Tour de l'Abitibi 2023

TECHNICAL GUIDE

53th edition

July 11th to 16, 2023

Version : 2023-02-20

Schedule

Date	Event	Start	Finish
Monday July 10th	Team Presentation Challenge Sprint Abitibi	**17h30** **18h30** Amos, Cathedral	**18h** **20h** Amos, Cathedral
Tuesday July 11th **Stage 1**	**Road race** Rouyn-Noranda - Amos (via Aiguebelle) Distance : 131.7 km (5 km controlled start)	**16:15** Rouyn-Noranda, CEGEP	**19:21** Amos, Cathedral
Wednesday July 12th **Stage 2**	**Road race** Val-d'Or - Amos (via Barraute) Distance : 95.3 km + (4 x 5.4 km) = 116.9 km (3 km controlled start)	**16:45** Val-d'Or, Agnico-Eagle Public Market	Circuit arrival : **18:59** Finish : **19:28** Amos, Cathedral
Thursday July 13th (AM) **Stage 3 (half-stage)**	Individual Time Trial Amos - Saint-Maurice - Amos Distance : 10.0 km	First start : **09:30** First arrival : **11:40** Amos, Cathedral	Last start : **09:43** Last arrival : **11:53** Amos, Cathedral
Thursday July 13th (PM) **Stage 4 (half-stage)**	Road race Malartic - Cadillac - Malartic Distance : 57.4 km (2 km controlled start)	18:15 Malartic, Le Tremplin High School	19:32 Malartic, Le Tremplin High School
Friday July 14th **Stage 5**	Road race Senneterre ↺ Senneterre (via Val-d'Or) Distance : 140 km (5 km controlled start)	14:00 Senneterre, City Hall	17:22 Senneterre, Mont Bell
Saturday July 15th **Stage 6**	Road race Amos ↻ Amos (via Rivière-Héva & Preissac) Distance : 115.9 km (3 km controlled start)	16:30 Amos, Cathedral	19:15 Amos, Cathedral
Sunday July 16th **Stage 7**	Road race La Sarre - Amos (via Palmarolle) Distance : 98,6 km + (5 x 5.4 km) = 125.6 km (3 km controlled start)	14:00 La Sarre, Nicol Auto Arena	Circuit arrival : **16:21** Finish : **16:59** Amos, Cathedral

Stage 1 : Rouyn-Noranda - Amos

Tuesday, July 11th, 2023

136.7 km

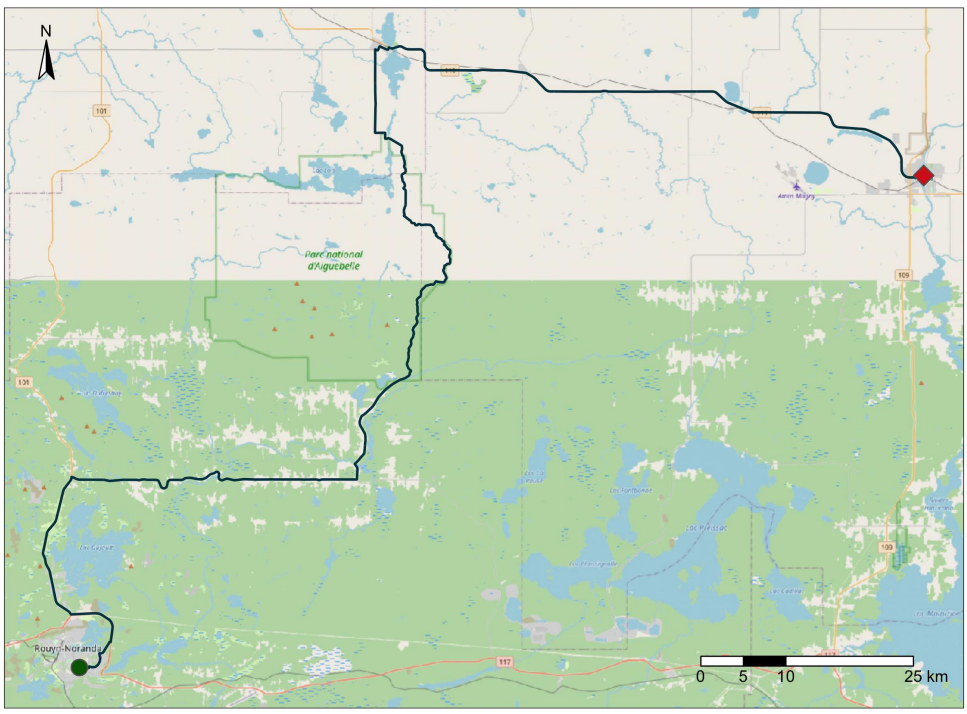
Stage sponsor is **Agnico-Eagle**.

Summary

- 5 neutralised km at start
- No circuit finish

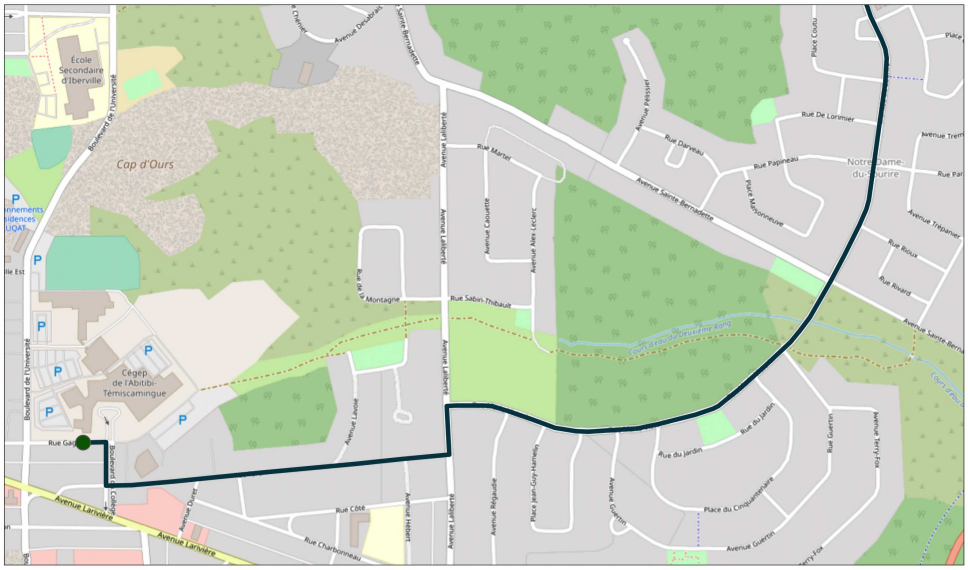
	Time
Start	16:15
Finish	19:21

Course

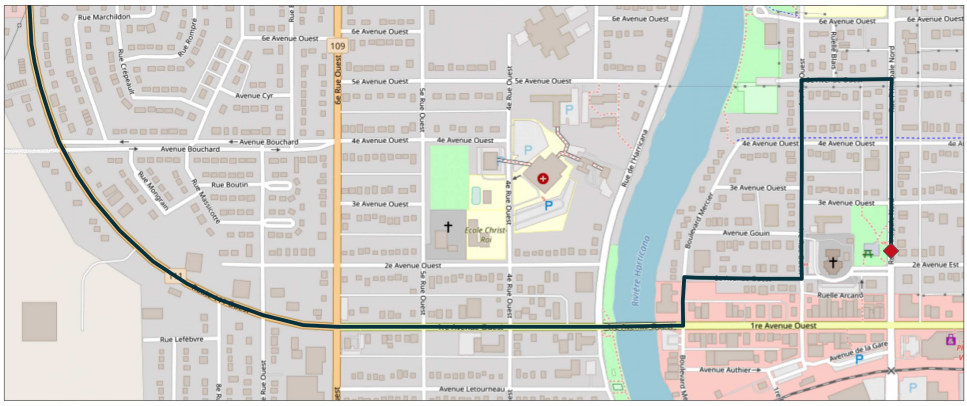


Ride with GPS

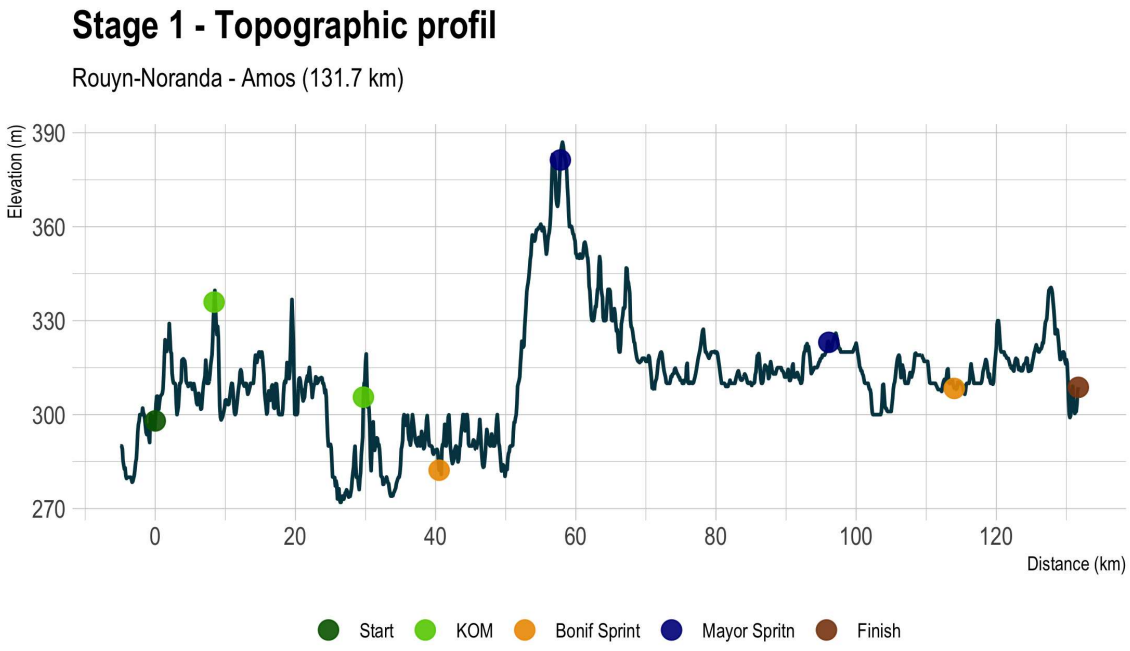
Start details

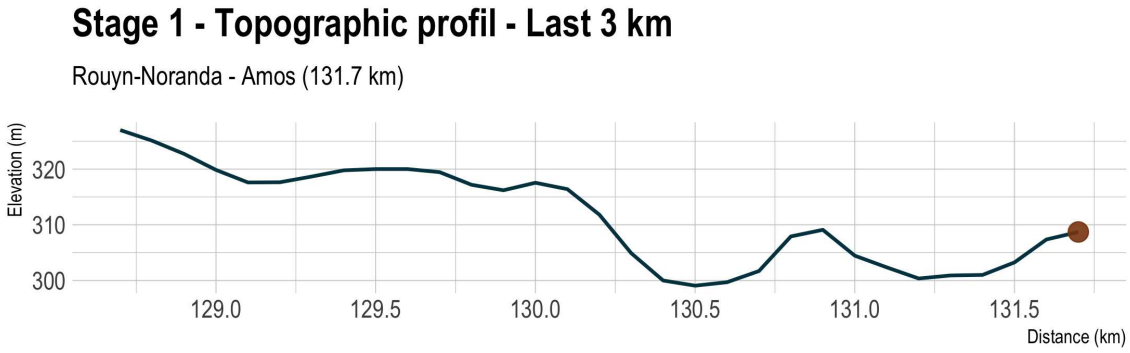


Finish details



Elevation


Stage 1 - Topographic profil
Rouyn-Noranda - Amos (131.7 km)
Elevation (m)
390
360
330
300
270
0
20
40
60
80
100
120
Distance (km)
Start
KOM
Bonif Sprint
Mayor Spritn
Finish


Stage 1 - Topographic profil - Last 3 km
Rouyn-Noranda - Amos (131.7 km)
Elevation (m)
320
310
300
129.0
129.5
130.0
130.5
131.0
131.5
Distance (km)

Detailed stage description

km		Course	Rouyn-Noranda - Amos	km/h		
to go	**done**	**info**	**131.7 km**	**46**	**44**	**42**
136.7	**-5.0**	⚐	Start – Cegep	16:15	16:15	16:15
136.4	**-4.7**	↑	Avenue Larivière/route 117	16:15	16:15	16:15
131.7	**0.0**		Official start	16:21	16:21	16:22
128.8	**2.9**	⚠	Oblique railroad crossing	16:25	16:25	16:26
128.7	**3.0**	ℹ	City of McWatters	16:25	16:25	16:26
124.6	**7.1**	⚠	Bridge	16:30	16:31	16:32
123.7	**8.0**	⚠	Oblique railroad crossing	16:31	16:32	16:33
123.3	**8.4**	⛰	GPM Points (Côte Lac Dufault)	16:32	16:33	16:34
102.0	**29.7**	⛰	GPM Points (Sortie Cléricy)	17:00	17:02	17:04
91.2	**40.5**		Sprint bonification temps et points (Chemin Lac Normand)	17:14	17:17	17:20
89.3	**42.4**	ℹ	City of Cadillac	17:16	17:19	17:22
75.7	**56.0**	ℹ	City of Riviere-Héva	17:34	17:38	17:42
75.4	**56.3**	→	Highway 109	17:34	17:38	17:42
74.9	**56.8**	←	Lac Malartic street	17:35	17:39	17:43
73.9	**57.8**	⚠	Wooden bridge	17:36	17:40	17:44
73.9	**57.8**	$	Mayor's sprint - $250 (mine Lapa)	17:36	17:40	17:44
64.3	**67.4**	↑	Route 117 Sud / Highway 117 south	17:49	17:53	17:58
59.2	**72.5**	ℹ	Ville de Malartic / City of Malartic	17:56	18:00	18:05
58.9	**72.8**	↺	Roundabout (use 2nd exit straight ahead)	17:56	18:01	18:06
38.7	**93.0**	⚠	Bridge	18:22	18:28	18:35
35.6	**96.1**	$	Mayor's sprint - $250 (École St-Philippe sur la traverse piétons)	18:26	18:32	18:39
35.5	**96.2**	↺	Highway 117 bypass	18:27	18:33	18:39
35.0	**96.7**	⚠	Railroad crossing	18:27	18:33	18:40
32.6	**99.1**	↺	Roundabout (use 2nd exit straight ahead)	18:30	18:36	18:43
17.7	**114.0**		Sprint bonification temps et points (Halte Trécesson)	18:50	18:57	19:05
16.7	**115.0**	⚠	Railroad crossing	18:51	18:58	19:06
15.7	**116.0**	↑	2e Avenue	18:52	19:00	19:07
14.7	**117.0**	↑	Start of 1st lap	18:54	19:01	19:09
13.7	**118.0**	→	Rue Wolfe	18:55	19:02	19:10
12.7	**119.0**	↖	1ere Avenue	18:56	19:04	19:12
11.7	**120.0**	↑	1ere Rue	18:58	19:05	19:13
10.7	**121.0**	↑	Avenue Delorimier	18:59	19:06	19:15
9.7	**122.0**	↑	6e Rue	19:00	19:08	19:16
8.7	**123.0**	↑	1ere Avenue	19:01	19:09	19:17
7.7	**124.0**	↑	Rue de l'Ukraine	19:03	19:10	19:19
6.7	**125.0**	↑	2e Avenue	19:04	19:12	19:20
5.7	**126.0**	↑	Start of 2nd lap	19:05	19:13	19:22
4.7	**127.0**		Start of 3rd lap	19:07	19:15	19:23
0.0	**131.7**		**Finish** **Time and points bonus** **(10-6-4 sec; 30-24-20-16-12-10-8-6-4-2 pts)**	**19:13**	**19:21**	**19:30**

Points and bonifications :

Bonus sprint : 3-2-1 sec & 6-4-2 pts

Final Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts

KOM : 5-3-2 points

Stage 2 : Val-d'Or - Amos

Wednesday, July 12th, 2023

119.9 km

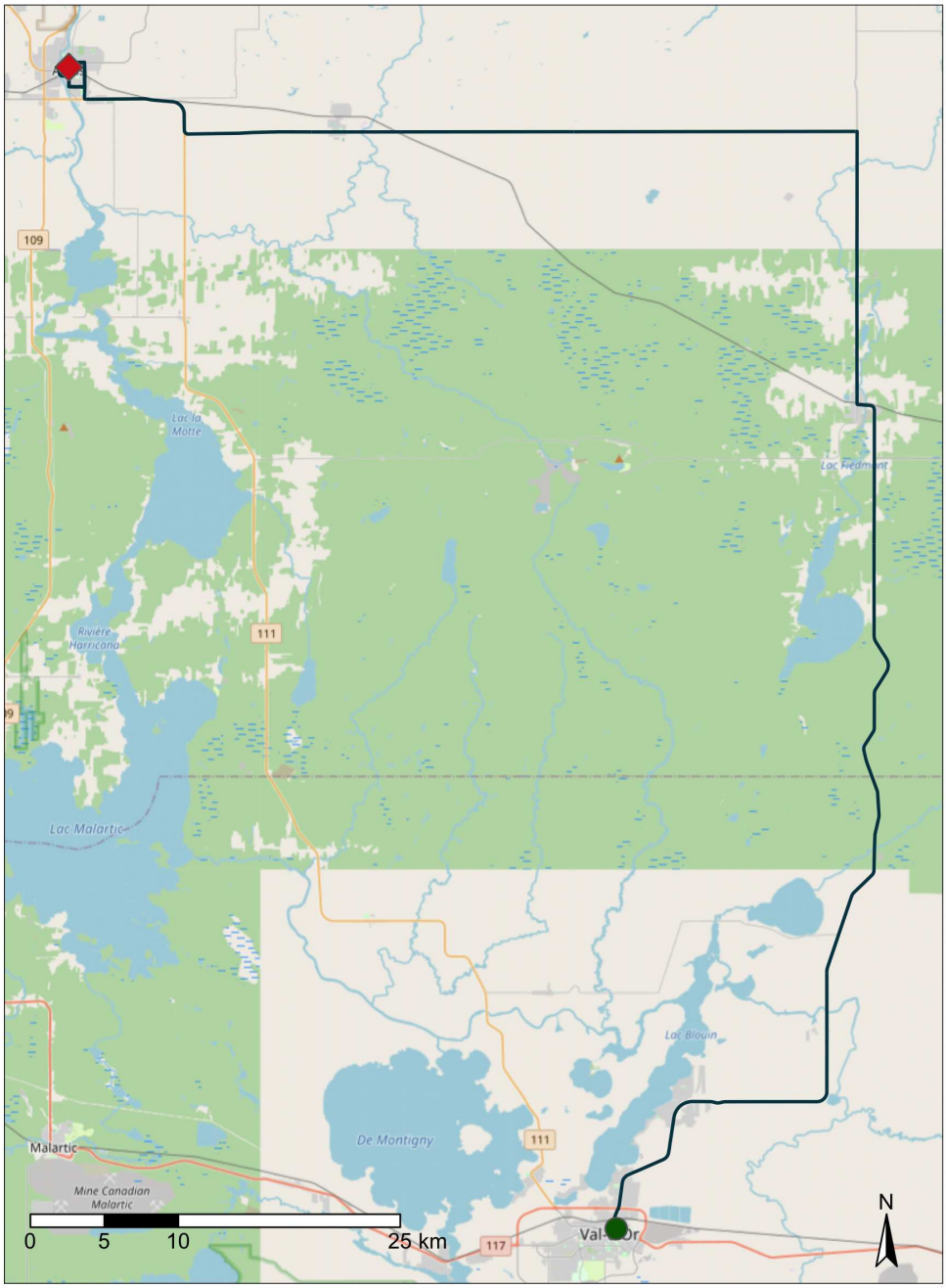
The stage sponsor is **Gouvernement du Québec**.

Summary

- 3 neutralised km at start

	Time
Start	16:45
Finish	19:28

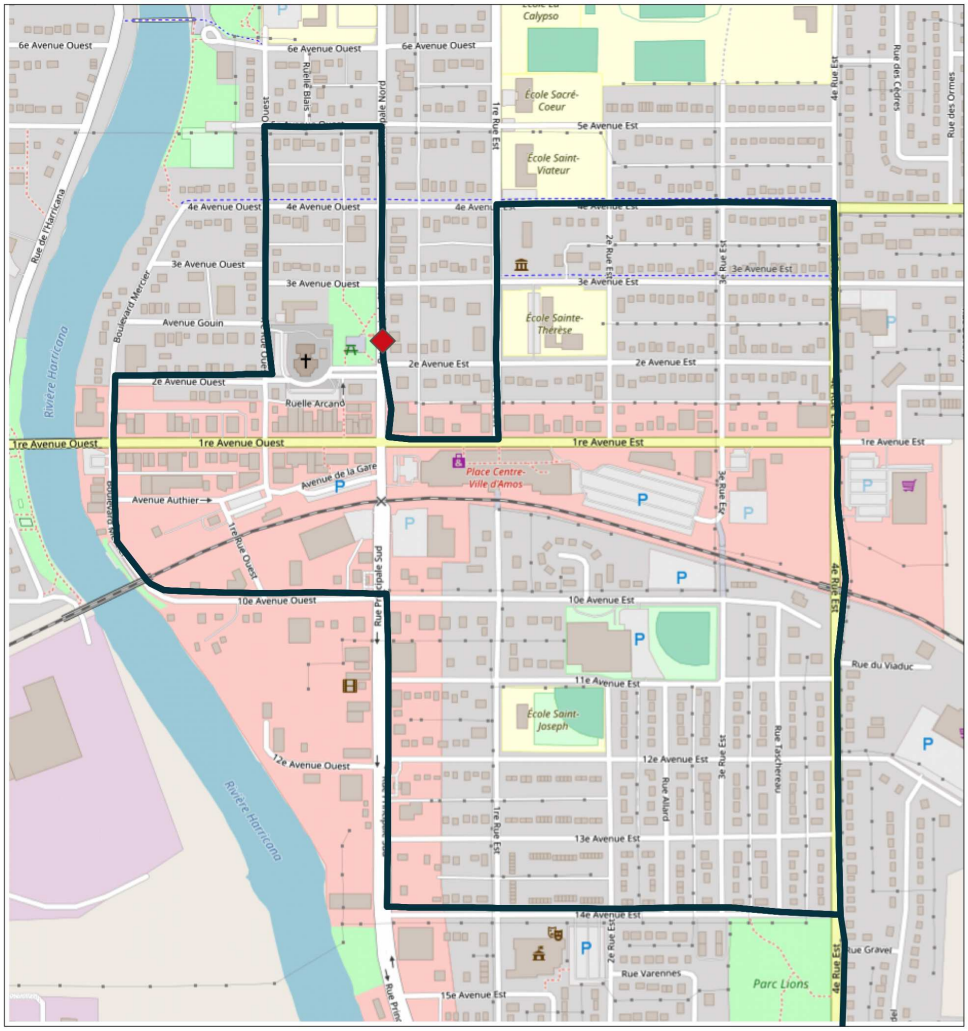
Course



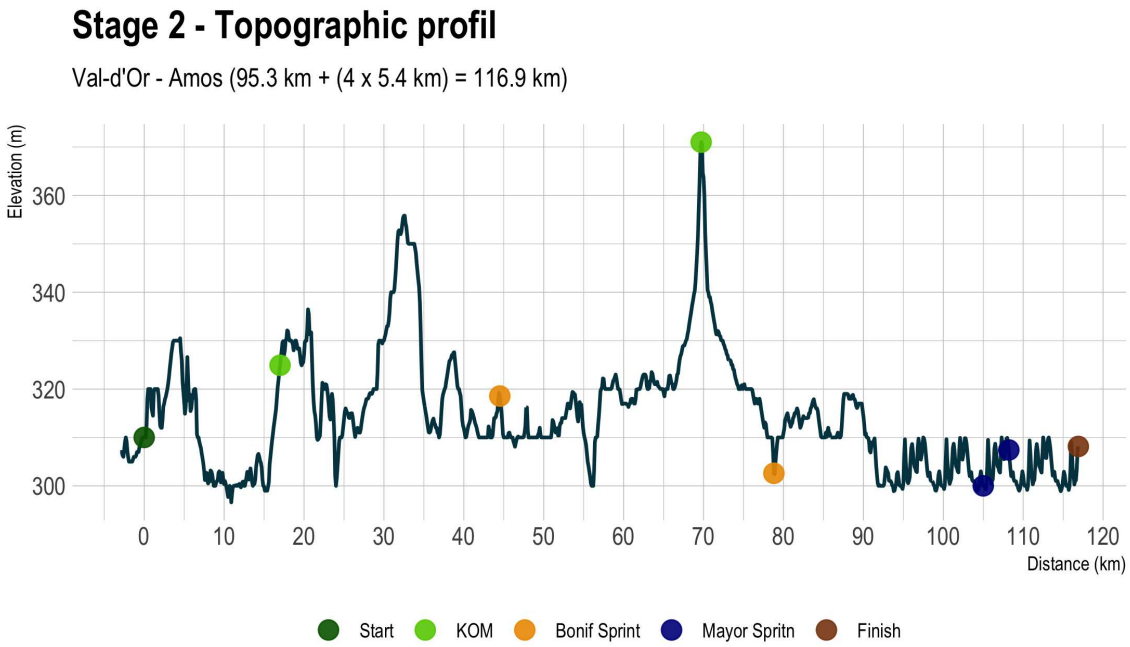
Ride with GPS

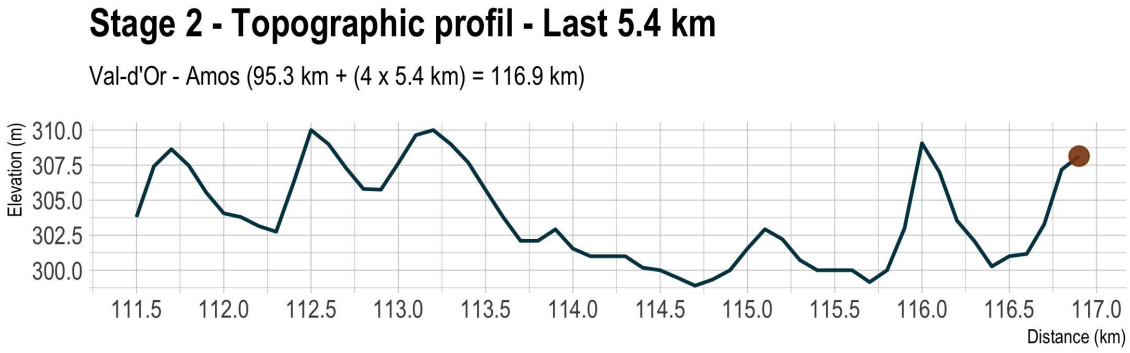
Start details

Finish details



Elevation


Stage 2 - Topographic profil
Val-d'Or - Amos (95.3 km + (4 x 5.4 km) = 116.9 km)
Elevation (m)
360
340
320
300
0
10
20
30
40
50
60
70
80
90
100
110
120
Distance (km)
Start
KOM
Bonif Sprint
Mayor Spritn
Finish


Stage 2 - Topographic profil - Last 5.4 km
Val-d'Or - Amos (95.3 km + (4 x 5.4 km) = 116.9 km)
Elevation (m)
310.0
307.5
305.0
302.5
300.0
111.5
112.0
112.5
113.0
113.5
114.0
114.5
115.0
115.5
116.0
116.5
117.0
Distance (km)

Detailed stage description

km		Course	Val-d'Or - Amos	km/h		
to go	**done**	**info**	**95.3 km + (4 x 5.4 km) = 116.9 km**	**46**	**44**	**42**
119.9	**-3.0**	⚐	Start – Val-d'Or on the beach	16:45	16:45	16:45
119.6	**-2.7**	↑	Avenue Larivière/route 117	16:45	16:45	16:45
116.9	**0.0**		Official start	16:48	16:49	16:49
112.0	**4.9**	⚠	Oblique railroad crossing	16:55	16:55	16:56
111.9	**5.0**	ℹ	City of McWatters	16:55	16:55	16:56
107.8	**9.1**	⚠	Bridge	17:00	17:01	17:02
106.9	**10.0**		Feed opening	17:01	17:02	17:03
99.9	**17.0**	⛰	KOM Points (Chemin Bousquet)	17:11	17:12	17:13
95.3	**21.6**	⚠	Oblique railroad crossing	17:17	17:18	17:20
84.9	**32.0**	⚠	Bridge	17:30	17:32	17:35
72.5	**44.4**	ℹ	City of Cadillac	17:46	17:49	17:52
72.4	**44.5**		Bonus sprint time and points (Chemin Lac Normand)	17:46	17:49	17:52
58.9	**58.0**	ℹ	City of Riviere-Héva	18:04	18:08	18:12
58.6	**58.3**	→	Highway 109	18:04	18:08	18:12
58.1	**58.8**	←	Lac Malartic street	18:05	18:09	18:13
57.1	**59.8**	⚠	Wooden bridge	18:06	18:10	18:14
47.2	**69.7**	⛰	KOM - Landrienne's flat	18:19	18:24	18:28
45.5	**71.4**	↑	Route 117 Sud / Highway 117 south	18:22	18:26	18:31
42.4	**74.5**	ℹ	Ville de Malartic / City of Malartic	18:26	18:30	18:35
42.1	**74.8**	↺	Roundabout (use 2nd exit straight ahead)	18:26	18:31	18:36
38.1	**78.8**		Bonus sprint time and points (km 544)	18:31	18:36	18:41
21.9	**95.0**	⚠	Bridge	18:52	18:58	19:05
18.7	**98.2**	↺	Highway 117 bypass	18:57	19:03	19:09
18.2	**98.7**	⚠	Railroad crossing	18:57	19:03	19:10
15.8	**101.1**	↺	Roundabout (use 2nd exit straight ahead)	19:00	19:06	19:13
12.4	**104.5**	⚠	Railroad crossing	19:05	19:11	19:18
12.0	**104.9**	↑	2e Avenue	19:05	19:12	19:19
11.9	**105.0**	$	Mayor's sprint - $250 (École St-Philippe sur la traverse piétons)	19:05	19:12	19:19
11.7	**105.2**	→	Rue Wolfe	19:06	19:12	19:19
11.5	**105.4**	↖	1ere Avenue	19:06	19:12	19:19
10.9	**106.0**	↑	1ere Rue	19:07	19:13	19:20
10.6	**106.3**	↑	Avenue Delorimier	19:07	19:14	19:21
10.1	**106.8**	↑	6e Rue	19:08	19:14	19:21
9.7	**107.2**	↑	1ere Avenue	19:08	19:15	19:22
9.2	**107.7**	↑	Rue de l'Ukraine	19:09	19:15	19:23
9.1	**107.8**	↑	2e Avenue	19:09	19:16	19:23
8.7	**108.2**	$	Mayor's sprint - $250 Start of 2nd lap	19:10	19:16	19:23
5.5	**111.4**		Start of 3rd lap	19:14	19:21	19:28
1.2	**115.7**	🚐	Caravan bypass on the right	19:19	19:26	19:34
0.0	**116.9**		**Final Finish Time and points bonus**	**19:21**	**19:28**	**19:36**

Points and bonifications :

Bonus sprint : 3-2-1 sec & 6-4-2 pts

Final Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts

KOM : 5-3-2 points

Stage 4 : Malartic - Malartic

Thursday, July 13th, 2023

59.4 km

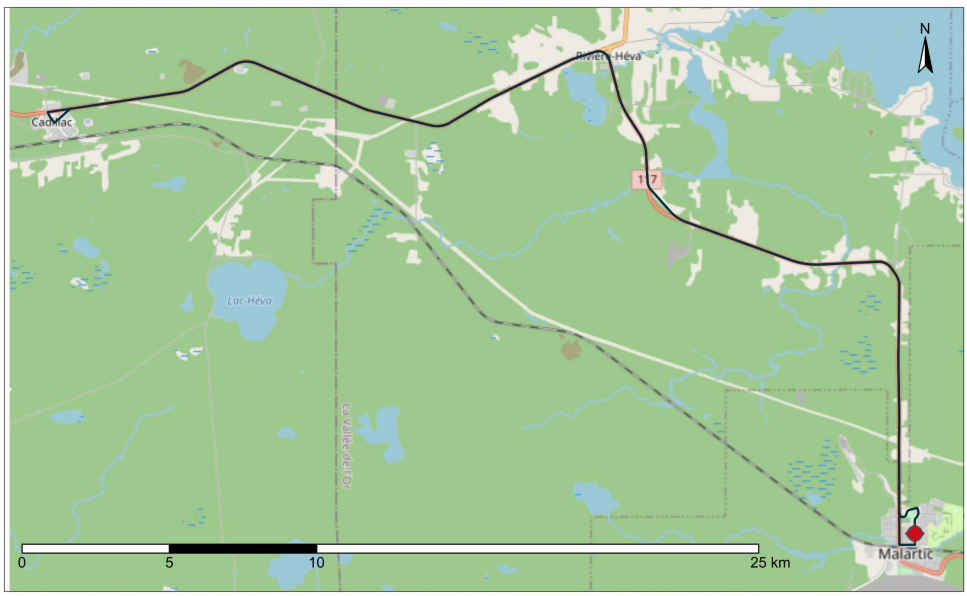
The stage sponsor is **Partenariat Canadian Malartic**.

Summary

- 2 neutralised km at start
- No circuit finish

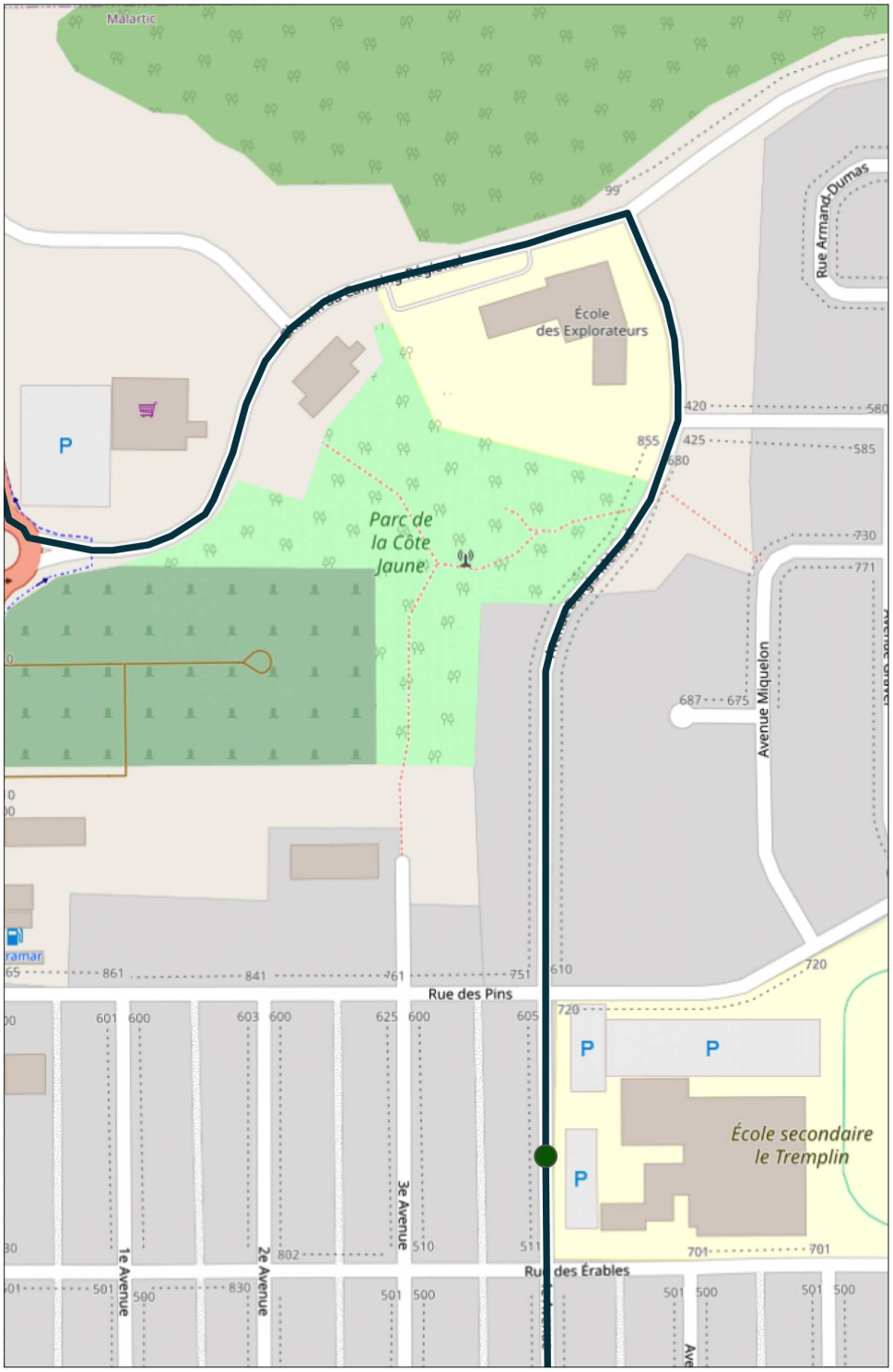
	Time
Start	18:15
Finish	19:32

Course

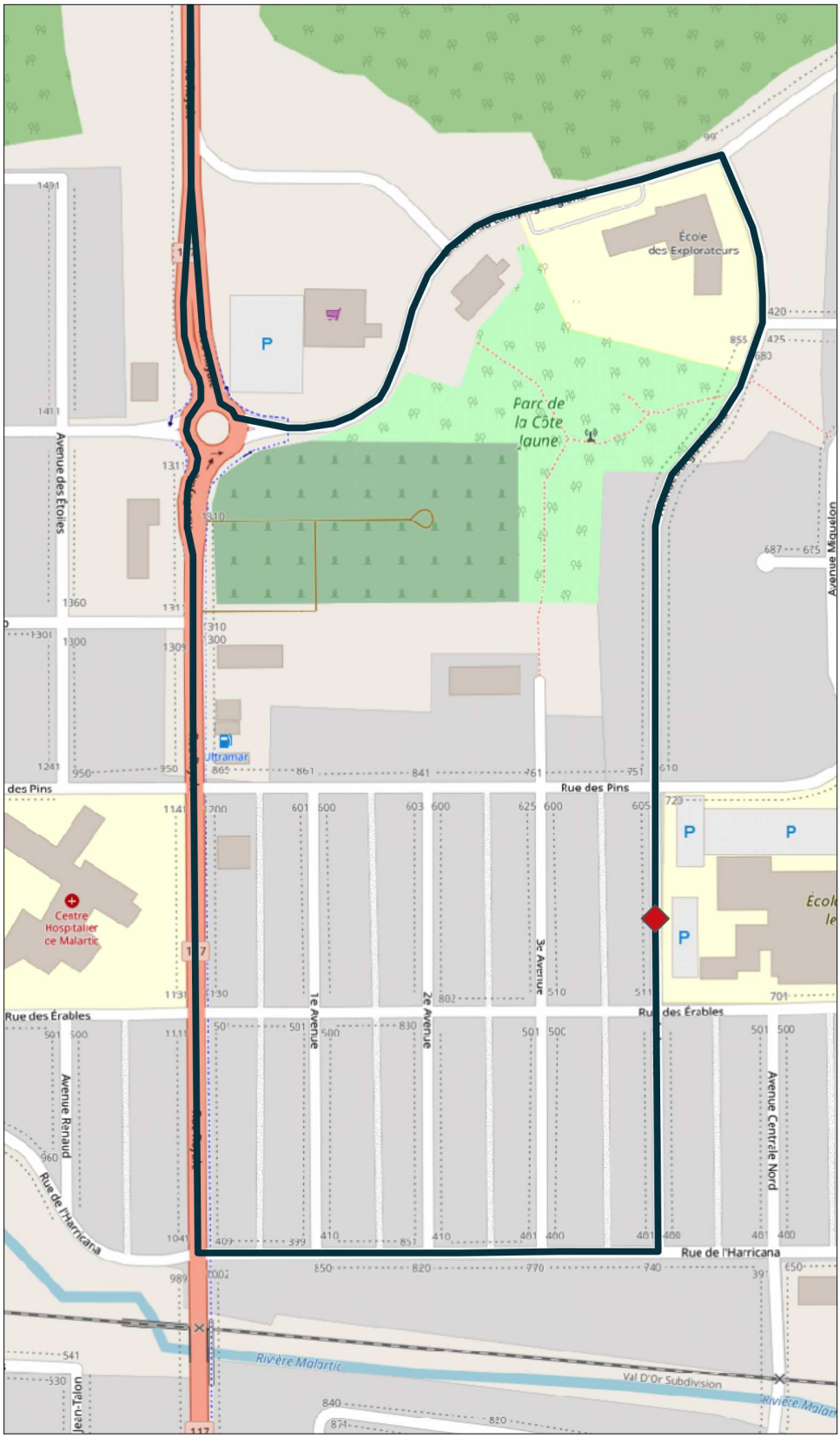


Ride with GPS

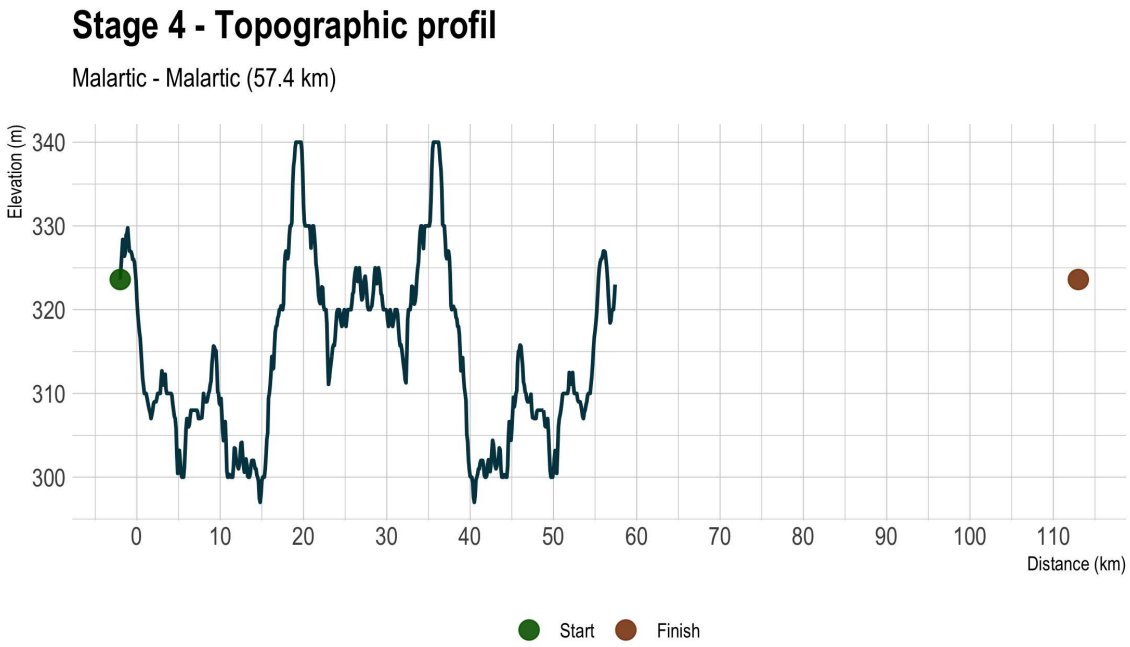
Start details

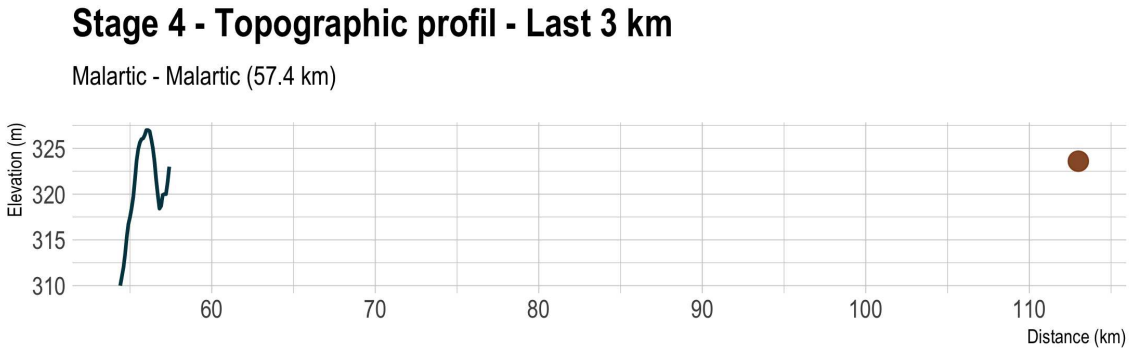


Finish details



Elevation


Stage 4 - Topographic profil
Malartic - Malartic (57.4 km)
Elevation (m)
340
330
320
310
300
0
10
20
30
40
50
60
70
80
90
100
110
Distance (km)
Start
Finish


Stage 4 - Topographic profil - Last 3 km
Malartic - Malartic (57.4 km)
Elevation (m)
325
320
315
310
60
70
80
90
100
110
Distance (km)

Detailed stage description

km		Course	Malartic - Malartic	km/h		
to go	**done**	**info**	**57.4 km**	**48**	**46**	**44**
115.0	**-2.0**		Start	18:15	18:15	18:15
3.8	**109.2**	↑	Start of 2nd lap	20:34	20:40	20:46
0.6	**112.4**	↺	Start of 3rd lap	20:38	20:44	20:51
0.0	**113.0**		**Final Finish** **Time and points bonus**	**20:38**	**20:45**	**20:51**

Points and bonifications :

Bonus sprint : 3-2-1 sec & 6-4-2 pts

Final Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts

KOM : 5-3-2 points

Stage 5 : Senneterre - VD - Senneterre

Tuesday, July 11th, 2023

145 km

The stage sponsor is **Résolu Produits forestiers**.

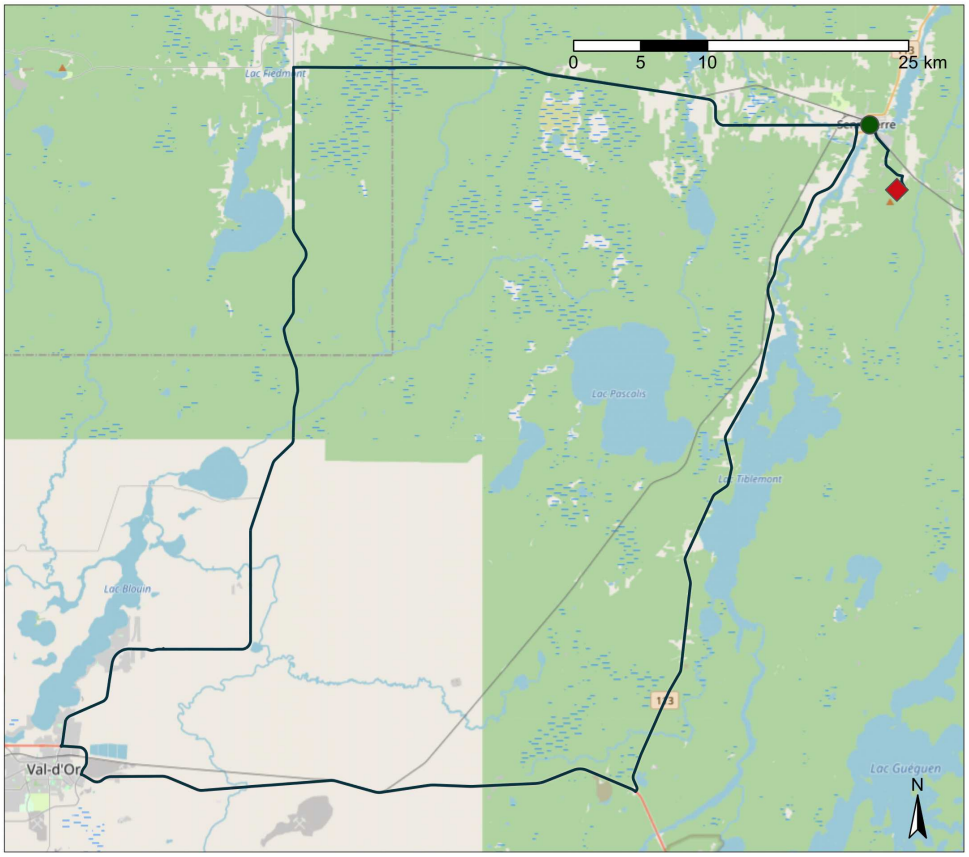
Summary

- 5 neutralised km at start

- No circuit finish
- *Hors category* summit finish, doubling the KOM points

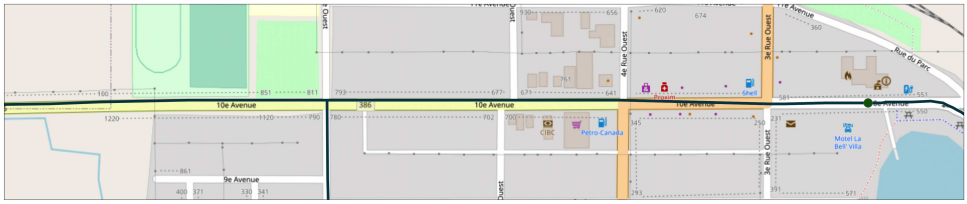
	Time
Start	14:00
Finish	17:22

Course

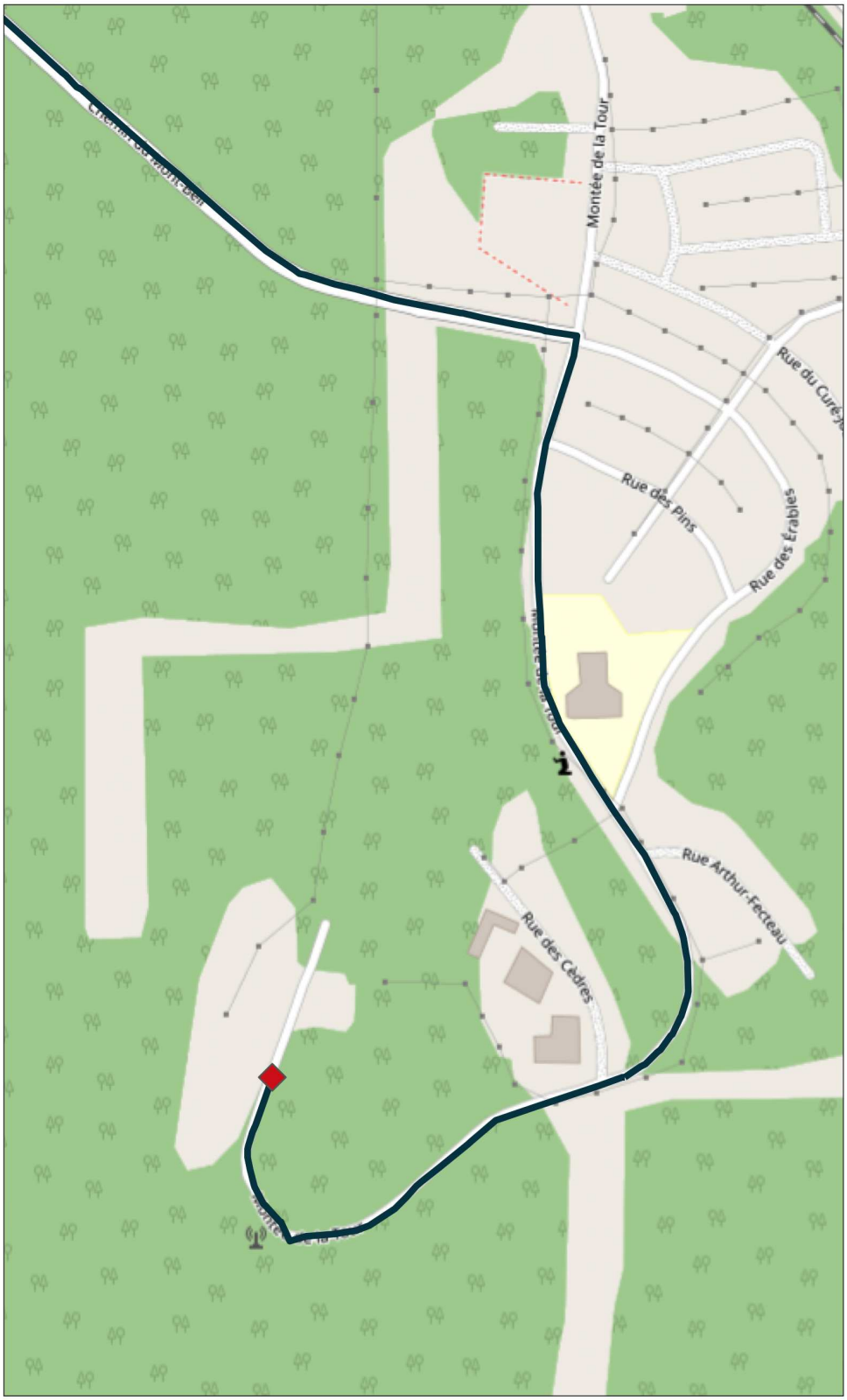


Ride with GPS

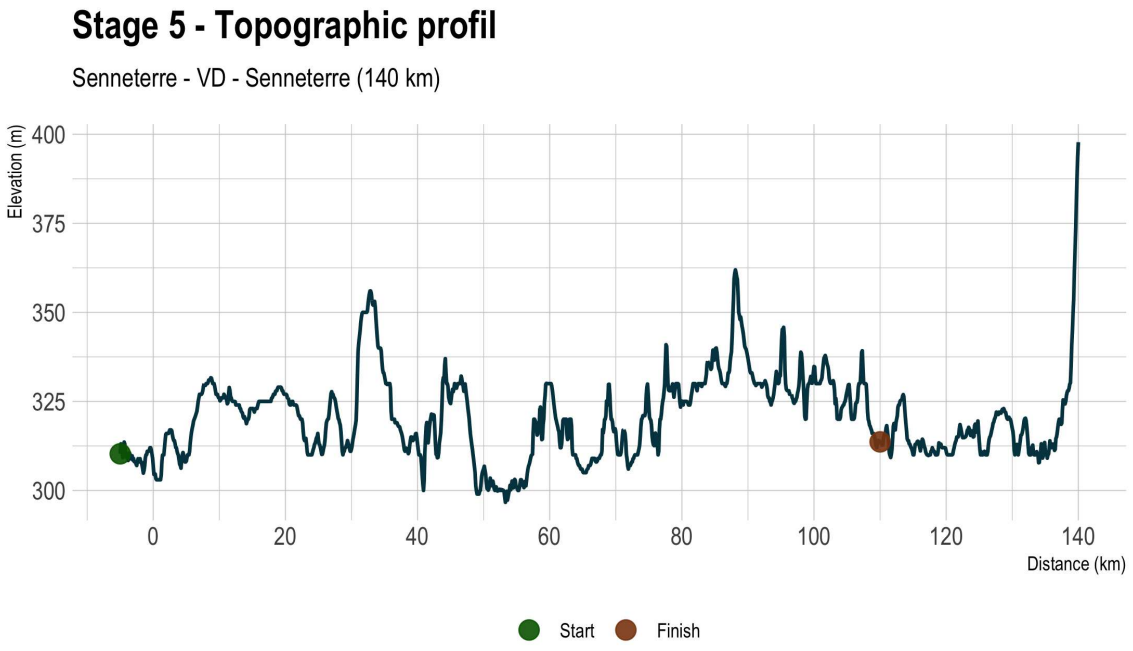
Start details

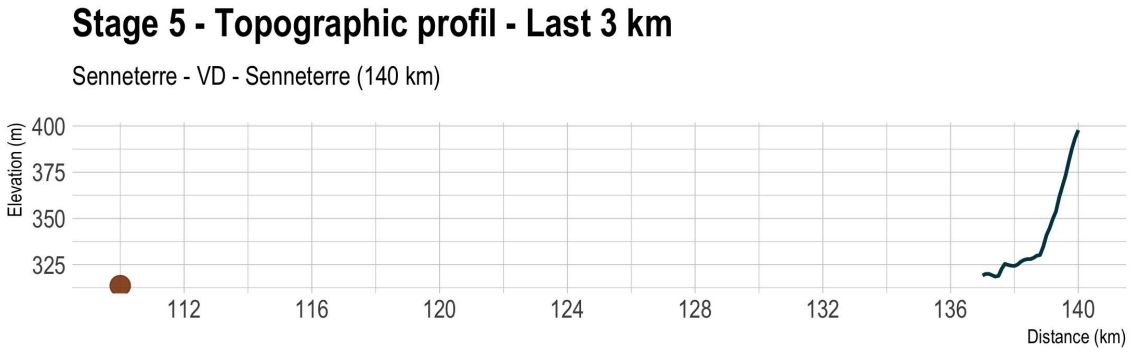


Finish details



Elevation


Stage 5 - Topographic profil
Senneterre - VD - Senneterre (140 km)
Elevation (m)
400
375
350
325
300
0
20
40
60
80
100
120
140
Distance (km)
Start
Finish


Stage 5 - Topographic profil - Last 3 km
Senneterre - VD - Senneterre (140 km)
Elevation (m)
400
375
350
325
112
116
120
124
128
132
136
140
Distance (km)

Detailed stage description

km		Course	Senneterre - VD - Senneterre	km/h		
to go	**done**	**info**	**140 km**	**45**	**43**	**41**
115.0	**-5.0**		Start	14:00	14:00	14:00
3.8	**106.2**	↑	Start of 2nd lap	16:28	16:35	16:42
0.6	**109.4**		Start of 3rd lap	16:32	16:39	16:47
0.0	**110.0**		**Final Finish** **Time and points bonus**	**16:33**	**16:40**	**16:48**

Points and bonifications :

Bonus sprint : 3-2-1 sec & 6-4-2 pts

Final Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts

KOM : 5-3-2 points

Stage 6 : Amos -Preissac - RH - Amos

Tuesday, July 11th, 2023

118.9 km

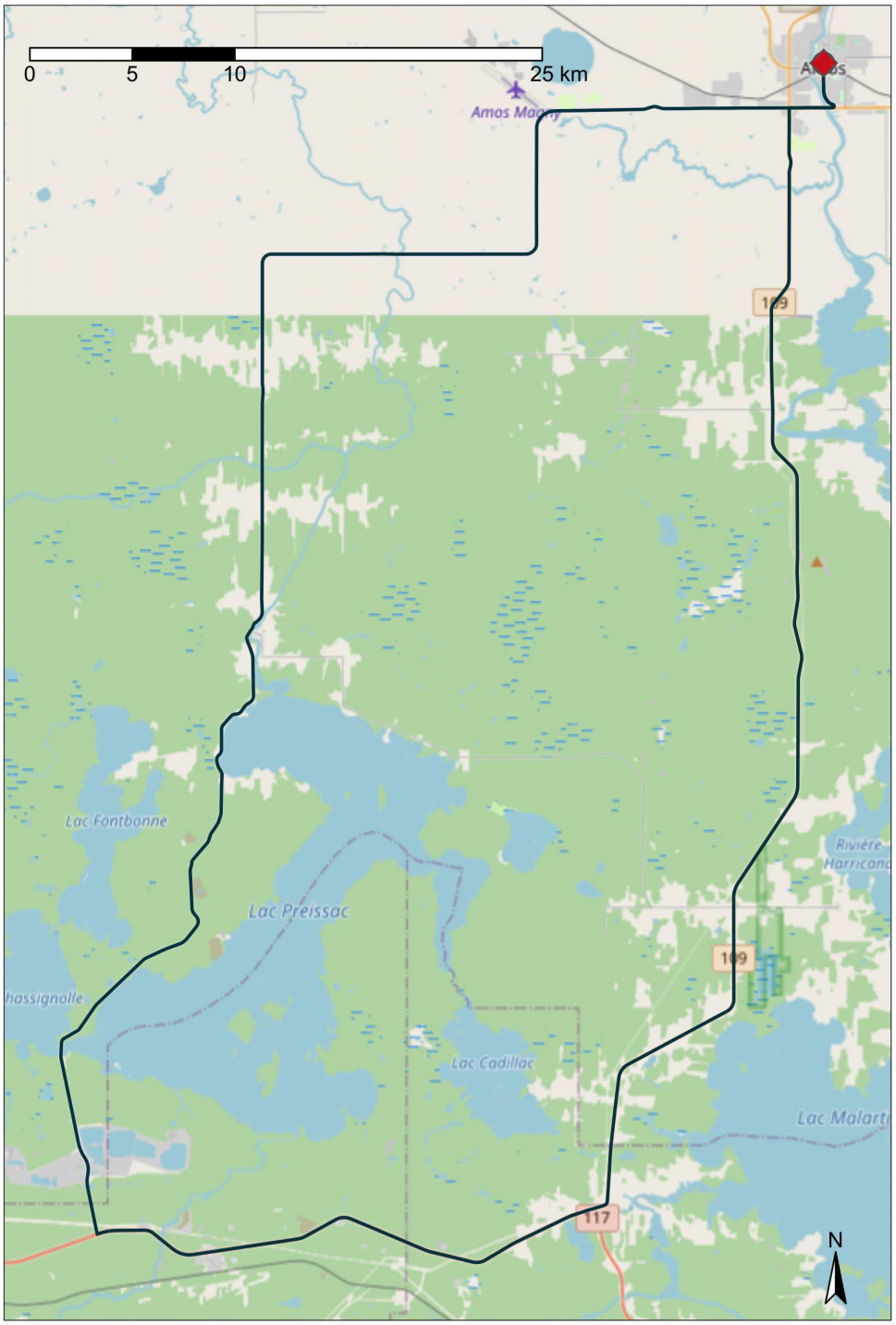
The stage sponsor is **CSS Harricana**.

Summary

- 3 neutralised km at start
- No circuit finish

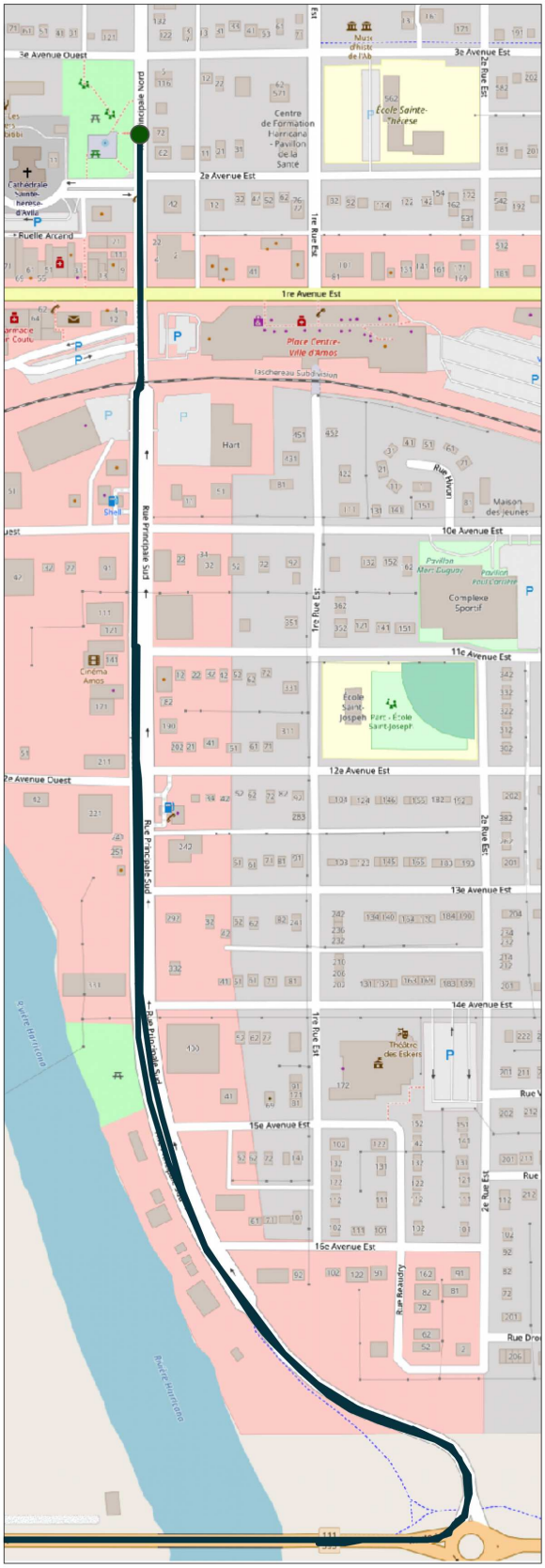
	Time
Start	16:30
Finish	19:15

Course

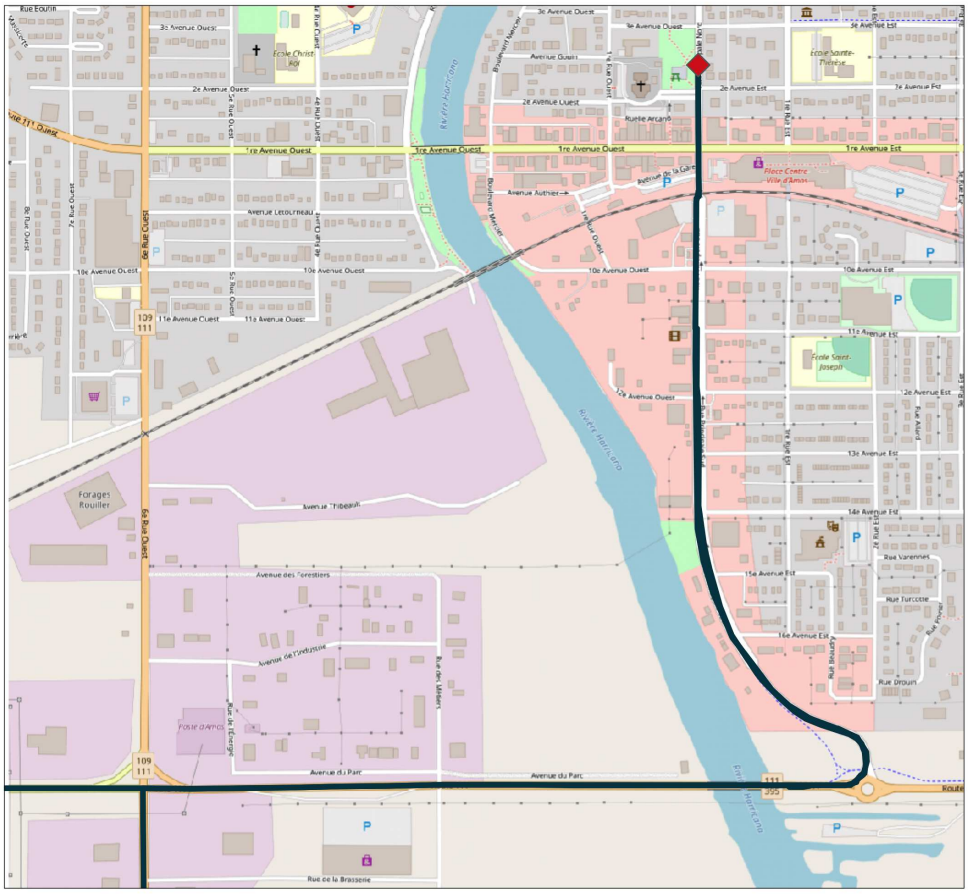


Ride with GPS

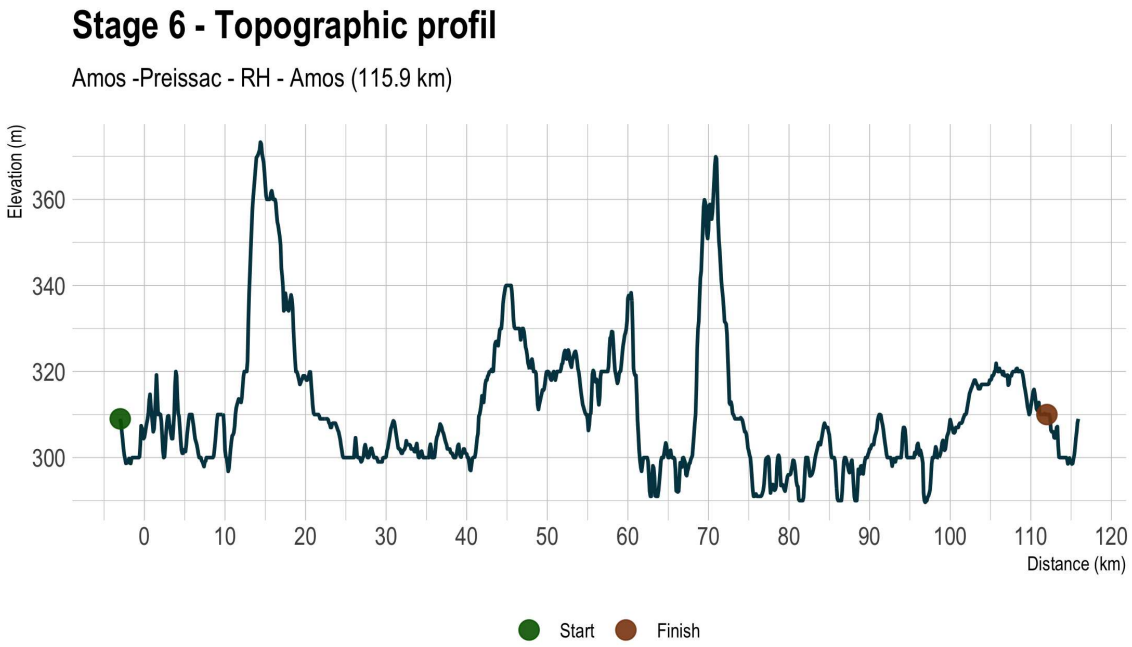
Start details

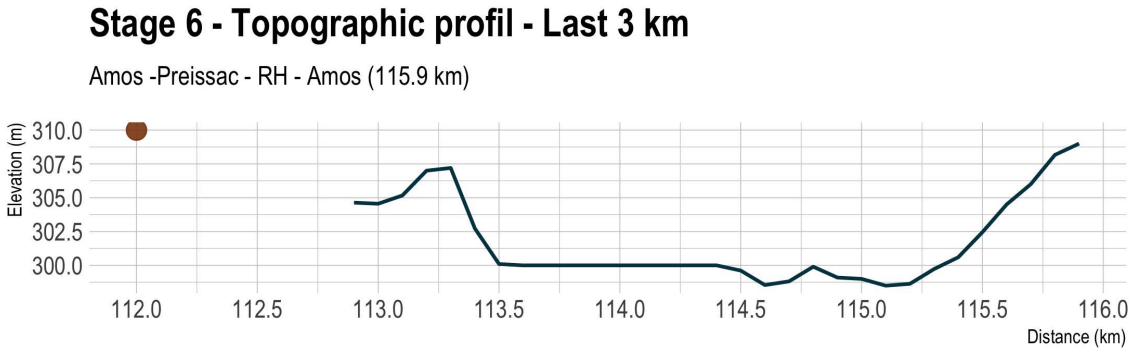


Finish details



Elevation


Stage 6 - Topographic profil
Amos -Preissac - RH - Amos (115.9 km)
Elevation (m)
360
340
320
300
0
10
20
30
40
50
60
70
80
90
100
110
120
Distance (km)
Start
Finish


Stage 6 - Topographic profil - Last 3 km
Amos -Preissac - RH - Amos (115.9 km)
Elevation (m)
310.0
307.5
305.0
302.5
300.0
112.0
112.5
113.0
113.5
114.0
114.5
115.0
115.5
116.0
Distance (km)

Detailed stage description

km		Course	Amos -Preissac - RH - Amos	km/h		
to go	**done**	**info**	**115.9 km**	**45**	**43**	**41**
115.0	**-3.0**		Start	16:30	16:30	16:30
3.8	**108.2**	↑	Start of 2nd lap	18:58	19:05	19:12
0.6	**111.4**		Start of 3rd lap	19:02	19:09	19:17
0.0	**112.0**		**Final Finish** **Time and points bonus**	**19:03**	**19:10**	**19:18**

Points and bonifications :

Bonus sprint : 3-2-1 sec & 6-4-2 pts

Final Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts

KOM : 5-3-2 points

Stage 7 : La Sarre - Amos

Tuesday, July 11th, 2023

128.6 km

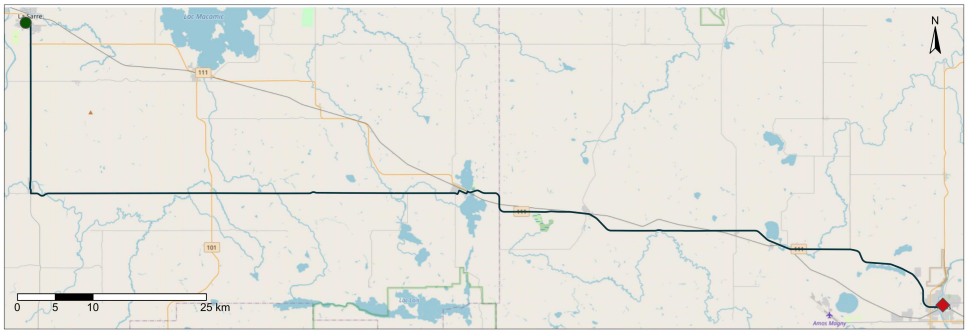
The stage sponsor is **Ville d'Amos**.

Summary

- 3 neutralised km at start

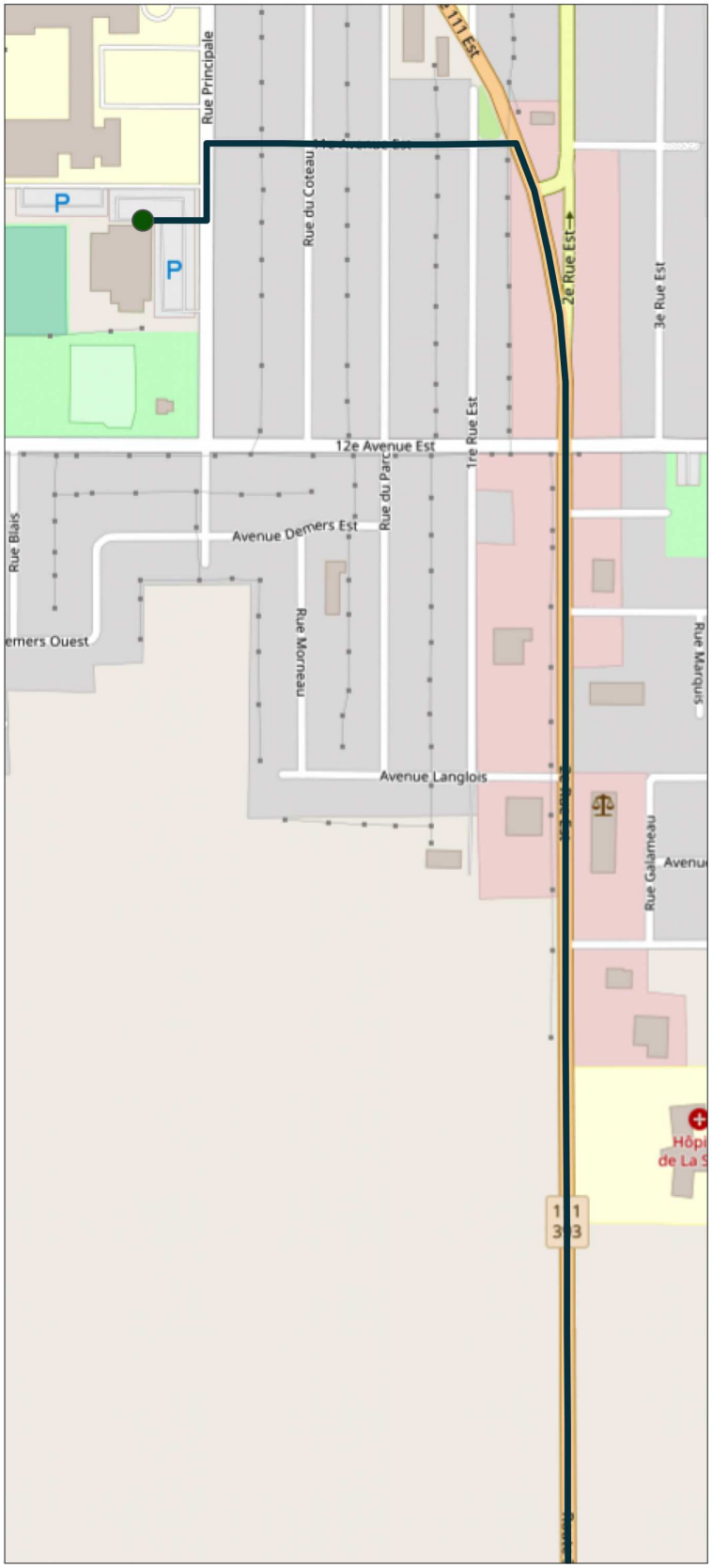
	Time
Start	14:00
Finish	16:59

Course



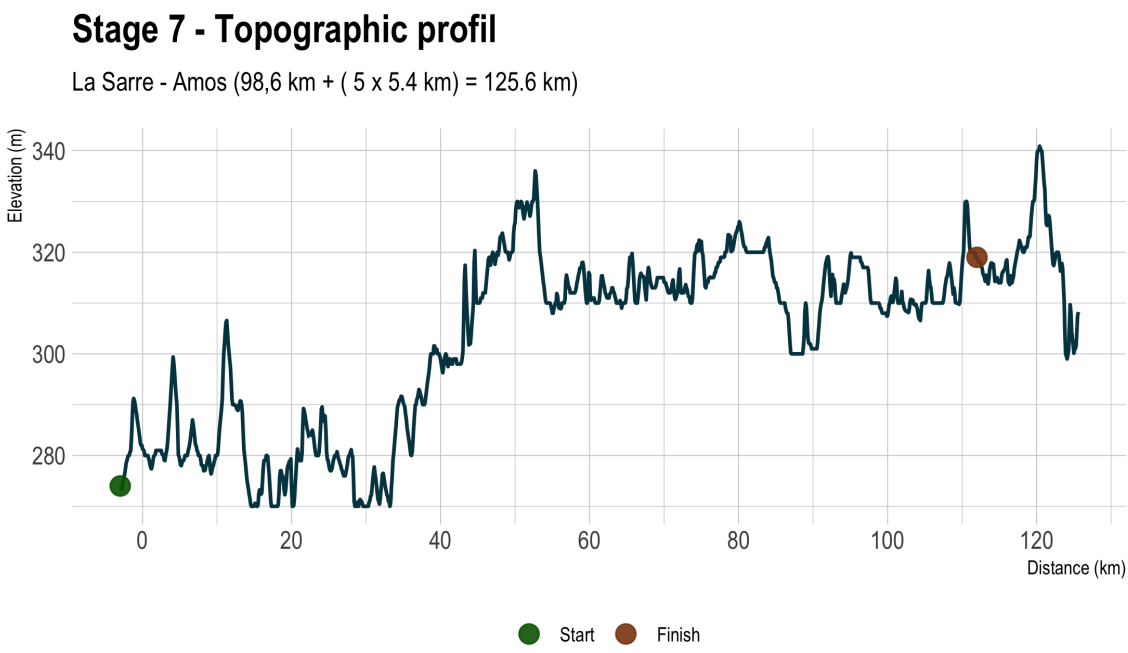
Ride with GPS

Start details



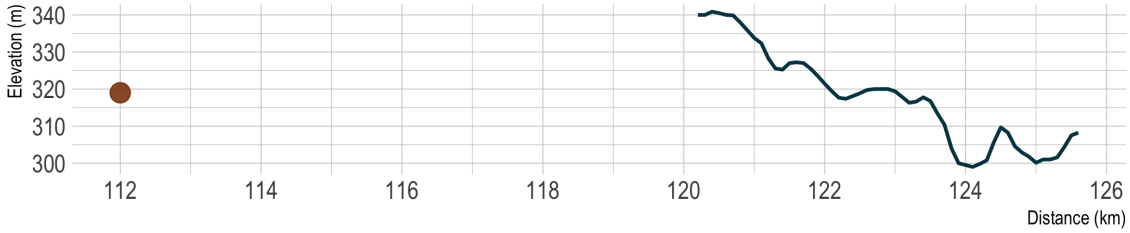
Finish details

Elevation



Stage 7 - Topographic profil - Last 5.4 km

La Sarre - Amos (98,6 km + (5 x 5.4 km) = 125.6 km)



Detailed stage description

km		Course	La Sarre - Amos	km/h		
to go	**done**	**info**	**98,6 km + (5 x 5.4 km) = 125.6 km**	**45**	**43**	**41**
115.0	**-3.0**		Start	14:00	14:00	14:00
3.8	**108.2**	↑	Start of 2nd lap	16:28	16:35	16:42
0.6	**111.4**		Start of 3rd lap	16:32	16:39	16:47
0.0	**112.0**		**Final Finish** **Time and points bonus**	**16:33**	**16:40**	**16:48**

Points and bonifications :

Bonus sprint : 3-2-1 sec & 6-4-2 pts

Final Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts

KOM : 5-3-2 points