



Todays date



### Upcoming Measurement

 13:00

Blood sugar 



### Upcoming Activity

 18:00

Go for a walk 



### Done Measurement

 09:00

Blood sugar 

9,2

Edit





Todays date



Blood sugar

mmol/L

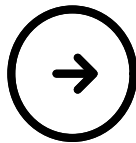
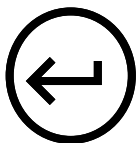
## Progress

XX

Previous

XX

Goal





Successfully saved!

Today's date



**You have successfully  
saved a new measurement!**

Saved

**XX** unit

Goal

**XX** unit

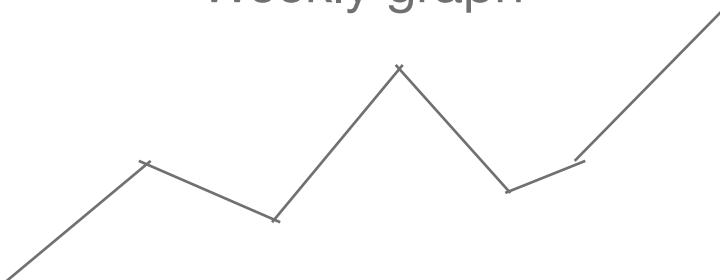
You're not quite there,  
but getting closer every day!

## Streaks

**5 days**  
Current

**18 days**  
Longest

## Weekly graph



**FINISH**





Todays date



## Upcoming Activity

🕒 18:00



Go for a walk 

## Done Measurement

🕒 13:00

Blood sugar 

XX



Edit



## Done Measurement

🕒 09:00

Blood sugar 

9,2



Edit





## Personal Information



User Name

Email Id:

Address:

Age:

Gender:

Height:



Contact:

Emergency Contact 1:

Emergency Contact 2:

Edit



## Personal Information



User Name

Email Id:

Address:

Age:

Gender:

Height:



Contact:

Emergency Contact 1:

Emergency Contact 2:

Save

Cancel



# Settings



User Name



Change password



Notifications



Gamification level





# Settings



## User Name



Set your notification frequency

- ☐ Daily
- ☐ Weekly
- ☐ Monthly



Who has access to your information

- ☐ Relative 1
- ☐ Relative 2
- ☐ Relative 3

**SAVE**







# Settings



User Name



Change password



Notifications



Gamification level



Your settings were successfully saved!





# Goals

History

.....

.....

Heart Failure



Diabetes



COPD (KOL)



Hypertoni





# Goals

History

.....

.....

## Heart Failure

### Goals

Target weight

78

Current weight

83

Progress: -3 kg

Target  
blood pressure

120-139

Current  
blood pressure

146

Progress avg/week: -8 (141)

### Reached goals



Lose 5 kg



Lower avg blood pressure  
than previous week



Consistent measurements  
7 days in a row



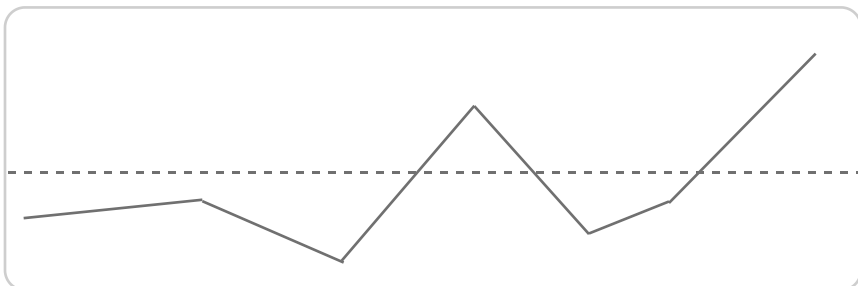


# History

## Latest achievements



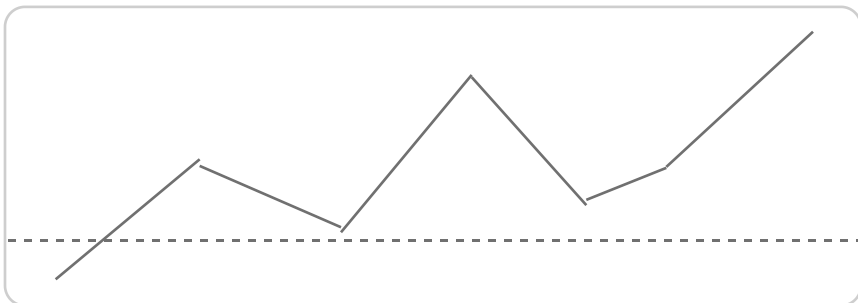
## Activity



**XX**  
Latest

**XX**  
Goal

## Blood sugar



**XX**  
Latest

**XX**  
Goal





# Achievements

## Your latest achievements



Name



Name



Name



## Upcoming achievements



Name



Name



Name



## All achievements



Name



Name



Name



Name



Name



Name



Name



Name



Name



Name



Name



Name



# Activity



Name

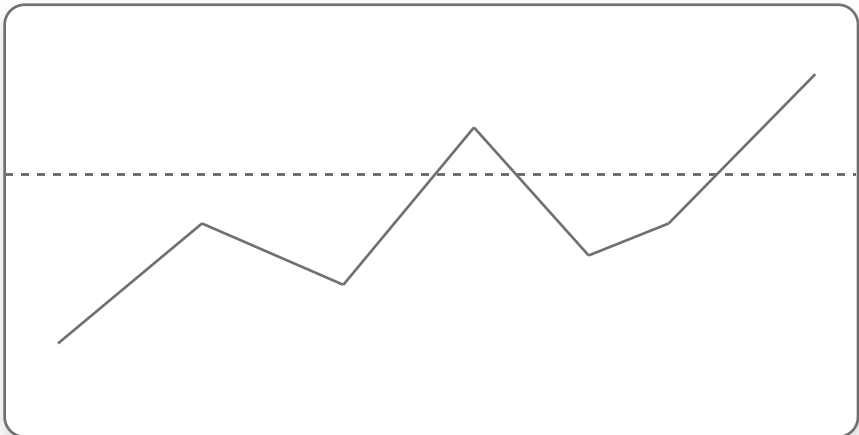
**XX**  
Progress

**XX**  
Goal

From - date



To - date



From - To

Type

Data

Date

Type

Data

Date

Type

Data

Date

