1. Big O notation is a way to visualize the amount of time a function will take to complete a process. It has special notation for the amount of times that it has to do an operation.
2. n is the amount of times that the function will make a comparison. Since the placeholder of curMin is used, the array is only iterated through once. Therefore the amount of times an operation is done is based on how many items are in the array which will be O(n)
3. In this function you are comparing each item in the array to every other item. Therefore you could visualize it as multiplying the length of the array by itself which is the same thing as squaring (hence the O(n2).
4. It helped a lot. I did not know that Big O notation existed before reading this, but know I understand what it is and how to use it.