| km | | Course | Amos - Preissac - RH - Amos | km/h | | |
|--|-------|---------------|--|-------|-------|-------|
| to go | done | info | 115.9 km | 46 | 44 | 42 |
| 118.9 | -3.0 | Þ | Start - Parc de la Cathédrale d'Amos | 11:00 | 11:00 | 11:00 |
| 117.3 | -1.4 | \rightarrow | Round about,1st exit right Route 111 | 11:02 | 11:02 | 11:02 |
| 115.9 | 0.0 | • | Official Start | 11:03 | 11:04 | 11:04 |
| 115.9 | 0.0 | ↑ | Route 109 | 11:03 | 11:04 | 11:04 |
| 103.2 | 12.7 | i | St-Mathieu-d'Harricana | 11:20 | 11:21 | 11:22 |
| 98.8 | 17.1 | i | Ste-Gertrude | 11:26 | 11:27 | 11:28 |
| 98.7 | 17.2 | \$ | Senneterre Mayor's sprint \$250 Ste-Gertrude church | 11:26 | 11:27 | 11:28 |
| 85.9 | 30.0 | <u>(</u> | Feed open | 11:43 | 11:45 | 11:47 |
| 82.6 | 33.3 | i | Preissac | 11:47 | 11:49 | 11:51 |
| 73.4 | 42.5 | △ | KOM Points Preissac Summit | 11:59 | 12:02 | 12:05 |
| 59.5 | 56.4 | ← | Route 117 | 12:17 | 12:21 | 12:24 |
| 56.4 | 59.5 | i | Cadillac | 12:21 | 12:25 | 12:29 |
| 56.0 | 59.9 | > | Bonification Sprint - times and points Rest Area Cadillac | 12:22 | 12:25 | 12:29 |
| 42.8 | 73.1 | i | Rivière-Heva | 12:39 | 12:43 | 12:48 |
| 42.6 | 73.3 | \$ | Senneterre Mayor's sprint \$250 Shell gas station | 12:39 | 12:44 | 12:49 |
| 42.3 | 73.6 | ← | Rue des Quatre-Coins | 12:39 | 12:44 | 12:49 |
| 42.2 | 73.7 | G | Trash zone (on 200 m) | 12:40 | 12:44 | 12:49 |
| 42.0 | 73.9 | • | Route 395 | 12:40 | 12:44 | 12:49 |
| 30.0 | 85.9 | • | Bonification Sprint - times and points Intersection chemin St-Luc | 12:55 | 13:01 | 13:07 |
| 20.0 | 95.9 | <u>\$</u> | Feed closed | 13:09 | 13:14 | 13:21 |
| 17.7 | 98.2 | | KOM Points Côte de St-Mathieu | 13:12 | 13:18 | 13:24 |
| 3.0 | 112.9 | \rightarrow | Route 111 | 13:31 | 13:38 | 13:45 |
| 1.6 | 114.3 | IJ | Round about 1st exit, left Rue Principale S (opposite direction of normal traffic) | 13:33 | 13:39 | 13:47 |
| 0.3 | 115.6 | \triangle | Railroad crossing | 13:34 | 13:41 | 13:49 |
| 0.1 | 115.8 | €, | Caravan bypass Right on 2e avenue Est | 13:34 | 13:42 | 13:49 |
| 0.0 | 115.9 | • | Finish Time and points bonus | 13:35 | 13:42 | 13:49 |
| Points and bonifications : Bonus sprint : 3-2-1 sec & 6-4-2 pts Final Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts KOM : 5-3-2 points | | | | | | |