km		Course	Amos - Val-d'Or	km/h		
to go	**done**	**info**	**92,4 km + (3 x 3,2 km) = 102 km**	**46**	**44**	**42**
106.5	**-4.5**	⚐	Start - Amos - Cathedral	17:00	17:00	17:00
106.3	**-4.3**	⚠	Railroad	17:00	17:00	17:00
106.2	**-4.2**	→	Rue Principale Sud	17:00	17:00	17:00
104.9	**-2.9**	↺	Round about 2nd exit on left Route 111	17:02	17:02	17:02
104.5	**-2.5**	↺	Round about 2nd exit straight ahead Route 111	17:02	17:02	17:02
102.0	**0.0**	⚑	Official start	17:05	17:06	17:06
98.8	**3.2**	←	Route 386	17:10	17:10	17:10
92.5	**9.5**	ℹ	Landrienne	17:18	17:19	17:20
91.9	**10.1**	$	Amos Mayor's sprint $250 Rue des Pionniers/du Moulin Landrienne	17:19	17:19	17:20
89.3	**12.7**	⚠	Oblique Railroad	17:22	17:23	17:24
81.5	**20.5**	🚵	Point GPM Esker summit (ch. Lac La Paix)	17:32	17:34	17:35
72.0	**30.0**	☕	Feed open	17:45	17:47	17:49
68.7	**33.3**	→	Route 386/397	17:49	17:51	17:53
67.3	**34.7**	⚠	Bridge	17:51	17:53	17:56
61.4	**40.6**	⚠	Bridge	17:58	18:01	18:04
57.7	**44.3**	ℹ	Barraute	18:03	18:06	18:09
56.8	**45.2**	⚑	Sprint bonification temps et points Post office of Barraute	18:04	18:07	18:11
56.6	**45.4**	⚠	Railroad	18:05	18:08	18:11
56.3	**45.7**	♻	Trash zone (200m)	18:05	18:08	18:11
43.0	**59.0**	🚵	Point GPM Esker summit (Val-Senneville Km 32)	18:22	18:26	18:30
35.3	**66.7**	⚠	Bridge	18:32	18:37	18:41
27.4	**74.6**	⚠	Bridge	18:43	18:47	18:53
26.6	**75.4**	$	Amos Mayor's sprint $250 Ch. Paré Val-Senneville	18:44	18:48	18:54
20.0	**82.0**	☕	Feed closed	18:52	18:57	19:03
18.5	**83.5**	ℹ	Val-du-Repos	18:54	19:00	19:05
10.9	**91.1**	↺	Round about 2nd exit straight ahead 7e rue	19:04	19:10	19:16
10.3	**91.7**	⚠	Railroad	19:05	19:11	19:17
9.6	**92.4**	→	Circuit finish entrance 2e avenue	19:06	19:12	19:18
9.5	**92.5**	↑	Start of 1st lap (3 to go)	19:06	19:12	19:18
9.3	**92.7**	←	Rue Wolfe	19:06	19:12	19:18
9.0	**93.0**	→	1e Avenue	19:07	19:12	19:19
8.5	**93.5**	←	1e Rue	19:07	19:13	19:19
8.4	**93.6**	🚵	Point GPM Rue Brébeuf	19:08	19:13	19:20
8.1	**93.9**	←	Avenue Delorimier	19:08	19:14	19:20
7.7	**94.3**	←	6e Rue	19:08	19:14	19:21
7.3	**94.7**	→	1e Avenue	19:09	19:15	19:21
6.8	**95.2**	←	Rue d'Ukraine	19:10	19:15	19:22
6.7	**95.3**	←	2e Avenue	19:10	19:16	19:22
6.3	**95.7**	⚑	Start of 2nd lap (2 to go) Bonfication sprint - times and points	19:10	19:16	19:23
3.2	**98.8**		Start of 3rd lap (1 to go)	19:14	19:20	19:27
0.1	**101.9**	🚚	Caravan bypass Left on 7e rue	19:18	19:25	19:32
0.0	**102.0**	⚑	**Finish** **Time and points bonus**	**19:18**	**19:25**	**19:32**

Points and bonifications :

Bonus sprint : 3-2-1 sec & 6-4-2 pts

Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts

KOM : 5-3-2 points