

Tour de l'Abitibi 2023



TECHNICAL GUIDE

53th edition

July 11th to 16, 2023

Version : 2023-02-20

Schedule

Date	Event	Start	Finish
Monday July 10th	Team Presentation Challenge Sprint Abitibi	17h30	18h
		18h30 Amos, Cathedral	20h Amos, Cathedral
Tuesday July 11th	Road race Rouyn-Noranda - Amos (via Aiguebelle)	16:15	19:21
		Rouyn-Noranda, CEGEP	Amos, Cathedral
Stage 1	Distance : 131.7 km (5 km controlled start)		
Wednesday July 12th	Road race Val-d'Or - Amos (via Barraute)	16:45	Circuit arrival : 18:59
		Val-d'Or, Agnico-Eagle Public Market	Finish : 19:28
Stage 2	Distance : 95.3 km + (4 x 5.4 km) = 116.9 km (3 km controlled start)		Amos, Cathedral
Thursday July 13th (AM)	Individual Time Trial Amos - Saint-Maurice - Amos Distance : 10.0 km	First start : 09:30	Last start : 09:43 Last arrival : 11:53
		First arrival : 11:40	Amos, Cathedral
Stage 3 (half-stage)			
Thursday July 13th (PM)	Road race Malartic - Cadillac - Malartic Distance : 57.4 km (2 km controlled start)	18:15	19:32
		Malartic, Le Tremplin High School	Malartic, Le Tremplin High School
Stage 4 (half-stage)			
Friday July 14th	Road race Senneterre & Senneterre (via Val-d'Or)	14:00	17:22
		Senneterre, City Hall	Senneterre, Mont Bell
Stage 5	Distance : 140 km (5 km controlled start)		
Saturday July 15th	Road race Amos & Amos (via Rivière-Héva & Preissac)	16:30	19:15
		Amos, Cathedral	Amos, Cathedral
Stage 6	Distance : 115.9 km (3 km controlled start)		
Sunday July 16th	Road race La Sarre - Amos (via Palmarolle)	14:00	Circuit arrival : 16:21
		La Sarre, Nicol Auto Arena	Finish : 16:59
Stage 7	Distance : 98,6 km + (5 x 5.4 km) = 125.6 km (3 km controlled start)		Amos, Cathedral

Stage 1 : Rouyn-Noranda - Amos

Tuesday, July 11th, 2023

136.7 km

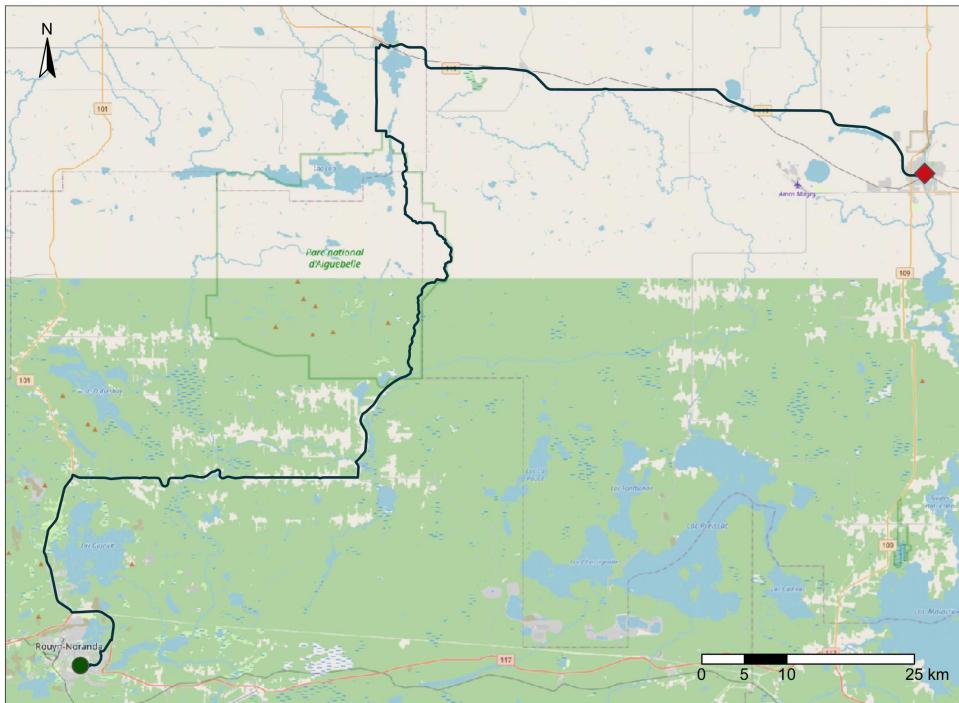
Stage sponsor is **Agnico-Eagle**.

Summary

- 5 neutralised km at start
- No circuit finish

	Time
Start	16:15
Finish	19:21

Course

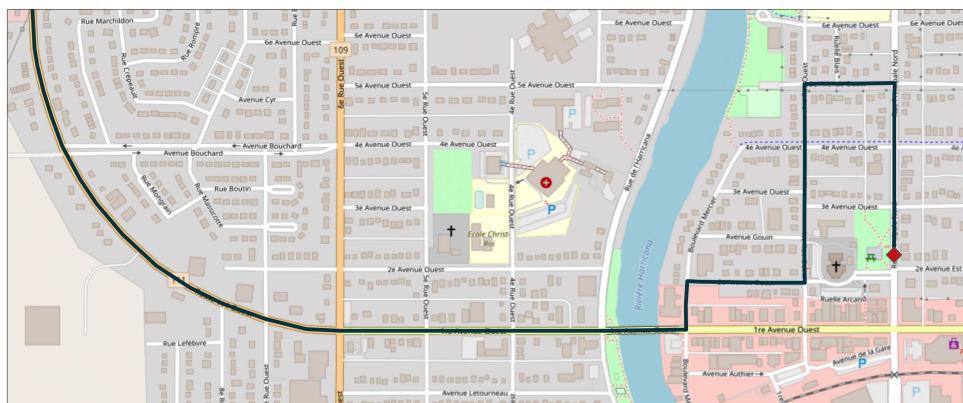


Ride with GPS

Start details



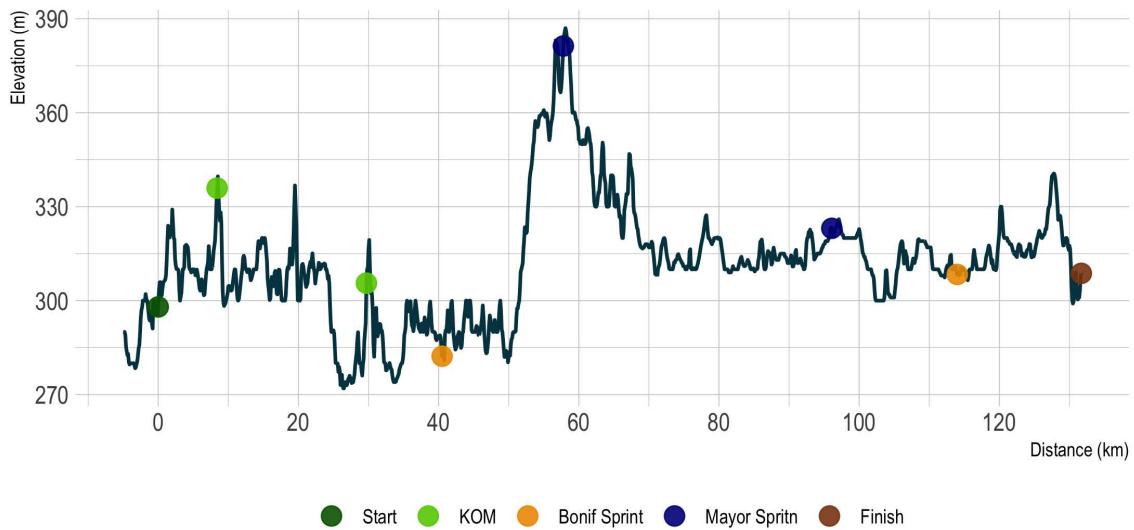
Finish details



Elevation

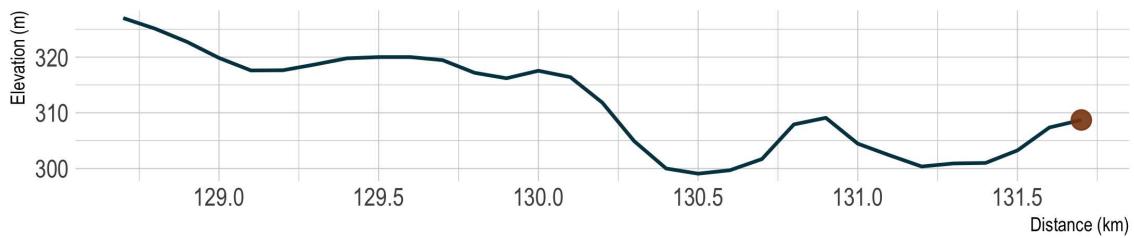
Stage 1 - Topographic profil

Rouyn-Noranda - Amos (131.7 km)



Stage 1 - Topographic profil - Last 3 km

Rouyn-Noranda - Amos (131.7 km)



Detailed stage description

km		Course	Rouyn-Noranda - Amos			km/h		
to go	done	info	131.7 km	46	44	42		
136.7	-5.0	▷	Start - Cegep	16:15	16:15	16:15		
136.4	-4.7	↑	Avenue Larivière/route 117	16:15	16:15	16:15		
131.7	0.0		Official start	16:21	16:21	16:22		
128.8	2.9	⚠	Oblique railroad crossing	16:25	16:25	16:26		
128.7	3.0	i	City of McWatters	16:25	16:25	16:26		
124.6	7.1	⚠	Bridge	16:30	16:31	16:32		
123.7	8.0	⚠	Oblique railroad crossing	16:31	16:32	16:33		
123.3	8.4	⚠	GPM Points (Côte Lac Dufault)	16:32	16:33	16:34		
102.0	29.7	⚠	GPM Points (Sortie Cléricy)	17:00	17:02	17:04		
91.2	40.5		Sprint bonus temps et points (Chemin Lac Normand)	17:14	17:17	17:20		
89.3	42.4	i	City of Cadillac	17:16	17:19	17:22		
75.7	56.0	i	City of Riviere-Héva	17:34	17:38	17:42		
75.4	56.3	→	Highway 109	17:34	17:38	17:42		
74.9	56.8	←	Lac Malartic street	17:35	17:39	17:43		
73.9	57.8	⚠	Wooden bridge	17:36	17:40	17:44		
73.9	57.8	\$	Mayor's sprint - \$250 (mine Lapa)	17:36	17:40	17:44		
64.3	67.4	↑	Route 117 Sud / Highway 117 south	17:49	17:53	17:58		
59.2	72.5	i	Ville de Malartic / City of Malartic	17:56	18:00	18:05		
58.9	72.8	♂	Roundabout (use 2nd exit straight ahead)	17:56	18:01	18:06		
38.7	93.0	⚠	Bridge	18:22	18:28	18:35		
35.6	96.1	\$	Mayor's sprint - \$250 (École St-Philippe sur la traverse piétons)	18:26	18:32	18:39		
35.5	96.2	♂	Highway 117 bypass	18:27	18:33	18:39		
35.0	96.7	⚠	Railroad crossing	18:27	18:33	18:40		
32.6	99.1	♂	Roundabout (use 2nd exit straight ahead)	18:30	18:36	18:43		
17.7	114.0		Sprint bonus temps et points (Halte Trécesson)	18:50	18:57	19:05		
16.7	115.0	⚠	Railroad crossing	18:51	18:58	19:06		
15.7	116.0	↑	2e Avenue	18:52	19:00	19:07		
14.7	117.0	↑	Start of 1st lap	18:54	19:01	19:09		
13.7	118.0	→	Rue Wolfe	18:55	19:02	19:10		
12.7	119.0	↖	1ere Avenue	18:56	19:04	19:12		
11.7	120.0	↑	1ere Rue	18:58	19:05	19:13		
10.7	121.0	↑	Avenue Delorimier	18:59	19:06	19:15		
9.7	122.0	↑	6e Rue	19:00	19:08	19:16		
8.7	123.0	↑	1ere Avenue	19:01	19:09	19:17		
7.7	124.0	↑	Rue de l'Ukraine	19:03	19:10	19:19		
6.7	125.0	↑	2e Avenue	19:04	19:12	19:20		
5.7	126.0	↑	Start of 2nd lap	19:05	19:13	19:22		
4.7	127.0		Start of 3rd lap	19:07	19:15	19:23		
0.0	131.7		Finish Time and points bonus (10-6-4 sec; 30-24-20-16-12-10-8-6-4-2 pts)	19:13	19:21	19:30		

Points and bonifications :

Bonus sprint : 3-2-1 sec & 6-4-2 pts

Final Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts

KOM : 5-3-2 points

Stage 2 : Val-d'Or - Amos

Wednesday, July 12th, 2023

119.9 km

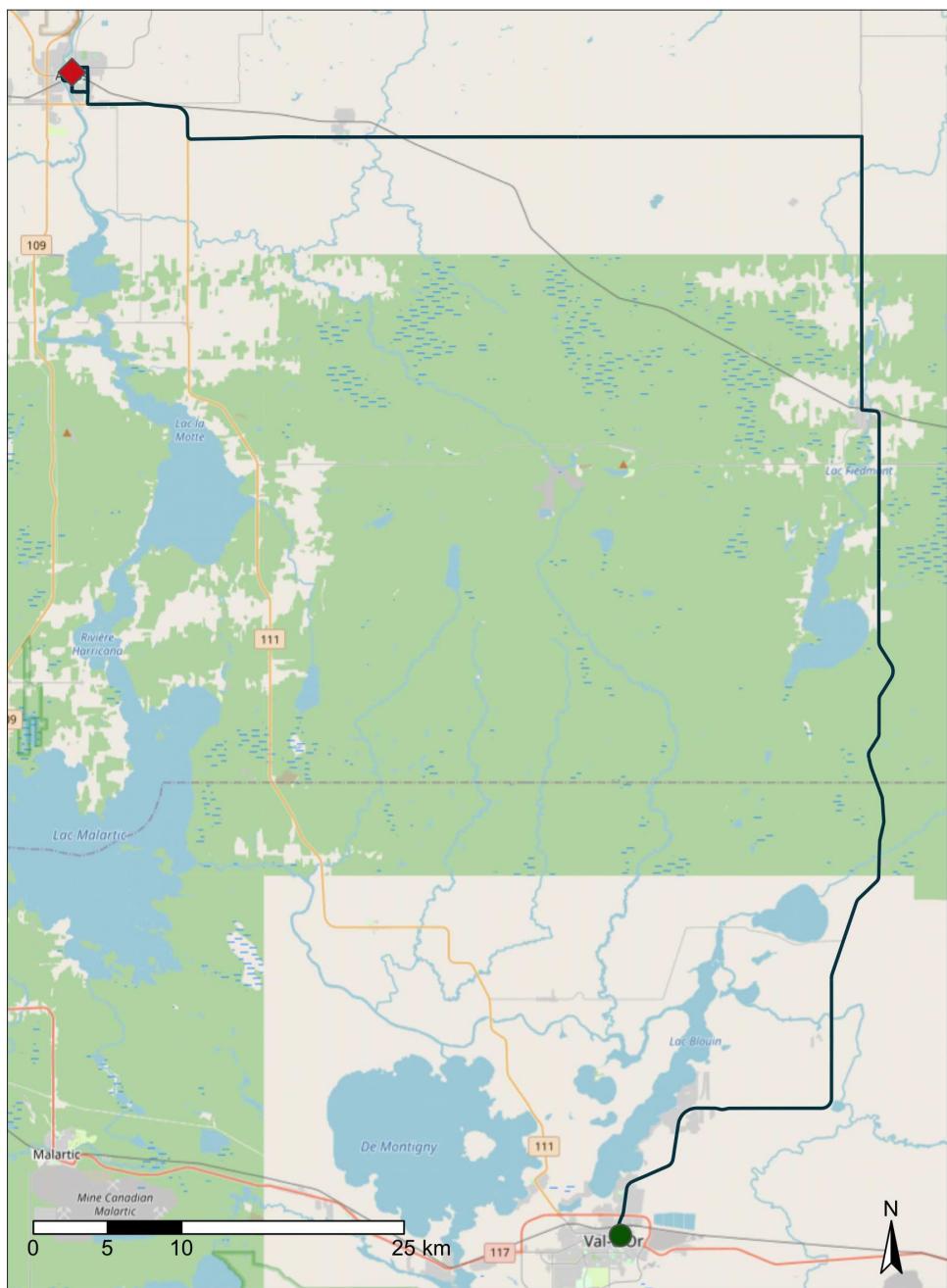
The stage sponsor is **Gouvernement du Québec**.

Summary

- 3 neutralised km at start

	Time
Start	16:45
Finish	19:28

Course

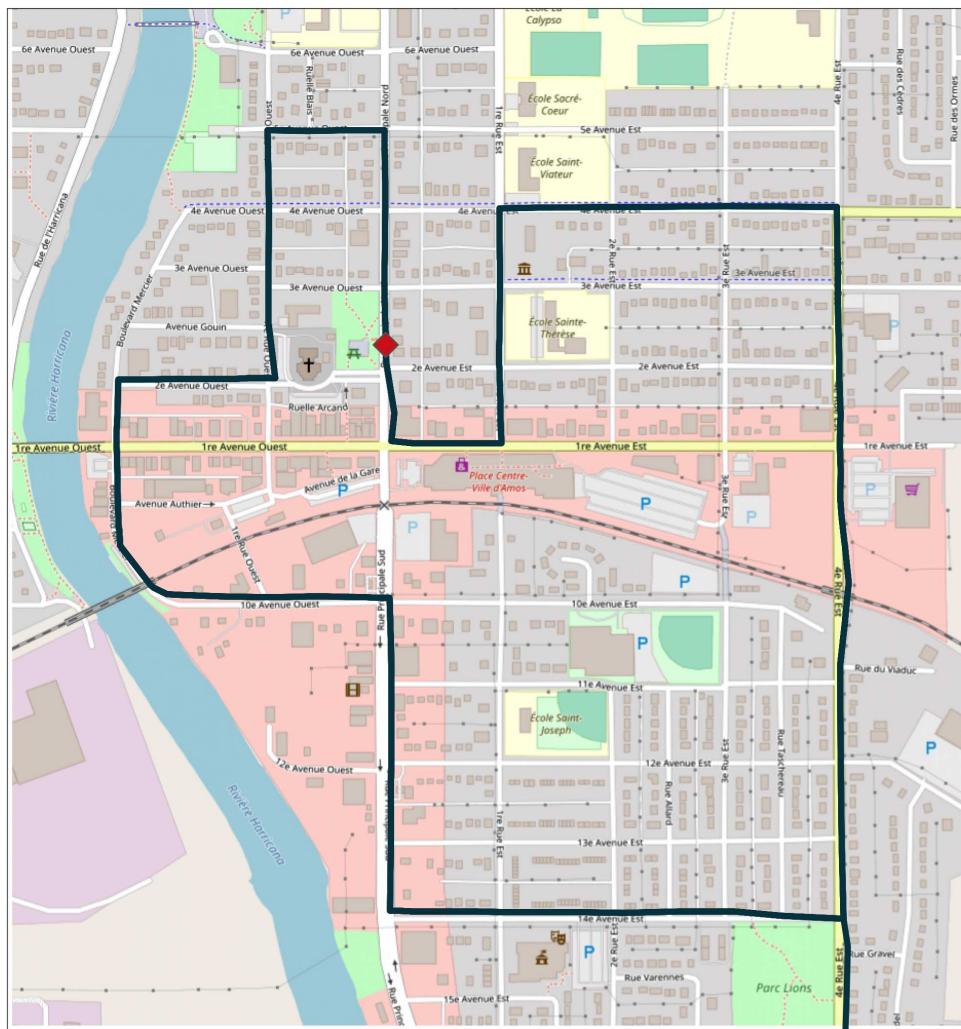


Ride with GPS

Start details



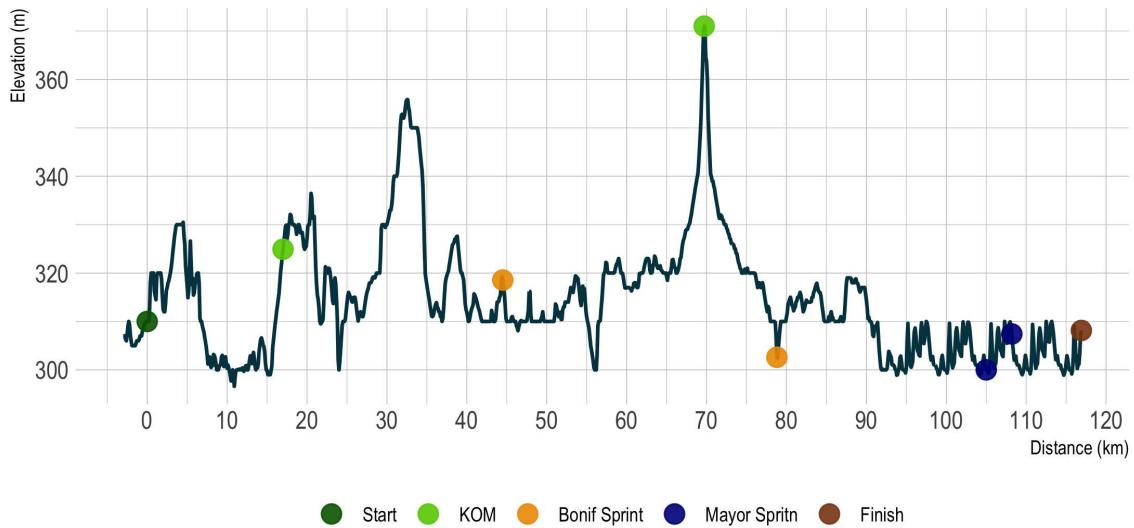
Finish details



Elevation

Stage 2 - Topographic profil

Val-d'Or - Amos (95.3 km + (4 x 5.4 km) = 116.9 km)



Stage 2 - Topographic profil - Last 5.4 km

Val-d'Or - Amos (95.3 km + (4 x 5.4 km) = 116.9 km)



Detailed stage description

km		Course	Val-d'Or - Amos	km/h		
to go	done	info	95.3 km + (4 x 5.4 km) = 116.9 km	46	44	42
119.9	-3.0	▷	Start - Val-d'Or on the beach	16:45	16:45	16:45
119.6	-2.7	↑	Avenue Larivière/route 117	16:45	16:45	16:45
116.9	0.0		Official start	16:48	16:49	16:49
112.0	4.9	△	Oblique railroad crossing	16:55	16:55	16:56
111.9	5.0	i	City of McWatters	16:55	16:55	16:56
107.8	9.1	△	Bridge	17:00	17:01	17:02
106.9	10.0		Feed opening	17:01	17:02	17:03
99.9	17.0	▲	KOM Points (Chemin Bousquet)	17:11	17:12	17:13
95.3	21.6	△	Oblique railroad crossing	17:17	17:18	17:20
84.9	32.0	△	Bridge	17:30	17:32	17:35
72.5	44.4	i	City of Cadillac	17:46	17:49	17:52
72.4	44.5		Bonus sprint time and points (Chemin Lac Normand)	17:46	17:49	17:52
58.9	58.0	i	City of Rivière-Héva	18:04	18:08	18:12
58.6	58.3	→	Highway 109	18:04	18:08	18:12
58.1	58.8	←	Lac Malartic street	18:05	18:09	18:13
57.1	59.8	△	Wooden bridge	18:06	18:10	18:14
47.2	69.7	▲	KOM - Landrienne's flat	18:19	18:24	18:28
45.5	71.4	↑	Route 117 Sud / Highway 117 south	18:22	18:26	18:31
42.4	74.5	i	Ville de Malartic / City of Malartic	18:26	18:30	18:35
42.1	74.8	♂	Roundabout (use 2nd exit straight ahead)	18:26	18:31	18:36
38.1	78.8		Bonus sprint time and points (km 544)	18:31	18:36	18:41
21.9	95.0	△	Bridge	18:52	18:58	19:05
18.7	98.2	♂	Highway 117 bypass	18:57	19:03	19:09
18.2	98.7	△	Railroad crossing	18:57	19:03	19:10
15.8	101.1	♂	Roundabout (use 2nd exit straight ahead)	19:00	19:06	19:13
12.4	104.5	△	Railroad crossing	19:05	19:11	19:18
12.0	104.9	↑	2e Avenue	19:05	19:12	19:19
11.9	105.0	\$	Mayor's sprint - \$250 (École St-Philippe sur la traverse piétons)	19:05	19:12	19:19
11.7	105.2	→	Rue Wolfe	19:06	19:12	19:19
11.5	105.4	↖	1ere Avenue	19:06	19:12	19:19
10.9	106.0	↑	1ere Rue	19:07	19:13	19:20
10.6	106.3	↑	Avenue Delorimier	19:07	19:14	19:21
10.1	106.8	↑	6e Rue	19:08	19:14	19:21
9.7	107.2	↑	1ere Avenue	19:08	19:15	19:22
9.2	107.7	↑	Rue de l'Ukraine	19:09	19:15	19:23
9.1	107.8	↑	2e Avenue	19:09	19:16	19:23
8.7	108.2	\$	Mayor's sprint - \$250 Start of 2nd lap	19:10	19:16	19:23
5.5	111.4		Start of 3rd lap	19:14	19:21	19:28
1.2	115.7	↖	Caravan bypass on the right	19:19	19:26	19:34
0.0	116.9		Final Finish Time and points bonus	19:21	19:28	19:36

Points and bonifications :

Bonus sprint : 3-2-1 sec & 6-4-2 pts

Final Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts

KOM : 5-3-2 points

Stage 4 : Malartic - Malartic

Thursday, July 13th, 2023

59.4 km

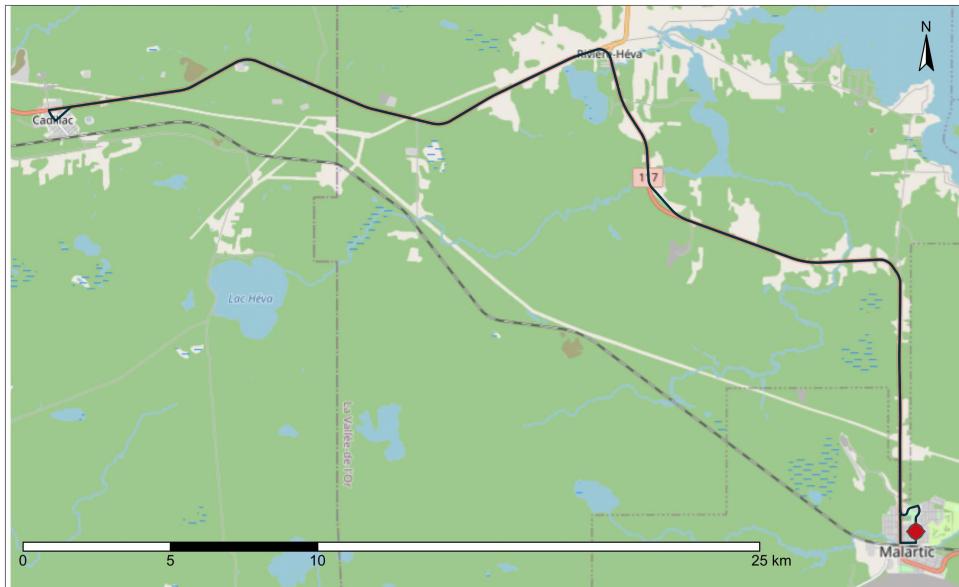
The stage sponsor is **Partenariat Canadian Malartic**.

Summary

- 2 neutralised km at start
- No circuit finish

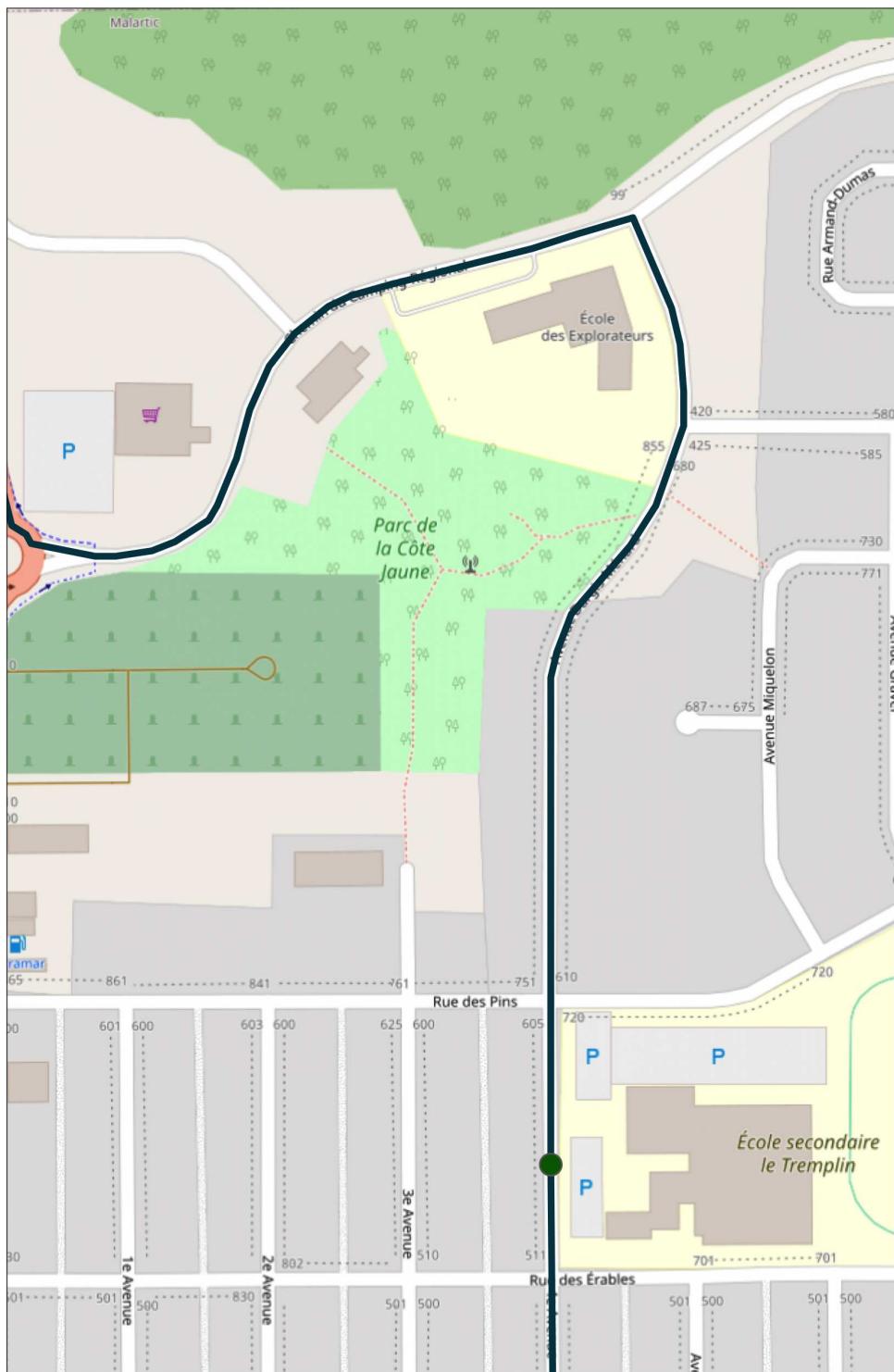
	Time
Start	18:15
Finish	19:32

Course



Ride with GPS

Start details



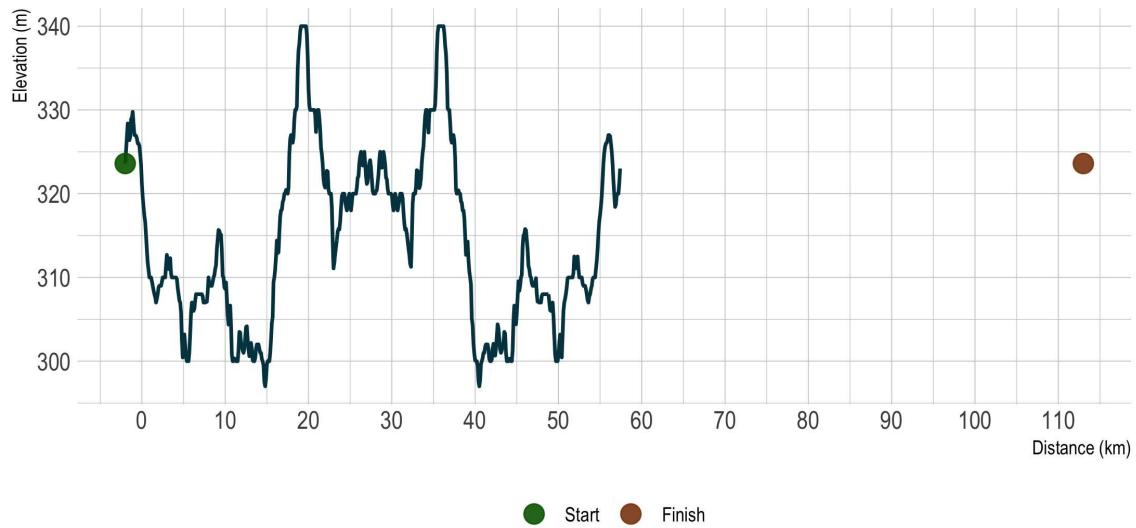
Finish details



Elevation

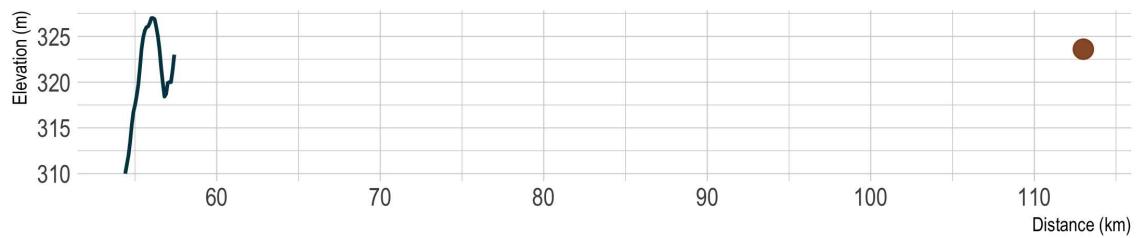
Stage 4 - Topographic profil

Malartic - Malartic (57.4 km)



Stage 4 - Topographic profil - Last 3 km

Malartic - Malartic (57.4 km)



Detailed stage description

km		Course	Malartic - Malartic	km/h		
to go	done	info	57.4 km	48	46	44
115.0	-2.0		Start	18:15	18:15	18:15
3.8	109.2	↑	Start of 2nd lap	20:34	20:40	20:46
0.6	112.4	♂	Start of 3rd lap	20:38	20:44	20:51
0.0	113.0		Final Finish Time and points bonus	20:38	20:45	20:51

Points and bonifications :

Bonus sprint : 3-2-1 sec & 6-4-2 pts

Final Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts

KOM : 5-3-2 points

Stage 5 : Senneterre - VD - Senneterre

Tuesday, July 11th, 2023

145 km

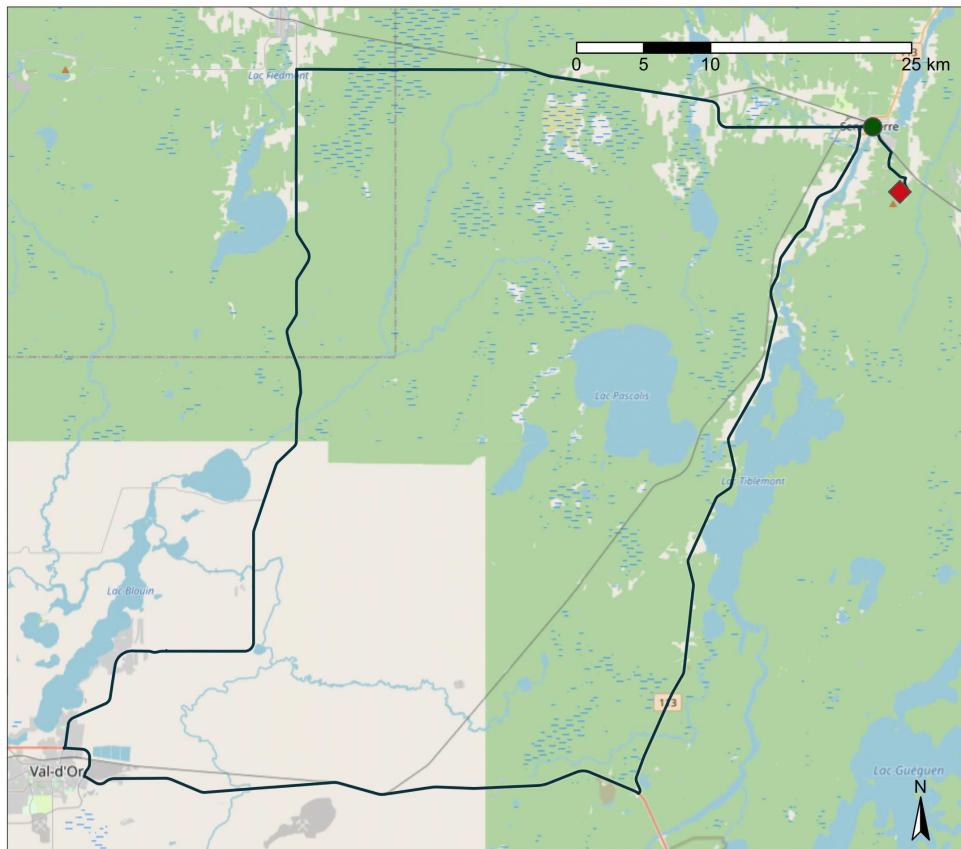
The stage sponsor is **Résolu Produits forestiers**.

Summary

- 5 neutralised km at start
- No circuit finish
- *Hors category* summit finish, doubling the KOM points

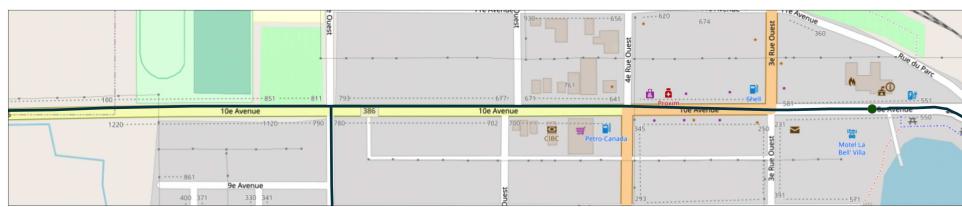
	Time
Start	14:00
Finish	17:22

Course

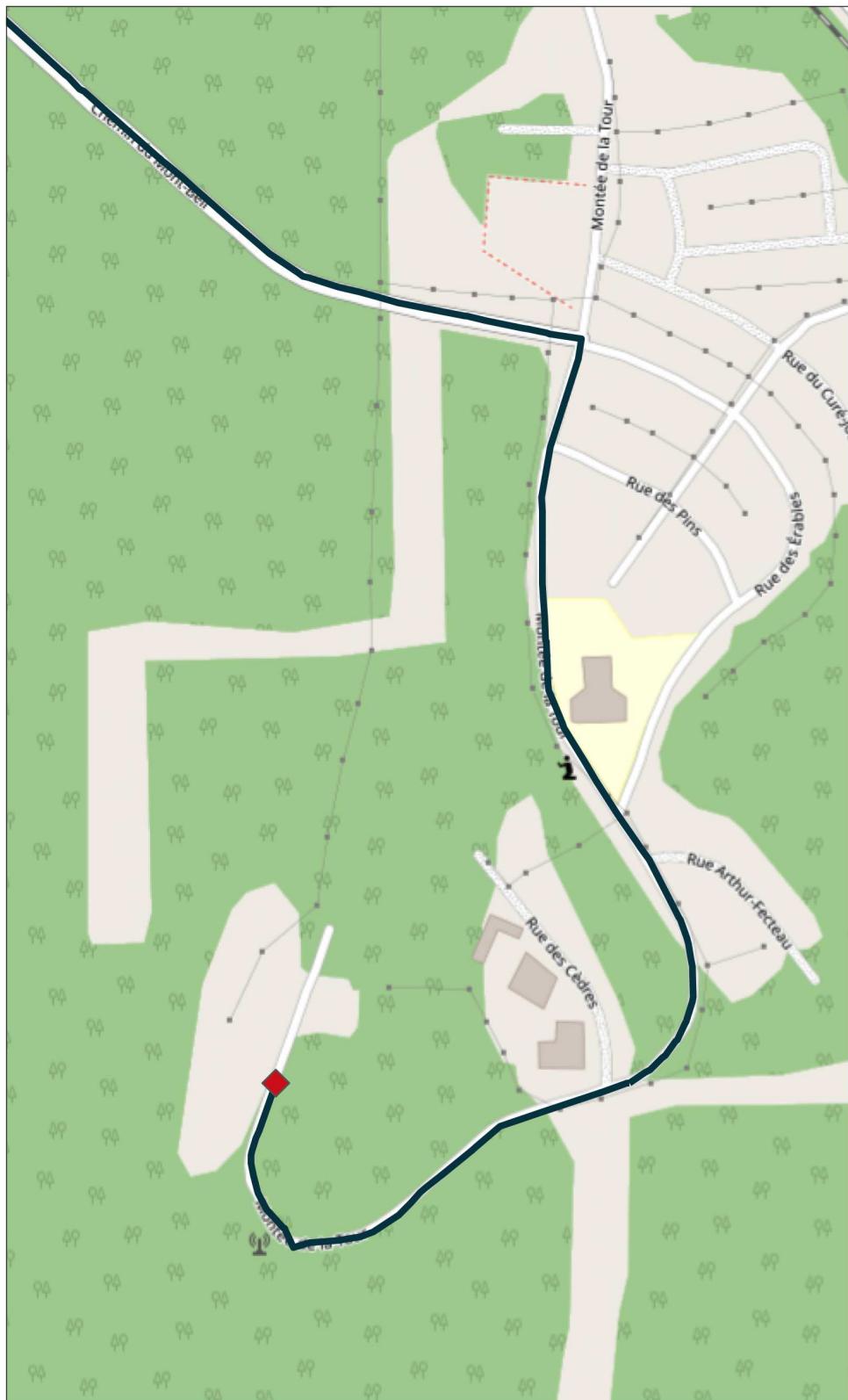


Ride with GPS

Start details



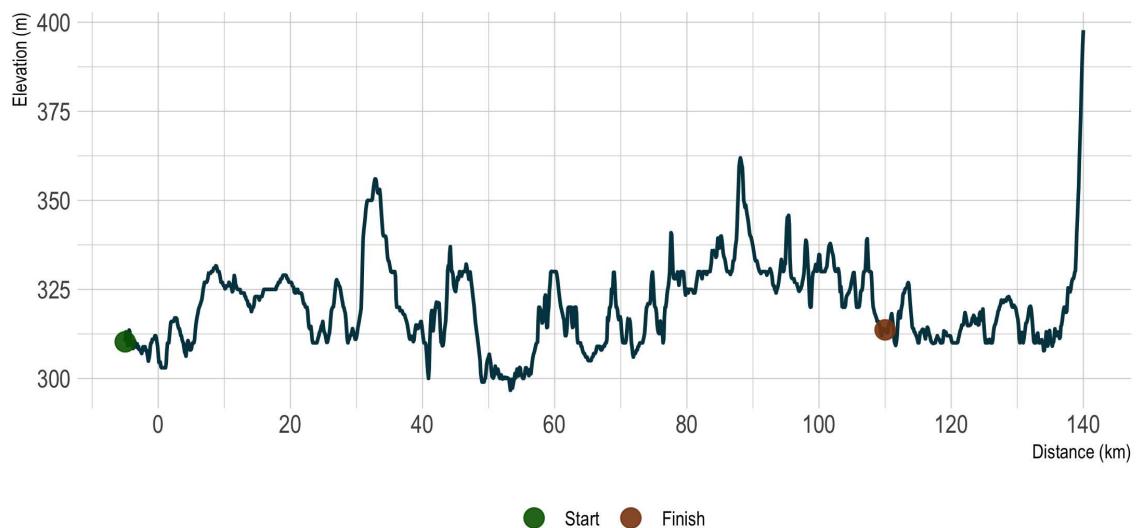
Finish details



Elevation

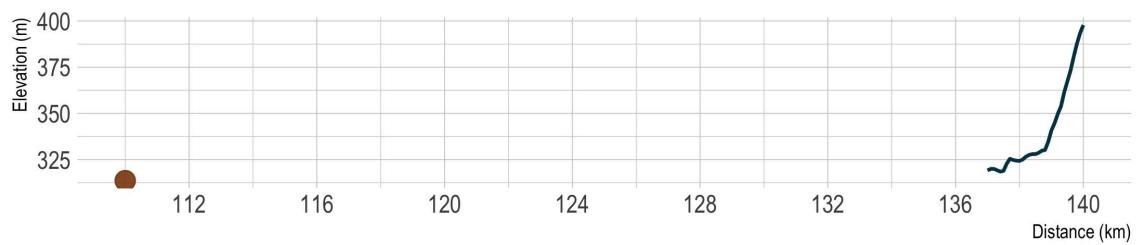
Stage 5 - Topographic profil

Senneterre - VD - Senneterre (140 km)



Stage 5 - Topographic profil - Last 3 km

Senneterre - VD - Senneterre (140 km)



Detailed stage description

km		Course	Senneterre - VD - Senneterre	km/h		
to go	done	info	140 km	45	43	41
115.0	-5.0		Start	14:00	14:00	14:00
3.8	106.2	↑	Start of 2nd lap	16:28	16:35	16:42
0.6	109.4		Start of 3rd lap	16:32	16:39	16:47
0.0	110.0		Final Finish Time and points bonus	16:33	16:40	16:48

Points and bonifications :

Bonus sprint : 3-2-1 sec & 6-4-2 pts

Final Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts

KOM : 5-3-2 points

Stage 6 : Amos -Preissac - RH - Amos

Tuesday, July 11th, 2023

118.9 km

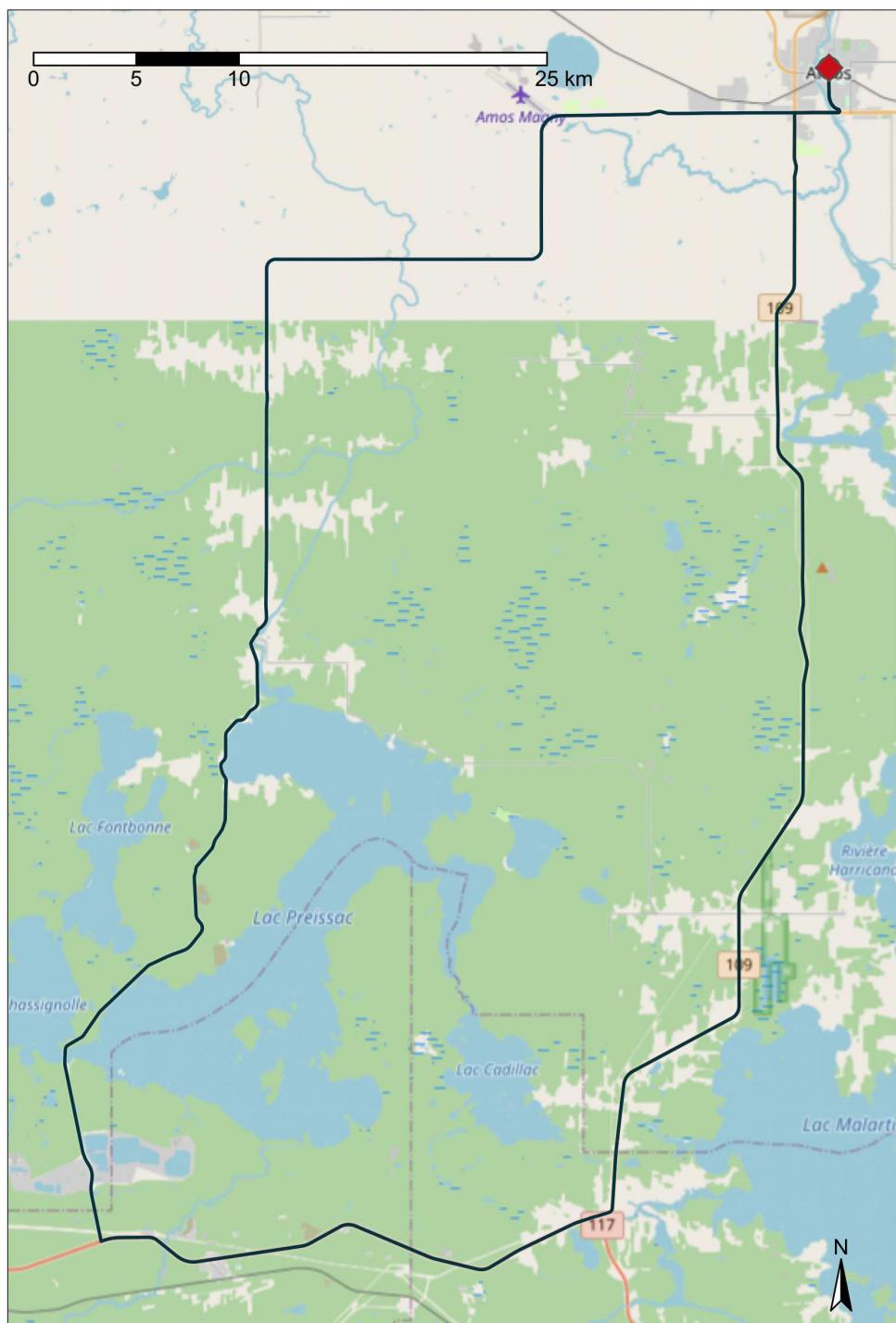
The stage sponsor is **CSS Harricana**.

Summary

- 3 neutralised km at start
- No circuit finish

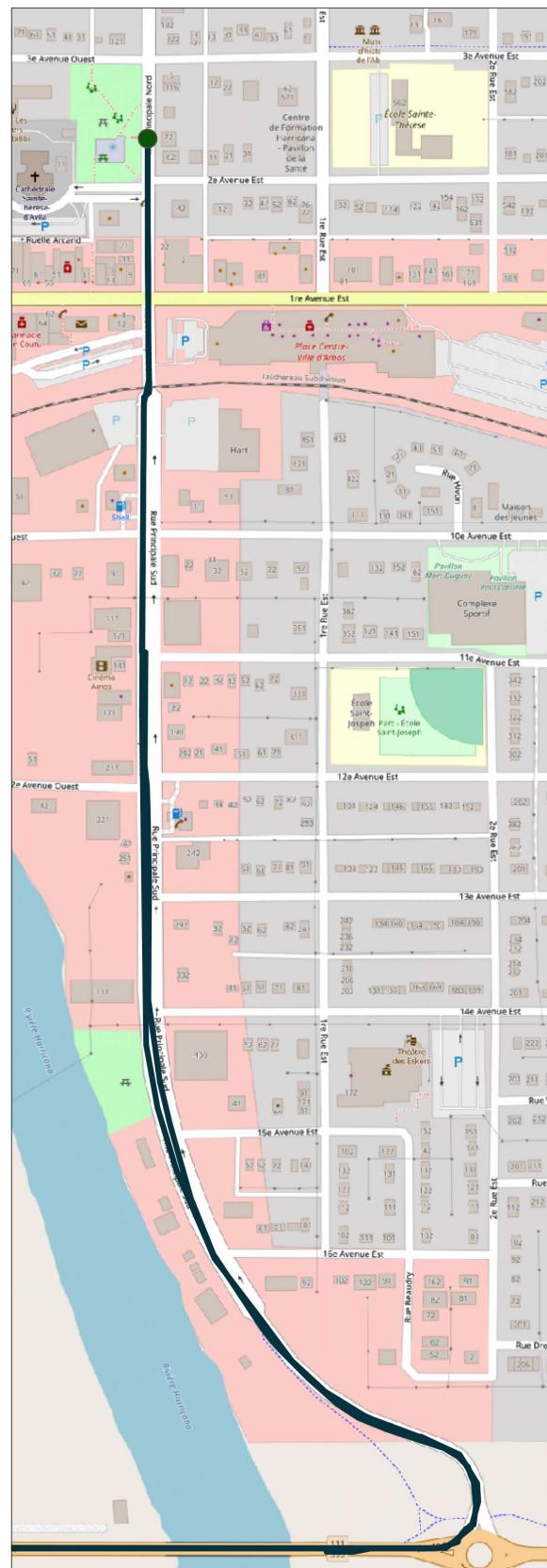
	Time
Start	16:30
Finish	19:15

Course

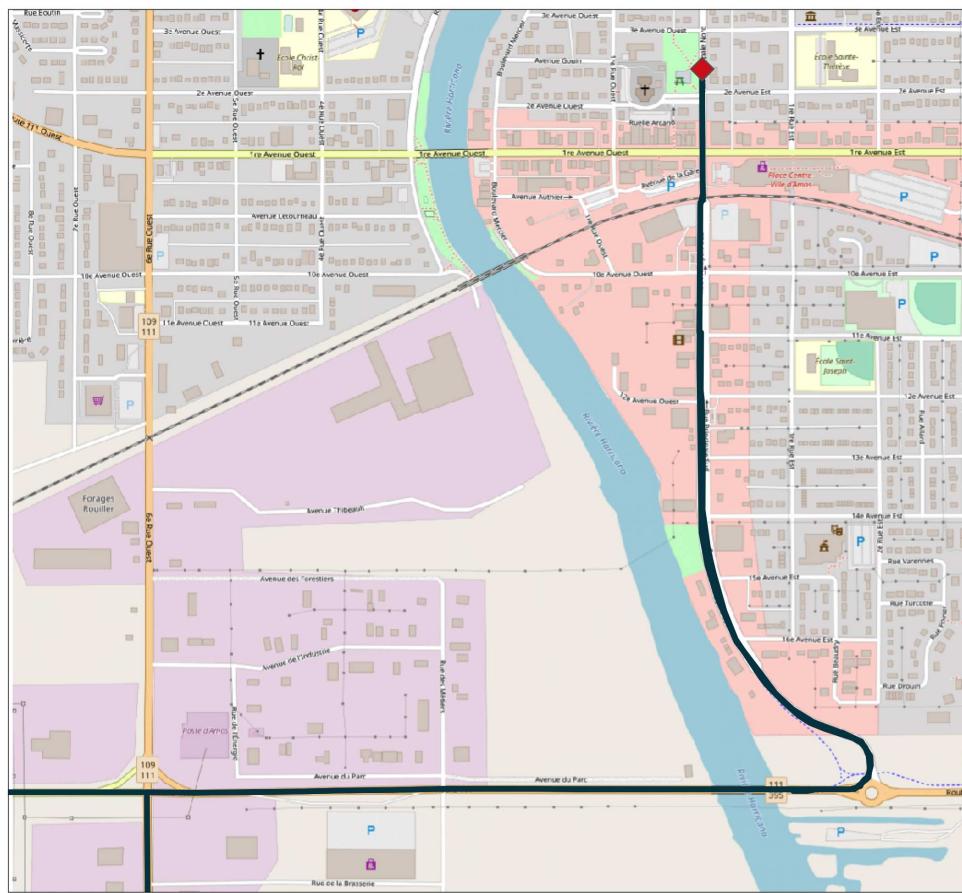


Ride with GPS

Start details



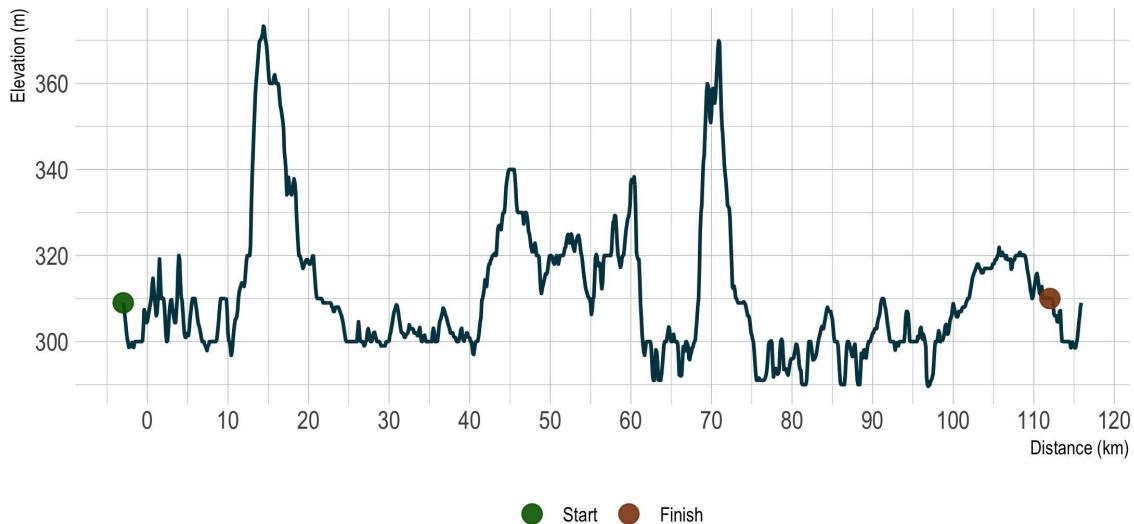
Finish details



Elevation

Stage 6 - Topographic profil

Amos -Preissac - RH - Amos (115.9 km)



Stage 6 - Topographic profil - Last 3 km

Amos -Preissac - RH - Amos (115.9 km)



Detailed stage description

km		Course	Amos -Preissac - RH - Amos	km/h		
to go	done	info	115.9 km	45	43	41
115.0	-3.0		Start	16:30	16:30	16:30
3.8	108.2	↑	Start of 2nd lap	18:58	19:05	19:12
0.6	111.4		Start of 3rd lap	19:02	19:09	19:17
0.0	112.0		Final Finish Time and points bonus	19:03	19:10	19:18

Points and bonifications :

Bonus sprint : 3-2-1 sec & 6-4-2 pts

Final Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts

KOM : 5-3-2 points

Stage 7 : La Sarre - Amos

Tuesday, July 11th, 2023

128.6 km

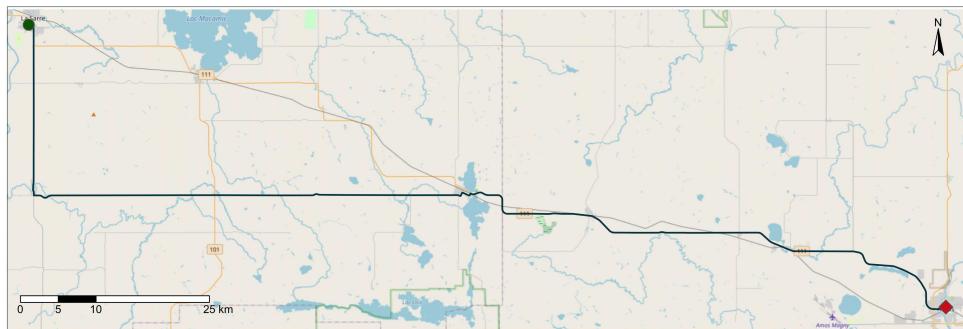
The stage sponsor is **Ville d'Amos**.

Summary

- 3 neutralised km at start

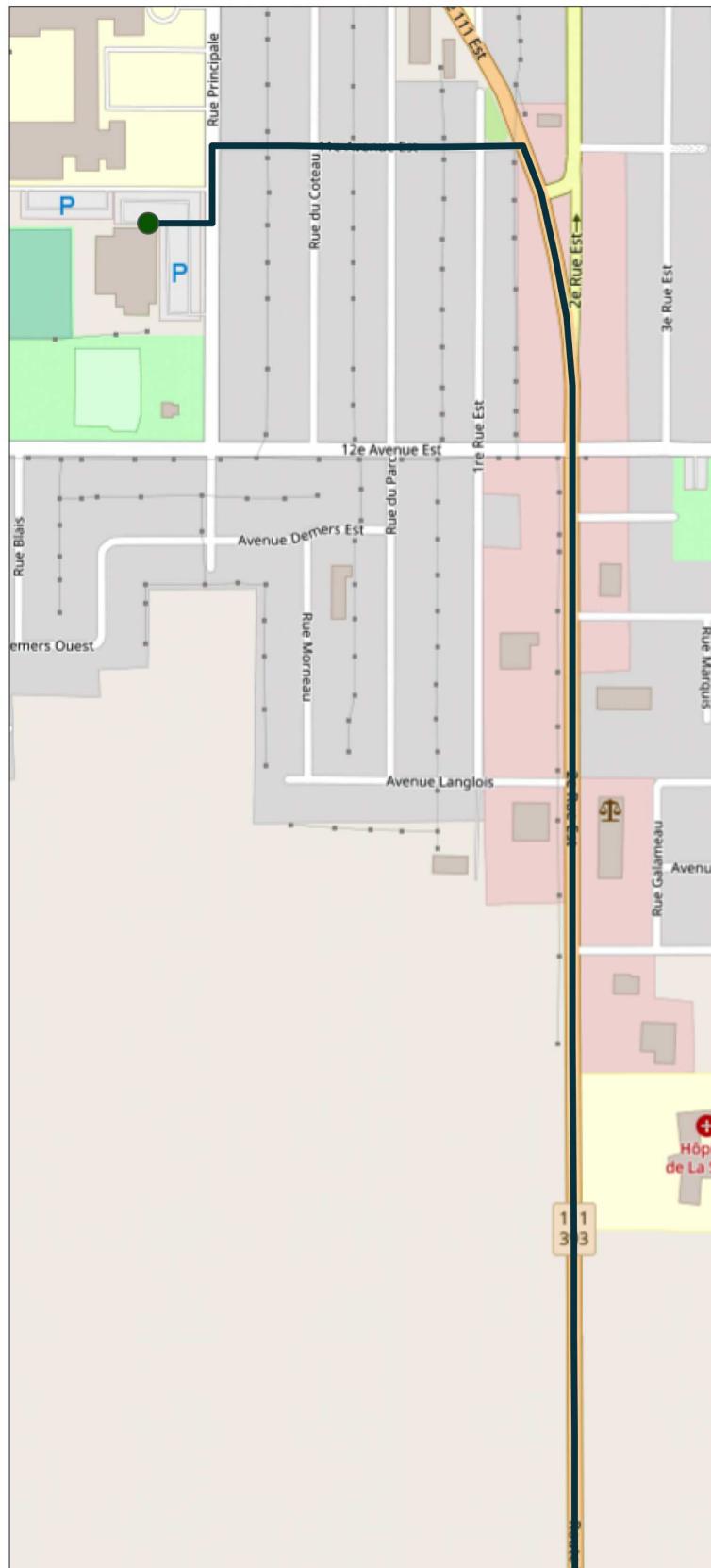
	Time
Start	14:00
Finish	16:59

Course

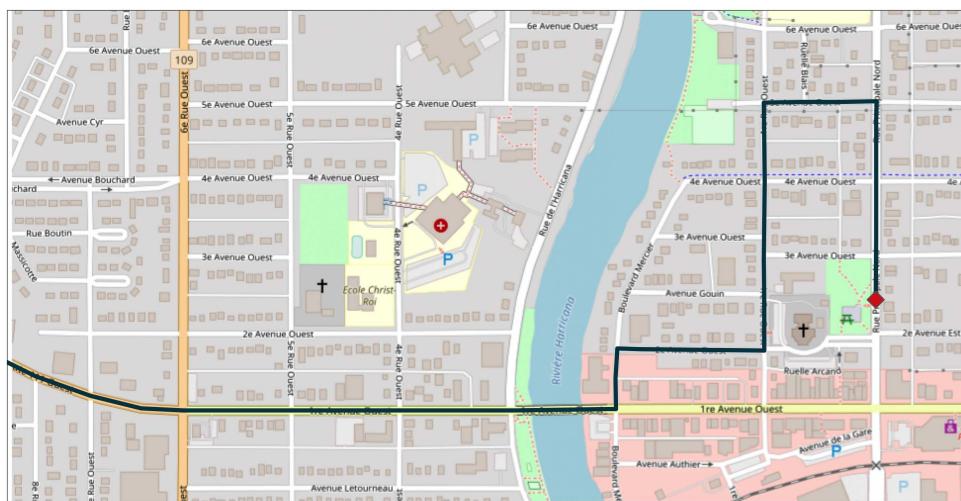


Ride with GPS

Start details



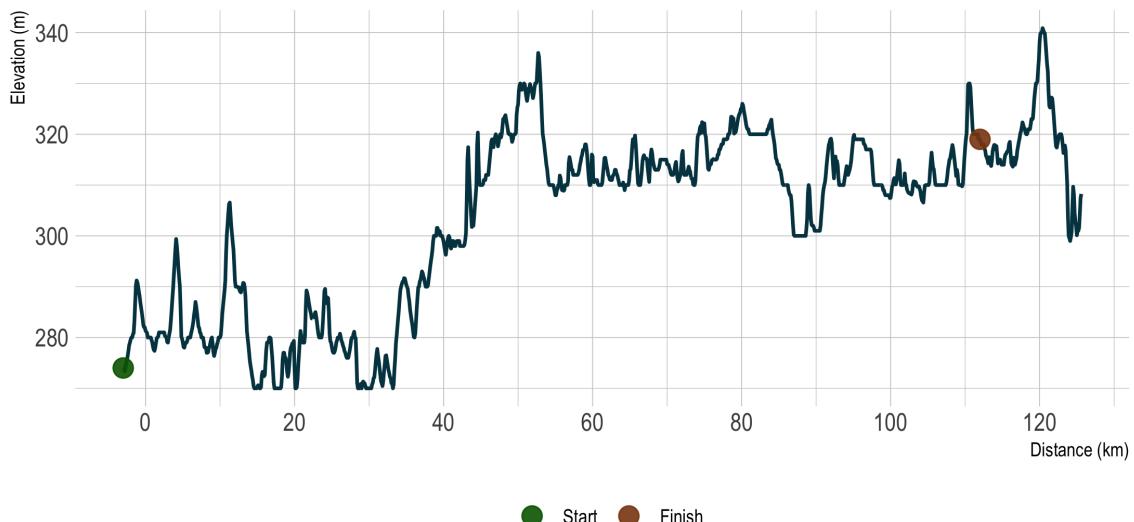
Finish details



Elevation

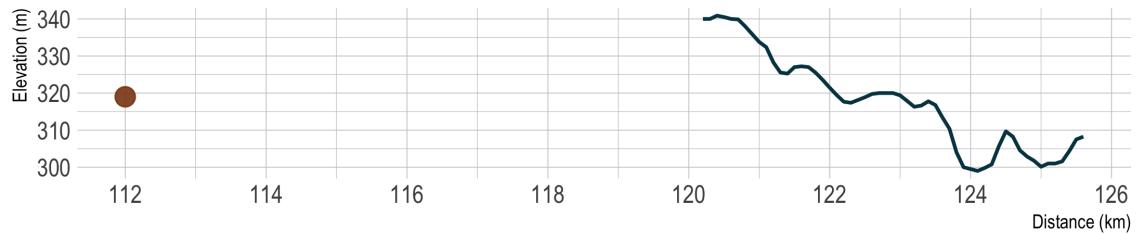
Stage 7 - Topographic profil

La Sarre - Amos (98,6 km + (5 x 5,4 km) = 125,6 km)



Stage 7 - Topographic profil - Last 5.4 km

La Sarre - Amos (98,6 km + (5 x 5.4 km) = 125.6 km)



Detailed stage description

km		Course	La Sarre - Amos	km/h		
to go	done	info	98,6 km + (5 x 5.4 km) = 125.6 km	45	43	41
115.0	-3.0		Start	14:00	14:00	14:00
3.8	108.2	↑	Start of 2nd lap	16:28	16:35	16:42
0.6	111.4		Start of 3rd lap	16:32	16:39	16:47
0.0	112.0		Final Finish Time and points bonus	16:33	16:40	16:48

Points and bonifications :

Bonus sprint : 3-2-1 sec & 6-4-2 pts

Final Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts

KOM : 5-3-2 points