

2023 Tour de l'Abitibi Glencore



TECHNICAL GUIDE

COURSES DETAILS

53th edition

July 11th to 16, 2023

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Notes

In order to avoid wasting paper and to facilitate updates to the document, only the details of the courses will be available in paper format.

Please refer to the website : <https://tourabitibi.github.io/guide2023/EN> for complete technical guide information.

Schedule

Date	Event	Start	Finish
Monday July 10th	Team Presentation Challenge Sprint Abitibi	16h30	17h
		17h30 Amos, Cathedral	19h Amos, Cathedral
Tuesday July 11th	Road race Val-d'Or - Amos (via Barraute) Stage 1 Distance : 95.1 km + (4 x 5.4 km) = 116.7 km (3 km controlled start)	16:45	Circuit arrival : 18:58
		Val-d'Or, Place Agnico-Eagle	Finish : 19:28
			Amos, Cathedral
Wednesday July 12th	Road race Rouyn-Noranda - Amos (via Poularies) Stage 2 Distance : 125.6 km (5 km controlled start)	16:15	19:13
		Rouyn-Noranda, CEGEP	Amos, Cathedral
Thursday July 13th (AM)	Individual Time Trial Amos - Saint-Maurice - Amos Distance : 10.0 km Stage 3 (half-stage)	First start : 09:30	Last start : 09:43
		First arrival : 11:40	Last arrival : 11:53
		Amos, Cathedral	Amos, Cathedral
Thursday July 13th (PM)	Road race Malartic - Cadillac - Malartic Distance : 57.5 km (2 km controlled start)	18:15	19:32
		Malartic, Le Tremplin High School	Malartic, Le Tremplin High School
Friday July 14th	Road race Senneterre ↗ Senneterre (via Val-d'Or) Stage 5 Distance : 140 km (5 km controlled start)	14:00	17:22
		Senneterre, City Hall	Senneterre, Mont Bell
Saturday July 15th	Road race Amos ↗ Amos (via Rivière-Héva & Preissac) Stage 6 Distance : 115.9 km (3 km controlled start)	16:30	19:12
		Amos, Cathedral	Amos, Cathedral
Sunday July 16th	Road race La Sarre - Amos (via Macamic) Stage 7 Distance : 93.5 km + (5 x 5.4 km) = 120.5 km (3 km controlled start)	14:00	Circuit arrival : 16:11
		La Sarre, Nicol Auto Arena	Finish : 16:48
			Amos, Cathedral

Stage 1 : Val-d'Or - Amos

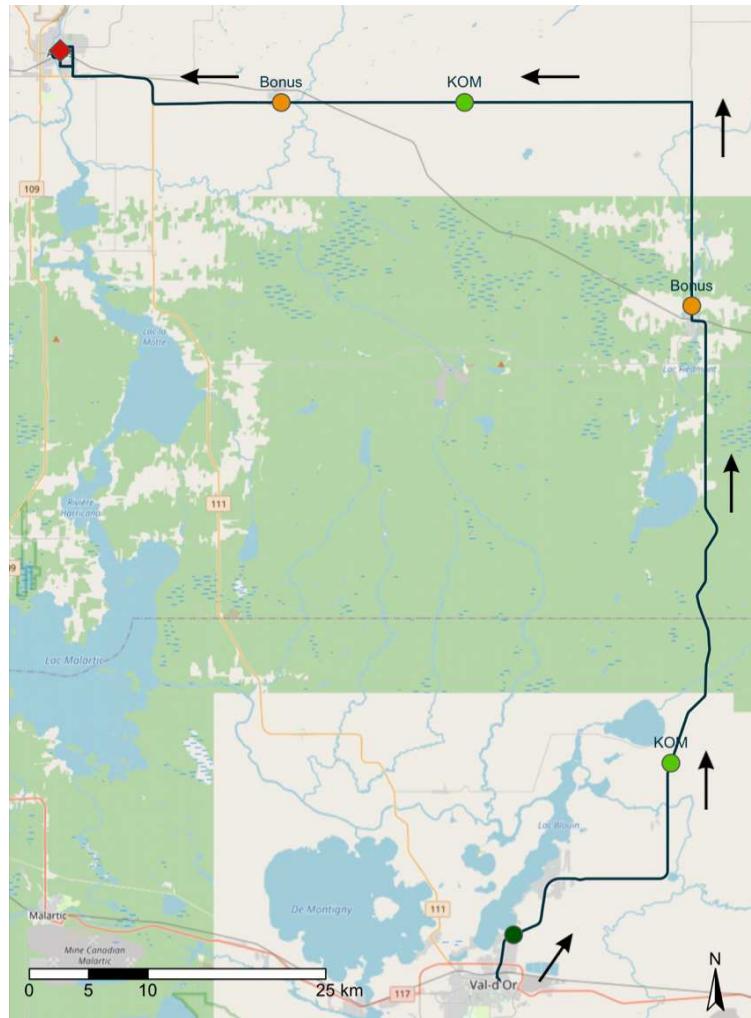
Tuesday, July 11th, 2023

119.7 km



	Time
Start	16:45
Circuit entrance	18:58
Finish	19:28

Course

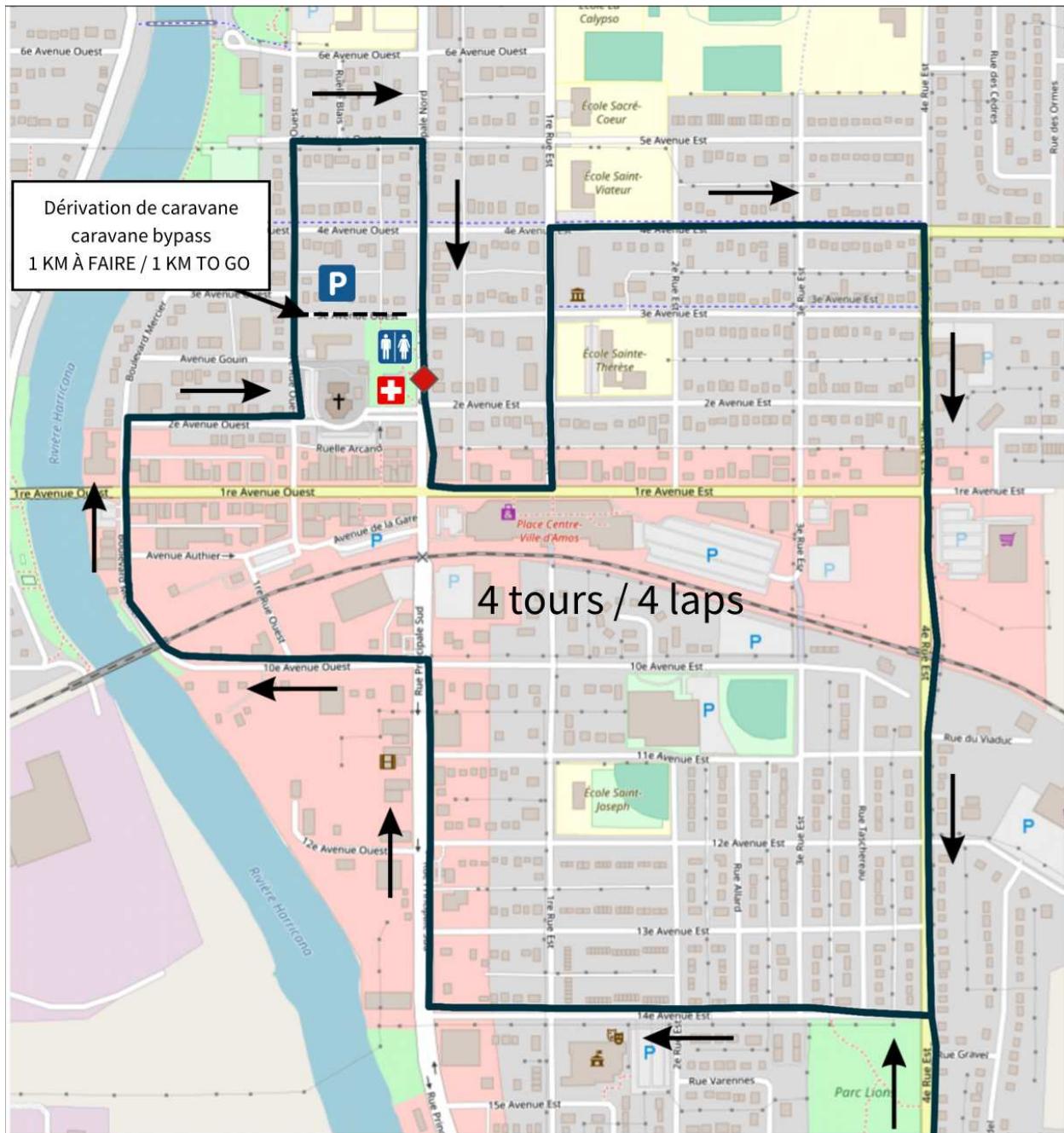


Start details



Neutralized start on 3 km

Finish details

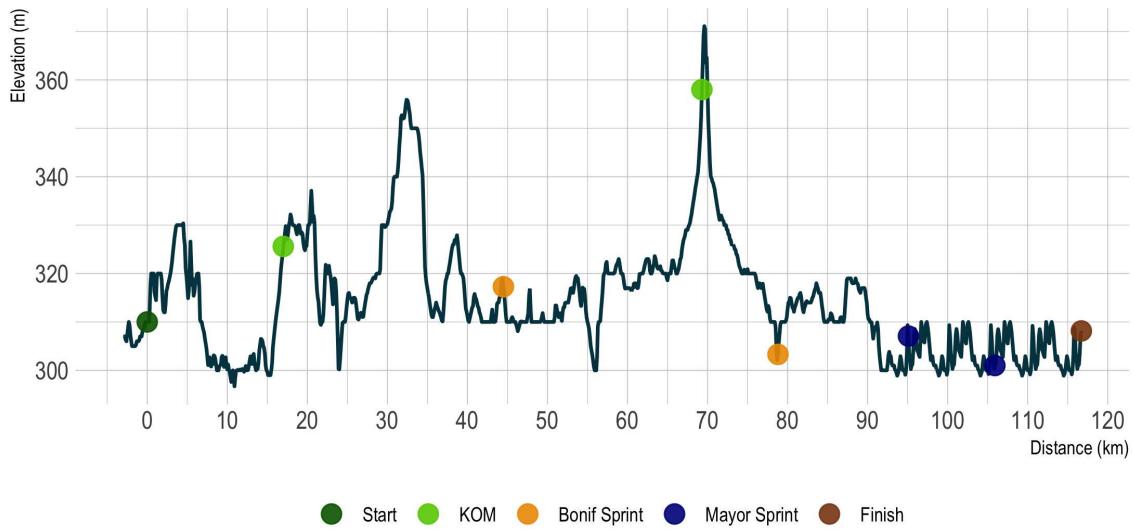


- ⌚ 4 full clockwise laps of the 5.4 km finish circuit
- ⌚ The entrance to the circuit is located at the intersection of 4e Rue Est and 14e Avenue Est

Elevation

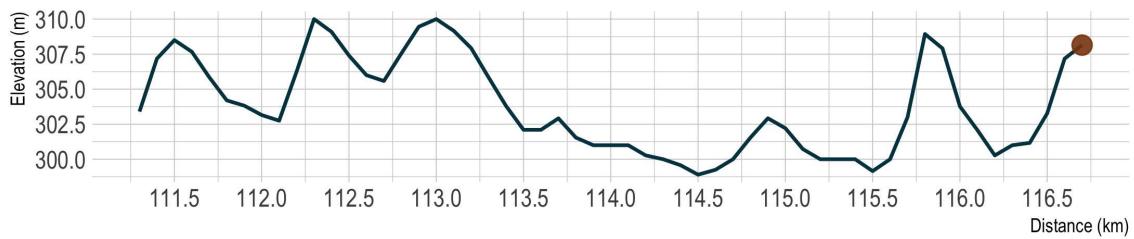
Stage 1 - Topographic profile

Val-d'Or - Amos (95.1 km + (4 x 5.4 km) = 116.7 km)



Stage 1 - Topographic profile - Last 5.4 km

Val-d'Or - Amos (95.1 km + (4 x 5.4 km) = 116.7 km)



km		Course	Val-d'Or - Amos	km/h		
to go	done	info	95.1 km + (4 x 5.4 km) = 116.7 km	46	44	42
119.7	-3.0	▷	Start – Val-d'Or Place Agnico Eagle	16:45	16:45	16:45
119.6	-2.9	←	Boulevard Lamaque	16:45	16:45	16:45
119.4	-2.7	→	7e Rue	16:45	16:45	16:45
119.2	-2.5	△	Railroad crossing	16:45	16:45	16:45
118.7	-2.0	♂	Round about 2nd exit straight ahead Boulevard JJ Cossette / Route 397	16:46	16:46	16:46
116.7	0.0	▶	Official start	16:48	16:49	16:49
103.0	13.7	ℹ	Val-Senneville	17:06	17:07	17:08
99.7	17.0	▲	KOM Points (Chemin Fortier)	17:11	17:12	17:13
86.7	30.0	⊣	Feed open	17:28	17:30	17:32
73.9	42.8	ℹ	Barraute	17:44	17:47	17:50
72.2	44.5	▶	Sprint bonification temps et points (1er 2e Rang Ouest, Barraute)	17:46	17:49	17:52
60.8	55.9	←	Route 386	18:01	18:05	18:09
47.4	69.3	▲	KOM Points	18:19	18:23	18:28
40.2	76.5	△	Railroad crossing	18:28	18:33	18:38
38.2	78.5	ℹ	Landrienne	18:31	18:36	18:41
37.9	78.8	▶	Sprint bonification temps et points (rue Trépanier)	18:31	18:36	18:41
36.9	79.8	♻	Trash zone (on 200 m)	18:33	18:37	18:43
30.6	86.1	→	Ramp toward Route 111	18:41	18:46	18:52
25.9	90.8	ℹ	Amos	18:47	18:52	18:59
25.2	91.5	⊣	Feed closed	18:48	18:53	19:00
25.1	91.6	♂	Round about 1st exit on the right 4e rue	18:48	18:54	19:00
24.6	92.1	←	Circuit finish entrance 14e Avenue E	18:49	18:54	19:00
23.9	92.8	→	Rue Principale S	18:49	18:55	19:01
23.4	93.3	←	10e Avenue O	18:50	18:56	19:02
22.7	94.0	→	2e Avenue E	18:51	18:57	19:03
22.4	94.3	←	1re Rue O	18:51	18:57	19:04
22.0	94.7	→	5e Avenue E	18:52	18:58	19:04
21.9	94.8	→	Rue Principale N	18:52	18:58	19:04
21.6	95.1	\$	Start of 1st lap (4 laps to go) Val-d'Or Mayor's sprint (250\$)	18:52	18:58	19:05
21.4	95.3	←	1re Avenue O	18:53	18:59	19:05
21.2	95.5	←	1re Rue E	18:53	18:59	19:05
20.9	95.8	→	4e Avenue E	18:53	18:59	19:06
20.3	96.4	→	4e Rue	18:54	19:00	19:07
19.2	97.5	→	14e Avenue E	18:56	19:02	19:08
18.5	98.2	→	Rue Principale S	18:57	19:03	19:09
18.1	98.6	←	10e Avenue O	18:57	19:03	19:10
17.4	99.3	→	2e Avenue E	18:58	19:04	19:11
17.1	99.6	←	1re Rue O	18:58	19:04	19:11
16.7	100.0	→	5e Avenue E	18:59	19:05	19:12
16.5	100.2	→	Rue Principale N	18:59	19:05	19:12
16.2	100.5	↑	Start of 2nd lap (3 laps to go)	19:00	19:06	19:12
10.8	105.9	\$	Start of 3rd lap (2 laps to go) Val-d'Or Mayor's sprint (250\$)	19:07	19:13	19:20
5.4	111.3		Start of 4th lap (1 lap to go)	19:14	19:20	19:28
1.0	115.7	⤻	Caravan bypass Right on 3e avenue O	19:19	19:26	19:34
0.0	116.7	▶	Finish Time and points bonus	19:21	19:28	19:36

Points and bonifications :

Bonus sprint : 3-2-1 sec & 6-4-2 pts

Final Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts

KOM : 5-3-2 points

Stage 2 : Rouyn-Noranda - Amos

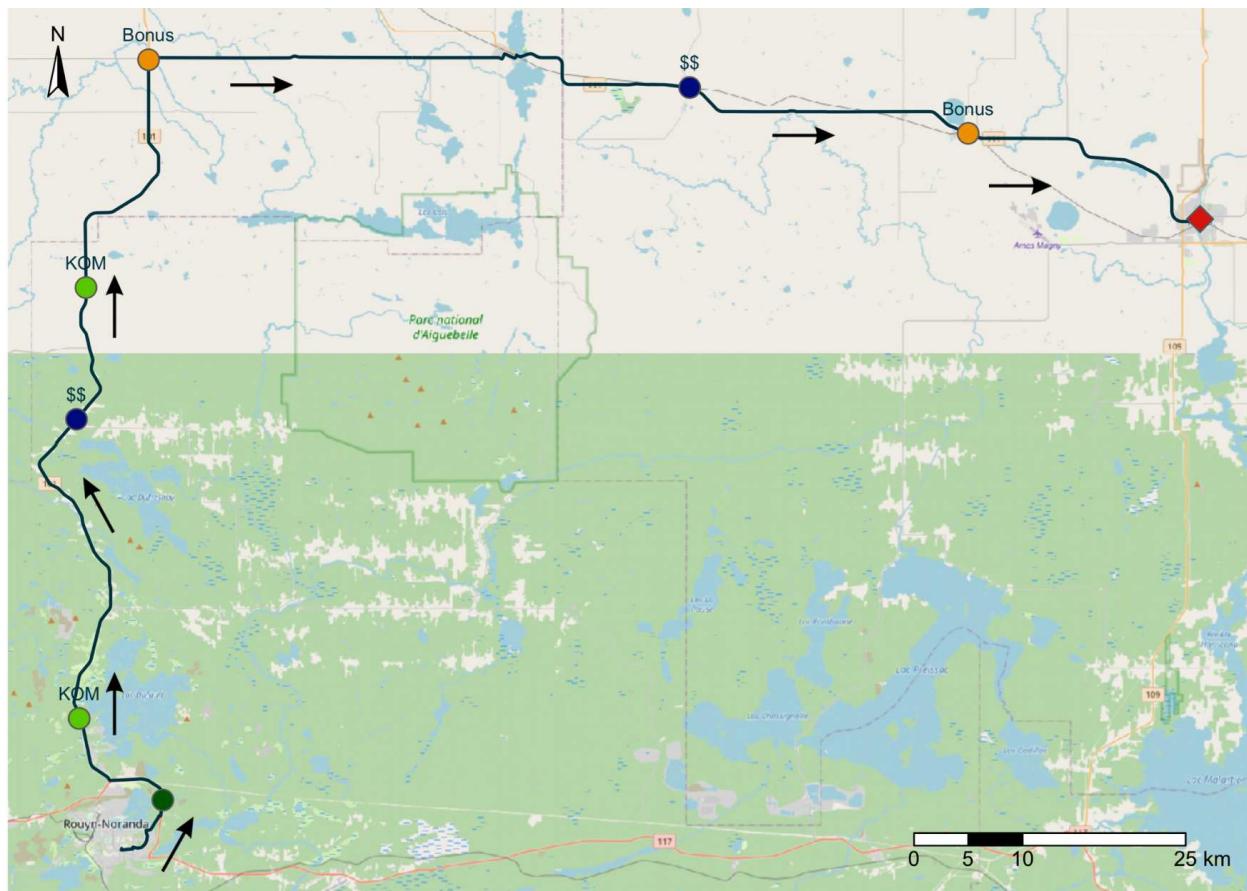
Wednesday, July 12th, 2023

130.6 km

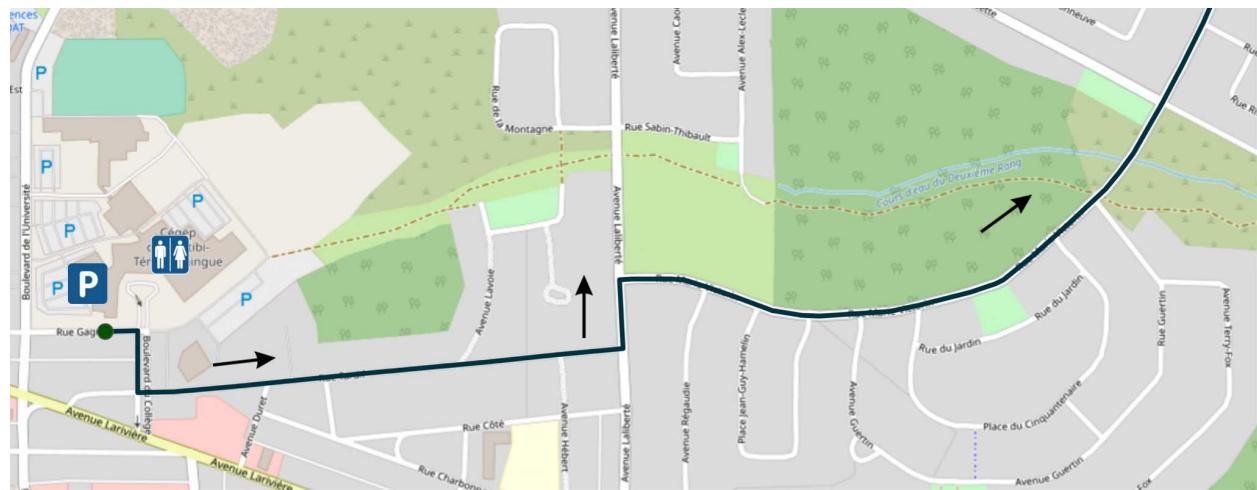
Québec 

Time	
Start	16:15
Finish	19:13

Course

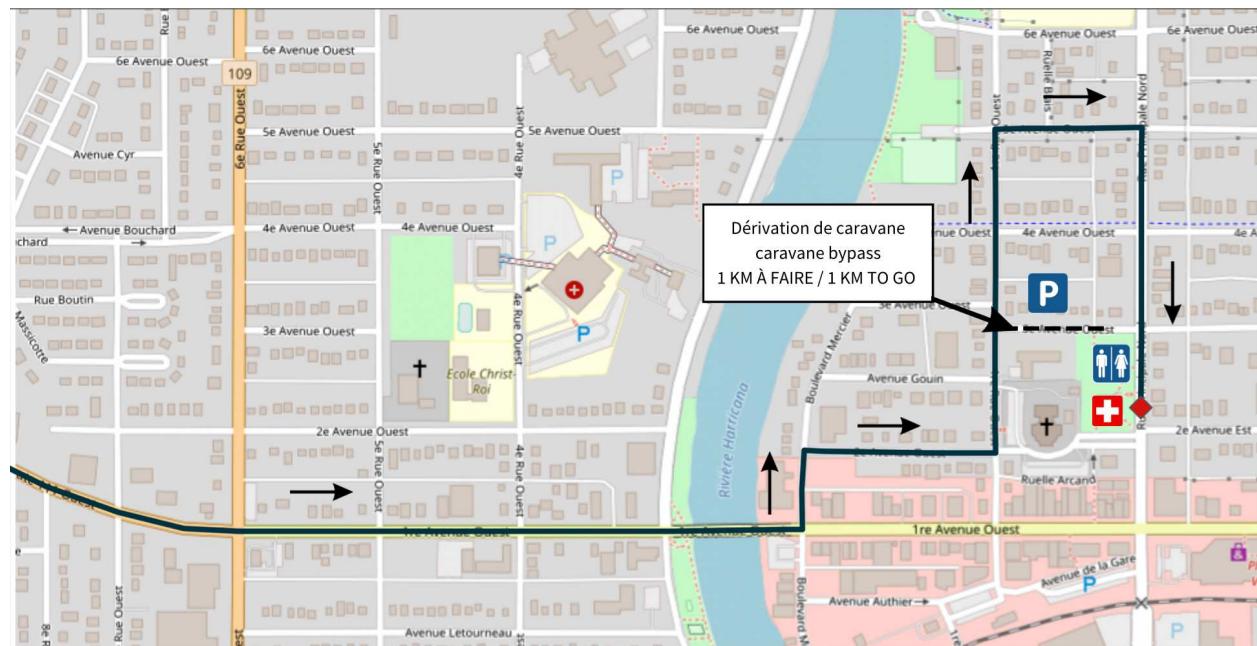


Start details



🏁 Neutralized start on 5 km

Finish details

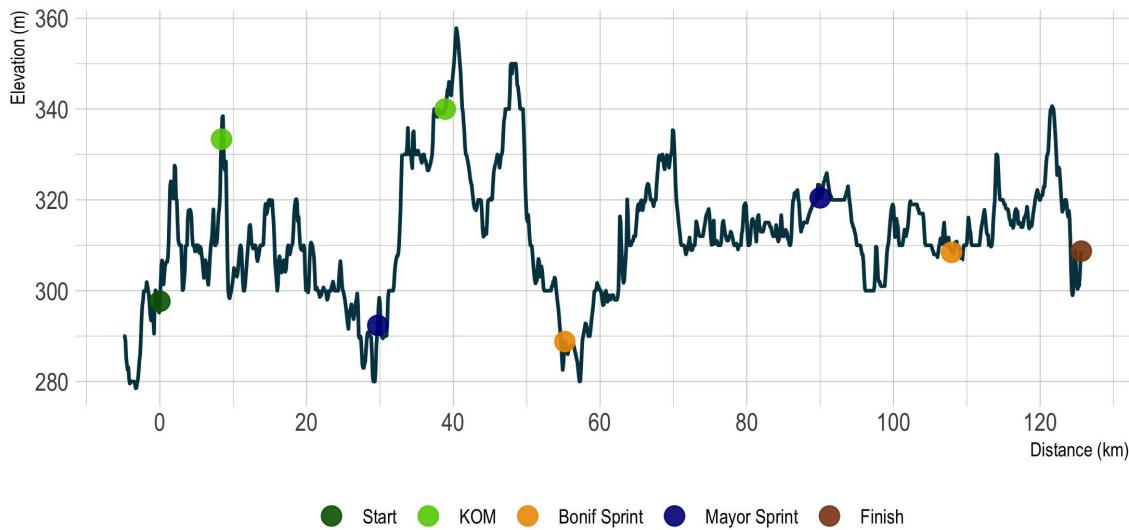


🏁 Finish without circuit

Elevation

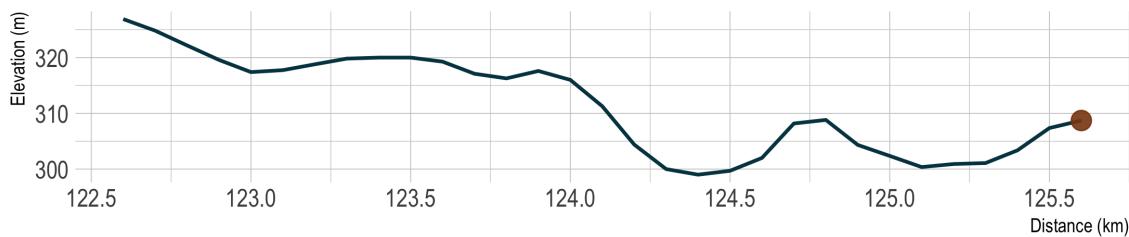
Stage 2 - Topographic profile

Rouyn-Noranda - Amos (125.6 km)



Stage 2 - Topographic profile - Last 3 km

Rouyn-Noranda - Amos (125.6 km)



km		Course	Rouyn-Noranda - Amos			km/h
to go	done	info	125.6 km	46	44	42
130.6	-5.0	↗	Start - Cegep of Abitibi-Témiscamingue	16:15	16:15	16:15
130.5	-4.9	→	Boulevard du Collège	16:15	16:15	16:15
130.4	-4.8	←	Rue Tardif	16:15	16:15	16:15
129.8	-4.2	←	Avenue Laliberté	16:16	16:16	16:16
129.7	-4.1	→	Rue Marie-Victorin	16:16	16:16	16:16
127.9	-2.3	→	Rue Perreault E	16:18	16:18	16:18
126.6	-1.0	←	Route 117 - Bypass route	16:20	16:20	16:20
125.6	0.0	▶	Official start	16:21	16:21	16:22
121.5	4.1	♂	Round about 1st exit, right Boulevard Saguenay / Route 101	16:26	16:27	16:28
117.2	8.4	▲	KOM Points (Lac Dufault)	16:32	16:33	16:34
110.5	15.1	ℹ	D'Alembert	16:41	16:42	16:43
95.9	29.7	\$	Rouyn-Noranda Mayor's sprint \$250 (Renault Parc)	17:00	17:02	17:04
95.6	30.0	⌚	Feed open	17:00	17:02	17:05
86.7	38.9	▲	KOM Points ("Récupération de chablis" road sign)	17:12	17:14	17:17
70.5	55.1	ℹ	Poularies	17:33	17:36	17:40
70.4	55.2	▶	Bonification Sprint - times and points (Tony Mercier Garage)	17:33	17:37	17:41
70.2	55.4	→	Chemin des Pionniers / Route 390	17:33	17:37	17:41
48.9	76.7	ℹ	Taschereau	18:01	18:06	18:11
48.6	77.0	♻	Trash zone (on 200 m)	18:01	18:06	18:12
47.6	78.0	←	Rue Principale	18:03	18:08	18:13
47.5	78.1	⚠	Railroad crossing	18:03	18:08	18:13
47.4	78.2	→	Route 111	18:03	18:08	18:13
43.8	81.8	⚠	Railroad crossing	18:08	18:13	18:19
36.1	89.5	ℹ	Launay	18:18	18:23	18:30
35.6	90.0	\$	Rouyn-Noranda Mayor's sprint \$250 (Engoulevent municipal parc)	18:18	18:24	18:30
24.0	101.6	⚠	Oblique railroad crossing	18:34	18:40	18:47
22.3	103.3	ℹ	Trécesson	18:36	18:42	18:49
20.0	105.6	⌚	Feed closed	18:39	18:45	18:53
17.7	107.9	▶	Bonification Sprint - times and points (Trécesson rest stop)	18:42	18:48	18:56
3.2	122.4	ℹ	City of Amos	19:01	19:08	19:17
1.2	124.4	←	Boulevard Mercier	19:03	19:11	19:19
1.1	124.5	→	2e Avenue O	19:03	19:11	19:20
0.9	124.7	←	1re Rue O	19:04	19:11	19:20
0.8	124.8	✉	Caravan bypass Right on 3e avenue O	19:04	19:12	19:20
0.5	125.1	→	5e Avenue O	19:04	19:12	19:20
0.3	125.3	→	Rue Principale N	19:04	19:12	19:21
0.0	125.6	▶	Finish Time and points bonus	19:05	19:13	19:21

Points and bonifications :

Bonus sprint : 3-2-1 sec & 6-4-2 pts

Final Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts

KOM : 5-3-2 points

Stage 3 - ITT

Thursday, July 13th, 2023

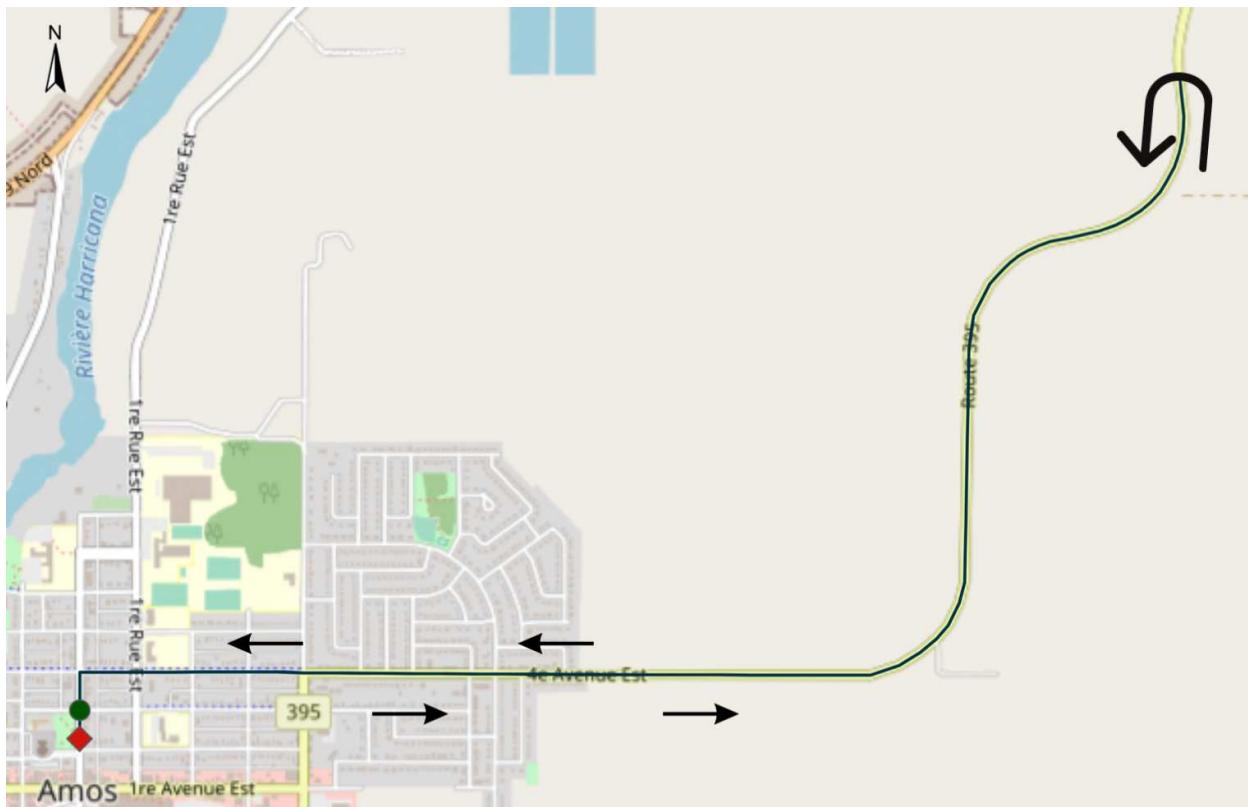
10 km



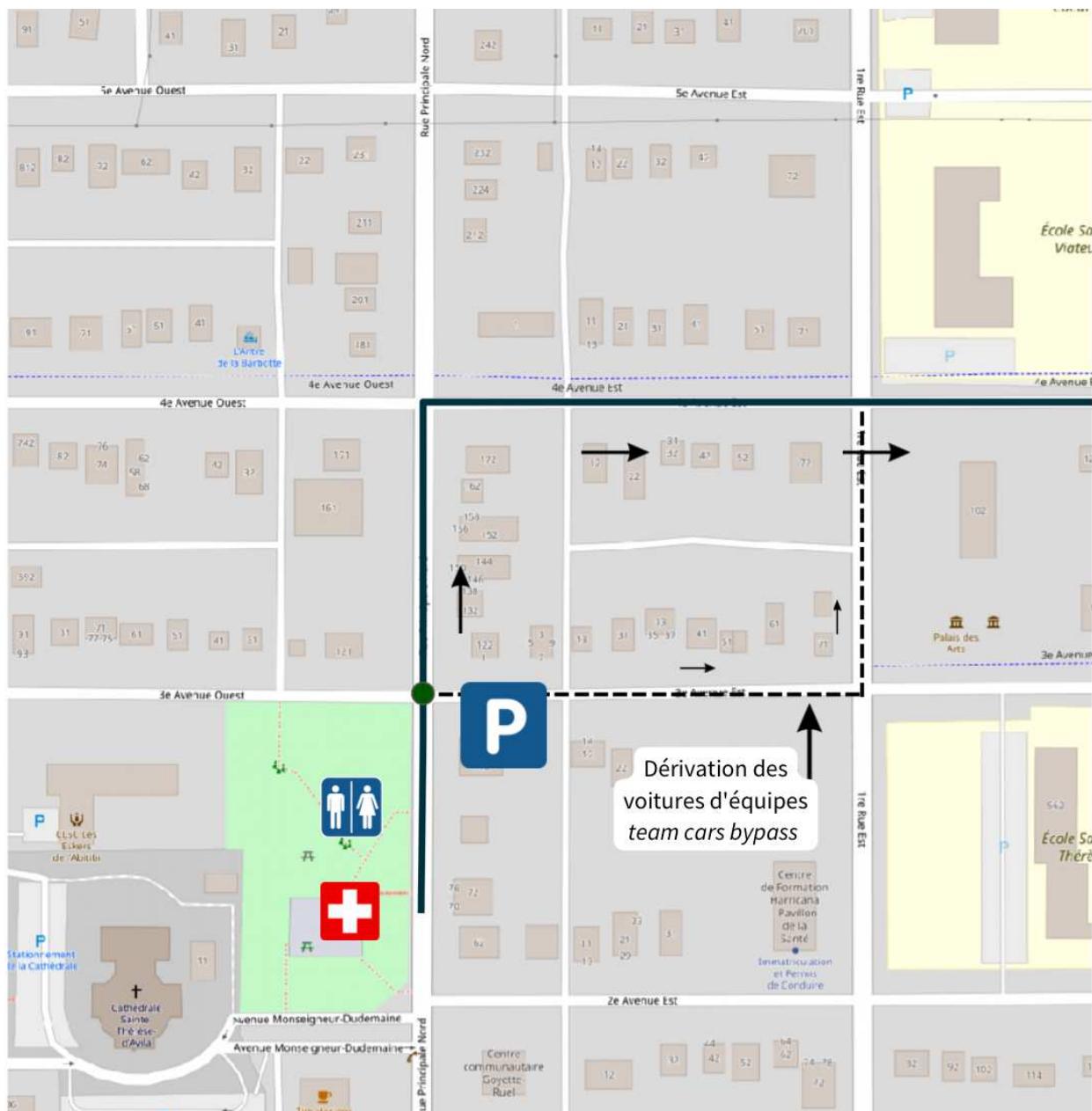
eldorado gold

	Time
First start	09:30
First finish	09:43
Last start	11:40
Last finish	11:53

Course

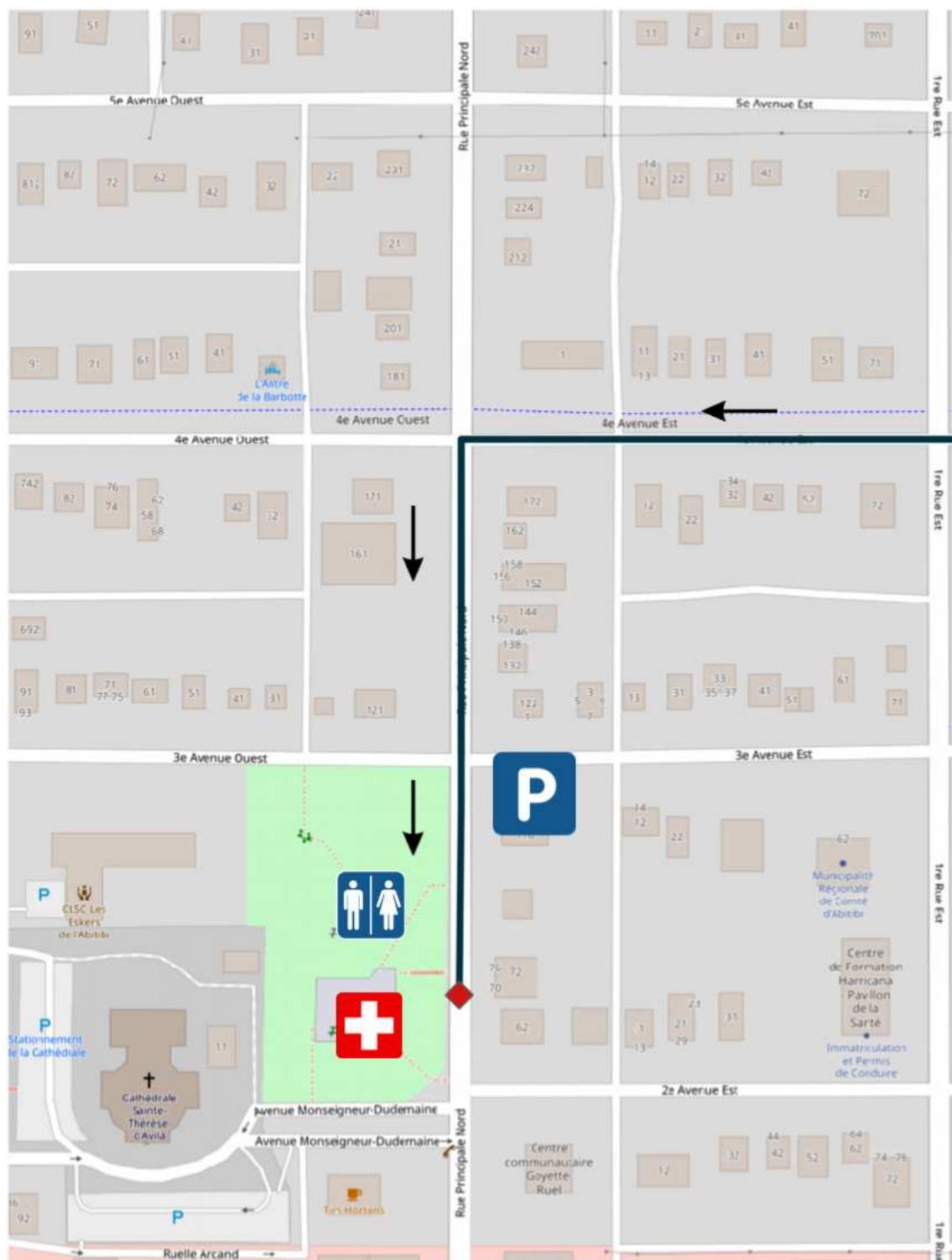


Start details



- ⌚ Round-trip time trial : 2 x 5 km
- ⌚ Team car deviation towards 3e ave Est and 1ere Rue Est

Finish details



Elevation

Stage 3 - Topographic profile

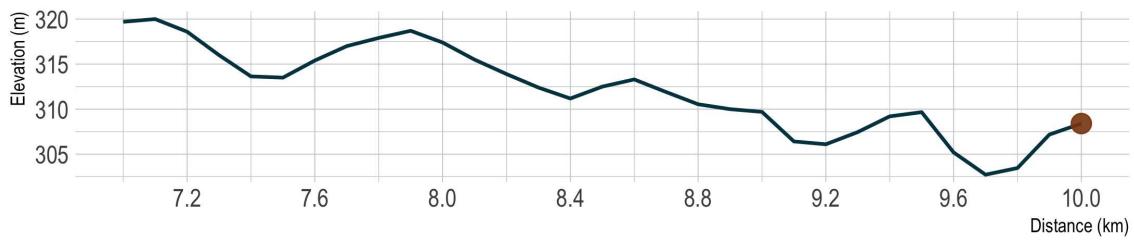
Amos - CLMI (10.0 km)



● Start ● Finish

Stage 3 - Topographic profile - Last 3 km

Amos - CLMI (10.0 km)



km		Course	Amos - CLMI	km/h		
to go	done	info	10.0 km	48	46	42
10.0	0.0	▶	Start - Cathedral	09:30	09:30	09:30
9.9	0.1	→	4e Avenue Est	09:30	09:30	09:30
5.0	5.0	♂	U-turn	09:36	09:36	09:37
0.2	9.8	←	Rue Principale Nord	09:42	09:42	09:44
0.0	10.0	▶	Finish	09:42	09:43	09:44

Stage 4 : Malartic - Malartic

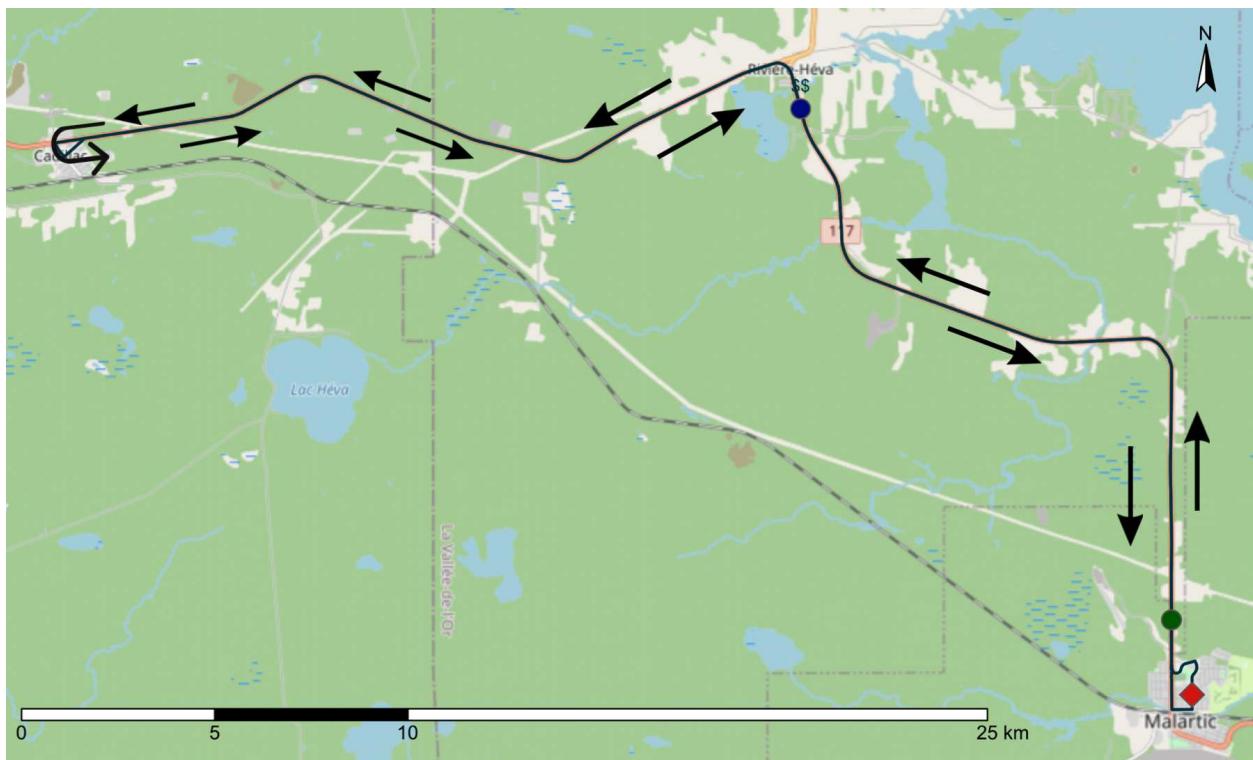
Thursday, July 13th, 2023

59.5 km



	Time
Start	18:15
Finish	19:32

Course



Start details



⌚ Neutralized start on 2 km

Finish details

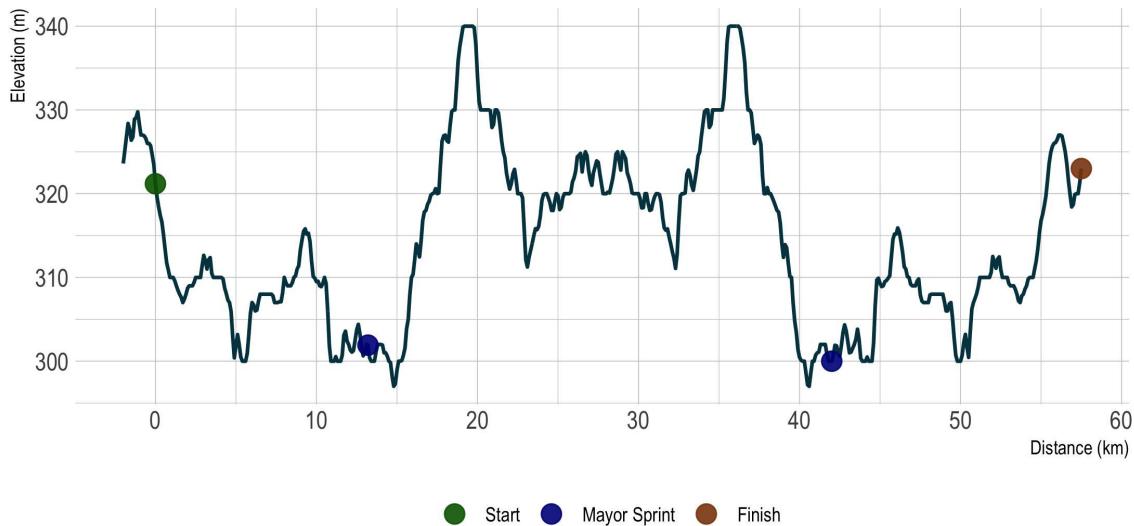


☞ Dinner will be served at the *Théâtre Meglab*, near the finish line

Elevation

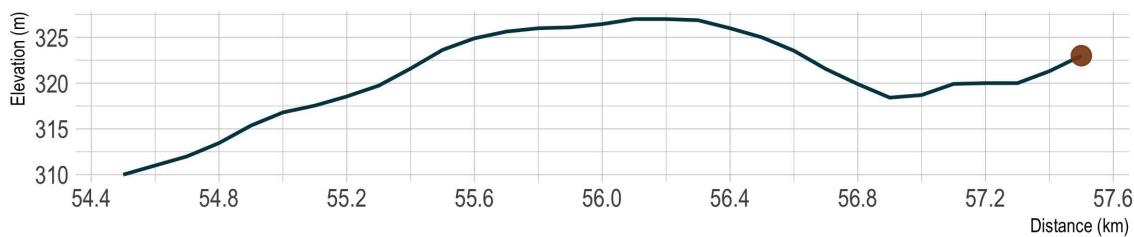
Stage 4 - Topographic profile

Malartic - Malartic (57.5 km)



Stage 4 - Topographic profile - Last 3 km

Malartic - Malartic (57.5 km)



km		Course	Malartic - Malartic	km/h		
to go	done	info	57.5 km	49	46	44
59.5	-2.0	↗	Start - Meglab Theater	18:15	18:15	18:15
58.9	-1.4	←	Chemin du Camping-Régional	18:15	18:15	18:15
58.4	-0.9	↺	Round about 1st exit, right Route 117	18:16	18:16	18:16
57.5	0.0	↖	Official start	18:17	18:17	18:17
44.3	13.2	\$	Malartic Mayor's Sprint - 250\$ (Road sign « Malartic 15 - Val-d'Or 45 »)	18:33	18:34	18:35
43.9	13.6	ℹ	Rivière-Héva	18:34	18:35	18:36
30.6	26.9	ℹ	Cadillac	18:50	18:52	18:54
30.0	27.5	←	Rue Principale - Cadillac	18:51	18:53	18:55
29.7	27.8	←	2e Avenue E - Cadillac	18:51	18:53	18:55
29.3	28.2	→	Route 117	18:51	18:54	18:56
16.7	40.8	ℹ	Rivière-Héva	19:07	19:10	19:13
15.5	42.0	\$	Malartic Mayor's Sprint - 250\$ (Road sign « Malartic 15 - Val-d'Or 45 »)	19:08	19:12	19:15
1.7	55.8	ℹ	Malartic	19:25	19:30	19:33
1.4	56.1	↺	Round about 2nd exit, straight ahead	19:26	19:30	19:34
0.8	56.7	←	Rue de l'Harricana	19:26	19:31	19:35
0.3	57.2	←	4e Avenue	19:27	19:32	19:35
0.1	57.4	↖	Caravan bypass Right on Rue des Érables	19:27	19:32	19:36
0.0	57.5	↖	Finish Time and points bonus	19:27	19:32	19:36

Points and bonifications :

Bonus sprint : 3-2-1 sec & 6-4-2 pts

Final Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts

KOM : 5-3-2 points

Stage 5 : Senneterre - VD - Senneterre

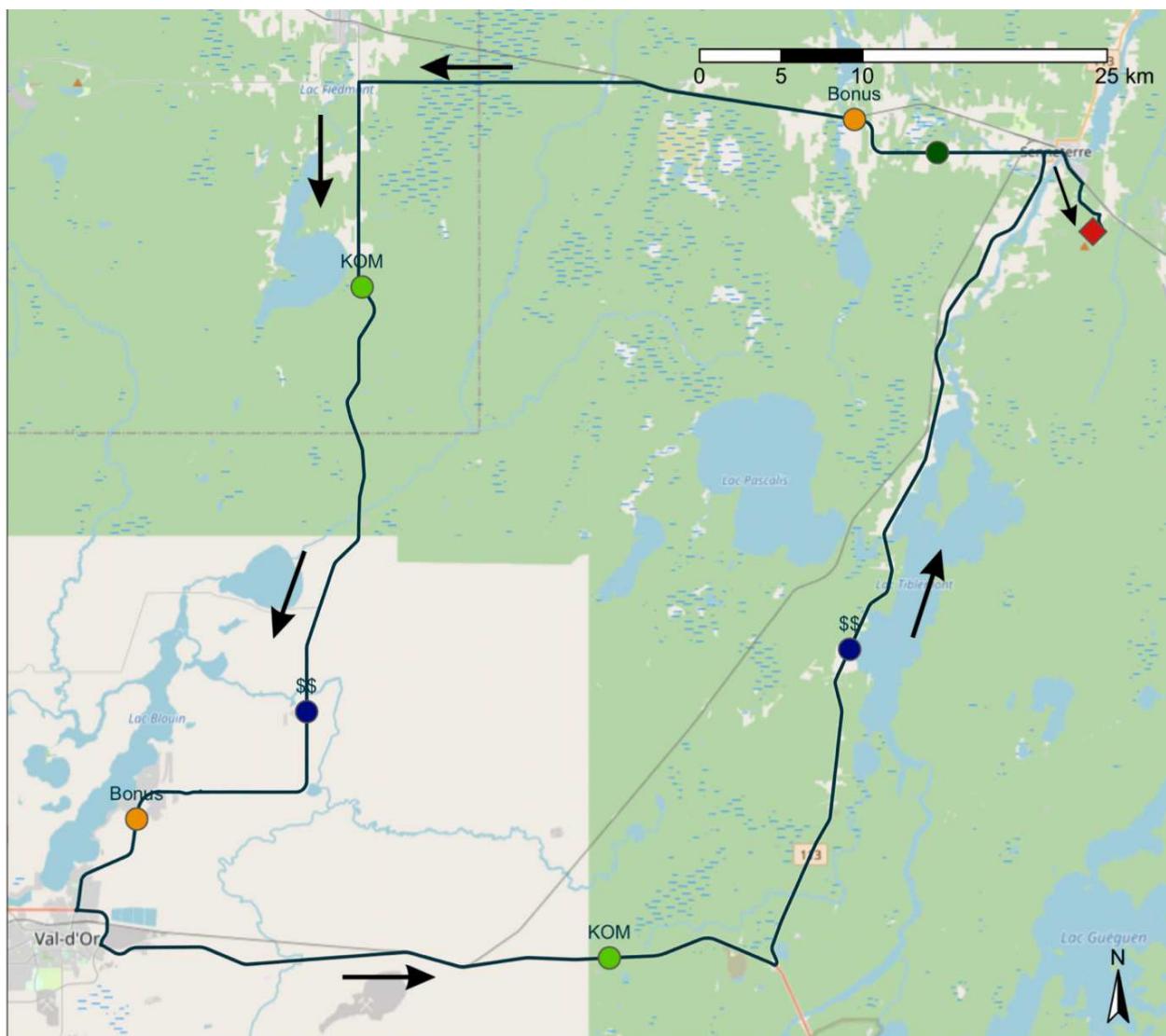
Friday, July 14th, 2023

145 km



Time	
Start	14:00
Finish	17:22

Course



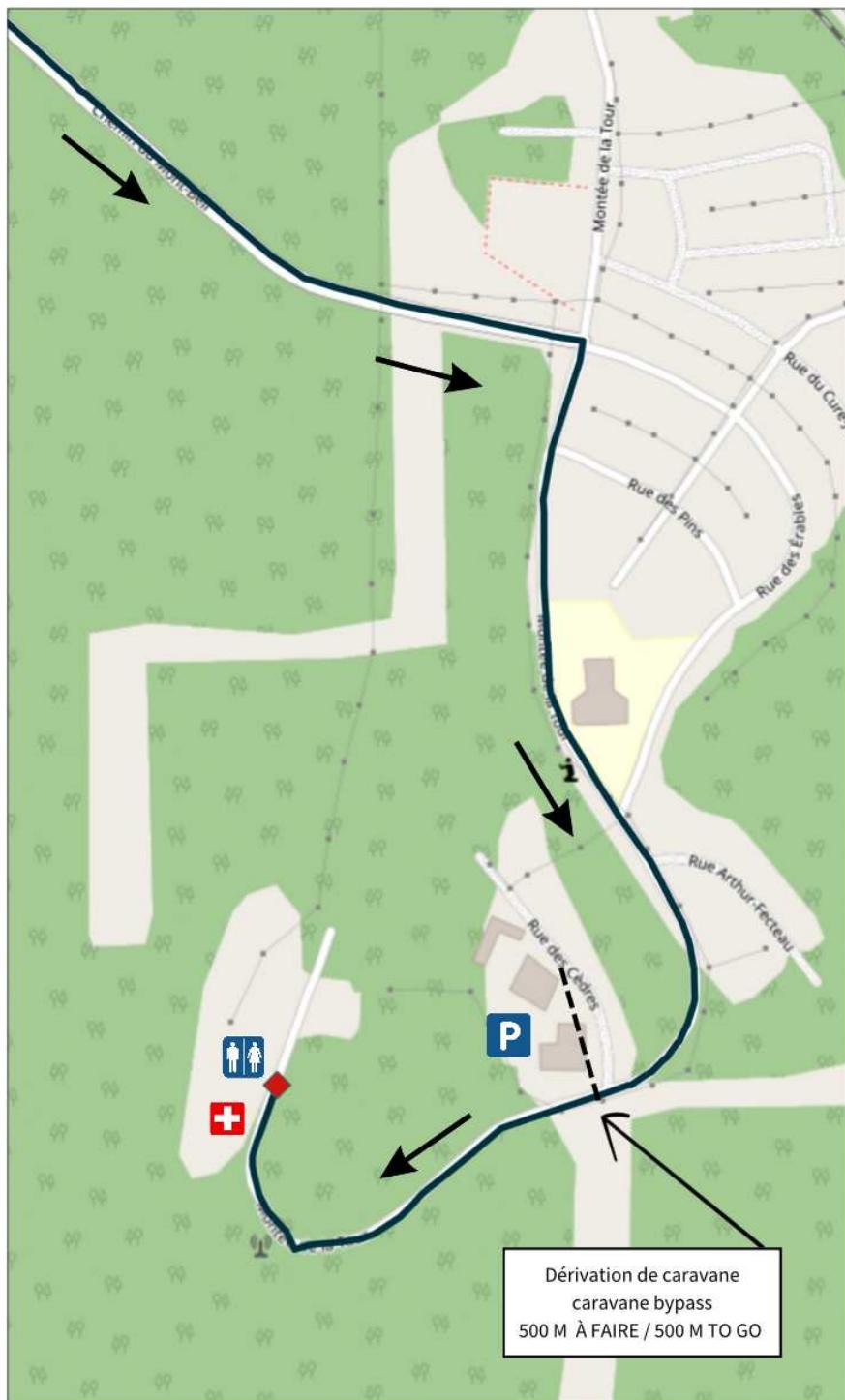
STAGE 5 : SENNETERRE - VD - SENNETERRE

Start details



Neutralized start on 5 km

Finish details

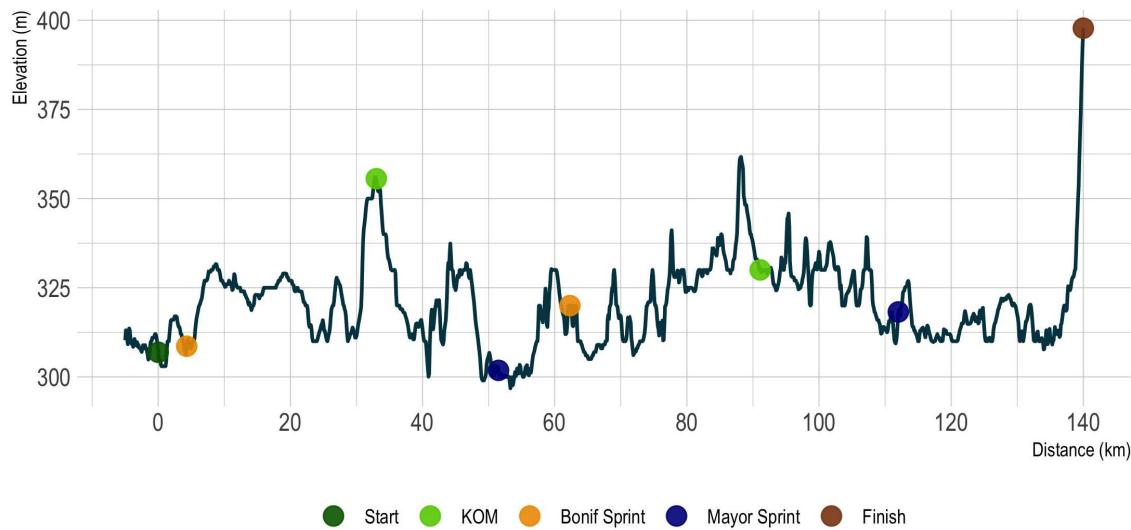


- ☛ Finish at the summit of Mont Bell
- ☛ KOM point doubled at the finish line KOM

Elevation

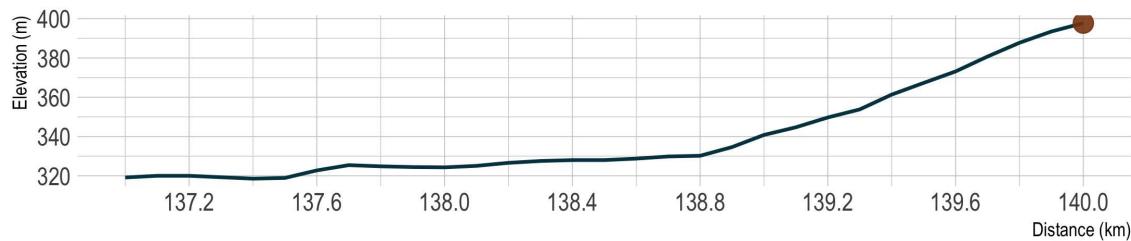
Stage 5 - Topographic profile

Senneterre - VD - Senneterre (140 km)



Stage 5 - Topographic profile - Last 3 km

Senneterre - VD - Senneterre (140 km)



km		Course	Senneterre - VD - Senneterre			km/h		
to go	done	info	140 km			45	43	41
145.0	-5.0	▷	Start - Senneterre Town Hall			14:00	14:00	14:00
144.3	-4.3	↑	Stay on Route 386			14:00	14:00	14:01
140.0	0.0	🚩	Official Start			14:06	14:06	14:07
136.2	3.8	ℹ	Belcourt			14:11	14:12	14:12
135.7	4.3	🚩	Bonification Sprint - times and points (Intersection avenue Goulet)			14:12	14:12	14:13
115.4	24.6	←	Route 397			14:39	14:41	14:43
110.0	30.0	☕	Feed open			14:46	14:48	14:51
107.0	33.0	🏁	KOM points (Intersection sentier le Kao)			14:50	14:53	14:55
89.2	50.8	ℹ	Val-Senneville			15:14	15:17	15:21
88.5	51.5	\$	Senneterre Mayor's sprint 250\$ (École St-Isidore)			15:15	15:18	15:22
77.7	62.3	🚩	Bonification Sprint - times and points (Intersection rue Alix)			15:29	15:33	15:38
74.0	66.0	♻	Trash Zone Orbit Garant area			15:34	15:39	15:43
72.7	67.3	↺	Round about 3rd exit Route 117			15:36	15:40	15:45
72.2	67.8	⚠	Rail road			15:37	15:41	15:46
71.1	68.9	⚠	Rail road			15:38	15:43	15:48
70.2	69.8	↺	Round about 3rd exit Route 117			15:39	15:44	15:49
48.9	91.1	🏁	KOM Points (Mine Aur Ressource)			16:08	16:14	16:20
41.7	98.3	←	Route 113			16:17	16:24	16:31
28.4	111.6	ℹ	Obaska			16:35	16:42	16:50
28.0	112.0	\$	Senneterre Mayor's sprint 250\$ (Camping le Huard)			16:36	16:43	16:51
20.0	120.0	☕	Feed closed			16:46	16:54	17:02
6.0	134.0	ℹ	Senneterre			17:05	17:13	17:23
5.7	134.3	↖	Stay on 6e rue O			17:05	17:14	17:23
5.2	134.8	→	10e Avenue/ Route 386			17:06	17:15	17:24
4.5	135.5	→	Rue du Parc			17:07	17:16	17:25
2.9	137.1	→	Chemin du Mont Bell			17:09	17:18	17:27
1.2	138.8	→	Montée de la Tour			17:11	17:20	17:30
0.4	139.6	⚡	Caravane by pass to the right Support véhicules Courthouse			17:12	17:21	17:31
0.1	139.9	↗	Montée de la tour			17:13	17:22	17:32
0.0	140.0	🚩	Final summit Finish Double KOM points Time and points bonus			17:13	17:22	17:32

Points and bonifications :

Bonus sprint : 3-2-1 sec & 6-4-2 pts

Final Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts

KOM : 5-3-2 points

KOM - mountain top finish : 10-6-4 points

Stage 6 : Amos -Preissac - RH - Amos

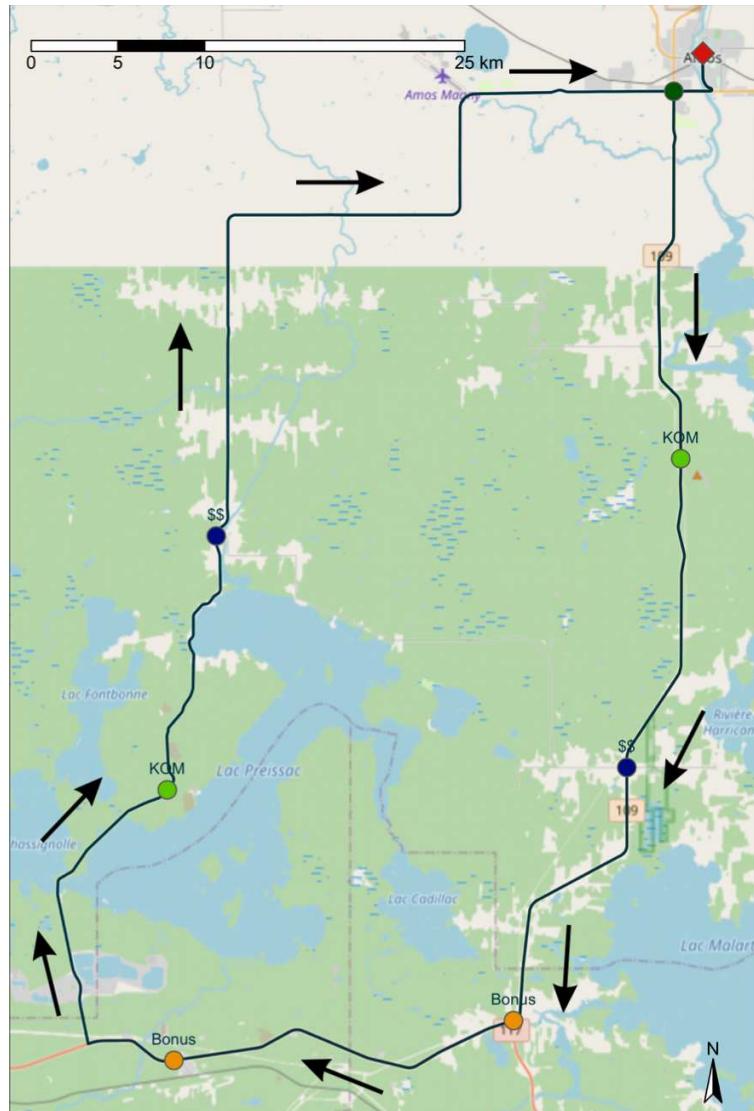
Saturday, July 15th, 2023

118.9 km

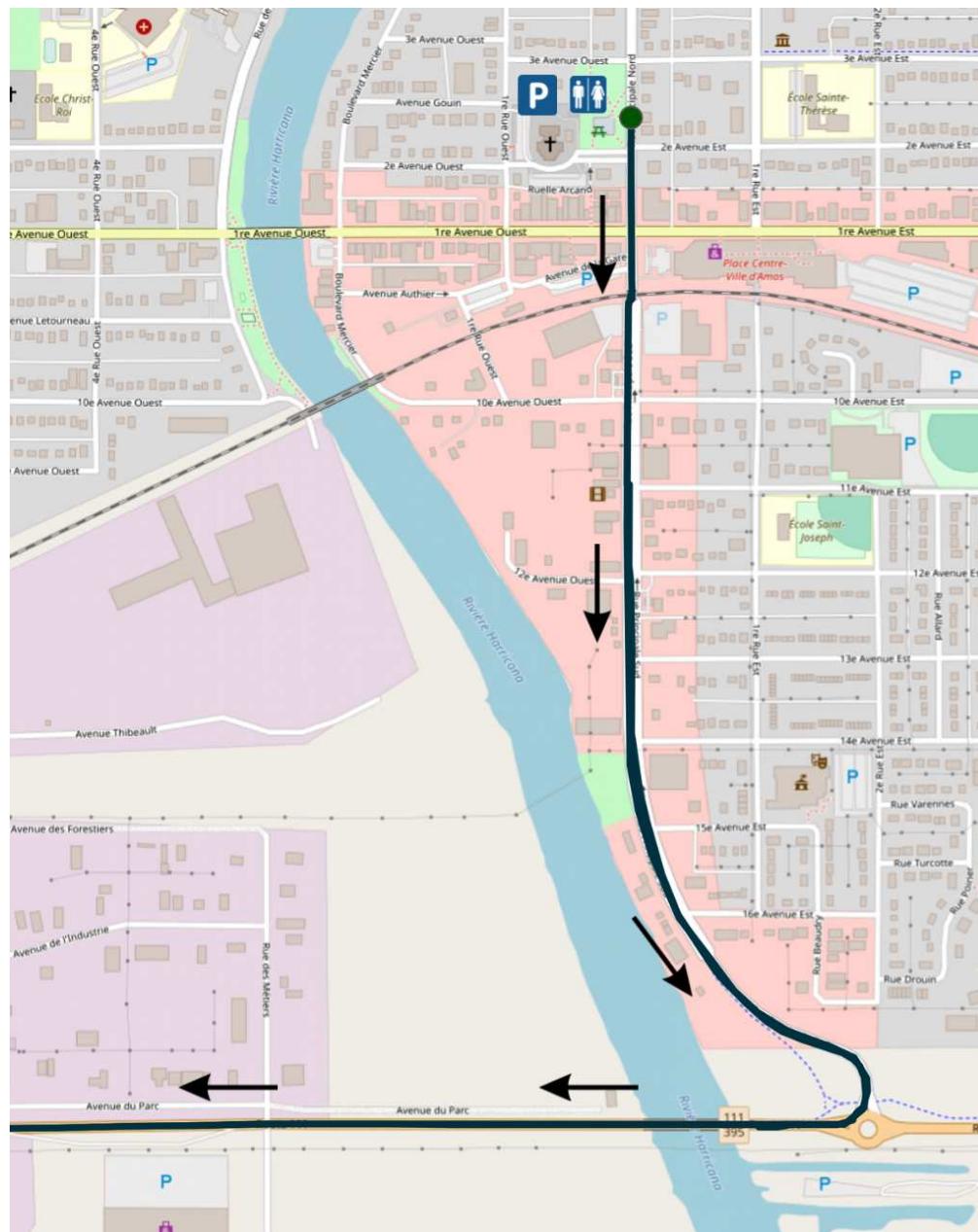
Centre
de services scolaire
Harricana
Québec 

Time	
Start	16:30
Finish	19:12

Course

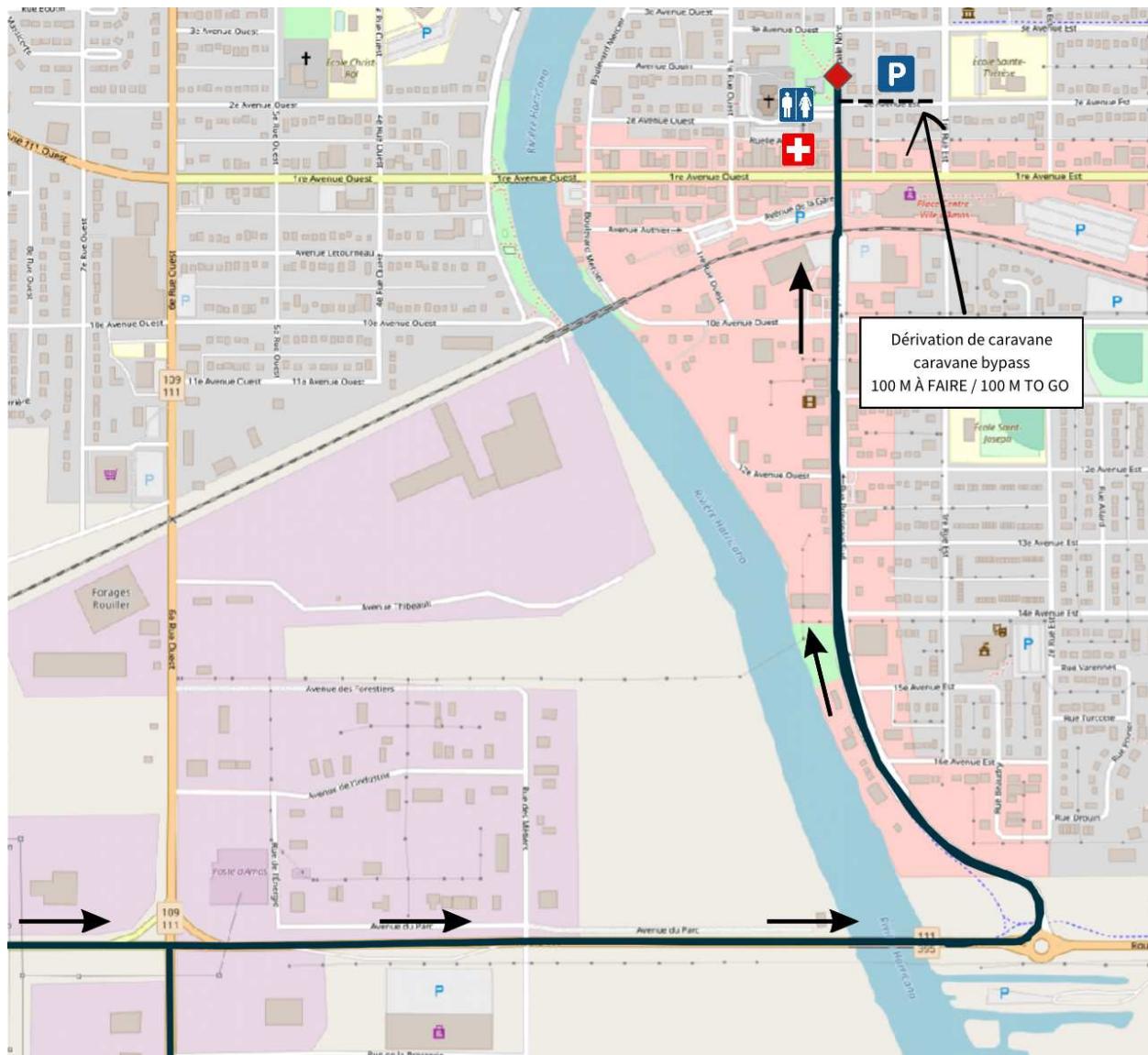


Start details



📎 Neutralized start on 3 km

Finish details

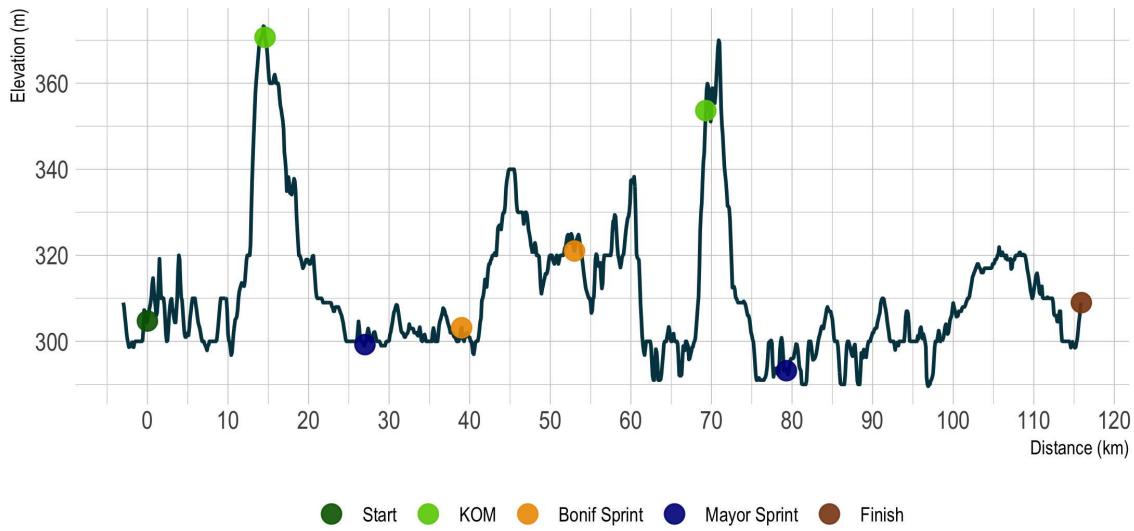


Finish without circuit

Elevation

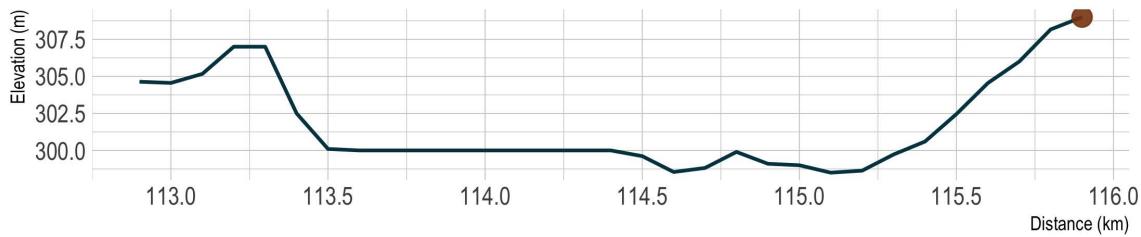
Stage 6 - Topographic profile

Amos -Preissac - RH - Amos (115.9 km)



Stage 6 - Topographic profile - Last 3 km

Amos -Preissac - RH - Amos (115.9 km)



km		Course	Amos -Preissac - RH - Amos			km/h		
to go	done	info	115.9 km			46	44	42
118.9	-3.0	☛	Start - Parc de la Cathédrale d'Amos			16:30	16:30	16:30
117.3	-1.4	→	Round about,1st exit right Route 111			16:32	16:32	16:32
115.9	0.0	🚩	Official Start			16:33	16:34	16:34
115.9	0.0	←	Route 109			16:33	16:34	16:34
106.6	9.3	ℹ	St-Mathieu-d'Harricana			16:46	16:46	16:47
101.3	14.6	⚡	KOM Points Côte de St-Mathieu			16:52	16:54	16:55
88.9	27.0	\$	Preissac Mayor's sprint \$250 Intersection chemin St-Luc			17:09	17:10	17:12
85.9	30.0	☕	Feed open			17:13	17:15	17:17
77.2	38.7	ℹ	Rivière-Heva			17:24	17:26	17:29
76.9	39.0	🚩	Bonification Sprint - times and points Intersection Rue Principale			17:24	17:27	17:30
76.3	39.6	↗	Route 117			17:25	17:28	17:30
63.7	52.2	ℹ	Cadillac			17:42	17:45	17:48
62.9	53.0	🚩	Bonification Sprint - times and points Rest Area Cadillac			17:43	17:46	17:50
59.4	56.5	→	Route 395			17:47	17:51	17:55
53.8	62.1	ℹ	Preissac			17:54	17:58	18:03
46.6	69.3	⚡	KOM Points Observation tower Preissac			18:04	18:08	18:13
36.6	79.3	\$	Mayor's sprint \$250 Gas Station Preissac			18:17	18:22	18:27
36.4	79.5	🚮	Trash zone (on 200 m)			18:17	18:22	18:27
20.7	95.2	ℹ	Ste-Gertrude			18:38	18:43	18:50
20.0	95.9	☕	Feed closed			18:39	18:44	18:51
3.0	112.9	↑	Route 111			19:01	19:08	19:15
1.6	114.3	↺	Round about 1st exit, left Rue Principale S (opposite direction of normal traffic)			19:03	19:09	19:17
0.3	115.6	⚠	Railroad crossing			19:04	19:11	19:19
0.1	115.8	🚧	Caravan bypass Right on 2e avenue Est			19:04	19:12	19:19
0.0	115.9	🚩	Finish Time and points bonus			19:05	19:12	19:19

Points and bonifications :

Bonus sprint : 3-2-1 sec & 6-4-2 pts

Final Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts

KOM : 5-3-2 points

Stage 7 : La Sarre - Amos

Sunday, July 16th, 2023

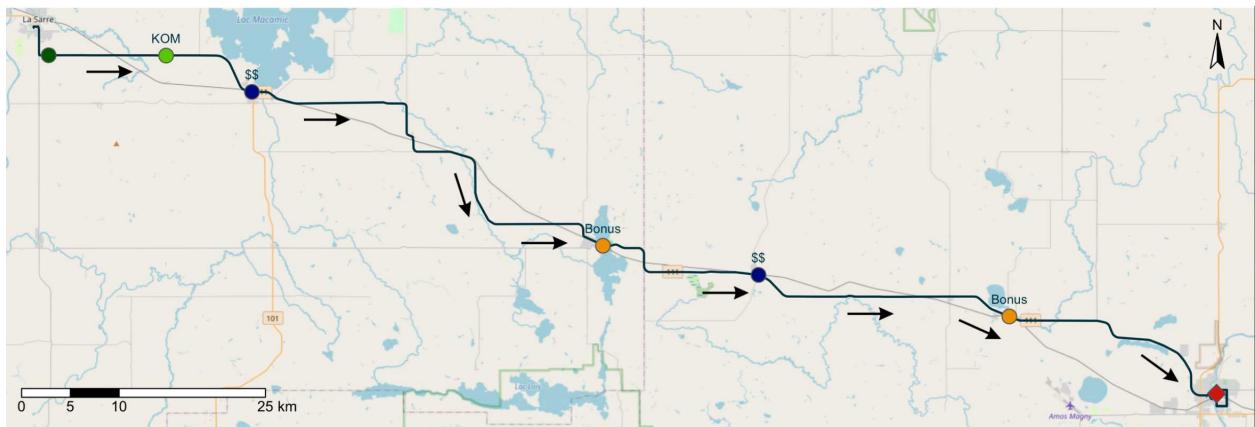
123.5 km



Time

	Time
Start	14:00
Circuit entrance	16:11
Finish	16:48

Course

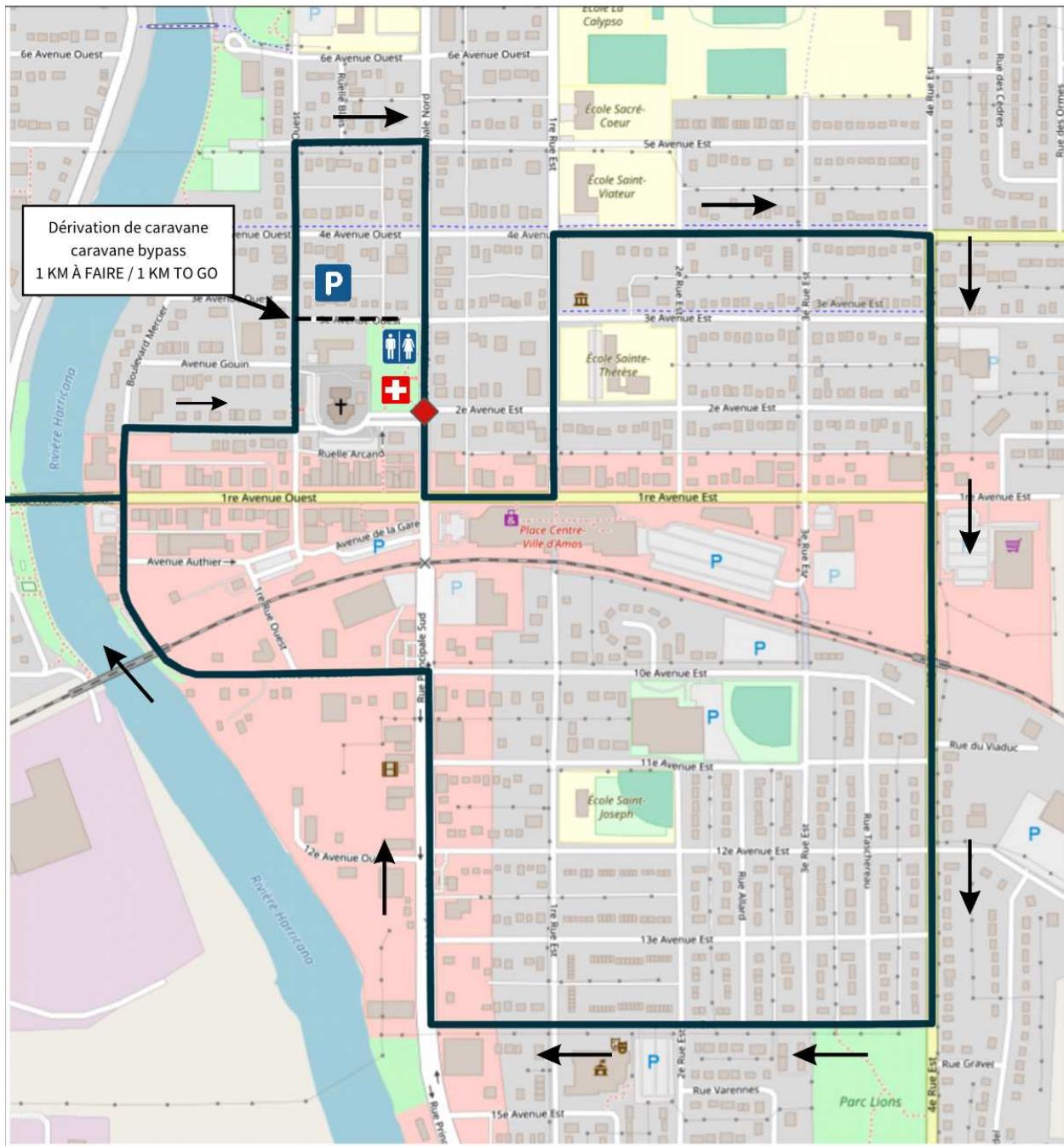


Start details



⌚ Neutralized start on 3 km

Finish details

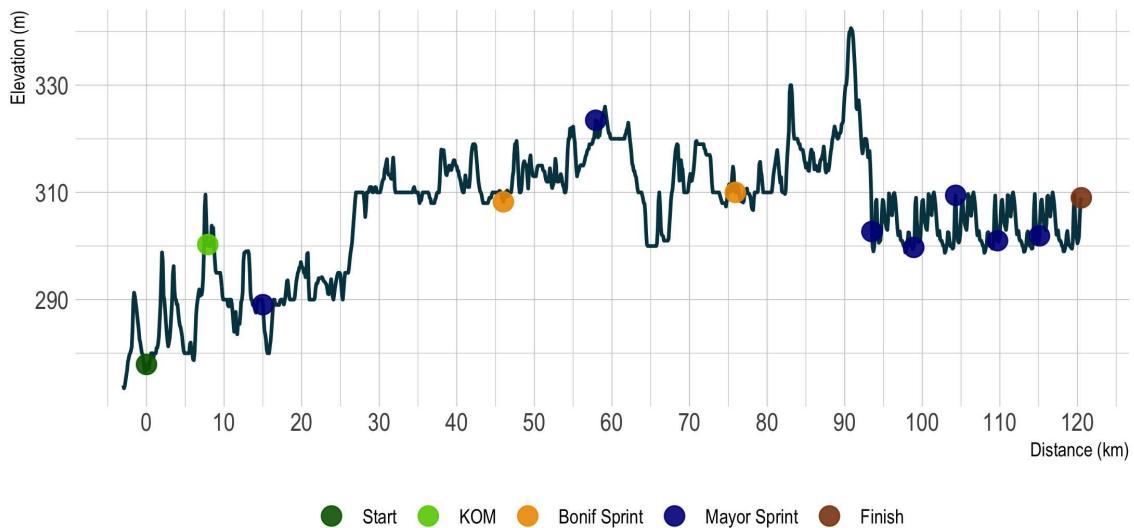


- ⌚ 5 full clockwise laps of the 5.4 km finish circuit
- ⌚ The entrance to the circuit is located at the intersection of 4e Rue Est and 14e Avenue Est

Elevation

Stage 7 - Topographic profile

La Sarre - Amos (93.5 km + (5 x 5.4 km) = 120.5 km)



Stage 7 - Topographic profile - Last 5.4 km

La Sarre - Amos (93.5 km + (5 x 5.4 km) = 120.5 km)



km	Course	La Sarre - Amos	km/h			
to go	done	info	93.5 km + (5 x 5.4 km) = 120.5 km	46	44	42
123.5	-3.0	▷	Start - Nicol Auto Arena Parking	14:00	14:00	14:00
123.4	-2.9	←	Rue Principale	14:00	14:00	14:00
123.4	-2.9	→	11e Avenue E	14:00	14:00	14:00
123.1	-2.6	→	Route 111	14:00	14:00	14:00
121.2	-0.7	←	Ramp toward Rte 111E	14:03	14:03	14:03
120.5	0.0	▶	Official start	14:03	14:04	14:04
116.1	4.4	⚠	Railroad crossing	14:09	14:10	14:10
112.6	7.9	▲	KOM Sprint	14:14	14:14	14:15
106.0	14.5	↓	Macamic	14:22	14:23	14:25
105.5	15.0	\$	La Sarre Mayor's sprint 250\$ (Postal Office Macamic)	14:23	14:24	14:25
104.8	15.7	⚠	Bridge - reduced lane	14:24	14:25	14:26
95.1	25.4	⚠	Bridge - Roadwork 1 lane only	14:37	14:38	14:40
93.2	27.3	↓	Authier	14:39	14:41	14:43
92.2	28.3	⚠	Railroad crossing	14:40	14:42	14:44
90.5	30.0	≡	Feed open	14:43	14:45	14:47
88.3	32.2	⚠	Bridge - Roadwork	14:45	14:48	14:50
78.6	41.9	⚠	Railroad crossing	14:58	15:01	15:04
76.2	44.3	↓	Taschereau	15:01	15:04	15:07
74.5	46.0	▶	Bonification sprint - times and points (Routes 111/390 intersections)	15:03	15:06	15:10
74.3	46.2	⊗	Trash zone (on 200 m)	15:04	15:07	15:10
74.0	46.5	⚠	Bridge	15:04	15:07	15:10
70.8	49.7	⚠	Railroad crossing	15:08	15:11	15:15
62.9	57.6	↓	Launay	15:19	15:22	15:26
62.6	57.9	\$	La Sarre Mayor's sprint 250\$ (Engoulevent municipal parc)	15:19	15:23	15:27
51.0	69.5	⚠	Oblique Railroad crossing	15:34	15:38	15:43
49.3	71.2	↓	Trécesson	15:36	15:41	15:46
44.6	75.9	▶	Bonification Sprint - time and points (Trécesson rest stop)	15:42	15:47	15:52
31.2	89.3	↓	Amos	16:00	16:05	16:11
28.3	92.2	←	Circuit finish entrance Boulevard Mercier	16:04	16:09	16:16
28.2	92.3	→	2e Avenue O	16:04	16:09	16:16
27.9	92.6	←	1re Rue O	16:04	16:10	16:16
27.5	93.0	→	5e Avenue O	16:05	16:10	16:17
27.4	93.1	→	Rue Principale N	16:05	16:11	16:17
27.0	93.5	\$	Start of 1st lap (5 laps to go) Amos Mayor's sprint (100\$)	16:05	16:11	16:17
26.9	93.6	←	1re Avenue E	16:06	16:11	16:18
26.7	93.8	←	1re Rue E	16:06	16:12	16:18
26.3	94.2	→	4e Avenue E	16:06	16:12	16:18
25.8	94.7	→	4e Rue E	16:07	16:13	16:19
24.7	95.8	→	14e Avenue E	16:08	16:14	16:21
24.0	96.5	→	Rue Principale S	16:09	16:15	16:22
23.5	97.0	←	10e Avenue E	16:10	16:16	16:22
22.8	97.7	→	2e Avenue O	16:11	16:17	16:23
22.7	97.8	≡	Fix feed zone	16:11	16:17	16:24
22.6	97.9	←	1re Rue O	16:11	16:17	16:24
22.2	98.3	→	5e Avenue O	16:12	16:18	16:24
22.0	98.5	→	Rue Principale N	16:12	16:18	16:25
21.6	98.9	\$	Start of 2nd lap (4 laps to go) Amos Mayor's sprint (100\$)	16:12	16:18	16:25
16.2	104.3	≡	Feed closed	16:19	16:26	16:33
16.2	104.3	\$	Start of 3rd lap (3 laps to go) Amos Mayor's sprint (100\$)	16:19	16:26	16:33
10.8	109.7	\$	Start of 4th lap (2 laps to go) Amos Mayor's sprint (100\$)	16:27	16:33	16:41
5.4	115.1	\$	Start of 5th lap (1 lap to go) Amos Mayor's sprint (100\$)	16:34	16:41	16:48
1.0	119.5	↖	Caravan bypass Right on 3e avenue	16:39	16:47	16:55
0.0	120.5	▶	Finish Time and points bonus	16:41	16:48	16:56

Points and bonifications :

Bonus sprint : 3-2-1 sec & 6-4-2 pts

Final Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts

KOM : 5-3-2 points