

"Kara Miller" by Trace McCament

age: 30

residence: Charlotte, NC

education: Bachelors degree at UNCC

occupation: Teacher

marital status: Single with kids



*"It's true. The storms won't last forever. The nasty weather will never last.
There is always that light at the end of the tunnel."*

I like to start my day with a coffee and cooking me and my kids breakfast before they head to school. I then head to school early to set up my plan for the class that day. I will try and knock out some papers I haven't graded yet before my class starts to wander in. I end my day with lunch in my room because I have a planning period for my last period. I will then go home and cook my kids their last meal for the day and either watch some tv with them or help them with their homework.

Comfort With Technology

INTERNET



SOFTWARE



MOBILE APPS



SOCIAL NETWORK



Criteria For Success:

I need to be around my kids, other teachers, and single moms that share my same struggle so I feel better about my situation.

Needs

- - I need coffee
- - I need my internet
- -I need my ice cream

Values

- -I value being a strong individual and keeping my head up in harsh situations
- -I also value being a good mother to my children

Wants

- -I want to get in shape
- - I want a boyfriend
- - I want more money

Fears

- - I fear that I will die alone
- -I fear that there won't be a light at the end of the tunnel
- -I fear eventually getting fat