## Team Abhisargah

Problem Statement 5





## Defining the Problem



Al tool to identify mental health issues

It should be able to track mental health issues that requires attention.

Tool should help parents and teacher to assess their children's mental health



This problem affects large chunks of population, as compared to other problems which targeted only selective sections of the society.

## Why this Problem Statement?

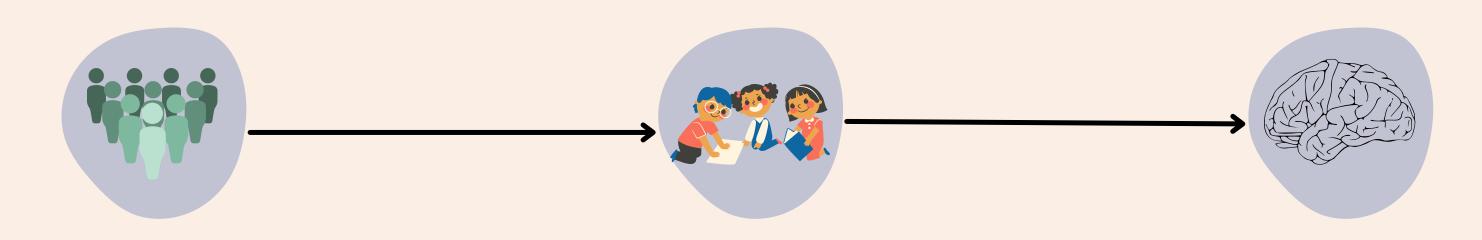


Mental health has become a serious issue, especially post Covid-19, which calls for widely accessible solution.



Mental health of children are generally ignored, but it plays crucial role during the development years of a child.

### Market Size



1.38 B

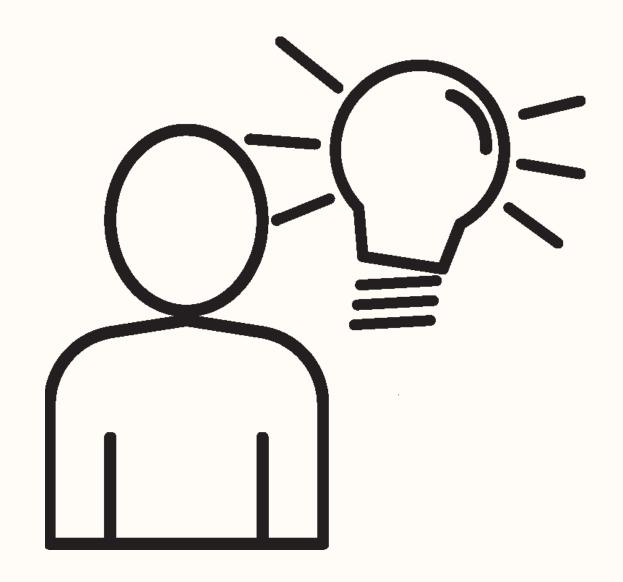
Population in India

250 M

School going students

**50 M** 

Children having mental health issues



Ideation Phase

### We interacted with..



Students



Mental Health Professional

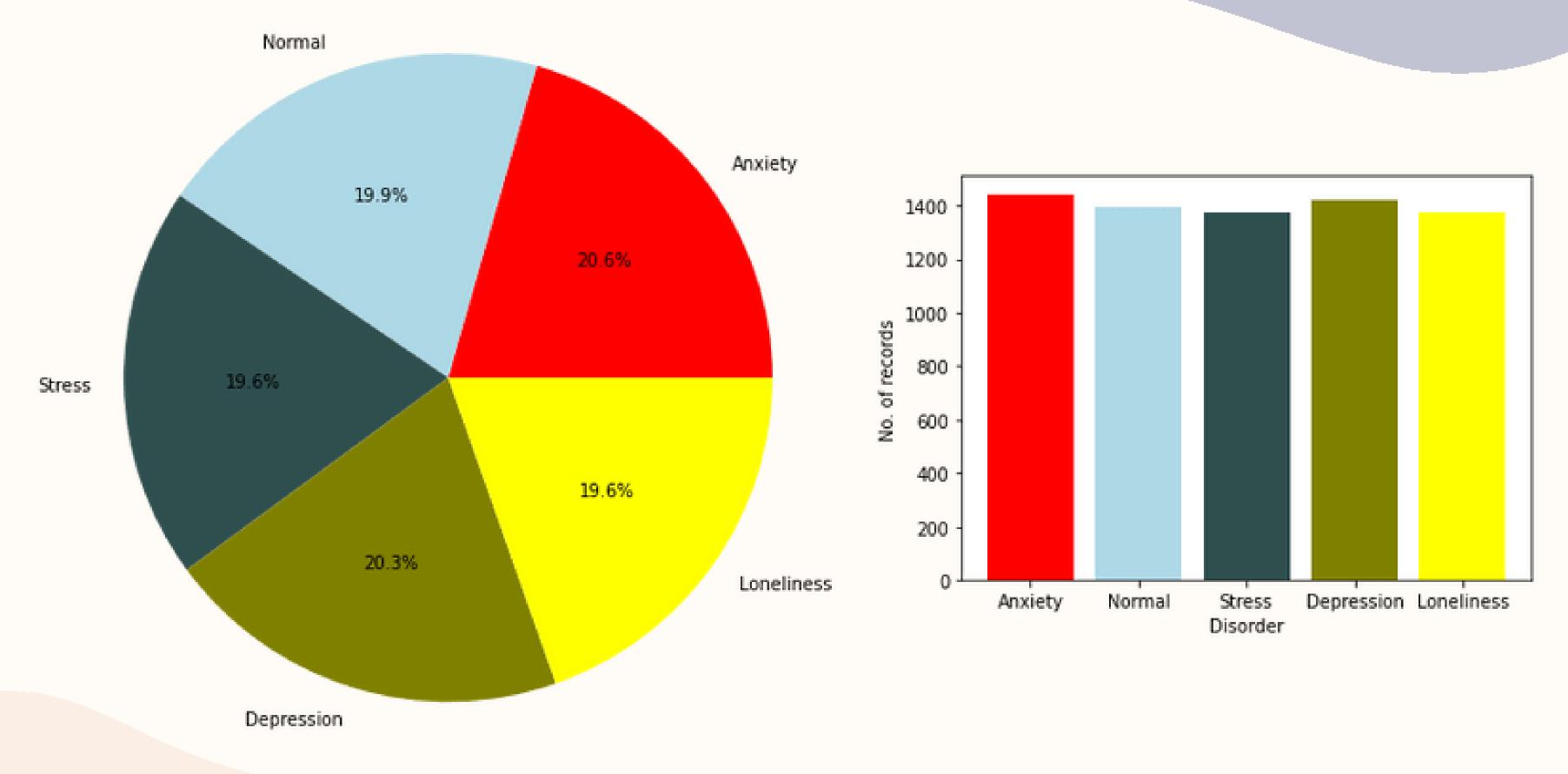


Parents and Teachers

# And we identified 24 key Indicators

- Nervousness
- Panic
- Breathing Rapidly
- Sweating
- Trouble Concentrating
- Trouble sleeping
- Trouble studying/working
- Hopelessness
- Anger
- Over-reaction
- Change in eating pattern
- Suicidal thought

- Feeling tired
- Close Friends
- Social Media Addiction
- Weight Gain
- Material Possessions
- Introvert
- Popping up of Stressful Memories
- Having nightmares
- Avoids people or activities
- Feeling negative
- Trouble in concentration
- Blaming yourself



Evenly distributed dataset - dataset is not biased

### Introducing Abhisargah...



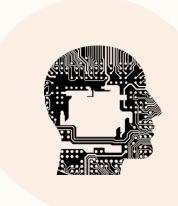
## Key features of Abhisargah



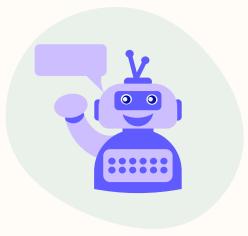
A.R. based data collecion



Cloud-based storage for security and accessibility



Ai-based Mental Health Assessment tool



Chat-bot for better UI

### Key features of Abhisargah



Unique ID for every user, which will keep the results secure.



Test results based on 24 Key indicators



Mental Healthrelated articles and yoga sessions linked to the app



Test results of user to be accessible by their parents and children

## Feasibility of the solution

The app is made on Flutter which makes it accessible for both ios and android user, thus attracting a wider audience.

The solution is cost-efficient, thus attracting users from all income groups.

Its a one stop solution for all the mental health needs.

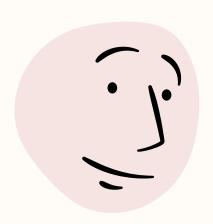
Compared to other apps available..our app has easy to understand UI along with direct to the point results

Also according to the result, app provides solutions to resolve the specific problem. Also, the app contains follow along yoga and meditation sessions.

### COMPETITORS

	Inner Hour	Wysa	Abhisargah	Intellect	MindShift
Mental Health Quiz			$\bigcirc$		$\bigcirc$
Relaxation Exercises	$\bigcirc$		$\bigcirc$		
Yoga and meditations		$\bigcirc$			
Chat Bot	$\bigcirc$	$\bigcirc$			
Articles		$\bigcirc$			
Al Model for Assessment			$\bigcirc$		
UI Suitable for Children					
Tracking and Reports			$\bigcirc$		$\bigcirc$
AR based data collection					
Mental Health Experts Support		$\bigcirc$		$\bigcirc$	

### Future plans...



Determination of mood of the user by their facial expression.



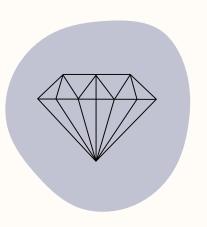
Integration with
Smart Watches, to
assess mental
health with the help
of heartbeat rate.



Mental health community where you can talk with people with same issues.



Determination of mental challenges like ADHD via recording pupil movement.



Providing users premium facilities via subscription.

### Thank you!

We are open for questions now!



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#### Meet the team..



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