

km		Course	Amos - CLMI	km/h		
to go	done	info	10.0 km	48	46	42
10.0	0.0	🚩	Start - Cathedral	09:30	09:30	09:30
9.9	0.1	→	4e Avenue Est	09:30	09:30	09:30
5.0	5.0	↻	U-turn	09:36	09:36	09:37
0.2	9.8	←	Rue Principale Nord	09:42	09:42	09:44
0.0	10.0	🚩	Finish	09:42	09:43	09:44