




dbdesigner.net


Client

	Client ID	int
	Name	varchar(255)
	Email	varchar(255)
	Password	varchar(255)
	Nutrition ID	int


Trainer

	Trainer ID	int
	Client ID	int
	Name	varchar(255)
	Email	varchar(255)
	Password	varchar(255)
	Workout ID	int


Workout

	Workout ID	int
	Exercise ID	int


Exercise

	Exercise ID	int
	Name	varchar(255)
	Type	varchar(30)

Nutrition

	Nutrition ID	int
	Date	date
	Total Calories	int
	Fats	int
	Protein	int
	Carbohydrates	int

ClientWorkout

	ClientWorkout ID	int
	Client ID	int
	Workout ID	int
	Date	date
	Notes	varchar(500)

