REVIEW ARTICLE



# The first 1000 cultured species of the human gastrointestinal microbiota

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microbiota; diversity; gut; gastrointestinal; microbiome; function.

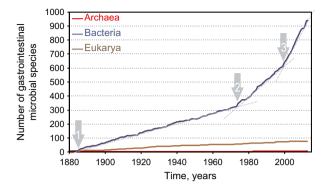
### Abstract

The microorganisms that inhabit the human gastrointestinal tract comprise a complex ecosystem with functions that significantly contribute to our systemic metabolism and have an impact on health and disease. In line with its importance, the human gastrointestinal microbiota has been extensively studied. Despite the fact that a significant part of the intestinal microorganisms has not yet been cultured, presently over 1000 different microbial species that can reside in the human gastrointestinal tract have been identified. This review provides a systematic overview and detailed references of the total of 1057 intestinal species of Eukarya (92), Archaea (8) and Bacteria (957), based on the phylogenetic framework of their small subunit ribosomal RNA gene sequences. Moreover, it unifies knowledge about the prevalence, abundance, stability, physiology, genetics and the association with human health of these gastrointestinal microorganisms, which is currently scattered over a vast amount of literature published in the last 150 years. This detailed physiological and genetic information is expected to be instrumental in advancing our knowledge of the gastrointestinal microbiota. Moreover, it opens avenues for future comparative and functional metagenomic and other high-throughput approaches that need a systematic and physiological basis to have an impact.

# Introduction – a historical perspective

Human beings, similar to other higher organisms, live in symbiosis with their coevolved microbiota (Bäckhed et al., 2005). The majority of the human microorganisms reside in the gastrointestinal tract, where, besides contributing to the digestion, they perform various other functions that are essential for the human host. These functions include the production of vitamins, education of the immune system, communication with the intestinal cells, and modulation of the host's behavior (Bäckhed et al., 2005; Cryan & Dinan, 2012; Rajilić-Stojanović, 2013). The first report of living creatures in the human gastrointestinal tract dates from 1681 when Antonie van Leeuwenhoek reported a variety of 'little animals' in his stool samples and identified what is now thought to be a Giardia spp. when suffering from diarrhea (Dobell, 1932). Almost two centuries passed before the first detailed descriptions of pure cultures of gastrointestinal microorganisms were reported, of which the earliest is most likely the description of the eukarval intestinal parasite *Pentatri*chomonas hominis (at the time named Trichomonas hominis), by Casimir Davaine in 1854 (Hemmeter, 1902). Since P. hominis, similar to other intestinal Eukarya, has a very low prevalence, this discovery did not trigger further analysis of the gastrointestinal microbiota. However, intensive studies of the gastrointestinal microbiota followed the first cultivation of the intestinal bacterium, now known as Escherichia coli. From a historical perspective, this and several other events, here termed turning points, can be recognized as having impacted the discovery of the gastrointestinal microbiota constituents. These turning points are evident when the number of described gastrointestinal tract species is considered in view of time (Fig. 1).

The first turning point (Fig. 1) marks the first description of a gastrointestinal bacterium, which is the isolation of Bacterium coli commune (later renamed to E. coli), by



**Fig. 1.** Graphical representation of the cumulative number of cultured species from *Bacteria, Archaea* and *Eukarya* from the human gastrointestinal tract as a function of time. The arrows indicate the turning points of the gastrointestinal microbiota research: (1) Isolation of the first gastrointestinal bacterial species, (2) Introduction of strictly anaerobic techniques, and (3) Introduction of molecular techniques in the field of the gastrointestinal microbiota research.

the German pediatrician Teodor Escherich in 1885 (Shulman et al., 2007). The studies that followed shortly thereafter led to the description of representatives of a number of the major gastrointestinal bacterial groups, including the genera Bacteroides, Bifidobacterium, and Bacillus as well as proteolytic cocci (Flügge, 1886; Veillon & Zuber, 1898; Moro, 1900; Tissier, 1900; Passini, 1905; Tissier, 1908; Distaso, 1911). During this period that lasted till the late sixties of the 20th century, Bifidobacterium and Bacteroides spp. were considered to be the dominant groups in the human gastrointestinal tract. Aerobes, referred as coliforms, streptococci and lactobacilli, were found as minor groups, while clostridia, staphylococci and aerobic spore-formers were reported as rare and not always detectable (Haenel, 1970). However, the vast majority of the gastrointestinal microorganisms are now known to be strict anaerobes, and this was for the first time shown in 1931 (Sanborn, 1931). Therefore, the early cultivation studies provided only a partial view of the gastrointestinal microbiota and it enabled isolation of only a minority (10-25%) of the gastrointestinal microorganisms (Finegold, 1969).

The improvements of anaerobic cultivation techniques by Hungate (1969) marked the second turning point in the gastrointestinal microbiota research, approximately 50 years ago (Fig. 1). In this second period of the gastrointestinal microbiota research that lasted from the early seventies till the molecular revolution in the beginning of this century (Fig. 1), it was recognized that the microbiota in the gastrointestinal tract is dominated by bacterial species that belong to the following genera: *Bacteroides, Clostridium, Eubacterium, Veillonella, Ruminococcus, Bifidobacterium, Fusobacterium, Lactobacillus, Peptostreptococ-*

cus, and Peptococcus (Moore & Holdeman, 1974a). Using strict anaerobic techniques, it was reportedly possible to cultivate up to 88% of the total microscopic counts in fecal samples (Moore & Holdeman, 1974a). However, due to the enormous complexity of the gastrointestinal microbiota, many of the hundreds of isolates were not characterized beyond the genus level (Finegold et al., 1974; Moore & Holdeman, 1974a; Benno et al., 1986). Moreover, as processing of even a single sample yielded an enormous amount of different isolates, it was physically impossible to compare these all and make a full description based on the morphological, biochemical and physiological characteristics that could be determined at that time (Moore & Holdeman, 1974b). Hence, due to these technical limitations, the gastrointestinal microbiota remained only partially characterized.

Finally, the third turning point in the gastrointestinal microbiota research can be ascribed to the incorporation of molecular techniques about a dozen years ago (Fig. 1). These include global and culture-independent studies based on the sequence analysis of the small subunit ribosomal RNA (SSU rRNA) that had provided the molecular basis for microbial taxonomy that is currently used (Woese et al., 1990). However, the complexity of the gastrointestinal tract microbial ecosystem hampers the rapid application of SSU rRNA-based methods as well as (meta)genomics (Zoetendal et al., 2008). Hence, the first gastrointestinal tract study using SSU rRNA sequences dealt with a single adult sample (Wilson & Blitchington, 1996). Subsequent SSU rRNA-based studies in multiple adults demonstrated the individuality, temporal stability and site specificity of the intestinal microbiota with a diversity that was only partially grasped in cultivationbased studies (Zoetendal et al., 1998; Suau et al., 1999; Zoetendal et al., 2001). These novel findings sparked a revival of the scientific interest in the gastrointestinal microbiota that was initially compared to a Renaissance (Tannock, 1999). However, the years that followed showed this to be more of a revolution that incorporated metagenome and whole-genome characterizations (Nelson et al., 2010; Qin et al., 2010; Brown et al., 2013).

When integrated with cultivation-based studies, the analysis of the SSU rRNA gene sequences as phylogenetic markers enabled rapid identification of the new gastrointestinal isolates, and illustrated the need for the reclassification of many species. In addition, the SSU rRNA gene sequences enabled the detection of not yet cultured microorganisms and their phylogenetic positioning. Finally, the research field expanded to another dimension with the application of high-throughput approaches, including next-generation sequencing of the SSU rRNA gene sequences or the entire genomic material (Zoetendal et al., 2008). The latter metagenomic analyses generated a

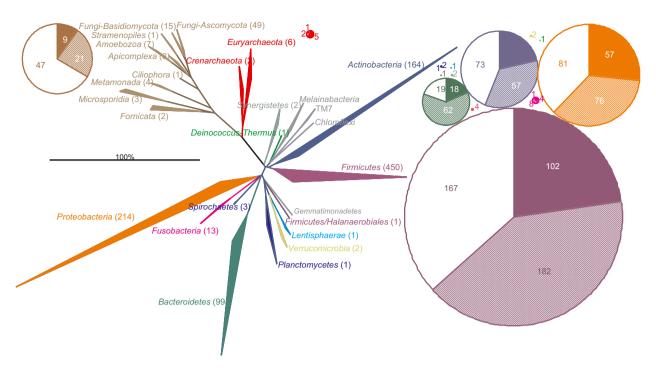
baseline of over 3 million, mainly bacterial, genes present in the human gastrointestinal tract (Qin *et al.*, 2010; Brown *et al.*, 2013) and demonstrated that the majority of the gastrointestinal microorganisms contain genomes that have not yet been characterized (Qin *et al.*, 2010; Le Chatelier *et al.*, 2013).

The present-day view of the gastrointestinal microbiota composition is quite different than prior to the molecular revolution. Most importantly, it is evident that still many of the gastrointestinal microorganisms have not yet been cultured and this in particular concerns phylogenetically distinct bacterial groups belonging to the Firmicutes phylum (Rajilić-Stojanović et al., 2007). Furthermore, several of the bacterial groups that based on cultivation studies had been recognized as dominant gastrointestinal genera. have been reclassified and renamed. Most notably this concerns the Bacteroides spp. that have been reclassified into the genera Alistipes, Prevotella, Paraprevotella, Parabacteroides, and Odoribacter. Moreover, it is evident that different members of the Bacteroidetes phylum and not the Bacteroides genus sensu stricto are dominant in the human gastrointestinal tract. Furthermore, the abundance of the Peptostreptococcus spp. demonstrated in cultivation-based studies, could primarily be attributed to Peptostreptococcocus productus (Holdeman et al., 1976). However, SSU rRNA gene analysis has shown that this species does not belong to the genus Peptostreptococcocus, and the species was reclassified first as Ruminococcus productus (Ezaki et al., 1994) and finally as Blautia producta (Liu et al., 2008). Today, it is clear that Blautia spp., in contrast to Peptostreptococcus spp., form one of the most abundant groups in the human gastrointestinal tract. Many other socalled dominant genera are still in need for major reclassification, and the best example of this is the Clostridium genus, for which a detailed phylogenetic analysis led to a proposed grouping into 19 clusters (Collins et al., 1994). Bacteria belonging to the Clostridium spp. are highly abundant in the adult gastrointestinal tract, and in particular, the members of the species that cluster within the Clostridium cluster IV (C. leptum group, which major constituent is the Ruminococcacea family) and the Clostridium cluster XIVa (C. coccoides group, which resembles the Lachnospiraceae family). Furthermore, the Ruminococcus genus is polyphyletic or paraphyletic and its members cluster within two families — the Ruminococcaceae and Lachnospiraceae. A recent metagenomic study reported that the abundance of Ruminococcus spp. is a driver of one of the proposed enterotype status of the microbiota (Arumugam et al., 2011). However, as the present metagenomic analyses do not provide accurate phylogenetic information, it is unclear which of the two distinct groups of Ruminococcus spp., is the actual driver of this enterotype status. This example illustrates the need for a systematic and detailed

presentation of the microbiota analysis in a phylogenetic framework.

The extensive period of the studying of the gastrointestinal microbiota, its complexity and its variation between individuals have generated a massive amount of information, which is scattered in the literature. To unify the knowledge of the gastrointestinal microbiota that has accumulated since its discovery, we have performed a search of the publications covering more than a century (Fig. 1). We found references that link the human gastrointestinal microbiota with a total of 1057 intestinal species belonging to the Eukarya (92), Archaea (8) and Bacteria (957; Fig. 2, Supporting information, Tables S1– S3). These species were analyzed in ARB software-based database of the SSU rRNA sequences (Pruesse et al., 2007). The phylogenetic trees presented here were extracted from the reference phylogenetic tree of the SILVA database (Yarza et al., 2008). From this phylogenetic and literature analysis, it is clear that bacteria that cluster within the phyla Actinobacteria, Bacteroidetes, Firmicutes and Proteobacteria, are the most diverse and abundant microorganisms in the adult gastrointestinal tract (Fig. 2). The gastrointestinal microbiota also contains members of the less diverse, although in some cases still abundant, bacterial phyla, including the Verrucomicrobia, Lentisphaerae, Synergistetes, Planctomycetes, Tenericutes and the Deinococcus-Thermus group. In addition to these established phylogenetic groups, the SSU rRNA gene sequences of not yet cultured bacteria that cluster within the TM7 candidate phylum, Melainabacteria and Gemmatimonacetes, can be detected in the human gastrointestinal tract (Fig. 2). Several archaeal species that cluster within two phyla have been detected in the human gastrointestinal tract. The Euryarchaeota include the methanogens that are relatively abundant. Among the Eukarya there are organisms that are highly adapted to the human gastrointestinal tract, such as some Candida spp., while many other eukaryote species can be present at a low abundance and may be passengers. Altogether, our present analysis confirms that the human gastrointestinal microbiota is composed of representatives of all three domains of life — Bacteria, Archaea, and Eukarya.

The gastrointestinal microbiota research is very dynamic, and in the last decade, 239 novel gastrointestinal tract species have been detected or described, confirming the earlier notion that the majority of the gastrointestinal microorganisms are cultivable but not yet cultured. While traditional cultivation media and strategies are efficient in obtaining novel species within the *Actinobacteria*, *Bacteroidetes*, *Firmicutes*, and *Proteobacteria* phyla, for the detection of the gastrointestinal representatives of the phyla *Verrucomicrobia* and *Lentisphaerae*, the development of specific media and culturing approaches



**Fig. 2.** Phylogenetic tree of the human gastrointestinal microbiota. The numbers in parentheses indicate the number of cultured species given per phylum. The pie charts illustrate distribution between the number of species with full genome sequence genome (full sectors), the number of species with partial genome sequence (semi-full sectors) and number of species without any genome sequence (empty sectors) given for *Archaea, Eukarya* and per phylum for *Bacteria*. The color code of pies corresponds to the color code of the phylogenetic tree.

was needed (Zoetendal et al., 2003; Derrien et al., 2004). This suggests that for the cultivation of the gastrointestinal microorganisms belonging to phyla that lack any cultured representatives from the human intestine (e.g., TM7 candidate phylum or the Oscillospira genus), alternative and creative cultivation approaches should be developed and applied. Some new and promising developments include the use of high-throughput solid phase growth (Ingham et al., 2007), advanced culturing approaches using gnotobiotic mice (Goodman et al., 2011), or gel microdroplet culturing (Fitzsimons et al., 2013). The use of high-throughput culturing systems that employ a large set of growth media coupled to genomic characterization has proven to be very fruitful (Lagier et al., 2012a; Dubourg et al., 2013; Hamad et al., 2013; Pfleiderer et al., 2013). This recent attention for culturing the gastrointestinal microorganisms reflects the perceived need for detailed physiological, ecological and genetic studies. While a variety of functional metagenomics approaches have been described and applied, it is the integration with culturing approaches that is needed to further advance the understanding of the function of the intestinal ecosystem in health and disease. The power of this combination has recently been illustrated with the example of the abundant mucus-utilizing bacterium, Akkermansia muciniphila as a paradigm (Belzer & de Vos,

2012). Currently, the complete genome of at least one strain of 225 gastrointestinal species has been fully sequenced, assembled, and published, while many other genomic sequencing projects are ongoing (Fig. 2, Tables S1–S3). The physiological and genetic characteristics of these currently recognized gastrointestinal species and their association with particular functions of the ecosystem or diseases are systematized in this review that aims to provide the basis for future comparative and functional metagenomic and other high-throughput approaches applied on the gastrointestinal microbiota.

# Actinobacteria

Actinobacteria are common and abundant in the human gastrointestinal tract. They are also known as gram-positive bacteria with a high G + C content in their DNA. As they are particularly difficult to lyse and their SSU RNA needs specific PCR primers to be amplified (Satokari et al., 2001), this group of bacteria is often underrepresented in molecular surveys of the gastrointestinal microbiota (notably in one of the first global studies of the infants' microbiota; Palmer et al., 2007). Members of the orders Bifidobacteriales (in particular Bifidobacterium spp.) and Coriobacteriales (mainly Collinsella spp.) are highly prevalent already since early life, while members of the

order *Actinobacteriales* are human-associated bacteria that are subabundant and only scarcely detected in the gastro-intestinal tract.

#### Actinobacteria-Bifidobacteriales

Bifidobacterium spp. form a dominant fraction of the human gastrointestinal microbiota, particularly in infants (Benno et al., 1984). Bifidobacteria are present in the abundance ranging between  $10^8$  and  $10^{10}$  cells  $g^{-1}$  of intestinal content (Finegold et al., 1974; Moore & Holdeman, 1974a; Tannock, 1995). The majority of Bifidobacterium spp. have been recovered exclusively from human or animal gastrointestinal samples, and for two species (B. minimum and B. subtile) that were isolated from sew-

age (Scardovi & Trovatelli, 1974), an intestinal origin can be suspected, showing the high adaption of this genus to the gastrointestinal tract. Phylogenetically, *Bifidobacterium* spp. form a homogenous group, with 20 cultured species linked to the human gastrointestinal tract (Fig. 3). The first *Bifidobacterium* spp. was recovered from infant feces in 1900 by Henri Tissier, as a part of his PhD thesis work (Tissier, 1900). It was named *Bacillus bifidus-communis*. Already in 1924, this bacterium was renamed to *Bifidobacterium bifidum*, but *Bifidobacterium* was not recognized as an independent genus until 1974 (Biavati *et al.*, 2000). The members of the *Bifidobacterium* genus are nonmotile, anaerobic or microaerophilic bacteria that produce acetate and lactate as major fermentation products from sugars. The degradation of sugars by these bacteria is

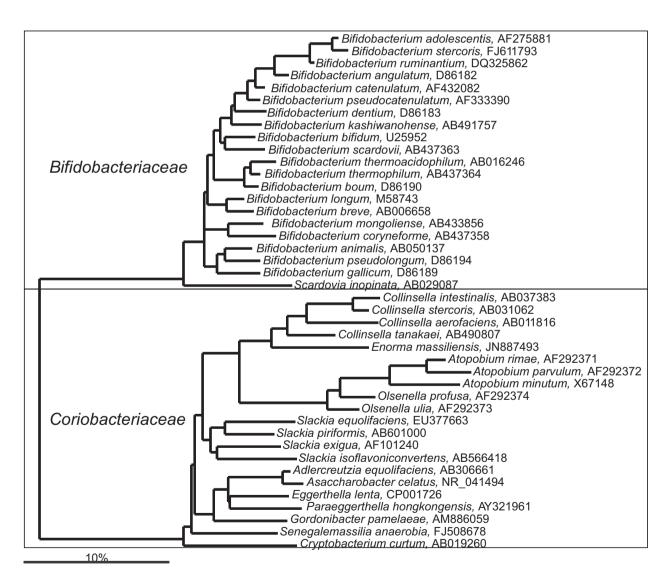


Fig. 3. Phylogenetic tree of the human gastrointestinal species that belong to the orders of the *Bifidobacteriales and Coriobacteriales*. GenBank Accession Numbers of the SSU rRNA gene sequence are provided for each species and the family names are indicated.

performed through a phosphoketolase pathway, also known as the Bifido shunt. Bifidobacterium spp. degrade monosaccharides, galacto-, manno-, and fructo-oligosaccharides, while some strains are able to ferment complex carbohydrates such as starch, arabinogalactan, arabic gum, and gastric mucin (Crociani et al., 1994). As mother milk's contains nondigestible oligosaccharides that can be degraded by Bifidobacterium spp. (Marcobal et al., 2011), this bacterial group is strongly stimulated in breast-fed infants resulting in the dominance of Bifidobacterium spp. in the gastrointestinal microbiota before weaning. The Bifidobacterium spp. are assumed to have a beneficial effect on health (Mitsuoka, 1990) and several members of the Bifidobacterium genus are commercially applied as probiotics. The most relevant observation is that these bacteria have decreased abundance in relation to a number of diseases including vitamin K deficiency (Benno et al., 1985), atopic diseases (Kalliomaki et al., 2001), irritable bowel syndrome (Kerckhoffs et al., 2009; Rajilić-Stojanović et al., 2011), and autism (Wang et al., 2011a). Moreover, Bifidobacterium spp. represent a very stable component of the gastrointestinal microbiota of each person, the composition of which hardly changes throughout years (Rajilić-Stojanović et al., 2013b). Remarkably, a recent study of the microbiota of the Hazda tribe from Tanzania suggested that these adult huntergatherers do not carry any Bifidobacterium spp., which was explained by absence of dietary components such as meat and dairy that could support growth of these bacteria (Schnorr et al., 2014).

## Actinobacteria-Coriobacteriales

Coriobacteriales species constitute a frequently detected group of the gastrointestinal microbiota composed of representatives of 12 different genera (Fig. 3). Collinsella is the most dominant among other members of the order, and a representative of these rod-shaped, nonmotile obligate anaerobes was for the first time detected in human feces in 1935 (Eggerth, 1935). Both cultivation- and molecular-based studies show that Collinsella aerofaciens is a prevalent and an abundant gastrointestinal microorganism (Moore & Holdeman, 1974a; Benno et al., 1986; Kageyama et al., 2000). Four different types of Collinsella aerofaciens were initially recognized and later reclassified into distinct species (Kageyama & Benno, 2000). Collinsella spp. can ferment a wide range of different carbohydrates including complex sugars, such as starch but also glycogen to produce hydrogen gas, ethanol, formate, and lactate (Eggerth, 1935; Kageyama et al., 1999a). Experiments with an in vitro model of the human colon showed that Collinsella spp. along with Bifidobacterium spp. are the major lactose utilizers in the human gastrointestinal

microbiota (Kovatcheva-Datchary, 2010). Moreover, *Collinsella* spp. are capable of deconjugation of bile acids and their abundance shows significant positive correlation with plasma cholesterol levels (Lahti *et al.*, 2013).

Eggerthella are assacharolytic bacteria that produce acids only from glucose, but not from other sugars. The first representative of this bacterial group was isolated in 1935 by Arnold Eggerth (Eggerth, 1935). These bacteria produce formate and lactate. Until now, only Eggerthella lenta and the still not fully characterized Eggerthella sp. YY7918 are associated with the human gastrointestinal tract. Eggerthella lenta has been implied in producing anti-tumor substances that stimulate natural killer cells (Hatta, 1995), while Eggerthella sp. YY7918 has been reported to produce s-equol (Yokoyama & Suzuki, 2008), which has anticarcinogenic properties (Yuan et al., 2007).

Slackia spp. are asaccharolytic bacteria with the common feature of converting dietary isoflavones. These isoflavones have been proposed to prevent hormonedependent diseases, while their conversion by gastrointestinal bacteria impacts their biological effectiveness. Among the bacterial products, s-equol appears to be the most relevant to human physiology (Yuan et al., 2007). At least two Slackia spp. are capable of equol production from isoflavones (Matthies et al., 2009; Jin et al., 2010), while Adlercreutzia equolifaciens that also belongs to the Coriobacteriales order, is another gastrointestinal species capable to produce equol (Maruo et al., 2008). The ability to produce s-equol is more abundant among microbiota of Asian than the Caucasian subjects (Song et al., 2006) and can be explained by the adaptation of the microbiota to the higher availability of isoflavones — particularly those derived from soy beans.

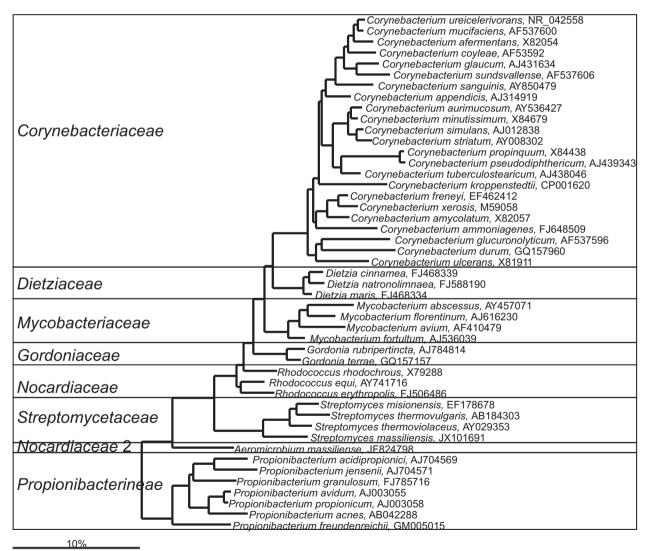
Atopobium species are anaerobic bacteria that cluster within the Actionobacteria phylum, and, in contrast to the rest of the phylum, contain DNA with a low G + C content. The main product of their metabolism is lactate, which is in line with the previous classification of these bacteria within the Lactobacillus and Streptococcus genera (Collins & Wallbanks, 1992). Based on the literature data, it can be concluded that Atopobium spp. are among the earliest colonizers of the human intestinal tract as they are reported to be present in gastrointestinal contents of 6-week-old infants (Fallani et al., 2011). However, the data on Atopobium quantification are based on the application of a FISH probe for the Atopobium cluster, which in addition to Atopobium, hybridizes to species that belong to the Coriobacterium, Eggerthella and Collinsella genera (Harmsen et al., 2000). Therefore, it is not clear if the Atopobium or the other targeted genera are colonizing the gastrointestinal tract of infants. Bacteria belonging to the Atopobium cluster are significantly associated with the major products of protein fermentation, suggesting that

these bacteria are responsible for protein degradation in the gastrointestinal tract (Shen *et al.*, 2010; Thompson-Chagoyan *et al.*, 2011).

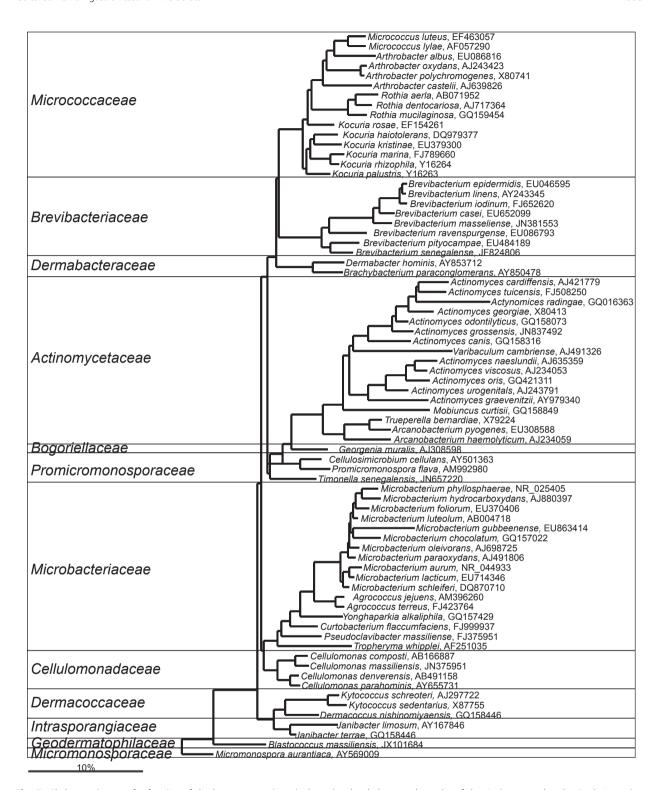
### Actinobacteria-Actinomycetales

The Actinobacteria of the human gastrointestinal tract include diverse members of the order Actinomycetales (Figs 4 and 5 — for clarity the phylogenetic tree of this numerous order was split into two parts). These bacteria are rarely detected in human gastrointestinal samples, but this is most likely due to their low abundance in the gastrointestinal tract that is in the range from  $10^2$  to  $10^3$  cells  $g^{-1}$  of feces (Hoyles *et al.*, 2012). Their low abundance can explain the fact that many representatives

of this group were detected only in studies that specifically targeted this group of bacteria (Hoyles et al., 2013), or in studies that targeted low abundant bacteria within the gastrointestinal microbiota (Lagier et al., 2012a; Dubourg et al., 2013). Various different Actinomycetales species, of which many are still uncultured, were identified in a molecular study of these specific subcommunity within the gastrointestinal microbiota of healthy humans of different ages, showing a high prevalence of these bacteria (Hoyles et al., 2013). The most diverse and the frequently detected Actinomycetales of the gastrointestinal tract include Propionibacterium spp. and Corynebacterium spp. (Fig. 4). These bacteria typically colonize the human skin and are found in high abundance in infants that are born using Caesarean section



**Fig. 4.** Phylogenetic tree of a fraction of the human gastrointestinal species that belong to the order of the *Actinomycetales*. GenBank Accession Numbers of the SSU rRNA gene sequence are provided for each species and the family names are indicated. For the other human gastrointestinal species that cluster within the *Actinomycetales* see Fig. 5.



**Fig. 5.** Phylogenetic tree of a fraction of the human gastrointestinal species that belong to the order of the *Actinomycetales*. GenBank Accession Numbers of the SSU rRNA gene sequence are provided for each species and the family names are indicated. For the other human gastrointestinal species that cluster within the *Actinomycetales* see Fig. 4.

(Dominguez-Bello et al., 2010). In adults, Corynebacterium spp. are more frequently detected in the samples of the upper gastrointestinal tract (Justesen et al., 1984). Cultivation studies have indicated that Propionibacterium spp. are the major proteolytic bacteria in the human intestine (Macfarlane et al., 1986). Propionibacterium spp. are applied as probiotics as they are major vitamin B<sub>12</sub> producers and produce propionate from lactate. In vitro experiments showed that the metabolic products of two gastrointestinal Propionibacterium spp. can induce apoptosis of colorectal carcinoma cells (Jan et al., 2002).

Bacteria belonging to the *Rhodococcus* genus are rarely detected in the human gastrointestinal microbiota but have been found in an extreme abundance (up to 68%) in mucosal biopsies of ulcerative colitis patients (Lepage *et al.*, 2011). *Mycobacterium* spp., notably *Mycobacterium avium*, have also been implied in ulcerative colitis and the expression of intestinal cells in inflammatory bowel disease patients appears to have similarities to *Mycobacterium* infection (Sibartie *et al.*, 2010).

The gastrointestinal Actinomycetales also include Rothia spp. that are frequently detected in the upper gastrointestinal tract (Ou et al., 2009), but rarely in fecal samples. These species contribute to the degradation of gluten (Zamakhchari et al., 2011) and their abundance and activity might be relevant for celiac disease and other conditions related to gluten digestion. Another species of this order — Actinomyces graevenitzii — which is detected in an increased abundance in the small intestine of celiac disease patients, might be a relevant risk factor for the development of this disease (Ou et al., 2009). Various other Actinomyces spp. can be detected in low abundance in the fecal samples of healthy humans (Hoyles et al., 2012; Hoyles et al., 2013), and while the role of these bacteria in the gastrointestinal tract is still to be determined, it is noteworthy that an Actinomyces spp. was detected as colonizer of the infant gastrointestinal tract using sensitive molecular methods already in the first days of life (Favier et al., 2002).

Micrococcus spp. are relatively prevalent (present in 20% of the analyzed subjects) in the samples of the upper gastrointestinal tract in patients predisposed to the development of the small intestinal bacterial overgrowth syndrome (Bouhnik et al., 1999). Although representatives of this genus can be detected in the fecal samples (Finegold et al., 1974), these bacteria typically inhabit human skin. Similar applies to six Kocuria spp., which are human skin and oropharynx mucosa commensals (Savini et al., 2010), although two recent studies have reported presence of Kocuria spp. in gastrointestinal samples (Lagier et al., 2012a; Fitzsimons et al., 2013).

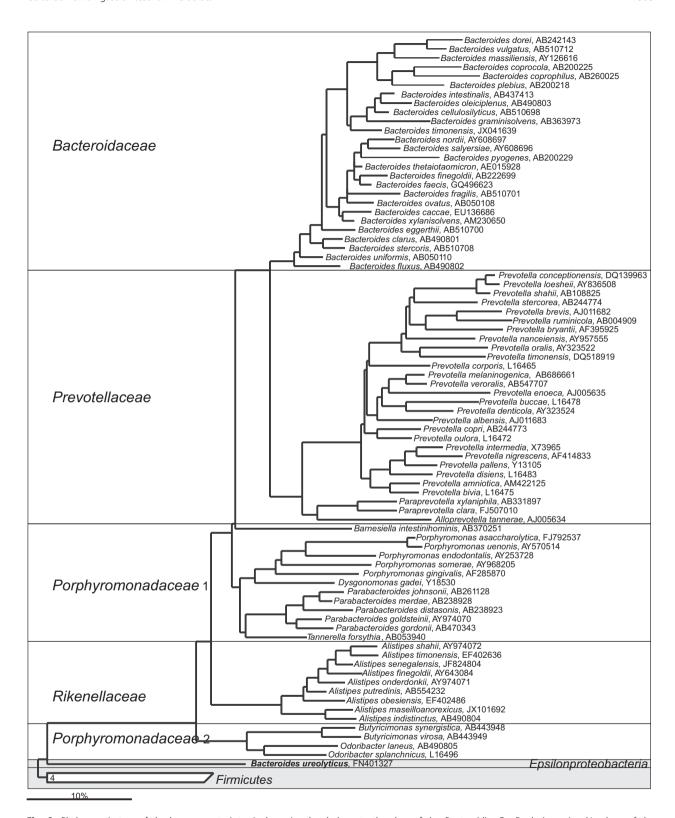
The other members of the *Actinomycetales* order include the representative species of the following genera: *Brevibacterium*, *Cellulomonas*, and *Microbacterium*. These

genera are typically associated with other ecosystems, namely the skin (*Brevibacterium*), and soil (*Cellulomonas* and *Microbacterium*). Nevertheless, most of these bacteria are already recognized as relevant for human health, as many of these species can cause infections of different tissues, particularly in immuno-suppressed patients (Funke *et al.*, 1997). It has been suggested that gastrointestinal tract represents the natural niche of these bacteria (Funke *et al.*, 1997).

#### **Bacteroidetes**

The Gram-negative bacteria that belong to the phylum Bacteroidetes are common, abundant and diverse within the human gastrointestinal tract. The first Bacteroides species — Bacteroides fragilis — was isolated in 1898 as a human pathogen linked to appendicitis among other clinical cases (Veillon & Zuber, 1898). Although some Bacteroides spp. are still considered to be opportunistic pathogens, several decades of research have testified that many Bacteroidetes species are highly adjusted to the gastrointestinal tract, where they live in high abundance (up to 10<sup>11</sup> cells g<sup>-1</sup> of intestinal material; Eggerth & Gagnon, 1933; Moore & Holdeman, 1974a; Benno et al., 1986). Hence, they perform metabolic conversions that are essential for the host, often related to the degradation of proteins or complex sugar polymers. The colonization of the gastrointestinal tract with the Bacteroidetes is promoted already in infants, as mother milk's nondigestible oligosaccharides support the growth of both Bacteroides and Bifidobacterium spp. (Marcobal et al., 2011). Furthermore, animal model experiments have shown that the colonization of the normal gastrointestinal tract, as illustrated by experiments with pure cultures of Bacteroides spp., is a result of the recognition and selection by the immune system of the host (Rakoff-Nahoum et al., 2004), mediated through the toll-like receptors (Round et al., 2011; Lopez-Siles et al., 2012) and other specific host-microorganism interactions (Hooper et al., 2012).

For a long time, it was thought that the majority of Gram-negative gastrointestinal tract bacteria belonged to the *Bacteroides* genus, but in recent years many earlier designed *Bacteroides* spp. were assigned to other genera within the *Bacteroidetes* phylum. Currently, only four gastrointestinal *Bacteroides* spp. form deep branches in the phylogenetic tree (Fig. 6), suggesting that these bacteria (*B. ureolyticus*, *B. galacturonicus*, *B. pectinophilus*, and *B. coagulans*) still should be reclassified to other phylogenetic groups. A similar situation applies to *Anaerorhabdus furcosa*, which is still classified as a member of the *Bacteroidaceae* family, but based on its SSU rRNA gene sequence clusters within the *Firmicutes* phylum. The majority of the gastrointestinal *Bacteroidetes* spp. belongs



**Fig. 6.** Phylogenetic tree of the human gastrointestinal species that belong to the class of the *Bacteroidia*. GenBank Accession Numbers of the SSU rRNA gene sequence are provided for each species and the family names are indicated. Deeply rooted *Bacteroides* spp., which based on the SSU rRNA gene sequence cluster within distant phylogenetic groups are depicted in the gray area.

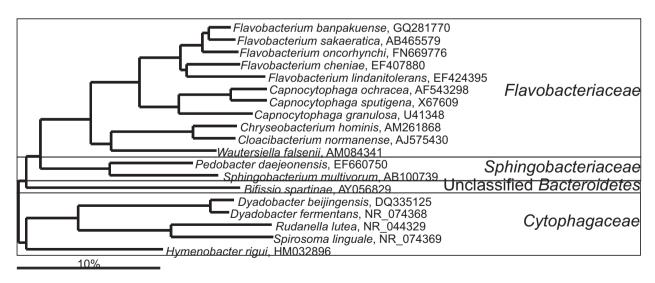
to the following bacterial families: Bacteroidaceae, Prevotellaceae, Rikenellaceae, and Porphyromonadaceae (Fig. 6). These bacterial species share the common feature that they produce succinic acid, acetic acid, and in some cases propionic acid, as the major end-products. Species belonging to the genera Alistipes, Bacteroides, Parabacteroides, Prevotella, Paraprevotella, Alloprevotella, Barnesiella, and Tannerella are saccharolytic, while species belonging to Odoribacter and Porphyromonas are predominantly asaccharolytic. Some Bacteroides spp. and Prevotella spp. can degrade complex plant polysaccharides such as starch, cellulose, xylans, and pectins (Wu et al., 1992; Morotomi et al., 2009; Sakamoto & Ohkuma, 2012). The Bacteroidetes species play also an important role in protein metabolism, as some species have proteolytic activity, assigned to the proteases that are linked to the cell wall (Macfarlane et al., 1986; Macfarlane et al., 1988), while some Bacteroides spp. have a potential to utilize urea as a nitrogen source (Yatsunenko et al., 2012). Other important functions of *Bacteroides* spp. include the deconjugation of bile acids (Narushima et al., 2006) and growth on mucus (Leitch et al., 2007). The Bacteroidetes contribute to the recently proposed classification of the gastrointestinal microbiota into enterotypes (Arumugam et al., 2011). The importance of the *Bacteroidetes* is further illustrated by the fact that this group is the most stable component of the gastrointestinal microbiota over time in healthy adults (Rajilić-Stojanović et al., 2013b). Anecdotally, a unique case report described the microbiota of a critically ill patient that harbored no Bacteroidetes — this patient passed away soon after sampling (Dubourg et al., 2013).

Because of their broad metabolic potential, the role of the *Bacteroidetes* in the gastrointestinal microbiota is complex: while the reduced abundance of the *Bacteroidetes* in some cases is associated with obesity (Ley, 2010) and irritable bowel syndrome (Rajilić-Stojanović *et al.*, 2011), this bacterial group appears to be enriched in patients suffering from type 1 and type 2 diabetes (Larsen *et al.*, 2010). Moreover, *Bacteroides* spp. in contrast to *Prevotella* spp. were recently found to be enriched in the metagenomes of subjects with low gene richness that were associated with adiposity, insulin resistance and dyslipidaemia as well as an inflammatory phenotype (Le Chatelier *et al.*, 2013).

Bacteroidetes species that belong to classes Flavobacteriales and Sphingobacteriales are only occasionally detected in the gastrointestinal tract (Fig. 7, Table S1). With an exception of Capnocytophaga spp. and Sphingobacterium spp. that can be detected in the human oral cavity, the other bacteria of this group are typically associated with other ecosystems (primarily soil). There is no data about the role of these bacteria in the gastrointestinal microbiota, but it is noteworthy that several of these bacteria were detected only in the SSU rRNA gene clone libraries of the microbiota of inflammatory bowel disease patients (Frank et al., 2007).

#### **Firmicutes**

Firmicutes are the most diverse and abundant group of the gastrointestinal microbiota, making up over half and in many cases around 80% of the gastrointestinal microbiota of healthy adults. The gastrointestinal Firmicutes are distributed over four classes: Bacilli, Clostridia, Erysipelotrichi, and Negativicutes. Traditionally, this group is considered to include Gram-positive bacteria with a low GC



**Fig. 7.** Phylogenetic tree of the human gastrointestinal species that belong to the classes of the *Cytophagia* and *Sphingobacteria*. GenBank Accession Numbers of the SSU rRNA gene sequence are provided for each species and the family names are indicated.

content in their DNA, although recent studies have shown that Gram-positive staining is not a feature of many Firmicutes. This can be illustrated with Faecalibacterium prausnitzii, which is a Gram-negative-staining bacterium, previously classified within the Fusobacteria phylum (Duncan et al., 2002a), novel gastrointestinal isolates such as Christensenella minuta (Morotomi et al., 2012), but also typical Gram-negative bacteria such as members of the Veillonellacea family (Marchandin et al., 2010). While the vast majority of the Firmicutes are indeed low GC content bacteria, this also, is not a common feature of the phylum as seen in an example of Anaerofustis stercorihominis, which DNA has a content of the GC of around 70% (Finegold et al., 2004). Most of the Firmicutes, notably the Clostridium spp. and Bacillus spp., are spore-formers and this property confers special survival value in and beyond the gastrointestinal tract.

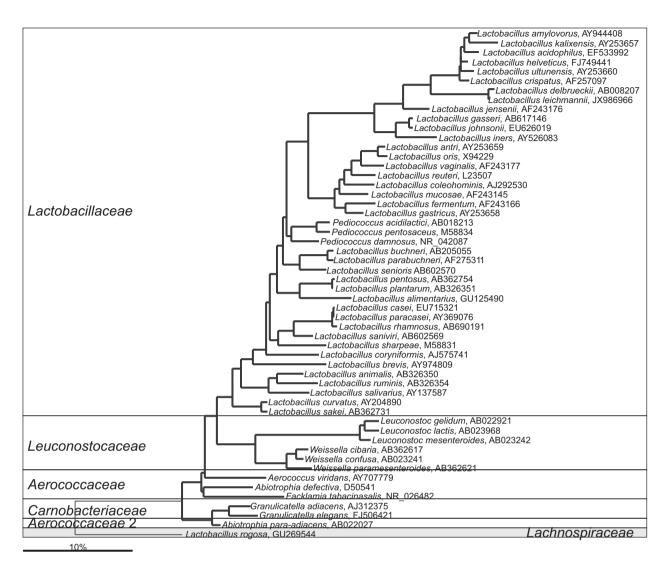
The most abundant gastrointestinal microorganisms are members of the class Clostridia and within this class the families Ruminococcaceae and Lachnospiraceae (Tap et al., 2009; Jalanka-Tuovinen et al., 2011). Another diverse group of the Firmicutes is the class Bacilli that includes the genera of Lactobacillus, Enterococcus, and Streptococcus, which are dominant in the upper part of the gastrointestinal tract. In line with its enormous diversity, the Firmicutes in the gastrointestinal tract perform a number of different functions that stretch from health promoting of some probiotic Lactobacillus spp. to pathogenic properties of Clostridium difficile. The vast majority of the currently uncultured gastrointestinal inhabitants belong to the phylum Firmicutes (Rajilić-Stojanović et al., 2007), which illustrates that future research is expected to dramatically expand our knowledge about the functional contribution of this group to the ecosystem and the host.

### Bacilli

The first representative of the Bacilli class retrieved from the gastrointestinal tract was a member of Lactobacillales order and was isolated in 1900 - Bacillus acidophilus (Moro, 1900). The description of this species is vague, based on the currently accepted standards, and as the original strain was lost, it is not clear if this species is Lactobacillus acidophilus or one of the other five species derived from the so-called L. acidophilus group (Mitsuoka, 1992). Lactobacilli comprise a group of gastrointestinal inhabitants that has received particular scientific attention (Tannock, 2004), mainly because of the health claims proposed by Metchnikoff (1908) in the beginning of the nineteenth century and their later application as probiotics. Although highly important for the health, Lactobacilli are rarely detected as markers of the gastrointestinal microbiota dysbiosis, but such reports exist and

include a reduced abundance in patients suffering from inflammatory bowel disease (Keighley et al., 1978; Ott et al., 2004), type 1 diabetes (Murri et al., 2013). This might be related to the fact that lactobacilli are only a minor fraction of the fecal microbiota where they can reach counts of up to 108 cells g<sup>-1</sup> (Simon & Gorbach, 1984), and most of the analysis of the gastrointestinal microbiota is based on the use of stool samples. In the small intestine Lactobacillus spp. represent one of the predominant groups obtained by culturing (Reuter, 2001). However, while molecular studies could confirm their presence in the upper intestinal tract, these also showed that the Lactobacilli are quite variable and not as abundant as other gastrointestinal genera at that location, such as Streptococcus and Veillonella (Booijink, 2009; Booijink et al., 2010). This may explain why Lactobacillus spp. should be part of the diet, as consumed probiotic strains of Lactobacillus spp. have a beneficial effect on human health and specific induction of gene expression has been observed in duodenal biopsies after exposure of Lactobacillus plantarum (van Baarlen et al., 2009). Specific media, developed already in the 1950s (Rogosa et al., 1951), enabled the isolation of numerous *Lactobacillus* spp. Nevertheless, new Lactobacillus spp. from human gastrointestinal tract are still being reported (Roos et al., 2005; Oki et al., 2012), indicating that even the 38 known gastrointestinal Lactobacillus sp. (Fig. 8) are not covering the group's full diversity. Several previously misclassified Lactobacillus spp. have now been reclassified into novel genera, including Weissella, Atopobium, Eggerthia, and Kandleria (Collins & Wallbanks, 1992; Bjorkroth et al., 2002; Salvetti et al., 2011). Currently, only Lactobacillus rogosae is strongly outgrouping from the remaining Lactobacillus spp., although even after exclusion of the strongly outgrouping species, the species show a large degree of the SSU rRNA gene variation and form several groups in the phylogenetic tree (Fig. 8) As Lactobacillus spp. produce lactic acid as the major fermentation production that can be accompanied with ethanol and carbon dioxide in some species and under some conditions, traditionally Lactobacillus spp. are classified into three groups: obligately homofermentative, facultatively homofermentative, and obligately heterofermentative. However, the phylogenetic position of the species does not seem to be related to their fermentation profile.

In addition to *Lactobacillus* spp., other related, lactic acid bacteria can be detected in the gastrointestinal tract. Members of the genera *Leuconostoc* and *Weissella* used to be considered as occasional and possibly transient members of the gastrointestinal microbiota. However, a recent study showed that *Leuconostoc* spp. and *Weissella* spp. are abundant (representing up to 24% of total microbial community) and widely distributed in colonic mucosa

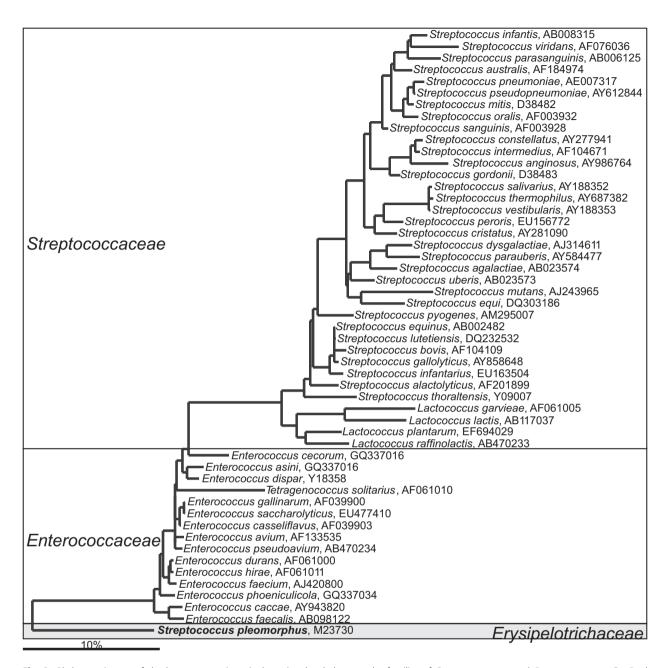


**Fig. 8.** Phylogenetic tree of a fraction of the human gastrointestinal species that belong to the order of the *Lactobacillales*. GenBank Accession Numbers of the SSU rRNA gene sequence are provided for each species and the family names are indicated. For the other gastrointestinal species that belong to the order of the *Lactobacillales* see Fig. 9.

after bowel cleansing (Hong et al., 2011). Moreover, Leuconostoc was identified as the most abundant bacterial genus, representing almost a quarter of the total microbial community in a group of meconium samples of newborns, which persisted in the gastrointestinal tract until 7 months of age (Gosalbes et al., 2013). In the same study, Weissella spp. were also detected as the earliest colonizers of the gastrointestinal tract of some newborns. These bacteria utilize simple sugars and their presence in the lower parts of the gastrointestinal tract is dependent on the activity of other gastrointestinal microorganisms that have the ability to degrade complex sugars, resistant to human digestive enzymes.

Other relevant gastrointestinal bacteria belonging to the *Lactobacillales* order include members of the genera *Strep*-

tococcus and Enterococcus. These two genera have only recently been separated, although the presence of the subgroup within the genus Streptococcus was noticed as late as in the 1930s (Sherman, 1938). They are one of the dominant bacterial fractions in the upper part of the small intestine (Simon & Gorbach, 1986; Reuter, 2001). Forty-six species of these two genera are known to be gastrointestinal inhabitants (Fig. 9). In addition, Streptococcus pleomorphus, which also can be part of the gastrointestinal microbiota, forms a deep branch in the SSU rRNA gene sequence—based phylogenetic tree, suggesting that this species should be reclassified into another genus within the Erysipelotrichaceae family. The ample presence of the Enterococcus and Streptococcus spp. can be explained by the fact that the species are oxygen



**Fig. 9.** Phylogenetic tree of the human gastrointestinal species that belong to the families of *Streptococcaceae* and *Enterococcaceae*. GenBank Accession Numbers of the SSU rRNA gene sequence are provided for each species and the family names are indicated. For the other gastrointestinal species that belong to the order of the *Lactobacillales* see Fig. 8.

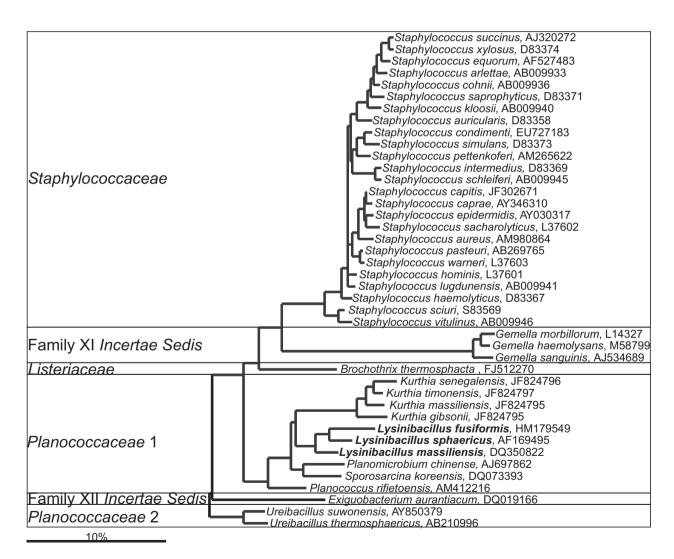
tolerant and easily cultivable. The oldest isolate of the group, *Enterococcus faecalis*, was for the first time plated in 1899 from a case of endocarditis (MacCallum & Hastings, 1899), and only 7 years later it was recovered from intestinal samples (Andrewes & Horder, 1906). Both *Streptococcus* and *Enterococcus* spp. are among the first established species in the infant's gastrointestinal tract that can be detected already in the first day of life (Solís *et al.*, 2010; Gosalbes *et al.*, 2013). Although this early

presence would suggest an important role in the ecosystem, the data on the role of *Streptococcus* and *Enterococcus* spp. in human health are conflicting. *Enterococcus* spp. are widely recognized as opportunistic pathogens, although these species are common, and can even exhibit probiotic properties (Ó Cuív *et al.*, 2013). The abundance of a *Streptococcus* species is decreased in mucosal biopsies in Crohn's disease patients (Li *et al.*, 2012), while *Streptococcus* and *Enterococcus* phylotypes are found to be

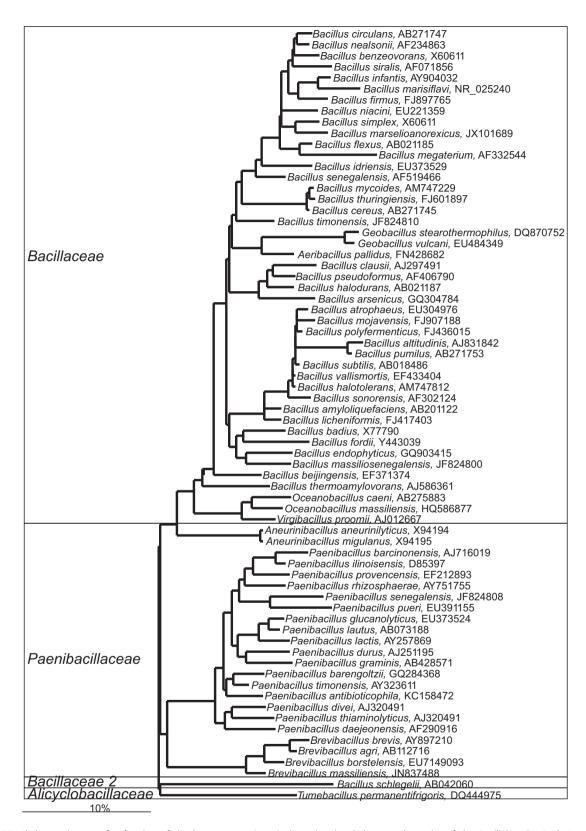
increased in fecal samples of colorectal cancer patients (Wang *et al.*, 2012). However, in the adult gastrointestinal tract, *Streptococcus* spp. are particularly abundant in the upper part of the gastrointestinal tract, where they are active in the process of simple sugar fermentation into lactate (Zoetendal *et al.*, 2012). Moreover, they may form a tropic chain with the equally abundant *Veillonella* spp. that convert the produced lactate into propionate (Zoetendal *et al.*, 2012).

Various members of the *Bacillales* order can be low-level constituents of the human gastrointestinal microbiota (Figs 10 and 11 — for clarity the phylogenetic tree of this numerous order was split into two parts). Among them, a large number of *Staphylococcus* spp., which typi-

cally are associated with the human skin, can be detected in the human gastrointestinal tract (Fig. 11). These bacteria are one of the earliest colonizers of the gastrointestinal tract, particularly in infants that were delivered by cesarean section (Dominguez-Bello et al., 2010). The predominant early colonization with Staphylococcus spp. is, however, coupled with several health risks, as it induces strong stimulation of the immune system, which can be a trigger for the development of asthma and rhinitis in later childhood (Johansson et al., 2012). Furthermore, predominant colonization of the gastrointestinal tract of premature infants with Staphylococcus spp. is associated with fatal sepsis (Madan et al., 2012). An increased abundance of bacteria belonging the Staphylococcus genus, both in



**Fig. 10.** Phylogenetic tree of a fraction of the human gastrointestinal species that belong to the order of the *Bacillales*. GenBank Accession Numbers of the SSU rRNA gene sequence are provided for each species and the family names are indicated. The species indicated in bold are based on the SSU rRNA gene sequence clustering within the families that are designated on the figure in contrast to their official classification. For the other gastrointestinal species that belong to the order of the *Bacillales* see Fig. 11.



**Fig. 11.** Phylogenetic tree of a fraction of the human gastrointestinal species that belong to the order of the *Bacillales*. GenBank Accession Numbers of the SSU rRNA gene sequence are provided for each species and the family names are indicated. For the other gastrointestinal species that belong to the order of the *Bacillales* order see Fig. 10.

the upper and lower gastrointestinal tract, is associated with celiac disease, although the abundance of these bacteria can be depleted with the withdrawal of gluten from the diet of patients (Collado *et al.*, 2009).

Gemella spp. are abundant in the upper gastrointestinal tract and specially the proximal small intestine (Ou et al., 2009). While their function in the gastrointestinal tract has not been determined, these species can include pathogenic strain that translocate to other organs. For instance, Gemella spp. have been described as likely causing agents of endocarditis, particularly in patients that suffer from gastrointestinal disorders (such as colon cancer; Lopez-Dupla et al., 1996).

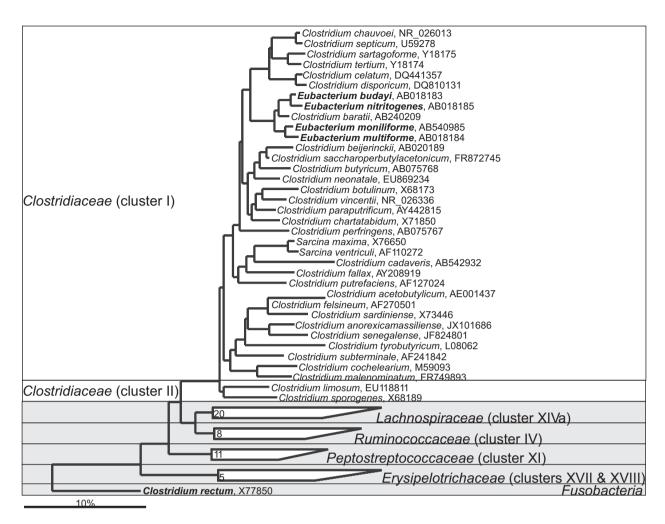
Numerous members of the Bacillus and Paenibacillus genera have been detected in the samples of the human gastrointestinal tract. The first representatives of this group of bacteria were isolated in 1919 by Marjorie Batchelor, who reported Bacillus cereus as the most prevalent member of the aerobic sporogenic bacteria in infant feces (Batchelor, 1919). Members of the Bacillus genus were often reported in the older cultivation-based studies, but the vast majority of the species of this genus and related genera were reported only recently (Hoyles et al., 2012; Lagier et al., 2012a; Zoetendal et al., 2012). One of these studies was designed for the targeted cultivation of Bacillus and related species from human samples (Hoyles et al., 2012). It has been shown that Bacillus spp. could be retrieved from all analyzed samples, although these bacteria have very low abundance of 10<sup>2</sup>-10<sup>4</sup> cells mL<sup>-1</sup> of intestinal content. Many of the Bacillus spp. isolated in this study exhibited notable antimicrobial activity. This feature is in line with the use of several Bacillus spp. as potent probiotics with immunomodulatory potential (Duc et al., 2004). Little is known about the function of these bacteria in the ecosystem, but it is noteworthy that two independent studies have shown that members of the Bacillales order, more specifically Aneurinibacillus spp., have an increased abundance in feces of irritable bowel syndrome patients (Krogius-Kurikka et al., 2009; Rajilić-Stojanović et al., 2011), while a significantly higher abundance of Bacillus subtilis was found in the feces of bottle-fed than breast-fed babies (Benno et al., 1984).

### Clostridia

The class Clostridia clusters bacteria that are dominant and frequently detected in the lower gastrointestinal tract that are distributed within the families: Clostridiaceae, Christensenellaceae, Eubacteriaceae, Lachnospiraceae, Peptostreptococcaceae, Ruminococcacea as well as bacteria with an unclear taxonomic status that are classified within Clostridiales Incertae Sedis families XI and XIII (Garrity et al., 2005). Members of the Clostridia class are hetero-

geneous and many of its members were initially assigned to Clostridium genus and subsequently reclassified into novel genera. The Clostridium sensu stricto — the real Clostridium spp. — are grouped around the type species Clostridium butyricum and belong to the Clostridium cluster I within the Clostridiaceae family (Fig. 12; Stackebrandt et al., 1999). In addition to Clostridium spp., the Clostridiaceae officially groups Sarcina spp., Butyricicoccus pullicaecorum and Lactonifactor longoviformis, Anoxynatronum sibiricum while the latter three, based on their SSU rRNA gene sequence, should be assigned to various other Clostridiales families (Figs 13, 14 and 16). The first human gastrointestinal Clostridium isolate, C. perfringens, was recovered in 1905 (Passini, 1905). The same species, previously known as Bacillus aerogenes capsulatus and Clostridium welchii, was earlier isolated from a case of endocarditis (Welch & Nuttall, 1892). Both isolation sites fit the nowadays known properties of C. perfringens, which is a commensal gastrointestinal bacterium that can cause bacteraemia (Petit et al., 1999). Up to now, 72 Clostridium spp. have been detected in the human gastrointestinal samples, of which 30 belong to the Clostridium sensu stricto (Fig. 12). The other Clostridium spp. belong to different families within the Firmicutes phylum, while Clostridium rectum belongs to the Fusobacteria phylum. Members of the Clostridium sensu stricto are generally perceived as pathogenic, although cultivation-based studies show that C. perfringens and other real clostridia can be found in densities of up to 10<sup>10</sup> cells g<sup>-1</sup> intestinal content of healthy individuals (Finegold et al., 1974), and up 10<sup>7</sup> cells g<sup>-1</sup> intestinal content of healthy infants (Mevissen-Verhage et al., 1987). Still, the presence of these bacteria, notably as seen for C. perfringens in elderly Irish subjects, is interpreted as an indicator of a less healthy microbiota (Lakshminarayanan et al., 2013).

The most abundant and diverse gastrointestinal family is the Lachnospiraceae. This family groups 24 different genera, most of which can be detected in the human gastrointestinal tract. In addition, a number of species that are officially classified into the genera Clostridium, Eubacterium, and Ruminococcus, cluster within the Lachnospiraceae based on their SSU rRNA gene sequence (Fig. 13). Members of the Lachnospiraceae are also among the first to be established in the gastrointestinal tract. A recent study showed that Ruminococcus gnavus is an exclusive representative of this family in 2-months old breast-fed infants, while infants fed with cow-milk based formula have a more diverse Lachnospiraceae community (Tannock et al., 2013). Analysis of the microbiota of children and adults showed that this group of bacteria is predominant in both young children and in adults, which indicates the early establishment of these bacteria (Ringel-Kulka et al., 2013).



**Fig. 12.** Phylogenetic tree the human gastrointestinal species that belong to the family of *Clostridiaceae*. GenBank Accession Numbers of the SSU rRNA gene sequence are provided for each species and the family names are indicated. The species indicated in bold are based on the SSU rRNA gene sequence clustering within the families that are designated on the figure in contrast to their official classification. Deeply rooted *Clostridium* spp., which based on the SSU rRNA gene sequence cluster within distant phylogenetic groups, are depicted in the gray area.

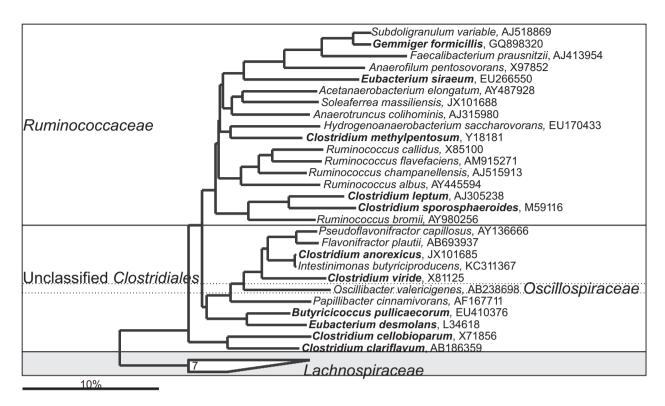
Several members of the Lachnospiraceae family are butyrate producers including Anaerostipes spp., Butyrivibrio spp., Coprococcus spp., Roseburia spp., Eubacterium rectale- and Eubacterium hallii-related species. Butyrate can be used as an energy source by the gut epithelial cells, and it has anticarcinogenic and anti-inflammatory properties (Hamer et al., 2008). Furthermore, a recent study shows that butyrate produced by intestinal microorganisms has beneficial effects on glucose and energy homeostasis (De Vadder et al., 2014). The decrease in the relative abundance of the butyrate-producing Lachnospiraceae in the gastrointestinal microbiota is associated with compromised health status of subjects suffering from colorectal cancer (Wang et al., 2012), ulcerative colitis (Rajilić-Stojanović et al., 2013a), type 1 (Murri et al., 2013) and type 2 diabetes (Qin et al., 2012). This bacte-

rial group seems to be stimulated by an omnivore diet, since it is present in lower abundance in vegetarians (Kabeerdoss *et al.*, 2012). This is an intriguing but not yet explained finding, as it could be expected that vegetarian, plant-based diets, which are rich in fibers, would favor butyrate production in the colon and promote health.

The gastrointestinal *Lachnospiraceae* include *Dorea* spp., which are the major gas producers in the gastrointestinal tract and its end-products of glucose fermentation include both hydrogen and carbon dioxide (Taras *et al.*, 2002). *Dorea* spp. were found in an increased in abundance in both pediatric and adult irritable bowel syndrome patients (Rajilić-Stojanović *et al.*, 2011; Saulnier *et al.*, 2011), which probably could explain the symptom of bloating, experienced by the majority of these patients.



**Fig. 13.** Phylogenetic tree the human gastrointestinal species that belong to the family of the *Lachnospiraceae*. GenBank Accession Numbers of the SSU rRNA gene sequence are provided for each species and the family names are indicated. The species indicated in bold are based on the SSU rRNA gene sequence clustering within the families that are designated on the figure in contrast to their official classification.



**Fig. 14.** Phylogenetic tree the human gastrointestinal species that belong to the *Clostridium* cluster IV, most of which belong to the family of the *Ruminococcaceae*. GenBank Accession Numbers of the SSU rRNA gene sequence are provided for each species and the family names are indicated. The species indicated in bold are based on the SSU rRNA gene sequence clustering within the families that are designated on the figure in contrast to their official classification. Deeply rooted *Ruminococcus* spp., which based on the SSU rRNA gene sequence cluster within distant phylogenetic groups, are depicted in the gray area.

Blautia is a recently described bacterial genus that groups several abundant gastrointestinal bacteria that were previously assigned to the Ruminococcus genus notably those related to Ruminococcus obeum (Fig. 14). The common feature of Blautia spp. is the utilization of hydrogen and carbon dioxide to form acetate (Bernalier et al., 1996). Blautia spp. are among the most abundant members of the entire gastrointestinal tract and can encompass between 2.5% and 16% of the total microbiota (Zoetendal et al., 2002). This abundant bacterial group is significantly depleted in elderly subjects (Hayashi et al., 2003; Biagi et al., 2010) and in mucosal samples of colorectal cancer patients (Chen et al., 2012). In contrast, increased levels of *Blautia* spp. are observed in irritable bowel syndrome patients (Rajilić-Stojanović et al., 2011), but this could reflect the adaption of the ecosystem to the larger amount of gasses produced by Dorea spp., which can be utilized by Blautia spp.

An interesting group within the *Lachnospiraceae* family is the misclassified *Ruminococcus* spp., including *R. gnavus*, *R. torques*, *R. lactaris*, and *R. faecis*. These bacteria are abundant in the gastrointestinal tract (Holdeman & Moore, 1974), and apparently associated with a number

of important metabolic functions. R. torques and other currently uncultured species related to R. torques, are among the most potent mucus utilizes that enable mucus degradation by secretion of several different extracellular glycosidases (Hoskins et al., 1985). Furthermore, the abundance of these bacteria is strongly associated with the level of triglycerides in blood serum (Lahti et al., 2013). Several studies of the microbiota of irritable bowel syndrome patients and controls have shown that organisms related to these misclassified Ruminococcus spp. are significantly elevated in patients (Kassinen et al., 2007; Rajilić-Stojanović et al., 2011; Saulnier et al., 2011). Moreover, the abundance of these bacteria is positively correlated with irritable bowel syndrome symptoms (Malinen et al., 2010) and significantly reduced by probiotics consumption that reduces these symptoms (Lyra et al., 2010).

The Ruminococcaeae family is another relevant group of gastrointestinal bacteria within the Clostridiales order. It includes the true Ruminococcus spp. — members of the Ruminococcus sensu stricto namely R. albus, R. bromii, R. callidus, R. champanellensis, and R. flavefaciens. Several other frequently detected gastrointestinal genera that are

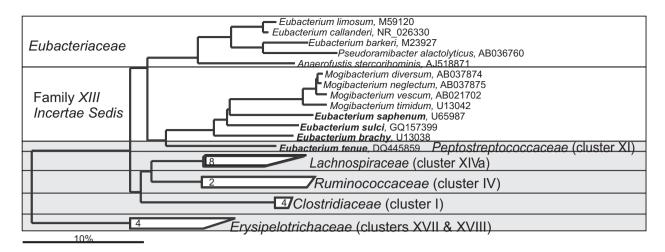
recognized members of the Clostridium cluster IV (Clostridium leptum group) are either members or are closely related to this family (Fig. 14). The true Ruminococcus spp. are an abundant fraction of the human gastrointestinal microbiota that can reach densities of up to  $10^{10}$  cells g<sup>-1</sup> of intestinal content (Finegold *et al.*, 1977). Being strictly anaerobic cellulolytic cocci, Ruminococcus spp. were isolated from human gastrointestinal samples only after the improvement of the anaerobic techniques and media for studying rumen anaerobes (Hungate, 1947). The first human gastrointestinal Ruminococcus spp. reported is Ruminococcus bromii isolated in 1972 (Moore et al., 1972). Similar to the other gastrointestinal bacteria, the initially defined Ruminococcus spp. are a heterogeneous group, which based on the SSU rRNA gene sequence clusters within the Ruminococcaceae and Lachnospiraceae families. Recently, five gastrointestinal Ruminococcus spp. were reclassified into Blautia genus, leaving seven others to be reclassified (Liu et al., 2008; Figs 9 and 10). Bacteria that belong to the Ruminococcus sensu stricto degrade complex sugars to produce acetate as the major fermentation product. Both in vitro and in vivo studies have shown that R. bromii is the major degrader of the resistant starch in the human gastrointestinal tract (Kovatcheva-Datchary et al., 2009; Walker et al., 2011). Application of the resistant starch in the diet has a wide range of health-promoting effects, suggesting the importance of the metabolic activity of R. bromii for the wellbeing of the host (Higgins & Brown, 2013). The importance of the members of the Ruminococcus sensu stricto for the intestinal health is indicated by their reduced abundance in feces of Crohn's disease (Kang et al., 2010) and ulcerative colitis patients (Rajilić-Stojanović et al., 2013a).

Among the Ruminococcaceae family, Faecalibacterium prausnitzii (previously known as Fusobacterium prausnitzii) is the most prevalent and abundant gastrointestinal microorganism (Holdeman et al., 1976). Faecalibacterium prausnitzii can utilize glucose, fructose, and fructo-oligosacharides, as well as complex molecules such as pectin and N-acetylglucosamine to produce butyrate, formate and lactate (Duncan et al., 2002a; Lopez-Siles et al., 2012). It is one of the major butyrate producers in the gastrointestinal tract, which is a relevant feature because of the health-promoting properties of butyrate. The reduced abundance of this bacterium is detected in association with Crohn's disease (Sokol et al., 2006; Kang et al., 2010) and with colon cancer (Chen et al., 2012). This bacterium is important for the gastrointestinal microbiota homeostasis as it has found to show anti-inflammatory properties in mice (Sokol et al., 2008) and is associated with a range of metabolic processes in the human mucosa (Lepage et al., 2011). Health-promoting properties are also exhibited by B. pullicaecorum, another species with the SSU rRNA gene sequence that is related to the *Ruminococcaceae* family. This bacterium is significantly reduced in inflammatory bowel disease patients, while its oral administration strengthens the epithelial barrier function in animal models by increasing the trans-epithelial resistance (Eeckhaut *et al.*, 2013).

The first Eubacterium spp. from a human gastrointestinal sample was isolated already in 1908 when Henri Tissier plated Bacillus ventriousus, later renamed into Eubacterium ventriosum (Tissier, 1908). The genus Eubacterium was for a long time recognized as one of the most abundant genera of the human gastrointestinal microbiota, with densities of up to 10<sup>10</sup> cells g<sup>-1</sup> of intestinal content (Moore & Holdeman, 1974a). However, Eubacterium, similar to Clostridium, is a genus that is very vaguely described. Defined as anaerobic, rod-shaped, Gram-positive bacteria that do not form endospores, Eubacterium genus includes a consortium of distantly related species. Some Eubacterium spp. have been reclassified into novel genera within two bacterial phyla -Actinobacteria and Firmicutes — of which six genera (Dorea, Collinsella, Eggerthella, Flavonifractor, Mogibacterium and Pseuodramibacter) can be members of the gastrointestinal microbiota (Willems & Collins, 1996; Kageyama et al., 1999a, b; Nakazawa et al., 2000; Taras et al., 2002; Carlier et al., 2010). Further reclassification of the genus can be expected, as only four gastrointestinal Eubacterium spp. belong to the Eubacterium sensu stricto (Fig. 15). In a recent study of the gastrointestinal microbiota of centenarians, Eubacterium spp. (notably those related to Eubacterium limosum) were reported as signature bacteria of the long life, being 10-fold increased in centenarians (Biagi et al., 2010). It is known that E. limosum has the ability to transform dietary phytoestrogens into forms that might have a positive impact on health (Clavel et al., 2006; Possemiers & Verstraete, 2009). Furthermore, E. limosum is selectively stimulated by prebiotics that improve the symptoms of inflammatory bowel disease patients (Kanauchi et al., 2005).

Mogibacterium is a genus established by reclassification of the intestinal bacterium – Eubacterium timidum. Mogibacterium spp. are enriched in mucosa-associated microbiota in colon cancer patients but not much is known about this group of bacteria belonging to Clostridium Family XIII Incertae Sedis (Chen et al., 2012).

Prior to the molecular revolution of the gastrointestinal microbiota research (Fig. 1), *Peptococcus* spp. and *Peptostreptococcus* spp. were considered as the dominant and abundant in the human gastrointestinal tract (Holdeman *et al.*, 1976). However, the latter research has shown that these two genera are heterogeneous and led to the major reclassification resulting in definition of novel genera that include *Anaerococcus*, *Blautia*, *Finegoldia*, *Parvimonas*, and *Peptoniphilus* (Murdoch & Shah, 1999; Ezaki *et al.*, 2001;



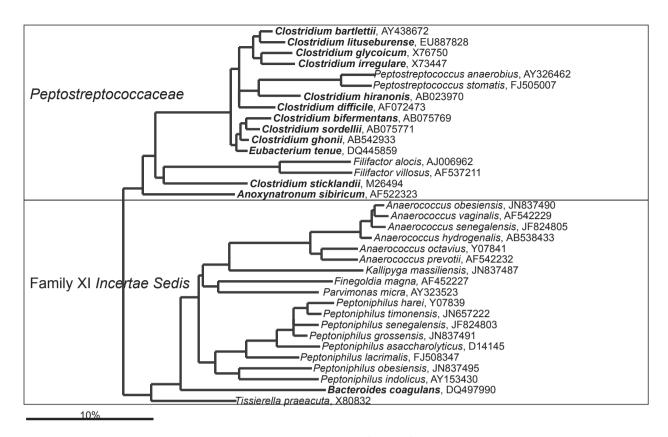
**Fig. 15.** Phylogenetic tree the human gastrointestinal species that belong to the family of the *Eubacteriaceae* and *Clostridiales* Family XIII *Incertae Sedis*. GenBank Accession Numbers of the SSU rRNA gene sequence are provided for each species and the family names are indicated. The species indicated in bold are based on the SSU rRNA gene sequence clustering within the families that are designated on the figure in contrast to their official classification. Deeply rooted *Eubacterium* spp., which based on the SSU rRNA gene sequence cluster within distant phylogenetic groups are depicted in the gray area.

Tindall & Euzeby, 2006; Liu et al., 2008). All these genera, with exception of Blautia that is a genus in the Lachnospiraceae family, belong to the Clostridiales Family XI Incertae Sedis (Fig. 16). Among this group of bacteria, Peptoniphilus asaccharolyticus is the most frequently detected and also was the first to be cultured and described (Distaso, 1911). Currently, only two true Peptostreptococcus spp. have been recognized as gastrointestinal inhabitants, although a number of other species that are officially classified within different genera (predominantly Clostridium) belong to the Peptostreptococcaceae family according to their SSU rRNA gene sequence (Fig. 16). Members of the Peptostreptococcaceae family are, in principle, associated with compromised health, and the most convincing example of this is Clostridium difficile. Although C. difficile can be present in low numbers in healthy subjects without exhibiting pathogenic properties (Ozaki et al., 2004), many strains are toxin producing and are well-established pathogens that cause severe diarrhea. Furthermore, recent studies have shown that Peptostreptococcus spp. have an increased abundance in association with ulcerative colitis (Rajilić-Stojanović et al., 2013a) and colorectal cancer (Chen et al., 2012; Wang et al., 2012). Based on the SSU rRNA gene sequence, the members of the Peptococcaceae family form two paraphyletic groups within the Firmicutes phylum, of which the group that contains the two human gastrointestinal bacteria is closely related to Negativicutes class and is discussed in the following section.

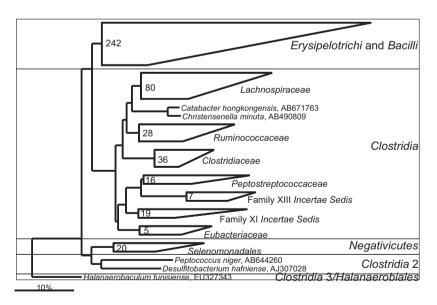
In addition to the already mentioned species, five other gastrointestinal bacteria that officially belong to the Clo-

stridia class, form distinct branches in the phylogenetic tree (Fig. 17). Two of these gastrointestinal bacteria, namely Catabacter hongkongensis and C. minuta, form a separate cluster within the Clostridiales order of the Clostridia class and are the only cultured representatives of a phylogenetic group that was previously detected only in various molecular studies and was in a previous review designated as uncultured Clostridiales II (Rajilić-Stojanović et al., 2007). These two species are officially assigned to two different families (Catabacteriaceae and Christensenellaceae), although based on the SSU rRNA gene sequence similarity (96.5%), they should be grouped in the same family, and, most likely, in the same genus. Catabacter hongkongensis was isolated in 2007 from a blood sample, although the intestinal origin of the bacterium was suspected (Lau et al., 2007). This bacterium was later isolated from patients with acute appendicitis, but also from other tissues where it was a causative agent of fatal bacteremia (Lau et al., 2012). Christensenella minuta is an intestinal isolate, described in 2012 (Morotomi et al., 2012). Not much is known about the role of this group of strictly anaerobic bacteria in the human gastrointestinal tract, but it is noteworthy that bacteria that belong to the Christensenella/Catabacter group were reported to be dramatically (20-fold) depleted in fecal samples of ulcerative patients relative to controls (Rajilić-Stojanović et al., 2013a) and significantly (fivefold) depleted in fecal samples of patients with postinfectious irritable bowel syndrome (Jalanka-Tuovinen et al., 2013).

Two members of the *Peptococcaceae* family were reported as members of the human gastrointestinal



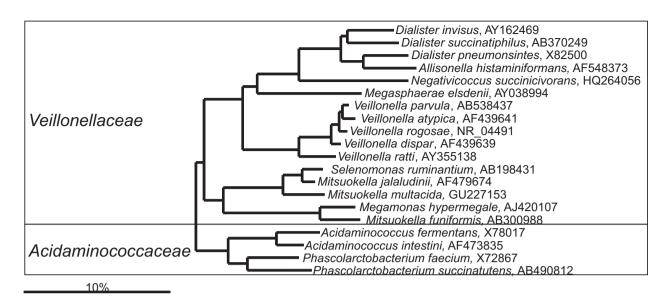
**Fig. 16.** Phylogenetic tree the human gastrointestinal species that belong to families of the *Peptostreptococcaceae* and *Clostridiales* Family XI *Incertae Sedis*. GenBank Accession Numbers of the SSU rRNA gene sequence are provided for each species and the family names are indicated. The species indicated in bold are based on the SSU rRNA gene sequence clustering within the families that are designated on the figure in contrast to their official classification.



**Fig. 17.** Partially opened phylogenetic tree the human gastrointestinal species that belong to the *Firmicutes* phylum on which five species that cluster within the three families with low diversity are indicated.

microbiota (Fig. 17). These bacteria are officially classified within the *Clostridia* class and *Clostridiales* order, although based on the SSU rRNA gene sequence they are closely related to the members of the *Selenomonadales* 

order within the *Negativicutes* class (Fig. 18). Based on their SSU rRNA gene sequence, gastrointestinal members of the *Peptococcaceae* family will be reclassified either the *Negativicutes* class or into another novel class, different



**Fig. 18.** Phylogenetic tree the human gastrointestinal species that belong to the order of the *Negativicutes*. GenBank Accession Numbers of the SSU rRNA gene sequence are provided for each species and the family names are indicated.

from Clostridia sensu stricto. Peptococcus niger is the only representative of the genus. This strictly anaerobic bacterium has been isolated from various body sites, while the strain isolated from feces showed an ability to desulfate and perform other chemical transformation of steroid molecules (Van Eldere et al., 1987). This feature of P. niger makes it an important player in enterophatic circulation of various steroid molecules, primarily steroid hormones, which has a major impact on human metabolism. Another member of the Peptococcaceae family, Desulfitobacterium hafniense, has been reported only once as an inhabitant of the human gastrointestinal tract (van de Pas et al., 2001). In contrast to other members of the genus, the human D. hafniense is not able to use chloroethenes or chlorophenol as terminal electron acceptors (Smidt & de Vos, 2004). This bacterium is capable of using sulfite as terminal electron acceptor and hence produces hydrogen sulfide. Hydrogen sulfide is also produced by P. niger (Wilkins et al., 1975), and this property that may be detrimental to health as described below for the Deltaproteobacteria.

Finally, *Halanaerobaculum tunisiense* has been identified by pyrosequencing of the V6 variable region of the SSU rRNA gene in a recent study that compared efficiency of culturomics and pyrosequencing approach for studying the gastrointestinal microbiota diversity (Lagier *et al.*, 2012a). *Halanaerobaculum tunisiense* is a recently described anaerobic bacterium that was isolated from hypersaline lake in Tunisia (Hedi *et al.*, 2009). Given the conditions that the isolated strain of this bacterium requires for its growth (the minimal required NaCl con-

centration of 14%), it is not likely that it represents a member of the gastrointestinal microbiota, although this should be confirmed in further studies.

### Negativicutes

The Negativicutes include bacteria that were previously assigned to the Clostridium cluster IX (Collins et al., 1994; Marchandin et al., 2010), distributed within the following genera: Acidamoinococcus, Dialister, Megamonas, Phascolarctobacterium and Megasphaera, Veillonella (Fig. 18). Bacteria of this group used to be classified within the order Clostridiales, although based on their SSU rRNA gene sequence, they are distant from other Clostridiales. Therefore, following the description of a novel gastrointestinal inhabitant — Negativicoccus succinicivorans, the novel class of Negativicutes and novel order of Selenomonadales were introduced to accommodate the Gram-negative staining bacteria within the Firmicutes phylum (Marchandin et al., 2010). The first record of this bacterial group dates from 1898 when Veillon and Zuber isolated Staphylococcus parvulus, which was later reclassified as Veillonella parvula, from infected appendix tissue (Veillon & Zuber, 1898). The Negativicutes are typically isolated from the oral cavity or the proximal small bowel (Rogosa, 1965; Simon & Gorbach, 1986), but representative species from this group can be detected in high abundances even in the lower intestinal tract. In that line V. parvula, can reach densities of up to  $10^{11}$  cells g<sup>-1</sup> of feces (Finegold *et al.*, 1977), while molecular quantification of Phascolarctobacterium spp.

showed that these bacteria represent more than 2% of the total fecal microbiota in some subjects (Paliy et al., 2009). Members of the Negativicutes are assacharolytic and utilize end=products of sugar metabolisms of other gastrointestinal bacteria (such as lactate or succinate) to produce propionate, forming an important trophic chain. Propionate is a beneficial product of the gastrointestinal microbiota as it has anti-inflammatory potential, is utilized by adipose tissue and the liver, plays a role in the satiety sensation, influences glucose and energy homeostasis, and improves insulin sensitivity (Vipperla & O'Keefe, 2012; De Vadder et al., 2014). In the upper gastrointestinal tract, Veillonella spp. are an indispensable component of the gastrointestinal microbiota (van den Bogert et al., 2011) where they form a trophic chain with the lactate and acetate-producing Streptococcus spp. (Zoetendal et al., 2012). Currently, there is no evidence about the role of Veillonella spp. in human health, although several studies have shown an increased abundance of Veillonella spp. in fecal samples of irritable bowel patients (Malinen et al., 2005; Tana et al., 2010; Saulnier et al., 2011), which could indicate an increased transit of the ileal microbiota to the lower part of the gastrointestinal tract.

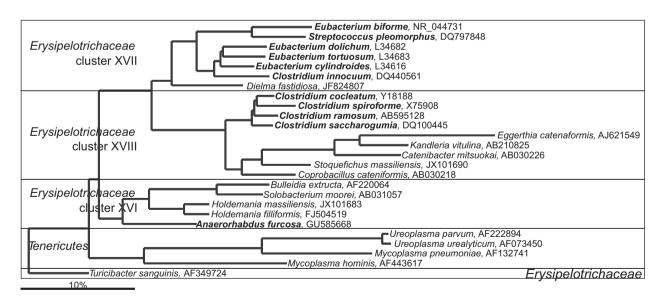
### Erysipelotrichi

The *Erysipelotrichi* constitute a class of bacteria within the *Firmicutes* phylum that was introduced into bacterial systematics in 2009, to accommodate members of earlier established family *Erysipelotrichaceae* (Ludwig *et al.*, 2009). The majority of the human gastrointestinal bacte-

ria that based on their SSU rRNA gene sequence cluster within the Erysipelotrichi class are still officially classified within other groups of the Firmicutes (Fig. 19). This indicates that a major revision of this group can be expected in the future. There are several studies that link Erysipelotrichi with compromised health. An increased abundance of Erysipelotrichi in patients suffering from colon cancer was reported (Chen et al., 2012). Animal model experiments have shown that members of this group are increased on high fat, and western type diets (Turnbaugh et al., 2009; Fleissner et al., 2010), while their increased abundance is associated with obesity (Turnbaugh et al., 2006). Furthermore, it has been shown that an increased abundance of Erysipelotrichaceae correlates with choline deficiency-induced fatty liver disease (Spencer et al., 2011), which causes multiple organ dysfunctions. Choline is an important component of our diet, and recently, it was found that choline and phospatidylcholine are converted by the intestinal microbiota to trimethylamine, which is further metabolized to proatherogenic trimethylamine-N-oxide, linking diet and microbiota to cardiovascular disease (Wang et al., 2011b; Koeth et al., 2013).

### **Tenericutes**

Tenericutes is a recently introduced phylum that accommodates the *Mollicutes* class, which was previously positioned within the *Firmicutes* phylum. The assignment of the *Mollicutes* to the novel phylum was supported by the unique properties of these bacteria, in particular the lack of rigid cell walls (Ludwig *et al.*, 2009), although based



**Fig. 19.** Phylogenetic tree the human gastrointestinal species that belong to the order of the *Erysipelotrichi*. GenBank Accession Numbers of the SSU rRNA gene sequence are provided for each species, while the family is divided over *Clostridium* clusters (Collins *et al.*, 1994). The species indicated in bold are based on the SSU rRNA gene sequence clustering within the *Erysipelotrichi* in contrast to their official classification.

on the SSU rRNA gene sequence, they are interrelated with the members of the Erysipelotrichi class of the Firmicutes (Fig. 19). The majority of the gastrointestinal Tenericutes are currently uncultured species that are frequently detected in the molecular surveys. Their detection even in the studies of the limited depth suggests a relatively high relative abundance of these bacteria (see for instance, Suau et al., 1999). Concerning their function in the gastrointestinal tract, a recent study has shown a significant positive correlation between the abundance of the Tenericutes and the levels of trimethylamine-N-oxide, which is a metabolite that is believed to accelerate atherosclerosis (Koeth et al., 2013).

It has been suggested that members of the Tenericutes are involved in inflammatory bowel disease, as they have the ability to adhere to and to fuse with epithelial and immune system cells, which could explain intracellular epithelial structures in the Crohn's disease patients' biopsies detected by electron microscopy (Roediger & Macfarlane, 2002). A molecular survey has revealed that a cultured representative of this group — the pathogenic Mycoplasma pneumoniae — can be detected in mucosal biopsies of both inflammatory bowel disease patients and healthy controls alike, although Crohn's disease patients had a significantly higher abundance of this bacterium than ulcerative colitis patients and healthy subjects (Chen et al., 2001). The first report of the Mycoplasma in the human gastrointestinal tract dates from 1973 (Bhat et al., 1973), while specific searches for *Ureaplasma urealyticum* and Mycoplasma hominis revealed the presence of these two species in anal swaps of more than half of the analyzed subjects (Munday et al., 1981).

### **Fusobacteria**

Fusobacteria are another phylum of the frequently detected gastrointestinal bacteria, the majority of which belong to the genus Fusobacterium (Fig. 20). These bacte-

ria are pointed, nonsporulating, Gram-negative, anaerobic bacilli (Knorr, 1922). The first record of a Fusobacterium spp. originates from 1886 when Bacillus fusiforme (now known as Fusobacterium necrophorum) was reported as a pathogen related to appendicitis (Flügge, 1886). Although Fusobacterium spp. can be isolated from gastrointestinal samples of healthy humans in densities of up to 10<sup>10</sup> cells g<sup>-1</sup> of feces (Benno et al., 1989), this group of bacteria seems to be relevant for intestinal inflammation. Recent studies have shown that the majority of cases of acute appendicitis are associated with a local infection of Fusobacterium spp. (Swidsinski et al., 2011), while the increased abundance of Fusobacterium spp. is associated with ulcerative colitis (Rajilić-Stojanović et al., 2013a) and colorectal cancer (Castellarin et al., 2012; Kostic et al., 2012). The human gastrointestinal tract-associated Fusobacteria also include representatives of the Leptotrichia genus and the misclassified C. rectum (Fig. 20).

### Proteobacteria

Bacteria belonging to the phylum Proteobacteria are commonly detected in the gastrointestinal samples and this group of the true Gram-negative bacteria is particularly diverse, although not very abundant - typically all Proteobacteria account about 1% of the total microbiota (Holdeman et al., 1976). Members of five different classes of Proteobacteria, namely the Alpha-, Beta-, Gamma-, Delta- and Epsilonproteobacteria can be part of the gastrointestinal microbiota, and among them Enterobacteriaceae within Gammaproteobacteria are the most abundant and the prevalent group.

# Alphaproteobacteria

Gemmiger formicilis was the first and the only bacterium from the Alphaproteobacteria class that was associated with the human gastrointestinal tract, throughout the

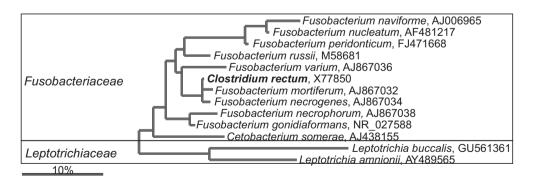
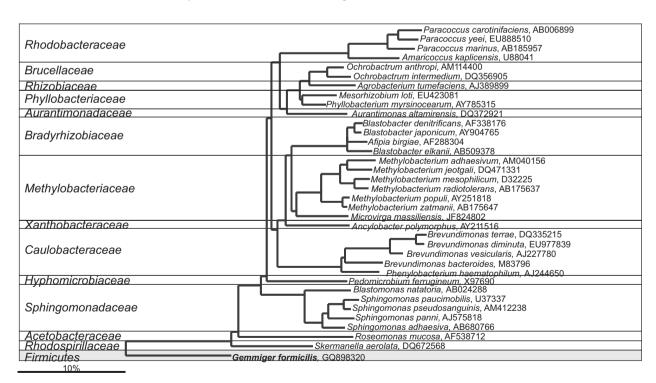


Fig. 20. Phylogenetic tree the human gastrointestinal species that belong to the phylum of the Fusobacteria. GenBank Accession Numbers of the SSU rRNA gene sequence are provided for each species and the family names are indicated. The species indicated in bold are based on the SSU rRNA gene sequence clustering within the families that are designated on the figure in contrast to their official classification.

20th century (Holdeman et al., 1976; Benno et al., 1986; Moore & Moore, 1995; Macfarlane et al., 2004). Ironically, the recent SSU rRNA gene sequence analysis of G. formicilis indicated that this species has been misclassified and belongs to Firmicutes (Clostridia/Clostridiales/ Ruminococcaceae) and has almost an identical SSU rRNA gene sequence as Subdoligranulum variabile (98.3% sequence similarity). Nevertheless, other representatives of the true Alphaproteobacteria seem to be a part of the normal gastrointestinal microbiota. In a recent study, four alphaproteobacterial species were cultivated from gastrointestinal samples (Lagier et al., 2012a). Twenty-four other members of this subdivision were detected by retrieving SSU rRNA gene sequences identical to previously cultured bacteria from gastrointestinal samples (Fig. 21, Table S1). AlphapProteobacteria seem to be characteristic for the upper part of the gastrointestinal tract as sequences of these bacteria were detected only in studies where samples from the upper intestine were included (Eckburg et al., 2005; Wang et al., 2005), or when the microbiota of patients with ileal pouch was analyzed (McLaughlin et al., 2010). There are no data that correlate Alphaproteobacteria with any specific function in the gastrointestinal tract or any disease. However, some genera are known to perform specific metabolic transformations — for example, Methylobacterium spp. include bacteria that can oxidize methylamine or methanol to generate energy. Although the metabolism of these compounds has not been studied in the gastrointestinal tract, and the methylotrophic community is not typically associated with the human body, a recent study has demonstrated that methanotrophs are ubiquitous in the human oral microbiota (Hung et al., 2011). Similarly, it can be anticipated that they are present in the upper gastrointestinal tract, where SSU rRNA gene sequences of these bacteria were detected, and where oxygen needed for their metabolic activity is present. Sphingomonas spp. include metabolically versatile aerobic bacteria that can be found in different environments. Studies of these and most other Alphaproteobacteria focus on outbreaks of infections involving these bacteria in immuno-suppressed patients. However, animal models studies have shown that Sphingomonas spp. are important for the development of the immune system of the host, since these species can stimulate the maturation of invariant natural killer T cells (Wingender et al., 2012).

### Betaproteobacteria

The first bacterium from the *Betaproteobacteria* class — *Alcaligenes faecalis* — was isolated from a human fecal sample in 1896 (Petruschky, 1896). This asaccharolytic rod that can utilize urea, a range of amino-acids, and can produce nitric oxide (NO; Denault *et al.*, 1953) has fre-



**Fig. 21.** Phylogenetic tree the human gastrointestinal species that belong to the class of the *Alphaproteobacteria* class. GenBank Accession Numbers of the SSU rRNA gene sequence are provided for each species and the family names are indicated.

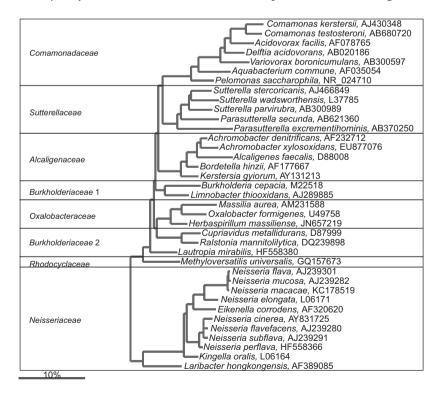
quently been detected in later studies of the gastrointestinal microbiota. A number of other bacteria within this class have been detected in recent years, showing that Betaproteobacteria are diverse and ubiquitous members of the gastrointestinal microbiota (Fig. 22). Among them, Sutterella and Parrasutterella are the most frequently encountered and the abundant gastrointestinal microorganisms (Nagai et al., 2009; Mukhopadhya et al., 2011). These bacteria are typical for the gastrointestinal microbiota ecosystem, assacharolytic and inactive in classical microbiological tests. Their abundance is increased in autistic children (Williams et al., 2012) and in patients suffering from type 2 diabetes (Larsen et al., 2010). Hence, it is of interest to define which metabolic transformations are catalyzed by these bacteria, as they might be particularly relevant for understanding the global impact of the gastrointestinal microbiota on human health. Alcaligenes faecalis and related bacteria are common gastrointestinal tract inhabitants, notably of the ileum. Alcaligenes spp. may be opportunists that inhabit Peyers' patches and signal to the immune system as shown in model animals (Obata et al., 2010). Moreover, Alcaligenes spp. produce NO, which is an important biological regulator (Culotta & Koshland, 1992; Anderson et al., 1993).

Oxalobacter formigenes is another relevant intestinal inhabitant. It has been isolated in 1985 and described as a unique intestinal bacterium that degrades exclusively oxalate and can reach densities of up to  $10^7$  cells  $g^{-1}$  of feces (Allison *et al.*, 1985). Due to its metabolic activity, O. for-

migenes regulates oxalate concentrations in feces and urine, and indirectly influences the formation of kidney stones (Duncan et al., 2002b). This has led to its application in probiotic formulations. Recently, it has been shown that some strains of another intestinal inhabitant Ancylobacter polymorphus (belonging to the Alphaproteobacteria) can utilize oxalate (Lang et al., 2008), suggesting that there are alternative pathways for oxalate removal from the gastrointestinal tract.

Neisseria spp. are inhabiting mucosal surfaces of the genital, the respiratory and the upper gastrointestinal tract. Neisseria gonorhhoea and Neisseria meningitis are the most studied as they are important pathogens causing gonorrhoea and meningitis. However, the majority of Neisseria spp. are nonpathogenic and their presence in the gastrointestinal tract samples was detected in the early cultivationbased studies (Gray & Shiner, 1967; Bhat et al., 1980). The presence of specific Neisseria spp. in the gastrointestinal tract was only recently reported in a high-throughput culturing study (Lagier et al., 2012a) and emerged from SSU rRNA gene sequencing-based studies (Fig. 22, Table S1). Nonpathogenic Neisseria spp. do not catabolize many carbohydrates, while some species are even asaccharolytic, but they can reduce nitrate. It is known that Neisseria spp. are able to grow on amino acids and can use sulfur directly from sulfate (McDonald & Johnson, 1975), but their function in the gastrointestinal tract has not been exploited.

The human gastrointestinal *Betaproteobacteria* also include a number of other species within various genera,



**Fig. 22.** Phylogenetic tree the human gastrointestinal species that belong to the class of the *Betaproteobacteria*. GenBank Accession Numbers of the SSU rRNA gene sequence are provided for each species and the family names are indicated.

which are occasionally reported as members of the gastrointestinal microbiota (Fig. 22). Among them, *Acidovorax* spp. were found to be ubiquitously present in the colonic mucosa (Hong *et al.*, 2011), *Burkholderia* spp. were found in an increased abundance in hepatic encephalopathy and were linked to poor cognition and inflammation (Bajaj *et al.*, 2012), while *Variovorax* spp. seem to be particularly abundant in the upper gastrointestinal tract (van den Bogert *et al.*, 2011). There is no available information about association of other species with specific gastrointestinal sites, diseases or functions of the gastrointestinal microbiota.

# Gammaproteobacteria

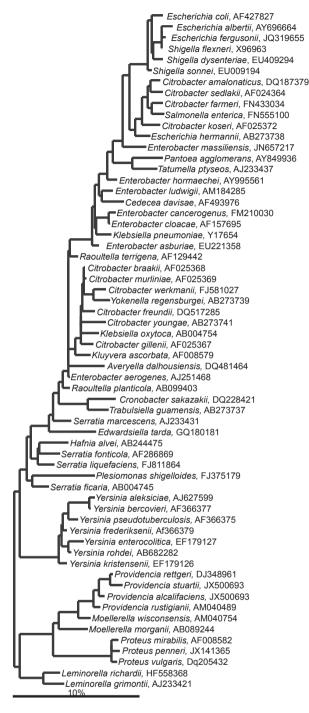
Within the class Gammaproteobacteria, nine different families distributed within six different orders have been detected in the human gastrointestinal samples. Escherichia coli was the first bacterial isolate of the Gammaproteobacteria characterized from human gastrointestinal samples in 1885 (Shulman et al., 2007). Escherichia coli belongs to the Enterobacteriaceae family, which is the most diverse, prevalent and abundant of all gastrointestinal Proteobacteria (Fig. 23). Most of Enterobacteriaceae members are associated with diarrhea (Thielman & Guerrant, 2004), although representatives of this family are not necessarily causing any symptoms and are actually one of the first to be found in the newborn gastrointestinal tract (Favier et al., 2002). The abundance of this bacterial group increases with age, but it remains subdominant and in elderly subjects represents about 1% of the total gastrointestinal microbiota (Hopkins et al., 2001). Escherichia coli is the most prevalent representative of this family that is often the most abundant facultative anaerobe in the gastrointestinal samples. The different strains of E. coli can exhibit different properties, varying from probiotic (Kruis et al., 2004) to pathogenic causing diarrhea or infections on other sites (Ron, 2006). The majority of other Enterobacteriaceae spp. are infrequently isolated from gastrointestinal samples (Bucher & von Graevenitz, 1982; Müller, 1986). In that line, a study of dedicated isolation of the Morganella-Proteus-Providencia group from feces of almost 3000 healthy subjects and patients suffering from enteric diseases, showed that species of this group are subabundant and have joined prevalence between 10% and 20%, depending on the health status (Müller, 1986). Still, the Enterobacteriaceae is one of the most comprehensively described gastrointestinal families, which can be explained by its development as a paradigm for genetic studies and its clinical relevance (Grimont et al., 1981; Hickman-Brenner et al., 1984; Farmer et al., 1985; Hickman-Brenner et al., 1985a, b). A specific case is represented by the so-called adherent-invasive E. coli strains that have been

implied in various forms of inflammation in the gastrointestinal tract of human and animal models (Negroni et al., 2012; Chassaing et al., 2014). Phylogenetically, the Enterobacteriaceae is a diverse group and while some genera form separate clusters (e.g., Yersinia), species of other genera are mixed up in the SSU rRNA phylogenetic tree (Fig. 23). The absence of genus-specific SSU rRNA gene sequences for these genera, could explain a recent the finding that sequences assigned to E. coli, Salmonella enterica, Citrobacter koseri, and Enterobacter cancerogenus appear together (Lozupone et al., 2012).

In addition to the Enterobacteriaceae, representatives of eight other bacterial families with the Gammaproteobacteria class can be detected in the human gastrointestinal tract (Fig. 24). Among these, members of the Moraxellaceae are relatively frequently detected using both cultivation-based and molecular studies. Within this family, Acinetobacter spp. are the most diverse and are frequently detected in infants (Chang et al., 2011; Pandey et al., 2012), with an increased abundance in infants that develop allergy (Nakayama et al., 2011). A recent study has indicated that members of the Gammaproteobacteria and in particular Haemophilus spp. are elevated in irritable bowel syndrome pediatric patients (Saulnier et al., 2011). Members of the same phylogenetic group were found to correlate with irritable bowel syndrome symptom score in an independent study (Rajilić-Stojanović et al., 2011). Haemophilus spp. are relatively frequently detected in the upper parts of the gastrointestinal tract of healthy humans of different ages (Justesen et al., 1984; Ou et al., 2009), but also can be detected inflamed and stool specimens from children with diarrhea, with relatively low prevalence (Mégraud et al., 1988).

Aeromonas spp. are medically significant as these species are implicated in the development of the gastroenteritis and diarrhea. The role of these bacteria in human health has been a subject of a long-lasting debate resulting in a conclusion that at least four gastrointestinal species (A. caviae, A. hydrophila, A. jandaei, and A. veronii), are pathogenic (Janda & Abbott, 1998). The presence of these species in the gastrointestinal tract is not necessarily inducing any symptoms, although in vitro experiments have indicated that they are cytotoxic and induce lesions in the intestinal mucosa (Pitarangsi et al., 1982).

The *Succinivibrionaceae* family groups strictly anaerobic bacteria that ferment carbohydrates to produce succinate and acetate. Representatives of three genera of this family can be detected in the human gastrointestinal tract: *Anaerobiospirillum* spp. are motile, spiral bacteria that are implicated in the development of diarrhea (Malnick, 1997); while *Succinatimonas* and *Succinivibrio* representatives are subdominant bacteria that were isolated from healthy humans (Table S1).



**Fig. 23.** Phylogenetic tree the human gastrointestinal species that belong to the family of the *Enterobacteriaceae*. GenBank Accession Numbers of the SSU rRNA gene sequence are provided for each species and the family names are indicated.

Members of the *Vibrionaceae* are pathogens that cause acute, self-limiting gastroenteritis (Hou *et al.*, 2011). The natural habitat of *Vibrio* spp. is the aquatic ecosystem, and hence they are only rarely detected in the human

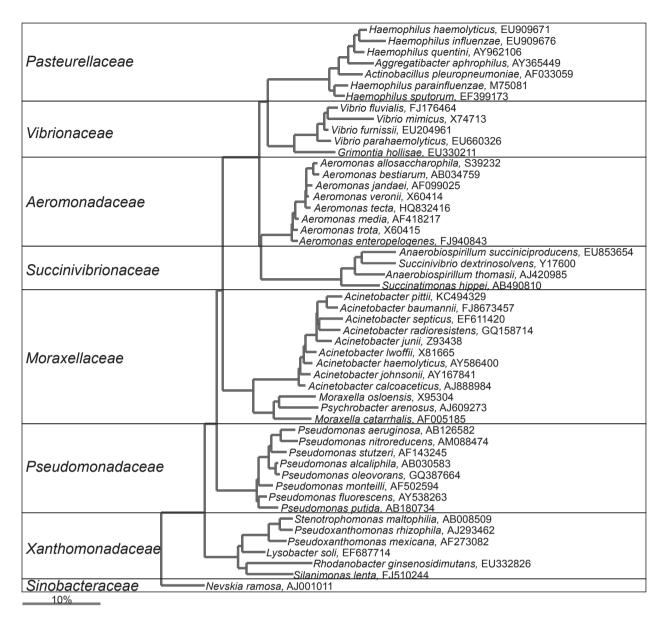
gastrointestinal samples — notably after infection that induces diarrhea.

Eight different *Pseudomonas* spp. can be detected in the human gastrointestinal tract. Among them, Pseudomonas aeruginosa is the most prevalent and was frequently reported as a member of the fecal microbiota of healthy humans (Finegold et al., 1974; Benno et al., 1986). Although a member of the normal gastrointestinal microbiota, Pseudomonas aeruginosa can act as an opportunistic pathogen in critically ill or immuno-suppressed patients and cause sepsis as it can interact with our immune system (Wu et al., 2005) and can disrupt the intestinal epithelial barrier (Zaborina et al., 2006). Pseudomonas fluorescens is a less prevalent member of the genus that has been implicated in the development of Crohn's disease (Wei et al., 2002). A recent study showed that Pseudomonas spp., among other Proteobacteria, have increased abundance in infants with colic (de Weerth et al., 2013).

Until today, only two bacteria from Xanthomonadaceae have been isolated from gastrointestinal samples: Stenotrophomonas maltophilia from a stool and an ileal sample derived from atypical clinical cases (Tamura et al., 1988; Apisarnthanarak et al., 2003), and Lysobacter soli in a recent high-throughput cultivation of the normal gastrointestinal microbiota (Lagier et al., 2012a). In addition, four other related bacterial species were detected based on the SSU rRNA gene sequence. These bacteria were previously isolated from different ecosystems and include Nevskia ramose and Rhodanobacter ginsenosidimutans from soil, Pseudoxanthomonas mexicana from sludge and urine, and Silanimonas lenta from a hot spring. Based on their low prevalence in the gastrointestinal tract, it is most likely that Xanthomonadaceae are transient members of the gastrointestinal microbiota.

### Deltaproteobacteria

Sulfate-reducing bacteria that cluster within the  $\delta$  class of the phylum Proteobacteria inhabit the human gastrointestinal tract where they utilize sulfate that can be diet derived or released from mucins. Human gastrointestinal tract-associated sulfate-reducing bacteria include the acetate-utilizing Desulfobacter spp., the lactate-, and H2-utilizing Desulfovibrio spp., and the propionate-utilizing Desulfobulbus spp. (Gibson et al., 1988). This group of related bacteria has been subject of numerous studies because the end-product of their metabolism — hydrogen sulfide — is a highly toxic compound that inhibits butyrate oxidation within the colonocytes (Attene-Ramos et al., 2006). Hydrogen sulfide overproduction in the gastrointestinal tract has been linked to ulcerative colitis and colon cancer. Although some cultivation, studies showed an association between the presence of sulfate-reducing



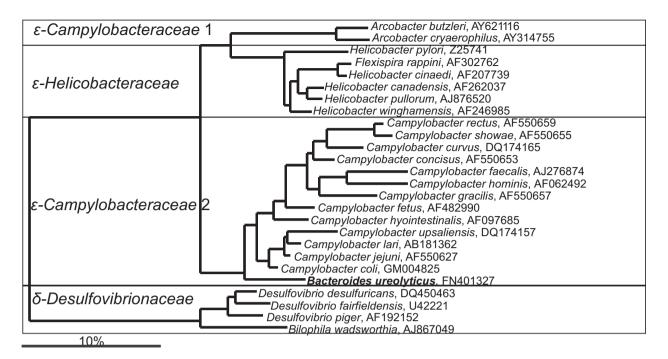
**Fig. 24.** Phylogenetic tree the human gastrointestinal species that belong to the class of the *Gammaproteobacteria* without *Enterobacteriaceae* family. GenBank Accession Numbers of the SSU rRNA gene sequence are provided for each species and the family names are indicated.

bacteria and ulcerative colitis, the overproduction of hydrogen sulfide has a stronger correlation with dietary protein (Magee *et al.*, 2000) than with dietary sulfate (Deplancke *et al.*, 2003), challenging the hypothesis that the metabolic activity of sulfate-reducing bacteria is involved in compromised health, at least in healthy subjects. Sulfate-reducing bacteria are normally present in low abundance, of approximately  $10^6-10^7$  cells  $g^{-1}$  (Fite *et al.*, 2004), and although at least three different genera of this group of bacteria can be found in the human gastrointestinal tract, only *Desulfovibrio* spp. are characterized below the genus level (Fig. 25). In addition, *Bilophila wadsworthia* is another member of *Deltaproteobacteria* 

that is present in approximately half of the studied humans (Baron *et al.*, 1992; Baron, 1997). *Bilophila wadsworthia* is capable of utilizing taurine, which is released by deconjugation of bile salts or present in the diet, and also generates hydrogen sulfide as the major end-product. Its involvement in promoting colitis via taurine metabolism in mice has recently been established (Devkota *et al.*, 2012).

### **Epsilonproteobacteria**

The class of *Epsilonproteobacteria* is represented by two main genera in the human gastrointestinal tract: *Campylo-*



**Fig. 25.** Phylogenetic tree the human gastrointestinal species that belong to the classes of the *Deltaproteobacteria* and *Epsilonproteobacteria*. GenBank Accession Numbers of the SSU rRNA gene sequence are provided for each species and the family names are indicated. The species indicated in bold is based on the SSU rRNA gene sequence clustering within the indicated family in contrast to its official classification.

bacter and Helicobacter. Campylobacter is a genus that groups diverse isolates from mucosal surfaces of gastrointestinal, oral and urogenital tract. The first report of Campylobacter isolation from the human gastrointestinal tract dates from 1946 (Levy, 1946). Campylobacter spp. were originally described as members of genus Vibrio, and reclassified into an independent genus in 1973 (Veron & Chatelain, 1973). Species of this genus are principally considered to be pathogenic organisms involved in diarrheal illness. However, Campylobacter hominis has been isolated from a gastrointestinal sample of a healthy subject (Lawson et al., 2001), while C. concisus is a clinical isolate that also has been recovered from healthy individual (Engberg et al., 2000). Finally, a recent study of the microaerophilic fecal microbiota of children revealed diverse and prevalent colonization of Campylobacter spp. of gastrointestinal tract of both healthy and children suffering from inflammatory bowel diseases (Hansen et al., 2013). The presence of Campylobacter spp. in the gastrointestinal tract can cause watery or bloody diarrhea, whereas it also can be associated with intestinal diseases such as ulcerative colitis (Rajilić-Stojanović et al., 2013a). However, Campylobacter spp. can also remain asymptomatic, suggesting that at least some species of this genus are commercial members of the gastrointestinal microbiota.

The Arcobacter genus was introduced to accommodate an independent cluster identified based on the SSU rRNA

gene sequences, of species that were previously classified within the *Campylobacter* genus (Vandamme *et al.*, 1991). These bacteria are also associated with diarrheal disease, although the prevalence of their isolation, even from clinical samples is very low (Engberg *et al.*, 2000).

The genus *Helicobacter* has been derived from *Campylobacter* after reclassification of the latter (Goodwin *et al.*, 1989; Vandamme *et al.*, 1991). *Helicobacter* spp. are spiral-shaped bacteria that were detected in human gastric mucosa as late as in 1906 (Krienitz, 1906). They received exceptional attention once *Helicobacter pylori* was discovered to induce the gastric and duodenal ulcers (for recent review see, Fock *et al.*, 2013). *Helicobacter* spp. are mainly located in the stomach but can be detected in the other gastrointestinal samples of healthy individuals but only when highly sensitive techniques are applied, suggesting that they may lyse and disappear in transit from the stomach (MacKay *et al.*, 2003; Ceelen *et al.*, 2005). Hence, their prevalence is low in samples from the lower gastrointestinal tract (Hansen *et al.*, 2013).

### Lentisphaerae

Victivallis vadensis is the only species within the phylum of Lentisphaerae that has been isolated from the gastrointestinal tract (Fig. 26). This species was isolated in 2003, as a bacterium that was able to grow in basal liquid

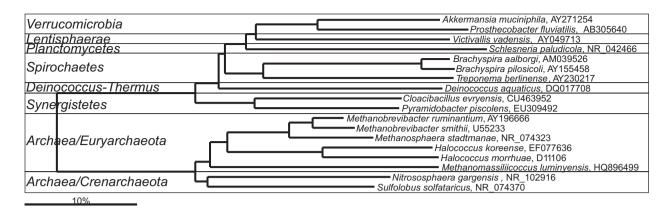


Fig. 26. Phylogenetic tree the human gastrointestinal species that belong to the different bacterial phyla with limited diversity, and two archaeal phyla. GenBank Accession Numbers of the SSU rRNA gene sequence are provided for each species and the phylum names are indicated.

medium containing cellobiose as the sole carbon source, but not on the same medium solidified with agar (Zoetendal *et al.*, 2003). Further studies have confirmed its presence in the gastrointestinal tract of humans (Claesson *et al.*, 2012), indicating the adaptation of this species (and most likely the entire bacterial group) to the gastrointestinal tract conditions. The genome of this bacterium has been sequenced (van Passel *et al.*, 2011), revealing a host of functions, but its activity in the gastrointestinal tract and its impact on the human host remains to be determined.

# **Spirochetes**

The first report of the Spirochetes in the human gastrointestinal samples dates from 1923 when a cultivation-based study reported the 28% prevalence of these bacteria in fecal samples of healthy individuals (Parr, 1923). The Spirochetes are established pathogens in veterinary medicine and their pathogenicity in humans has been debated for a long period of time. Two species of the phylum Spirochetes can be detected in the human gastrointestinal samples: Brachyspira pilosicoli and Brachyspira aalborgi (Fig. 26). Their presence in the gastrointestinal tract is termed intestinal spirochetosis, which in clinical cases is associated with abdominal pain and diarrhea. However, a retrospective review of cases diagnosed as intestinal spirochetosis revealed that the presence of Spirochetes in the gastrointestinal biopsies is often asymptomatic and may not have pathological significance (Carr et al., 2010). The question of implication of the Spirochetes in clinical cases might be a question of their density in the gut. These bacteria typically colonize intestinal mucosa where they attach and penetrate short distances into the surface epithelial cells (Harland & Lee, 1967). In clinical cases of spirochetosis they form a dense biofilm that covers the entire colonic surface, as indicated by scanning electron microscopy images (Gad et al., 1977). Another factor might be relevant to the currently undefined role of the *Spirochetes* in human health. A recent molecular study showed that in addition to the two cultured species, another, currently uncultured *Brachyspira* spp. is more frequent than the other two *Brachyspira* spp. in the human colonic biopsies. Although this study confirmed the absence of a correlation between these species and physical complaints, it appeared that *B. pilosicoli* is associated with intestinal inflammation (Westerman et al., 2012).

Another relevant group of the gastrointestinal Spirochetes are formed by the *Treponema* spp. Members of the Treponema genus were detected in molecular-based studies of the gut microbiota of five geographically separate rural African and Native American tribes (De Filippo et al., 2010; Tito et al., 2012; Yatsunenko et al., 2012; Ou et al., 2013; Schnorr et al., 2014). Only in one study, a representative of this group was identified at species level. A sequence 99% similar to Treponema berlinense was detected when analyzing the microbiota coprolite (fossilized feces) taken from archaeological site in Mexico (Tito et al., 2012). Treponema spp. are in principle considered to be pathogenic in industrial societies (Giacani & Lukehart, 2014), but its reproducible detection in the gastrointestinal microbiota of isolated rural communities suggest alternative symbiotic roles played by these bacteria. These might include degradation of fiber rich foods and enhancement of anti-inflammatory capability, as suggested by de Fillipo and coauthors, who were the first to detected Treponema spp. in healthy human gut (De Filippo et al., 2010).

### **Synergistetes**

*Synergistetes* is a recently recognized bacterial phylum that is typically subdominant in the ecosystems where it resides, and its members can be present in abundance of about

0.01% in human fecal samples (Horz et al., 2006). The first attempt to detect this group of bacteria in the human gastrointestinal tract yielded a sole SSU rRNA gene sequence that is identical to that of a later on cultured Cloacibacillus evryensis (Ganesan et al., 2008). Cloacibacillus spp. are amino acid degrading bacteria that use sulfate as terminal electron acceptor and that are capable to use mucin as sole carbon source (Looft et al., 2013). Their presence in the human gastrointestinal microbiota was confirmed by several molecular studies. Furthermore, a recent high-throughput culturomics study retrieved another gastrointestinal Synergistetes bacterium — Pyramidobacter piscolens (Lagier et al., 2012a). Pyramidobacter piscolens was described in 2009, as an asaccharolytic, anaerobic oral isolate capable of hydrogen sulfide production.

Although a minor group, the gastrointestinal *Synergistetes* might be relevant for the human health, as indicated by their increased abundance in mucosal samples associated with colorectal cancer (Chen *et al.*, 2012). Mucin degradation coupled with hydrogen sulfide produced by these bacteria might be relevant for the colorectal cancer etiology, since the produced metabolite increases mucosal apoptosis, goblet cell depletion, and superficial ulceration (Aslam *et al.*, 1992; Deplancke & Gaskins, 2003).

# TM7 candidate phylum

The TM7 phylum represents a recently recognized, widely distributed group of yet uncultured filamentous bacteria (Hugenholtz *et al.*, 2001). These bacteria can be detected in the human oral cavity and the gastrointestinal tract, while a recent study of the microbiota along the gastrointestinal tract has shown that TM7 bacteria are one of the common microorganisms, widely distributed among humans (Stearns *et al.*, 2011). Although the presence of these bacteria is not determinative of the health status, it has been shown that different TM7 bacteria inhabit the gastrointestinal tracts of inflammatory bowel disease patients and healthy controls (Kuehbacher *et al.*, 2008).

# Verrucomicrobia

Currently, only two species within the *Verrucomicrbia* phylum have been detected in the human gastrointestinal tract. *Akkermansia muciniphila* was described in 2004 as a unique human gastrointestinal bacterium that is able to grow on intestinal mucus as a sole carbon source (Derrien *et al.*, 2004). This bacterium is widely distributed and can be detected in fecal material of humans of all age groups (Collado *et al.*, 2007), and although its abundance varies between subjects, it is probably one of the members of the core microbiota. Recent literature shows that

A. muciniphila is important for a healthy host as its decreased abundance is associated with compromised health including acute appendicitis (Swidsinski et al., 2011), ulcerative colitis (Vigsnæs et al., 2012; Rajilić-Stojanović et al., 2013a), autism (Wang et al., 2011a), and atopic diseases (Candela et al., 2012). Finally, the abundance of A. muciniphila is inversely correlated with obesity (Karlsson et al., 2012). A recent study suggests that A. muciniphila plays a pivotal role in obesity as its duodenal delivery regulates fat-mass gain, metabolic endotoxemia, adipose tissue inflammation, and insulin resistance in an animal model experiment (Everard et al., 2013). Given the very short history of the research related to A. muciniphila, the wealth of data that support its beneficial role provides evidence of the remarkable importance of this bacterium. In addition, one other species of the Verrucomicrobia — Prosthecobacter fluviatilis has been detected in the study of bacteria of a patient with ileal pouch (McLaughlin et al., 2010), while sequences classified within this genus were detected in the study of the microbiota of infants (Palmer et al., 2007).

# Other gastrointestinal bacterial phyla

There are a few gastrointestinal bacterial phyla with low diversity that have not yet been discussed, including the Deinococcus-Thermus bacteria, the Melainabacteria the Gemmatimonadetes and the Planctomycetes (Fig. 26). The Deinococcus-Thermus bacteria were for the first time associated with the human gastrointestinal microbiota in 2006, when uncultured phylotypes within this phylum were recovered in a molecular survey of the microbiota of the human stomach (Bik et al., 2006). Several studies have confirmed the presence of these bacteria in the gastrointestinal microbiota, while a recent high-throughput culturing study detected a single cultivated bacterium of this phylum (Lagier et al., 2012a). Currently, no particular function has been assigned to this bacterial group, although there is evidence that these bacteria are active in the distal parts of the gastrointestinal tract (Peris-Bondia et al., 2011).

Molecular studies have retrieved SSU rRNA gene sequences from the gastrointestinal tract of humans and other animals that cluster into a distinct clade, related to, but separate from cultured photosynthetic *Cyanobacteria* (Ley et al., 2005). A novel name – *Melainabacteria* — was recently proposed for this group of bacteria (Di Rienzi et al., 2013). Sequences representing these bacteria were detected in the stomach (Andersson et al., 2008), while two independent studies have shown that these bacteria are active in the distal part of the human gastrointestinal tract (Rajilić-Stojanović et al., 2008; Peris-Bondia et al., 2011), which indicates their wide distribution along the

gastrointestinal tract. The role of these bacteria in the ecosystem is currently undetermined and although no cultured representatives are available now, the genomes of these bacteria have been sequenced and annotated. Based on the genomic information, it was concluded that these are motile, strictly anaerobic, fermentative bacteria (Di Rienzi *et al.*, 2013).

In addition to the bacterial phyla that are reproducibly detected by many studies of the human gastrointestinal microbiota, some bacterial phyla are only occasionally found. For instance, some studies have reported the presence of the Gemmatimonadetes in the human gastrointestinal tract (Andersson et al., 2008), but even when present, these bacteria constitute an extremely minor fraction, as indicated by the fact that only one of over 15 000 SSU rRNA gene sequences in the study of the microbiota of inflammatory bowel disease patients and controls originated from a Gemmatimonadetes bacterium (Frank et al., 2007). Furthermore, a few pyrosequencing studies have reported Nitrospira bacteria in the human gastrointestinal tract (Hung et al., 2011). It is interesting to note that in a recent study of the microbiota of pediatric irritable bowel syndrome patients only one Nitrospira phylotype was detected by pyrosequencing. However, the further attempts to retrieve this bacterium revealed that the detected sequence was actually retrieved from a novel taxon related to the genus Ruminococcus (Saulnier et al., 2011). This example testifies to the fact that identification of sequences based on very short reads, such as those produced by currently used high-throughput sequencing technologies, are not always reliable (Werner et al., 2012).

The presence of the Planctomycetes in the human gastrointestinal tract was reported only in molecular-based studies (Wilson & Blitchington, 1996; De Filippo et al., 2010; Hong et al., 2011). A sequence of an uncultured bacterium (Gene Bank Accession Number U58225) was reported in one of the first molecular studies of the human gastrointestinal microbiota, and was designated as an uncultured Plantomycetes bacterium (Wilson & Blitchington, 1996). However, the detected SSU rRNA gene sequence was probably retrieved from a representative of a new genus within the Lentisphaerae phylum, since it has the highest similarity (88%) with V. vadensis (that was isolated and described after publication of the molecular study). Nevertheless, Plantomycetes might be a part of the human gastrointestinal microbiota, as a recent review indicated the detection of a diverse community of the Planctomycetes in the human gastrointestinal tract (Lagier et al., 2012b). When analyzing the publicly available data, we found that only one (JQ287572) had high similarity (98%) to the SSU rRNA gene sequence of a cultured bacterium-Schlesneria paludicola. However, based on the characteristics of this bacterium (e.g., it grows in the temperature range 4–32 °C), it is not likely that this bacterium resides in the human gastrointestinal tract.

### Archaea

Bacteria are the dominant but not an exclusive component of the human gastrointestinal microbiota. Archaea, primarily the methanogenic ones, can be relatively abundant component of the gastrointestinal microbiota with densities of up to  $10^{10}$  cells  $g^{-1}$  of feces (Bond *et al.*, 1971; Miller & Wolin, 1986). In total, eight archaeal species have been associated with the human gastrointestinal tract (Fig. 26, Table S2). In an early cultivation study, which dates from 1968, a single methanogenic species, isolated from four of five individuals, was identified as Methanobrevibacter ruminantium (Nottingham & Hungate, 1968). Today, Methanobrevibacter smithii is recognized as the most abundant, and often an exclusive methanogen of human gastrointestinal microbiota (Miller & Wolin, 1986; Dridi et al., 2009), which suggests a possible misidentification of the isolates in the earlier study. In addition to M. smithii, Methanosphaera stadtmaniae is a relatively prevalent, but atypical methanogenic archaea that reduces methanol and that can be found in human feces in low concentrations (Miller & Wolin, 1985; Dridi et al., 2009). Similar to M. stadtmaniae, a recently isolated Methanomassiliicoccus luminyensis can also utilize methanol in the presence of hydrogen, but these two gastrointestinal archaeal species are phylogenetically distant (Dridi et al., 2012). Methanogenic archaea have been extensively studied as the process of methane synthesis from carbon dioxide and hydrogen results in a significant gas removal in the gastrointestinal tract. The role of methanogenic archaea might be particularly relevant for bloating, which is one of the symptoms of irritable bowel syndrome, and a recent study has shown a highly significant (fourfold) reduction of methanogenic archaea in irritable bowel syndrome patients relative to controls (Rajilić-Stojanović et al., 2011). In addition to methanogenic archaea, two cultured species of halophilic archaea have been detected in the study of the microbiota of Korean subjects (Nam et al., 2008), while the presence of low numbers of these organisms was confirmed by the analysis of the colonic mucosa of inflammatory bowel patients (Oxley et al., 2010). In addition to the confirmed presence of the Euryarchaeota phylum members, the human gastrointestinal archaea might also include a number of yet uncultured species within the Thermoplasma and the Crenarchaeota phylum and putative novel orders, as detected in molecular-based studies and recently reviewed (Dridi et al., 2011). The presence of Crenarchaeota phylum representatives was detected by retrieving the specific partial SSU rRNA gene sequences in a study that dates

from 2005 (Rieu-Lesme et al., 2005). One of the amplified SSU rRNA gene sequences (AY887079) shows 97% sequence similarity with SSU rRNA gene sequence of Sulfolobus solfataricus, and another (AY887074) 99% sequence similarity with the SSU rRNA gene of Candidatus Nitrososphaera gargensis. It should be noted that both Sulfolobus solfataricus and Nitrososphaera gargensis are hyperthermophilic species, and it is highly unlikely that these species inhabit the gastrointestinal tract of humans. Until cultured representatives or at least the full SSU rRNA gene sequences of the Crenarchaeota species are obtained in the future independent studies, the presence of the this archaeal phylum in the human gastrointestinal tract remains questionable.

# Eukarya

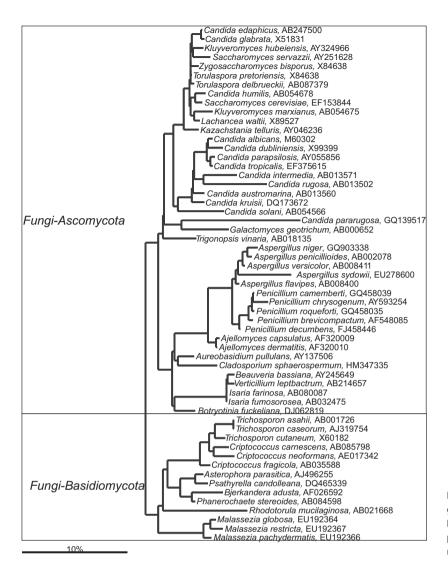
Different microeukaryal species can be detected in the human gastrointestinal tract, and although this group of organisms is subdominant, it is widely distributed component of the gastrointestinal microbiota. The first molecular-based study of this component of the gastrointestinal microbiota was published only recently (Scanlan & Marchesi, 2008). Very few other studies have been reported since, and the results of these have been recently summarized (Hamad et al., 2013). The most prevalent human gastrointestinal Eukarya are yeasts, while a number of different microeukarval intestinal parasites can be detected in the human gastrointestinal samples. These species have been excessively studied by epidemiologists, and although their presence is in most cases the result of an infection with contaminated food or water, some species establish in healthy humans and are probably a part of the normal gastrointestinal microbiota of some humans (Scanlan & Marchesi, 2008).

### **Fungi**

The most prevalent *Eukarya* in the human gastrointestinal tract are yeast-like fungi and in total 57 intestinal species distributed between the two phyla, *Ascomycota* and *Basidiomycota*, have been detected (Fig. 27). The first report of yeasts in the human gastrointestinal tract dates from 1901 when *Candida albicans* was isolated from feces of patients infected with tropical sprue (Kohlbrugge, 1901). A thorough analysis of the yeasts diversity in the gastrointestinal tract in the early twentieth century showed that yeasts can be detected in about one out of five subjects and that the detected yeast community is similar in healthy subjects and patients suffering from various gastrointestinal disorders (Anderson, 1917). A recent molecular analysis of the fungal diversity allowed for detecting low amounts of fungi in any studied subject (Ott *et al.*, 2008). Among yeasts, *Candida* 

spp. are the most prevalent and there is considerable evidence that C. albicans and C. rugosa are part of the normal gastrointestinal microbiota, while other Candida spp. are scarcely detected in gastrointestinal samples (Fig. 27, Table S3). Candida albicans is early established in the ecosystem, as illustrated by the fact that it can be detected in over 95% of 1-month-old infants (Kumamoto & Vinces, 2005). Candida spp. are subdominant in the ecosystem and typically present in densities lower than 10<sup>6</sup> cells g<sup>-1</sup> of intestinal content (Anderson, 1917; Finegold et al., 1974; Finegold et al., 1977). Although the natural environment of Candida spp. is the gastrointestinal tract, where they are either symbiotic or commensal to the human host, under specific circumstances these organisms can cause a variety of candidiasis in different organs of the human body. It has been proposed that in the developed world the increased intake of drugs, processed foods and pollutants can cause overgrowth of Candida spp. and trigger a Candida-associated complex of symptoms (Schulze & Sonnenborn, 2009). This might be relevant for gastrointestinal health, as it has been shown that Crohn's disease patients and their first relatives have a significantly higher abundance of Candida spp. compared to the controls (Standaert-Vitse et al., 2009). Furthermore, there is a considerable overlap between the symptoms of the irritable bowel syndrome, and the symptoms of intestinal candidiasis (Santelmann & Howard, 2005), although the association between the irritable bowel syndrome and Candida spp. has not been adequately studied. Other yeasts in the gastrointestinal tract include several Saccharomyces spp., of which Saccharomyces cerevisiae was the most reproducibly detected in molecular studies (Nam et al., 2008; Ott et al., 2008; Scanlan & Marchesi, 2008). Furthermore, Galactomyces geotrichum has been detected in the human fecal samples using molecular techniques (Scanlan & Marchesi, 2008) and cultivation (Gouba et al., 2013; Hamad et al., 2013). In contrast to Candida spp. that have the gastrointestinal tract as their natural niche, both Saccharomyces spp. and G. geotrichum are yeasts that are used in food production and their detection in fecal samples of humans could be a result of the dietary intake prior to sampling. This hypothesis is supported by the results of the recently published gastrointestinal microbiota analysis of adults on extreme diets, as a number of foodborn microorganisms (including yeasts) were detected in the gastrointestinal tract of subjects on animal-based (meat and cheese rich) diet (David et al., 2014).

Filamentous fungi are another group of *Eukarya* that can be present in the human gastrointestinal tract. Although they are not widely distributed, their presence was noticed in a number of studies (Finegold *et al.*, 1974; Finegold *et al.*, 1977; Benno *et al.*, 1986). Several *Aspergillus* spp. and *Penicillium* spp. have been identified



**Fig. 27.** Phylogenetic tree the human gastrointestinal Fungi. GenBank Accession Numbers of the SSU rRNA gene sequence are provided for each species and the phylum names are indicated.

during a 9-year long culture-based monitoring of an immunodeficient child's microbiota (Taylor *et al.*, 1985), while different species of these two genera have been detected in recent years using both cultivation on various media (Gouba *et al.*, 2013), or molecular-based methods (Scanlan & Marchesi, 2008). Many of these species are associated with dietary sources, as they are used as starters for cheese production or ripening, whereas some are just food contaminants. Having in mind their source, and instability (as illustrated in the results of longitudinal follow up of fungal microbiota; Scanlan & Marchesi, 2008), it is likely that these fungi are not a constant and functionally relevant part of the gastrointestinal microbiota.

### Eukarya-intestinal parasites

The gastrointestinal tract of humans can be inhabited by a number of different micro-eukaryotes that belong to the phyla: Apicomplexa, Amoebozoa, Ciliophora, Metamonada, Micosporidia, Parabasalia, and Stramenopiles (Fig. 28). Some of these organisms are pathogenic infectious agents, which after ingestion (through contaminated water or food) can cause gastrointestinal symptoms, most frequently diarrhea. Because of their clinical significance, these organisms, which are often referred as intestinal protozoa, are relatively thoroughly studied as infections agents. Little attention has been given to these organisms in terms of their role in the ecosystem, but as several studies have shown that some of these species can be present in the healthy human gastrointestinal tract, it is reasonable to expect that future research will reveal the true role of these organisms in the gastrointestinal microbiota.

A number of Eukarya classified within the phylum of *Apicomplexa* in addition to *Micosporidia* form a group of intestinal spore-forming protozoa that cause intracellular

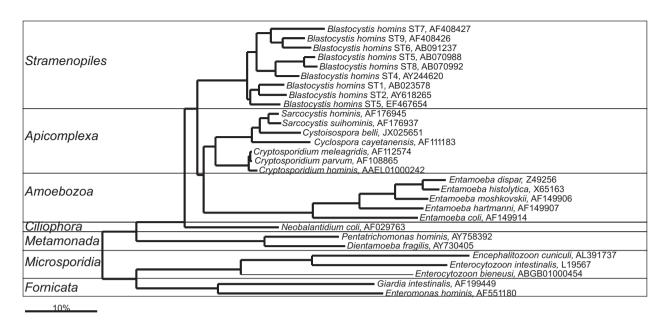


Fig. 28. Phylogenetic tree the human gastrointestinal microeukarya. GenBank Accession Numbers of the SSU rRNA gene sequence are provided for each species and the phylum names are indicated.

infections, primarily in the epithelial cells of the gastrointestinal tract. All *Apicomplexa* species that can be retrieved from the human gastrointestinal tract are considered to be pathogenic (Farthing, 2006). *Cryptosporidium parvum* is the most widely distributed representative of the group, and it has a high prevalence of infection in children of the developing world (Checkley *et al.*, 1997). Although infections with *Cryptosporidium parvum* can be asymptomatic, even when it does not cause diarrhea, this organism affects absorption of nutrients and has a negative effect on weight gain of children (Checkley *et al.*, 1997).

Blastocystis spp. (classified within the Stramenopiles) are single-celled protozoan organisms. Blastocystis spp. was for the first time isolated from the human gastrointestinal tract in 1911 and was reported under name Blastocystis enterocola, which was, at the time, designated as yeast (Alexieff, 1911). According to the current convention, all Blastocystis isolated from humans are identified as Blastocystis hominis, although their SSU rRNA gene sequence analysis showed that nine different phylotypes of these organisms can be detected in the human gastrointestinal tract (Arisue et al., 2003; Scanlan & Marchesi, 2008). This 'within species' diversity of the B. hominis can explain the fact that the role of Blastocystis in human disease is still not defined (Zierdt, 1991). Longitudinal study of the Eukarya in the human gastrointestinal tract has shown that Blastocystis spp. are stable and frequently detected organisms in healthy subjects (Scanlan & Marchesi, 2008). Although some authors have suggested the link

between *Blastocystis* and intestinal diseases such as diarrhea, irritable bowel syndrome and inflammatory bowel disease, the detection of *Blastocystis* in 105 patients suffering from various gastrointestinal diseases and 96 healthy controls, indicated that *Blastocystis* is equally frequent in patients and healthy subjects, although different phylotypes of *Blastocystis* are associated with different health status (Dogruman-Al *et al.*, 2008). Another recent study could establish a significantly higher incidence of *Blastocystis* in ulcerative colitis patients, when compared to controls (Cekin *et al.*, 2012).

Neobalantidium coli is the only representative of the Ciliophora phylum. Neobalantidium coli is the largest protozoan parasite that infects humans, but its natural hosts are pigs. Although the organism can reproduce within the intestinal lumen of humans without attacking the tissues and therefore remain asymptomatic, the infection with this species is typically followed by diarrhea and bloody stools (Katz et al., 1982).

The Amoebozoa that can be detected in the human gastrointestinal tract include Endolimax nana and Iodamoeba bütschlii and six Entamoeba spp. (Table S3). The SSU rRNA gene sequence is available only for five Entamoeba spp. (Fig. 28). While most of the intestinal Amoebozoa are non-pathogenic, there is sufficient evidence that Entamoeba histolytica is pathogenic for humans and causes amebiasis — dysentery or amebic colitis with a high mortality rate (Fotedar et al., 2007). Entamoeba histolytica was the first described 1875, although the species name Entamoeba histolytica was assigned later, in 1903 by Fritz Schaudinn

(Saklatvala, 1993). There are several studies that show the successful detection of *Entamoeba* spp. in clinical samples using molecular methods, typically in stool samples taken from patients with diarrhea. Molecular studies of the *Eukarya* as part of the ecosystem in the human gastrointestinal tract already confirmed the presence of two *Entamoeba* species: *Entamoeba coli* (Scanlan & Marchesi, 2008) and *Entamoeba hartmanni* (Hamad *et al.*, 2013) in the gastrointestinal tract of a healthy man.

Members of the phyla Micosporidia, Parabasalia and Metamonada are micro-eukaryotic organisms that contain flagella and are often commonly termed as flagellates. Micosporidia are obligate intracellular protozoan parasites that spread in the environment via spores. Four species of Micosporidia can infect the human gastrointestinal tract — Enterocytozoon bieneusi (Desportes et al., 1985), Encephalitozoon intestinalis (Weber et al., 1994), Encephalitozoon cuniculi (Franzen et al., 1995), and Retortamonas intestinalis (Jones-Engel et al., 2004; Fig. 28, Table S3). Retortamonas intestinalis, for which SSU rRNA gene sequence is not available, is the oldest isolate of this group that was for the first time cultured in 1879 (Hogue, 1933). Other Micosporidia were isolated from the gastrointestinal tract of a subject infected with HIV (Desportes et al., 1985). The presence of Micosporidia in the gastrointestinal tract is typically associated with diarrhea, mostly in immuno-suppressed patients, although spores of these organisms can be detected in gastrointestinal samples of asymptomatic subjects (Cegielski et al., 1999; Mungthin et al., 2005; Wichro et al., 2005). If asymptomatic, the presence of Micosporidia in the gastrointestinal tract is associated with malnutrition.

Among Parabasalia, two species can be associated with the human gastrointestinal tract. Pentatrichomonas hominis is generally regarded as a harmless commensal organism, although it is occasionally designated as a causal agent of diarrhea. This organism, which actually represents the oldest gastrointestinal isolate retrieved in 1854, has a low prevalence of the human gastrointestinal tract colonization that varies from 0.1% to 30.9% depending on the geographical location (Honigberg, 1990). In 1918 another member of this group, Dientamoeba fragilis was reported as a commensal in the human gastrointestinal tract. However, the latter research has suggested that D. fragilis might be associated with a number of diseases including diarrhea, abdominal pain, anorexia, irritable bowel syndrome or allergic colitis (reviewed in Johnson et al., 2004). The uncertainty of the pathogenicity of D. fragilis might be, similar to B. hominis, due to the presence of different phylotypes, since two different phylotypes of this species, with 2% SSU rRNA gene sequence divergence, have been identified (Johnson & Clark, 2000).

The Metamonada phylum includes Giardia lamblia and two rarely detected and principally nonpathogenic species — Enteromonas homins and R. intestinalis (Katz et al., 1982). Giardia lamblia is the most common flagellate of the human gastrointestinal tract. When ingested, typically via contaminated food or water, G. lamblia attaches to the mucosal surface of the duodenum or jejunum and multiplies by binary fission (Wolfe, 1992). Infection with G. lamblia is termed giardiasis, and although it may remain asymptomatic, giardiasis can be followed by a range of symptoms that include steatorrhoea, diarrhea and weight loss (Wolfe, 1992). It is not clear why some infections are asymptomatic, but already in the 1970s, it was suggested that the symptoms might depend on the relation between the parasite and the enteric gastrointestinal microbiota (Tandon et al., 1977). Postinfective to the giardiasis, patients might develop a range of novel symptoms that resemble those of the irritable bowel syndrome (Hanevik et al., 2009). This condition, which can be developed after infection with other infectious agents, such as Campylobacter spp., is recognized as postinfectious irritable bowel syndrome (Spiller & Garsed, 2009). A recent study showed that the bacterial fraction of the gastrointestinal microbiota of the postinfectious irritable bowel syndrome patients have a distinct composition relative to controls, which most likely reflects a consequence of an intensive interaction between the ecosystem and the infectious agent (Jalanka-Tuovinen et al., 2013). This illustrates that infectious agent, although not true members of the gastrointestinal microbiota should be kept in mind when studying the gastrointestinal microbiota, as their shortand long-term impact on the microbiota composition and function can be profound.

### **Concluding remarks**

The knowledge generated during more than a century of studying the human gastrointestinal microbiota has shown that this ecosystem is indeed a forgotten organ of the human body. The wealth of data about the gastrointestinal microbiota is highly scattered in time as well as in space — a caveat that this review aims to correct in an attempt to systematize the generated knowledge. We have given particular attention to the diversity and the defined functions of the abundant and important microbiota groups. Our inventory reports 1057 cultured gastrointestinal species, while many more are still expected to be cultured. Although cultivation of the gastrointestinal microbiota is laborious, it is an essential step for the detailed physiological and biochemical characterization of the individual gastrointestinal isolates that is needed for the progress of this research field. This has been

increasingly recognized and the recent high-throughput culturing studies have proven that cultivation can be used as a powerful methodology in discovery of currently unknown gastrointestinal inhabitants (Lagier *et al.*, 2012a; Dubourg *et al.*, 2013; Pfleiderer *et al.*, 2013). The future cultivation of the remaining majority of the gastrointestinal microbiota is expected to improve our understanding of this ecosystem, while this review can serve as a baseline for the gastrointestinal microbiota diversity and function when the first 1000 intestinal species had been discovered.

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### **Supporting Information**

Additional Supporting Information may be found in the online version of this article:

- **Table S1.** List of *bacterial* species that can be members of the human gastrointestinal microbiota, with a reference that provides the link between the species and gastrointestinal tract as ecological niche.
- **Table S2.** List of *archaeal* species that can be members of the human gastrointestinal microbiota, with a reference that provides the link between the species and gastrointestinal tract as ecological niche.
- **Table S3.** List of *eukaryal* species that can be members of the human gastrointestinal microbiota, with a reference that provides the link between the species and gastrointestinal tract as ecological niche.