

User Requirements

Calum

- Clients can be dishonest when reporting back, remove as much space for this as possible
- Frequently Asked Questions Section
- Ability to upload pre-recorded videos

Rory

- Ability to create workouts and assign to users, rather than creating separate workouts for every client, changes can be saved and synced across users
- Can upload own videos or personalised YouTube links that PT has approved and uploaded themselves

Kyle (DkIT Sport) – Sprint 4

- Customisable dashboard (graphs, next/last workout, personal bests etc.)
- Remove need for messaging within app
- In gym each trainer has around 5 clients, but online pt could have upwards of 10
- Have prebuilt finishers and 20-minute workouts
- Can create templates and save to own profile, then can assign to any clients
- Clients can upload videos of their workout for correction
- Pre-built classes for gyms or coaches. Clients can view class and can participate in class from home if necessary. Fitbit data will show the coach they have completed workout
- Nutrition. Can set calorie and protein goal, client gets tick box option when they have completed, no need to include specific foods within app. Can send ss of my fitness pal over WhatsApp