

## San Francisco's Stanford Court Kicks Off 2016 with Healthy Offerings



Stanford Court, San Francisco's modern 393-room hotel poised atop famed Nob Hill, is offering guests an array of options to encourage a healthy start for 2016, including the Bike the Bridge Adventure Package, complimentary yoga mats for weekly classes at Grace Cathedral and free bike rentals.

Nothing beats experiencing the city by bike, whether you're cruising down the Embarcadero or taking on the Golden Gate Bridge. Stanford Court created the Bike the Bridge Adventure Package for guests who want to see the sights while burning calories. The package includes two nights of luxury accommodations through February 2016, access to Specialized bikes each day, breakfast for two at Aurea Café every morning, and a custom-branded San Francisco tote bag with bottled water and granola bars to sustain guests during their treks. However, if guests aren't able to book the full package, complimentary use of the on-site bikes along with safety gear and locks are available seven days a week.

Due to Stanford Court's prime Nob Hill location, guests are able to easily take part in the unique, free yoga classes hosted within Grace Cathedral every Tuesday evening at 6:15 p.m. Stanford Court makes this easy by offering guests complimentary yoga mats.

Visit website: [www.stanfordcourt.com](http://www.stanfordcourt.com)