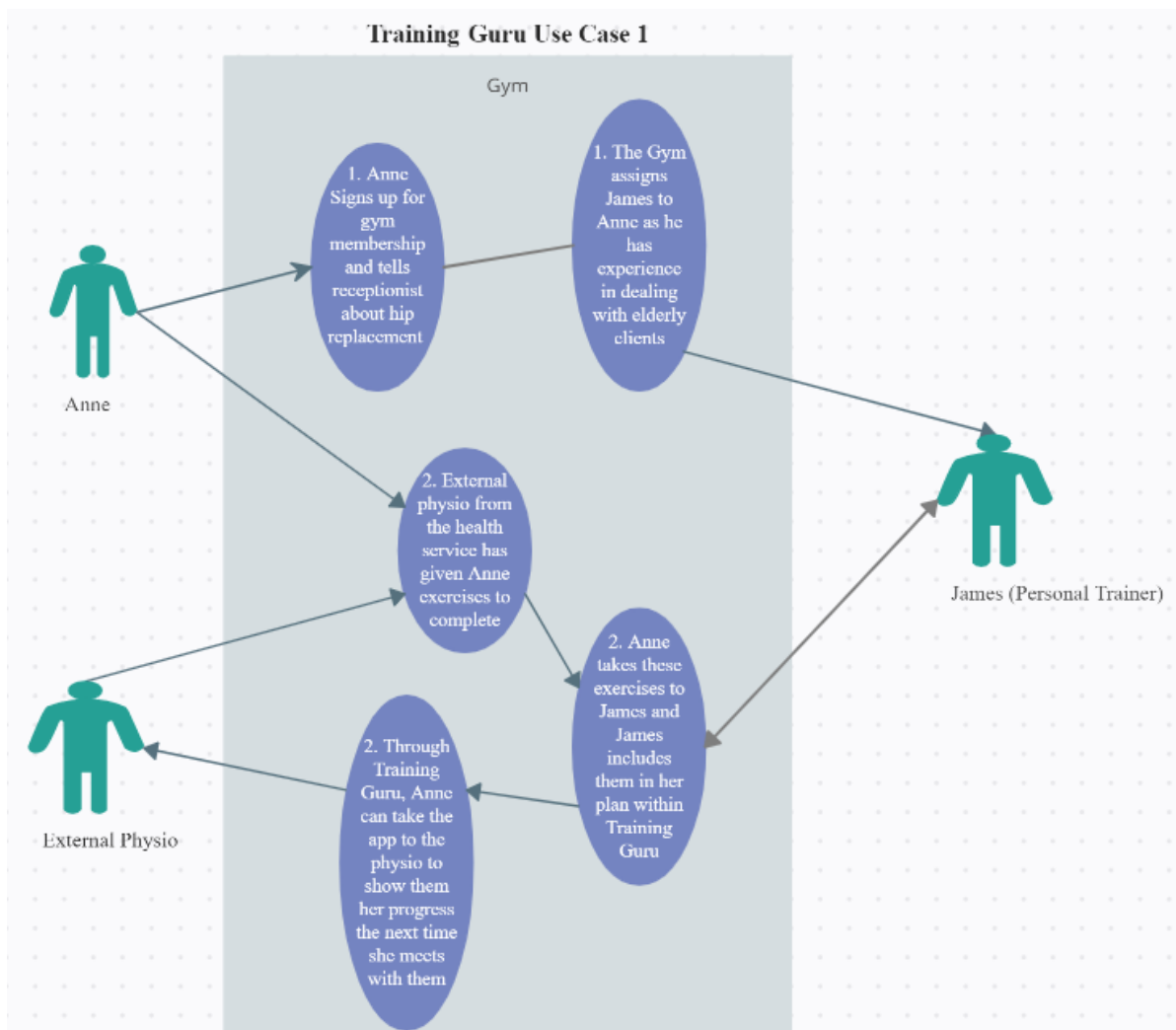# Training Guru Use Cases

Use Case 1

Name	Anne Murphy
Description	Anne is a 68-year-old woman who has recently got a hip replacement. She has been given exercises to do by the health service physio, which will result in a successful rehab for herself. Anne however is not comfortable to do these exercises by herself at home and so signs up for a gym membership.
Needs	• Anne needs the Gym to help her in her rehabilitation after surgery. • She needs a space which she feels comfortable in. • She needs a trainer with experience in dealing with similar issues to hers. • She needs to report her progress back to the health service physio
Actions	The Gym will assign an appropriate personal trainer to Anne who will use Training Guru to create her plan around the exercises given to her by the health service physio. The trainer will take Anne for 1-to-1 session in order to make her feel more comfortable and help her complete the exercises correctly. Finally, through training guru Anne will have proof of progress which she can show to the physio when she meets them next, this will also help the physio to more easily plan what they need from Anne

Name	Ryan Smyth
Description	Ryan is a recently qualified Personal Trainer at 21 years old. Ryan still has a full-time job and so has found it hard to find time to try and kickstart his career as an independent online trainer. He feels that Training Guru may help him manage his time and clients easier and more importantly in less time than it has been taking him thus far.
Needs	• Ryan needs an application that allows him to quickly set up plans • Ryan needs to be able to see his clients progress quickly • He only wants to see information he deems relevant
Actions	Through Training Guru Ryan will be able to customise his home dashboard which will cover his need to see his clients progress and the relevant information that he wants, in terms of setting up plans quickly, the app will contain pre created templates along with templates he can create in his own time, allowing for quicker creation of plans

Training Guru Use Case 2