex in Delhi.
- **Wrote an articles in the Department of Psychology annual magazine on:**
 - ❖ "Narcotics Anonymous" and won best experiential article award
 - ❖ "iVolunteer" - based on my experiences

PAPERS PRESENTED

- Presented a paper titled *"The Power of expressive emotional writing on affect of women"* in the 45th National and 14th International Indian Academy of Applied Psychology Conference at Vishakhapatnam, in February 2010.
- Presented a paper titled *"An analysis of the gender differences in expression of Aggression"* in a National Seminar in Jamia Milia on "Aggression and Violence", March 2010.
- Will be presenting the paper titled *"The role of the father in shaping the emotional intelligence of the child"* and another titled *"The social representation of an "Indian" among four major zones of the country"* in The 20th Annual Convention of National Academy of Psychology, 2010 at Jawaharlal Nehru University, New Delhi, India.

COMPUTER SKILLS

Proficient in the use of Statistical Package for the Social Sciences (SPSS), Microsoft Office, Internet and email.

ACHIEVEMENTS

- 1st position in College 1st year and 4th in North Campus
- Smt. Meenakshi Ammal Prize in 1st year for securing highest marks in Physiological Psychology
- 1st position in College and 5th in North Campus in 2nd year
- R.C. Murarka Memorial Prize for securing highest marks in combined 1st year and 2nd year Psychology (Hons)
- Mrs. Sundara Iyenger Prize for All Round Best Student of third year from humanities stream for 2008-09
- Award for securing the highest marks in all three years combined for 2009-2010.

Co-CURRICULAR ACTIVITIES

- Class representative in 1st year.
- Secretary of Psychology Association in the 2nd year.
- President of Psychology Association, 3rd year.
- Organized Psychology Department Festival “Psy-quest - 2008”
- 3rd prize in Ob@play at Kamla Nehru College.
- 1st prize in Diagnostic@Case study at Daulat Ram College.



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