km		Course	Amos - RH - Preissac - Amos	km/h		
to go	done	info	115.9 km	46	44	42
118.9	-3.0	Þ	Start - Parc de la Cathédrale d'Amos	11:00	11:00	11:00
117.3	-1.4	\rightarrow	Round about,1st exit right Route 111	11:02	11:02	11:02
115.9	0.0	•	Official Start	11:03	11:04	11:04
115.9	0.0	↑	Route 109	11:03	11:04	11:04
103.2	12.7	i	St-Mathieu-d'Harricana	11:20	11:21	11:22
98.8	17.1	i	Ste-Gertrude	11:26	11:27	11:28
98.7	17.2	\$	Senneterre Mayor's sprint \$250 Ste-Gertrude church	11:26	11:27	11:28
85.9	30.0	<u>(</u>	Feed open	11:43	11:45	11:47
82.6	33.3	i	Preissac	11:47	11:49	11:51
73.2	42.7	A	KOM Points Preissac Summit	11:59	12:02	12:05
59.5	56.4	←	Route 117	12:17	12:21	12:24
56.4	59.5	i	Cadillac	12:21	12:25	12:29
56.0	59.9	>	Bonification Sprint - times and points Rest Area Cadillac	12:22	12:25	12:29
42.8	73.1	i	Rivière-Heva	12:39	12:43	12:48
42.6	73.3	\$	Senneterre Mayor's sprint \$250 Shell gas station	12:39	12:44	12:49
42.3	73.6	←	Rue des Quatre-Coins	12:39	12:44	12:49
42.2	73.7	•	Trash zone (on 200 m)	12:40	12:44	12:49
42.0	73.9	-	Route 395	12:40	12:44	12:49
30.0	85.9	•	Bonification Sprint - times and points Intersection chemin St-Luc	12:55	13:01	13:07
20.0	95.9	⊜	Feed closed	13:09	13:14	13:21
17.7	98.2	<u>A</u>	KOM Points Côte de St-Mathieu	13:12	13:18	13:24
3.0	112.9	\rightarrow	Route 111	13:31	13:38	13:45
1.6	114.3	U	Round about 1st exit, left Rue Principale S (opposite direction of normal traffic)	13:33	13:39	13:47
0.3	115.6	\triangle	Railroad crossing	13:34	13:41	13:49
0.1	115.8	₹.	Caravan bypass Right on 2e avenue Est	13:34	13:42	13:49
0.0	115.9	•	Finish Time and points bonus	13:35	13:42	13:49
Points and bonifications : Bonus sprint : 3-2-1 sec & 6-4-2 pts Final Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts KOM : 5-3-2 points						