

# 2024 Tour de l'Abitibi Glencore



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## ***TECHNICAL GUIDE***

### ***COURSES DETAILS***

**54<sup>th</sup> edition**

**July 16 to 21st, 2024**

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## Notes

In order to avoid wasting paper and to facilitate updates to the document, only the details of the courses will be available in paper format.

Please refer to the website : <https://tourabitibi.github.io/guide2024/EN> for complete technical guide information.

# Schedule

Date	Event	Start	Finish
Monday July 15th	Team Presentation Challenge Sprint Abitibi	<b>17h</b>  <b>18h</b> Val-d'Or , City Hall	<b>17h30</b>  <b>19h30</b> Val-d'Or , City Hall
Tuesday July 16th	<b>Road race</b> Rouyn-Noranda - Val-d'Or (via 117) Distance : 106 km + (3 x 3,2 km) = 115,6 km <b>Stage 1</b> (3 km controlled start)	<b>16:45</b> Rouyn-Noranda, CEGEP	Circuit arrival : <b>19:13</b> Finish : <b>19:26</b> Val-d'Or, Town Hall
Wednesday July 17th	<b>Road race</b> Amos - Val-d'Or (via Barraute) <b>Stage 2</b> Distance : 92,4 km + (3 x 3,2 km) = 102 km (4.5 km controlled start)	<b>17:00</b> Amos, Cathédrale	Circuit arrival : <b>19:12</b> Finish : <b>19:25</b> Val-d'Or, Town Hall
Thursday July 18th (AM)	Individual Time Trial Cité de l'Or Val-d'Or <b>Stage 3 (half-stage)</b> Distance : 8,3 km	First start : <b>09:00</b> First arrival : <b>10:46</b> Val-d'Or, Cité de l'Or	Last start : <b>09:10</b> Last arrival : <b>10:56</b> Val-d'Or, Cité de l'Or
Thursday July 18th (PM)	Road race Malartic - Cadillac - Malartic Distance : 58,4 km <b>Stage 4 (half-stage)</b> (2.1 km controlled start)	<b>18:15</b> Malartic, Mineralogical Museum of A-T	<b>19:33</b> Malartic, Mineralogical Museum of A-T
Friday July 19th	Road race Senneterre ↗ Senneterre (via Val-d'Or) <b>Stage 5</b> Distance : 140 km (5 km controlled start)	<b>14:00</b> Senneterre, Town Hall	<b>17:22</b> Senneterre, Mount Bell
Saturday July 20th	Urban Circuit Val-d'Or ↗ Distance : 12 x 10,4 km = 124,8 km <b>Stage 6</b>	<b>16:30</b> Val-d'Or, Town Hall	<b>19:20</b> Val-d'Or, Town Hall
Sunday July 21th	Road race Senneterre - Val-d'Or (via Louvicourt) <b>Stage 7</b> Distance : 66,3 km + (10 x 5,2 km) = 118,3 km (3 km controlled start)	<b>14:00</b> Senneterre, Town Hall	Circuit arrival : <b>15:34</b> Finish : <b>16:45</b> Val-d'Or, Town Hall

## Stage 1 : Rouyn-Noranda - Val-d'Or

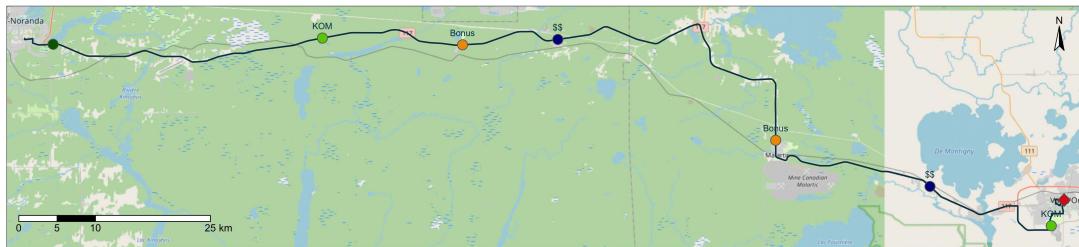
Tuesday, July 16th, 2024

$$106 \text{ km} + (3 \times 3,2 \text{ km}) = 115,6 \text{ km}$$



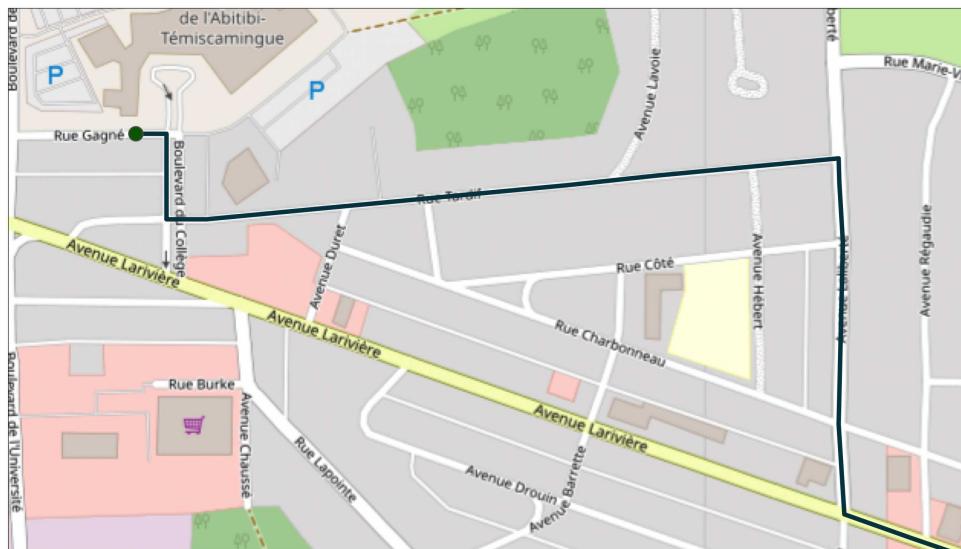
	Time
Start	16:45
Circuit entrance	19:13
Finish	19:26

### Course



## STAGE 1 : ROUYN-NORANDA - VAL-D'OR

### Start details



- Neutralized start on 3 km

### Finish details



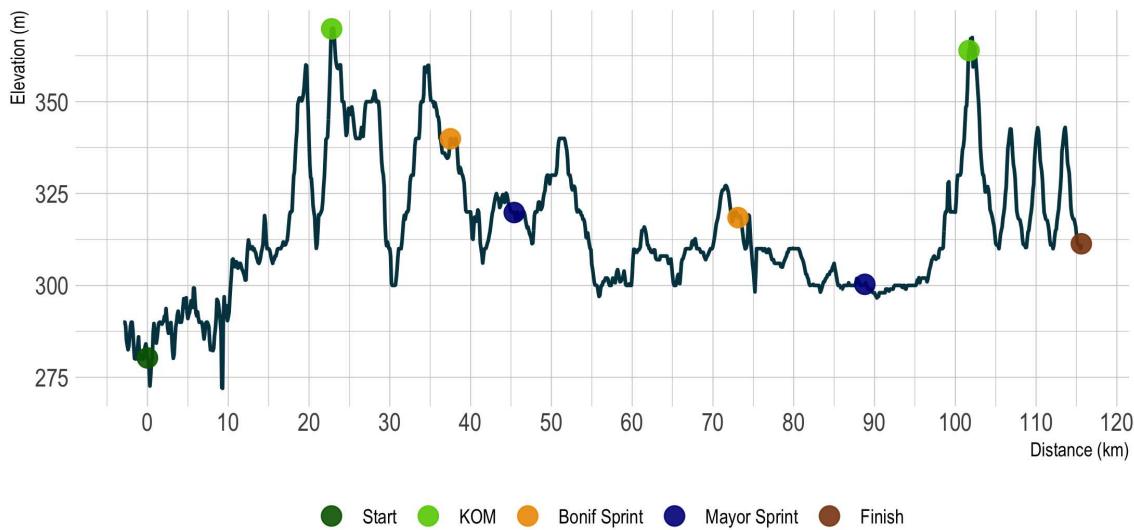
- 3 full counterclockwise laps of the 3.2 km finish circuit
- The entrance to the circuit is located at the intersection of 7e Rue and 1ère Avenue.

## STAGE 1 : ROUYN-NORANDA - VAL-D'OR

### Elevation

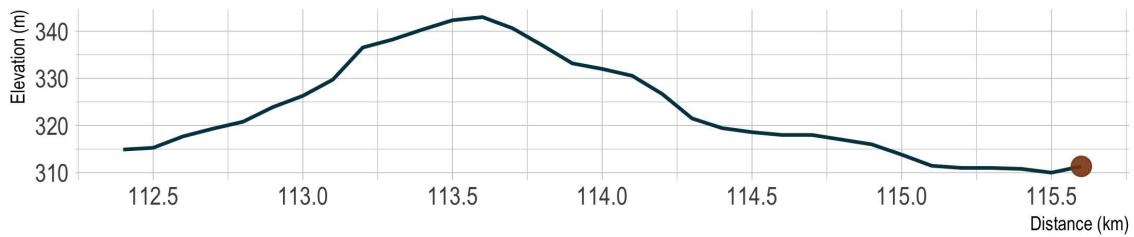
#### Stage 1 - Topographic profile

Rouyn-Noranda - Val-d'Or (106 km + (3 x 3,2 km) = 115,6 km)



#### Stage 1 - Topographic profile - Last 3.2 km

Rouyn-Noranda - Val-d'Or (106 km + (3 x 3,2 km) = 115,6 km)



km			Course	Rouyn-Noranda - Val-d'Or	km/h		
to go	done	info		106 km + (3 x 3,2 km) = 115,6 km	46	44	42
118.6	<b>-3.0</b>	▷		Start - Rouyn-Noranda Abitibi-Témiscamingue CEGEP	16:45	16:45	16:45
118.5	<b>-2.9</b>	→		Boulevard du Collège	16:45	16:45	16:45
118.4	<b>-2.8</b>	←		Rue Tardif	16:45	16:45	16:45
117.8	<b>-2.2</b>	→		Avenue Laliberté	16:46	16:46	16:46
117.4	<b>-1.8</b>	←		Avenue Larivière / route 117	16:46	16:46	16:46
116.4	<b>-0.8</b>	♂		Round about 1st exit straight ahead Route 117	16:47	16:47	16:48
115.6	<b>0.0</b>	▣		Official start	16:48	16:49	16:49
111.0	<b>4.6</b>	ℹ		McWatters	16:54	16:55	16:55
110.6	<b>5.0</b>	⚠		Oblique railroad crossing	16:55	16:55	16:56
106.4	<b>9.2</b>	⚠		Bridge	17:00	17:01	17:02
104.5	<b>11.1</b>	ℹ		Rouyn-Noranda Regional airport	17:03	17:04	17:05
93.9	<b>21.7</b>	⚠		Oblique railroad crossing	17:17	17:18	17:20
91.5	<b>24.1</b>	▲		KOM Points 100m before chemin Bousquet	17:20	17:21	17:23
85.6	<b>30.0</b>	⌘		Feed open	17:27	17:29	17:32
83.5	<b>32.1</b>	⚠		Bridge	17:30	17:32	17:35
79.0	<b>36.6</b>	▣		Bonification Sprint - times and points Camping Lac Normand	17:36	17:39	17:41
70.9	<b>44.7</b>	ℹ		Cadillac	17:47	17:50	17:53
70.2	<b>45.4</b>	\$		Rouyn-Noranda Mayor's sprint \$250 Cadillac gas station	17:48	17:50	17:54
57.7	<b>57.9</b>	ℹ		Town of Rivière-Héva	18:04	18:08	18:12
57.3	<b>58.3</b>	♂		Route 117	18:04	18:08	18:12
48.0	<b>67.6</b>	♂		Route 117	18:17	18:21	18:25
42.5	<b>73.1</b>	▣		Bonification Sprint - times and points 100m before chemin des pompiers Malartic	18:24	18:28	18:33
42.4	<b>73.2</b>	ℹ		Town of Malartic	18:24	18:28	18:33
42.1	<b>73.5</b>	♂		Round about 2nd exit straight ahead Rue Royale / Route 117	18:24	18:29	18:34
41.4	<b>74.2</b>	⚠		railroad crossing	18:25	18:30	18:35
40.3	<b>75.3</b>	⊗		Trash zone (on 200 m)	18:27	18:31	18:36
36.8	<b>78.8</b>	ℹ		Agnico-Eagle mine - project Odyssey	18:31	18:36	18:41
26.8	<b>88.8</b>	\$		Rouyn-Noranda Mayor's sprint \$250 Dubuisson school	18:44	18:50	18:56
21.4	<b>94.2</b>	⚠		Thompson river bridge	18:51	18:57	19:03
20.1	<b>95.5</b>	⌘		Feed closed	18:53	18:59	19:05
20.0	<b>95.6</b>	ℹ		Town of Val-d'Or	18:53	18:59	19:05
18.3	<b>97.3</b>	♂		Round about 1st exit on theright Boulevard Barette	18:55	19:01	19:08
13.7	<b>101.9</b>	←		Boulevard Sabourin	19:01	19:08	19:14
13.4	<b>102.2</b>	▲		KOM Points Snow ddeposit road	19:02	19:08	19:15
12.3	<b>103.3</b>	→		Boulevard des Pins	19:03	19:09	19:16
11.3	<b>104.3</b>	←		7e rue	19:04	19:11	19:18
10.3	<b>105.3</b>	→		Circuit finish entrance 1ere avenue	19:06	19:12	19:19
9.9	<b>105.7</b>	←		Rue d'Ukraine	19:06	19:13	19:20
9.9	<b>105.7</b>	←		2e avenue	19:06	19:13	19:20
9.5	<b>106.1</b>	↑		Start of 1st lap (3 laps to go)	19:07	19:13	19:20
9.2	<b>106.4</b>	←		Rue Wolfe	19:07	19:14	19:21
9.0	<b>106.6</b>	→		1e avenue	19:07	19:14	19:21
8.5	<b>107.1</b>	←		1e rue	19:08	19:15	19:22
8.1	<b>107.5</b>	←		Avenue Delormier	19:09	19:15	19:22
7.7	<b>107.9</b>	←		6e rue	19:09	19:16	19:23
7.3	<b>108.3</b>	→		1e avenue	19:10	19:16	19:23
6.8	<b>108.8</b>	←		Rue d'Ukraine	19:10	19:17	19:24
6.7	<b>108.9</b>	←		2e avenue	19:10	19:17	19:24
6.3	<b>109.3</b>	↑		Start of 2nd lap (2 laps to go)	19:11	19:18	19:25
3.1	<b>112.5</b>			Start of 3rd lap (1 laps to go)	19:15	19:22	19:29
0.1	<b>115.5</b>	☒		Caravan bypass Left on 7e rue	19:19	19:26	19:34
0.0	<b>115.6</b>	▣		Finish Time and points bonus	19:19	19:26	19:34

**Points and bonifications :**

Bonus sprint : 3:2-1 sec & 6:4-2 pts

Finish : 10:6-4 sec & 30:24-20:16-12:10:8-6:4-2 pts

KOM : 5:3-2 points

## Stage 2 : Amos - Val-d'Or

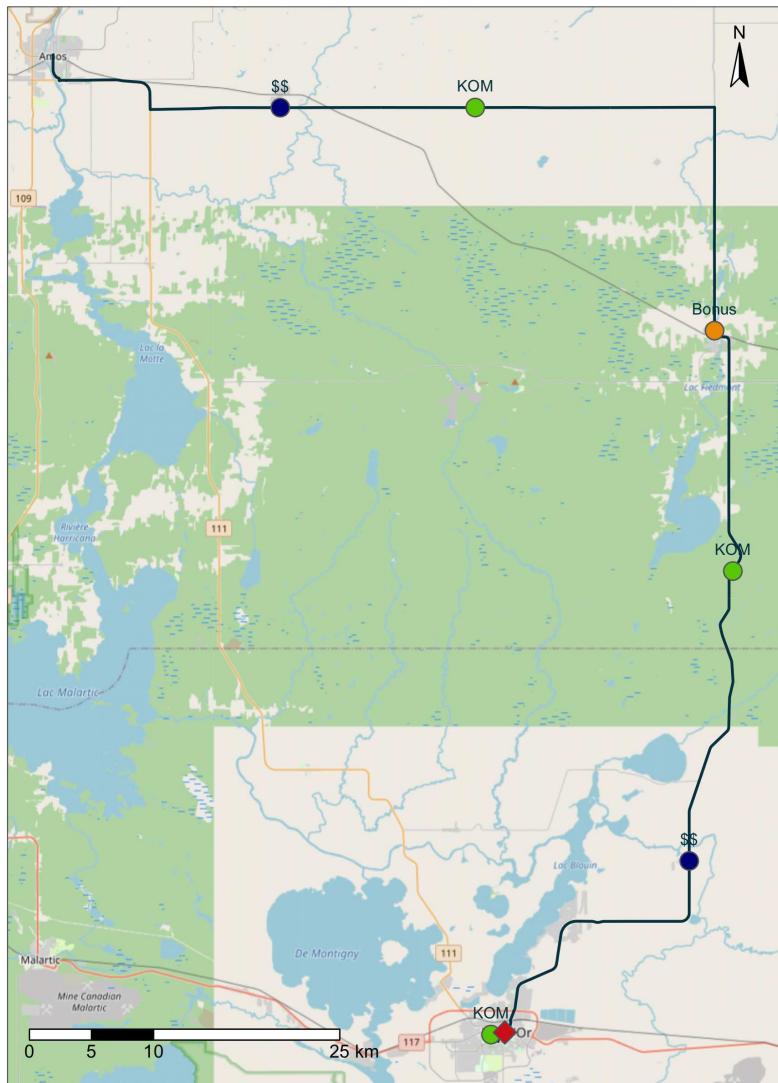
Wednesday, July 17th, 2024

$$92,4 \text{ km} + (3 \times 3,2 \text{ km}) = 102 \text{ km}$$

Québec 

	Time
Start	17:00
Finish	19:25

### Course



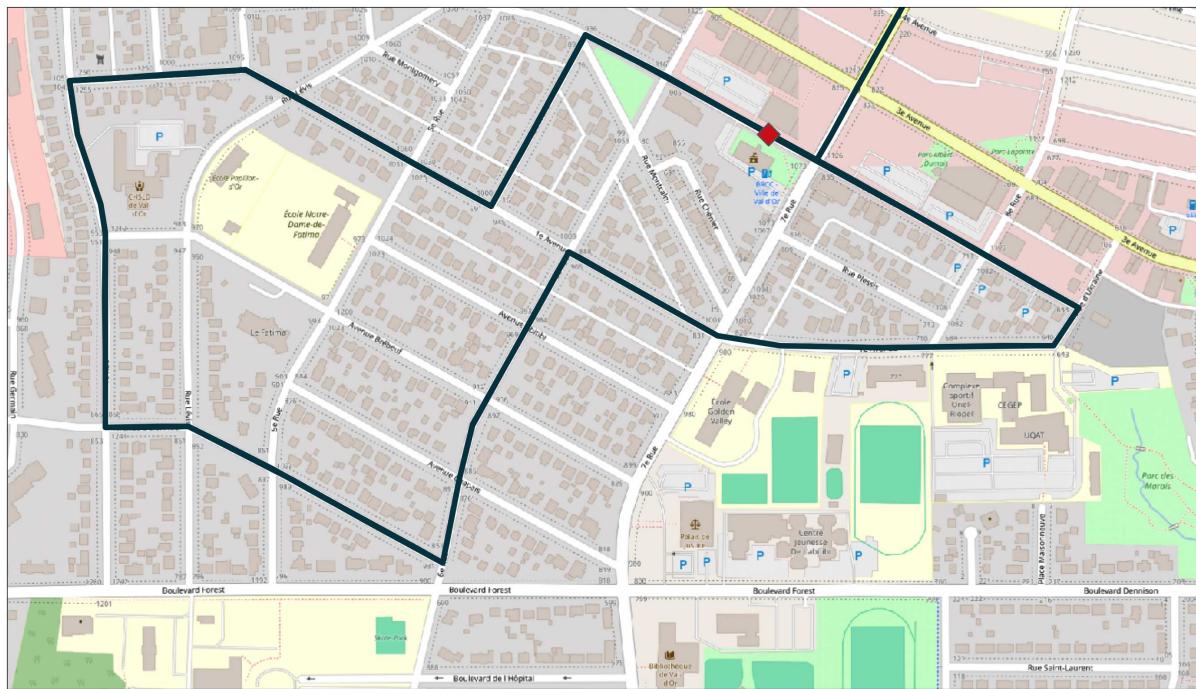
## STAGE 2 : AMOS - VAL-D'OR

### Start details



- Neutralized start on 4.5 km

## Finish details



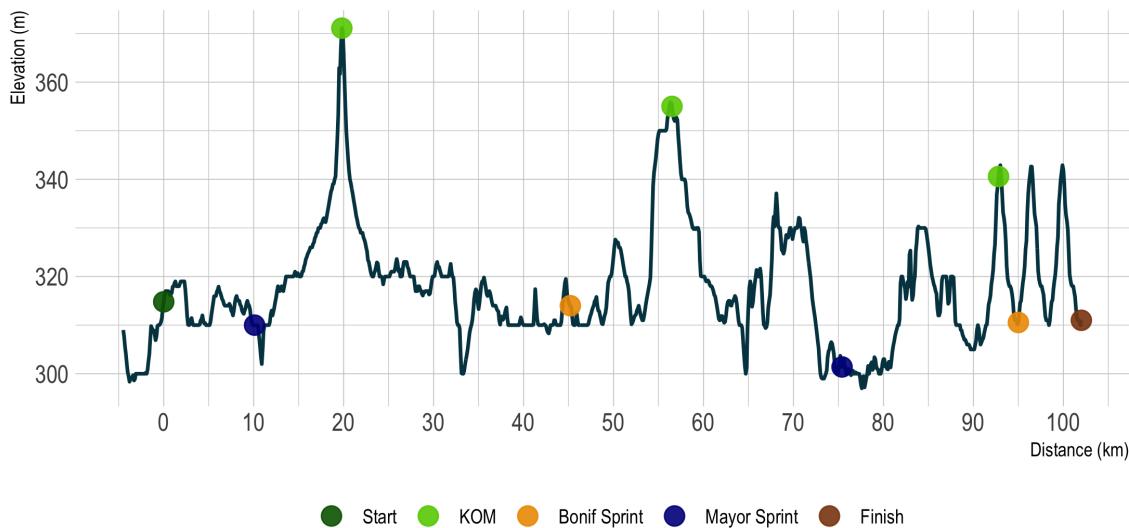
- 3 full counterclockwise laps of the 3.2 km finish circuit
- The entrance to the circuit is located at the intersection of 7e Rue and 2e Avenue.

## STAGE 2 : AMOS - VAL-D'OR

### Elevation

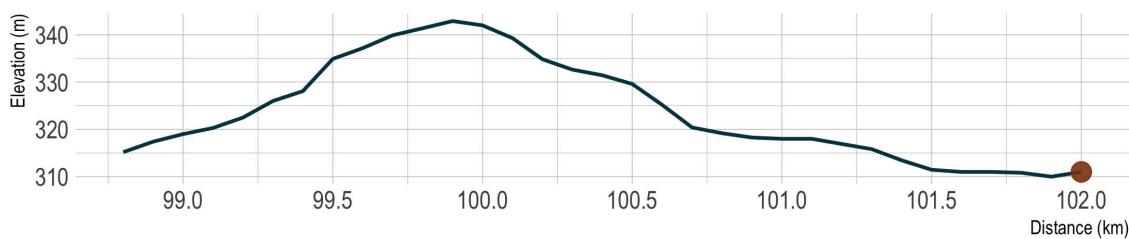
#### Stage 2 - Topographic profile

Amos - Val-d'Or (92,4 km + (3 x 3,2 km) = 102 km)



#### Stage 2 - Topographic profile - Last 3.2 km

Amos - Val-d'Or (92,4 km + (3 x 3,2 km) = 102 km)



km			Course	Amos - Val-d'Or	km/h		
to go	done	info		92,4 km + (3 x 3,2 km) = 102 km	46	44	42
106.5	-4.5	▷		Start - Amos - Cathedral	17:00	17:00	17:00
106.3	-4.3	△		Railroad	17:00	17:00	17:00
106.2	-4.2	→		Rue Principale Sud	17:00	17:00	17:00
104.9	-2.9	♂		Round about 2nd exit on left Route 111	17:02	17:02	17:02
104.5	-2.5	♂		Round about 2nd exit straight ahead Route 111	17:02	17:02	17:02
102.0	0.0	▶		Official start	17:05	17:06	17:06
98.8	3.2	←		Route 386	17:10	17:10	17:10
92.5	9.5	ℹ		Landrienne	17:18	17:19	17:20
91.9	10.1	\$		Amos Mayor's sprint \$250 Rue des Pionniers/du Moulin Landrienne	17:19	17:19	17:20
89.3	12.7	△		Oblique Railroad	17:22	17:23	17:24
81.5	20.5	▲		Point GPM Esker summit (ch. Lac La Paix)	17:32	17:34	17:35
72.0	30.0	⌚		Feed open	17:45	17:47	17:49
68.7	33.3	→		Route 386/397	17:49	17:51	17:53
67.3	34.7	△		Bridge	17:51	17:53	17:56
61.4	40.6	△		Bridge	17:58	18:01	18:04
57.7	44.3	ℹ		Barraute	18:03	18:06	18:09
56.8	45.2	▶		Sprint bonification temps et points Post office of Barraute	18:04	18:07	18:11
56.6	45.4	△		Railroad	18:05	18:08	18:11
56.3	45.7	♻		Trash zone (200m)	18:05	18:08	18:11
43.0	59.0	▲		Point GPM Esker summit (Val-Senneville Km 32)	18:22	18:26	18:30
35.3	66.7	△		Bridge	18:32	18:37	18:41
27.4	74.6	△		Bridge	18:43	18:47	18:53
26.6	75.4	\$		Amos Mayor's sprint \$250 Ch. Paré Val-Senneville	18:44	18:48	18:54
20.0	82.0	⌚		Feed closed	18:52	18:57	19:03
18.5	83.5	ℹ		Val-du-Repos	18:54	19:00	19:05
10.9	91.1	♂		Round about 2nd exit straight ahead 7e rue	19:04	19:10	19:16
10.3	91.7	△		Railroad	19:05	19:11	19:17
9.6	92.4	→		Circuit finish entrance 2e avenue	19:06	19:12	19:18
9.5	92.5	↑		Start of 1st lap (3 to go)	19:06	19:12	19:18
9.3	92.7	←		Rue Wolfe	19:06	19:12	19:18
9.0	93.0	→		1e Avenue	19:07	19:12	19:19
8.5	93.5	←		1e Rue	19:07	19:13	19:19
8.4	93.6	▲		Point GPM Rue Brébeuf	19:08	19:13	19:20
8.1	93.9	←		Avenue Delorimier	19:08	19:14	19:20
7.7	94.3	←		6e Rue	19:08	19:14	19:21
7.3	94.7	→		1e Avenue	19:09	19:15	19:21
6.8	95.2	←		Rue d'Ukraine	19:10	19:15	19:22
6.7	95.3	←		2e Avenue	19:10	19:16	19:22
6.3	95.7	▶		Start of 2nd lap (2 to go) Bonification sprint - times and points	19:10	19:16	19:23
3.2	98.8			Start of 3rd lap (1 to go)	19:14	19:20	19:27
0.1	101.9	⟲		Caravan bypass Left on 7e rue	19:18	19:25	19:32
0.0	102.0	▶		Finish Time and points bonus	19:18	19:25	19:32

#### Points and bonifications :

Bonus sprint : 3-2-1 sec & 6-4-2 pts

Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts

KOM : 5-3-2 points

## Stage 3 - ITT

Thursday, July 18th, 2024

8.3 km

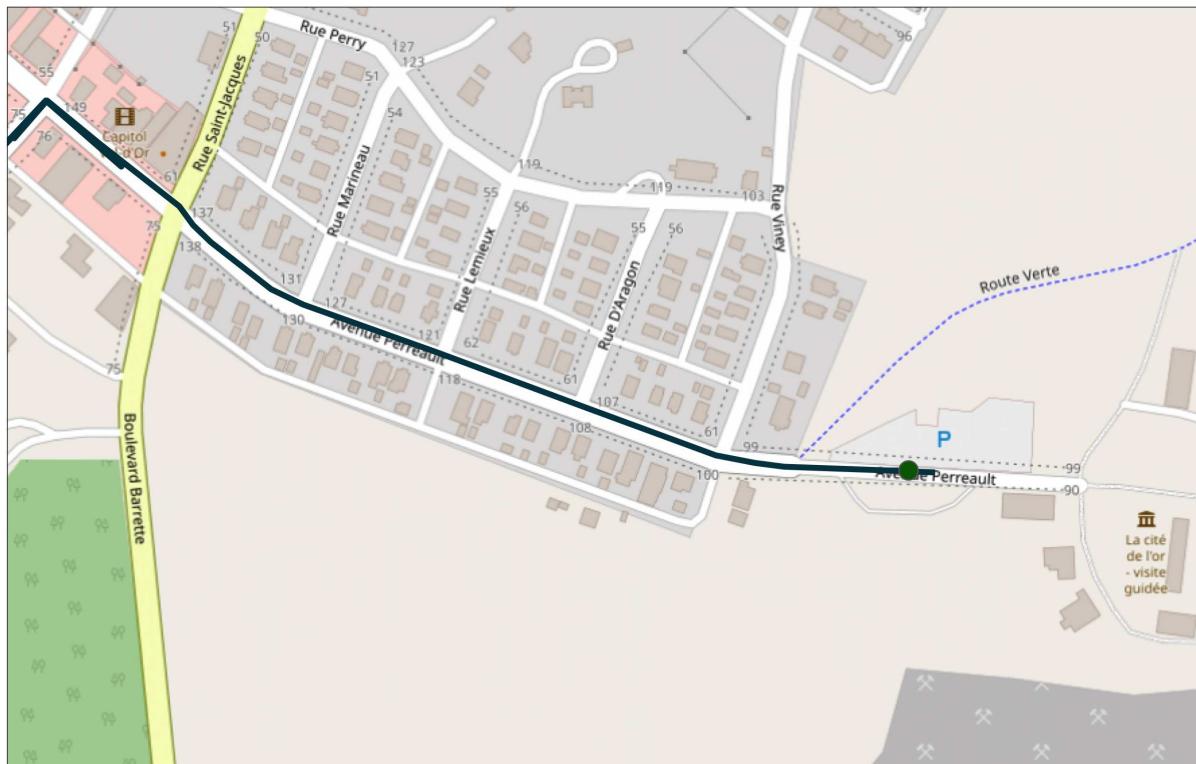


Time	
First start	09:00
First finish	09:10
Last start	10:46
Last finish	10:56

### Course



## Start and finish details



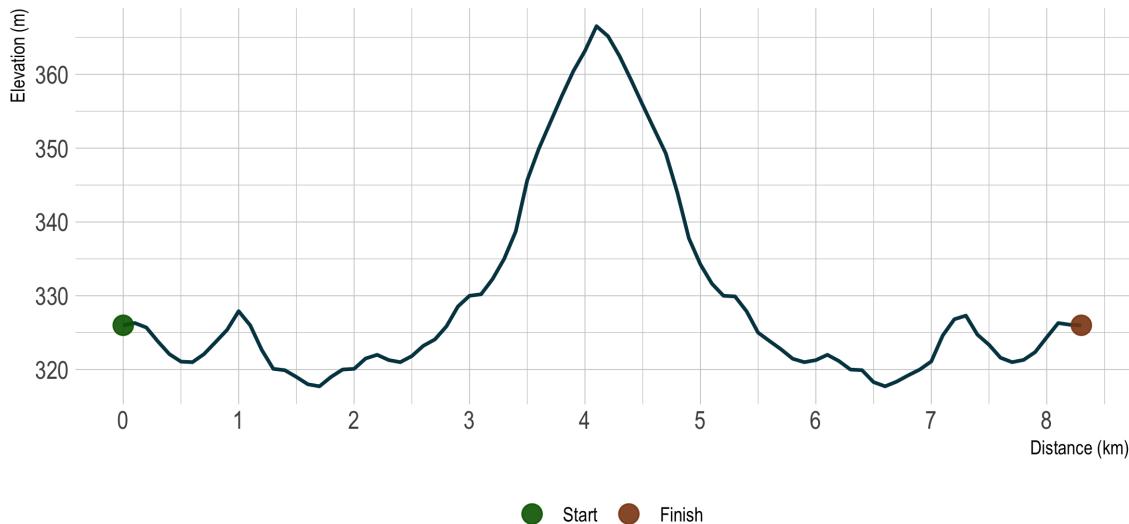
⌚ Round-trip time trial : 2 x 4.15 km

## STAGE 3 - ITT

### Elevation

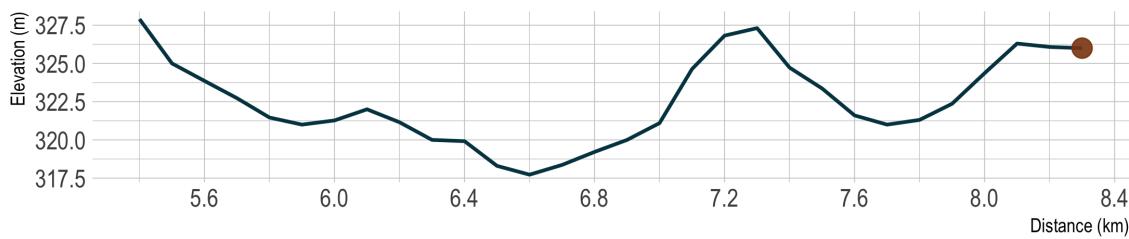
#### Stage 3 - Topographic profile

VD - CLMI (8,3 km)



#### Stage 3 - Topographic profile - Last 3 km

VD - CLMI (8,3 km)



km		Course	VD - CLMI	km/h		
to go	done	info	8,3 km	48	46	42
8.3	<b>0.0</b>	▶	Start - Citée de l'Or - Val-d'Or	09:00	09:00	09:00
7.5	<b>0.8</b>	→	Boulevard Dennisson	09:01	09:01	09:01
7.3	<b>1.0</b>	↗	On the right side of the central median	09:01	09:01	09:01
6.6	<b>1.7</b>	←	Rue Self	09:02	09:02	09:02
5.7	<b>2.6</b>	↖	Left of the central median before the 7th street intersection Start of counterflow traffic (southbound lane)	09:03	09:03	09:03
5.6	<b>2.7</b>	↑	Boulevard des Pins	09:03	09:03	09:03
4.6	<b>3.7</b>	←	Boulevard Sabourin	09:04	09:04	09:05
4.3	<b>4.0</b>	←	Rotary observation tower Parking	09:05	09:05	09:05
4.2	<b>4.1</b>	↺	Turn-around at the back of the parking	09:05	09:05	09:05
4.1	<b>4.2</b>	→	Parking exit	09:05	09:05	09:06
3.8	<b>4.5</b>	→	Boulevard des Pins Sharp turn in the descent	09:05	09:05	09:06
2.8	<b>5.5</b>	↑	Rue Self	09:06	09:07	09:07
1.8	<b>6.5</b>	→	Boulevard Dennisson	09:08	09:08	09:09
1.3	<b>7.0</b>	↗	On the right side of the central median	09:08	09:09	09:09
0.9	<b>7.4</b>	←	Rue Allard	09:09	09:09	09:10
0.6	<b>7.7</b>	→	Avenue Perreault	09:09	09:09	09:10
<b>0.0</b>	<b>8.3</b>	▶	<b>Finish</b>	<b>09:10</b>	<b>09:10</b>	<b>09:11</b>

## Stage 4 : Malartic - Cadillac - Malartic

Thursday, July 18th, 2024

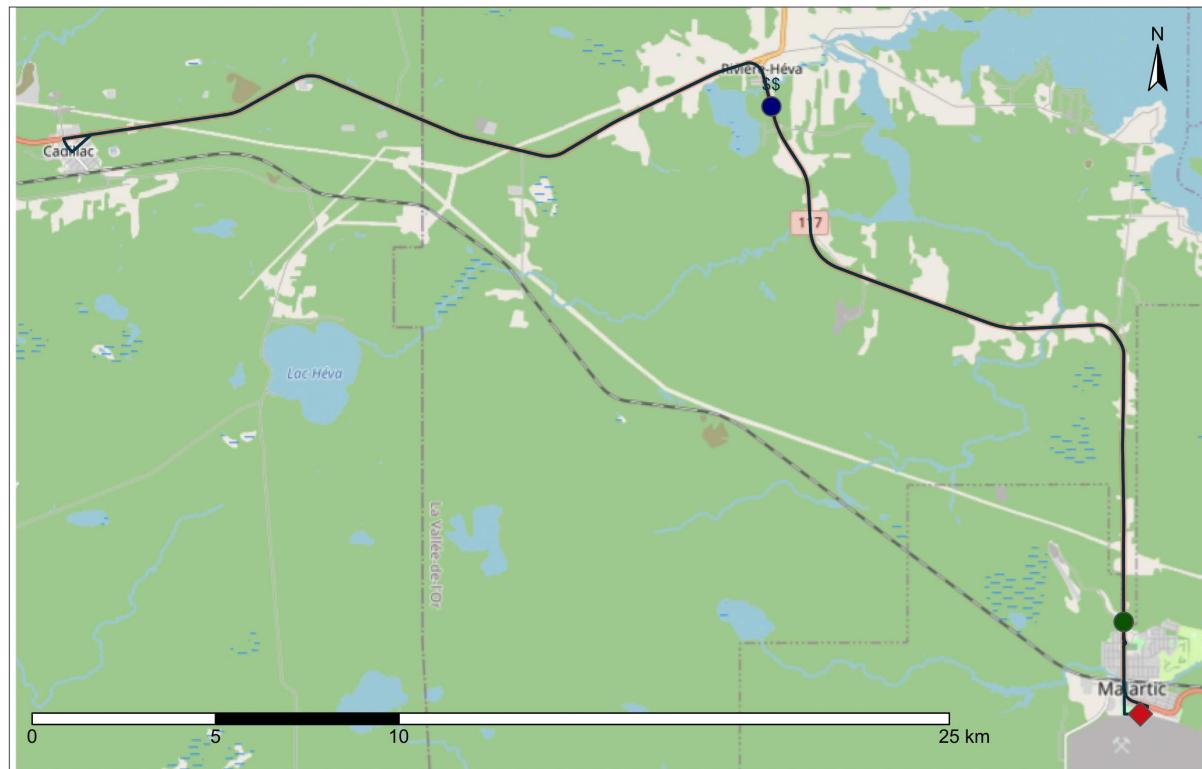
58,4 km



AGNICO EAGLE

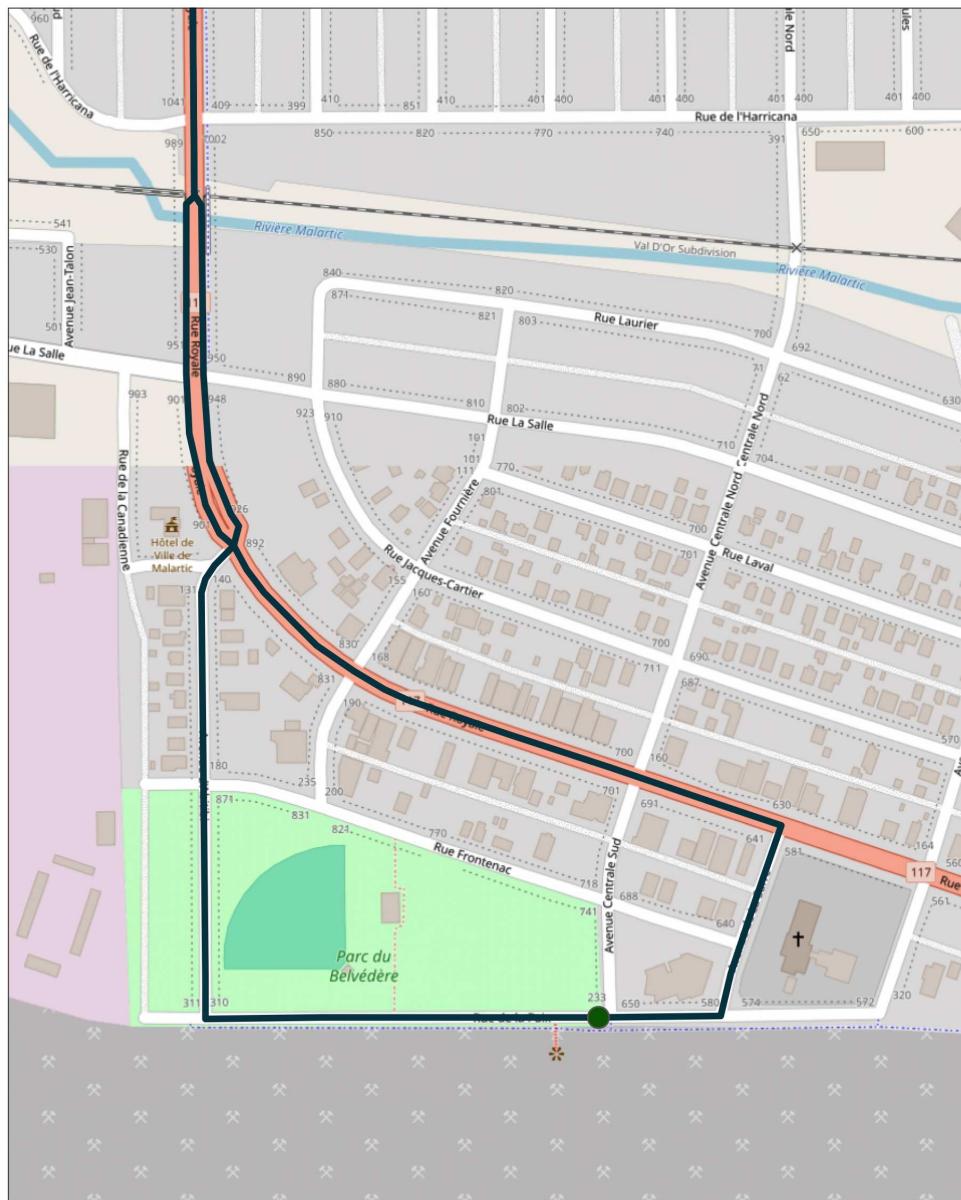
	Time
Start	18:15
Finish	19:33

### Course



## STAGE 4 : MALARTIC - CADILLAC - MALARTIC

### Start and finish details



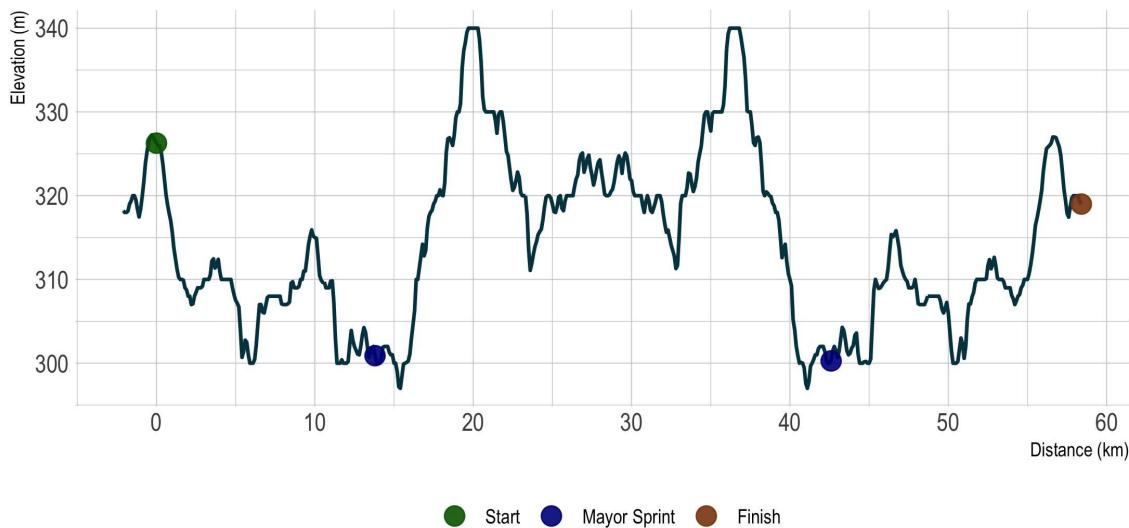
- ☞ Neutralized start on 2.1 km
- ☞ Dinner will be served at the *Centre Michel-Brière*

## STAGE 4 : MALARTIC - CADILLAC - MALARTIC

### Elevation

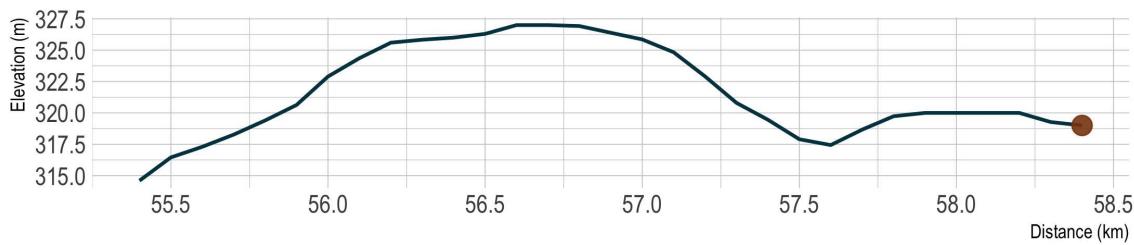
#### Stage 4 - Topographic profile

Malartic - Cadillac - Malartic (58,4 km)



#### Stage 4 - Topographic profile - Last 3 km

Malartic - Cadillac - Malartic (58,4 km)



km	Course	Malartic - Cadillac - Malartic			km/h
to go	done	info		58,4 km	49    46    44
60.5	<b>-2.1</b>	▷		Start - Malartic Musée Minéralogique de l'Abitibi-Témiscamingue ( <a href="https://www.museemalartic.qc.ca/en/index.cfm">https://www.museemalartic.qc.ca/en/index.cfm</a> )	18:15 18:15 18:15
60.4	<b>-2.0</b>	←		Avenue de La Sarre	18:15 18:15 18:15
60.3	<b>-1.9</b>	←		Avenue Royale / Route 117	18:15 18:15 18:15
59.8	<b>-1.4</b>	↗		Central median - 1 lane on the righth	18:15 18:15 18:15
59.5	<b>-1.1</b>	⚠		Railroad crossing	18:16 18:16 18:16
58.9	<b>-0.5</b>	♂		Round about 2nd exit straight ahead Route 117	18:16 18:17 18:17
58.4	<b>0.0</b>	🚩		Official start	18:17 18:17 18:17
53.5	<b>4.9</b>	↖		Route 117	18:23 18:24 18:24
44.6	<b>13.8</b>	\$		Malartic Mayor's Sprint - 250\$ (Road sign « Malartic 15 - Val-d'Or 45 »)	18:34 18:35 18:36
44.2	<b>14.2</b>	ℹ		Rivière-Héva	18:34 18:36 18:37
43.9	<b>14.5</b>	↖		Route 117	18:35 18:36 18:37
30.9	<b>27.5</b>	ℹ		Cadillac	18:51 18:53 18:55
30.3	<b>28.1</b>	←		Rue Principale - Cadillac	18:51 18:54 18:56
30.1	<b>28.3</b>	←		2e Avenue E - Cadillac	18:52 18:54 18:56
29.6	<b>28.8</b>	→		Route 117	18:52 18:55 18:57
17.5	<b>40.9</b>	ℹ		Rivière-Héva	19:07 19:11 19:13
16.8	<b>41.6</b>	↗		Route 117	19:08 19:11 19:14
15.8	<b>42.6</b>	\$		Malartic Mayor's Sprint - 250\$ (Road sign « Malartic 15 - Val-d'Or 45 »)	19:09 19:13 19:15
2.0	<b>56.4</b>	ℹ		Malartic	19:26 19:31 19:34
1.8	<b>56.6</b>	♂		Round about 2nd exit straight ahead Avenue Royale / 117	19:26 19:31 19:35
0.9	<b>57.5</b>	⚠		Railroad crossing	19:27 19:32 19:36
0.9	<b>57.5</b>	↗		Central median - 1 lane on the righth	19:27 19:32 19:36
0.6	<b>57.8</b>	→		Chicane toward Avenue Abitibi	19:28 19:33 19:36
0.5	<b>57.9</b>	↖		Caravan bypass Right on Rue Frontenac	19:28 19:33 19:36
0.3	<b>58.1</b>	←		Rue de la Paix	19:28 19:33 19:37
0.0	<b>58.4</b>	🚩		Finish Time and points bonus	19:29 19:33 19:37

#### Points and bonifications :

Finish : 6-4-2 sec & 30-24-20-16-12-10-8-6-4-2 pts

## Stage 5 : Senneterre - VD - Senneterre

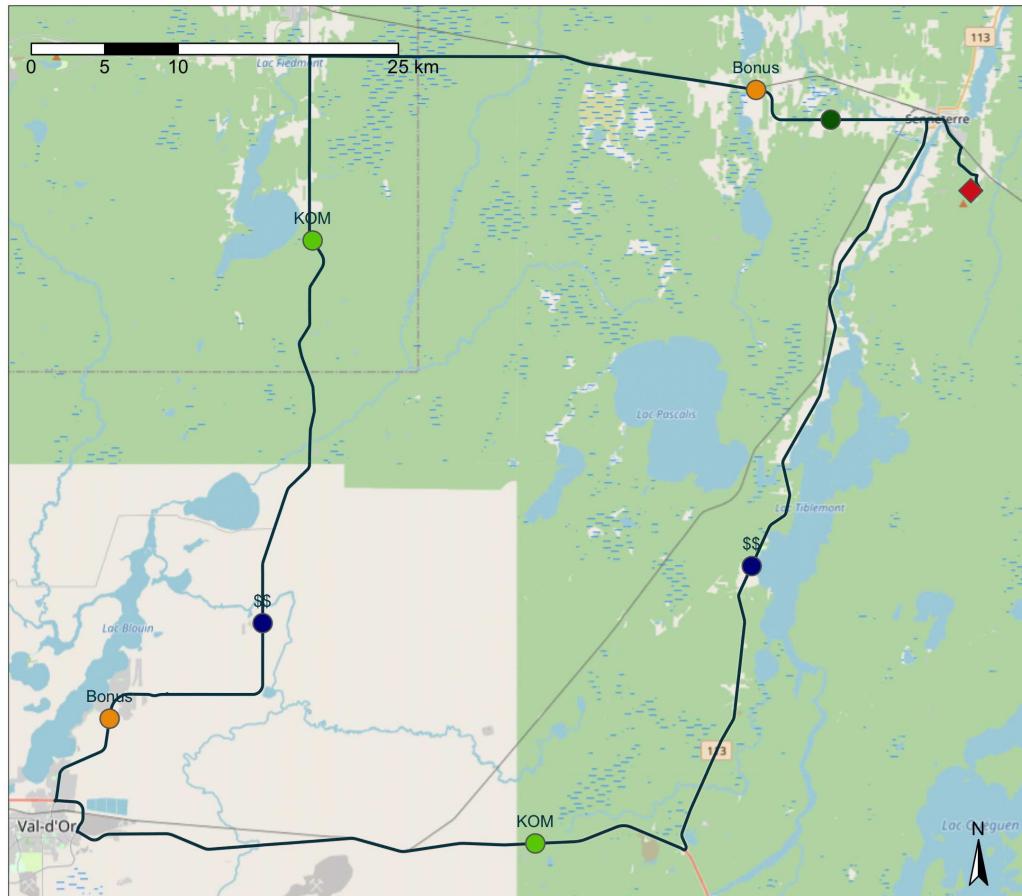
Friday, July 19th, 2024

140 km



	Time
Start	14:00
Finish	17:22

### Course



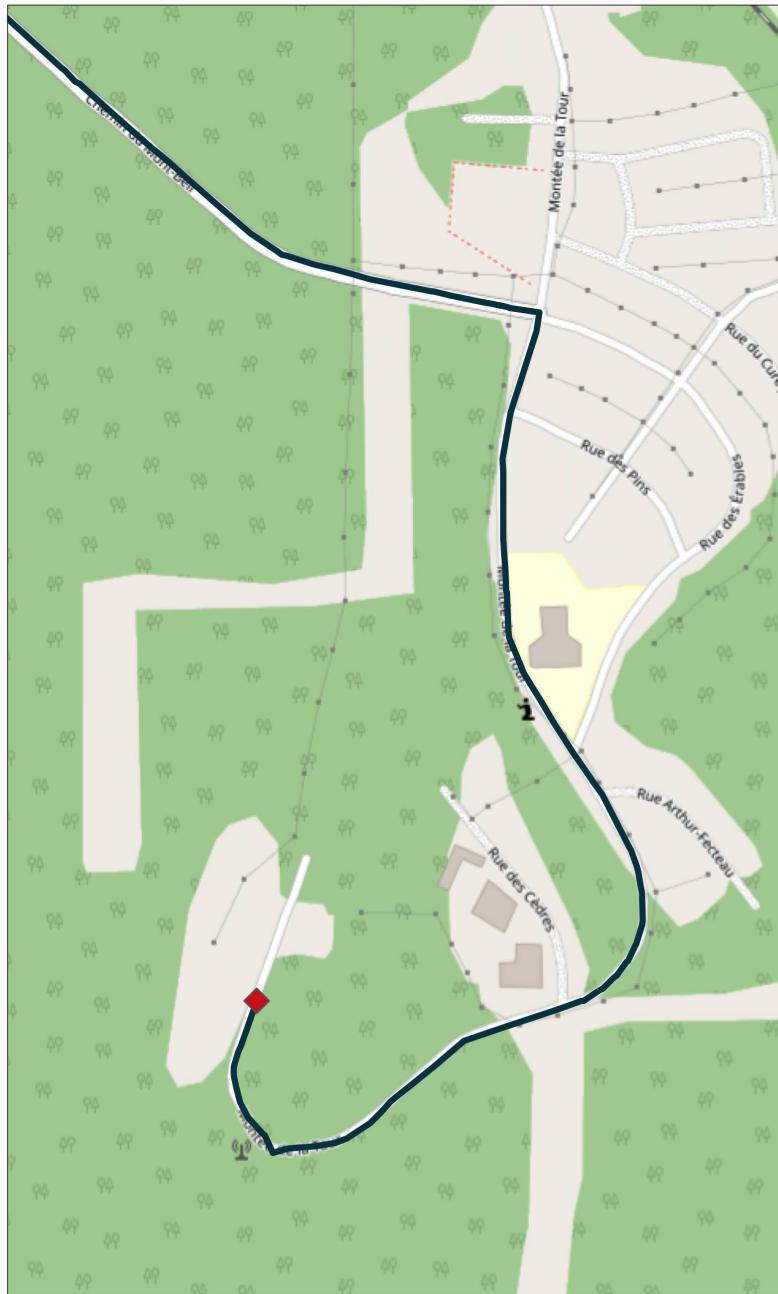
## STAGE 5 : SENNETERRE - VD - SENNETERRE

### Start details



⌚ Neutralized start on 5 km

## Finish details



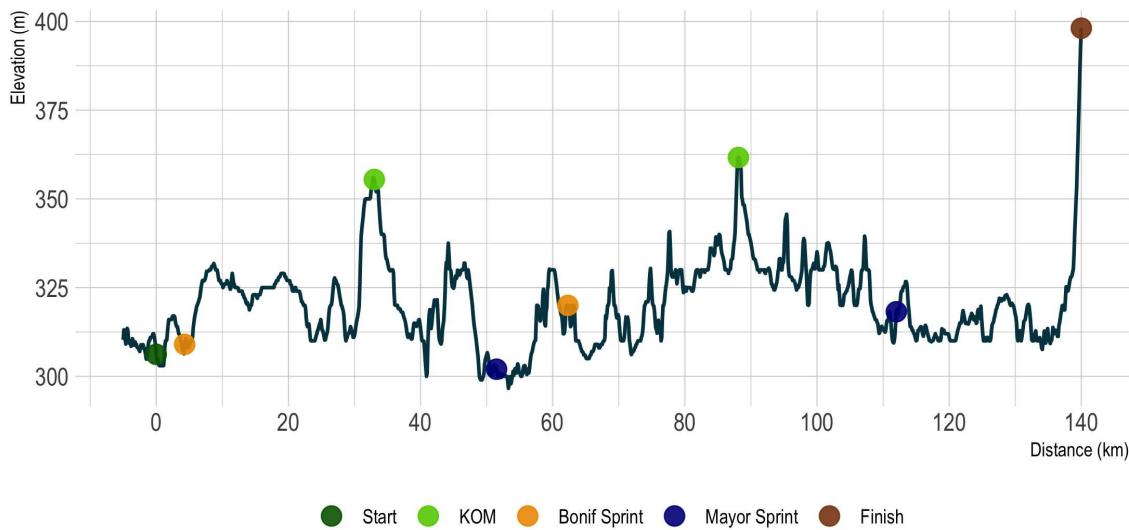
🏁 Finish at mont Bell summit - KOM points doubled

## STAGE 5 : SENNETERRE - VD - SENNETERRE

### Elevation

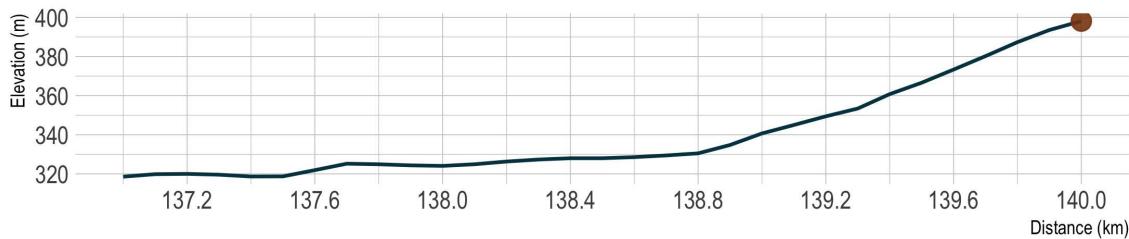
#### Stage 5 - Topographic profile

Senneterre - VD - Senneterre (140 km)



#### Stage 5 - Topographic profile - Last 3 km

Senneterre - VD - Senneterre (140 km)



km		Course	Senneterre - VD - Senneterre	km/h		
to go	done	info	140 km	45	43	41
145.0	<b>-5.0</b>	▷	Start - Senneterre - Town hall	14:00	14:00	14:00
144.3	<b>-4.3</b>	↑	Stay on Route 386	14:00	14:00	14:01
140.0	<b>0.0</b>	▶	Official Start	14:06	14:06	14:07
136.2	<b>3.8</b>	ℹ	Belcourt	14:11	14:12	14:12
135.7	<b>4.3</b>	▶	Bonification Sprint - times and points (Intersection avenue Goulet)	14:12	14:12	14:13
115.4	<b>24.6</b>	←	Route 397	14:39	14:41	14:43
110.0	<b>30.0</b>	☕	Feed open	14:46	14:48	14:51
107.0	<b>33.0</b>	▲	KOM points (Intersection sentier le Kao)	14:50	14:53	14:55
89.2	<b>50.8</b>	ℹ	Val-Senneville	15:14	15:17	15:21
88.5	<b>51.5</b>	\$	Senneterre Mayor's sprint 250\$ (Chemin Paré -Val-Senneville)	15:15	15:18	15:22
77.7	<b>62.3</b>	▶	Bonification Sprint - times and points (Intersection rue Alix)	15:29	15:33	15:38
74.0	<b>66.0</b>	✖	Trash Zone Orbit Garant area	15:34	15:39	15:43
72.7	<b>67.3</b>	⌚	Round about 3rd exit Route 117	15:36	15:40	15:45
72.2	<b>67.8</b>	⚠	Rail road	15:37	15:41	15:46
71.1	<b>68.9</b>	⚠	Rail road	15:38	15:43	15:48
70.2	<b>69.8</b>	⌚	Round about 3rd exit Route 117	15:39	15:44	15:49
48.9	<b>91.1</b>	▲	KOM Points (Mine Aur Ressource)	16:08	16:14	16:20
41.7	<b>98.3</b>	←	Route 113	16:17	16:24	16:31
28.4	<b>111.6</b>	ℹ	Obaska	16:35	16:42	16:50
28.0	<b>112.0</b>	\$	Senneterre Mayor's sprint 250\$ (Camping le Huard)	16:36	16:43	16:51
20.0	<b>120.0</b>	☕	Feed closed	16:46	16:54	17:02
6.0	<b>134.0</b>	ℹ	Senneterre	17:05	17:13	17:23
5.7	<b>134.3</b>	↖	Stay on 6e rue O	17:05	17:14	17:23
5.2	<b>134.8</b>	→	10e Avenue/ Route 386	17:06	17:15	17:24
4.5	<b>135.5</b>	→	Rue du Parc	17:07	17:16	17:25
2.9	<b>137.1</b>	→	Chemin du Mont Bell	17:09	17:18	17:27
1.2	<b>138.8</b>	→	Montée de la Tour	17:11	17:20	17:30
0.4	<b>139.6</b>	⚡	Caravane by pass to the right Support véhicules Courthouse	17:12	17:21	17:31
0.1	<b>139.9</b>	↗	Montée de la tour	17:13	17:22	17:32
<b>0.0</b>	<b>140.0</b>	▶	<b>Final summit Finish Double KOM points Time and points bonus</b>	<b>17:13</b>	<b>17:22</b>	<b>17:32</b>

**Points and bonifications :**

Bonus sprint : 3-2-1 sec & 6-4-2 pts

Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts

KOM : 5-3-2 points

KOM - mountain top finish : 10-6-4 points

## Stage 6 : Val-d'Or - Val-d'Or

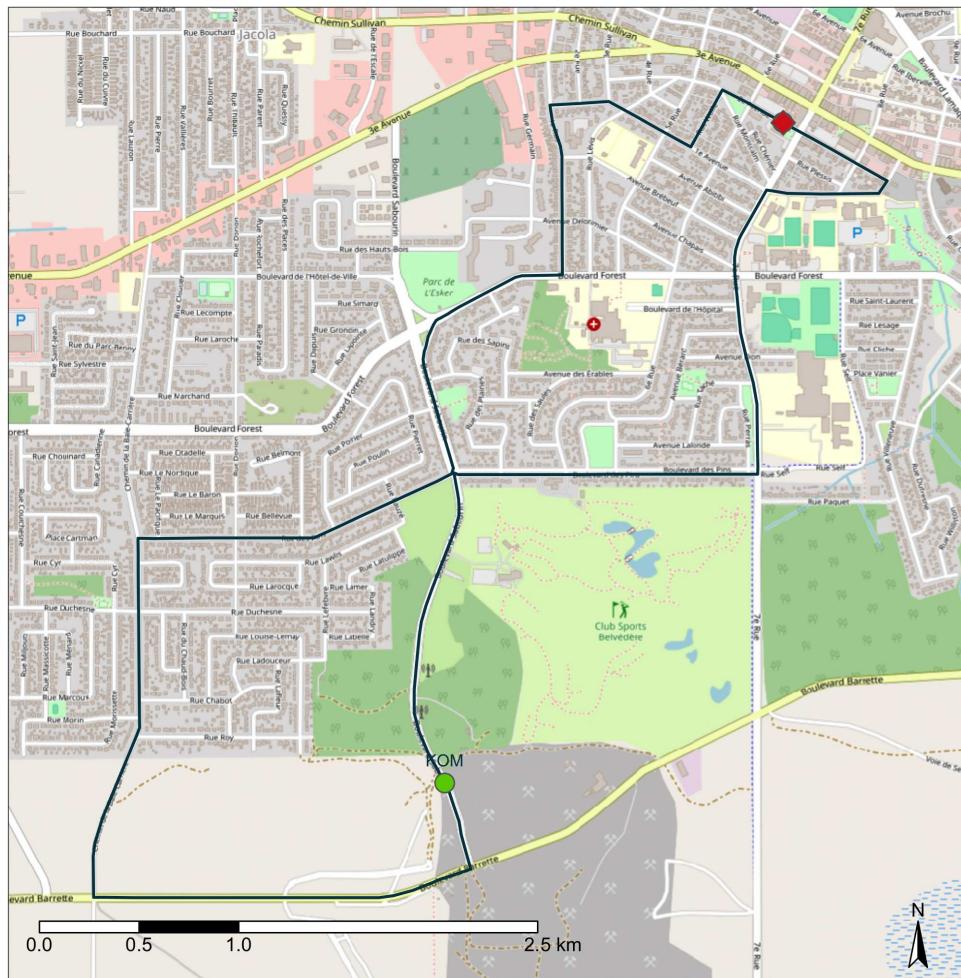
Saturday, July 20th, 2024

$$12 \times 10,4 \text{ km} = 124,8 \text{ km}$$

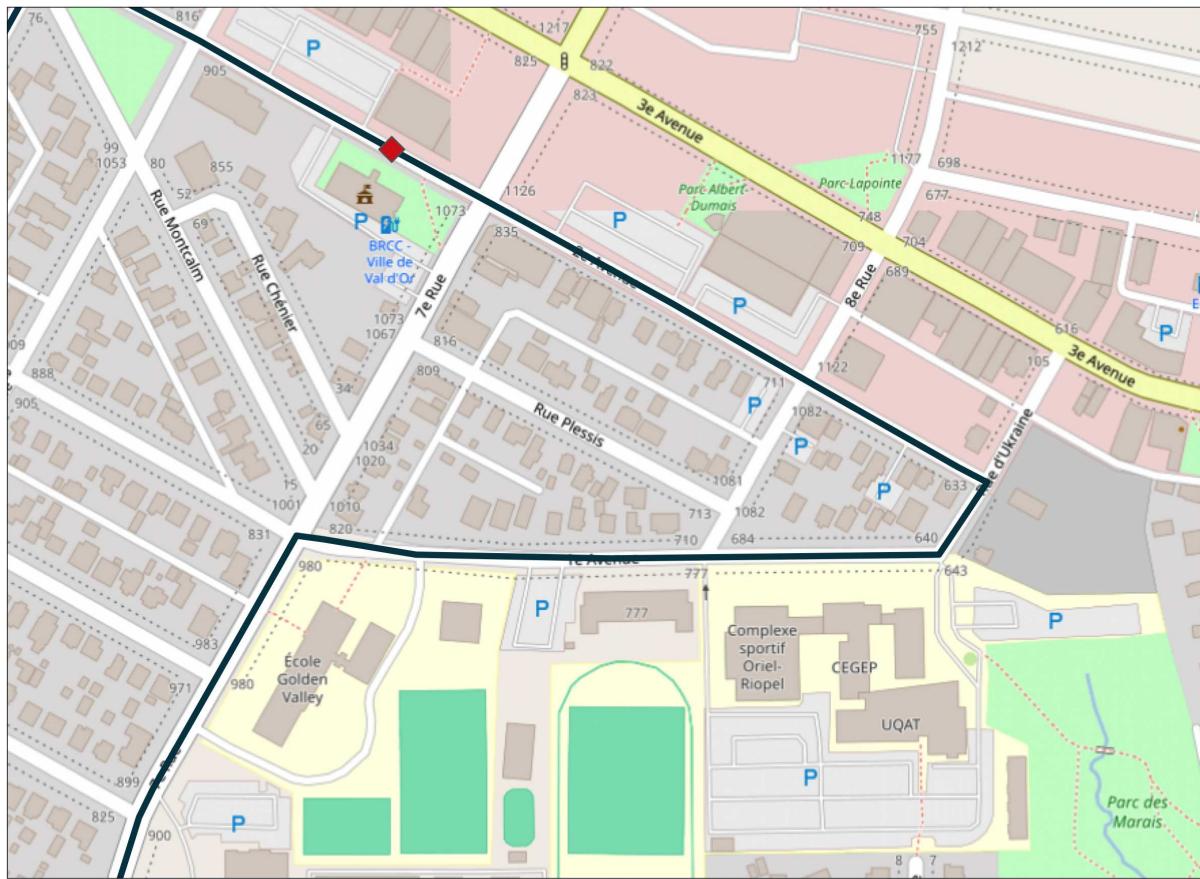


Time	
Start	16:30
Finish	19:20

### Course



## Start and finish details

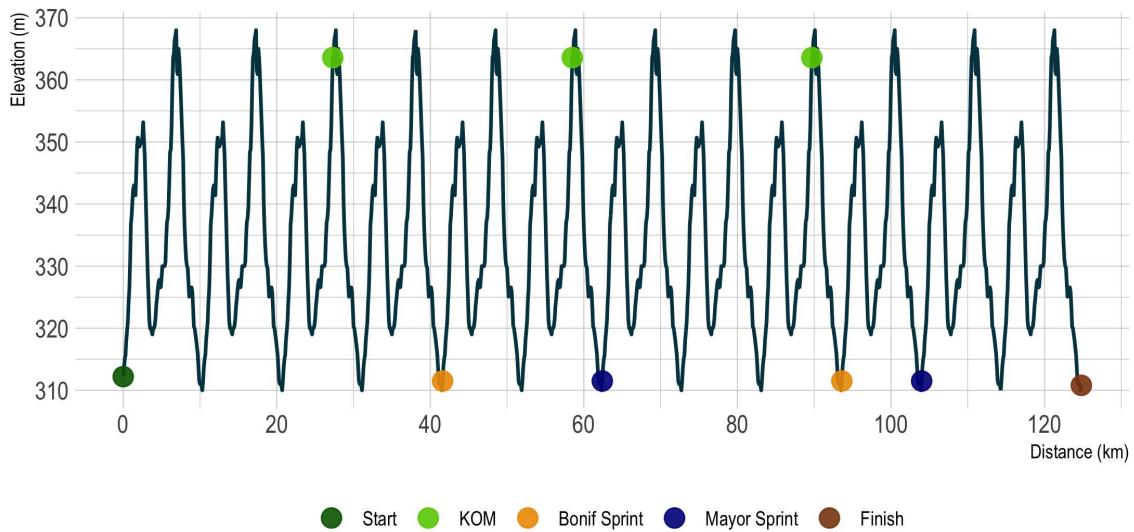


## STAGE 6 : VAL-D'OR - VAL-D'OR

### Elevation

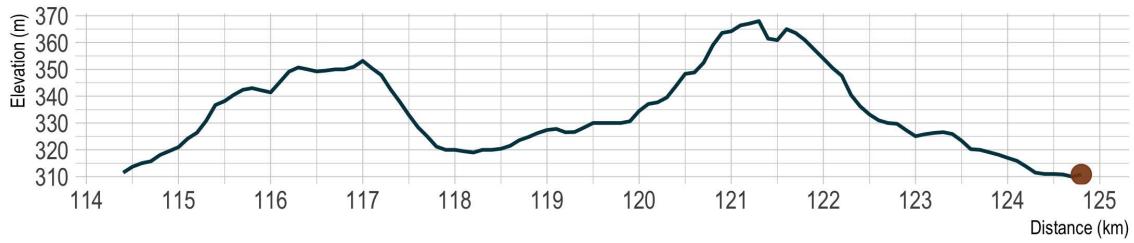
#### Stage 6 - Topographic profile

Val-d'Or - Val-d'Or (12 x 10,4 km = 124,8 km)



#### Stage 6 - Topographic profile - Last 10.4 km

Val-d'Or - Val-d'Or (12 x 10,4 km = 124,8 km)



km		Course	Val-d'Or - Val-d'Or	km/h		
to go	done	info	12 x 10,4 km = 124,8 km	46	44	42
124.8	<b>0.0</b>	▶	Start – Town Hall Val-d'Or	16:30	16:30	16:30
124.6	<b>0.2</b>	←	Rue Wolfe	16:30	16:30	16:30
124.4	<b>0.4</b>	→	1e avenue	16:30	16:30	16:30
123.8	<b>1.0</b>	←	1ere rue	16:31	16:31	16:31
123.3	<b>1.5</b>	→	Boulevard Forest	16:32	16:32	16:32
122.8	<b>2.0</b>	↖	Left of the central median before intersection Start of counterflow traffic (eastbound lane)	16:32	16:32	16:32
122.7	<b>2.1</b>	↖	Boulevard Sabourin	16:32	16:32	16:33
122.3	<b>2.5</b>	→	Boulevard des Pins End of counterflow traffic	16:33	16:33	16:33
121.2	<b>3.6</b>	←	Chemin de la Baie-Carrière	16:34	16:34	16:35
119.9	<b>4.9</b>	←	Boulevard Barette	16:36	16:36	16:36
118.6	<b>6.2</b>	←	Boulevard Sabourin	16:38	16:38	16:38
117.3	<b>7.5</b>	→	Boulevard des Pins	16:39	16:40	16:40
116.2	<b>8.6</b>	←	7e rue	16:41	16:41	16:42
115.3	<b>9.5</b>	→	1e avenue	16:42	16:43	16:43
114.9	<b>9.9</b>	←	Rue d'Ukraine	16:42	16:43	16:44
114.8	<b>10.0</b>	←	2e avenue	16:43	16:43	16:44
114.4	<b>10.4</b>	↑	Start/Finish line Start of 2nd lap (11 laps to go)	16:43	16:44	16:44
104.0	<b>20.8</b>	↑	Start of 3rd lap (10 laps to go)	16:57	16:58	16:59
97.5	<b>27.3</b>	↗	KOM Points - Boul. Sabourin Intersection of snow deposit road	17:05	17:07	17:09
93.6	<b>31.2</b>	↑	Start of 4th lap (9 laps to go)	17:10	17:12	17:14
93.4	<b>31.4</b>	↓	Feed open	17:10	17:12	17:14
83.2	<b>41.6</b>	▶	Start of 5th lap (8 laps to go) Bonification sprint - times and points	17:24	17:26	17:29
72.8	<b>52.0</b>	↑	Start of 6th lap (7 laps to go)	17:37	17:40	17:44
66.3	<b>58.5</b>	↗	KOM Points - Boul. Sabourin Intersection of snow deposit road	17:46	17:49	17:53
62.4	<b>62.4</b>	\$	Start of 7nd lap (6 laps to go) Val-d'Or Mayor's sprint (250\$)	17:51	17:55	17:59
52.0	<b>72.8</b>	↑	Start of 8th lap (5 laps to go)	18:04	18:09	18:14
41.6	<b>83.2</b>	↑	Start of 9th lap (4 laps to go)	18:18	18:23	18:28
35.1	<b>89.7</b>	↗	KOM Points - Boul. Sabourin Intersection of snow deposit road	18:27	18:32	18:38
31.2	<b>93.6</b>	▶	Start of 10th lap (3 laps to go) Bonification sprint - times and points	18:32	18:37	18:43
20.8	<b>104.0</b>	\$	Start of 11th lap (2 laps to go) Val-d'Or Mayor's sprint (250\$)	18:45	18:51	18:58
20.0	<b>104.8</b>	↓	Feed closed	18:46	18:52	18:59
10.4	<b>114.4</b>		Start of 12th lap (1 lap to go)	18:59	19:06	19:13
0.1	<b>124.7</b>	↖	Caravan bypass Left on 7e rue	19:12	19:20	19:28
0.0	<b>124.8</b>	▶	Finish Time and points bonus	19:12	19:20	19:28

**Points and bonifications :**

Bonus sprint : 3-2-1 sec & 6-4-2 pts

Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts

KOM : 5-3-2 points

## Stage 7 : Senneterre - Val-d'Or

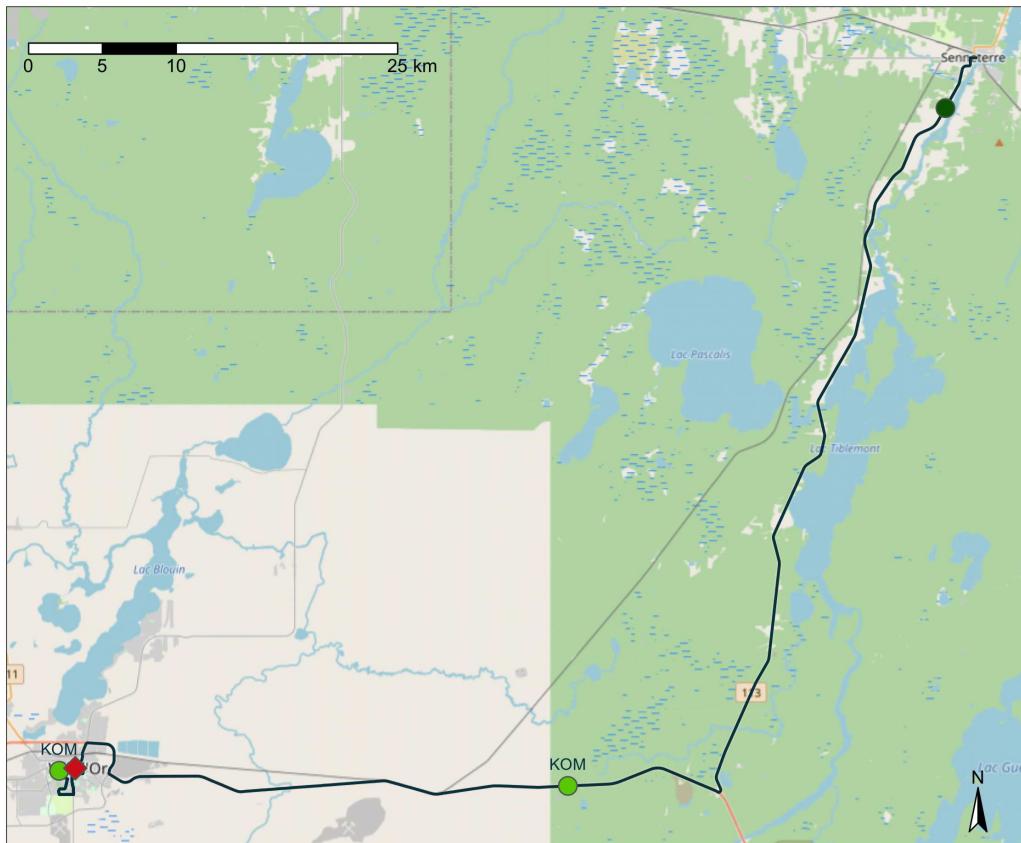
Sunday, July 21th, 2024

$$66,3 \text{ km} + (10 \times 5,2 \text{ km}) = 118,3 \text{ km}$$



	Time
Start	14:00
Circuit entrance	15:34
Finish	16:45

### Course

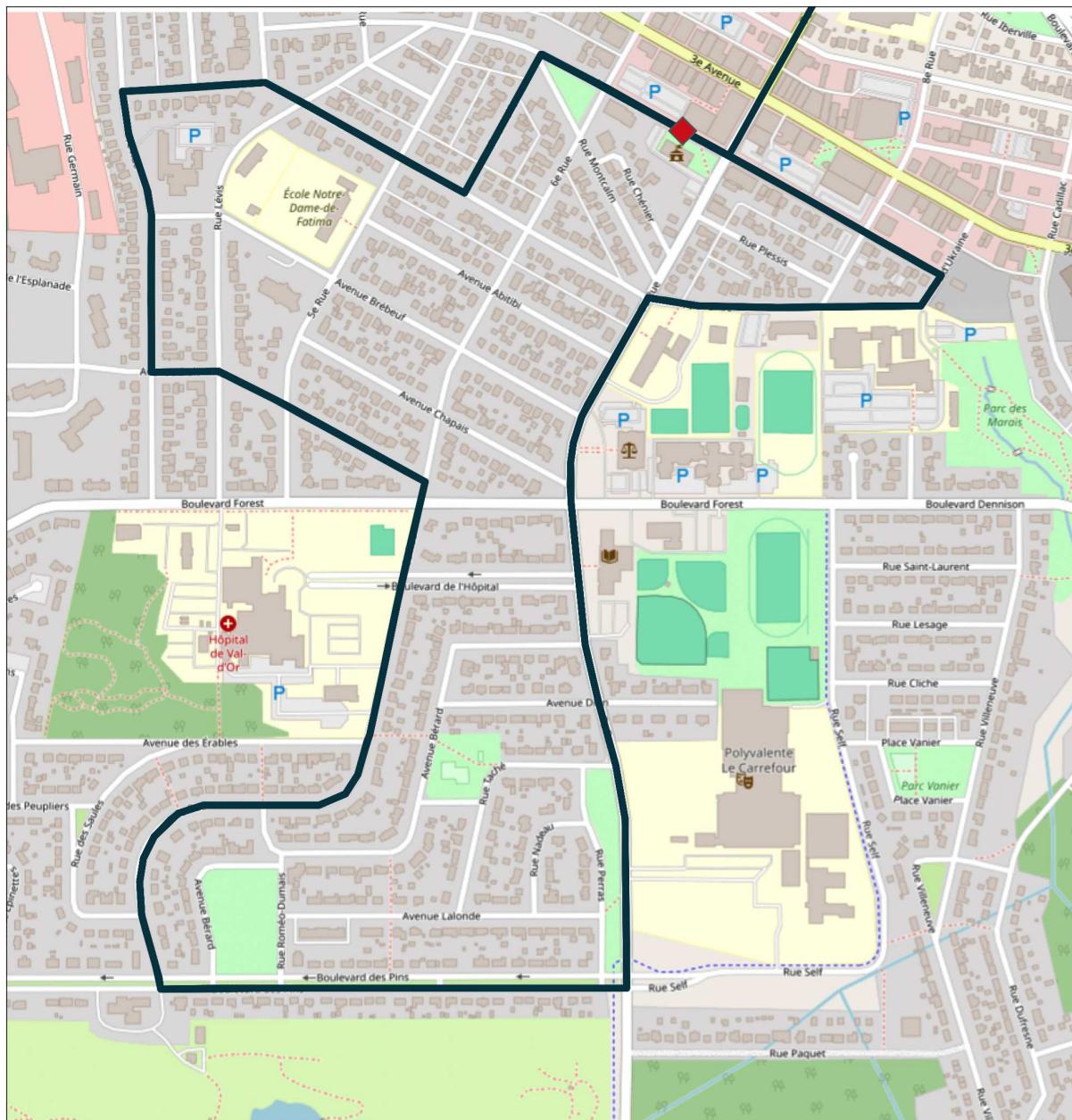


## Start details



📎 Neutralized start on 3 km

## Finish details

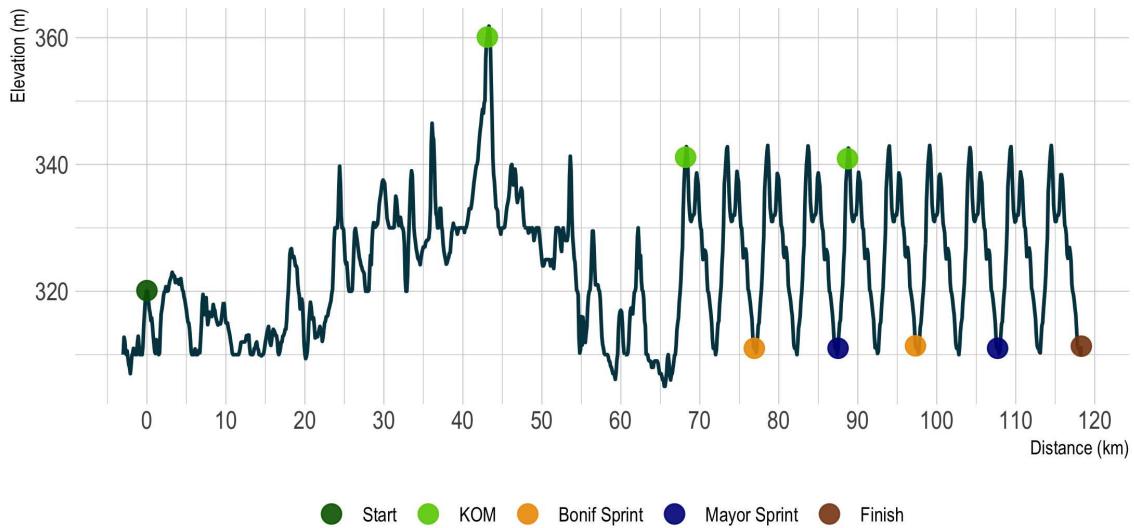


- ⌚ 10 full counterclockwise laps of the 5.2 km finish circuit
- ⌚ The entrance to the circuit is located at the intersection of 7e Rue and 2e Avenue

## Elevation

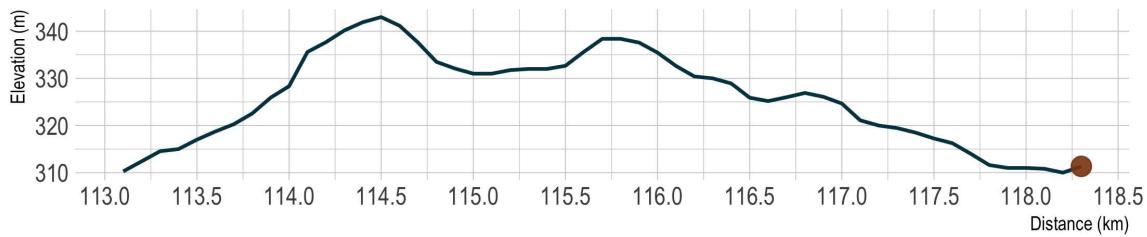
### Stage 7 - Topographic profile

Senneterre - Val-d'Or ( $66,3 \text{ km} + (10 \times 5,2 \text{ km}) = 118,3 \text{ km}$ )



### Stage 7 - Topographic profile - Last 5.2 km

Senneterre - Val-d'Or ( $66,3 \text{ km} + (10 \times 5,2 \text{ km}) = 118,3 \text{ km}$ )



km			Course		Senneterre - Val-d'Or			km/h		
to go	done	info			66,3 km + (10 x 5,2 km) = 118,3 km			46	44	42
121.3	<b>-3.0</b>	▷			Start - Senneterre - Town hall			14:00	14:00	14:00
121.2	<b>-2.9</b>	↑			10e Avenue			14:00	14:00	14:00
121.0	<b>-2.7</b>	←			4e Rue Ouest			14:00	14:00	14:00
120.7	<b>-2.4</b>	↗			4e Rue Ouest			14:00	14:00	14:00
120.6	<b>-2.3</b>	↗			7e Avenue			14:00	14:00	14:01
119.7	<b>-1.4</b>	△			Bridge			14:02	14:02	14:02
118.3	<b>0.0</b>	▶			Official Start			14:03	14:04	14:04
103.0	<b>15.3</b>	△			Bridge			14:23	14:24	14:26
88.3	<b>30.0</b>	÷			Feed open			14:43	14:45	14:47
84.3	<b>34.0</b>	→			Route 117			14:48	14:50	14:52
84.0	<b>34.3</b>	↑			Route 117			14:48	14:50	14:53
77.1	<b>41.2</b>	↘			Point GPM Communication tower			14:57	15:00	15:03
64.4	<b>53.9</b>	△			Bridge			15:14	15:17	15:21
55.9	<b>62.4</b>	i			Val-d'Or			15:25	15:29	15:33
55.9	<b>62.4</b>	↺			Round about 1st exit on the right Route 117			15:25	15:29	15:33
55.0	<b>63.3</b>	△			Roadrail			15:26	15:30	15:34
53.9	<b>64.4</b>	△			Roadrail			15:27	15:31	15:36
52.8	<b>65.5</b>	△			Roadrail			15:29	15:33	15:37
52.6	<b>65.7</b>	↺			Round about 1st exit on the left (reverse of normal traffic) 7e rue			15:29	15:33	15:38
52.1	<b>66.2</b>	→			Circuit finish entrance 2e avenue			15:30	15:34	15:38
52.1	<b>66.2</b>	↑			Start 1st lap (10 to go)			15:30	15:34	15:38
51.8	<b>66.5</b>	←			Rue Wolfe			15:30	15:34	15:39
51.6	<b>66.7</b>	→			1e Avenue			15:30	15:35	15:39
51.1	<b>67.2</b>	←			1e Rue			15:31	15:35	15:40
50.9	<b>67.4</b>	↘			Point GPM Rue Brébeuf			15:31	15:36	15:40
50.7	<b>67.6</b>	←			Avenue Delorimier			15:32	15:36	15:40
50.3	<b>68.0</b>	→			6e Rue			15:32	15:36	15:41
49.3	<b>69.0</b>	←			Boul. des Pins			15:33	15:38	15:42
48.7	<b>69.6</b>	←			7e Rue			15:34	15:39	15:43
47.7	<b>70.6</b>	→			1e Avenue			15:36	15:40	15:45
47.3	<b>71.0</b>	←			2e Avenue			15:36	15:40	15:45
47.3	<b>71.0</b>	←			Rue d'Ukraine			15:36	15:40	15:45
46.9	<b>71.4</b>	↑			Start of 2nd lap (9 laps to go)			15:37	15:41	15:46
41.7	<b>76.6</b>	▶			Start of 3rd lap (8 laps to go) Bonification sprint - times and points			15:43	15:48	15:53
36.5	<b>81.8</b>	↑			Start of 4th lap (7 to go)			15:50	15:55	16:01
31.4	<b>86.9</b>	\$			Start of 5th lap (6 to go) Preissac Mayor's sprint (250\$)			15:57	16:02	16:08
30.2	<b>88.1</b>	↘			Point GPM Rue Brébeuf			15:58	16:04	16:10
26.2	<b>92.1</b>	↑			Start of 6th lap (5 to go)			16:04	16:09	16:15
21.0	<b>97.3</b>	▶			Start of 7th lap (4 to go) Bonification sprint - times and points			16:10	16:16	16:23
20.0	<b>98.3</b>	÷			Feed closed			16:12	16:18	16:24
15.8	<b>102.5</b>	↑			Start of 8th lap (3 to go)			16:17	16:23	16:30
10.6	<b>107.7</b>	\$			Start of 9th lap (2 laps to go) Preissac Mayor's sprint (250\$)			16:24	16:30	16:38
5.5	<b>112.8</b>	↑			Start of 10th lap (last lap to go)			16:31	16:37	16:45
0.1	<b>118.2</b>	↖			Caravan bypass Left on 7e rue			16:38	16:45	16:53
0.0	<b>118.3</b>	▶			Finish Time and points bonus			16:38	16:45	16:53

**Points and bonifications :**

Bonus sprint : 3-2-1 sec & 6-4-2 pts

Finish : 10-6-4 sec & 30-24-20-16-12-10-8-6-4-2 pts

KOM : 5-3-2 points