***Essay 1***

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*In recent years, a heated discussion about the choice when encountering a creative task has been triggered. Some people hold the opinion that they are in favor of team work whereas others espouse that they would like to work on their own. As far as I am concerned, the former point of view brings more advantages.*

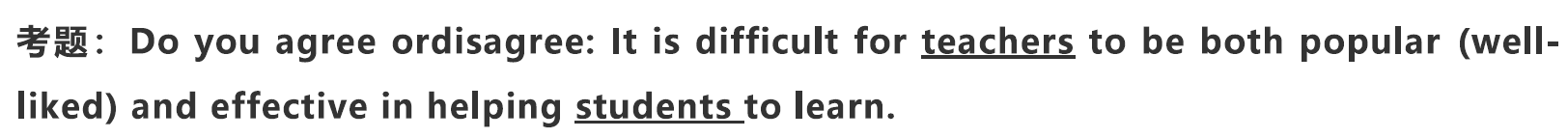
*First and foremost, team work can bring more genius inspirations during a relatively short time which are fairly needed in a creative task, and thus improve efficiency. It is often the case that it might take weeks or months for one person to think all by himself alone in order to produce a creative idea. By cooperating, nevertheless, an increasing number of conversations will take place, during which we can hear different voices from other people. In the collision of minds, we are likely to have new angle of thinking. A task which may cost a person one week can be done in one day by seven people. Besides this efficiency largely eases the worker’s pressure and then he can do his own part better.*

*What’s more, when the team morale has been boosted, team members will be motivated by others and may do their jobs with even better performance. For example, most scientific inventions need a team to make their project come true. In addition, working within a team can lead to the same result for all members, by which it means that everyone in the group can share the benefit of the result. The joy of accomplishment will be enlarged if it is done by a group. The sense of self-fulfillment will reach maximum after finishing the arduous task.*

*Admittedly, there are still quite a few instances that people are mired in trouble if they work with annoying team members without endeavor or responsibility. In light of these circumstances, people tend to dissipate too much time if the whole plan is needed to be devised and even squander plenty of money if wrong decisions are made. However, this kind of problem can be avoided if the team sets up a clear aim at first and informs each member of what to do exactly. Otherwise, the team’s efficiency will be greatly negatively affected and there will be no meaning of working together.*

*In a nutshell, when individuals set the boundaries clearly and everyone focuses on his own task, the effect of team work will be better than working alone.*

***Essay 2***

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*Teachers are always the most important participants in students’ education. In recent years, a heated discussion whether it is difficult for teachers to be both well-liked and manage to assist students in effective learning has been triggered. As far as I am concerned, I do agree this point of view.*

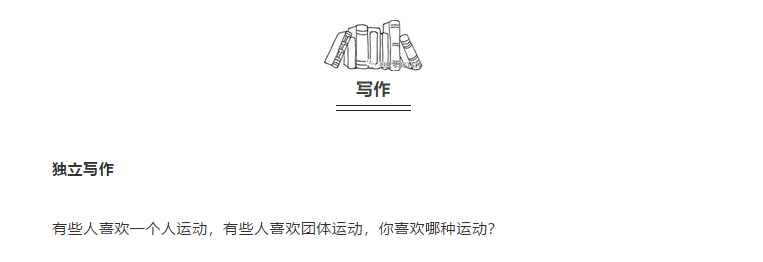
*First and foremost, in current educational circles, effective learning methods adopted by most teachers may torment students to a large extent, and thus students are like to grumble about these methods and teachers themselves. Effective teaching methods commonly are repeatedly explaining knowledge points to students in class, assigning daily homework to help students to review the knowledge points and taking continuous examinations to check the students’ academic performance. Students may suffer from these methods because the methods require students to concentrate on their study and sometimes they need sacrifice fun to study. Though these effective methods may enhance students’ study skills and improve their study efficiency benefiting students’ academic capability, some of the students would gripe about these methods and teachers themselves.*

*What’s more, a host of teachers tend to set basic rules and boundaries so that students’ behavior will be modified and their moral value will be enhanced as well. For example, teachers forbid students to play too much computer games, enter the internet bars, tell lies, talk billingsgate and so on. If students violate these rules, they may be receive severe punishment. Thus, the students who have been punished are likely to complain about these rules, boundaries and their teachers. Under these circumstance, the popularity of teachers may be sacrificed because of their original objective.*

*Admittedly, there are still quite a few circumstances that teachers succeed in making students like them and meanwhile also guide students in an effective way. However, these kind of teachers are commonly prestigious role models for their students. Students are able to adopt crucial qualities such honesty, responsibility from the professor effectively, which benefits the personality shaping. However, as for most teachers, it is too arduous to kill two birds with one stone because being role models ought to be equipped with distinguished qualities and own extraordinary reputations while developing certain specific skills.*

*All in all, I espouse the perspective that it is fairly daunting for teachers to harvest popularity among students and impel students to learn effectively at the same time.*

***Essay 3***

*Doing sports has always been one of the most common entertainments in individuals’ daily life. Generally, it is classified into two types according to the number of participants, doing sports alone and participating a sports team. Some people prefer the former one. However, as far as I am concerned, individual sports has more advantages.*

*To begin with, team sports is undoubtedly an excellent way to enhance the friend and family bonds. In modern society, people always spend most of their time on working, and thus they may have a little time to accompany close friends and family members. Fortunately, doing team sports provides an excellent opportunity for individuals to have more time with their relatives and friends, which can narrow the distance between relationships. However, it may be difficult to find a common free time to stay together, because your friends and family members may have their own business when you have spare time.*

*On the other hand, doing individual sports has more advantages. One direct benefit is that persons can do individual sports at any free time and will not be limited to others’ schedules. In modern fast-paced lives, people are usually suffering from mental and physical pressure due to a massive amount of daily works and peer competition. It is necessary for them to relax by doing physical exercises, especially after getting off work. Supposed if a person must wait chances to doing team sports with others when he is off duty. And at that time his friends and family members probably have no free time due to uncompleted work. He is likely to waste his precious relaxed time when he is supposed to refresh his minds and bodies.*

*What’s more, doing individual sports can create private zone for people. In modern society, people commonly lacks their private time because of long hours of work in the companies. People need private time when they do not need to deal with intricate interpersonal relationships and could put themselves in a pleasant and comfortable environment to relax. Fortunately, doing individual sports could provide the excellent chance, where people stay alone and release pressure. For example, when I am in low spirits, I would like to run alone because this will let out myself. In the running, I do not worry that my opponents see my fragility and weakness.*

*All in all, though choosing team sports have a couple of advantages, individual sports has more benefits, including randomness and ensuring private time.*

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*Doing sports has always been one of the most common entertainments in individuals’ daily life. Generally, it is classified into two types according to the number of participants, joining a sports team and doing sports alone. Some people prefer the former one. However, as far as I am concerned, participating a sports team has more advantages.*

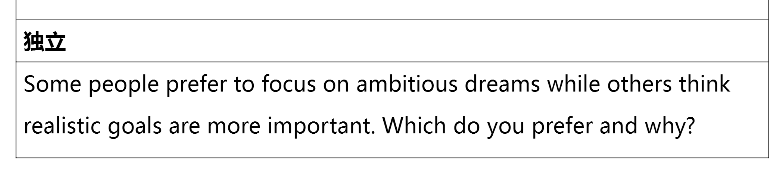
*To begin with, participating a group to do sports can provide an excellent opportunity to help us cultivate our team spirit. In the sports, we may encounter several difficult matters, such as team conflicts. In the process of tackling these issues, it is necessary for us to improve communication skills, accept the individual difference and promote collaboration and unity, which enables us to cooperate and work well with others together. Besides, if we have great team spirits, the number of friends sharing the same interests as us will increase.*

*What’s more, joining a sports team can strongly enhance individuals’ leadership, which plays an important role in our daily life. As we know, not everyone is gifted with the talent of leading, but it can gradually achieved through participating in a sports team. For example, contests can be found everywhere. In order to adapt to various competitions, people need to figure out different ways to sort out the problem. In the duration, those who always contribute most ideas and efforts will generally develop a sense of humor, organization and coordinate ability, which, in turn, makes them be leaders of the sports team.*

*Of course, choosing to exercise alone also has advantages to some extents. For that, those who do sports by themselves have more freedom to do whatever they like without any limitations. For instance, they can arrange their own schedule without following others’ routines. Nevertheless, if all these factors are contemplated, the advantages of group exercises carry more weight than those of single sports.*

*From what has been discussed above, we may finally draw the conclusion that team sports gives people a greater chance of being successful in life. That kind of sports make us learn to work with others, and help us to relax our minds and strengthen our bodies.*

***Essay 4***

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*Success stories of celebrities have been widely spread through mass media in the era of the Internet, which motivates individuals to discuss the success factors, such as focusing on realistic goals or holding ambitious dreams. Some people are in favor of the former one because they believe successes are composed of a series of completed goals. However, as far as I am concerned, having ambitious dreams and keeping pursuing them is paramount.*

*To begin with, focusing on realistic goals and trying to achieve them undoubtedly help individuals to achieve short-term successes. For instance, many junior school students are strongly eager for high scores in semester examinations. To realize the goal, they may indeed keep on studying hard for several weeks. With several weeks’ efforts, they are likely to achieve what they wishes. Nevertheless, after achieving short-term successes, they may become conceited and self-satisfied and gradually lose enthusiasm and ambitiousness for further study, because of lacking ambitious dreams and long-term goals, such as entering the first-class universities and then becoming outstanding professors.*

*On the other hand, having ambitious dreams and keeping pursuing them have far more advantages. One direct benefit is that ambitious dreams could urge individuals to work hard chronically until they realize the* *ultimate goals. Once holding ambitious dreams, it is natural for them to establish long-term working plans. Thus, it is not easy for individuals to relax or give up hardness because of the uncompleted plans, even if they achieve short-term successes. Take Duke Fran, a top programmer, as an example. As a child, he wished to be an excellent programmer like Mark Zuckerberg. By investing time in program training, he won several programming awards in the middle school, and afterwards his talent for programmer was gradually recognized. Motivated by an ambitious dream, he did not stop making efforts. To sharpen skills, he drew up a long-term training plan. Consequently, he managed to be a prominent programmer and established his programming company.*

*Another advantage is that having ambitious dreams could attract more people to cooperate with you. To demonstrate, Ma Yun, the founder of a public company, Alibaba, has an ambitious business dream, “Making Trade Easier for Everyone.”* *The dream seems like a banner of idealism, which attracts plenty of competent friends to be his partners. These partners are also ambitious and want to dominate the business world. Consequently, with his partners’ efforts and help, Ma Yun manages to set up the Alibaba, the biggest and most successful trading company in China.*

*All in all, although focusing on realistic goals has a couple of advantages, having ambitious dreams and trying to achieve them could bring more benefits, including keeping individuals on working hard and bringing chances of cooperation.*

*-------------------------------------------------------------------------------------------------------*

*~~In recent years, a heated discussion about the choice between realistic goals and ambitious dreams has been triggered. Some people are in favor of the former one because they believe successes are composed of a series of completed goals. However, as far as I am concerned, I do espouse the ambitious dreams to a large extent.~~*

*~~First and foremost, Individuals who are pursuing ambitious dreams tent to keep mind sharp. In the ear of information explosion, these people are able to learn new things constantly via absorbing the latest information as well as knowledge, by which it means they are like to succeed in harvesting satisfactory self-improvement during this process.~~*

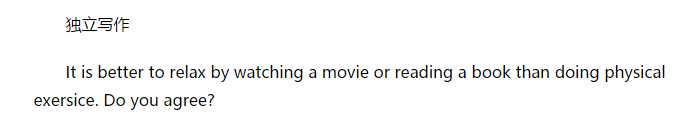
*~~Additionally, in light of the essence of dreams, people tent to find more interests in them. In comparison to realistic goals which are practical as well as~~* *~~compulsory, when pursuing ambitious dreams, individuals are more likely to become innovative and creative, meanwhile, they are motivated and inspired since as is known to us all, interest is the best teachers. By gaining joys and happiness, they will find the dreams more rewarding.~~*

*~~Furthermore, compared with obtaining realistic goals, making aspiring dreams come true impels people to acquire an increasing number of skills, resources and experience. After being equipped with these kinds of factors, people manage to make more money and get promotions as well, which is associated with further achievements closely. In other words, they can enter a virtuous circle as they previously willing to achieve under most circumstances.~~*

*~~Admittedly, targeting at realistic goals also makes its own sense. For one thing, quiet a few aggressive dreams are composed of plenty of relatively tiny realistic goals. There are countless instances that by reaching a lot of realistic goals little by little and step by step, individuals manage to harvest the ultimately greatest dreams in the end. For another, when it comes to those who attach much importance to realistic targets, they have even more chances to own the sense of satisfaction and happiness, which will encourage them to move on and keep pursing goals. Nevertheless, it is still not convincing that some people hold the opinion that they always focus on realistic goals and try to achieve them. If they only concentrate on realistic goals all the time without having more ambitious dreams in their minds, they will have little motivation and make little process. It is really hard for me to imagine that I cannot harvest paramount self-fulfillment in my whole life.~~*

*~~In a nut shell, from my perspective, in light of the extremely rapid advancement of modern society, it is high time that an increasing number of people pursed more ambitious dreams, only by doing so can they harvest promising prospect.~~*

***Essay 5***

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*Alarmingly, a great many people have always been suffering from a massive amount of daily works in the modern society, and it is necessary to relax when people feel weary. Among the relaxing methods, watching movies, reading books and doing physical exercises are the most common. Some people are in favor of the former two. However, as far as I am concerned, doing physical exercises has more advantages.*

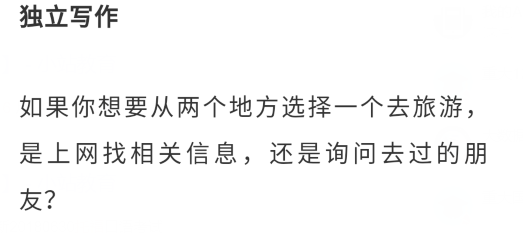
*To begin with, watching movies and reading books are undoubtedly good ways to release people’s mental pressure. These activities can put people in a pleasant environment, which frees them from mental burdens resulting from a vast amount of works and peer competitions. However, the excessive amount of movies and books may lure children from lessons. As a result, their learning efficiency may decrease and their academic performances will be on the downgrade. Besides, if adults get much used to movies and books, they may become less aggressive, which, in turn, harms their job performances.*

*On the other hand, taking up physical exercises has far more advantages. The direct benefit is that as we know, a moderate amount of physical exercise cannot only release our mental pressure but also, to a large extent, enhance the effectiveness of our immune system. Besides, lots of outdoor physical exercise can make people breathe the fresh air and enjoy the closeness to the nature, which can make people happy. For instance, in the last year, I prepared for TOEFL tests and was so tired due to a plenty of tasks. To relax, I always went to gyms and played basketball. A series of jumping and running could make me forget these burdensome tasks, which frees me from the mental pressure, and stretch myself out, which energizes my physical body.*

*Another advantage is that doing physical exercises together with family members provide an excellent way to strength family bonds. People spend most of time working and sleeping and thus have a small amount of time to accompany their family members. Doing physical exercise helps get family members together and relax. For instance, I always invite my father to play basketball. In the exercise, my father and I cannot only feel relaxed but also get valuable chances to have heart-to-heart talks, which could narrow the distance between our relationships. On the contrary, reading books or watching movies almost could not provide such an environment, where family members can talk with each other too much.*

*All in all, though watching movies and reading books have a couple of advantages, doing physical exercises brings more benefits, including relaxing mental and physical health and enhancing the family relationships.*

***Essay 6***



*Traveling has always been one of the most popular entertainments in individuals’ daily life. To draw up traveling plans, it is a prerequisite for people to aggregate enough information about the scenic spots. Among these methods of collecting information, searching information online and asking friends for information are most common. Some people are in favor of the former one. However, as far as I am concerned, asking friends has more advantages.*

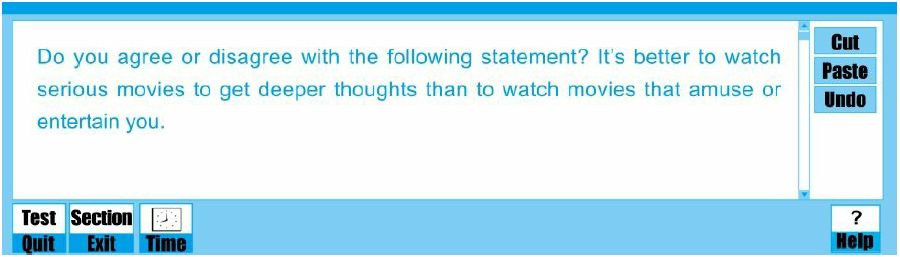
*To begin with, inquiring information online is undoubtedly an excellent method to learn the spots comprehensively. A massive amount of information about the spots edited by network users is available on the Internet, and with the collected information, individuals can learn about the tourist attractions as more as possible, such as the historical periods, traveling routes and local delicious food. However, the information released on the Internet is likely to be inaccurate and misleading, which may negatively affects individuals’ traveling experience, because some businessmen will deliberately publish some deceptive advertisements aiming to attract more tourists and to increase financial income.*

*On the other hand, asking friends for information about the tourist attractions has far more advantages. One direct benefit is that the first-hand information conveyed by your friends is accurate and credible, because your friends have already visited the spots. Therefore, by summarizing their experience you can plan the traveling reasonably. There is no need to worry about being deceived by the inaccurate information gathered from the Internet. For instance, according their information, you can travel the fastest route to the tourist attractions, taste the delicious local cuisine, and choose a homelike hotel.*

*Another advantage is that asking friends for information about scenic spots could enhance the friendship. Supposed you ask friends for the information about tourist attractions. It means you still remember their past tourist experiences. They may enjoy your behavior, which can narrow the distance between the relationships. Besides, asking friends for information will bring you more time to communicate with each other, which, in turn, strengthens the friend bonds. For example, last year, I planned to travel in the city of Beijing, in China. Before traveling, I asked my friend Fran, who had already stayed in Beijing for three years, which tourist attractions are recommended. He was pleasant for my contact and helped me establish the detailed visiting plan with enthusiasm.*

*All in all, though searching information online has a couple of advantages, getting information from friends bring more benefits, including obtaining accurate information and enhancing friendship.*

***Essay 7***

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*Films have witnessed an unprecedented boom in recent years, and watching movies has always been one of the hottest entertainments in individuals’ daily life. Among these popular film categories, serious movies and entertaining movies are most influential. Some people believe that it is better to watch amusing movies due to their humor; however, as far as I am concerned serious movies have far more advantages truly benefiting film viewers.*

*To begin with, watching entertaining movies is certainly an excellent way of relief, especially after people complete lots of work. Watching funny films puts individuals in a pleasant environment, which makes them forget the huge burden coming from huge amount of daily work or peer competition. However, an excessive amount of movies may lure children away from lessons. As they distracted by those entertaining movies, they study efficiency will decrease and their academic performance will be on the downgrade. In addition, if adults get much used to watching funning movies, they will become less aggressive, which may in turn do harm to their job performance.*

*On the other hand, the advantages of serious movies far outweigh the disadvantages. Contents in serious films can well educate and positively guide children during their growth. When children grow up, they will face troubles. And the contents in serious movies could be the lifelong instructor and bring kids powerful mental power, because a majority of contents focus on the real life of low social class, describing their spirit of never giving up and optimistic attitude in fighting with difficulties. For example, the movie The Pursuit of Happiness, nomination of Oscar Award, describes the struggling life of an African American man played by Will Smith, who was at a bottom of his life and had negligible income. Through his own unremitting efforts and optimism, he managed to earn a well-paid job in the end. His efforts and attitude towards to the tough time in life deeply inspired me, especially when I feel powerless to fight with hardship.*

*Another advantage is that serious movies provide an excellent opportunity for individuals to comprehend a vast amount of knowledge and experience. A plenty of serious movies would record the social reality during various history periods of the world. For example, Gone with the wind, a popular movie starring Clark Gable and Vivien Leigh, presents a story during the Civil War. The social realities during that period in history were vividly shown in the plots. Apart from that, the movie The Wolf of Wall Street teaches people lots of financial knowledge and trading techniques, which broadens the horizons.*

*All in all, although there are a couple of advantages provided by entertaining movies, the serious movies bring people more benefits, including teaching people to be positive and enriching their minds.*

***Essay 8***



*The occupational success of celebrities has been widely spread through mass media in the era of the Internet, and the success factors have been one of the hottest topics in ordinary individuals’ daily lives in recent years. Among these elements, relating well to other people and studying hard at school are the most influential. Some people are in favor of the former one, since they firmly believe that an individual’s success benefits from others’ help. As far as I am concerned, studying hard in school is paramount.*

*To begin with, relating well with other people is certainly a good way to accelerate individuals’ success in their career, which could be owe the fact that by building positive connections with other people, individuals could obtain more chances of cooperation. Compared to someone who struggles alone, people posing favorable social relations are more likely to succeed in their career path. There is an old saying goes, “At home, one relies on one’s parents, and outside, on one’s friends”. Be that as it may, excessively relying on others may refrain people from struggling. They may conceptualize that by asking for help, every difficulty matter could be easily tackled by friends, which may in turn result to their neglect of ambition.*

*On the other hand, the importance of studying hard in school far outweighs that of relating well with friends. One direct advantage is that studying hard in school can enhance personal* *capability, including professional and independent studying efficiency, which is significantly important for future careers. To demonstrate, Mark Zuckerberg, the Facebook CEO, trained his coding ability in Harvard University and gradually grew into an excellent coder before graduation, who could complete a majority of business tasks. Thus, after dropping out of school, he set up his company, Facebook, and soon achieved career success by virtue of his outstanding coding capability.*

*Apart from that, studying hard in school could render individuals public praise. Beyond doubt, compliments could attract more people to know you and cooperate with you actively, thus accelerating career success. Taking Huang Zhang, the CEO of a public company, PinDuoDuo, as an example, he was famous for studying hard in Zhejiang University. A multitude of bosses and leaders strove to contact him and wanted him to work in their companies. Consequently, Huang Zhang easily got to know many powerful businessmen and obtained amassed opportunities, which in turn facilitated his personal success. In my view, without his hard work in school, it is impossible to achieve such an occupational success today.*

*All in all, although relating well to other people could obtain a sundry of cooperation chances, studying hard in school brings more benefits, including excellent personal abilities and public praise.*

***Essay 9***



*Multifarious examinations are taken by students every semester. Giving grades is considered as the most prevailing method to evaluate the learning performance of students. Examination grades have always been one of the topics broadly discussed in students’ campus lives, owing to the fact that the mark is closely related with many things including emotions and scholarships. Competing for good grades will add a huge amount of pressure on some students, who think examinations should not be marked. Be that as it may, pursuing high grades is indeed an essential catalyst for students to focus on their textbooks. It is admitted that marks really encourage students to learn, but their performance should not be vastly exaggerated.*

*To begin with, giving grades urges students to study hard to obtain satisfactory marks. Most students want to achieve the top score in tests, and no one wishes to fall behind. On that account, once academic competition starts among these schoolmates, their study efficiency will be enhanced and the academic performance will be on the upgrade. Those who have already won will make greater efforts to hold on to their superior position in examinations, whereas those who lost in the previous competitions will double their efforts to study to erase past mistakes and continue the struggle for higher scores next time. To demonstrate, my best friend Jason is a good student and always gets perfect scores in different tests. To safeguard his superior position in the grade system, he has to exert more effort in studying. As soon as he starts to stack off, other classmates will surpass him. The pursuit of good grades encourages him to learn.*

*What is more, grades can help reveal students’ shortcomings in studies. When a new round of assessments is completed and final grades are announced, students will have the opportunity to discover the weakness of the hierarchy of his weaknesses on different subjects, according to the loss of marks. They may go all out to find the reasons for these losses. After reviewing test papers, it is natural for them to notice what has been neglected previously and obtain an objective attitude in studying. From then on, their attention might be focused on these drawbacks, and in the following examinations, they are likely to overcome these shortcomings and achieve better grades.*

*Nevertheless, the exam grade will certainly increase students’ mental and bodily pressure, because in some of the exams, they may not achieve satisfactory scores. Once getting low scores, students will lose confidence in themselves and even be harshly scolded by their parents and teachers. Apart from additional mental pressure, to achieve perfect marks, some students may sacrifice their physical workout time to complete coursework, which may in turn cause young students some ill health. Accordingly, in view of these side effects that resulted from examination scores, the advantages of giving grades should not be excessively exaggerated.*

*All in all, although grades have minor disadvantage on students’ studying, grades render students more benefits, including hard learning and discovering shortcomings in their studies.*

***Essay 10***

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*Homework is one of the most effective methods to evaluate students’ learning performance, after students complete the day’s classes. Thus, to reveal the weak points in subjects learning, varieties of related homework are assigned to students by many teachers every day. Consequently, many students have to spend a huge amount of time on their homework after school. Some people are not in favor of assigning the daily homework to students because they deem these tasks are likely to take a lot of students’ after-school time. However, from a personal viewpoint, daily homework is requisite for a majority of students. The reasons are elaborated in the following paragraphs.*

*To begin with, homework can help the students to review what has been learned on the day’s class and prepare for the new knowledge that will be present in the following classes. In the class, lots of knowledge will be conveyed by teachers every day, and needless to say, plenty of time must be spent to master the new knowledge. Students do their homework to check whether they have a good command of the new knowledge or not. When a round of homework is submitted and then marked by teachers, students have the opportunity to find the weak points in their studying, based on the loss of marks. From then on, students may be able to focus on overcoming these weaknesses and assimilate what teachers taught better. Apart from that, preparing lessons before class is a common form of homework. With the preparation for following classes, students could master the new coming knowledge as soon as possible.*

*In addition, a huge amount of daily homework can force on students to increase their studying efficiency and* *their academic performance will be on the upgrade. To overcome these burden academic tasks, one way is to add engaged time, and another way is to enhance personal efficiency. Beyond doubt, the former one is infeasible due to limited after-school time. Students have no way but to become more efficient and productive. For instance, when my cousin Jackson was an elementary school student, he always did his homework while listening to music or watching television, because the primary school has little daily homework. Being distracted by these entertainments, his working efficiency is terrible, and he often did not complete the homework until 10.p.m. However, after entering high school with a large amount of daily homework to do, he has to give up the previous studying style and put his heart and soul into homework. In the end, he succeeds to complete these tasks before 9.p.m.*

*Nevertheless, daily homework certainly occupies students’ lots of after-school time. Current students may have a dozen of courses, with the diversification of subjects and the explosive growth of knowledge in recent years. Once every course has its required daily homework, some students need to devote great efforts to these assignments. Even some students may sacrifice the valuable leisure time, which should be invested in physical exercise. Lacking sufficient body exercise might cause students to get sick. Thus, in view of the possible side effects resulted from daily homework, the advantages of daily homework should not be excessively exaggerated.*

*All in all, although daily homework has some disadvantages, it brings more benefits including reviewing knowledge, covering preparing lessons for next classes and enhancing efficiency.*

***Essay 11***



*The communication among individuals has become more frequent than ever before with the development of social media in recent years. The common communication methods includes writing and speaking, which are considered as the essential skills to ensure the bright future of a person in such a dense communication era. A general controversy rises up when the two are presented together. Some people attach a greater importance to speaking than writing, while others hold the opposite attitude. In my view, both abilities are equally important.*

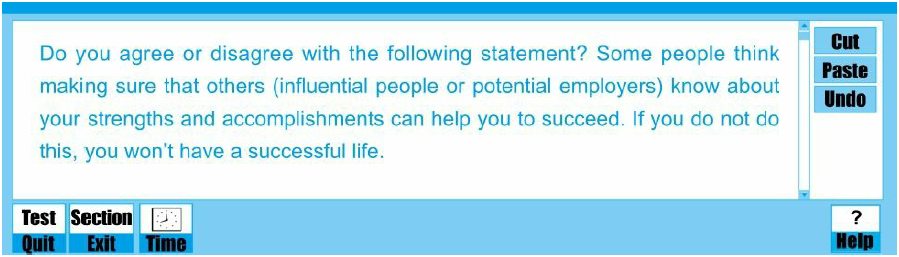
*With reference to the skill of speaking, the eloquence is a most direct indication of one's outstanding talent, thus paving the way towards career success. People could trace evidence to Martin Luther King, the famous leader of human rights. His famous lecture “I have a dream” was delivered to the public without a draft and deeply touched the hearts of almost all around the world, which in some extent promoted the civil rights movements in American. Apart from his outstanding speech, he is remembered as a best-known elocutionist last forever. Oprah Winfrey, the world-renowned talk show queen is another model. Her unparalleled talking skills appeal to nearly all ages and races. By the virtue of such an excellent ability, she is popular and thus obtain a successful career.*

*In addition, a competent speaker is able to enhance the relationships with others and enlarge his or her own circle. Deep understanding can be achieved and the friend relationship could be enhanced. For instance, when one’s friends are suffering, one’s warm words could comfort them and bridge the mutual distance. Moreover, profiting from excellent communication skills, one will harvest a good reputation as a thoughtful and gentle man. With such public praise, many unacquainted individuals are willing to get to know and make friends with one, and consequently one’s social circle will be enlarged.*

*Besides, the significance of a person's writing ability should also be mentioned.* *Excellent writing skills could ensure one's academic and professional success. To illustrate, for students who may have lots of essay to complete, good writing ability helps them obtain high marks on the writing papers. With good grades, students are likely to get academic scholarships. In addition, with good writing skills, some graduate students could complete satisfactory thesis, which means they are likely to be granted a dream academic degree or reward. For academic researchers, excellent writing skills would guarantee excellent papers published in top-level journals. For journalist, having the competence to draft articles may be an important stepping stone leading toward promotions and career success. As for professional writers, their popular works record the essences of history and might be regarded as milestones of an age.*

*All in all, both speaking and writing abilities are critical to a person's overall development*.

***Essay 12***



*Success stories of celebrities have been widely spread through mass media in the era of the Internet, which motivates individuals to discuss success factors. Some individuals believe that these influential persons or potential employers have considerable influence on their bright future, and want these people to know about their strengths and accomplishments. As far as I am concerned, I am strongly in favor of this standpoint.*

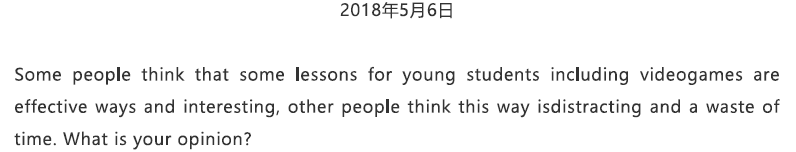
*To begin with, you can get opportunities for cooperation with influential persons if ensuring they know your achievements and advantages. Prominent persons, who want cooperation, will select their partners carefully and may regard partners’ competence as significantly important because partners’ ability could guarantee the successful collaboration to a great extent. To be an influential persons’ partner, your accomplishments and strengths are indeed the best proof of your competence. For instance, Zhang Xi is a great entrepreneur who manages a high-tech company. Last year, he sought for a technical expert as his partner for an important project in his company. My father became his partner successfully, after introducing the latest patents related to the project to Zhang Xi. From then on, my father could not only transform his patents into products but also obtained a high peak on his occupational path.*

*What’s more, this can surpass other competitors and get a well-paid job. It is difficult to obtain a satisfactory job due to limited decent jobs and many competitors. When a company recruits people, to have a good offer, you must display your talent and competence in the interview. Similarly, your achievements and advantages could testify your capability and make your employer give your offer. On the contrary, if you are in your shell and hide your achievements and strength, it is difficult to gain your manager’s acceptance and trump other job seekers. To demonstrate, in the movie The Pursuit of Happiness, Will Smith could not get an opportunity for the internship if he lacks confidence and does not introduce his strengths, such as perseverance and proficiency in mathematics.*

*Nevertheless, the advantages should not be excessively exaggerated. If a person manages to convince an influential figure of his merits and achievements, he is more likely to be promoted to a higher position or work on an important project. That indeed paves the way to his success. Nonetheless, suppose this person becomes overly self-contented and stops making great efforts? Then the blessed opportunity will be wasted. No matter how brilliant his past used to be and what great achievements he made, his future will not be promising.*

*All in all, ensuring others know your strength and accomplishment could bring lots of benefits, including opportunities for cooperation and a well-paid job, which accelerates your occupational success.*

***Essay 13***



*Some lessons including videogames has been invented for young students to study, with the rapid development of technology. In recent years, a heated discussion about these lessons has been triggered. Some people hold the opinion that these lessons are effective and interesting, which benefits students’ education. However, as far as I am concerned, I strongly oppose this viewpoints.*

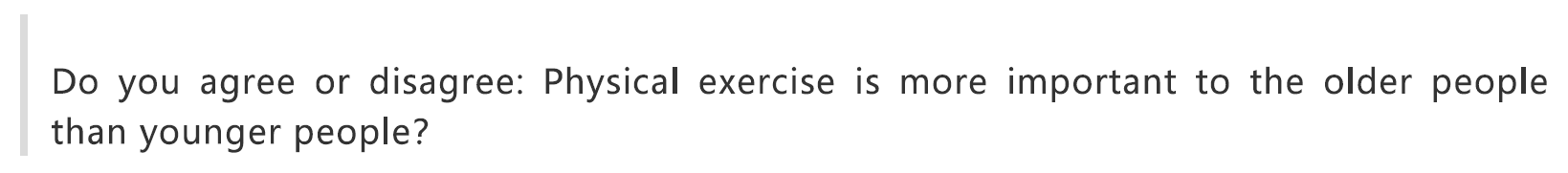
*To begin with, an excessive amount of videogames are likely to lure students from their daily lessons because a plenty of studying time would be indeed occupied. Compared with daily homework and courses, videogames are undoubtedly intriguing and attracting. And young students always have less self-discipline to plan their schedule. Under this circumstance, students’ learning efficiency will decrease and their academic performance will be on the downgrade due to these videogames. For instance, my six-year-old little cousin, Fran, is obsessed with videogames. He will turn on the television as soon as he goes back home, and play Age of Empires, a famous games developed by Microsoft. Because of addition to the games, his grades in several semester examinations let his parents down.*

*What’s more, addiction to these games may make students have less time to contact with their friends and family members. When a student is crazy about videogames, he will spend as much time as possible on games. It is often the case that he may refuse to have heart-to-heart talk with his parents because the discussion is a waste of time. Similarly, he sometimes may stop doing physical sports with his close friends, which harms his physical health due to insufficient exercise. In addition, being fixated on screens will cause students diminution of vision. Strongly addiction to games not only harms students’ physical bodies, but also their mental health, because games may make students lose ambitiousness in their studying and lives.*

*Admittedly, videogames is undoubtedly a good way to help students access to all sorts of information by vivid animations, which increases their knowledge and broaden their horizons significantly. Nevertheless, the disadvantages of videogames could not be ignored.*

*All in all, though videogames has a couple of advantages, it may bring do much harm to student’s education and their mental and physical health. Consequently, in the critical period of childhood, some lessons including videogames ought to be abandoned.*

***Essay 14***



*Doing physical exercises has always been one of the most common entertainments in individuals’ daily lives. In recent years, a heated discussion whether physical exercise is paramount for older people has been triggered. As far as I am concerned, I oppose the opinion and believe that the young individuals are more in need of physical exercises.*

*First and foremost, young people have more mental and physical pressure than the old, and young people’s burden can be released by doing physical exercises. In fast-paced modern lives, compared to old people, young people always need to complete plenty of daily work in long working hours, and commonly have much peer competition. Thus, they are suffering from a huge amount of burden, which means it is strongly necessary for them to release burden in minds and bodies. Fortunately, as we know, physical exercise provides an excellent opportunity to energize people. For instance, running can put young people in a pleasant and comfortable environment to ease their minds and meanwhile make people breathe the fresh air and enjoy the closeness to the nature. Besides, long-term running can strengthen the immune system.*

*What’s more, physical exercises contribute to the younger’s self-development and personality shaping whereas the older already have fixed characters. Since the social competition is fierce, young people have all the reasons to achieve the in-depth and comprehensive development in competitiveness. Physical exercise, such as playing basketball and football, involves team activities, which highlights heavily communication skills, coordination ability and organization capacity. So, not only can it help tone the body and firm up muscles, but also can make young people learn how to master more soft skills and become excellent team leaders. Whenever the conflicts happen on the team, young people with better team spirits and soft skills will definitely cope with the issues in a better way. Besides, soft skills will empower you to gain more intangible resources, such as new friends of the same interest, expanding your social network.*

*Admittedly, doing physical exercises is undoubtedly a good way for the older to kill the time after they retire. Nevertheless, there are many other relaxing methods, such as watching movies and reading books. These methods can also avoid the older from being injured.*

*All in all, though doing physical exercise has a couple of advantages for the older, it brings more benefits for the younger, including easing minds and bodies and cultivating soft skills.*

***Essay 15***