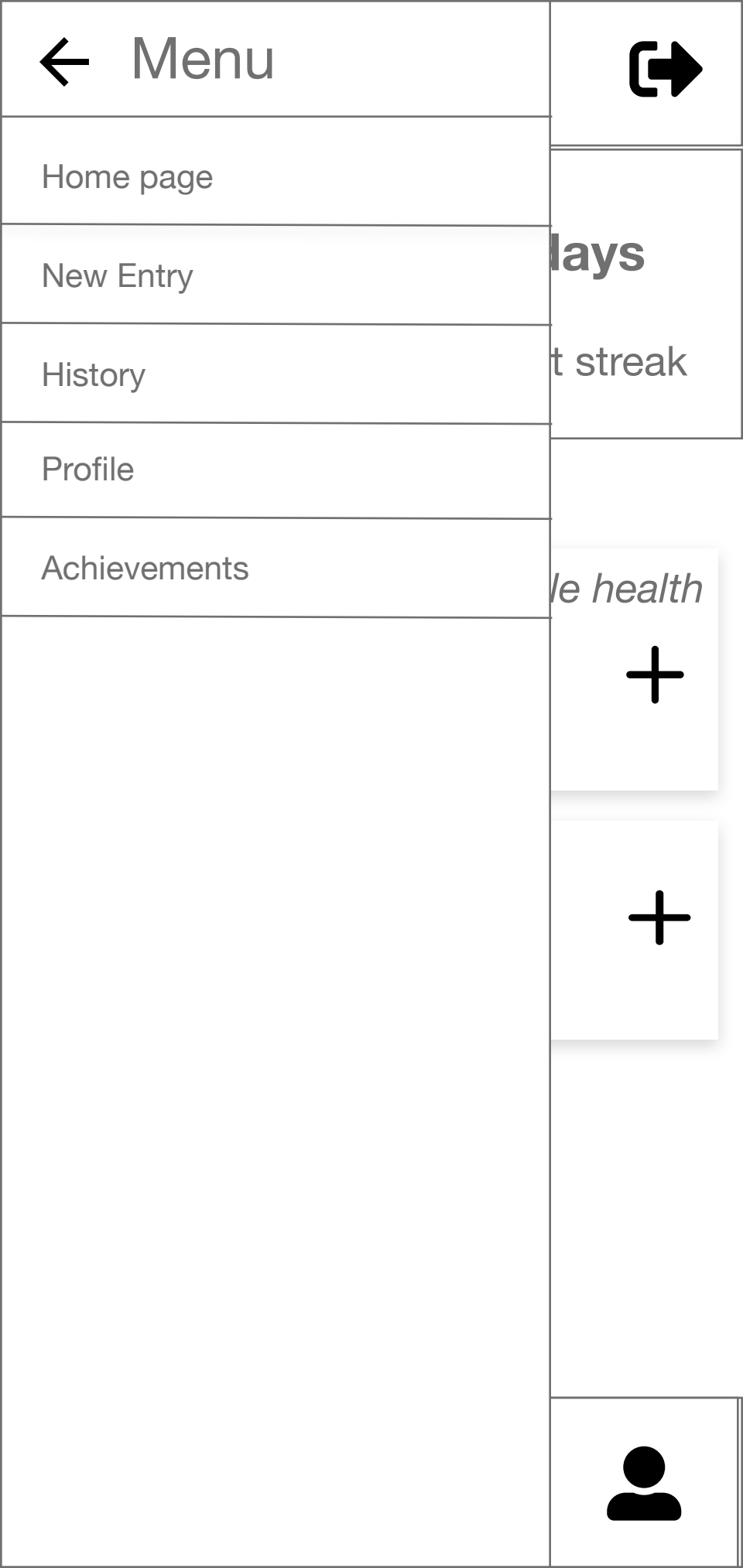

Menu
Home page
New Entry
History
Profile
Achievements
lays
t streak
le health

Home

4 days	18 days
Current streak	Longest streak

Daily tasks

Blood pressure *Google health*

XX/XX	XX/XX
Previous	Goal

Saturation

XX/XX	XX/XX
Previous	Goal

New Entry

DD/MM/YYYY

Enter your saturation…

Saturation

mm HG

Progress

XX

Previous

XX

Goal

Successfully saved!

You have successfully saved a new measurement!

Saved

XX unit

Goal

XX unit

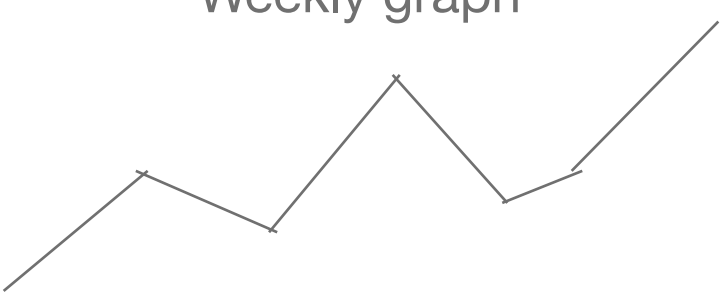
You're not quite there,
but getting closer every day!

Streaks

5 days
Current

18 days
Longest

Weekly graph



FINISH

Home

4 days

Current streak

18 days

Longest streak

Daily tasks

Blood pressure

Google health

XX/XX

Previous

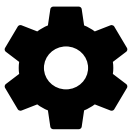
XX/XX

Goal

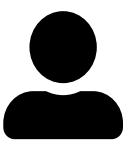
-

Profile

History



Settings



Personal Information

Achievements

Log Out

Personal Information

User Name

Email Id:

Address:

Age:

Gender:

Height:

Contact:

Emergency Contact 1:

Emergency Contact 2:

Edit

Personal Information

User Name

Email Id:

Address:

Age:

Gender:

Height:

Contact:

Emergency Contact 1:

Emergency Contact 2:

Save

Cancel

Home

4 days	18 days
Current streak	Longest streak

Daily tasks

Blood sugar

XX/XX	XX/XX
Previous	Goal

Imported from Google Health

Activity

XX/XX	XX/XX
Previous	Goal

New Entry

DD/MM/YYYY

This value is automatically imported from Google Health at midnight, here you have the option to override that value

Activity

Unit

Progress

XX

Previous

XX

Goal

History

Todays date

Upcoming Measurement

13:00

Blood sugar

Upcoming Activity

18:00

Go for a walk

Done Measurement

09:00

Blood sugar

9,2

Edit

History

Todays date

Blood sugar

mmol/L

Progress

XX

Previous

XX

Goal

Successfully saved!

Todays date

You have successfully saved a new measurement!

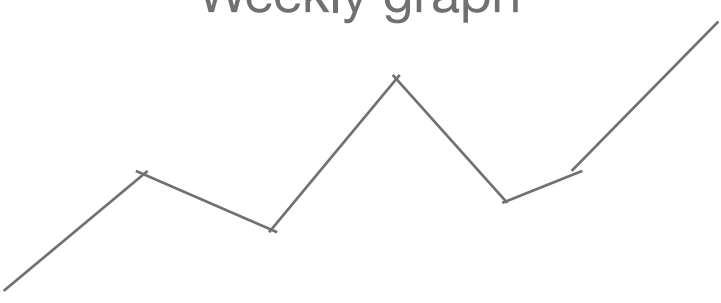
Saved	Goal
XX unit	XX unit

You're not quite there,
but getting closer every day!

Streaks

5 days	18 days
Current	Longest

Weekly graph



FINISH

History

Todays date

Upcoming Activity

18:00

Go for a walk

Done Measurement

13:00

Blood sugar

XX

Edit

Done Measurement

09:00

Blood sugar

9,2

Edit

Settings

User Name

Change password

Notifications

Gamification level

Settings

User Name

Set your notification frequency

- Daily
- Weekly
- Monthly

Who has access to your information

- Relative 1
- Relative 2
- Relative 3

SAVE

Settings

User Name

Change password

Notifications

Gamification level

Your settings were successfully saved!

Goals

History ....

Heart Failure

Diabetes

COPD (KOL)

Hypertoni

Goals

History | ..... | .....

Heart Failure

Goals

Target weight	Current weight
78	83

Progress: -3 kg

Target blood pressure	Current blood pressure
120-139	146

Progress avg/week: -8 (141)

Reached goals

- ☆ Lose 5 kg
- ☆ Lower avg blood pressure than previous week
- ☆ Consistent measurements 7 days in a row

Goals

History | ..... | .....

Diabetes

Goals

Target weight	Current weight
78	83

Progress: -3 kg

Target blood pressure	Current blood pressure
120-139	146

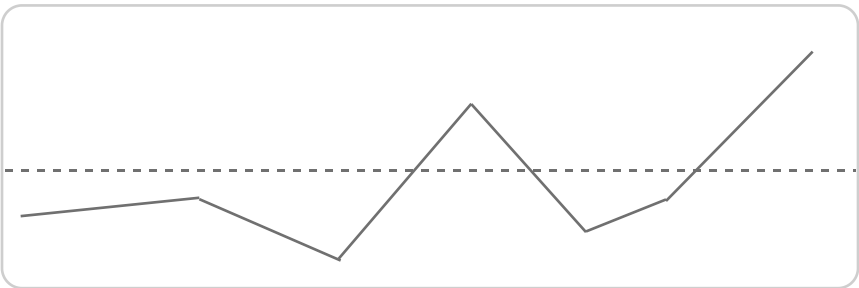
Progress avg/week: -8 (141)

History

Latest achievements

1 2 3

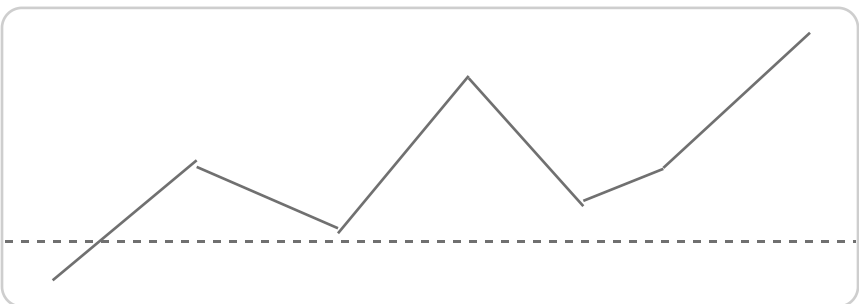
Activity



XX
Latest

XX
Goal

Blood sugar



XX
Latest

XX
Goal

Achievements

Your latest achievements

Name Name Name

Upcoming achievements

Name Name Name

All achievements

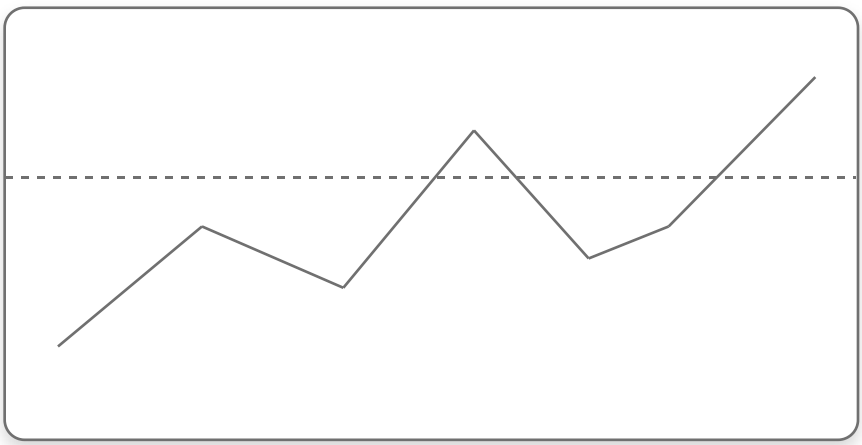
Activity

2
Name

xx
Progress

xx
Goal

From - date — To - date



From - To

Type	Data	Date
Type	Data	Date
Type	Data	Date