km		Course	La Sarre - Amos	km/h		
to go	done	info	93.5 km + (5 x 5.4 km) = 120.5 km	46	44	42
123.5	-3.0	⚐	Start - Nicol Auto Arena Parking	14:00	14:00	14:00
123.4	-2.9	←	Rue Principale	14:00	14:00	14:00
123.4	-2.9	→	11e Avenue E	14:00	14:00	14:00
123.1	-2.6	→	Route 111	14:00	14:00	14:00
121.2	-0.7	←	Ramp toward Rte 111E	14:03	14:03	14:03
120.5	0.0	⚑	Official start	14:03	14:04	14:04
116.1	4.4	⚠	Railroad crossing	14:09	14:10	14:10
112.6	7.9	⛰	KOM Sprint	14:14	14:14	14:15
106.0	14.5	ℹ	Macamic	14:22	14:23	14:25
105.5	15.0	$	La Sarre Mayor's sprint 250$ (Postal Office Macamic)	14:23	14:24	14:25
104.8	15.7	⚠	Bridge - reduced lane	14:24	14:25	14:26
95.1	25.4	⚠	Bridge - Roadwork 1 lane only	14:37	14:38	14:40
93.2	27.3	ℹ	Authier	14:39	14:41	14:43
92.2	28.3	⚠	Railroad crossing	14:40	14:42	14:44
90.5	30.0	☕	Feed open	14:43	14:45	14:47
88.3	32.2	⚠	Bridge - Roadwork	14:45	14:48	14:50
78.6	41.9	⚠	Railroad crossing	14:58	15:01	15:04
76.2	44.3	ℹ	Taschereau	15:01	15:04	15:07
74.5	46.0	⚑	Bonification sprint - times and points (Routes 111/390 intersections)	15:03	15:06	15:10
74.3	46.2	♻	Trash zone (on 200 m)	15:04	15:07	15:10
74.0	46.5	⚠	Bridge	15:04	15:07	15:10
70.8	49.7	⚠	Railroad crossing	15:08	15:11	15:15
62.9	57.6	ℹ	Launay	15:19	15:22	15:26
62.6	57.9	$	La Sarre Mayor's sprint 250$ (Engoulevent municipal parc)	15:19	15:23	15:27
51.0	69.5	⚠	Oblique Railroad crossing	15:34	15:38	15:43
49.3	71.2	ℹ	Trécesson	15:36	15:41	15:46
44.6	75.9	⚑	Bonification Sprint - time and points (Trécesson rest stop)	15:42	15:47	15:52
31.2	89.3	ℹ	Amos	16:00	16:05	16:11
28.3	92.2	←	Circuit finish entrance Boulevard Mercier	16:04	16:09	16:16
28.2	92.3	→	2e Avenue O	16:04	16:09	16:16
27.9	92.6	←	1re Rue O	16:04	16:10	16:16
27.5	93.0	→	5e Avenue O	16:05	16:10	16:17
27.4	93.1	→	Rue Principale N	16:05	16:11	16:17
27.0	93.5	$	Start of 1st lap (5 laps to go) Amos Mayor's sprint (100$)	16:05	16:11	16:17
26.9	93.6	←	1re Avenue E	16:06	16:11	16:18
26.7	93.8	←	1re Rue E	16:06	16:12	16:18
26.3	94.2	→	4e Avenue E	16:06	16:12	16:18
25.8	94.7	→	4e Rue E	16:07	16:13	16:19
24.7	95.8	→	14e Avenue E	16:08	16:14	16:21
24.0	96.5	→	Rue Principale S	16:09	16:15	16:22
23.5	97.0	←	10e Avenue E	16:10	16:16	16:22
22.8	97.7	→	2e Avenue O	16:11	16:17	16:23
22.7	97.8	☕	Fix feed zone	16:11	16:17	16:24
22.6	97.9	←	1re Rue O	16:11	16:17	16:24
22.2	98.3	→	5e Avenue O	16:12	16:18	16:24
22.0	98.5	→	Rue Principale N	16:12	16:18	16:25
21.6	98.9	$	Start of 2nd lap (4 laps to go) Amos Mayor's sprint (100$)	16:12	16:18	16:25
16.2	104.3	☕	Feed closed	16:19	16:26	16:33
16.2	104.3	$	Start of 3rd lap (3 laps to go) Amos Mayor's sprint (100$)	16:19	16:26	16:33
10.8	109.7	$	Start of 4th lap (2 laps to go) Amos Mayor's sprint (100$)	16:27	16:33	16:41
5.4	115.1	$	Start of 5th lap (1 lap to go) Amos Mayor's sprint (100$)	16:34	16:41	16:48
1.0	119.5	🚐	Caravan bypass Right on 3e avenue	16:39	16:47	16:55
0.0	**120.5**	⚑	**Finish** **Time and points bonus**	**16:41**	**16:48**	**16:56**

Points and bonifications :

Bonus sprint : 3-2-1 sec & 6-4-2 pts

Final Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts

KOM : 5-3-2 points