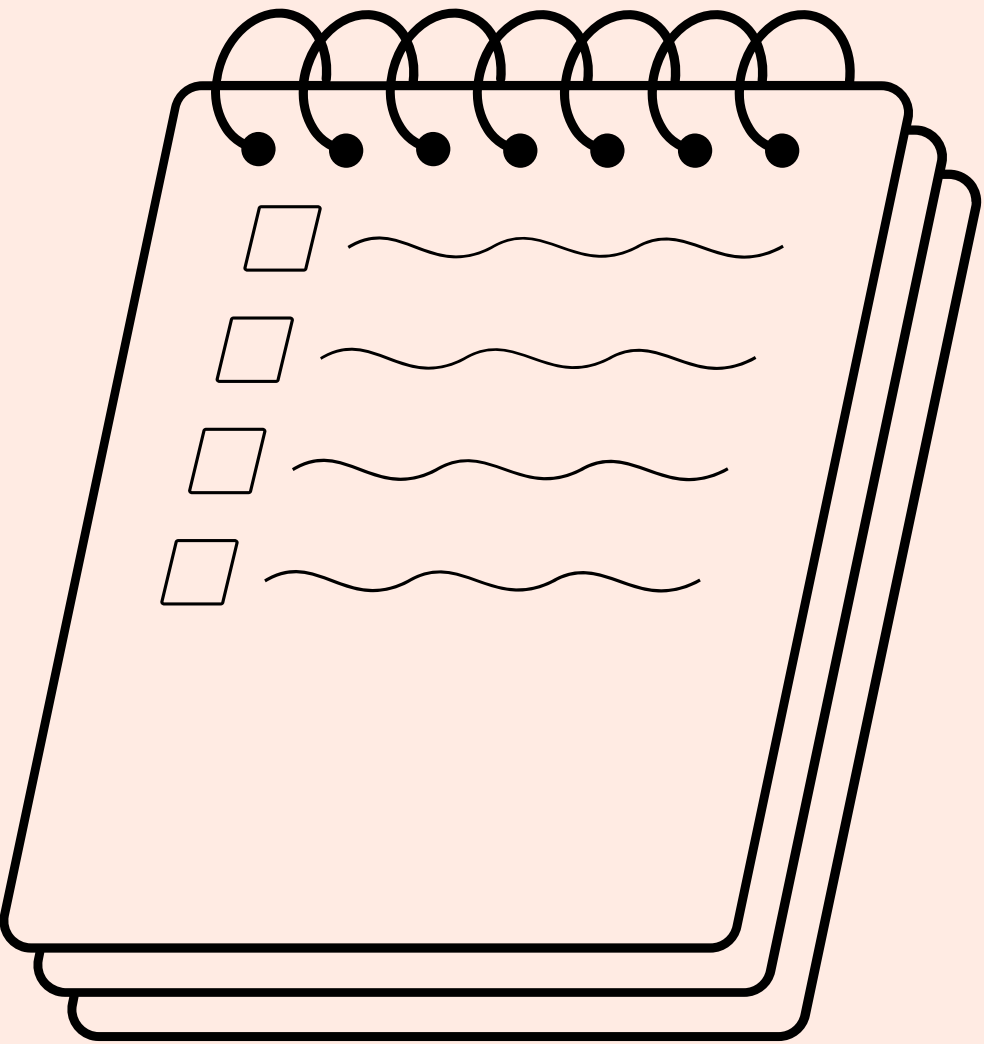New Tab

ENGLISH
TIPS & TRICKS

BeCode Mitnick-1

Anaïs Dehandschutter

YES BUT WHY?

For so many reasons. As for cybersecurity:

1	English is everywhere in any IT field, cybersecurity is no exception
2	Your English might be tested during interviews
3	You might end up in a multicultural company

RULE 1 : SEEK DISCOMFORT

The native language is the supreme example of 'comfort zone'... Well known vocabulary, well integrated grammar structures and all the unspoken cultural rules that accompany communication. All of the above disappears when faced with learning a new language.
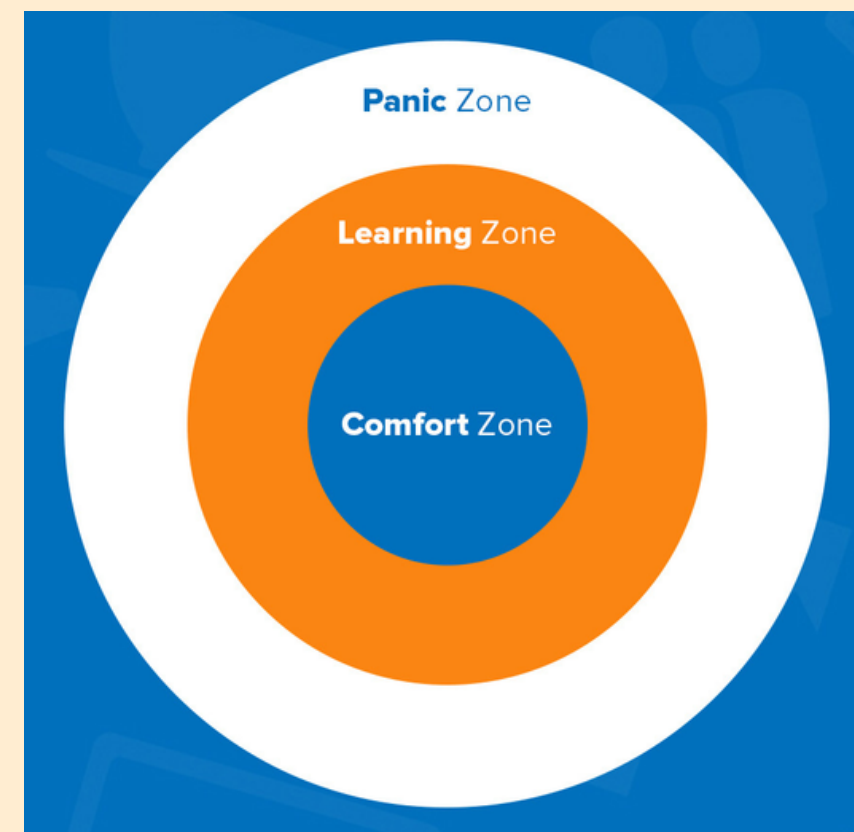
Coming out of the comfort zone is what makes us grow as individuals.

THE LEARNING ZONE MODEL

CONCEPT DEVELOPED
BY LEV VYGOTSKY

3 stages:

1. **Comfort zone**: your safe place to reflect
2. **Learning Zone**: where you grow and learn
3. **Panic Zone**: learning is beyond what you are familiar with and becomes very difficult

RULE 2 : MAKE MISTAKES

We don't view mistakes rationally but **emotionally**. We feel shame when making them. The natural response to shame is to avoid its source.

Practicing your new language in real-world situations is extremely important in gaining the confidence to speak it. But on the way to that level of confidence, you'll probably get it wrong a few times. And that's a good thing!

Perfectionism is the enemy of skill development.

RULE 3 : DO NOT TRANSLATE

We do not teach our children their first language(s), we simply interact with them. We do not explain grammar rules while speaking. We listen, repeat, induce meaning, interact, etc. Children basically imitate adults. This is called language acquisition.

Language acquisition vs. language learning

GENERAL ADVICE:

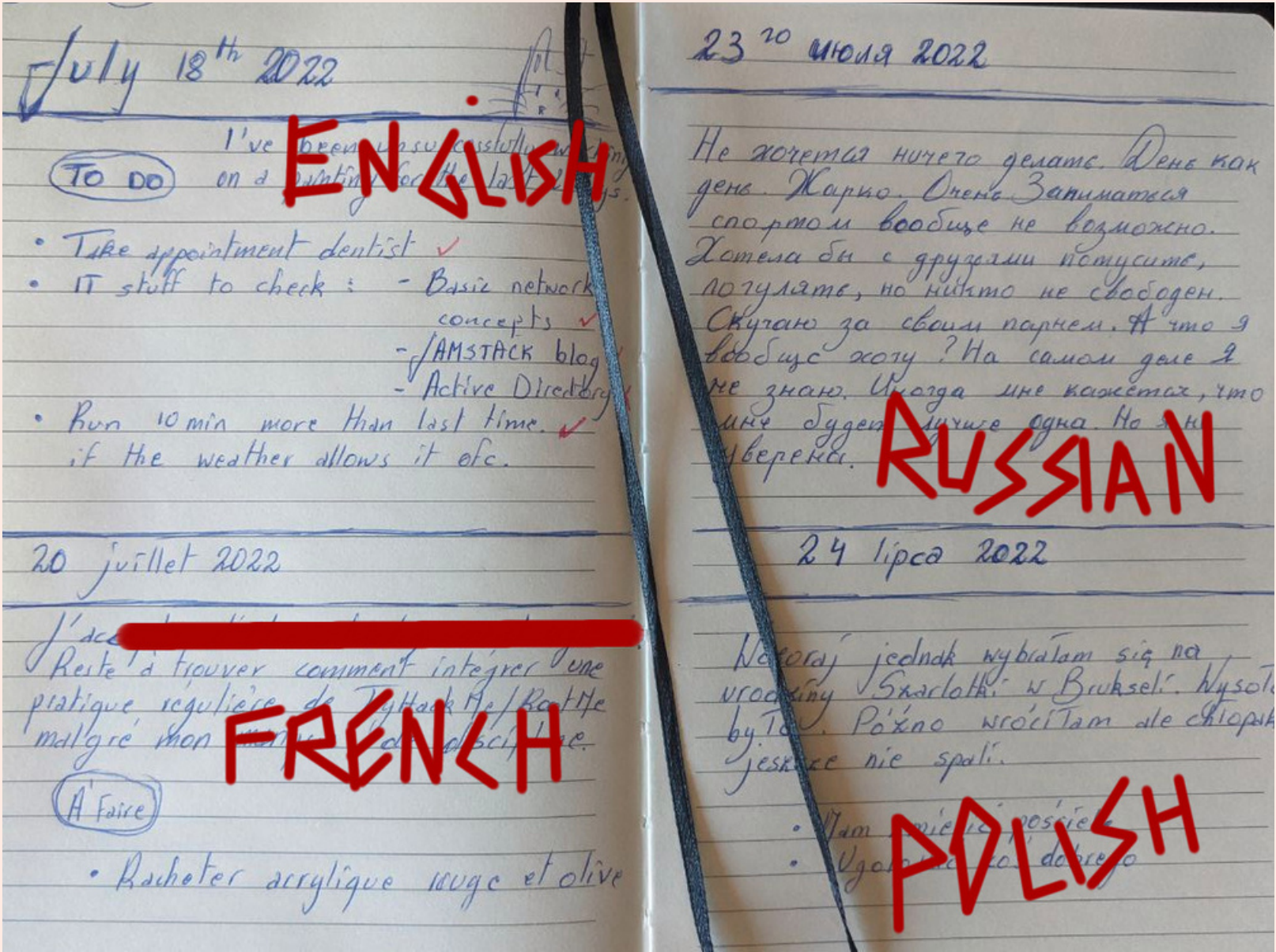## immerse yourself as much as possible

1	Note taking/reports/journaling (cf. right side)
2	**Ban** automatic browser translation. Do not translate readme's, **look up** for words instead.
3	Research ANYTHING **directly** in English

GENERAL ADVICE:

immerse yourself as much as possible

4	**Challenge** yourself (explaining concepts, techtalks, bilingual linkedin)
5	Learn and **educate yourself** with English material (Youtube, Reddit, Telegram)
6	**Entertain** yourself in English (gaming, movies, books)
7	Do **not** give up <3

IN CONCLUSION

By immersing yourself as much as possible, you'll eventually become more comfortable in reading and listening.
You'll remember more and more new structures and words to use in speaking and writing.

RESSOURCES

← → ↻ 🌐 https://www.ressourcestropbiencarjesuisgénéreuse.be
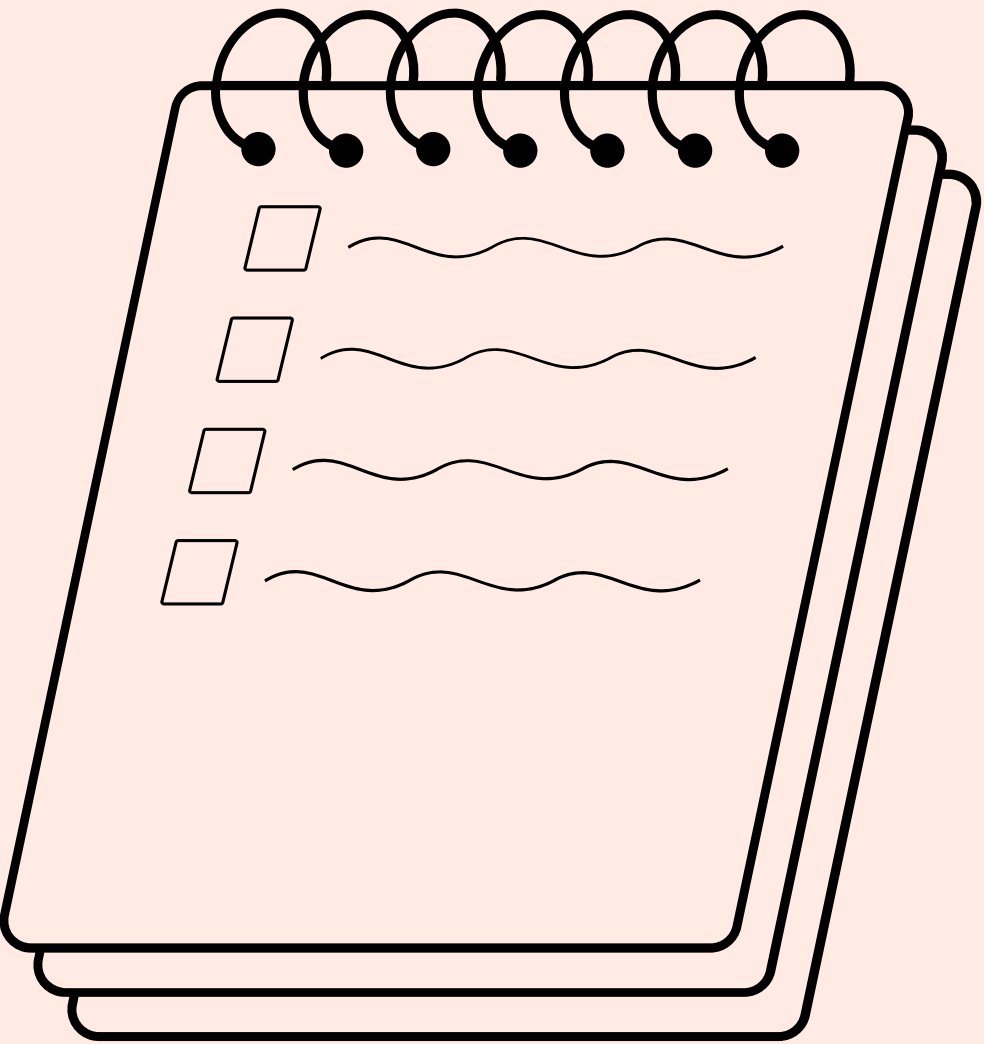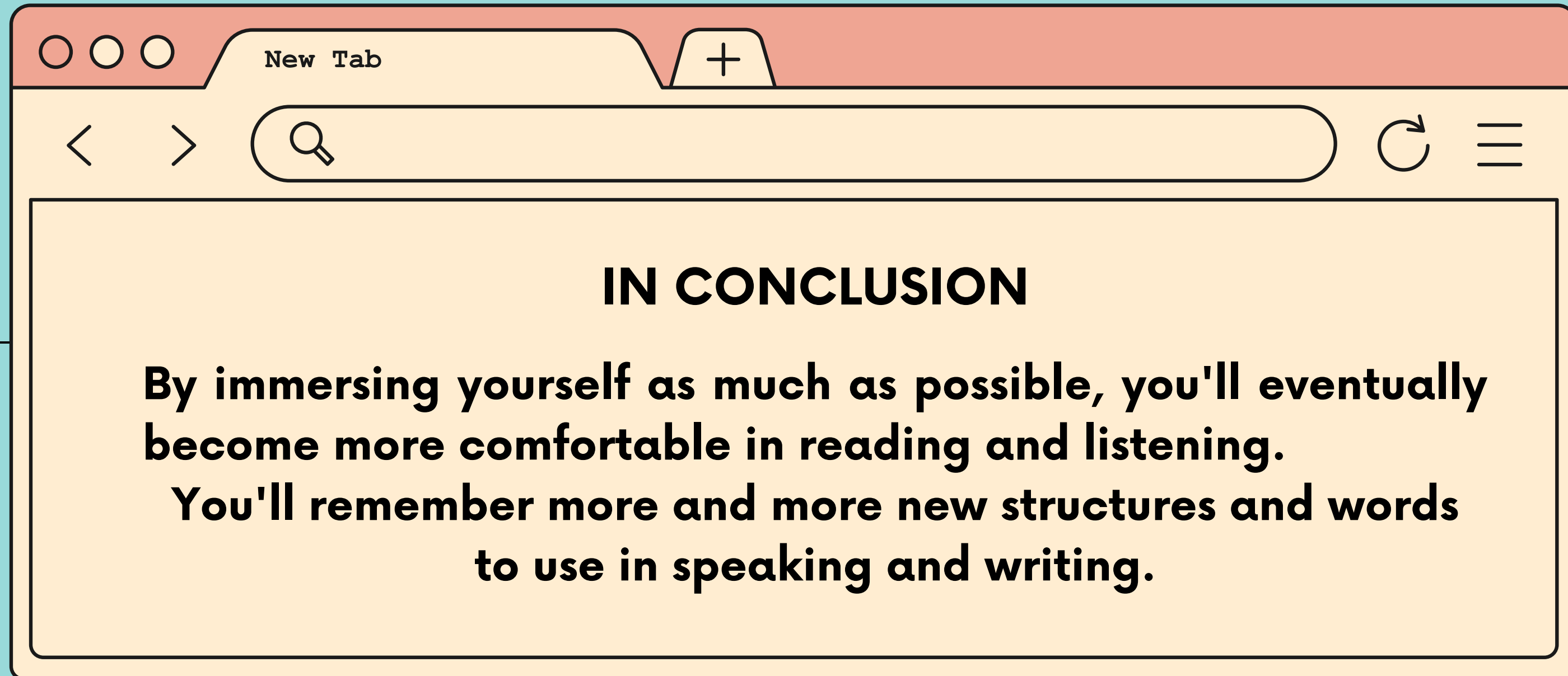
YOUTUBE

- Hackersploit
- Network Chuck
- STÖK
- David Bombal
- John Hammond
- The Cyber Mentor
- The Hated One
- Computerphile

REDDIT

- r/AskNetSec
- r/blueteamsec
- r/cybersecurity
- r/cybersecurity101
- r/ethicalhacking
- r/exploitdev
- r/hackersec
- r/hacking
- r/InfoSecNews
- r/NetworkSecurity

TELEGRAM

- BugCrowd:
https://t.me/BugCrowd
- CyberSecurity News
https://t.me/Cyber_Security_
Channel
- IT Security Alerts
https://t.me/itsecalert
- CS & Privacy News
https://t.me/cibsecurity
- Red Team Alerts
https://t.me/redteamalerts