1. In some countries, young people are not only richer but also safer and healthier than ever before. However, they are less happy. What do you think are the causes of this? What solutions can you suggest?

Currently, there has been a general debate over the public happiness regarding the fact that the rise and rise of young people in some countries are less happy, though they are richer, safer and healthier than ever before. (that huge number of young people in some countries is not happy, though they are rich and spending more healthy and safe life than ever before).

From (According to) my point of view, the main reason why today’s youth feel less happy is that their inner spiritual world did not be satisfied, while they are not enough mature or lack of experience to handle the difficulties when they enter into society.

(One of the main reasons for unhappy life of youngsters is that they are not spiritually satisfied, and they are not enough matures to handle the difficulties of practical life.)

I would expand this discussion with the following two aspects. (this discussion have following two major aspects )

For the majority of young people, happiness seems a long distance thing since hardly can they really liberate themselves from the growing social requirements and shrug off the anxiety in the fast-paced society. Especially in this highly commercialized world which has dramatically changed in terms of the intensity of competition, one must go through before achieving success. In most cases these individuals are dreaming of wealth and fame, or even power, but what will also become inevitable is the tons of stress, insecurity and dissatisfaction,

Another cause for concern, the psychological factors (Psychological factors is another cause of concern), such as the wholesome mentality (maturity), which may also be closely related to the personal happiness.

If young people know nothing about how to adjust personal mentality, chances are high that they are going to be negative and complaining, or even finally give up when encountering great difficulties at some point of their lives.

(If a teenager or youngster is not enough mature then the chances are high that he might think negative and complain about different things in his life. He can also fear to face the difficult situation of his life and give up too early in these scenarios.)

Worse, it usually means a less self-fulfillment, which poses a great threat to their main source of happiness.

(In worst case, it generally means a dissatisfaction, which lead him to an unhappy life.)

Faced with above challenges, it is suggested that the outer world such as the schools and workplace offers opportunities to develop young peoples’ psychological health.

(It is clear that different places such as school, offices and other social places provide the great opportunities to the youngsters to improve the psychological health)

As activities like quality development, or outward bound(I don’t know what is the exactly meaning here) is booming in China, which enables them to feel relaxed, love and become positive, I really believe it pays to do things like that (make the sentence better).

In addition to young peoples’ inner world, their self-discipline like reading, communicating and physical exercise would also help them to experience a state of happiness.

In addition, for the self-disciplined youngsters, reading, social gathering and physical exercises can also help them to experience the happiness and joy.

In conclusion, although the pursuit of happiness is not a sample (simple) matter for human beings and it is in(No need to use “in”) the fact that more and more (large number of) people are deprived of happiness and satisfaction by the progress of society, we still believe it can be solved by developing individual’s wholesome (you can use word OVERALL) mentality and the ability of perception of happiness.(and the perception of happiness) In contemporary (Modern )world, it’s the best time to capture happiness than ever before. (It is the time to avail opportunity to stay happy and keep others happy. )

2. Some people think personal happiness is closely related to economic success, while others believe that it depends on other factors. Discuss both views and give your opinion.

When it comes to happiness, the overwhelming majority of people would agree with the assertion that personal happiness is closely related to economic success; others, however, believe that it depends on other factors too, and that is also my point.

Admittedly,? economic success can easily help us to meet materialistic demands. It is universally acknowledged that our daily life closely links to how much money we make (related to our earning), in contemporary society, money can buy almost everything that we can think of, including the food, clothes, and the shelters or in other words improve the quality of living. What’s more, many parents want to send their children to the best schools, regardless of tuition fees they must pay. (parents always want to provide their children better education in good schools regardless of the money they have to pay) If they have no money, it is less likely to support their children’s education.

Nevertheless (however), personal happiness would not be merely satisfied by money, as far as I am concerned, money can buy medicine, but it cannot buy health. It can be best exemplified by the case of Steven William Hawking, who was one of the greatest physicists around the world. Dr. Hawking would have been someone who has it all, but unfortunately he suffered from disease by the end of 1960s. Although many people, organizations were willing to pay for his medical expense with top end treatment, the modern medical technology still had not salvaged his health. In this sense, Dr. Hawking’s personal happiness were (was) deprived of diseases.

In My point of view is that although personal happiness is closely related to economic success, there are many factors that are valuable for us to considerate. Those strong relationships like health, family bands (Family bond), friendships, as well as self-achievement (Achievement), also help individual’s happiness. Beside this, I believe that those who are(have achieved) economic success may not be happy, in contrast, the happy people are more likely to be success.

I believe that, successful people in their life are happier than those people who are only economically strong.

Suggestions:

Use simple words…. do not use complicated words

Use small sentences

Sequence of the essay matters a lot….. Always keep in flow

I tried to rewrite the few sentences as much I can understand. Overall answers are good just need little bit more practice.