km		Course	La Sarre - Amos	km/h		
to go	done	info	93.5 km + (5 x 5.4 km) = 120.5 km	45	43	41
123.5	-3.0	⚐	Start - Nicol Auto Arena Parking	14:00	14:00	14:00
123.4	-2.9	←	Rue Principale	14:00	14:00	14:00
123.4	-2.9	→	11e Avenue Est	14:00	14:00	14:00
123.1	-2.6	→	Route 111 Est	14:00	14:00	14:00
121.2	-0.7	←	Ramp toward Rte 111E	14:03	14:03	14:03
120.5	0.0	⚑	Official start	14:04	14:04	14:04
116.1	4.4	⚠	Railroad crossing	14:09	14:10	14:10
112.6	7.9	🚴	KOM Sprint	14:14	14:15	14:15
105.5	15.0	$	La Sarre Mayor's sprint 250$ (Postal Office Macamic)	14:24	14:25	14:26
104.8	15.7	⚠	Bridge	14:24	14:26	14:27
95.1	25.4	⚠	Bridge - Roadwork - 1 lane only	14:37	14:39	14:41
93.2	27.3	ℹ	Municipality of Authier	14:40	14:42	14:44
92.2	28.3	⚠	Railroad crossing	14:41	14:43	14:45
90.5	30.0	☕	Feed open	14:44	14:46	14:48
88.3	32.2	⚠	Bridge - Roadwork	14:46	14:49	14:51
78.6	41.9	⚠	Railroad crossing	14:59	15:02	15:05
76.2	44.3	ℹ	Municipality of Taschereau	15:03	15:06	15:09
74.5	46.0	⚑	Bonification sprint - times and points (Rte 111/390 intersections)	15:05	15:08	15:11
74.0	46.5	⚠	Bridge	15:06	15:09	15:12
70.8	49.7	⚠	Railroad crossing	15:10	15:13	15:17
62.9	57.6	ℹ	Municipality of Launay	15:20	15:24	15:28
62.6	57.9	$	La Sarre Mayor's sprint 250$ (Engoulevent municipal parc)	15:21	15:24	15:29
51.0	69.5	⚠	Oblique Railroad crossing	15:36	15:41	15:46
49.3	71.2	ℹ	Municipality of Trécesson	15:38	15:43	15:48
44.6	75.9	⚑	Bonification Sprint - time and points (Trécesson rest stop)	15:45	15:50	15:55
28.3	92.2	←	Boulevard Mercier	16:06	16:12	16:19
28.2	92.3	→	2e Avenue Ouest	16:07	16:12	16:19
27.9	92.6	←	1re Rue Ouest	16:07	16:13	16:19
27.5	93.0	→	5e Avenue Ouest	16:08	16:13	16:20
27.4	93.1	→	Rue Principale Nord	16:08	16:14	16:20
27.0	93.5	$	Start of 1st lap Amos Mayor's sprint (100$)	16:08	16:14	16:21
26.9	93.6	←	1re Avenue Est	16:08	16:14	16:21
26.7	93.8	←	1re Rue Est	16:09	16:15	16:21
26.3	94.2	→	4e Avenue Est	16:09	16:15	16:22
25.8	94.7	→	4e Rue Est	16:10	16:16	16:22
24.7	95.8	→	14e Avenue Est	16:11	16:17	16:24
24.0	96.5	→	Rue Principale Sud	16:12	16:18	16:25
23.5	97.0	←	10e Avenue Est	16:13	16:19	16:26
22.8	97.7	→	2e Avenue Ouest	16:14	16:20	16:27
22.6	97.9	←	1re Rue Ouest	16:14	16:20	16:27
22.2	98.3	→	5e Avenue Ouest	16:15	16:21	16:28
22.0	98.5	→	Rue Principale Nord	16:15	16:21	16:28
21.6	98.9	$	Start of 2nd lap Amos Mayor's sprint (100$)	16:15	16:22	16:29
16.2	104.3	☕	Feed closed	16:23	16:29	16:37
16.2	104.3	$	Start of 3rd lap Amos Mayor's sprint (100$)	16:23	16:29	16:37
10.8	109.7	$	Start of 4th lap Amos Mayor's sprint (100$)	16:30	16:37	16:44
5.4	115.1	$	Start of 5th lap Amos Mayor's sprint (100$)	16:37	16:44	16:52
1.0	119.5	🚐	Caravan bypass Right on 3e avenue	16:43	16:50	16:59
0.0	**120.5**	⚑	**Finish** **Time and points bonus**	**16:44**	**16:52**	**17:00**

Points and bonifications :

Bonus sprint : 3-2-1 sec & 6-4-2 pts

Final Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts

KOM : 5-3-2 points