km		Course	Senneterre - VD - Senneterre	km/h		
to go	done	info	140 km	45	43	41
145.0	-5.0	P	Start - Senneterre Town Hall	14:00	14:00	14:00
144.3	-4.3	↑	Stay on Route 386	14:00	14:00	14:01
140.0	0.0	>	Official Start	14:06	14:06	14:07
136.2	3.8	i	Belcourt	14:11	14:12	14:12
135.7	4.3	•	Bonification Sprint - times and points (Intersection avenue Goulet)	14:12	14:12	14:13
115.4	24.6	←	Route 397	14:39	14:41	14:43
110.0	30.0	<u>`</u>	Feed open	14:46	14:48	14:51
107.0	33.0	A	KOM points (Intersection sentier le Kao)	14:50	14:53	14:55
89.2	50.8	i	Val-Senneville	15:14	15:17	15:21
88.5	51.5	\$	Senneterre Mayor's sprint 250\$ (École St-Isidore)	15:15	15:18	15:22
77.7	62.3	>	Bonification Sprint - times and points (Intersection rue Alix)	15:29	15:33	15:38
74.0	66.0	c;	Trash Zone Orbit Garant area	15:34	15:39	15:43
72.7	67.3	J	Round about 3rd exit Route 117	15:36	15:40	15:45
72.2	67.8	\triangle	Rail road	15:37	15:41	15:46
71.1	68.9	\triangle	Rail road	15:38	15:43	15:48
70.2	69.8	σ	Round about 3rd exit Route 117	15:39	15:44	15:49
48.9	91.1	A	KOM Points (Mine Aur Ressource)	16:08	16:14	16:20
41.7	98.3	←	Route 113	16:17	16:24	16:31
28.4	111.6	i	Obaska	16:35	16:42	16:50
28.0	112.0	\$	Senneterre Mayor's sprint 250\$ (Camping le Huard)	16:36	16:43	16:51
20.0	120.0	<u>`</u>	Feed closed	16:46	16:54	17:02
6.0	134.0	i	Senneterre	17:05	17:13	17:23
5.7	134.3	•	Stay on 6e rue O	17:05	17:14	17:23
5.2	134.8	\rightarrow	10e Avenue/ Route 386	17:06	17:15	17:24
4.5	135.5	\rightarrow	Rue du Parc	17:07	17:16	17:25
2.9	137.1	\rightarrow	Chemin du Mont Bell	17:09	17:18	17:27
1.2	138.8	\rightarrow	Montée de la Tour	17:11	17:20	17:30
0.4	139.6	€,	Caravane by pass to the right Support vehicules Courthouse	17:12	17:21	17:31
0.1	139.9	P	Montée de la tour	17:13	17:22	17:32
0.0	140.0	•	Final summit Finish Double KOM points Time and points bonus	17:13	17:22	17:32
Points and bonifications : Bonus sprint : 3-2-1 sec & 6-4-2 pts Final Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts KOM : 5-3-2 points						

KOM : 5-3-2 points KOM - mountain top finish : 10-6-4 points